

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
1	3	Kacper Stepniak	PL	MPRO	1	03:37:41	00:24:44 (7)	00:01:50	1:51:46 (2)	00:01:37	1:17:44 (1)
2	2	Miki Taagholt	DK	MPRO	2	03:40:05	00:25:53 (11)	00:01:29	1:57:13 (4)	00:01:42	1:13:48 (2)
3	1	Robert Wilkowicki	PL	MPRO	3	03:40:07	00:24:26 (6)	00:01:51	1:58:17 (3)	00:01:46	1:13:47 (3)
4	8	Renning Elischer	DE	MPRO	4	03:41:28	00:26:13 (15)	00:01:43	1:56:41 (7)	00:01:43	1:15:08 (4)
5	1106	Jacek Krawczyk	PL	M25-29	1	03:41:31	00:26:00 (12)	00:01:58	1:57:12 (9)	00:01:55	1:14:26 (5)
6	14	J?rgen Gunderson	NO	MPRO	5	03:42:22	00:24:17 (5)	00:02:05	1:58:14 (6)	00:02:03	1:15:43 (6)
7	20	Marcel Bolbat	DE	MPRO	6	03:44:30	00:29:03 (34)	00:01:53	1:58:02 (12)	00:01:49	1:13:43 (7)
8	74	Sergiusz Sobczyk	PL	M30-34	1	03:46:19	00:28:14 (22)	00:01:45	1:58:48 (10)	00:02:09	1:15:23 (8)
9	22	Henrik Goesch	FI	MPRO	7	03:46:46	00:26:12 (13)	00:01:48	2:00:56 (11)	00:01:54	1:15:56 (9)
10	6	Piotr Lawicki	PL	MPRO	8	03:48:56	00:29:28 (41)	00:01:39	1:58:43 (14)	00:01:18	1:17:48 (10)
11	11	C?dric Ludet	FR	MPRO	9	03:52:10	00:29:18 (35)	00:01:46	1:58:46 (14)	00:01:49	1:20:31 (11)
12	15	Yegor Martynenko	UA	MPRO	10	03:53:37	00:26:27 (17)	00:01:45	2:03:54 (18)	00:02:12	1:19:19 (12)
13	925	Jan Poplawski	PL	M30-34	2	03:55:19	00:28:17 (23)	00:02:28	1:58:42 (13)	00:01:51	1:24:01 (13)
14	21	Austin Podhajsky	US	MPRO	11	03:55:46	00:27:52 (20)	00:01:43	2:07:14 (24)	00:01:46	1:17:11 (14)
15	1118	Patryk Gasior	PL	M25-29	2	03:56:08	00:00:00 (-)	00:00:00	2:01:53 (16)	00:02:20	1:22:43 (15)
16	82	Ilya Slepov	ZZ	M40-44	1	03:57:31	00:28:58 (31)	00:02:07	2:03:44 (19)	00:02:03	1:20:39 (16)
17	900	Luke Mathews	AE	M35-39	1	04:00:50	00:28:37 (26)	00:02:32	2:04:54 (22)	00:01:54	1:22:53 (17)
18	655	Santeri H?nninen	FI	M25-29	3	04:04:02	00:34:05 (127)	00:03:11	2:03:49 (38)	00:02:48	1:20:09 (18)
19	12	Adam Lennell	SE	MPRO	12	04:04:08	00:33:23 (109)	00:02:44	2:00:13 (23)	00:02:05	1:25:43 (19)
20	31	Lucy Buckingham	GB	FPRO	1	04:04:34	00:25:51 (10)	00:02:01	2:08:03 (21)	00:02:07	1:26:32 (20)
21	1042	Andrzej Michalski	PL	M35-39	2	04:04:56	00:32:18 (76)	00:02:39	2:07:09 (43)	00:01:57	1:20:53 (21)
22	1159	Przemyslaw Gaj	PL	M25-29	4	04:05:27	00:31:14 (59)	00:02:46	2:09:00 (46)	00:02:35	1:19:52 (22)
23	55	Graham Crammond	GB	M40-44	2	04:07:08	00:30:56 (55)	00:02:20	2:06:24 (28)	00:02:09	1:25:19 (23)
24	808	Matej Mach?cek	SK	M18-24	1	04:07:20	00:31:16 (60)	00:02:57	2:07:17 (41)	00:01:32	1:24:18 (24)
25	1262	Andreas Yiafas	CY	M40-44	3	04:08:22	00:35:03 (165)	00:02:22	2:04:47 (44)	00:02:17	1:23:53 (25)
26	745	Simon Wahlandt	SK	M30-34	3	04:08:24	00:30:38 (51)	00:03:20	2:10:24 (55)	00:01:58	1:22:04 (26)
27	1070	Dawid Jankowski	PL	M25-29	5	04:08:39	00:34:34 (143)	00:02:30	2:06:13 (47)	00:02:07	1:23:15 (27)
28	1126	Piotr Lesiecki	PL	M30-34	4	04:08:58	00:30:47 (53)	00:02:23	2:11:22 (57)	00:02:09	1:22:17 (28)
29	36	Lottie Lucas	AE	FPRO	2	04:09:10	00:29:23 (40)	00:02:07	2:07:56 (27)	00:02:22	1:27:22 (29)
30	1207	Marcin Chojnacki	PL	M45-49	1	04:09:54	00:33:48 (118)	00:02:26	2:04:49 (37)	00:01:56	1:26:55 (30)
30	5	Anton Blokhin	UA	MPRO	13	04:09:54	00:29:19 (37)	00:01:47	2:10:21 (40)	00:02:49	1:25:38 (30)
30	479	Povilas Pe?iukonis	LT	M25-29	6	04:09:54	00:32:27 (83)	00:03:01	2:09:47 (62)	00:01:38	1:23:01 (30)
33	77	Sujay Shalawadi	IN	M30-34	5	04:10:31	00:30:25 (48)	00:02:36	2:14:53 (80)	00:02:45	1:19:52 (33)
34	98	Mantas Jablonskis	LT	M25-29	7	04:10:37	00:32:52 (90)	00:02:51	2:10:27 (64)	00:02:10	1:22:17 (34)
35	879	Titas Pumputis	LT	M25-29	8	04:11:46	00:33:01 (98)	00:02:29	2:08:10 (49)	00:02:05	1:26:01 (35)
36	1196	Gediminas Pajeda	LT	M30-34	6	04:12:06	00:32:14 (74)	00:02:31	2:05:38 (31)	00:02:36	1:29:07 (36)
37	806	Maximilian M?ller	DE	M25-29	9	04:12:11	00:31:36 (65)	00:02:19	2:09:55 (50)	00:02:15	1:26:06 (37)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
38	37	Justine Guerard	FR	FPRO	3	04:12:45	00:29:20 (38)	00:02:08	2:11:57 (48)	00:01:58	1:27:22 (38)
39	92	Wojciech Szyp	PL	M30-34	7	04:13:26	00:39:45 (381)	00:02:47	2:03:39 (65)	00:02:37	1:24:38 (39)
40	34	Leonie Konzalla	DE	FPRO	4	04:13:51	00:35:01 (164)	00:02:21	2:06:58 (54)	00:02:05	1:27:26 (40)
41	588	Igor Zalewski	PL	M30-34	8	04:14:01	00:31:27 (62)	00:03:32	2:09:27 (56)	00:02:32	1:27:03 (41)
42	68	Ciaran Doheny	IE	M40-44	4	04:14:10	00:20:38 (3)	00:03:05	2:17:23 (39)	00:02:28	1:30:36 (42)
42	1259	Andrzej Swiderski	PL	M35-39	3	04:14:10	00:33:31 (111)	00:02:23	2:06:42 (45)	00:01:49	1:29:45 (42)
44	322	Giacomo Madrassi	IT	M30-34	9	04:14:13	00:27:13 (19)	00:03:15	2:10:18 (35)	00:02:33	1:30:54 (44)
45	198	Mateusz Zawadzki	PL	M25-29	10	04:14:20	00:34:11 (129)	00:02:48	2:08:13 (61)	00:01:51	1:27:17 (45)
46	1132	Dawid Kundzik	PL	M35-39	4	04:14:39	00:26:12 (13)	00:03:41	2:10:24 (30)	00:02:05	1:32:17 (46)
47	928	Michal Liberadzki	PL	M30-34	10	04:14:42	00:28:17 (23)	00:02:47	2:12:51 (51)	00:01:42	1:29:05 (47)
48	741	Oliver Lockyer	GB	M25-29	11	04:15:31	00:31:55 (67)	00:03:34	2:13:09 (84)	00:02:08	1:24:45 (48)
49	597	Kristo Prangel	EE	M25-29	12	04:15:49	00:30:17 (45)	00:02:13	2:05:00 (25)	00:02:36	1:35:43 (49)
50	1146	Michael Pozdenkov	CZ	M25-29	13	04:15:53	00:34:41 (150)	00:02:58	2:09:21 (72)	00:02:20	1:26:33 (50)
51	51	Josef Bonavia	MT	M40-44	5	04:16:51	00:33:35 (113)	00:02:36	2:10:55 (75)	00:02:32	1:27:13 (51)
52	178	Matus Mirossay	SK	M30-34	11	04:17:10	00:34:45 (152)	00:03:27	2:03:21 (42)	00:02:01	1:33:36 (52)
53	166	Rory Buck	ZA	M35-39	5	04:17:18	00:26:16 (16)	00:02:31	2:06:28 (20)	00:02:16	1:39:47 (53)
54	173	Urrutia Laurent	FR	M45-49	2	04:17:58	00:42:20 (542)	00:02:43	2:08:04 (129)	00:03:24	1:21:27 (54)
55	65	Philipp Strolz	AT	M45-49	3	04:18:06	00:32:28 (84)	00:02:28	2:05:43 (34)	00:02:49	1:34:38 (55)
56	85	Michael Andersen	DK	M50-54	1	04:18:10	00:39:24 (357)	00:02:42	2:04:56 (74)	00:02:57	1:28:11 (56)
57	133	Lee Thomas	GB	M35-39	6	04:18:55	00:28:47 (28)	00:03:49	2:12:02 (58)	00:02:04	1:32:13 (57)
58	531	Pawel Skuza	PL	M35-39	7	04:19:02	00:29:18 (35)	00:02:23	2:08:57 (33)	00:02:16	1:36:08 (58)
59	1254	Jan Jaron	PL	M35-39	8	04:19:23	00:36:58 (241)	00:02:31	2:11:02 (101)	00:02:06	1:26:46 (59)
60	256	Davide Sossella	IT	M40-44	6	04:19:35	00:32:09 (70)	00:02:36	2:17:19 (114)	00:02:20	1:25:11 (60)
61	1140	Mattia Boschetti	IT	M30-34	12	04:19:46	00:30:19 (46)	00:03:33	2:14:31 (82)	00:02:23	1:29:00 (61)
62	813	Tom?? Moln?r	SK	M25-29	14	04:19:50	00:31:00 (56)	00:02:52	2:14:47 (85)	00:01:47	1:29:24 (62)
63	56	Dario Bellini	IT	M25-29	15	04:20:03	00:31:35 (63)	00:04:07	2:04:50 (32)	00:02:34	1:36:57 (63)
64	94	Michal Kurach	PL	M35-39	9	04:20:22	00:33:53 (122)	00:03:28	2:02:04 (26)	00:02:02	1:38:55 (64)
65	981	Matthew Pointon	GB	M40-44	7	04:20:30	00:33:41 (115)	00:05:26	2:11:59 (108)	00:03:41	1:25:43 (65)
66	1128	Anton Lytvynenko	UA	M35-39	10	04:20:33	00:32:09 (70)	00:02:38	2:14:40 (92)	00:01:32	1:29:34 (66)
67	637	Artur Antoniuk	PL	M40-44	8	04:20:51	00:36:27 (221)	00:02:15	2:08:07 (70)	00:01:47	1:32:15 (67)
68	840	Maarten De Vries	NL	M18-24	2	04:20:58	00:37:28 (262)	00:02:38	2:04:08 (53)	00:02:08	1:34:36 (68)
69	292	Anatolijs Macuks	LV	M40-44	9	04:21:04	00:36:15 (210)	00:03:33	2:12:44 (122)	00:03:04	1:25:28 (69)
70	63	Chris Ellett	GB	M45-49	4	04:21:20	00:33:56 (123)	00:02:59	2:07:43 (58)	00:02:16	1:34:26 (70)
71	202	Piotr Szefer	PL	M45-49	5	04:21:21	00:36:26 (219)	00:02:15	2:08:30 (76)	00:02:03	1:32:07 (71)
72	1122	Bartlomiej Moder	PL	M30-34	13	04:21:37	00:34:33 (141)	00:02:25	2:12:00 (88)	00:02:02	1:30:37 (72)
73	880	Vilius Jaujininkas	LT	M30-34	14	04:22:05	00:35:47 (194)	00:04:02	2:12:42 (121)	00:03:09	1:26:25 (73)
74	60	Tomasz Rudnik	PL	M40-44	10	04:22:21	00:39:22 (356)	00:03:16	2:08:20 (107)	00:02:25	1:28:58 (74)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
75	302	Sergiy Yeroshov	UA	M40-44	11	04:22:49	00:37:07 (250)	00:03:16	2:12:22 (124)	00:02:03	1:28:01 (75)
76	875	Jakub Vitek	SK	M30-34	15	04:22:55	00:32:17 (75)	00:03:12	2:16:55 (120)	00:01:51	1:28:40 (76)
