

35. Spreewald Triathlon 2025

Ergebnisse: Große Spreewaldfrau

Platz	Stnr	Name	Verein	AK	Platz AK	Endzeit	Schwimm	Rad	SchwRad	LaufR1	LaufR2	LaufR3	LaufR4	Lauf	Rückstand
1	19	Sandra Cumberow	Erdinger Active Team - Königs Wusterhausen	wAK45	1	4:16:57	22:50(1)	2:25:04(1)	2:47:54(1)	21:23(1)	22:14(1)	22:34(1)	22:52(1)	1:29:03(1)	
2	83	Bernadett Selent	Erdinger Active Team	wAK35	1	4:33:47	30:41(8)	2:26:17(2)	2:56:58(3)	23:56(5)	24:09(4)	24:25(4)	24:19(2)	1:36:49(4)	0:16:50
3	42	Anja Kern	Post SV Nürnberg	wAK40	1	4:36:35	27:49(2)	2:28:49(3)	2:56:38(2)	23:35(4)	25:00(5)	25:29(5)	25:53(6)	1:39:57(5)	0:19:38
4	602	Maria Wegner	SV Kurort Rathen	wAK40	2	4:42:25	29:24(6)	2:37:14(4)	3:06:38(4)	23:01(2)	23:43(3)	24:20(3)	24:43(3)	1:35:47(2)	0:25:28
5	60	Sarah Müller	Die Hufis	wAK25	1	4:56:29	28:40(4)	2:51:39(6)	3:20:19(6)	23:23(3)	23:42(2)	24:15(2)	24:50(4)	1:36:10(3)	0:39:32
6	71	Christiane Radatz	A3K Berlin	wAK40	3	5:01:31	28:55(5)	2:50:47(5)	3:19:42(5)	25:16(6)	25:40(6)	25:36(6)	25:17(5)	1:41:49(6)	0:44:34
7	88	Svenja Storch	Zeppelin Team OSC Potsdam	wAK35	2	5:10:41	28:39(3)	2:52:53(7)	3:21:32(7)	26:28(7)	26:36(7)	27:44(7)	28:21(7)	1:49:09(7)	0:53:44
8	50	Susanne Kugelmann	HSG Greifswald	wAK45	2	5:28:22	32:44(10)	2:57:50(8)	3:30:34(8)	27:26(9)	29:37(9)	30:25(8)	30:20(8)	1:57:48(8)	1:11:25
9	77	Viola Rohde	Berlin	wAK40	4	5:36:55	31:46(9)	2:59:50(9)	3:31:36(9)	26:30(8)	29:14(8)	35:33(10)	34:02(9)	2:05:19(9)	1:19:58
10	73	Costanza Rasi		wAK25	2	6:06:16	29:24(6)	3:14:08(10)	3:43:32(10)	31:53(10)	35:29(10)	34:30(9)	40:52(10)	2:22:44(10)	1:49:19

Ergebnisse 35. Spreewald Triathlon 2025 - 24.05.2025

Ergebnisse für Großer Spreewaldmann

[Alle Ergebnisse für Spreewald Triathlon >>](#)

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Platz	Stnr	Name	Verein	AK	Platz AK	Endzeit	Schwimm	Rad	SchwRad	LaufR1	LaufR2	LaufR3	LaufR4	Lauf	Rückstand	ZS
1	31	Florian Harbig	TG triZack Rostock e.V.	mAK35	1	3:33:55	23:41(3)	1:56:38(1)	2:20:19(1)	18:34(2)	18:36(2)	18:10(1)	18:16(1)	1:13:36(1)		
2	21	Lukas Determann	BSV Friesen 1895 e.V.	mAK35	2	3:45:06	22:02(2)	2:02:59(2)	2:25:01(2)	19:22(5)	20:00(6)	20:33(6)	20:10(6)	1:20:05(6)	0:11:11	
3	100	Paul Weishaupt	Berlin Track Club	mAK25	1	3:46:58	23:55(4)	2:08:44(8)	2:32:39(4)	17:59(1)	18:33(1)	18:42(2)	19:05(2)	1:14:19(2)	0:13:03	
4	29	Thomas Gogolin	MSV Tripoint Frankfurt (Oder)	mAK45	1	3:49:37	26:51(21)	2:05:48(5)	2:32:39(4)	18:49(4)	19:19(4)	19:17(4)	19:33(4)	1:16:58(4)	0:15:42	
5	603	Ingmar Daßler	TSV Cottbus Abt. Triathlon	mAK40	1	3:50:57	24:54(7)	2:04:01(3)	2:28:55(3)	19:24(6)	20:05(7)	21:01(9)	21:32(14)	1:22:02(8)	0:17:02	
6	23	Andreas Döring	Weltraumjogger Berlin	mAK40	2	3:51:42	24:07(5)	2:08:41(7)	2:32:48(6)	19:29(7)	19:25(5)	19:53(5)	20:07(5)	1:18:54(5)	0:17:47	
7	35	Enrico Heinowsky	Sisu Berlin	mAK45	2	3:56:55	25:04(8)	2:08:38(6)	2:33:42(7)	19:56(9)	21:01(12)	21:19(13)	20:57(8)	1:23:13(10)	0:23:00	
8	57	Karl Mauer	MTV Kronberg	mAK30	1	3:59:40	27:01(25)	2:16:18(14)	2:43:19(13)	18:45(3)	19:14(3)	19:12(3)	19:10(3)	1:16:21(3)	0:25:45	
9	22	Sascha Dittfurth	cyclemania e.V.	mAK35	3	4:03:25	36:07(75)	2:05:37(4)	2:41:44(11)	20:09(10)	20:30(8)	20:35(7)	20:27(7)	1:21:41(7)	0:29:30	
10	78	Stefan Sander	KSV Ajax Neptun Berlin	mAK45	3	4:03:58	26:45(18)	2:11:22(9)	2:38:07(8)	21:06(17)	21:53(16)	21:45(14)	21:07(11)	1:25:51(14)	0:30:03	
11	99	Joshua Wanke		mAK25	2	4:06:26	26:06(16)	2:16:29(15)	2:42:35(12)	20:13(11)	20:53(10)	21:07(12)	21:38(16)	1:23:51(12)	0:32:31	
12	39	Clemens Jankofsky	Berlin	mAK30	2	4:07:02	30:01(55)	2:14:15(12)	2:44:16(15)	19:39(8)	20:31(9)	21:05(10)	21:31(13)	1:22:46(9)	0:33:07	

13	34	Daniel Heinath	A3K Berlin	mAK45	4	4:07:53	26:51(21)	2:11:58(10)	2:38:49(10)	21:12(18)	22:10(19)	22:32(17)	23:10(25)	1:29:04(17)	0:33:58	
14	69	Christian Preßler	A3K Berlin	mAK40	3	4:13:10	25:12(10)	2:13:21(11)	2:38:33(9)	22:40(35)	23:38(34)	23:50(30)	24:29(40)	1:34:37(34)	0:39:15	
15	86	Christian Siewek	Sisu-Training	mAK35	4	4:14:25	28:39(38)	2:21:51(24)	2:50:30(26)	20:53(16)	21:07(14)	20:58(8)	20:57(8)	1:23:55(13)	0:40:30	
16	54	Brice Maillard	TuS Neukölln	mAK40	4	4:14:37	00:00(00)	2:51:07(68)	2:51:07(27)	20:20(13)	20:56(11)	21:05(10)	21:09(12)	1:23:30(11)	0:40:42	
17	601	Michael Richter	Berlin	mAK50	1	4:15:13	28:05(31)	2:15:42(13)	2:43:47(14)	23:16(43)	22:40(24)	22:45(19)	22:45(21)	1:31:26(26)	0:41:18	
18	48	Marco Krätsch	TSV Cottbus	mAK45	5	4:15:17	25:43(14)	2:19:34(17)	2:45:17(17)	21:16(20)	22:10(19)	22:45(19)	23:49(31)	1:30:00(19)	0:41:22	
19	87	Michael Sommer	Orion Sommer Feeling	mAK45	6	4:16:25	28:27(35)	2:17:55(16)	2:46:22(19)	22:03(28)	22:52(27)	22:40(18)	22:28(17)	1:30:03(20)	0:42:30	
20	5	Dirk-Oliver Beyer	TuS Neukölln Berlin	mAK55	1	4:20:03	25:04(8)	2:19:42(18)	2:44:46(16)	22:07(30)	23:39(37)	24:21(41)	25:10(46)	1:35:17(39)	0:46:08	
21	62	Michael Noll	Sisu Berlin	mAK55	2	4:20:32	25:45(15)	2:19:51(20)	2:45:36(18)	22:44(38)	23:38(34)	24:06(35)	24:28(39)	1:34:56(35)	0:46:37	
22	26	Lennart Fritzsche		mAK25	3	4:21:48	24:50(6)	2:24:41(31)	2:49:31(23)	20:18(12)	21:04(13)	27:53(68)	21:02(10)	1:30:17(21)	0:47:53	2:00
23	44	Sascha Köpke	MSV Tripoint Frankfurt (Oder)	mAK35	5	4:22:13	28:12(32)	2:20:15(22)	2:48:27(21)	21:56(25)	23:17(30)	23:52(31)	24:41(42)	1:33:46(33)	0:48:18	
24	33	Robert Hartmann	Berlin	mAK40	5	4:22:16	29:29(48)	2:19:53(21)	2:49:22(22)	22:02(27)	22:53(28)	23:57(33)	24:02(34)	1:32:54(29)	0:48:21	
25	11	Reiner Braun	SCC Berlin	mAK55	3	4:23:06	32:40(64)	2:21:23(23)	2:54:03(33)	21:26(22)	22:24(22)	22:30(16)	22:43(20)	1:29:03(16)	0:49:11	
26	68	Thomas Posner	A3K Berlin	mAK45	7	4:26:28	26:56(24)	2:28:49(39)	2:55:45(35)	22:32(33)	23:11(29)	23:27(26)	21:33(15)	1:30:43(23)	0:52:33	
27	9	Matthias Brandt	Neptun 08 Finsterwalde e.V.	mAK45	8	4:26:35	27:17(26)	2:24:15(29)	2:51:32(28)	22:41(36)	23:52(42)	24:16(39)	24:14(35)	1:35:03(36)	0:52:40	
28	75	Danny Rensch	TV Fürstenwalde	mAK50	2	4:27:00	26:12(17)	2:23:36(27)	2:49:48(24)	24:52(59)	24:05(45)	24:48(47)	23:27(28)	1:37:12(45)	0:53:05	
29	70	Antonio Prietz	ASV Zeuthen	mAK35	6	4:27:47	28:53(42)	2:28:00(37)	2:56:53(38)	21:39(23)	22:36(23)	23:06(23)	23:33(30)	1:30:54(24)	0:53:52	
30	32	Eike Hartmann	TiB 1848 e.V. Triathlon	mAK40	6	4:27:48	26:52(23)	2:19:45(19)	2:46:37(20)	22:41(36)	23:44(41)	27:25(66)	27:21(65)	1:41:11(58)	0:53:53	
31	27	Martin Gärtner		mAK40	7	4:28:10	25:29(11)	2:27:31(35)	2:53:00(31)	22:10(31)	23:39(37)	24:17(40)	25:04(45)	1:35:10(38)	0:54:15	
32	102	Marco Ziechmann	Multisport-LOS	mAK50	3	4:28:48	29:58(54)	2:25:54(33)	2:55:52(36)	21:56(25)	23:32(32)	23:35(28)	23:53(33)	1:32:56(30)	0:54:53	
33	96	Maximilian Voigt	ASV Zeuthen	mAK35	7	4:29:02	29:48(51)	2:27:45(36)	2:57:33(39)	23:08(41)	22:43(26)	23:02(22)	22:36(18)	1:31:29(27)	0:55:07	
34	53	Mario Liepe	VFL Eilenburg	mAK45	9	4:29:32	26:47(19)	2:23:26(26)	2:50:13(25)	22:30(32)	24:27(49)	25:01(49)	25:21(50)	1:37:19(46)	0:55:37	2:00