77	191	Marco Cason	IT	M50-54	2	04:23:59	00:34:18 (132)	00:02:53	2:14:26 (109)	00:03:01	1:29:21 (77)
78	64	Pawel Helak	PL	M45-49	6	04:24:24	00:36:48 (234)	00:03:36	2:10:04 (97)	00:02:14	1:31:42 (78)
79	54	Keith Murray	GB	M45-49	7	04:24:30	00:35:39 (192)	00:02:25	2:01:50 (29)	00:02:33	1:42:03 (79)
80	675	Marius Schmidt	DE	M18-24	3	04:24:35	00:35:07 (170)	00:02:36	2:08:48 (68)	00:00:00	00:00:00 (80)
81	1115	Ruslan Uja	PL	M40-44	12	04:24:50	00:32:59 (96)	00:03:08	2:20:34 (161)	00:02:13	1:25:56 (81)
82	551	Piotr Wojcieszko	PL	M40-44	13	04:25:18	00:35:25 (186)	00:02:52	2:13:28 (112)	00:01:55	1:31:38 (82)
83	192	Evaldas Pavalkis	LT	M25-29	16	04:25:31	00:40:29 (419)	00:03:46	2:07:34 (113)	00:02:55	1:30:47 (83)
84	33	Maria Czesnik	PL	FPRO	5	04:25:39	00:28:37 (26)	00:02:34	2:19:28 (103)	00:02:30	1:32:30 (84)
85	176	Patrick Harrison	GB	M25-29	17	04:25:48	00:31:35 (63)	00:02:51	2:23:09 (171)	00:02:48	1:25:25 (85)
86	283	Maksim Zaloga	ZZ	M35-39	11	04:25:59	00:35:07 (170)	00:03:12	2:11:51 (95)	00:02:00	1:33:49 (86)
87	465	Paweł Rybczak	PL	M35-39	12	04:26:00	00:34:22 (134)	00:02:42	2:16:36 (131)	00:02:34	1:29:46 (87)
88	59	Adam Lewinski	PL	M40-44	14	04:26:08	00:37:33 (266)	00:02:52	2:14:26 (147)	00:03:10	1:28:07 (88)
89	188	Artur Zawadzki	PL	M45-49	8	04:26:39	00:37:35 (270)	00:03:32	2:08:17 (91)	00:02:20	1:34:55 (89)
90	119	Mack Grenfell	GB	M25-29	18	04:26:45	00:32:58 (95)	00:03:35	2:09:03 (63)	00:02:49	1:38:20 (90)
91	71	Toby Smith	GB	M35-39	13	04:26:47	00:35:55 (200)	00:03:57	2:12:18 (117)	00:03:25	1:31:12 (91)
92	93	Eduards Ginters	LV	M35-39	14	04:26:58	00:33:17 (103)	00:03:27	2:10:46 (79)	00:02:15	1:37:13 (92)
93	181	Patrik Siegl	SK	M18-24	4	04:27:03	00:37:04 (247)	00:03:34	2:06:45 (78)	00:03:23	1:36:17 (93)
94	1142	Ewelina Wolos	PL	F35-39	1	04:27:35	00:37:00 (244)	00:02:47	2:10:27 (96)	00:02:40	1:34:41 (94)
95	72	Steve Williams	GB	M50-54	3	04:27:37	00:34:44 (151)	00:02:19	2:13:26 (98)	00:02:10	1:34:58 (95)
96	90	Alessandro Gattamorta	IT	M55-59	1	04:27:42	00:37:55 (288)	00:02:42	2:14:53 (153)	00:02:35	1:29:37 (96)
97	1226	Arkadiusz Podziewski	PL	M50-54	4	04:27:44	00:36:26 (219)	00:02:30	2:07:45 (69)	00:02:17	1:38:46 (97)
98	83	Marius Cimpean	RO	M45-49	9	04:27:51	00:32:10 (72)	00:03:24	2:10:38 (66)	00:02:40	1:38:59 (98)
99	35	Laura Mathews	US	FPRO	6	04:27:55	00:31:03 (57)	00:02:19	2:16:22 (93)	00:02:14	1:35:57 (99)
100	874	Norbert Wojciechowski	PL	M40-44	15	04:28:07	00:35:11 (176)	00:02:43	2:13:01 (105)	00:02:36	1:34:36 (100)
101	665	Aron Huc	PL	M35-39	15	04:28:40	00:41:56 (514)	00:03:38	2:14:40 (217)	00:03:25	1:25:01 (101)
102	137	Diego Zannoni	IT	M40-44	16	04:28:54	00:32:13 (73)	00:02:23	2:10:34 (60)	00:02:25	1:41:19 (102)
103	1117	Marcin Szczesny	PL	M30-34	16	04:29:35	00:35:29 (187)	00:02:54	2:14:35 (128)	00:02:21	1:34:16 (103)
104	722	Francesco Maria Galli	IT	M18-24	5	04:29:53	00:35:06 (169)	00:03:56	2:16:03 (151)	00:03:29	1:31:19 (104)
105	272	Marek Dobrzycki	PL	M40-44	17	04:30:10	00:34:33 (141)	00:02:48	2:09:40 (73)	00:02:34	1:40:35 (105)
106	309	Krzysztof Godlewski	PL	M40-44	18	04:30:39	00:34:34 (143)	00:03:44	2:08:31 (70)	00:02:29	1:41:21 (106)
107	1133	Tomas Kostan	SK	M30-34	17	04:31:23	00:33:41 (115)	00:02:17	2:18:05 (135)	00:02:24	1:34:56 (107)
108	986	Žilvinas Žapranauškas	LT	M35-39	16	04:31:24	00:35:58 (202)	00:03:26	2:12:45 (116)	00:02:11	1:37:04 (108)
109	1247	Krzysztof Fibner	PL	M30-34	18	04:31:42	00:41:43 (493)	00:02:27	2:14:30 (188)	00:02:37	1:30:25 (109)
110	117	Danek Aerden	BE	M50-54	5	04:31:45	00:34:29 (138)	00:03:24	2:13:51 (111)	00:02:51	1:37:10 (110)
111	894	Tom?? ?ebo	SK	M25-29	19	04:31:49	00:34:59 (162)	00:03:15	2:16:30 (145)	00:03:48	1:33:17 (111)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
112	152	Henri R??sak	EE	M50-54	6	04:31:56	00:32:24 (80)	00:03:02	2:22:43 (178)	00:02:00	1:31:47 (112)
113	155	David Connolly	IE	M40-44	19	04:32:01	00:39:37 (369)	00:03:59	2:17:20 (227)	00:02:54	1:28:11 (113)
114	977	Grigoris Dimakis	GR	M40-44	20	04:32:05	00:28:49 (30)	00:02:24	2:17:52 (90)	00:02:19	1:40:41 (114)
115	1124	Marcin Cekiera	PL	M45-49	10	04:32:06	00:33:51 (120)	00:03:06	2:15:13 (117)	00:02:12	1:37:44 (115)
116	53	Ricardo Almeida	PT	M45-49	11	04:32:13	00:34:53 (158)	00:03:21	2:21:13 (202)	00:03:34	1:29:12 (116)
117	139	Rafal Kaminski	PL	M35-39	17	04:32:21	00:35:09 (174)	00:02:13	2:18:31 (156)	00:02:04	1:34:24 (117)
118	151	Matthieu Bonnat	FR	M35-39	18	04:32:31	00:38:36 (321)	00:02:59	2:08:55 (99)	00:03:09	1:38:52 (118)
119	165	Dominik Mielecki	PL	M25-29	20	04:32:33	00:37:06 (249)	00:03:43	2:15:06 (157)	00:02:30	1:34:08 (119)
120	842	Sebbi Bezzina	MT	M35-39	19	04:32:42	00:38:50 (330)	00:03:33	2:17:31 (208)	00:02:20	1:30:28 (120)
121	872	Lukasz Wolejko-Wolejszo	DE	M35-39	20	04:32:44	00:38:17 (309)	00:03:21	2:17:46 (200)	00:02:23	1:30:57 (121)
122	231	Hendrik Mader	DE	M30-34	19	04:32:45	00:39:02 (339)	00:04:04	2:18:50 (249)	00:03:35	1:27:14 (122)
123	162	Hannes Kiius	EE	M40-44	21	04:32:52	00:33:48 (118)	00:03:06	2:11:48 (86)	00:02:03	1:42:07 (123)
124	303	Simas Rindeikis	LT	M40-44	22	04:33:32	00:35:11 (176)	00:05:40	2:13:13 (136)	00:03:05	1:36:23 (124)
125	695	Michal Vcelis	CZ	M35-39	21	04:33:34	00:35:19 (181)	00:05:14	2:20:40 (235)	00:02:32	1:29:49 (125)
126	142	Rafal Urbanski	PL	M40-44	23	04:33:48	00:36:48 (234)	00:02:54	2:11:14 (106)	00:08:20	1:34:32 (126)
127	1099	Sebastian Figarski	PL	M35-39	22	04:33:52	00:29:47 (43)	00:03:25	2:15:48 (89)	00:03:20	1:41:32 (127)
128	471	Mateusz Stachura	PL	M30-34	20	04:33:55	00:35:36 (190)	00:02:48	2:20:33 (193)	00:01:50	1:33:08 (128)
129	960	Krista Kuusij?rvi	FI	F30-34	1	04:34:04	00:39:54 (390)	00:03:47	2:18:13 (248)	00:02:18	1:29:52 (129)
130	316	Stefan Borg	MT	M45-49	12	04:34:09	00:33:35 (113)	00:03:12	2:16:59 (133)	00:07:50	1:32:33 (130)
131	892	Raffaele Calvo	IT	F35-39	2	04:34:11	00:00:00 (-)	00:00:00	2:22:44 (205)	00:02:19	1:32:05 (131)
132	120	Cezary Wilk	PL	M35-39	23	04:34:14	00:35:39 (192)	00:02:39	2:23:04 (240)	00:02:08	1:30:44 (132)
133	1272	Marek Drob	PL	M35-39	24	04:34:24	00:38:46 (327)	00:02:44	2:10:34 (114)	00:02:33	1:39:47 (133)
134	912	Miroslav H?jek	SK	M30-34	21	04:34:30	00:38:09 (303)	00:04:09	2:11:50 (138)	00:02:10	1:38:12 (134)
135	1236	Alexander Slaughter	GB	M25-29	21	04:35:04	00:48:29 (830)	00:03:49	2:11:53 (281)	00:02:49	1:28:04 (135)
136	293	Raul Roots	EE	M30-34	22	04:35:15	00:38:08 (301)	00:03:08	2:15:06 (160)	00:03:01	1:35:52 (136)
137	710	Matteo Boscaro	IT	M25-29	22	04:35:16	00:29:43 (42)	00:02:53	2:19:07 (110)	00:02:59	1:40:34 (137)
138	134	Oleksandr Veligonenko	UA	M40-44	24	04:35:20	00:38:30 (317)	00:03:40	2:14:37 (162)	00:03:11	1:35:22 (138)
139	481	Freek van der Valk	NL	M40-44	25	04:35:24	00:35:16 (180)	00:03:53	2:09:08 (81)	00:02:32	1:44:35 (139)
140	454	Michal Martyka	PL	M30-34	23	04:35:27	00:39:38 (370)	00:02:42	2:12:19 (142)	00:02:24	1:38:24 (140)
141	1059	Max Thomas	GB	M30-34	24	04:35:29	00:33:07 (101)	00:04:49	2:30:27 (357)	00:03:49	1:23:17 (141)
142	185	Shawnie Lovatt	GB	F25-29	1	04:35:31	00:31:56 (69)	00:04:03	2:22:30 (184)	00:02:30	1:34:32 (142)
143	124	Jacek Gorniak	PL	M35-39	25	04:35:39	00:39:45 (381)	00:03:40	2:15:01 (180)	00:03:34	1:33:39 (143)
144	839	Mat?? Kr?ek	SK	M40-44	26	04:35:40	00:32:20 (77)	00:04:04	2:23:10 (203)	00:03:14	1:32:52 (144)
145	1013	Abdulrahman Alkuwari	QA	M30-34	25	04:36:06	00:39:39 (372)	00:02:58	2:16:25 (194)	00:01:56	1:35:08 (145)
146	1057	Augustinas Bojarinas	LT	M25-29	23	04:36:09	00:34:34 (143)	00:02:53	2:17:07 (141)	00:02:45	1:38:50 (146)
147	752	Piotr Paduszynski	PL	M50-54	7	04:36:17	00:41:42 (491)	00:02:29	2:16:49 (229)	00:02:23	1:32:54 (147)
148	187	Diego Mora	CO	M50-54	8	04:36:35	00:41:09 (450)	00:04:37	2:15:49 (243)	00:02:55	1:32:05 (148)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
149	703	Kuba Olek	PL	M35-39	26	04:36:43	00:00:00 (-)	00:00:00	2:17:06 (149)	00:02:07	1:39:36 (149)
150	84	Richard Brooke	GB	M50-54	9	04:36:45	00:32:22 (78)	00:03:06	2:11:00 (67)	00:03:04	1:47:13 (150)
151	582	Konstantinos Dainas	GR	M30-34	26	04:36:55	00:34:50 (155)	00:03:40	2:17:03 (155)	00:03:28	1:37:54 (151)
152	1153	Darko Savic	RS	M45-49	13	04:37:03	00:32:46 (88)	00:04:49	2:24:42 (255)	00:03:53	1:30:53 (152)
153	244	Jacek Zielonka	PL	M40-44	27	04:37:14	00:32:25 (81)	00:02:22	2:15:44 (101)	00:01:58	1:44:45 (153)
154	1263	Vitaliy Luniv	UA	M30-34	27	04:37:18	00:37:26 (259)	00:03:17	2:26:57 (343)	00:01:40	1:27:58 (154)
155	799	Martins Marnauza	LV	M40-44	28	04:37:26	00:32:55 (93)	00:03:18	2:14:29 (104)	00:03:09	1:43:35 (155)
156	1105	Roberto Briffa	MT	M25-29	24	04:37:28	00:32:25 (81)	00:03:38	2:12:53 (87)	00:01:57	1:46:35 (156)
157	116	Maciej Malenda	PL	M35-39	27	04:37:37	00:38:15 (307)	00:02:59	2:13:25 (142)	00:01:56	1:41:02 (157)
158	75	Ben Wade	AE	M50-54	10	04:37:38	00:36:21 (216)	00:03:55	2:15:16 (154)	00:02:40	1:39:26 (158)
159	823	Marcu Andria Le Mao	FR	M35-39	28	04:37:48	00:36:21 (216)	00:03:25	2:18:05 (174)	00:07:31	1:32:26 (159)
160	73	Dariusz Epelbaum	PL	M45-49	14	04:37:55	00:39:13 (350)	00:02:44	2:12:48 (146)	00:03:00	1:40:10 (160)
160	294	Grigori Gvozdovski	EE	M35-39	29	04:37:55	00:36:19 (212)	00:04:36	2:13:45 (144)	00:03:05	1:40:10 (160)
162	1217	Maciej Turski	PL	M30-34	28	04:38:08	00:37:58 (291)	00:05:00	2:21:07 (278)	00:03:48	1:30:15 (162)
163	96	Tomasz Socha	PL	M55-59	2	04:38:11	00:39:42 (378)	00:03:41	2:14:38 (175)	00:02:30	1:37:40 (163)
163	216	Tomasz Miekus	PL	M45-49	15	04:38:11	00:37:45 (278)	00:02:31	2:16:40 (164)	00:02:51	1:38:24 (163)
165	964	Pawel Jerzy Pankiewicz	PL	M35-39	30	04:38:15	00:35:53 (199)	00:02:55	2:11:42 (99)	00:03:39	1:44:06 (165)
166	62	Mateusz Ciura	PL	M40-44	29	04:38:33	00:35:05 (167)	00:03:35	2:17:21 (158)	00:03:08	1:39:24 (166)
167	477	Lukasz Mayer	PL	M40-44	30	04:38:39	00:38:29 (314)	00:03:45	2:15:15 (168)	00:03:04	1:38:06 (167)
168	1187	Milo? Mital	SK	M30-34	29	04:39:00	00:38:07 (299)	00:03:26	2:16:29 (176)	00:02:38	1:38:20 (168)
169	79	Janusz Szmidt	PL	M50-54	11	04:39:09	00:39:24 (357)	00:03:45	2:17:37 (223)	00:03:05	1:35:18 (169)
170	135	Anette Zukker	EE	F25-29	2	04:39:15	00:34:30 (139)	00:02:42	2:22:52 (211)	00:02:23	1:36:48 (170)
171	1139	Andrea Biagini	IT	M25-29	25	04:39:28	00:39:21 (355)	00:03:26	2:29:51 (414)	00:03:20	1:23:30 (171)
172	617	Alexey Vikentiev	ZZ	M45-49	16	04:39:30	00:35:58 (202)	00:04:20	2:25:32 (311)	00:01:48	1:31:52 (172)
173	97	Mijail Espinosa	MX	M30-34	30	04:39:37	00:38:53 (333)	00:04:18	2:18:04 (236)	00:02:48	1:35:34 (173)
174	963	Wojciech Pekrul	PL	M30-34	31	04:39:42	00:33:04 (100)	00:03:10	2:13:48 (94)	00:02:20	1:47:20 (174)
175	197	Marek Dembinski	PL	M45-49	17	04:39:52	00:34:13 (130)	00:03:32	2:20:41 (180)	00:03:00	1:38:26 (175)
176	88	Bartosz Dmowski	PL	M50-54	12	04:40:00	00:42:08 (528)	00:02:55	2:13:53 (192)	00:03:11	1:37:53 (176)
177	562	Jan Konopka	PL	M25-29	26	04:40:03	00:36:21 (216)	00:03:14	2:13:01 (123)	00:02:48	1:44:39 (177)
178	702	Nabil Bouzoubaa	MA	M40-44	31	04:40:16	00:36:59 (243)	00:02:55	2:20:55 (224)	00:02:28	1:36:59 (178)
179	1222	Piotr Szrajner	PL	M45-49	18	04:40:19	00:36:16 (211)	00:03:28	2:25:06 (295)	00:02:05	1:33:24 (179)
180	995	Dawid Kruszyna	PL	M35-39	31	04:40:33	00:33:19 (107)	00:03:44	2:15:53 (127)	00:02:58	1:44:39 (180)
181	735	Marco Grebe	DE	M40-44	32	04:41:06	00:42:48 (570)	00:03:37	2:19:01 (304)	00:02:50	1:32:50 (181)
182	890	Luk?? Felis	SK	M35-39	32	04:41:07	00:34:40 (147)	00:05:02	2:19:30 (196)	00:03:13	1:38:42 (182)
183	66	Sandra Cummerow	DE	F40-44	1	04:41:24	00:28:59 (32)	00:02:44	2:22:06 (134)	00:02:18	1:45:17 (183)
184	404	Eric Lehmann	DE	M30-34	32	04:41:32	00:35:04 (166)	00:04:39	2:23:42 (271)	00:03:17	1:34:50 (184)
185	246	Giorgos Papastilianou	CY	M45-49	19	04:41:38	00:38:52 (331)	00:03:30	2:17:44 (212)	00:02:54	1:38:38 (185)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
186	307	Uladzimir Liavonchyk	ZZ	M35-39	33	04:41:43	00:40:20 (411)	00:03:45	2:14:22 (183)	00:02:44	1:40:32 (186)
187	1261	Piotr Kazmierczak	PL	M45-49	20	04:41:47	00:38:29 (314)	00:02:31	2:11:19 (119)	00:02:36	1:46:52 (187)
188	153	Karol Glowacki	PL	M35-39	34	04:41:48	00:38:07 (299)	00:03:47	2:17:12 (195)	00:03:38	1:39:04 (188)
189	1136	Igor Szlaski	PL	M30-34	33	04:41:53	00:37:57 (289)	00:03:34	2:15:35 (167)	00:02:06	1:42:41 (189)
190	329	Alexandros Koysirimpas	GR	M35-39	35	04:42:14	00:36:54 (239)	00:03:06	2:14:07 (137)	00:04:11	1:43:56 (190)
191	687	Marcin Prusaczyk	PL	M50-54	13	04:42:15	00:40:39 (427)	00:03:30	2:15:57 (212)	00:03:03	1:39:06 (191)
192	180	Irakli Ghudushauri	GE	M40-44	33	04:42:16	00:36:52 (238)	00:04:05	2:18:15 (196)	00:03:49	1:39:15 (192)
193	658	Aliaksandr Tylindus	RO	M35-39	36	04:42:25	00:36:19 (212)	00:03:10	2:13:20 (125)	00:02:20	1:47:16 (193)
193	993	Luke Pegna	GB	M35-39	36	04:42:25	00:27:12 (18)	00:03:10	2:34:04 (286)	00:03:42	1:34:17 (193)
195	1206	Tomasz Kmuk	PL	M35-39	38	04:42:42	00:45:40 (727)	00:02:57	2:15:28 (278)	00:02:26	1:36:11 (195)
196	643	Piotr Iwanowski	PL	M40-44	34	04:42:50	00:34:51 (156)	00:03:12	2:20:42 (190)	00:02:52	1:41:13 (196)
197	877	Žilvinas Grigaitis	LT	M30-34	34	04:42:52	00:32:23 (79)	00:02:42	2:25:21 (219)	00:02:58	1:39:28 (197)
198	908	Vasile Gosa	RO	M45-49	21	04:42:59	00:34:06 (128)	00:03:25	2:15:19 (126)	00:02:41	1:47:28 (198)
199	1125	Rupert Barthorp	GB	M50-54	14	04:43:02	00:39:34 (368)	00:04:17	2:17:43 (242)	00:02:23	1:39:05 (199)
200	123	Maciej Pilch	PL	M30-34	35	04:43:06	00:37:31 (264)	00:02:51	2:13:50 (139)	00:02:57	1:45:57 (200)
201	332	Gareth Beck	GB	M55-59	3	04:43:07	00:37:34 (267)	00:03:48	2:19:56 (238)	00:02:31	1:39:18 (201)
202	432	Lukas Scherl	DE	M25-29	27	04:43:19	00:33:19 (107)	00:02:50	2:07:55 (52)	00:03:29	1:55:46 (202)
203	297	Neil Falzon	MT	M40-44	35	04:43:29	00:34:27 (137)	00:03:59	2:20:29 (191)	00:07:22	1:37:12 (203)
204	253	Pawel Grabarski	PL	M40-44	36	04:43:48	00:39:56 (394)	00:03:44	2:21:53 (306)	00:02:43	1:35:32 (204)
205	679	Ernesto Veira	CU	M35-39	39	04:43:56	00:37:45 (278)	00:02:54	2:24:39 (302)	00:03:16	1:35:22 (205)
205	601	Magdalena Mickiewicz	PL	F30-34	2	04:43:56	00:36:39 (226)	00:02:45	2:19:16 (188)	00:02:01	1:43:15 (205)
207	230	Kamil Folkert	PL	M35-39	40	04:44:02	00:35:56 (201)	00:03:48	2:13:52 (130)	00:03:51	1:46:35 (207)
208	258	Piotr Lachowicz	PL	M45-49	22	04:44:08	00:41:06 (449)	00:03:59	2:16:13 (238)	00:03:07	1:39:43 (208)
209	1097	Matt Redford	GB	M45-49	23	04:44:09	00:39:49 (384)	00:03:06	2:21:53 (294)	00:02:41	1:36:40 (209)
210	990	Jordan Manning	US	M35-39	41	04:44:34	00:37:38 (274)	00:04:34	2:17:48 (209)	00:02:55	1:41:39 (210)
211	161	Piotr Wasilewski	PL	M45-49	24	04:44:35	00:34:40 (147)	00:02:46	2:19:23 (163)	00:03:08	1:44:38 (211)
212	707	Paolo Tamburriello	IT	M55-59	4	04:44:46	00:31:55 (67)	00:03:37	2:29:18 (295)	00:02:07	1:37:49 (212)
213	801	Steven Thewissen	BE	M35-39	42	04:44:56	00:00:00 (-)	00:00:00	2:50:41 (264)	00:02:55	1:39:20 (213)
214	878	Eimantas Skalandia	LT	M30-34	36	04:44:59	00:32:53 (91)	00:03:53	2:23:21 (214)	00:03:01	1:41:51 (214)
215	439	Maciej Pietrzykowski	PL	M35-39	43	04:45:04	00:35:07 (170)	00:03:05	2:20:21 (186)	00:02:38	1:43:53 (215)
216	147	Christopher Bugeja	MT	M30-34	37	04:45:11	00:35:05 (167)	00:03:24	2:19:05 (170)	00:03:24	1:44:13 (216)
217	1096	Siarhei Patupchyk	PL	M40-44	37	04:45:14	00:35:48 (195)	00:03:35	2:23:54 (270)	00:02:38	1:39:19 (217)
218	810	Matthias Berx	BE	M25-29	28	04:45:19	00:35:22 (185)	00:04:20	2:25:04 (293)	00:03:00	1:37:33 (218)
219	67	Neil Mcloughlin	GB	M55-59	5	04:45:25	00:44:32 (664)	00:04:19	2:16:15 (300)	00:03:26	1:36:53 (219)
220	958	Radu Gabor	RO	M35-39	44	04:45:26	00:39:29 (362)	00:05:31	2:17:07 (253)	00:03:02	1:40:17 (220)
221	461	Evaldas Gaizauskas	LT	M30-34	38	04:45:49	00:40:06 (400)	00:03:07	2:24:10 (337)	00:02:23	1:36:03 (221)
221	1255	Pawel Cieslak	PL	M35-39	45	04:45:49	00:42:21 (543)	00:02:56	2:15:33 (225)	00:03:03	1:41:56 (221)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
223	157	Slawek Pradzynski	PL	M40-44	38	04:45:57	00:41:22 (466)	00:04:16	2:15:05 (222)	00:02:49	1:42:25 (223)