35	52	Daniel Liebick	ASV Zeuthen	mAK45	10	4:30:20	28:35(37)	2:24:44(32)	2:53:19(32)	23:38(49)	24:20(47)	24:37(42)	24:26(37)	1:37:01(44)	0:56:25
36	80	Nico Schöllknecht	TVB09	mAK25	4	4:30:41	29:02(44)	2:32:30(44)	3:01:32(44)	20:46(15)	22:00(18)	22:56(21)	23:27(28)	1:29:09(18)	0:56:46
37	49	Christoph Kubick	LC Auensee Leipzig e.V.	mAK40	8	4:31:07	28:25(34)	2:23:19(25)	2:51:44(29)	23:34(48)	24:30(50)	25:16(52)	26:03(55)	1:39:23(51)	0:57:12
38	97	Phil von Lueder	LG Mauerweg	mAK30	3	4:32:52	29:17(45)	2:33:13(45)	3:02:30(48)	20:35(14)	21:48(15)	23:27(26)	24:32(41)	1:30:22(22)	0:58:57
39	51	Marcus Lehmann	Gesundheitscoach Marcus Lehmann	mAK40	9	4:33:09	30:27(59)	2:31:35(43)	3:02:02(46)	22:05(29)	22:42(25)	23:12(25)	23:08(24)	1:31:07(25)	0:59:14
40	2	Marco Antonio Artavia Oreamuno	TiB 1848 e.V.	mAK45	11	4:34:09	22:00(1)	2:35:56(49)	2:57:56(41)	21:19(21)	23:30(31)	24:44(45)	26:40(61)	1:36:13(42)	1:00:14
41	63	Ben Opitz		mAK30	4	4:35:50	28:40(39)	2:26:01(34)	2:54:41(34)	24:59(61)	25:54(62)	25:28(53)	24:48(43)	1:41:09(57)	1:01:55
42	85	Peer Senghaas		mAK35	8	4:36:33	31:40(63)	2:24:20(30)	2:56:00(37)	24:48(58)	25:00(56)	24:57(48)	25:48(52)	1:40:33(54)	1:02:38
43	43	Michael Knape	Athletico Leipzig	mAK40	10	4:37:14	27:25(27)	2:30:55(42)	2:58:20(42)	25:51(66)	25:12(58)	24:41(44)	23:10(25)	1:38:54(50)	1:03:19
44	4	Jan Barahona Muñoz	Triathlon Potsdam e.V.	mAK50	4	4:37:31	34:12(71)	2:28:14(38)	3:02:26(47)	23:42(50)	24:03(44)	24:04(34)	23:16(27)	1:35:05(37)	1:03:36
45	98	Andreas Walzel	TVB09	mAK45	12	4:38:35	27:40(29)	2:24:11(28)	2:51:51(30)	27:21(72)	26:06(63)	26:21(60)	26:56(64)	1:46:44(66)	1:04:40
46	81	Markus Schridde	Markranstädt	mAK40	11	4:38:52	30:51(61)	2:39:04(55)	3:09:55(56)	21:40(24)	21:58(17)	22:21(15)	22:58(23)	1:28:57(15)	1:04:57
47	74	Ronny Reese	TVB09	mAK45	13	4:39:00	28:50(41)	2:28:51(40)	2:57:41(40)	23:20(44)	24:51(52)	26:28(62)	26:40(61)	1:41:19(59)	1:05:05
48	30	Dennis Gürgen	Erdinger Active Team	mAK45	14	4:40:59	25:40(12)	2:35:28(48)	3:01:08(43)	23:10(42)	24:37(51)	25:35(54)	26:29(60)	1:39:51(52)	1:07:04
49	59	Olaf Mistareck	TLV Rangsdorf	mAK60	1	4:42:09	28:14(33)	2:33:34(46)	3:01:48(45)	23:52(51)	25:18(59)	25:56(56)	25:15(47)	1:40:21(53)	1:08:14
50	94	Jens Vandenheede	Tri Team Berlin	mAK35	9	4:42:28	30:03(57)	2:36:59(52)	3:07:02(52)	23:28(45)	23:56(43)	24:13(38)	23:49(31)	1:35:26(41)	1:08:33
51	36	Andreas Heiny	DSV Schraden	mAK50	5	4:43:04	34:16(72)	2:30:02(41)	3:04:18(49)	24:06(54)	24:21(48)	24:45(46)	25:34(51)	1:38:46(49)	1:09:09
52	41	Lars Karow	Sisu Berlin	mAK50	6	4:46:49	29:00(43)	2:37:00(53)	3:06:00(51)	24:56(60)	25:48(61)	25:39(55)	24:26(37)	1:40:49(55)	1:12:54
53	28	Olaf Gärtner	MSV Tripoint Frankfurt (Oder)	mAK50	7	4:47:00	28:44(40)	2:41:38(57)	3:10:22(57)	23:30(47)	23:39(37)	24:11(37)	25:18(49)	1:36:38(43)	1:13:05
54	47	Niklas Krämer		mAK25	5	4:47:57	30:02(56)	2:45:43(63)	3:15:45(63)	22:37(34)	22:11(21)	23:09(24)	24:15(36)	1:32:12(28)	1:14:02
55	82	Aike Selent	Erdinger Active Team	mAK35	10	4:49:24	34:33(73)	2:36:12(50)	3:10:45(58)	22:58(40)	24:19(46)	25:11(51)	26:11(56)	1:38:39(48)	1:15:29
56	25	Thomas Erismann		mAK25	6	4:50:11	27:32(28)	2:49:18(67)	3:16:50(64)	22:45(39)	23:43(40)	24:08(36)	22:45(21)	1:33:21(32)	1:16:16

57	14	Johann Burmeister	TiB 1848 e.V. Triathlon	mAK40	12	4:50:46	28:32(36)	2:44:45(59)	3:13:17(61)	23:58(53)	23:38(34)	24:38(43)	25:15(47)	1:37:29(47)	1:16:51
58	55	Gerret Marx	Räderei am Kanal	mAK20	1	4:52:19	29:18(46)	2:47:38(65)	3:16:56(65)	23:53(52)	24:53(53)	23:56(32)	22:41(19)	1:35:23(40)	1:18:24
59	20	Götz Dastis		mAK60	2	4:56:06	31:00(62)	2:42:26(58)	3:13:26(62)	24:39(57)	24:57(54)	26:24(61)	26:40(61)	1:42:40(61)	1:22:11
60	12	Thomas Brema		mAK40	13	4:56:16	30:15(58)	2:34:41(47)	3:04:56(50)	28:30(76)	30:24(77)	26:03(57)	26:23(57)	1:51:20(69)	1:22:21
61	89	Paul Surmann	Triathlon Potsdam e.V.	mAK25	7	4:57:22	29:54(53)	2:54:15(72)	3:24:09(72)	21:15(19)	23:33(33)	23:37(29)	24:48(43)	1:33:13(31)	1:23:27
62	18	Jonas Chromik	Zeppelin Team OSC Potsdam	mAK30	5	4:57:26	25:41(13)	2:45:14(61)	3:10:55(59)	25:49(64)	27:02(66)	27:17(65)	26:23(57)	1:46:31(64)	1:23:31
63	95	Antti Virtaranta		mAK35	11	4:58:16	26:49(20)	2:46:26(64)	3:13:15(60)	25:49(64)	26:27(64)	26:17(58)	26:28(59)	1:45:01(63)	1:24:21
64	93	Christian Türschmann-Hofmeister	Triathlon Crew Berlin	mAK40	14	4:58:33	29:34(49)	2:38:30(54)	3:08:04(54)	26:09(67)	27:38(68)	28:40(69)	28:02(67)	1:50:29(68)	1:24:38
65	15	Yascha Buttkeireit		mAK30	6	5:02:11	32:41(65)	2:47:43(66)	3:20:24(68)	24:22(55)	25:11(57)	26:20(59)	25:54(54)	1:41:47(60)	1:28:16
66	40	Daniel Jiménez	Tri Team Berlin	mAK35	12	5:03:45	27:48(30)	2:54:49(73)	3:22:37(71)	25:16(63)	24:59(55)	25:03(50)	25:50(53)	1:41:08(56)	1:29:50
67	46	Mike Kowaloff	MSV Tripoint Frankfurt (Oder)	mAK50	8	5:06:20	30:31(60)	2:36:41(51)	3:07:12(53)	28:42(77)	29:25(75)	30:23(73)	30:38(73)	1:59:08(75)	1:32:25
68	61	Mathias Nagel	UluruSquadWarrior Berlin	mAK40	15	5:06:38	29:28(47)	2:39:41(56)	3:09:09(55)	26:53(71)	28:33(72)	30:52(75)	31:11(74)	1:57:29(71)	1:32:43
69	3	Manfred Bäcker	HSG Greifswald	mAK60	3	5:07:21	29:40(50)	2:51:09(69)	3:20:49(69)	24:30(56)	27:06(67)	27:14(64)	27:42(66)	1:46:32(65)	1:33:26
70	6	Karsten Bleul	Amtsberg	mAK40	16	5:10:41	29:49(52)	2:51:20(70)	3:21:09(70)	26:51(70)	26:36(65)	27:43(67)	28:22(68)	1:49:32(67)	1:36:46
71	72	Denis Rafailov	DNF	mAK30	7	5:16:14	32:58(66)	2:45:06(60)	3:18:04(66)	27:59(73)	29:22(74)	31:10(76)	29:39(71)	1:58:10(73)	1:42:19
72	65	Norbert Pfuhl	Heideracer	mAK55	4	5:17:34	33:31(70)	2:45:25(62)	3:18:56(67)	26:15(68)	28:11(70)	30:34(74)	33:38(76)	1:58:38(74)	1:43:39
73	10	Mario Brauer	Rangsdorf	mAK45	15	5:26:37	35:54(74)	2:51:24(71)	3:27:18(73)	28:00(74)	29:02(73)	30:13(72)	32:04(75)	1:59:19(76)	1:52:42
74	7	Peter Bob		mAK40	17	5:29:00	39:11(76)	3:05:17(76)	3:44:28(77)	23:28(45)	25:38(60)	27:03(63)	28:23(69)	1:44:32(62)	1:55:05
75	45	Ronald Korn	Roter Stern Schmargendorf	mAK60	4	5:32:32	33:22(68)	3:01:02(75)	3:34:24(75)	28:25(75)	30:08(76)	29:56(71)	29:39(71)	1:58:08(72)	1:58:37
76	56	Leonard Marx	Räderei am Kanal	mAK25	8	5:33:17	33:29(69)	2:58:57(74)	3:32:26(74)	25:04(62)	27:52(69)	33:13(77)	34:42(77)	2:00:51(77)	1:59:22
77	90	Stefan Tabeling	Berlin	mAK45	16	5:33:40	33:10(67)	3:07:14(77)	3:40:24(76)	26:49(69)	28:21(71)	29:25(70)	28:41(70)	1:53:16(70)	1:59:45