224	841	Aion Van Der Lecq	NL	M18-24	6	04:46:06	00:40:44 (431)	00:04:09	2:17:13 (252)	00:02:42	1:41:18 (224)
225	895	Siminiceanu Daniel	RO	M30-34	39	04:46:31	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (225)
226	1108	Sergiy Chernyshov	UA	M40-44	39	04:46:32	00:35:11 (176)	00:04:02	2:20:04 (198)	00:02:46	1:44:29 (226)
227	248	Christopher Buhagiar	MT	M35-39	46	04:47:07	00:38:08 (301)	00:03:27	2:22:55 (290)	00:02:59	1:39:38 (227)
228	190	Stefan Fuchsluger	AT	M50-54	15	04:47:10	00:37:05 (248)	00:03:45	2:20:37 (241)	00:02:46	1:42:57 (228)
229	141	Mark Lee	GB	M40-44	40	04:47:13	00:41:46 (501)	00:03:36	2:13:04 (180)	00:02:28	1:46:19 (229)
230	475	Eimantas Gadrus	LT	M30-34	40	04:47:20	00:40:08 (402)	00:03:58	2:22:45 (326)	00:02:38	1:37:51 (230)
230	121	Bartosz Piasecki	PL	M30-34	40	04:47:20	00:38:48 (328)	00:04:13	2:16:20 (199)	00:02:17	1:45:42 (230)
232	69	Mario Ruta	IT	M45-49	25	04:47:40	00:33:59 (125)	00:04:38	2:18:24 (166)	00:03:37	1:47:02 (232)
233	1064	Krzysztof Gorynski	PL	M40-44	41	04:47:50	00:38:02 (292)	00:03:21	2:25:41 (329)	00:02:56	1:37:50 (233)
234	992	Kara Moddemann	CA	F40-44	2	04:47:57	00:31:07 (58)	00:03:16	2:26:40 (230)	00:02:43	1:44:11 (234)
235	827	Jakub Jachimski	PL	M40-44	42	04:48:01	00:35:09 (174)	00:02:23	2:18:35 (159)	00:02:29	1:49:25 (235)
236	140	Federico Campana	IT	M45-49	26	04:48:03	00:39:03 (341)	00:03:03	2:20:57 (268)	00:02:54	1:42:06 (236)
237	170	Kamil Aleksander Styła	PL	M35-39	47	04:48:07	00:43:16 (600)	00:03:24	2:12:46 (201)	00:03:19	1:45:22 (237)
237	1251	Oleksandr Liatsevych	UA	M35-39	47	04:48:07	00:36:37 (225)	00:03:48	2:21:38 (250)	00:04:02	1:42:02 (237)
239	158	Andreas Karner	AT	M50-54	16	04:48:09	00:39:19 (353)	00:04:04	2:18:56 (256)	00:02:31	1:43:19 (239)
239	846	Wim Drozak	DE	M30-34	42	04:48:09	00:34:58 (161)	00:03:51	2:25:27 (283)	00:02:36	1:41:17 (239)
239	1185	Ben Ohayon	IL	M30-34	42	04:48:09	00:42:04 (525)	00:05:29	2:20:30 (353)	00:04:05	1:36:01 (239)
242	906	Shane Kiely	IE	M45-49	27	04:48:21	00:40:09 (405)	00:03:01	2:10:34 (132)	00:08:13	1:46:24 (242)
243	414	Vladim?r Podkamensk?	SK	M25-29	29	04:48:23	00:42:53 (576)	00:03:49	2:15:39 (258)	00:02:39	1:43:23 (243)
244	264	Adrian Firek	PL	M35-39	49	04:48:27	00:37:49 (285)	00:03:36	2:22:15 (272)	00:02:53	1:41:54 (244)
245	229	Sebastian Kostrubala	PL	M40-44	43	04:48:30	00:44:46 (677)	00:03:14	2:11:52 (206)	00:07:20	1:41:18 (245)
246	630	Jakub Lemberka	CZ	M30-34	44	04:48:35	00:28:21 (25)	00:02:53	2:26:36 (173)	00:03:46	1:46:59 (246)
247	417	Simo Ronkainen	FI	M40-44	44	04:48:40	00:41:36 (480)	00:03:40	2:15:38 (226)	00:02:24	1:45:22 (247)
247	927	Petros Solomou	GB	M35-39	50	04:48:40	00:40:19 (410)	00:03:56	2:18:25 (263)	00:03:00	1:43:00 (247)
249	1240	Marcin Mlynarczuk	PL	M40-44	45	04:48:46	00:45:05 (696)	00:04:55	2:17:11 (334)	00:02:22	1:39:13 (249)
250	103	Pavels Mazurs	LV	M50-54	17	04:48:59	00:40:01 (397)	00:04:31	2:18:22 (266)	00:03:27	1:42:38 (250)
251	860	Kjartan Elias	NO	M30-34	45	04:49:01	00:43:10 (593)	00:05:22	2:23:50 (407)	00:03:14	1:33:25 (251)
252	600	Konrad Will	PL	M35-39	51	04:49:02	00:40:08 (402)	00:03:09	2:17:41 (228)	00:02:15	1:45:49 (252)
253	80	Soeren Wallmen	DE	M45-49	28	04:49:26	00:33:17 (103)	00:03:02	2:18:06 (140)	00:02:42	1:52:19 (253)
254	814	Juris Gudevics-Liepins	LV	M35-39	52	04:49:40	00:44:59 (691)	00:04:17	2:22:58 (403)	00:03:40	1:33:46 (254)
255	201	Pawel Starzynski	PL	M60-64	1	04:49:52	00:32:54 (92)	00:04:23	2:20:28 (172)	00:03:07	1:49:00 (255)
256	260	Hubert Krysiak	PL	M35-39	53	04:50:05	00:41:02 (443)	00:03:16	2:16:02 (218)	00:02:20	1:47:25 (256)
257	671	Philippe Verswijvel	BE	M25-29	30	04:50:20	00:41:52 (508)	00:05:51	2:22:40 (380)	00:02:54	1:37:03 (257)
258	1195	Martin Prochazka	CZ	M55-59	6	04:50:21	00:44:17 (650)	00:04:09	2:16:44 (301)	00:03:19	1:41:52 (258)
259	868	Edgaras Banelis	LT	M35-39	54	04:50:26	00:33:31 (111)	00:04:25	2:23:39 (243)	00:02:51	1:46:00 (259)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
260	282	Deniss Cimbals	LV	M45-49	29	04:50:30	00:37:34 (267)	00:03:43	2:21:09 (259)	00:03:24	1:44:40 (260)
261	1233	Joanna Pomorska	PL	F40-44	3	04:50:33	00:37:24 (257)	00:03:14	2:30:00 (383)	00:02:32	1:37:23 (261)
262	1252	Pawel Kosla	PL	M40-44	46	04:50:40	00:45:55 (739)	00:02:25	2:24:48 (418)	00:02:08	1:35:24 (262)
263	887	Pavels Abelite	LV	M35-39	55	04:50:44	00:41:24 (470)	00:05:06	2:22:57 (365)	00:03:18	1:37:59 (263)
264	566	Mateusz Karolak	PL	M18-24	7	04:50:53	00:36:39 (226)	00:03:46	2:21:27 (247)	00:03:17	1:45:44 (264)
265	1189	Brenda Espinosa Mendoza	MX	F35-39	3	04:50:55	00:42:59 (585)	00:04:37	2:31:28 (513)	00:03:55	1:27:56 (265)
266	203	Konstantinos Zacharakis	GR	M40-44	47	04:50:57	00:39:09 (345)	00:03:42	2:24:53 (344)	00:02:31	1:40:42 (266)
267	295	Wojciech Polak	PL	M50-54	18	04:51:13	00:38:34 (320)	00:03:31	2:16:24 (184)	00:03:11	1:49:33 (267)
268	296	Daniel Dyck	DE	M45-49	30	04:51:44	00:43:23 (605)	00:03:59	2:16:38 (277)	00:04:07	1:43:37 (268)
269	259	Jan Ginovsky	SK	M25-29	31	04:51:53	00:30:20 (47)	00:03:56	2:22:43 (165)	00:02:31	1:52:23 (269)
270	1051	Frank Storli	NO	M40-44	48	04:51:56	00:43:50 (629)	00:04:46	2:17:45 (320)	00:03:19	1:42:16 (270)
271	132	Henrik Bonnerup	DK	M55-59	7	04:52:06	00:37:00 (244)	00:05:21	2:18:45 (231)	00:04:17	1:46:43 (271)
272	125	Krzysztof Dominik Liman	PL	M40-44	49	04:52:08	00:37:13 (252)	00:03:21	2:29:07 (370)	00:03:59	1:38:28 (272)
273	70	Valentina Sestan	IT	F45-49	1	04:52:17	00:40:45 (432)	00:03:51	2:27:50 (408)	00:02:34	1:37:17 (273)
274	670	Daniel Szybilski	PL	M35-39	56	04:52:18	00:39:38 (370)	00:03:56	2:26:14 (372)	00:03:01	1:39:29 (274)
275	237	Krystian Biernacki	PL	M45-49	31	04:52:20	00:36:33 (222)	00:03:06	2:15:19 (148)	00:02:54	1:54:28 (275)
276	194	Tom Atle Bordevik	NO	M50-54	19	04:52:23	00:41:41 (488)	00:02:57	2:21:29 (314)	00:02:39	1:43:37 (276)
277	144	Michal Nowak	PL	M40-44	50	04:52:26	00:38:22 (311)	00:04:28	2:15:48 (187)	00:02:56	1:50:52 (277)
278	1300	Danny Thomas	AE	M30-34	46	04:52:37	00:40:22 (415)	00:03:27	2:18:44 (261)	00:02:54	1:47:10 (278)
279	866	Joosep Lippus	EE	M45-49	32	04:52:39	00:42:04 (525)	00:05:23	2:19:51 (336)	00:04:00	1:41:21 (279)
280	104	Samir Moussadyk	MA	M40-44	51	04:52:40	00:33:47 (117)	00:03:32	2:20:44 (177)	00:07:36	1:47:01 (280)
281	961	Christopher Fenech	MT	M35-39	57	04:52:46	00:34:49 (153)	00:04:10	2:22:08 (233)	00:02:46	1:48:53 (281)
282	108	Luis R Pascual	ES	M30-34	47	04:52:54	00:38:27 (312)	00:03:15	2:25:53 (341)	00:02:31	1:42:48 (282)
283	127	Bela Kakuk	HU	M45-49	33	04:53:13	00:34:52 (157)	00:04:05	2:26:54 (312)	00:03:46	1:43:36 (283)
284	731	Graham Tye	GB	M60-64	2	04:53:15	00:37:39 (275)	00:03:30	2:20:08 (237)	00:03:16	1:48:42 (284)
285	638	Audrius Virbickas	LT	M50-54	20	04:53:37	00:42:28 (549)	00:04:18	2:29:09 (461)	00:02:30	1:35:12 (285)
286	580	Karol Pudlo	PL	M25-29	32	04:53:49	00:43:45 (624)	00:05:09	2:16:44 (309)	00:03:10	1:45:01 (286)
287	747	Zdenko Bucek	SK	M25-29	33	04:53:50	00:35:19 (181)	00:03:47	2:23:05 (254)	00:03:19	1:48:20 (287)
288	1098	James Esau	GB	M40-44	52	04:53:55	00:39:17 (352)	00:04:30	2:20:42 (289)	00:02:53	1:46:33 (288)
289	1266	Ettore Maria De Nardis	IT	M35-39	58	04:53:59	00:43:56 (632)	00:06:14	2:17:16 (339)	00:03:47	1:42:46 (289)
290	313	Micha? Ma?yska	PL	M30-34	48	04:54:00	00:43:47 (626)	00:03:00	2:26:55 (428)	00:01:48	1:38:30 (290)
291	712	Dariusz Wieckowski	PL	M40-44	53	04:54:09	00:32:38 (87)	00:04:02	2:24:28 (234)	00:02:49	1:50:12 (291)
292	631	Mary O'Donnell	IE	F18-24	1	04:54:12	00:30:49 (54)	00:03:40	2:32:36 (331)	00:03:33	1:43:34 (292)
293	865	Andrea Guidetti	IT	M35-39	59	04:54:17	00:33:30 (110)	00:03:34	2:23:06 (215)	00:02:57	1:51:10 (293)
294	1040	Neville Micallef	MT	M45-49	34	04:54:21	00:38:04 (295)	00:03:12	2:18:55 (216)	00:08:18	1:45:52 (294)
295	154	Damian W?jtowicz	PL	M25-29	34	04:54:22	00:39:12 (348)	00:03:56	2:22:59 (314)	00:03:06	1:45:09 (295)
296	267	Rafal Kampa	PL	M30-34	49	04:54:30	00:37:49 (285)	00:04:08	2:27:26 (363)	00:04:09	1:40:58 (296)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
297	263	Ren?e Vanderheyden	BE	F18-24	2	04:54:35	00:28:59 (32)	00:03:47	2:26:52 (204)	00:02:35	1:52:22 (297)
298	1267	Emanuele Onesti	IT	M25-29	35	04:54:39	00:48:59 (852)	00:07:33	2:10:06 (324)	00:04:04	1:43:57 (298)
299	1043	Koml?ssy Patrik	HU	M30-34	50	04:54:41	00:43:18 (601)	00:04:14	2:26:00 (425)	00:04:11	1:36:58 (299)
300	291	Jacek Owczarek	PL	M50-54	21	04:54:45	00:41:26 (472)	00:03:19	2:20:15 (298)	00:03:07	1:46:38 (300)
301	718	Michaela Sasvariova	SK	F30-34	3	04:54:51	00:37:36 (272)	00:04:00	2:30:39 (404)	00:02:34	1:40:02 (301)
302	1249	Ivano Canavesi	IT	M50-54	22	04:54:52	00:39:29 (362)	00:03:00	2:23:46 (318)	00:03:48	1:44:49 (302)
303	115	Petr Cenek	CZ	M40-44	54	04:54:53	00:38:33 (319)	00:04:03	2:19:02 (245)	00:02:43	1:50:32 (303)
304	149	Bartosz Nowicki	PL	M35-39	60	04:54:57	00:39:39 (372)	00:02:54	2:14:56 (168)	00:02:38	1:54:50 (304)
305	455	nick davies	GB	M25-29	36	04:55:06	00:36:40 (228)	00:04:25	2:25:40 (325)	00:02:54	1:45:27 (305)
306	257	Michael Zielinski	GB	M30-34	51	04:55:19	00:34:20 (133)	00:04:10	2:19:49 (179)	00:02:45	1:54:15 (306)
307	893	Christoffer S?bstad	NO	M35-39	61	04:55:25	00:43:21 (604)	00:04:47	2:32:48 (549)	00:04:11	1:30:18 (307)
308	757	Dan Blackburn	GB	M40-44	55	04:55:37	00:41:43 (493)	00:03:12	2:22:30 (338)	00:03:13	1:44:59 (308)
309	1235	Damian Dabrowski	PL	M40-44	56	04:55:46	00:41:32 (478)	00:02:25	2:24:21 (356)	00:02:16	1:45:12 (309)
310	1048	Dario Scalia	IT	M30-34	52	04:55:57	00:27:53 (21)	00:03:47	2:30:02 (246)	00:02:10	1:52:05 (310)
311	1135	Argo Kerner	EE	M50-54	23	04:56:03	00:46:45 (769)	00:03:24	2:22:06 (404)	00:03:16	1:40:32 (311)
312	779	Jurijs Bordulans	LV	M35-39	62	04:56:06	00:39:13 (350)	00:03:44	2:19:49 (265)	00:03:08	1:50:12 (312)
313	1100	Neville Vassallo	MT	M40-44	57	04:56:11	00:42:56 (581)	00:05:07	2:17:34 (308)	00:03:14	1:47:20 (313)
314	780	Erasmus Zito	IT	M45-49	35	04:56:26	00:36:35 (223)	00:04:01	2:22:37 (269)	00:03:01	1:50:12 (314)
315	844	Calin Dinulet	RO	M35-39	63	04:56:39	00:31:53 (66)	00:03:33	2:24:37 (210)	00:03:10	1:53:26 (315)
316	189	Alessia Ligugnana Cason	IT	F45-49	2	04:56:51	00:34:02 (126)	00:03:19	2:30:39 (351)	00:03:13	1:45:38 (316)
317	1204	Aleksander Klos	PL	M25-29	37	04:57:00	00:36:58 (241)	00:02:42	2:24:31 (281)	00:02:00	1:50:49 (317)
317	520	Kamil Boniewski	PL	M35-39	64	04:57:00	00:48:40 (841)	00:02:14	2:18:21 (360)	00:02:44	1:45:01 (317)
319	52	Stefan Baumann	CH	M35-39	65	04:57:04	00:36:50 (236)	00:02:59	2:25:11 (298)	00:03:24	1:48:40 (319)
320	301	Ali Imam	EG	M30-34	53	04:57:17	00:36:06 (207)	00:02:57	2:25:07 (280)	00:03:06	1:50:01 (320)
321	516	Tomasz Lubaczewski	PL	M25-29	38	04:57:23	00:39:48 (383)	00:03:41	2:20:58 (287)	00:03:04	1:49:52 (321)
321	1208	Marcin Rabicki	PL	M40-44	58	04:57:23	00:41:20 (460)	00:04:25	2:26:30 (404)	00:03:02	1:42:06 (321)
323	457	Giedrius Eitavicius	LT	M35-39	66	04:57:31	00:39:33 (367)	00:04:50	2:29:14 (426)	00:03:35	1:40:19 (323)
324	686	Daniel Stachurski	PL	M45-49	36	04:57:32	00:43:27 (608)	00:03:20	2:24:58 (396)	00:02:43	1:43:04 (324)
325	789	Kallie Hughes	GB	M25-29	39	04:57:36	00:39:54 (390)	00:05:17	2:21:18 (322)	00:04:09	1:46:58 (325)
326	967	Daniel Biezynski	PL	M25-29	40	04:57:39	00:41:22 (466)	00:04:23	2:23:44 (366)	00:02:56	1:45:14 (326)
326	664	Miroslav Richter	CZ	M45-49	37	04:57:39	00:33:18 (105)	00:03:13	2:26:04 (262)	00:03:34	1:51:30 (326)
328	163	Piotr Starzynski	PL	M40-44	59	04:57:55	00:49:11 (855)	00:02:42	2:26:29 (502)	00:03:22	1:36:11 (328)
329	1156	Dmytro Goriachev	UA	M35-39	67	04:58:13	00:42:58 (584)	00:04:44	2:27:59 (454)	00:07:37	1:34:55 (329)
330	867	Alvaro Rodriguez-Quiroga	ES	M35-39	68	04:58:30	00:42:40 (560)	00:04:40	2:28:34 (460)	00:02:48	1:39:48 (330)
331	196	Dariusz Lapawa	PL	M40-44	60	04:58:42	00:37:29 (263)	00:04:14	2:28:01 (371)	00:03:40	1:45:18 (331)
332	659	Brian Buelens	BE	M25-29	41	04:58:44	00:41:20 (460)	00:03:52	2:21:06 (319)	00:02:42	1:49:44 (332)
333	429	Michael Keogh	IE	M45-49	38	04:58:51	00:42:46 (567)	00:04:19	2:28:09 (451)	00:03:27	1:40:10 (333)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
334	1028	Pablo P?rez-Bedmar	ES	M35-39	69	04:58:54	00:38:05 (296)	00:04:07	2:29:25 (394)	00:07:44	1:39:33 (334)
335	881	Andrius Dapkevicius	LT	M40-44	61	04:59:01	00:42:01 (522)	00:06:15	2:24:31 (415)	00:03:44	1:42:30 (335)
336	978	Nigel Camilleri	MT	M40-44	62	04:59:04	00:42:00 (519)	00:04:22	2:26:52 (421)	00:04:05	1:41:45 (336)
337	305	Hussein Mowafi	JO	M35-39	70	04:59:05	00:37:09 (251)	00:04:09	2:26:55 (355)	00:03:00	1:47:52 (337)
338	1095	Aliaksandr Mizhalkouski	PL	M40-44	63	04:59:07	00:44:44 (675)	00:03:50	2:26:09 (438)	00:02:19	1:42:05 (338)
339	310	Peter Jan Vogelgesang	DE	M45-49	39	04:59:10	00:40:57 (441)	00:03:22	2:22:36 (327)	00:02:53	1:49:22 (339)
340	373	Bartek Pijet	PL	M45-49	40	04:59:11	00:38:12 (305)	00:03:14	2:24:30 (313)	00:07:55	1:45:20 (340)
341	674	Przemyslaw Knapik	PL	M40-44	64	04:59:24	00:41:27 (474)	00:04:05	2:29:24 (442)	00:04:02	1:40:26 (341)
342	715	Philippe Jacobs	CH	M35-39	71	04:59:28	00:38:03 (293)	00:05:29	2:21:03 (292)	00:03:36	1:51:17 (342)
343	1041	Irmantas Grubinskas	LT	M40-44	65	04:59:37	00:38:28 (313)	00:05:04	2:32:23 (461)	00:03:40	1:40:02 (343)
344	1232	Artur Sitarek	PL	M45-49	41	04:59:39	00:44:02 (638)	00:03:06	2:19:01 (316)	00:02:38	1:50:52 (344)
345	640	Magdalena Pl?ciennik	PL	F30-34	4	04:59:47	00:35:58 (202)	00:02:42	2:29:19 (350)	00:03:34	1:48:14 (345)
346	663	Kevin Lawrie	GB	M45-49	42	04:59:51	00:41:43 (493)	00:06:56	2:20:45 (364)	00:03:39	1:46:48 (346)
347	641	Colum Traynor	IE	M45-49	43	05:00:04	00:39:50 (385)	00:03:38	2:30:22 (429)	00:02:29	1:43:45 (347)
348	922	Mariusz Wilk	PL	M50-54	24	05:00:07	00:38:06 (297)	00:03:29	2:26:27 (352)	00:03:05	1:49:00 (348)
349	746	Piotr Nikiel	PL	M35-39	72	05:00:34	00:43:40 (618)	00:03:52	2:16:08 (272)	00:02:20	1:54:34 (349)
350	1055	Slawomir Pruchniewski	PL	M40-44	66	05:00:35	00:39:30 (365)	00:03:02	2:22:56 (305)	00:02:30	1:52:37 (350)
351	550	Filip Wolowski	PL	M50-54	25	05:00:51	00:43:06 (590)	00:02:36	2:16:38 (257)	00:02:58	1:55:33 (351)
352	167	Marcin Holobut	PL	M35-39	73	05:00:55	00:42:34 (554)	00:03:18	2:27:30 (423)	00:03:10	1:44:23 (352)
352	1114	Maciej Nowaczyk	PL	M40-44	67	05:00:55	00:00:00 (-)	00:00:00	2:26:11 (335)	00:02:50	1:50:53 (352)
354	242	Jaroslaw Swiniarski	PL	M65-69	1	05:01:07	00:47:55 (813)	00:03:19	2:16:34 (345)	00:03:41	1:49:38 (354)
355	126	Szczepan Chmura	PL	M50-54	26	05:01:15	00:40:21 (414)	00:02:56	2:28:18 (393)	00:03:23	1:46:17 (355)
356	1228	Grzegorz Wieczerniak	PL	M45-49	44	05:01:24	00:42:53 (576)	00:03:23	2:30:06 (468)	00:01:58	1:43:04 (356)
357	200	Jacek Rybarczyk	PL	M50-54	27	05:02:13	00:43:56 (632)	00:04:09	2:19:45 (346)	00:02:39	1:51:44 (357)
357	111	Pawel Stapf	PL	M50-54	27	05:02:13	00:46:18 (753)	00:04:27	2:28:59 (529)	00:04:20	1:38:09 (357)
359	882	Piotr Brzoza	PL	M45-49	45	05:02:15	00:41:36 (480)	00:03:50	2:32:10 (492)	00:01:45	1:42:54 (359)
360	697	Robertas Drabavicius	LT	M35-39	74	05:02:34	00:41:41 (488)	00:05:32	2:30:13 (490)	00:03:52	1:41:16 (360)
361	1256	Grzegorz Lesniak	PL	M45-49	46	05:02:42	00:41:51 (507)	00:04:06	2:24:36 (382)	00:03:44	1:48:25 (361)
362	1104	Krystian Piatek	PL	M40-44	68	05:02:44	00:42:25 (545)	00:03:41	2:17:40 (275)	00:03:20	1:55:38 (362)
363	249	Rafal Zak	PL	M40-44	69	05:02:58	00:40:13 (408)	00:03:03	2:28:53 (401)	00:02:50	1:47:59 (363)
364	266	Alessandro Varia	IT	M50-54	29	05:03:00	00:48:29 (830)	00:05:07	2:30:16 (602)	00:03:10	1:35:58 (364)
365	235	Ewa Galewicz	PL	F30-34	5	05:03:01	00:43:15 (598)	00:03:53	2:23:18 (381)	00:02:24	1:50:11 (365)
366	370	Robert Rohde	DE	M55-59	8	05:03:16	00:42:40 (560)	00:04:53	2:33:34 (554)	00:04:31	1:37:38 (366)
367	1253	Kamil Bruchajzer	PL	M35-39	75	05:03:20	00:40:24 (417)	00:03:14	2:24:16 (348)	00:03:04	1:52:22 (367)
368	736	Kinga Lorek	PL	F25-29	3	05:03:52	00:33:03 (99)	00:02:32	2:33:44 (362)	00:02:06	1:52:27 (368)