35. Spreewald Triathlon 2025

Ergebnisse: Kleine Spreewaldfrau

Platz	Stnr	Name	Verein	AK	Platz AK	Endzeit	Schwimm	Rad	SchwRad	LaufR1	LaufR2	Lauf	Rückstand
1	194	Denise Kottwitz	TSV Cottbus	wAK45	1	2:23:12	17:43(5)	1:17:23(2)	1:35:06(1)	23:32(7)	24:34(9)	0:48:06(8)	
2	324	Christiane Wermann	Trisport Schwerin	wAK50	1	2:25:00	21:29(14)	1:16:44(1)	1:38:13(3)	23:19(6)	23:28(3)	0:46:47(4)	0:01:48
3	232	Paula Monecke	ASC Göttingen	wAK30	1	2:27:18	18:23(6)	1:18:29(3)	1:36:52(2)	25:08(18)	25:18(11)	0:50:26(14)	0:04:06
4	310	Ines Uhlig	Skiklub Dresden-Niedersedlitz	wAK55	1	2:31:29	22:06(18)	1:22:04(4)	1:44:10(5)	22:51(2)	24:28(7)	0:47:19(6)	0:08:17
5	259	Lena Roeßiger	DLRG SV LUCKENWALDE	wAK25	1	2:31:53	16:51(2)	1:25:41(8)	1:42:32(4)	24:00(9)	25:21(12)	0:49:21(9)	0:08:41
6	174	Kristin Jahn		wAK40	1	2:33:53	20:27(9)	1:23:51(5)	1:44:18(6)	25:02(15)	24:33(8)	0:49:35(10)	0:10:41
7	129	Romy Dörpholz		wAK40	2	2:35:58	17:23(4)	1:27:37(10)	1:45:00(7)	24:56(14)	26:02(17)	0:50:58(16)	0:12:46
8	216	Charlotte Litwinenko		wAK25	2	2:36:04	22:32(19)	1:26:50(9)	1:49:22(9)	22:52(3)	23:50(4)	0:46:42(3)	0:12:52
9	301	Lotte Tegethoff		wAK20	1	2:36:33	26:37(35)	1:25:19(7)	1:51:56(14)	23:10(4)	21:27(1)	0:44:37(1)	0:13:21
10	267	Martha Sauter	Berlin	wAK35	1	2:36:57	23:24(22)	1:28:32(11)	1:51:56(14)	22:13(1)	22:48(2)	0:45:01(2)	0:13:45
11	206	Georgina Kusnick		wAK35	2	2:37:25	20:25(8)	1:24:37(6)	1:45:02(8)	25:52(19)	26:31(18)	0:52:23(20)	0:14:13
12	109	Joy Aust	Tri Post Trier	wAK20	2	2:39:34	23:41(24)	1:28:44(12)	1:52:25(17)	23:16(5)	23:53(5)	0:47:09(5)	0:16:22
13	177	Aline Kaufmann	Sisu Berlin	wAK30	2	2:41:21	23:40(23)	1:29:43(15)	1:53:23(19)	23:39(8)	24:19(6)	0:47:58(7)	0:18:09
14	166	Tina Hildebrandt	Berlin	wAK35	3	2:44:03	22:03(17)	1:32:08(19)	1:54:11(20)	24:43(12)	25:09(10)	0:49:52(12)	0:20:51
15	233	Estelle Moreau	GOVEGAN	wAK25	3	2:44:11	21:51(15)	1:30:21(16)	1:52:12(16)	25:02(15)	26:57(20)	0:51:59(18)	0:20:59
16	247	Sonja Palm	A3K Berlin	wAK45	2	2:44:49	21:18(12)	1:28:55(13)	1:50:13(10)	26:39(22)	27:57(24)	0:54:36(22)	0:21:37
17	141	Edna Fricke	TVB09	wAK20	3	2:47:30	16:52(3)	1:35:03(23)	1:51:55(13)	26:53(24)	28:42(27)	0:55:35(25)	0:24:18
18	285	Schirin Senger	Nitro-Glietz-er*in	wAK30	3	2:48:04	23:56(26)	1:29:10(14)	1:53:06(18)	27:27(25)	27:31(23)	0:54:58(23)	0:24:52
19	165	Saskia Hildebrandt	ASV Zeuthen	wAK40	3	2:48:20	21:23(13)	1:30:30(17)	1:51:53(11)	27:59(27)	28:28(25)	0:56:27(27)	0:25:08
20	119	Marion Bruchner	Fairplay Berlin	wAK50	2	2:48:24	24:44(29)	1:32:49(21)	1:57:33(22)	25:02(15)	25:49(15)	0:50:51(15)	0:25:12
21	152	Antje Großmann	Berlin	wAK40	4	2:48:32	24:37(28)	1:32:19(20)	1:56:56(21)	24:44(13)	26:52(19)	0:51:36(17)	0:25:20
22	227	Sarah Melchert		wAK30	4	2:50:09	25:12(30)	1:34:59(22)	2:00:11(28)	24:18(11)	25:40(14)	0:49:58(13)	0:26:57
23	254	Doreen Rebentisch	HSG Uni Greißswald	wAK40	5	2:50:48	25:44(33)	1:35:24(25)	2:01:08(30)	24:13(10)	25:27(13)	0:49:40(11)	0:27:36
24	114	Janine Bormann	Triathlon Verein Berlin 09	wAK40	6	2:50:56	23:15(20)	1:35:19(24)	1:58:34(25)	26:27(21)	25:55(16)	0:52:22(19)	0:27:44
25	238	Lisa Nesterenko		wAK25	4	2:51:52	21:54(16)	1:36:58(28)	1:58:52(26)	25:58(20)	27:02(21)	0:53:00(21)	0:28:40
26	269	Génica Schäfgen		wAK30	5	2:56:27	23:17(21)	1:36:51(27)	2:00:08(27)	26:39(22)	29:40(28)	0:56:19(26)	0:33:15
27	125	Perrine Chancerel	Nitro-Glietz-er*in	wAK40	7	2:57:54	18:25(7)	1:40:07(29)	1:58:32(24)	29:00(29)	30:22(30)	0:59:22(29)	0:34:42
28	198	Anja Kroll	Blinklicht e.V.	wAK40	8	3:02:41	21:17(11)	1:30:37(18)	1:51:54(12)	33:34(34)	37:13(35)	1:10:47(35)	0:39:29
29	135	Constanze Fetting	Gozebra Wien	wAK30	6	3:03:05	21:04(10)	1:45:26(32)	2:06:30(31)	27:57(26)	28:38(26)	0:56:35(28)	0:39:53
30	137	Frauke Fischer	Berlin	wAK40	9	3:04:13	24:23(27)	1:36:21(26)	2:00:44(29)	30:45(31)	32:44(32)	1:03:29(31)	0:41:01
31	173	Dora Julianna Horvath-Kiss	Dreizack Spandau	wAK30	7	3:07:32	16:07(1)	1:41:53(30)	1:58:00(23)	36:57(35)	32:35(31)	1:09:32(34)	0:44:20
32	143	Aenna Friese		wAK20	4	3:08:34	25:24(31)	1:47:45(33)	2:13:09(33)	28:09(28)	27:16(22)	0:55:25(24)	0:45:22
33	243	Alina Obermann-Smith		wAK35	4	3:17:27	25:34(32)	1:43:18(31)	2:08:52(32)	33:16(33)	35:19(34)	1:08:35(33)	0:54:15
34	268	Nada Saxer	Weddinger Gazellenbande	wAK30	8	3:20:59	23:42(25)	1:56:35(34)	2:20:17(34)	30:28(30)	30:14(29)	1:00:42(30)	0:57:47
35	180	Marika Kermer	Waldsiedlung Neuendorfer See e.V.	wAK45	3	3:32:17	26:27(34)	1:58:03(35)	2:24:30(35)	32:48(32)	34:59(33)	1:07:47(32)	1:09:05

35. Spreewald Triathlon 2025

Ergebnisse: Kleiner Spreewaldmann

Platz	Stnr	Name	Verein	AK	Platz AK	Endzeit	Schwimm	Rad	SchwRad	LaufR1	LaufR2	Lauf	Rückstand	ZS
1	257	Stefan Reschwamm	Karlsruher Lemminge	mAK30	1	1:53:22	14:02(1)	1:04:34(5)	1:18:36(1)	17:01(1)	17:45(2)	0:34:46(1)		
2	287	Christoph Seydel	TriTeam Berlin	mAK30	2	1:54:34	15:35(6)	1:03:58(4)	1:19:33(2)	17:12(2)	17:49(3)	0:35:01(2)	0:01:12	
3	153	Jan Gutsche	TRIStars Markkleeberg	mAK40	1	1:57:16	16:25(13)	1:03:35(3)	1:20:00(3)	18:27(4)	18:49(5)	0:37:16(4)	0:03:54	
4	220	Norbert Löwa	Erdinger Active Team	mAK40	2	2:00:52	16:29(14)	1:08:51(13)	1:25:20(14)	17:34(3)	17:58(4)	0:35:32(3)	0:07:30	
5	325	Cornelius Wermann	TriSport Schwerin	mAK45	1	2:01:00	16:49(16)	1:03:33(2)	1:20:22(5)	20:13(13)	20:25(12)	0:40:38(12)	0:07:38	
6	211	Fabian Laube	TuS Neukölln Berlin	mAK35	1	2:01:29	14:54(3)	1:07:18(9)	1:22:12(7)	19:08(5)	20:09(8)	0:39:17(5)	0:08:07	
7	150	Stephan Golatowski	SSV Torgau/ LFV Oberholz	mAK40	3	2:02:31	17:32(25)	1:02:42(1)	1:20:14(4)	20:36(17)	21:41(25)	0:42:17(21)	0:09:09	
8	208	Arik Lange	Team FangtDasGnu e.V.	mAK20	1	2:02:35	15:23(5)	1:07:55(11)	1:23:18(10)	19:38(7)	19:39(6)	0:39:17(5)	0:09:13	
9	250	Benjamin Pause		mAK35	2	2:03:02	16:11(10)	1:05:09(6)	1:21:20(6)	20:40(18)	21:02(18)	0:41:42(17)	0:09:40	
10	288	Till Siever		mAK25	1	2:03:18	16:10(9)	1:06:14(7)	1:22:24(8)	20:05(11)	20:49(16)	0:40:54(13)	0:09:56	
11	108	Frank Aulich	TV Fürstenwalde	mAK50	1	2:05:38	16:23(12)	1:08:49(12)	1:25:12(13)	20:07(12)	20:19(11)	0:40:26(10)	0:12:16	
12	204	Benjamin Kuhnert	SSV Feuchte Badehose	mAK35	3	2:07:16	17:00(17)	1:06:17(8)	1:23:17(9)	21:44(32)	22:15(33)	0:43:59(32)	0:13:54	
13	318	Sebastian Weck	Teamwork Berlin	mAK35	4	2:07:51	17:31(24)	1:08:53(14)	1:26:24(15)	20:23(14)	21:04(20)	0:41:27(15)	0:14:29	
14	123	Koba Camara	ASV Zeuthen	mAK25	2	2:08:36	17:29(22)	1:07:27(10)	1:24:56(12)	22:05(38)	21:35(23)	0:43:40(28)	0:15:14	
15	145	Fridolin Fuchs		mAK20	2	2:10:07	15:12(4)	1:09:25(16)	1:24:37(11)	22:24(49)	23:06(48)	0:45:30(50)	0:16:45	
16	280	Robin Schwarzer		mAK40	4	2:12:05	18:36(36)	1:11:41(22)	1:30:17(24)	20:46(20)	21:02(18)	0:41:48(19)	0:18:43	
17	298	Matteo Stibenz	Team FangtDasGnu e.V.	mJun	1	2:12:33	18:19(35)	1:10:01(19)	1:28:20(19)	22:03(37)	22:10(32)	0:44:13(34)	0:19:11	
18	313	Jan von Hörsten	Potsdam	mAK25	3	2:13:10	18:48(40)	1:14:24(36)	1:33:12(31)	19:21(6)	20:37(14)	0:39:58(9)	0:19:48	
19	189	Kai Kneigendorf	Tri-Finisher Berlin e.V.	mAK35	5	2:13:14	18:38(37)	1:09:32(17)	1:28:10(17)	22:25(51)	22:39(39)	0:45:04(45)	0:19:52	
20	219	Jason Lord	TuS Neukölln	mAK40	5	2:13:19	17:10(18)	1:11:49(23)	1:28:59(20)	21:31(27)	22:49(45)	0:44:20(36)	0:19:57	
21	223	Alessandro Mambrini		mAK30	3	2:13:48	19:19(48)	1:14:35(38)	1:33:54(36)	19:43(8)	20:11(9)	0:39:54(8)	0:20:26	
22	327	Dirk Wollgast	Team Vielfalt und Respekt	mAK50	2	2:15:07	18:39(38)	1:09:39(18)	1:28:18(18)	22:56(64)	23:53(68)	0:46:49(67)	0:21:45	
23	271	Martin Schmidt	Bernauer Lauffreunde	mAK40	6	2:15:34	16:06(8)	1:12:00(26)	1:28:06(16)	23:10(68)	24:18(78)	0:47:28(71)	0:22:12	
24	306	Jonathan Thüringer	Proyecto Tapé e.V.	mAK30	4	2:16:14	18:06(32)	1:16:49(49)	1:34:55(42)	21:04(24)	20:15(10)	0:41:19(14)	0:22:52	
25	148	Christian Glück	Zeppelin Team OSC Potsdam	mAK40	7	2:16:47	19:36(52)	1:10:35(21)	1:30:11(23)	23:14(70)	23:22(56)	0:46:36(64)	0:23:25	
26	611	Florian Wannags		mAK30	5	2:16:52	21:55(87)	1:10:33(20)	1:32:28(29)	22:00(36)	22:24(36)	0:44:24(37)	0:23:30	
27	218	Stephan Loewe	Ruppiner Sportverein e.V. - Triathlon	mAK45	2	2:17:17	21:18(80)	1:13:43(31)	1:35:01(43)	20:45(19)	21:31(22)	0:42:16(20)	0:23:55	
28	151	Paul Grabarsch	Tri-Finisher Berlin e.V.	mAK35	6	2:17:27	20:56(72)	1:16:40(48)	1:37:36(61)	19:55(9)	19:56(7)	0:39:51(7)	0:24:05	
29	159	Maximilian Hauptmann	ASV Zeuthen 2020	mAK35	7	2:17:33	18:51(43)	1:15:07(44)	1:33:58(37)	21:54(33)	21:41(25)	0:43:35(27)	0:24:11	
30	175	Hannes Jänicke	SSV Feuchte Badehose	mAK35	8	2:18:00	17:44(26)	1:12:26(28)	1:30:10(22)	22:32(54)	25:18(89)	0:47:50(75)	0:24:38	
31	323	Filip Wennberg	Team Ettan Lös	mAK25	4	2:18:54	16:21(11)	1:17:20(53)	1:33:41(35)	22:11(41)	23:02(47)	0:45:13(47)	0:25:32	
32	172	Peter Horvath	Dreizack Spandau	mAK35	9	2:19:29	19:18(47)	1:16:19(46)	1:35:37(49)	21:57(35)	21:55(29)	0:43:52(31)	0:26:07	
33	183	Grigori Kjubassanoff	SSV Feuchte Badehose	mAK40	8	2:19:47	22:08(96)	1:08:55(15)	1:31:03(26)	24:32(94)	24:12(75)	0:48:44(84)	0:26:25	
34	294	Jonas Steinbach	Team FangtDasGnu e.V.	mAK20	3	2:19:48	19:48(55)	1:13:41(30)	1:33:29(34)	22:35(56)	23:44(67)	0:46:19(58)	0:26:26	
35	110	Silvio Bail	LFV Oberholz e. V.	mAK50	3	2:19:53	18:16(34)	1:13:54(33)	1:32:10(27)	24:06(87)	23:37(65)	0:47:43(74)	0:26:31	
36	111	Patrick Bauer		mAK35	10	2:20:09	17:46(27)	1:11:59(25)	1:29:45(21)	23:21(71)	27:03(113)	0:50:24(97)	0:26:47	
37	113	Daniel Bock	TV-Fürstenwalde1990	mAK35	11	2:20:31	20:26(64)	1:14:52(41)	1:35:18(44)	21:39(31)	22:34(37)	0:44:13(34)	0:27:09	1:00
38	609	Felix Haschtmann		mAK40	9	2:20:33	21:07(73)	1:14:15(35)	1:35:22(45)	22:24(49)	22:47(43)	0:45:11(46)	0:27:11	
39	244	Nicolas Otti	Fifty-Fifty Running-Team	mAK25	5	2:20:58	17:17(20)	1:18:55(62)	1:36:12(52)	22:10(40)	22:36(38)	0:44:46(39)	0:27:36	
40	161	Steffen Henning	Guben	mAK45	3	2:21:05	21:28(83)	1:11:57(24)	1:33:25(32)	23:34(78)	24:06(74)	0:47:40(73)	0:27:43	
41	209	Ingmar Lange	Team FangtDasGnu e.V.	mAK45	4	2:21:19	19:15(46)	1:13:49(32)	1:33:04(30)	23:30(76)	24:45(84)	0:48:15(78)	0:27:57	
42	299	Manuel Sturzbecher-Höhne	Erdinger Active Team	mAK45	5	2:21:45	18:50(41)	1:12:07(27)	1:30:57(25)	24:04(86)	26:44(110)	0:50:48(102)	0:28:23	
43	112	Sebastian Baum	Wedding Gazellenbande	mAK35	12	2:21:50	18:00(29)	1:17:33(57)	1:35:33(48)	21:54(33)	23:23(57)	0:45:17(48)	0:28:28	1:00
44	130	Albrecht Dunkel	SSV Feuchte Badehose	mAK35	13	2:22:01	22:13(97)	1:13:11(29)	1:35:24(46)	23:09(67)	23:28(60)	0:46:37(65)	0:28:39	
45	202	Thomas Kuba	ASV Zeuthen	mAK45	6	2:22:04	20:39(70)	1:16:27(47)	1:37:06(57)	22:15(43)	22:43(40)	0:44:58(43)	0:28:42	
46	312	Andreas Vogel	STV Limbach-Oberfrohna e.V.	mAK60	1	2:22:18	20:05(61)	1:17:21(54)	1:37:26(58)	21:35(29)	23:17(54)	0:44:52(41)	0:28:56	
47	147	Moritz Girke	SSV Feuchte Badehose	mAK35	14	2:22:23	18:50(41)	1:14:35(38)	1:33:25(32)	24:42(100)	24:16(76)	0:48:58(87)	0:29:01	
48	281	Denis Schweitzer	WSV Stahl Beetzsee Brandenburg	mAK40	10	2:22:35	21:15(79)	1:20:45(76)	1:42:00(70)	19:55(9)	20:40(15)	0:40:35(11)	0:29:13	
49	193	Frederick Korbel	Fifty-Fifty Running-Team	mAK25	6	2:22:47	15:50(7)	1:20:25(72)	1:36:15(53)	22:27(52)	24:05(71)	0:46:32(63)	0:29:25	
50	293	Janik Steinbach	Team FangtDasGnu e.V.	mAK20	4	2:23:15	23:56(121)	1:14:31(37)	1:38:27(62)	23:24(72)	21:24(21)	0:44:48(40)	0:29:53	
51	230	Sascha Mischur-Wunderlich		mAK45	7	2:23:22	14:13(2)	1:20:26(73)	1:34:39(39)	23:28(73)	25:15(87)	0:48:43(83)	0:30:00	
52	249	Tim Paulick	Lübben	mAK25	7	2:23:47	19:09(45)	1:19:38(64)	1:38:47(65)	22:16(44)	22:44(41)	0:45:00(44)	0:30:25	
53	181	Henrik Kiefer		mAK30	6	2:24:07	19:31(49)	1:20:35(75)	1:40:06(69)	21:38(30)	22:23(35)	0:44:01(33)	0:30:45	
54	610	Maxim von Helden		mAK30	7	2:24:11	20:32(68)	1:17:01(51)	1:37:33(60)	23:10(68)	23:28(60)	0:46:38(66)	0:30:49	
55	133	Christian Eulitz	Teltow	mAK45	8	2:24:34	19:04(44)	1:20:10(68)	1:39:14(67)	22:13(42)	23:07(49)	0:45:20(49)	0:31:12	
56	156	Mario Hädicke	Luckauer Läuferbund	mAK40	11	2:24:42	20:27(65)	1:21:45(87)	1:42:12(72)	20:23(14)	22:07(31)	0:42:30(23)	0:31:20	
57	116	Uwe Böttcher	SG Adelsberg	mAK55	1	2:24:47	20:01(59)	1:19:08(63)	1:39:09(66)	22:30(53)	23:08(50)	0:45:38(52)	0:31:25	
58	258	Eric Rockstädt	Berlin	mAK30	8	2:24:49	16:35(15)	1:20:24(71)	1:36:59(56)	24:15(91)	23:35(63)	0:47:50(75)	0:31:27	
59	476	Steffen Pawlik	ASV Zeuthen	mAK45	9	2:24:53	18:15(33)	1:13:56(34)	1:32:11(28)	26:27(120)	26:15(103)	0:52:42(114)	0:31:31	
59	295	Jörg Steinhöfel	HSV Neubrandenburg	mAK55	2	2:24:53	21:21(82)	1:17:21(54)	1:38:42(64)	22:46(57)	23:25(59)	0:46:11(57)	0:31:31	
61	140	Marc Freitag	Bernau bei Berlin	mAK35	15	2:25:02	21:58(90)	1:20:17(70)	1:42:15(73)	21:07(25)	21:40(24)	0:42:47(24)	0:31:40	
62	326	Thomas Witke	VfA endLOS Dresden	mAK60	2	2:25:26	18:43(39)	1:16:59(50)	1:35:42(50)	24:12(89)	24:32(80)	0:48:44(84)	0:32:04	1:00
63	273	Josef Schnocklake	1. FC Nürnberg Schwimmen	mAK50	4	2:25:55	17:26(21)	1:17:25(56)	1:34:51(40)	24:46(103)	26:18(105)	0:51:04(104)	0:32:33	
64	228	Ben Milde	Trihards	mJun	2	2:26:26	21:08(74)	1:21:32(84)	1:42:40(75)	20:34(16)	23:12(51)	0:43:46(29)	0:33:04	
65	103	Robert Abromeit		mAK30	9	2:26:30	18:01(31)	1:18:23(60)	1:36:24(54)	24:29(93)	25:37(93)	0:50:06(94)	0:33:08	
66	136	Marcel Fiedler	scharfesgelb	mAK35	16	2:26:40	26:08(138)	1:17:14(52)	1:43:22(82)	21:12(26)	22:06(30)	0:43:18(26)	0:33:18	
67	188	Dirk Knäpper	Sisu Berlin	mAK55	3	2:26:58	17:14(19)	1:21:17(82)	1:38:31(63)	24:10(88)	24:17(77)	0:48:27(82)	0:33:36	
68	118	Jörg Brüchner	Fairplay Berlin	mAK55	4	2:27:10	23:26(114)	1:20:54(79)	1:44:20(86)	21:03(23)	21:47(28)	0:42:50(25)	0:33:48	
69	309	Christian Uhlig	Team FangtDasGnu e.V.	mAK50	5	2:27:19	19:35(51)	1:17:55(58)	1:37:30(59)	24:33(95)	25:16(88)	0:49:49(92)	0:33:57	
70	149	Felix Glücklederer	Sportfreunde Magdeburg	mAK35	17	2:27:30	19:43(54)	1:15:45(45)	1:35:28(47)	23:03(66)	28:59(127)	0:52:02(111)	0:34:08	
71	212	Nico Lehmann	ESV 94	mAK25	8	2:27:32	23:18(111)	1:22:30(93)	1:45:48(98)	20:52(21)	20:52(17)	0:41:44(18)	0:34:10	
72	127	Martin Dinse	SC DHfK Leipzig e.V.	mAK60	3	2:28:03	19:34(50)	1:14:52(41)	1:34:26(38)	26:15(118)	27:22(115)	0:53:37(115)	0:34:41	
73	282	Klaus Schwob	TuS Neukölln Berlin	mAK65	1	2:28:10	17:53(28)	1:18:17(59)	1:36:10(51)	25:37(112)	26:23(108)	0:52:00(110)	0:34:48	
74	252	Ronny Plontke	Team FangtDasGnu e.V.	mAK50	6	2:28:16	22:05(94)	1:14:35(38)	1:36:40(55)	25:19(109)	26:17(104)	0:51:36(109)	0:34:54	
75	329	Paul Zernitz		mAK35	18	2:29:10	21:47(84)							