369	1193	Stefanie Pauer	AT	F25-29	4	05:04:00	00:35:12 (179)	00:03:22	2:40:35 (515)	00:02:17	1:42:34 (369)
370	476	Donatas Kazakauskas	LT	M30-34	54	05:04:12	00:36:10 (209)	00:03:35	2:29:50 (367)	00:03:13	1:51:24 (370)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
371	991	Vaidotas Poskus	LT	M25-29	42	05:04:16	00:30:28 (50)	00:06:24	2:28:53 (310)	00:04:34	1:53:57 (371)
372	391	Daniela Lichtenstein	DE	F35-39	4	05:04:31	00:34:49 (153)	00:04:10	2:31:45 (385)	00:02:09	1:51:38 (372)
373	1088	Laimutis Juozapavicius	LT	M25-29	43	05:04:39	00:50:49 (881)	00:04:33	2:21:47 (483)	00:03:29	1:44:01 (373)
374	1203	Michal Chlystek	PL	M25-29	44	05:04:40	00:44:12 (647)	00:02:42	2:26:57 (430)	00:02:31	1:48:18 (374)
375	1245	Noha Abouzeid	EG	F30-34	6	05:04:42	00:32:30 (86)	00:02:58	2:40:58 (469)	00:02:49	1:45:27 (375)
376	1151	Marine Hazard	FR	F30-34	7	05:04:56	00:30:11 (44)	00:04:03	2:32:16 (323)	00:03:49	1:54:37 (376)
377	251	Sergejs Kolomicevs	LV	M35-39	76	05:05:01	00:40:52 (437)	00:03:50	2:18:17 (267)	00:03:51	1:58:11 (377)
378	896	Calin Gheorghisan	RO	M25-29	45	05:05:14	00:38:16 (308)	00:04:38	2:27:49 (384)	00:08:39	1:45:52 (378)
379	512	Jacques Smit	ZA	M35-39	77	05:05:19	00:46:51 (774)	00:04:52	2:34:28 (633)	00:02:20	1:36:48 (379)
380	1237	Malgorzata Harasimiuk-Grodzka	PL	F45-49	3	05:05:23	00:43:31 (610)	00:05:01	2:31:06 (525)	00:03:17	1:42:28 (380)
381	495	Egle Ragaisyte	LT	F30-34	8	05:05:30	00:45:07 (702)	00:04:04	2:23:59 (419)	00:03:08	1:49:12 (381)
382	1121	Filip Walotka	PL	M40-44	70	05:05:31	00:34:32 (140)	00:03:22	2:31:12 (358)	00:03:11	1:53:14 (382)
383	156	David Stapleton	IE	M50-54	30	05:05:38	00:44:16 (649)	00:04:31	2:26:07 (441)	00:04:16	1:46:28 (383)
384	612	Thomas Johnsen	DK	M40-44	71	05:06:10	00:42:47 (568)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (384)
385	252	Federico Zucconi	IT	M60-64	3	05:06:27	00:47:35 (805)	00:05:14	2:26:36 (521)	00:04:26	1:42:36 (385)
385	932	Guntars Akmans	LV	M40-44	72	05:06:27	00:49:52 (866)	00:03:37	2:30:52 (607)	00:03:14	1:38:52 (385)
387	226	Françoise Theate	BE	F60-64	1	05:06:29	00:32:50 (89)	00:03:37	2:38:38 (445)	00:02:47	1:48:37 (387)
388	1060	Andriy Rudenko	UA	M40-44	73	05:06:30	00:44:18 (653)	00:04:11	2:34:33 (586)	00:02:42	1:40:46 (388)
389	129	Marina Straltsova	PL	F30-34	9	05:06:43	00:37:24 (257)	00:02:32	2:31:36 (392)	00:02:41	1:52:30 (389)
390	864	Krzysztof Radoszewski	PL	M30-34	55	05:06:44	00:34:40 (147)	00:02:44	2:17:47 (152)	00:02:38	2:08:55 (390)
391	692	Miguel De La Torre Garcia	ES	M30-34	56	05:06:59	00:40:25 (418)	00:04:39	2:31:50 (479)	00:02:51	1:47:14 (391)
392	1144	Mehdi Moutaoukil	MA	M35-39	78	05:07:02	00:44:47 (679)	00:05:41	2:27:45 (498)	00:05:59	1:42:50 (392)
393	539	Szymon Wasowski	PL	M40-44	74	05:07:10	00:38:06 (297)	00:04:19	2:33:22 (458)	00:03:24	1:47:59 (393)
394	419	Marcin Marzec	PL	M45-49	47	05:07:20	00:39:42 (378)	00:04:16	2:27:44 (395)	00:04:23	1:51:15 (394)
394	607	Yevgeniy Hildebrandt	UA	M18-24	8	05:07:20	00:32:57 (94)	00:05:11	2:40:09 (501)	00:04:11	1:44:52 (394)
396	952	Primož Marincic	SI	M30-34	57	05:07:22	00:40:20 (411)	00:04:52	2:31:09 (467)	00:04:11	1:46:50 (396)
397	533	Robert Musial	PL	M55-59	9	05:07:24	00:44:27 (661)	00:03:04	2:24:00 (391)	00:03:23	1:52:30 (397)
397	1076	Dmytro Polyakov	UA	M30-34	58	05:07:24	00:42:30 (551)	00:04:44	2:33:39 (546)	00:03:37	1:42:54 (397)
399	1086	Lisa Baker	GB	F50-54	1	05:07:25	00:36:51 (237)	00:05:56	2:23:37 (321)	00:04:48	1:56:13 (399)
400	1006	Lukas Rosliakas	LT	M25-29	46	05:07:28	00:42:33 (552)	00:05:14	2:32:00 (531)	00:03:38	1:44:03 (400)
401	395	Pawel Kuzniar	PL	M35-39	79	05:07:39	00:40:35 (423)	00:06:10	2:30:14 (481)	00:04:21	1:46:19 (401)
402	532	Tomasz Okon	PL	M30-34	59	05:07:41	00:42:54 (579)	00:04:16	2:30:30 (493)	00:03:25	1:46:36 (402)
403	89	Georgina Bishop	GB	F30-34	10	05:07:42	00:39:29 (362)	00:03:26	2:29:33 (410)	00:02:53	1:52:21 (403)
404	1008	Enrique De la Fuente	ES	M45-49	48	05:07:45	00:32:28 (84)	00:03:53	2:28:09 (290)	00:03:40	1:59:35 (404)
405	1194	Sven Vene	EE	M55-59	10	05:07:48	00:42:56 (581)	00:05:20	2:21:20 (368)	00:08:50	1:49:22 (405)
406	58	Stephen Kemp	GB	M60-64	4	05:07:50	00:42:53 (576)	00:04:32	2:29:46 (485)	00:03:27	1:47:12 (406)
407	973	Oliwier Zajczkowski	PL	M18-24	9	05:08:01	00:39:03 (341)	00:03:54	2:27:21 (379)	00:07:56	1:49:47 (407)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
408	413	Adam Czaus	PL	M35-39	80	05:08:09	00:40:37 (425)	00:04:06	2:28:55 (427)	00:02:40	1:51:51 (408)
409	159	Olivier Braun	FR	M50-54	31	05:08:13	00:36:47 (233)	00:05:39	2:23:08 (307)	00:06:12	1:56:27 (409)
410	102	Aleksandr Kriuchkov	EE	M40-44	75	05:08:17	00:49:01 (853)	00:04:11	2:23:47 (481)	00:02:39	1:48:39 (410)
411	1039	Bartlomiej G?recki	PL	M45-49	49	05:08:23	00:47:19 (791)	00:02:39	2:31:02 (551)	00:02:41	1:44:42 (411)
412	605	Maciej Idzikowski	PL	M30-34	60	05:08:32	00:34:36 (146)	00:04:35	2:33:16 (409)	00:02:50	1:53:15 (412)
413	215	Artur Kostrzewski	PL	M45-49	50	05:08:37	00:47:49 (810)	00:03:50	2:12:39 (284)	00:04:41	1:59:38 (413)
414	910	Mahmoud Sharaf	EG	M40-44	76	05:08:58	00:45:34 (720)	00:03:49	2:11:43 (231)	00:03:27	2:04:25 (414)
415	529	Michal Kukucz-Legien	PL	M40-44	77	05:09:02	00:33:18 (105)	00:03:09	2:24:15 (221)	00:03:22	2:04:58 (415)
416	107	Bartosz Domin	PL	M35-39	81	05:09:07	00:33:16 (102)	00:05:41	2:26:28 (303)	00:02:59	2:00:43 (416)
417	281	Filip Grzesiak	PL	M40-44	78	05:09:09	00:40:39 (427)	00:03:16	2:25:55 (375)	00:03:25	1:55:54 (417)
418	1220	Krzysztof Jask?lski	PL	M40-44	79	05:09:18	00:48:09 (818)	00:04:03	2:15:41 (347)	00:02:38	1:58:47 (418)
419	1015	Andrei Lantsevich	ZZ	M30-34	61	05:09:32	00:43:34 (614)	00:02:56	2:30:22 (478)	00:03:22	1:49:18 (419)
420	921	Philippe Nicol	FR	M55-59	11	05:09:37	00:41:55 (512)	00:05:35	2:29:15 (475)	00:02:36	1:50:16 (420)
421	358	Markus Hecker	DE	M55-59	12	05:09:40	00:37:20 (256)	00:04:43	2:20:01 (251)	00:02:57	2:04:39 (421)
422	1081	?ystein Langseth	NO	M35-39	82	05:09:49	00:39:02 (339)	00:05:51	2:40:33 (621)	00:03:55	1:40:28 (422)
423	143	Marcus Oertelt	DE	M35-39	83	05:10:13	00:40:08 (402)	00:04:12	2:22:50 (332)	00:03:18	1:59:45 (423)
424	193	Denis Genat	FR	M60-64	5	05:10:20	00:39:57 (395)	00:04:16	2:32:22 (471)	00:03:16	1:50:29 (424)
425	109	Vincenzo Doria	IT	M55-59	13	05:10:26	00:41:21 (464)	00:04:09	2:33:19 (510)	00:04:02	1:47:35 (425)
426	1224	Michal Iskierko	PL	M35-39	84	05:10:28	00:45:27 (718)	00:03:23	2:32:14 (553)	00:02:33	1:46:51 (426)
427	616	Thomas Valerius	DK	M45-49	51	05:10:38	00:37:57 (289)	00:05:37	2:23:21 (327)	00:03:23	2:00:20 (427)
428	1016	Marcin Pruszyński	PL	M30-34	62	05:10:39	00:43:57 (634)	00:05:35	2:33:11 (579)	00:03:20	1:44:36 (428)
429	645	Kamila Gordon	PL	F25-29	5	05:10:40	00:41:47 (502)	00:02:36	2:34:39 (512)	00:02:10	1:49:28 (429)
430	561	Maciej Podsiadlo	PL	M45-49	52	05:10:41	00:44:40 (671)	00:05:23	2:29:41 (529)	00:04:25	1:46:32 (430)
431	713	Rytis Endriukaitis	LT	M30-34	63	05:10:45	00:46:51 (774)	00:04:23	2:31:06 (570)	00:03:27	1:44:58 (431)
432	652	?rjan Eilertsen	NO	M50-54	32	05:10:48	00:45:51 (737)	00:05:30	2:29:27 (545)	00:03:34	1:46:26 (432)
433	403	Aliaksandr Hardzeyeu	DE	M30-34	64	05:11:00	00:35:36 (190)	00:03:10	2:33:47 (412)	00:02:43	1:55:44 (433)
434	913	Mateusz Janiec	PL	M40-44	80	05:11:04	00:45:05 (696)	00:03:34	2:32:45 (560)	00:06:23	1:43:17 (434)
435	889	Robert Rozek	PL	M45-49	53	05:11:07	00:37:46 (281)	00:04:03	2:28:05 (376)	00:02:52	1:58:21 (435)
436	829	Konstantins Ahmedovs	LV	M40-44	81	05:11:08	00:44:55 (687)	00:04:18	2:25:51 (444)	00:04:05	1:51:59 (436)
437	1084	Marek Buganiuk	PL	M45-49	54	05:11:19	00:42:56 (581)	00:04:51	2:22:01 (372)	00:03:57	1:57:34 (437)
438	1238	Jedrzej Glownia	PL	M25-29	47	05:11:30	00:36:35 (223)	00:06:00	2:21:46 (285)	00:04:21	2:02:48 (438)
439	349	Chris Adams	GB	M50-54	33	05:11:34	00:37:15 (254)	00:04:43	2:27:56 (376)	00:03:31	1:58:09 (439)
440	1234	Lukasz G?rniak	PL	M45-49	55	05:11:35	00:41:22 (466)	00:04:44	2:30:41 (476)	00:03:44	1:51:04 (440)
441	558	Pawel Zach	PL	M40-44	82	05:11:40	00:40:56 (440)	00:04:17	2:28:43 (434)	00:03:02	1:54:42 (441)
442	1045	Bogdan Jasevit?	EE	M30-34	65	05:11:49	00:40:41 (430)	00:03:38	2:25:29 (372)	00:02:47	1:59:14 (442)
443	400	Sebastian Kowalski	PL	M40-44	83	05:11:56	00:47:25 (794)	00:03:07	2:31:00 (563)	00:03:06	1:47:18 (443)
444	168	Paul Gompers	US	M55-59	14	05:12:07	00:37:14 (253)	00:04:12	2:28:10 (368)	00:04:36	1:57:55 (444)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
445	524	Karol Wachowski	PL	M45-49	56	05:12:25	00:41:26 (472)	00:04:07	2:27:57 (424)	00:02:17	1:56:38 (445)
446	522	Andras Czako	HU	M40-44	84	05:12:27	00:41:40 (487)	00:04:05	2:36:49 (575)	00:03:23	1:46:30 (446)
447	602	Jakub Wawro	PL	M40-44	85	05:12:35	00:37:35 (270)	00:04:31	2:30:04 (402)	00:03:54	1:56:31 (447)
448	1056	Adam Nolbert	PL	M50-54	34	05:12:36	00:41:56 (514)	00:03:23	2:27:31 (416)	00:03:37	1:56:09 (448)
449	898	Rosario Minardo	IT	M40-44	86	05:12:39	00:34:54 (159)	00:03:41	2:33:54 (411)	00:02:59	1:57:11 (449)
450	824	Adriana Benovicov?	SK	F25-29	6	05:12:46	00:38:41 (323)	00:04:57	2:32:23 (463)	00:05:15	1:51:30 (450)
451	336	Emilie Mullier	FR	F30-34	11	05:12:59	00:39:39 (372)	00:04:18	2:47:44 (712)	00:02:53	1:38:25 (451)
452	1198	Michael Tsaoutos	GR	M55-59	15	05:13:03	00:42:11 (533)	00:03:05	2:26:48 (400)	00:02:02	1:58:57 (452)
453	490	Anthony Bernoulat	FR	M35-39	85	05:13:08	00:38:03 (293)	00:05:38	2:37:46 (562)	00:05:21	1:46:20 (453)
454	219	Roman Gawronski	PL	M40-44	87	05:13:09	00:41:18 (458)	00:03:22	2:29:15 (433)	00:04:44	1:54:30 (454)
455	589	Michal Gasior	PL	M40-44	88	05:13:11	00:48:45 (844)	00:05:18	2:28:20 (571)	00:08:39	1:42:09 (455)
456	941	Alexander Franz	DE	M30-34	66	05:13:15	00:52:03 (909)	00:07:13	2:29:30 (675)	00:04:01	1:40:28 (456)
457	76	Jody Dushay	US	F55-59	1	05:13:32	00:42:52 (574)	00:04:46	2:38:24 (630)	00:03:11	1:44:19 (457)
458	1109	Terhi Ranta-Ojala	FI	F50-54	2	05:13:37	00:39:41 (376)	00:05:01	2:27:51 (412)	00:02:44	1:58:20 (458)
459	218	Przemyslaw Kochan	PL	M40-44	89	05:13:39	00:46:54 (777)	00:04:24	2:41:30 (733)	00:04:05	1:36:46 (459)
460	1061	Ilya Lashch	PL	M40-44	90	05:13:40	00:41:53 (509)	00:06:39	2:41:32 (692)	00:04:25	1:39:11 (460)
461	160	Marek Palysa	PL	M45-49	57	05:13:45	00:34:24 (135)	00:03:26	2:29:14 (329)	00:03:53	2:02:48 (461)
462	1164	Daniele Di Tommaso	IT	M45-49	58	05:13:59	00:45:19 (712)	00:06:08	2:28:31 (537)	00:05:56	1:48:05 (462)
463	1243	Julia Koch	US	F30-34	12	05:14:11	00:39:00 (336)	00:04:18	2:32:27 (456)	00:03:20	1:55:06 (463)
464	415	Mateusz Nowicki	PL	M45-49	59	05:14:15	00:48:07 (817)	00:03:28	2:23:17 (440)	00:03:46	1:55:37 (464)
465	1018	Aleksandr Lifanov	LT	M50-54	35	05:14:19	00:00:00 (-)	00:00:00	2:22:54 (387)	00:07:23	1:56:06 (465)
466	1229	Janusz Misiasek	PL	M65-69	2	05:14:20	00:42:50 (573)	00:03:27	2:35:06 (559)	00:03:30	1:49:27 (466)
467	306	Iryna Vasilevskaya	UA	F45-49	4	05:14:33	00:43:31 (610)	00:03:34	2:31:34 (506)	00:03:53	1:52:01 (467)
468	571	Eryk Szczepaniec	PL	M25-29	48	05:14:36	00:00:00 (-)	00:00:00	2:25:16 (535)	00:02:56	1:51:46 (468)
469	729	Zuzanna Kielak	PL	F25-29	7	05:14:42	00:45:49 (735)	00:03:53	2:29:30 (516)	00:03:03	1:52:27 (469)
470	122	Marcin Lupa	PL	M40-44	91	05:14:49	00:39:03 (341)	00:03:01	2:22:24 (288)	00:03:03	2:07:18 (470)
471	232	Rafal Skowronski	PL	M45-49	60	05:14:54	00:37:26 (259)	00:02:56	2:27:32 (348)	00:03:12	2:03:48 (471)
471	245	Mark Organ	GB	M35-39	86	05:14:54	00:41:04 (445)	00:04:15	2:40:46 (631)	00:03:43	1:45:06 (471)
473	569	Andrzej Naskretski	PL	M40-44	92	05:14:55	00:42:35 (555)	00:03:58	2:29:38 (465)	00:03:03	1:55:41 (473)
473	474	Edgaras Cvirka	LT	M35-39	87	05:14:55	00:36:44 (231)	00:05:00	2:25:26 (332)	00:09:46	1:57:59 (473)
475	1155	Myles Morelli	IE	M25-29	49	05:15:00	00:37:47 (282)	00:06:43	2:26:49 (390)	00:08:47	1:54:54 (475)
476	1158	Robert L?deritz	DE	M25-29	50	05:15:05	00:37:51 (287)	00:03:33	2:13:37 (150)	00:03:31	2:16:33 (476)
476	794	Dominika Grzywalska	PL	F35-39	5	05:15:05	00:44:26 (660)	00:02:58	2:37:43 (618)	00:02:55	1:47:03 (476)
478	994	Stefano Gugole	IT	M55-59	16	05:15:08	00:37:26 (259)	00:03:23	2:19:04 (207)	00:03:18	2:11:57 (478)
479	1005	Rokas Galatiltis	LT	M25-29	51	05:15:09	00:39:51 (387)	00:05:34	2:30:38 (464)	00:03:33	1:55:33 (479)
480	130	Maciej Mawlichan?w	PL	M30-34	67	05:15:21	00:39:01 (338)	00:02:52	2:27:22 (360)	00:02:11	2:03:55 (480)
481	1273	Zbigniew Glinkowski	PL	M60-64	6	05:15:23	00:46:59 (780)	00:04:03	2:27:06 (496)	00:03:33	1:53:42 (481)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
482	314	Fotios Vlachos	GR	M35-39	88	05:15:27	00:48:00 (815)	00:05:13	2:21:23 (437)	00:03:54	1:56:57 (482)
483	1209	Wojciech Krynicki	PL	M45-49	61	05:15:35	00:42:52 (574)	00:06:12	2:33:15 (569)	00:03:27	1:49:49 (483)
484	410	Sascha Kranen	DE	M45-49	62	05:15:42	00:38:18 (310)	00:04:07	2:28:24 (386)	00:03:29	2:01:24 (484)
484	222	Lawrence Mooney	IE	M55-59	17	05:15:42	00:42:25 (545)	00:04:11	2:29:40 (466)	00:03:52	1:55:34 (484)
486	279	Erwin Bruninx	BE	M60-64	7	05:15:49	00:45:58 (742)	00:04:05	2:31:52 (566)	00:03:53	1:50:01 (486)
487	1049	Arnas ?imonis	LT	M30-34	68	05:15:51	00:44:38 (667)	00:06:34	2:38:20 (685)	00:04:58	1:41:21 (487)
488	902	Milos Nikolic	RS	M35-39	89	05:15:55	00:36:45 (232)	00:03:36	2:39:26 (531)	00:02:56	1:53:12 (488)
489	822	Andreas Haugseth	NO	M35-39	90	05:15:59	00:47:26 (796)	00:05:04	2:24:19 (477)	00:04:21	1:54:49 (489)
490	381	Corentin Boucher	FR	M25-29	52	05:16:00	00:36:20 (214)	00:03:43	2:38:11 (499)	00:03:33	1:54:13 (490)
491	1120	Piotr Pieta	PL	M25-29	53	05:16:02	00:46:36 (765)	00:04:48	2:31:13 (576)	00:03:29	1:49:56 (491)
492	1171	Boleslaw Janczewski	PL	M40-44	93	05:16:07	00:48:49 (847)	00:04:54	2:32:07 (626)	00:03:57	1:46:20 (492)
493	318	Piotr Spychala	PL	M45-49	63	05:16:23	00:44:53 (683)	00:05:19	2:31:31 (564)	00:03:50	1:50:50 (493)
494	385	Niels Kuehnemann	ZA	M25-29	54	05:16:27	00:41:15 (455)	00:04:49	2:17:40 (274)	00:03:56	2:08:47 (494)
495	760	Marek Kocwin	PL	M30-34	69	05:16:30	00:43:52 (630)	00:04:52	2:28:25 (483)	00:03:06	1:56:15 (495)
496	1071	Jonas Silveira	BR	M40-44	94	05:16:35	00:39:00 (336)	00:04:21	2:31:47 (448)	00:03:01	1:58:26 (496)
497	604	Jakub Kopka	PL	M25-29	55	05:16:38	00:46:49 (773)	00:05:09	2:29:22 (558)	00:04:38	1:50:40 (497)
498	331	Eric Visentin	FR	M45-49	64	05:16:55	00:44:21 (657)	00:06:35	2:30:00 (549)	00:03:25	1:52:34 (498)
499	365	Stelios Christofi	CY	M40-44	95	05:16:56	00:48:29 (830)	00:05:00	2:23:55 (489)	00:05:41	1:53:51 (499)
500	843	Luke Dickinson	GB	M25-29	56	05:16:58	00:37:37 (273)	00:04:07	2:33:23 (446)	00:02:55	1:58:56 (500)
501	564	Evgeniy Borovoy	ZZ	M30-34	70	05:17:10	00:40:49 (434)	00:07:11	2:41:57 (690)	00:04:35	1:42:38 (501)
502	484	Bas Grootnibbelink	NL	M25-29	57	05:17:27	00:35:21 (184)	00:06:39	2:35:22 (488)	00:03:32	1:56:33 (502)
503	1130	Andreas Charalambides	CY	M30-34	71	05:17:31	00:44:00 (637)	00:06:33	2:27:53 (503)	00:04:55	1:54:10 (503)
504	579	Pawel Losik	PL	M35-39	91	05:17:43	00:41:57 (516)	00:03:42	2:33:39 (518)	00:03:48	1:54:37 (504)
505	1031	Bogumila Wlodarska	PL	F45-49	5	05:17:48	00:40:20 (411)	00:04:36	2:38:35 (596)	00:02:37	1:51:40 (505)
506	182	Jan Gregori	DE	M50-54	36	05:17:52	00:41:54 (510)	00:05:44	2:30:49 (504)	00:05:09	1:54:16 (506)
507	327	Stephan Kirchner	DE	M35-39	92	05:17:56	00:37:32 (265)	00:04:08	2:23:10 (295)	00:03:22	2:09:44 (507)
508	938	Karol Michalowski	ZA	M40-44	96	05:18:01	00:39:40 (375)	00:04:21	2:36:29 (542)	00:04:16	1:53:15 (508)
509	164	Vicky Deligeorgi	GR	F50-54	3	05:18:03	00:41:38 (484)	00:03:57	2:41:48 (653)	00:04:11	1:46:29 (509)
510	733	Marek Cerven?k	SK	F40-44	4	05:18:05	00:41:30 (476)	00:05:13	2:41:03 (658)	00:04:09	1:46:10 (510)
511	1087	Ali Halawa	EG	M30-34	72	05:18:15	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (511)
512	897	Laurentiu Iosif	RO	M40-44	97	05:18:19	00:41:05 (448)	00:04:10	2:34:26 (527)	00:02:42	1:55:56 (512)