35. Spreewald Triathlon 2025

Ergebnisse: Kleiner Spreewaldmann

Platz	Stnr	Name	Verein	AK	Platz AK	Endzeit	Schwimm	Rad	SchwRad	LaufR1	LaufR2	Lauf	Rückstand	ZS
89	191	Oliver Koenen	Triathlon Potsdam e.V.	mAK50	9	2:33:21	19:56(57)	1:22:44(96)	1:42:40(75)	25:31(111)	25:10(86)	0:50:41(100)	0:39:59	
90	278	Paul Schulz	Berlin	mAK40	14	2:33:41	23:25(113)	1:24:36(108)	1:48:01(109)	22:46(57)	22:54(46)	0:45:40(53)	0:40:19	
91	207	Johannes Ladewig	Teamwork Berlin	mAK40	15	2:34:05	21:54(86)	1:22:43(95)	1:44:37(89)	23:55(85)	25:33(91)	0:49:28(90)	0:40:43	
92	240	Sebastian Neukirchen	Berlin	mAK30	10	2:34:27	24:45(128)	1:21:26(83)	1:46:11(103)	23:49(83)	24:27(79)	0:48:16(79)	0:41:05	
93	134	Norbert Fenske	TLV Rangsdorf	mAK65	2	2:34:40	25:21(133)	1:18:31(61)	1:43:52(83)	25:02(105)	25:46(95)	0:50:48(102)	0:41:18	
94	319	Till Wedewardt	Trihards	mAK20	5	2:34:54	22:03(93)	1:27:20(115)	1:49:23(112)	22:17(45)	23:14(52)	0:45:31(51)	0:41:32	
95	246	Andreas Pahnke	Berlin	mAK45	12	2:34:57	21:59(91)	1:21:53(90)	1:43:52(83)	24:45(101)	26:20(106)	0:51:05(105)	0:41:35	
96	128	Konrad Doblhofer	Trihards	mJun	3	2:34:58	21:08(74)	1:21:47(88)	1:42:55(80)	24:45(101)	27:18(114)	0:52:03(112)	0:41:36	
97	239	Michael Neubert	TSV Cottbus	mAK65	3	2:35:33	24:11(123)	1:19:58(65)	1:44:09(85)	25:26(110)	25:58(99)	0:51:24(107)	0:42:11	
98	234	Markus Mudrack	Potsdam	mAK30	11	2:35:45	21:13(78)	1:23:50(101)	1:45:03(90)	24:52(104)	25:50(97)	0:50:42(101)	0:42:23	
99	154	Renato Hachmann	Tus Neukölln	mAK30	12	2:36:18	19:36(52)	1:30:14(129)	1:49:50(115)	23:42(81)	22:46(42)	0:46:28(61)	0:42:56	
100	185	Marcus Klenner		mAK35	23	2:36:25	23:57(122)	1:26:24(114)	1:50:21(119)	22:23(47)	23:41(66)	0:46:04(56)	0:43:03	
101	300	Jakob Suter		mAK25	10	2:36:33	25:10(131)	1:29:04(122)	1:54:14(130)	25:07(108)	17:12(1)	0:42:19(22)	0:43:11	
102	190	Jens Kochanski		mAK50	10	2:36:52	21:56(88)	1:20:50(77)	1:42:46(79)	26:33(121)	27:33(117)	0:54:06(117)	0:43:30	
102	236	Frank Nagel	TIB Berlin	mAK60	5	2:36:52	21:20(81)	1:21:04(80)	1:42:24(74)	26:56(125)	27:32(116)	0:54:28(119)	0:43:30	
104	289	Jonas Sindberg	Berlin	mAK35	24	2:37:52	20:29(66)	1:27:20(115)	1:47:49(108)	24:41(98)	25:22(90)	0:50:03(93)	0:44:30	
105	122	Antonio Caldarelli	TV Dresden	mAK45	13	2:38:45	20:33(69)	1:29:46(127)	1:50:19(118)	23:35(79)	24:51(85)	0:48:26(81)	0:45:23	
106	307	Reinhold Tietz	Wuhden	mAK45	14	2:39:43	25:19(132)	1:23:53(102)	1:49:12(111)	24:23(92)	26:08(101)	0:50:31(98)	0:46:21	
107	283	Franz Seidel	BCN Marathonis	mAK25	11	2:40:04	24:58(130)	1:30:31(130)	1:55:29(132)	22:54(62)	21:41(25)	0:44:35(38)	0:46:42	
108	270	Max Schiller	Malmöer Str. 1, 10437 Berlin	mAK25	12	2:40:10	18:00(29)	1:31:36(131)	1:49:36(113)	24:39(96)	25:55(98)	0:50:34(99)	0:46:48	
109	330	Claudius Ziegenrucker		mAK25	13	2:40:17	22:33(105)	1:22:52(97)	1:45:25(95)	25:50(116)	29:02(129)	0:54:52(121)	0:46:55	
110	170	Peter Holste	Moritzburger Triathlonverein	mAK50	11	2:40:35	21:09(76)	1:27:59(120)	1:49:08(110)	25:05(107)	26:22(107)	0:51:27(108)	0:47:13	
111	213	Alexander Lemke	BB - Bike u. Run Team e.V.	mAK50	12	2:40:41	26:07(137)	1:24:14(106)	1:50:21(119)	24:40(97)	25:40(94)	0:50:20(96)	0:47:19	
112	253	Nico Pötzschick	SV 1885 Golßen	mAK40	16	2:41:17	22:07(95)	1:23:59(104)	1:46:06(101)	25:38(114)	29:33(133)	0:55:11(124)	0:47:55	
113	279	Franz Schuster	BCN Marathonis	mAK25	14	2:41:45	23:23(112)	1:29:38(126)	1:53:01(125)	24:12(89)	24:32(80)	0:48:44(84)	0:48:23	
114	171	Paul Homm		mAK25	15	2:41:47	21:59(91)	1:31:47(132)	1:53:46(128)	23:29(74)	24:32(80)	0:48:01(77)	0:48:25	
115	196	Claus Kramer	FSV Gernsdorf	mAK50	13	2:43:38	25:29(135)	1:24:22(107)	1:49:51(116)	25:46(115)	28:01(119)	0:53:47(116)	0:50:16	
116	104	Bennet Ahlswede	Trihards	mJun	4	2:43:44	26:10(140)	1:20:07(66)	1:46:17(104)	28:07(132)	29:20(132)	0:57:27(132)	0:50:22	
117	167	Philipp Hirsch		mAK30	13	2:44:19	22:15(98)	1:27:44(118)	1:49:59(117)	26:17(119)	28:03(120)	0:54:20(118)	0:50:57	
118	275	Jonas Schröder		mAK25	16	2:44:25	26:09(139)	1:23:29(99)	1:49:38(114)	26:44(122)	28:03(120)	0:54:47(120)	0:51:03	
119	155	Heiko Hacker		mAK50	14	2:44:28	20:40(71)	1:24:54(110)	1:45:34(96)	28:07(132)	29:47(135)	0:57:54(133)	0:51:06	1:00
120	237	Felix Neise		mAK30	14	2:45:04	24:57(129)	1:29:51(128)	1:54:48(131)	24:41(98)	25:35(92)	0:50:16(95)	0:51:42	
121	182	Wolfram Kiene	Caputh	mAK55	6	2:45:43	22:24(99)	1:33:44(135)	1:56:08(134)	23:49(83)	25:46(95)	0:49:35(91)	0:52:21	
122	274	Karsten Scholz	Ausdauer-3-Kampftuppe Berlin	mAK50	15	2:46:08	22:48(108)	1:27:51(119)	1:50:39(121)	26:54(124)	28:35(124)	0:55:29(126)	0:52:46	
123	205	Frank Kulack	Tri-Finisher Berlin e.V.	mAK65	4	2:46:13	23:40(117)	1:23:58(103)	1:47:38(107)	28:49(136)	29:46(134)	0:58:35(135)	0:52:51	
124	291	Christian Stein	Klein Trebbow	mAK45	15	2:46:27	25:58(136)	1:21:13(81)	1:47:11(105)	27:29(128)	31:47(142)	0:59:16(138)	0:53:05	
125	210	Martin Lasak	JFKS	mAK45	16	2:46:31	27:40(147)	1:26:19(113)	1:53:59(129)	25:37(112)	26:55(112)	0:52:32(113)	0:53:09	
126	235	Gerrit Nabrat	Luckauer Läuferbund	mAK55	7	2:47:36	25:27(134)	1:26:11(112)	1:51:38(122)	27:15(126)	28:43(126)	0:55:58(127)	0:54:14	
127	241	Falk Neumann		mAK20	6	2:48:55	23:16(110)	1:29:31(125)	1:52:47(124)	29:18(137)	26:50(111)	0:56:08(128)	0:55:33	
128	203	Karl Kühn	Königs Wusterhausen	mAK20	7	2:48:56	20:03(60)	1:27:33(117)	1:47:36(106)	29:39(141)	31:41(141)	1:01:20(141)	0:55:34	
129	164	Robert Hess	GoTo Racing Team	mAK55	8	2:49:31	21:09(76)	1:24:03(105)	1:45:12(91)	33:11(148)	31:08(140)	1:04:19(144)	0:56:09	
130	297	Christoph Steyer	SG Kröbeln	mAK25	17	2:51:20	21:52(85)	1:34:04(136)	1:55:56(133)	27:24(127)	28:00(118)	0:55:24(125)	0:57:58	
131	248	Matthias Patzlaff	Ausdauer-3-Kampftuppe Berlin	mAK60	6	2:52:11	27:04(145)	1:35:40(141)	2:02:44(142)	23:29(74)	25:58(99)	0:49:27(89)	0:58:49	
132	251	Jan Plefka	Triathlon Potsdam e.V.	mAK55	9	2:54:01	27:27(146)	1:29:14(123)	1:56:41(135)	28:01(130)	29:19(131)	0:57:20(131)	1:00:39	
133	184	Fabian Klementz		mAK40	17	2:54:28	23:43(119)	1:39:34(146)	2:03:17(143)	25:03(106)	26:08(101)	0:51:11(106)	1:01:06	
134	139	Alexander Franke		mAK25	18	2:54:29	23:35(116)	1:34:26(137)	1:58:01(137)	27:55(129)	28:33(123)	0:56:28(129)	1:01:07	
135	146	Michael Giesecke	Triathlon Potsdam e.V.	mAK60	7	2:56:17	23:52(120)	1:28:30(121)	1:52:22(123)	31:11(146)	32:44(143)	1:03:55(143)	1:02:55	
136	179	Ralph Keller	SV Wasserfreunde Brandenburg	mAK55	10	2:57:37	24:32(127)	1:33:04(133)	1:57:36(136)	29:23(139)	30:38(138)	1:00:01(139)	1:04:15	
137	120	Bernd Brunke	ZSV Berlin	mAK55	11	2:57:50	21:57(89)	1:37:43(143)	1:59:40(138)	28:14(134)	29:56(136)	0:58:10(134)	1:04:28	
138	124	Carsten Casper	JFKS	mAK55	12	3:00:01	26:52(144)	1:34:32(138)	2:01:24(139)	29:19(138)	29:18(130)	0:58:37(137)	1:06:39	
139	126	Nicolas Cielke	Finsterwalde	mAK25	19	3:02:01	26:36(141)	1:35:05(139)	2:01:41(140)	29:29(140)	30:51(139)	1:00:20(140)	1:08:39	
140	242	Daniel Nippesen		mAK30	15	3:09:28	24:25(125)	1:39:07(144)	2:03:32(144)	30:22(143)	35:34(146)	1:05:56(146)	1:16:06	
141	221	Michael Lubisch	TLV Berlin	mAK60	8	3:09:42	26:46(143)	1:37:11(142)	2:03:57(146)	30:58(145)	34:47(145)	1:05:45(145)	1:16:20	
142	138	Uwe Flemming	RfM Cycling Bad Lausick	mAK60	9	3:12:43	33:09(152)	1:44:34(148)	2:17:43(148)	26:45(123)	28:15(122)	0:55:00(122)	1:19:21	
143	217	Bruno Löchel	Vetschau	mAK30	16	3:13:29	30:11(151)	1:33:23(134)	2:03:34(145)	32:00(147)	37:55(148)	1:09:55(148)	1:20:07	
144	197	Thorsten Kriegel	Seesen	mAK45	17	3:13:31	17:30(23)	1:35:38(140)	1:53:08(127)	39:42(150)	40:41(150)	1:20:23(150)	1:20:09	
145	214	Aaron-Justus Liebscher		mAK35	25	3:14:41	22:58(109)	1:39:10(145)	2:02:08(141)	35:40(149)	36:53(147)	1:12:33(149)	1:21:19	
146	272	Steve Schmidt	Chemnitz	mAK40	18	3:17:14	28:31(149)	1:51:36(150)	2:20:07(150)	28:26(135)	28:41(125)	0:57:07(130)	1:23:52	
147	132	Ramsey El-Khazen	Nitro-Glietz-er*in	mAK30	17	3:22:12	27:53(148)	1:51:06(149)	2:18:59(149)	30:16(142)	32:57(144)	1:03:13(142)	1:28:50	
148	308	Kia-Shan Tung		mAK25	20	3:23:03	28:45(150)	1:55:43(151)	2:24:28(151)	28:05(131)	30:30(137)	0:58:35(135)	1:29:41	
149	186	Paul Klinitz		mAK25	21	3:33:23	26:38(142)	1:57:51(152)	2:24:29(152)	30:30(144)	38:24(149)	1:08:54(147)	1:40:01	
DNF	265	Peter Rundel	Triathlon Potsdam e.V.	mAK65			23:41(118)	1:29:21(124)	1:53:02(126)					
DNF	264	Edzard Ruehe	Triathlon Team Berlin	mAK65			24:27(126)	1:41:34(147)	2:06:01(147)					
DISQ	314	Mark Von Loesch	Trihards	mJun		2:23:33	20:10(62)	1:21:56(91)	1:42:06(71)	20:52(21)	20:35(13)	0:41:27(15)	0:30:11	

35. Spreewald Triathlon 2025

Ergebnisse: Schnuppertriathlon Frauen

Platz	Stnr	Name	Verein	AK	Platz AK	Endzeit	Schwimm	Rad	SchwRad	Lauf	Rückstand	Zeitstrafe
1	366	Mandy Fischer	Moritzburger Triathlonverein	wAK35	1	1:03:55	05:51(1)	0:34:59(1)	0:40:50(1)	23:05(5)		
2	336	Caroline Beck	Zeppelin-Team OSC Potsdam	wAK25	1	1:05:09	07:50(17)	0:35:15(3)	0:43:05(4)	22:04(1)	01:14	
3	537	Janine Windmann	TV Fürstenwalde 1990	wAK30	1	1:06:48	06:24(4)	0:36:35(6)	0:42:59(3)	23:49(8)	02:53	
4	477	Theres Petzold	Zeppelin Team OSC Potsdam	wAK45	1	1:06:51	07:49(16)	0:35:02(2)	0:42:51(2)	24:00(9)	02:56	
5	341	Irina Berenfeld	SCC Berlin	wAK50	1	1:06:58	08:56(39)	0:35:42(4)	0:44:38(6)	22:20(2)	03:03	
6	344	Julia Brüning	VfV Spandau	wAK30	2	1:08:14	07:38(12)	0:37:08(7)	0:44:46(7)	23:28(6)	04:19	
7	535	Jasmin Wieding	Bernauer Lauffreunde	wAK25	2	1:10:24	07:40(13)	0:36:19(5)	0:43:59(5)	26:25(19)	06:29	
8	432	Charlene Kraus	Potsdam	wJugA	1	1:10:42	08:26(29)	0:38:15(10)	0:46:41(11)	24:01(10)	06:47	
9	430	Andrea Krah	Zeppelin Team OSC Potsdam	wAK55	1	1:11:24	08:30(31)	0:37:34(8)	0:46:04(8)	25:20(13)	07:29	
10	489	Christiane Riegenring	www.DieTurnmaeuse.de	wAK45	2	1:13:00	09:16(50)	0:37:51(9)	0:47:07(12)	25:53(17)	09:05	
11	320	Julia Wegner	Nitro-Glietz-er*in	wAK30	3	1:13:10	07:00(8)	0:43:39(27)	0:50:39(24)	22:31(3)	09:15	
12	415	Natalia Khesse	TVB09	wAK45	3	1:13:12	08:06(21)	0:38:23(11)	0:46:29(9)	26:43(24)	09:17	
13	462	Jana Müller	A3K Berlin	wAK45	4	1:13:16	06:16(2)	0:40:16(12)	0:46:32(10)	26:44(25)	09:21	
14	455	Melissa Mercedes Mechtold		wAK20	1	1:13:29	08:58(41)	0:40:55(16)	0:49:53(20)	23:36(7)	09:34	
15	343	Melanie Breitkopf	PotsRun	wAK30	4	1:14:17	07:31(10)	0:43:44(28)	0:51:15(25)	23:02(4)	10:22	
16	460	Janin Mula	Zeppelin Team OSC Potsdam	wAK35	2	1:14:24	08:02(20)	0:40:44(15)	0:48:46(15)	25:38(15)	10:29	
17	360	Laura Felber	Triathlonverein Fürstenwalde	wAK35	3	1:14:47	08:22(26)	0:40:33(14)	0:48:55(17)	25:52(16)	10:52	
18	348	Alix Chancerel	Nitro-Glietz-er*in	wAK40	1	1:14:52	06:21(3)	0:43:24(25)	0:49:45(19)	25:07(12)	10:57	
19	494	Eleonora Röpke	Schwielochsee	wJun	1	1:15:40	07:34(11)	0:41:16(17)	0:48:50(16)	26:50(26)	11:45	
20	528	Theresia Uhlemann	Zeppelin Team OSC Potsdam	wAK40	2	1:16:34	07:45(15)	0:41:56(19)	0:49:41(18)	26:53(28)	12:39	
21	486	Miriam Reiners	Berlin	wAK30	5	1:17:18	07:40(13)	0:42:58(22)	0:50:38(23)	26:40(23)	13:23	
22	516	Kerstin Snigola	TVB09	wAK55	2	1:17:46	06:48(6)	0:41:47(18)	0:48:35(14)	29:11(40)	13:51	
23	497	Lene Rußig		wAK20	2	1:17:59	08:06(21)	0:42:17(21)	0:50:23(21)	27:36(32)	14:04	
24	406	Emily Kadler		wJun	2	1:18:03	08:30(31)	0:41:56(19)	0:50:26(22)	27:37(33)	14:08	
25	524	Conny Stemmler	Zeppelin Team OSC Potsdam	wAK50	2	1:18:28	08:46(35)	0:43:14(24)	0:52:00(28)	26:28(20)	14:33	
26	421	Anja Kloss		wAK55	3	1:20:49	07:58(18)	0:40:29(13)	0:48:27(13)	32:22(52)	16:54	
27	438	Gerlind Krüger	run4fun	wAK35	4	1:20:59	10:20(52)	0:45:07(32)	0:55:27(38)	25:32(14)	17:04	
28	469	Katja Neugebauer		wAK40	3	1:21:38	09:07(47)	0:45:57(36)	0:55:04(35)	26:34(22)	17:43	
29	382	Christina Große	A3K Berlin	wAK45	5	1:22:05	09:09(48)	0:45:57(36)	0:55:06(36)	26:59(29)	18:10	
30	409	Meret Kalkbrenner	fairplay	wAK20	3	1:22:09	08:20(25)	0:44:53(30)	0:53:13(31)	28:56(38)	18:14	
31	475	Julia Pahnke	Berlin	wJugA	2	1:22:17	08:51(37)	0:49:03(48)	0:57:54(49)	24:23(11)	18:22	
32	346	Alix Büttner	Ruderclub Turbine Grünau e.V.	wAK45	6	1:22:25	08:58(41)	0:43:11(23)	0:52:09(29)	30:16(45)	18:30	
33	496	Cornelia Rußig		wAK50	3	1:22:29	09:17(51)	0:45:45(34)	0:55:02(34)	27:27(31)	18:34	
34	428	Varinia Kordubel		wAK25	3	1:22:33	08:45(34)	0:47:20(40)	0:56:05(41)	26:28(20)	18:38	
35	538	Antonia Wischniewski		wAK25	4	1:22:37	08:23(27)	0:43:28(26)	0:51:51(26)	30:46(46)	18:42	
36	372	Cathleen Goldack	BSV Medizin Marzahn	wAK45	7	1:23:26	06:26(5)	0:48:06(43)	0:54:32(32)	28:54(37)	19:31	
37	464	Katja Müller	Trisport Schwerin	wAK50	4	1:23:41	09:05(45)	0:47:24(41)	0:56:29(43)	27:12(30)	19:46	
38	365	Franka Fischer	DLRG Luckenwalde	wAK60	1	1:23:55	06:51(7)	0:45:04(31)	0:51:55(27)	32:00(50)	20:00	
39	436	Michaela Krohn	Krohnbande	wAK40	4	1:23:56	10:24(53)	0:45:40(33)	0:56:04(40)	27:52(34)	20:01	
40	375	Anke Götze	TVB 09	wAK45	8	1:24:16	08:19(24)	0:43:54(29)	0:52:13(30)	32:03(51)	20:21	
41	465	Helene Ruben Münzberg		wJun	3	1:24:23	09:01(44)	0:45:46(35)	0:54:47(33)	29:36(43)	20:28	
42	339	Ayelen Behrens		wAK30	6	1:25:48	08:57(40)	0:47:08(39)	0:56:05(41)	29:43(44)	21:53	
43	347	Yvonne Caldarelli	TV Dresden	wAK50	5	1:25:56	07:59(19)	0:49:04(49)	0:57:03(44)	28:53(36)	22:01	
44	534	Teresa Weyrauch		wAK20	4	1:26:32	08:41(33)	0:46:59(38)	0:55:40(39)	30:52(47)	22:37	
45	474	Andrea Ostermann-Brema		wAK45	9	1:26:46	09:06(46)	0:48:34(45)	0:57:40(48)	29:06(39)	22:51	
46	473	Rieko Okuda		wAK40	5	1:26:59	11:41(57)	0:49:19(51)	1:01:00(52)	25:59(18)	23:04	
47	425	Christiane Kohs	TVB 09	wAK50	6	1:27:05	07:12(9)	0:48:14(44)	0:55:26(37)	31:39(48)	23:10	
48	395	Martina Hernek		wAK30	7	1:27:54	11:30(56)	0:47:58(42)	0:59:28(51)	28:26(35)	23:59	
49	412	Adina Keliskyzy		wAK25	5	1:29:10	10:35(55)	0:51:45(53)	1:02:20(53)	26:50(26)	25:15	
50	363	Ute Feldmann	Ausdauer-3-Kampftruppe Berlin	wAK55	4	1:30:22	09:00(43)	0:49:36(52)	0:58:36(50)	31:46(49)	26:27	
51	458	Amelie Michels	Team Vielfalt und Respekt	wAK20	5	1:30:50	08:10(23)	0:49:11(50)	0:57:21(46)	33:29(54)	26:55	
52	678	Martina Fischer	KSV Neptun	wAK55	5	1:31:26	08:25(28)	0:48:55(47)	0:57:20(45)	34:06(55)	27:31	
53	369	Amelie Gierth	fairplay	wJun	4	1:32:45	08:55(38)	0:48:42(46)	0:57:37(47)	34:38(56)	28:50	0:30
54	405	Anett Kadler		wAK40	6	1:33:21	08:28(30)	0:55:19(56)	1:03:47(55)	29:34(42)	29:26	
55	501	Gabriele Schmidt	VfV Spandau	wAK55	6	1:35:42	09:15(49)	0:53:38(55)	1:02:53(54)	32:49(53)	31:47	
56	333	Isabelle Armani	Brandenburg an der Havel	wAK35	5	1:40:03	10:27(54)	1:00:16(58)	1:10:43(58)	29:20(41)	36:08	
57	480	Isabelle Pochat	Nitro-Glietz-er*in	wAK65	1	1:43:56	08:47(36)	0:58:56(57)	1:07:43(57)	36:13(57)	40:01	
58	503	Kerstin Schmieder	Aue	wAK55	7	1:46:22	11:50(58)	0:52:12(54)	1:04:02(56)	42:20(58)	42:27	

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Ergebnisse: Schnuppertriathlon Männer

Platz	Stnr	Name	Verein	Ak	Platz AK	Endzeit	Schwimm	Rad	SchwRad	Lauf	Rückstand	Zeitstrafe
1	374	Vincent Gottschling	Triathlon Potsdam e.V.	mAK25	1	0:53:27	05:44(7)	0:30:09(1)	0:35:53(1)	17:34(2)		
2	686	Erik Wiedemann	Triathlon Spreewald e.V.	mAK20	1	0:54:19	05:10(1)	0:32:31(3)	0:37:41(2)	16:38(1)	00:52	
3	532	Thimo Welk		mAK25	2	0:59:25	07:20(43)	0:32:08(2)	0:39:28(5)	19:57(5)	05:58	
4	354	Ingo Dziedzsek	Berliner TSC	mAK50	1	1:00:06	06:18(13)	0:32:54(5)	0:39:12(3)	20:54(10)	06:39	
5	349	Uwe Czesnat	Zeppelin Team OSC Potsdam	mAK50	2	1:00:16	06:20(15)	0:33:02(6)	0:39:22(4)	20:54(10)	06:49	
6	536	André Wilsdorf	TRISStars Markkleeberg	mAK35	1	1:00:20	06:48(28)	0:33:31(8)	0:40:19(9)	19:31(3)	06:53	0:30
7	384	Noah Gutscher	TRISStars Markkleeberg	mJugA	1	1:01:13	05:26(3)	0:35:28(23)	0:40:54(16)	20:19(6)	07:46	
8	418	Thomas Klauck	Potsdam	mAK50	3	1:01:38	06:52(32)	0:34:05(11)	0:40:57(17)	20:41(8)	08:11	
9	498	Lennox Scheller	Berlin	mJun	1	1:01:44	06:49(29)	0:33:51(10)	0:40:40(12)	21:04(14)	08:17	
10	387	Tony Hallmann	Falkensee	mAK45	1	1:02:17	06:26(18)	0:33:16(7)	0:39:42(6)	22:35(34)	08:50	
11	338	Stephan Beeskow	Potsdam	mAK50	4	1:02:18	06:52(32)	0:34:05(11)	0:40:57(17)	20:51(9)	08:51	0:30
12	356	Tim Eckardt	Berlin	mAK20	2	1:02:21	05:48(9)	0:34:45(16)	0:40:33(10)	21:48(21)	08:54	
13	463	Jiri Müller	StVo Limbach-Oberfrohna	mAK55	1	1:02:58	05:48(9)	0:34:59(19)	0:40:47(15)	22:11(28)	09:31	
14	419	Canice Kleinert	DLRG SV LUCKENWALDE	mAK25	3	1:03:23	05:34(5)	0:35:25(20)	0:40:59(19)	22:24(31)	09:56	
15	471	Frank Nickel	LC Stolpertruppe Berlin	mAK55	2	1:03:30	05:44(7)	0:34:51(18)	0:40:35(11)	22:55(43)	10:03	
16	377	Robert Goydke	Borkheide	mAK55	3	1:03:33	06:33(20)	0:33:45(9)	0:40:18(8)	23:15(47)	10:06	
17	490	Raphael Riegenring	Hoppegarten	mJugA	2	1:04:11	07:06(39)	0:32:51(4)	0:39:57(7)	24:14(64)	10:44	
18	423	Jakob Knappe	Berlin	mAK20	3	1:04:14	06:33(20)	0:34:08(13)	0:40:41(13)	23:33(53)	10:47	
19	449	Philipp Lewe		mAK35	2	1:04:36	06:56(35)	0:36:04(27)	0:43:00(23)	21:06(15)	11:09	0:30
20	508	Christian Schulz	Team Bernd	mAK40	1	1:05:08	07:24(45)	0:35:39(25)	0:43:03(26)	22:05(24)	11:41	
21	441	Frank Lauter	TVB 09	mAK55	4	1:05:16	06:32(19)	0:34:11(14)	0:40:43(14)	24:33(72)	11:49	
22	397	Gerald Hiller	VfV Spandau	mAK55	5	1:05:40	06:13(12)	0:37:06(35)	0:43:19(28)	22:21(30)	12:13	
23	386	Oliver Halecka	Cottbus	mAK45	2	1:05:48	07:32(48)	0:36:55(34)	0:44:27(36)	21:21(18)	12:21	
24	396	Viktor Hettinger	ASV Zeuthen	mJun	2	1:05:54	06:25(16)	0:37:14(36)	0:43:39(31)	22:15(29)	12:27	
25	512	Tino Schütte	Familie Schütte Dresden	mAK45	3	1:06:09	06:43(24)	0:36:41(30)	0:43:24(30)	22:45(40)	12:42	
26	446	Michael Lehrfeld	Lübbenau	mAK45	4	1:06:14	07:02(37)	0:38:03(47)	0:45:05(40)	21:09(16)	12:47	
27	523	Romano Steinberg	Zossen	mAK35	3	1:06:15	06:37(23)	0:36:43(32)	0:43:20(29)	22:55(43)	12:48	
28	163	Sebastian Hermann	OSC Zeppelin Team Potsdam	mAK30	1	1:06:16	07:21(44)	0:37:26(37)	0:44:47(37)	21:29(19)	12:49	
29	439	Thomas Kurowski	Trifinisher Berlin e.V.	mAK60	1	1:06:19	06:36(22)	0:35:27(22)	0:42:03(21)	24:16(66)	12:52	
30	340	Jörg Beinlich	LC Stolpertruppe Berlin	mAK60	2	1:06:23	06:55(34)	0:35:39(25)	0:42:34(22)	23:49(55)	12:56	
31	529	Viktor Ulmer	Berlin	mAK60	3	1:06:24	07:39(51)	0:36:35(28)	0:44:14(34)	22:10(27)	12:57	
32	519	Jan-Robert Stange		mAK25	4	1:06:47	08:33(81)	0:38:24(51)	0:46:57(54)	19:50(4)	13:20	
33	448	Simon Leuchtnr	Zeppelin Potsdam	mAK25	5	1:07:07	06:49(29)	0:39:19(56)	0:46:08(48)	20:59(13)	13:40	
34	364	Mario Feldner	Kuschkow	mAK55	6	1:07:31	08:09(62)	0:36:41(30)	0:44:50(38)	22:41(36)	14:04	
35	332	Reiner Arbeit	ASV Zeuthen	mAK45	5	1:07:44	07:13(40)	0:38:22(50)	0:45:35(42)	22:09(25)	14:17	
36	479	Lars Piotter	Planet X-press	mAK35	4	1:07:48	09:32(104)	0:34:50(17)	0:44:22(35)	23:26(48)	14:21	
37	679	Lukas Illing		mAK30	2	1:07:55	07:50(54)	0:39:10(55)	0:47:00(56)	20:55(12)	14:28	
38	521	Gregor Steffenhagen	LC Stolpertruppe Berlin	mAK45	6	1:08:08	05:43(6)	0:38:01(45)	0:43:44(32)	24:24(69)	14:41	
39	456	Jannik Menz	run4fun	mJugA	3	1:08:15	08:30(79)	0:35:25(20)	0:43:55(33)	24:20(67)	14:48	
40	361	Vincent Feldkamp	Nordberliner SC	mJugA	4	1:08:30	07:02(37)	0:40:10(64)	0:47:12(60)	21:18(17)	15:03	
41	500	Fabian Schmidinger	Dreizack Spandau	mAK30	3	1:08:35	07:01(36)	0:39:45(61)	0:46:46(52)	21:49(22)	15:08	
42	424	Gergely Knuth	OLV Potsdam	mJun	3	1:08:40	09:03(93)	0:37:57(42)	0:47:00(56)	21:40(20)	15:13	
43	420	Peter Klinkhammer	14959 Trebbin OT Thyrow	mAK55	7	1:08:43	07:16(41)	0:34:39(15)	0:41:55(20)	26:48(90)	15:16	
44	518	Tobias Sperling	Berlin	mAK20	4	1:08:46	07:54(55)	0:37:43(40)	0:45:37(43)	23:09(46)	15:19	
45	411	Heiko Kauert	TriFriBer	mAK55	8	1:08:55	08:22(75)	0:38:01(45)	0:46:23(49)	22:32(33)	15:28	
46	676	Silvio Buschick	Lübben	mAK40	2	1:09:00	08:56(87)	0:37:29(38)	0:46:25(50)	22:35(34)	15:33	
47	685	Rene Loof		mAK35	5	1:09:06	08:00(57)	0:38:57(53)	0:46:57(54)	22:09(25)	15:39	
48	495	Andreas Rother	Berlin	mAK30	4	1:09:09	06:51(31)	0:38:46(52)	0:45:37(43)	23:32(52)	15:42	
49	437	Denny Krüger	run4fun	mAK45	7	1:09:15	08:14(67)	0:36:50(33)	0:45:04(39)	24:11(62)	15:48	
50	345	Markus Büttner		mAK50	5	1:09:30	05:30(4)	0:37:32(39)	0:43:02(24)	26:28(85)	16:03	
51	388	Nico Hannoun		mAK20	5	1:09:31	08:31(80)	0:38:16(48)	0:46:47(53)	22:44(39)	16:04	
52	370	Robert Glaser	Eisenhüttenstadt	mAK30	5	1:09:59	07:47(53)	0:40:12(65)	0:47:59(63)	22:00(23)	16:32	
53	680	Karsten Marx	Räderei am Kanal Potsdam	mAK55	9	1:10:02	08:14(67)	0:38:19(49)	0:46:33(51)	23:29(51)	16:35	
54	484	Christian Reichert	Berlin	mAK60	4	1:10:05	06:25(16)	0:36:37(29)	0:43:02(24)	27:03(92)	16:38	
55	444	Jannes Lehmann	Berlin	mAK20	6	1:10:13	06:19(14)	0:39:43(60)	0:46:02(46)	24:11(62)	16:46	
56	433	Sebastian Krautz	BSV Medizin Marzahn	mAK40	3	1:10:20	08:08(61)	0:37:58(43)	0:46:06(47)	24:14(64)	16:53	
57	376	Mike Götze	TVB 09	mAK50	6	1:10:22	07:32(48)	0:37:56(41)	0:45:28(41)	24:54(76)	16:55	
58	509	Christian Schuster	Potsdam	mAK40	4	1:10:42	06:45(25)	0:41:16(73)	0:48:01(65)	22:41(36)	17:15	
59	393	Thomas Heim	Berlin	mAK40	5	1:10:58	08:12(66)	0:38:57(53)	0:47:09(59)	23:49(55)	17:31	
60	525	René Stephan	RSL TriT3am	mAK50	7	1:11:10	08:00(57)	0:37:58(43)	0:45:58(45)	25:12(80)	17:43	
61	392	Markus Heim		mAK35	6	1:11:59	08:18(73)	0:39:48(62)	0:48:06(66)	23:53(57)	18:32	
62	522	Malte Steffenhagen	LC Stolpertruppe Berlin	mJugA	5	1:12:29	08:02(60)	0:39:40(59)	0:47:42(61)	24:47(75)	19:02	
63	451	Jens-Peter Löffler	1. FC Union Berlin	mAK55	10	1:12:42	07:39(51)	0:35:38(24)	0:43:17(27)	29:25(100)	19:15	
64	413	Casey Keller	Teltow	mJun	4	1:12:50	07:29(46)	0:42:33(88)	0:50:02(77)	22:48(42)	19:23	
65	682	Manuel Weyrauch		mAK25	6	1:12:52	08:17(72)	0:44:02(97)	0:52:19(98)	20:33(7)	19:25	
66	493	Michael Roeder	Wadenbeißer	mAK40	6	1:12:53	08:56(87)	0:39:24(57)	0:48:20(67)	24:33(72)	19:26	
67	488	Florian Riegelmann	Berlin	mJun	5	1:13:05	08:11(65)	0:42:26(85)	0:50:37(82)	22:28(32)	19:38	
68	383	Frank-Uwe Gutscher	TRISStars Markkleeberg	mAK65	1	1:13:06	07:34(50)	0:39:26(58)	0:47:00(56)	25:36(81)	19:39	0:30
69	408	Hauke Kalkbrenner	fairplay	mAK20	7	1:13:07	08:28(78)	0:41:12(71)	0:49:40(74)	23:27(49)	19:40	
70	482	Mario Pscherer	La Stolpertruppe	mAK45	8	1:13:22	08:22(75)	0:40:36(67)	0:48:58(72)	24:24(69)	19:55	
70	466	Matthias Müschen	Lübben	mAK50	8	1:13:22	09:18(100)	0:41:23(74)	0:50:41(85)	22:41(36)	19:55	

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Ergebnisse: Schnuppertriathlon Männer

Platz	Stnr	Name	Verein	Ak	Platz AK	Endzeit	Schwimm	Rad	SchwRad	Lauf	Rückstand	Zeitstrafe
72	502	Oliver Schmidt	Berlin	mAK35	7	1:13:24	08:16(69)	0:42:06(83)	0:50:22(78)	23:02(45)	19:57	
73	373	Sebastian Goldack	BSV Medizin Marzahn	mAK50	9	1:13:25	06:47(27)	0:41:11(70)	0:47:58(62)	24:57(78)	19:58	0:30
73	505	Daniel Schnarr	Potsdam	mAK35	8	1:13:25	08:00(57)	0:40:55(68)	0:48:55(71)	24:30(71)	19:58	
75	410	Mark Kämpflein	Zweiradhaus Kämpflein	mAK20	8	1:13:26	08:50(85)	0:41:49(79)	0:50:39(83)	22:47(41)	19:59	
76	681	Paul Balogh		mAK30	6	1:13:28	06:45(25)	0:42:05(82)	0:48:50(68)	24:08(61)	20:01	0:30
77	440	Niklas Landrock		mAK20	9	1:13:37	06:06(11)	0:42:45(89)	0:48:51(69)	24:46(74)	20:10	
78	378	Frank Graf	LTC Berlin	mAK65	2	1:14:00	08:40(83)	0:40:24(66)	0:49:04(73)	24:56(77)	20:33	
79	404	Conradin Jeß		mAK25	7	1:14:44	08:09(62)	0:42:31(87)	0:50:40(84)	24:04(60)	21:17	
80	543	Rainer Zindler	Erkner Trisport	mAK65	3	1:15:32	07:29(46)	0:41:24(75)	0:48:53(70)	26:39(86)	22:05	
81	334	Dominik Arnold	Triathlonverein Dresden	mAK30	7	1:15:34	09:08(96)	0:42:59(91)	0:52:07(94)	23:27(49)	22:07	
82	352	Florian Dietrich	SG Kröbels	mAK25	8	1:15:56	09:01(90)	0:43:16(92)	0:52:17(96)	23:39(54)	22:29	
83	399	Amar Hodzic		mJun	6	1:16:01	08:09(62)	0:43:29(94)	0:51:38(92)	24:23(68)	22:34	
84	457	Peter Michalk	Leipzig	mAK40	7	1:16:40	09:16(99)	0:43:30(95)	0:52:46(99)	23:54(58)	23:13	
85	434	Jens Kretschmar		mAK40	8	1:17:11	08:16(69)	0:43:55(96)	0:52:11(95)	25:00(79)	23:44	
86	381	Benjamin Groell	Rangsdorf	mAK45	9	1:17:17	08:38(82)	0:42:30(86)	0:51:08(87)	26:09(84)	23:50	
87	514	Mathias Semrock		mAK45	10	1:17:20	09:08(96)	0:41:28(76)	0:50:36(80)	26:44(87)	23:53	
88	355	Andreas Ebert	SC Einheit Dresden	mAK60	5	1:17:30	09:19(101)	0:41:06(69)	0:50:25(79)	27:05(94)	24:03	
89	492	Luca Robel	Peitz	mJun	7	1:17:51	08:26(77)	0:43:19(93)	0:51:45(93)	26:06(83)	24:24	
90	407	Marten Kaffler		mAK20	10	1:18:03	08:56(87)	0:41:40(78)	0:50:36(80)	27:27(97)	24:36	
91	504	Sebastian Schmitt	Berlin	mAK40	9	1:18:07	09:02(92)	0:42:21(84)	0:51:23(90)	26:44(87)	24:40	
92	401	Felix Horstmann	TV Fürstenwalde	mAK25	9	1:18:16	10:14(109)	0:42:04(81)	0:52:18(97)	25:58(82)	24:49	
93	417	Jens Kittan	SG Vehlfeanz	mAK60	6	1:18:27	08:16(69)	0:41:37(77)	0:49:53(75)	28:34(99)	25:00	
94	454	Franz Maier	Berlin-Hermsdorf	mAK65	4	1:18:30	08:21(74)	0:42:58(90)	0:51:19(89)	27:11(96)	25:03	
95	379	David Grahl	Zeesen	mAK50	10	1:18:32	07:19(42)	0:44:10(98)	0:51:29(91)	27:03(92)	25:05	
96	445	Mirko Lehmann	Hase & Igel	mAK55	11	1:19:55	07:54(55)	0:40:05(63)	0:47:59(63)	31:56(106)	26:28	
97	478	Jared Pietzker	Ludwigsfelde	mAK25	10	1:20:13	08:47(84)	0:41:14(72)	0:50:01(76)	30:12(101)	26:46	
98	426	Ingo König	Nitro-Glietz-er*in	mAK40	10	1:21:40	09:04(94)	0:45:51(100)	0:54:55(101)	26:45(89)	28:13	
99	427	Roland Korbel	Fifty-Fifty Running-Team	mAK65	5	1:22:56	05:18(2)	0:45:54(101)	0:51:12(88)	31:44(105)	29:29	
100	541	Jens Zacher	Wadenbeißer	mAK40	11	1:23:34	09:05(95)	0:46:34(104)	0:55:39(102)	27:55(98)	30:07	
100	435	Mathias Krohn	Krohnbande	mAK50	11	1:23:34	10:29(111)	0:45:59(102)	0:56:28(103)	27:06(95)	30:07	
102	260	Tobias Röhrich		mAK45	11	1:24:31	11:07(114)	0:46:26(103)	0:57:33(106)	26:58(91)	31:04	
103	371	Georg Glock		mAK25	11	1:25:33	10:14(109)	0:51:18(113)	1:01:32(113)	24:01(59)	32:06	
104	391	Marco Heilmann	Spreenhagen	mAK45	12	1:25:53	09:20(102)	0:44:32(99)	0:53:52(100)	32:01(107)	32:26	
105	443	Hannes Lehmann	Berlin	mAK20	11	1:26:17	08:54(86)	0:42:02(80)	0:50:56(86)	35:21(114)	32:50	
106	485	Kolja Reimann	Grünheide (Mark)	mAK45	13	1:30:26	09:13(98)	0:47:47(107)	0:57:00(104)	33:26(110)	36:59	
107	499	Felix Schmalenbach		mAK30	8	1:30:48	09:55(106)	0:50:39(111)	1:00:34(110)	30:14(102)	37:21	
107	390	Stefan Hawranke		mAK40	12	1:30:48	09:56(107)	0:50:38(110)	1:00:34(110)	30:14(102)	37:21	
109	400	Hans Hoffmann		mAK60	7	1:31:03	11:51(115)	0:46:47(105)	0:58:38(107)	32:25(108)	37:36	
110	520	Carsten Steck	TVB09	mAK50	12	1:33:18	11:52(116)	0:46:48(106)	0:58:40(108)	34:38(112)	39:51	
111	510	Manfred Schütte	Triaverein Moritzburg	mAK75	1	1:35:19	09:47(105)	0:51:08(112)	1:00:55(112)	34:24(111)	41:52	
112	459	Uwe Möller	Altglienicker Falken	mAK65	6	1:35:31	10:40(112)	0:51:29(114)	1:02:09(114)	33:22(109)	42:04	
113	491	Gerald Risse	Einhorn Triathlon Meißen	mAK55	12	1:36:12	11:04(113)	0:48:28(109)	0:59:32(109)	36:40(115)	42:45	
114	422	Jurek Knab		mJun	8	1:39:17	09:26(103)	0:55:03(115)	1:04:29(115)	34:48(113)	45:50	
115	539	Michael Wojahn	Active Team Erdinger	mAK60	8	1:39:56	09:01(90)	0:48:27(108)	0:57:28(105)	42:28(116)	46:29	
116	533	Michael Weyrauch		mAK55	13	1:41:53	10:04(108)	1:01:24(116)	1:11:28(116)	30:25(104)	48:26	

35. Spreewald Triathlon 2025

Ergebnisse: Familien-Staffel-Triathlon

Platz	Stnr	Team	Endzeit	Schwimm	Rad	SchwRad	Lauf	Rückstand	ZS
1	558	Spreewald Sprinter 2.0	0:58:36	06:06(5)	0:32:04(5)	0:38:10(3)	20:26(2)		
2	683	The Leuschner Brothers	0:59:57	07:46(14)	0:31:25(4)	0:39:11(4)	20:46(4)	01:21	
3	563	Team FangtDasGnu	1:00:55	06:06(5)	0:31:00(2)	0:37:06(2)	23:49(6)	02:19	
4	561	Stiftung Wadentest	1:01:03	06:57(11)	0:33:20(7)	0:40:17(6)	20:46(4)	02:27	
5	549	gemeinsam sind wir stark	1:01:51	05:27(3)	0:31:17(3)	0:36:44(1)	25:07(9)	03:15	
6	564	TriStars Markkleeberg	1:02:32	06:24(8)	0:36:20(9)	0:42:44(9)	19:48(1)	03:56	
7	684	Sportfreunde Linke	1:07:09	07:43(13)	0:32:25(6)	0:40:08(5)	26:31(14)	08:33	0:30
8	547	Hahn im Korb	1:07:22	10:12(24)	0:30:14(1)	0:40:26(7)	26:56(16)	08:46	
9	551	Berlin	1:07:55	08:17(18)	0:38:56(18)	0:47:13(16)	20:42(3)	09:19	
10	550	Geckos	1:10:25	07:21(12)	0:36:39(10)	0:44:00(11)	26:25(12)	11:49	
11	562	Spreewald Sprinter 1.0	1:10:28	05:27(3)	0:38:41(16)	0:44:08(13)	26:20(11)	11:52	
12	552	Die Potsdamer Schnuppertriathleten	1:11:49	08:39(20)	0:37:08(12)	0:45:47(15)	26:02(10)	13:13	
13	544	Ruderclub Turbine Grünau e. V.	1:12:09	06:46(9)	0:36:41(11)	0:43:27(10)	28:42(22)	13:33	
14	559	Gestiefelter Muskelkater	1:12:17	08:18(19)	0:34:25(8)	0:42:43(8)	29:34(25)	13:41	
15	548	Jetzt müssen die Mamas auch noch mitmachen	1:13:11	05:03(2)	0:38:58(19)	0:44:01(12)	29:10(23)	14:35	
16	557	Die Kraskes	1:13:28	06:46(9)	0:38:41(16)	0:45:27(14)	28:01(21)	14:52	
17	568	Turbo Turtels	1:13:57	11:54(25)	0:37:39(13)	0:49:33(20)	24:24(7)	15:21	
18	571	Team FangtDasGnu e.V.	1:14:03	08:07(15)	0:39:27(20)	0:47:34(17)	26:29(13)	15:27	
19	565	Hase & Igel 5.0	1:14:25	09:04(22)	0:38:39(15)	0:47:43(18)	26:42(15)	15:49	
20	569	die Drückis	1:15:22	09:33(23)	0:38:19(14)	0:47:52(19)	27:30(18)	16:46	
21	567	Uwe	1:18:44	08:43(21)	0:42:47(22)	0:51:30(21)	27:14(17)	20:08	
22	556	Team Fangt das Gnu e.V.	1:19:21	08:12(17)	0:43:18(23)	0:51:30(21)	27:51(20)	20:45	
23	553	SSV Torgau 1952	1:22:31	12:13(26)	0:42:32(21)	0:54:45(24)	27:46(19)	23:55	
24	560	Krohnbande	1:22:34	08:08(16)	0:45:03(24)	0:53:11(23)	29:23(24)	23:58	
25	545	Die Blindfische	1:22:51	04:55(1)	0:53:23(25)	0:58:18(25)	24:33(8)	24:15	
26	570	Nitro-Glietz-er-in	1:38:58	06:22(7)	1:01:33(27)	1:07:55(26)	31:03(26)	40:22	
27	546	Team Robin	1:46:54	14:08(27)	0:53:48(26)	1:07:56(27)	38:58(27)	48:18	