513	366	Tasos Xenofontos	CY	M40-44	98	05:18:35	00:39:09 (345)	00:03:31	2:27:37 (378)	00:05:08	2:03:10 (513)
514	1091	Karlis Vikis	LV	M25-29	58	05:18:49	00:41:55 (512)	00:05:41	2:35:52 (594)	00:04:09	1:51:12 (514)
515	105	Nicola Beck	GB	F50-54	4	05:18:57	00:43:45 (624)	00:04:26	2:25:50 (435)	00:03:29	2:01:27 (515)
516	150	Marek Skoczen	PL	M55-59	18	05:19:09	00:51:11 (890)	00:04:02	2:26:43 (567)	00:04:23	1:52:50 (516)
517	639	Aleksander Tarkowski	PL	M45-49	65	05:19:10	00:42:25 (545)	00:03:23	2:29:50 (453)	00:02:21	2:01:11 (517)
518	568	Michal Chrzanowski	PL	M30-34	73	05:19:12	00:44:38 (667)	00:05:45	2:26:18 (472)	00:03:51	1:58:40 (518)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
519	525	Michal Bisaga	PL	M40-44	99	05:19:18	00:42:26 (548)	00:03:58	2:31:22 (494)	00:03:44	1:57:48 (519)
520	1143	Lampros Florakis	GR	M55-59	19	05:19:34	00:42:15 (536)	00:06:24	2:23:23 (399)	00:05:03	2:02:29 (520)
521	891	Costante Galbiati	IT	M55-59	20	05:19:37	00:40:04 (398)	00:05:03	2:34:40 (531)	00:03:42	1:56:08 (521)
522	1019	Wojciech Rzadkosz	PL	M30-34	74	05:19:50	00:47:27 (797)	00:04:02	2:37:14 (674)	00:03:58	1:47:09 (522)
523	548	Artur Kowalski	PL	M50-54	37	05:19:52	00:45:38 (725)	00:08:10	2:35:27 (679)	00:06:09	1:44:28 (523)
523	1010	Michal Binder	PL	M40-44	100	05:19:52	00:49:01 (853)	00:07:24	2:29:27 (627)	00:04:22	1:49:38 (523)
525	110	Simone Blasi	IT	M50-54	38	05:19:53	00:39:27 (361)	00:03:59	2:30:39 (436)	00:08:26	1:57:22 (525)
526	724	Eros Lobbia	IT	M40-44	101	05:19:55	00:39:24 (357)	00:04:17	2:22:30 (317)	00:07:42	2:06:02 (526)
527	624	Thomas Lang	DE	M60-64	8	05:20:01	00:48:17 (824)	00:05:07	2:21:46 (449)	00:03:43	2:01:08 (527)
528	758	Aldas Karta?ovas	LT	M35-39	93	05:20:15	00:44:25 (658)	00:04:30	2:48:19 (771)	00:02:54	1:40:07 (528)
529	397	Adam Holberry	GB	M35-39	94	05:20:17	00:33:58 (124)	00:04:42	2:34:21 (417)	00:05:10	2:02:06 (529)
530	372	Dariusz Trzeciak	PL	M50-54	39	05:20:18	00:42:00 (519)	00:05:56	2:37:37 (622)	00:04:09	1:50:36 (530)
531	1163	Vahe Danielyan	AM	M45-49	66	05:20:23	00:44:02 (638)	00:10:08	2:35:39 (688)	00:07:59	1:42:35 (531)
532	681	Richard Avezaat	NL	M50-54	40	05:20:24	00:40:40 (429)	00:05:51	2:30:11 (473)	00:04:40	1:59:02 (532)
533	1225	Mariusz Lusiak	PL	M35-39	95	05:20:32	00:36:20 (214)	00:03:54	2:28:59 (359)	00:03:02	2:08:17 (533)
534	287	Michal Garstecki	PL	M45-49	67	05:20:35	00:44:37 (666)	00:04:41	2:26:25 (455)	00:04:49	2:00:03 (534)
535	472	Jedrzey Pacak	PL	M25-29	59	05:20:37	00:38:11 (304)	00:04:35	2:39:55 (578)	00:03:18	1:54:38 (535)
536	401	Grzegorz Burda	PL	M45-49	68	05:20:38	00:53:35 (933)	00:02:54	2:27:33 (604)	00:03:39	1:52:57 (536)
537	766	Nicola Fabio Corsini	IT	M45-49	69	05:20:41	00:44:31 (662)	00:06:25	2:35:46 (643)	00:03:42	1:50:17 (537)
538	554	Adam Skrobol	PL	M45-49	70	05:20:48	00:47:27 (797)	00:04:32	2:24:59 (480)	00:03:44	2:00:06 (538)
539	949	Ana Barbara Ursic	SI	F30-34	13	05:20:50	00:39:30 (365)	00:04:12	2:45:41 (682)	00:03:47	1:47:40 (539)
540	519	Sebastian Sawicki	PL	M35-39	96	05:20:56	00:35:07 (170)	00:03:38	2:32:21 (388)	00:02:29	2:07:21 (540)
541	651	Deniss Popadins	LV	M35-39	97	05:21:08	00:49:59 (868)	00:04:38	2:30:06 (613)	00:03:00	1:53:25 (541)
542	326	Kacper Kirkiewicz	PL	M25-29	60	05:21:09	00:44:57 (690)	00:02:35	2:25:43 (422)	00:03:55	2:03:59 (542)
543	443	Bartosz Walkowiak	PL	M40-44	102	05:21:11	00:41:15 (455)	00:03:16	2:28:41 (420)	00:03:51	2:04:08 (543)
544	818	Birna Iris Jonsdottir	IS	F50-54	5	05:21:12	00:34:25 (136)	00:05:01	2:40:32 (537)	00:03:09	1:58:05 (544)
545	1205	Bartlomiej Dmoch	PL	M30-34	75	05:21:15	00:45:00 (692)	00:02:54	2:34:49 (579)	00:03:07	1:55:25 (545)
546	706	Aleksander Lisowski	PL	M35-39	98	05:21:19	00:56:48 (965)	00:04:40	2:32:49 (747)	00:02:40	1:44:22 (546)
547	593	Jakub Choszcz	PL	M18-24	10	05:21:26	00:39:52 (389)	00:04:11	2:34:11 (499)	00:03:46	1:59:26 (547)
548	863	Nick Van Den Broeck	BE	M25-29	61	05:21:29	00:41:12 (452)	00:05:34	2:28:21 (446)	00:04:04	2:02:18 (548)
549	1150	Piotr Siborenko	PL	M45-49	71	05:21:34	00:46:41 (766)	00:03:23	2:29:50 (535)	00:03:10	1:58:30 (549)
550	227	Rolando Hutchinson	GB	M45-49	72	05:21:38	00:39:42 (378)	00:04:47	2:38:04 (574)	00:03:14	1:55:51 (550)
551	955	Stefano Giurdanella	IT	M40-44	103	05:21:42	00:48:36 (837)	00:05:17	2:35:38 (684)	00:03:33	1:48:38 (551)
552	545	Mariusz Gnoinski	PL	M50-54	41	05:21:48	00:51:50 (902)	00:07:22	2:29:44 (677)	00:05:13	1:47:39 (552)
553	317	Maciej Janicki	PL	M40-44	104	05:21:49	00:41:43 (493)	00:04:51	2:33:01 (524)	00:04:03	1:58:11 (553)
554	270	Caroline Rognan Aasen	NO	F30-34	14	05:22:00	00:42:02 (524)	00:04:17	2:32:20 (506)	00:02:58	2:00:23 (554)
555	138	Jedrzey Jertzmanowski	PL	M40-44	105	05:22:03	00:42:49 (571)	00:08:01	2:27:43 (505)	00:04:46	1:58:44 (555)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
556	857	Slawek Jelen	PL	M45-49	73	05:22:06	00:43:12 (595)	00:03:19	2:33:56 (541)	00:03:01	1:58:38 (556)
557	988	Yevhenii Kurmanov	UA	M30-34	76	05:22:19	00:45:34 (720)	00:03:23	2:36:22 (619)	00:03:30	1:53:30 (557)
558	976	Kacper Skawinski	PL	M25-29	62	05:22:39	00:00:00 (-)	00:00:00	2:31:43 (649)	00:04:46	1:50:47 (558)
558	1037	Jon Ward	GB	M50-54	42	05:22:39	00:44:51 (682)	00:03:37	2:39:41 (666)	00:02:37	1:51:53 (558)
560	847	Ewa Sobolewska	PL	F30-34	15	05:22:43	00:41:23 (469)	00:05:23	2:41:44 (672)	00:04:00	1:50:13 (560)
561	515	Nico Schöllknecht	DE	M25-29	63	05:22:45	00:44:54 (685)	00:04:41	2:33:22 (583)	00:04:17	1:55:31 (561)
562	1024	Milton Jorge Pina Silva	PT	M40-44	106	05:22:59	00:49:36 (862)	00:05:37	2:39:08 (749)	00:04:21	1:44:17 (562)
563	943	Grzegorz Nieborak	PL	M55-59	21	05:23:04	00:39:57 (395)	00:03:23	2:24:43 (353)	00:04:13	2:10:48 (563)
564	467	Milan Kuch?r	SK	M45-49	74	05:23:24	00:53:04 (929)	00:05:30	2:25:04 (598)	00:08:19	1:51:27 (564)
565	1148	Massimo Giuliani	IT	M45-49	75	05:23:25	00:46:18 (753)	00:05:58	2:28:05 (540)	00:04:25	1:58:39 (565)
566	742	Ahmed Diko	EG	M35-39	99	05:23:50	00:48:13 (820)	00:04:23	2:35:18 (661)	00:03:25	1:52:31 (566)
567	996	Ahmed Elgarem	EG	M25-29	64	05:23:51	00:47:08 (787)	00:04:44	2:34:09 (629)	00:03:52	1:53:58 (567)
568	208	Luca Tarabella	GR	M50-54	43	05:23:52	00:48:23 (827)	00:03:59	2:30:35 (583)	00:03:50	1:57:05 (568)
569	1246	Marek Plawgo	PL	M40-44	107	05:23:57	00:52:48 (925)	00:05:16	2:30:00 (664)	00:03:21	1:52:32 (569)
570	449	Stephen Summers	GB	M55-59	22	05:23:59	00:43:55 (631)	00:05:08	2:26:08 (450)	00:03:26	2:05:22 (570)
571	574	Jack Allwood	GB	M25-29	65	05:24:02	00:42:39 (559)	00:06:07	2:34:17 (587)	00:04:52	1:56:07 (571)
572	924	Henry Seibold	DE	M60-64	9	05:24:11	00:42:35 (555)	00:06:09	2:27:07 (459)	00:04:28	2:03:52 (572)
573	357	Miljan Mitrovic	RS	M25-29	66	05:24:25	00:40:50 (435)	00:07:17	2:47:33 (761)	00:08:59	1:39:46 (573)
574	183	Juergen Braehler	DE	M55-59	23	05:24:47	00:51:38 (900)	00:04:48	2:29:26 (627)	00:03:37	1:55:18 (574)
575	969	Konrad Wiliczkiewicz	PL	M40-44	108	05:24:52	00:40:51 (436)	00:04:44	2:29:49 (452)	00:03:01	2:06:27 (575)
576	693	Enrico Dalle Molle	IT	M45-49	76	05:24:54	00:44:49 (681)	00:05:32	2:33:12 (597)	00:04:53	1:56:28 (576)
577	118	Michal Choluj	PL	M45-49	77	05:24:56	00:48:44 (843)	00:04:32	2:26:55 (539)	00:03:33	2:01:12 (577)
577	845	Michael S?Bstad	NO	M30-34	77	05:24:56	00:44:55 (687)	00:05:13	2:42:17 (724)	00:03:38	1:48:53 (577)
579	409	Michal Szczepanczyk	PL	M35-39	100	05:24:57	00:44:05 (644)	00:07:13	2:39:09 (695)	00:02:32	1:51:58 (579)
580	1186	Keito Killing	EE	M35-39	101	05:25:02	00:48:47 (846)	00:04:51	2:25:47 (521)	00:04:19	2:01:18 (580)
581	618	Martin Pisarc?k	SK	M25-29	67	05:25:05	00:42:13 (535)	00:06:22	2:32:28 (552)	00:08:57	1:55:05 (581)
582	999	Antanas Norkevicius	LT	M40-44	109	05:25:11	00:37:45 (278)	00:03:39	2:19:13 (220)	00:03:43	2:20:51 (582)
583	644	Quentin Petit	BE	M35-39	102	05:25:30	00:43:13 (597)	00:05:45	2:43:33 (729)	00:03:31	1:49:28 (583)
584	648	Mihails Janins	LV	M40-44	110	05:25:39	00:44:25 (658)	00:05:14	2:31:02 (544)	00:02:55	2:02:03 (584)
585	691	Luca Lobba	IT	M40-44	111	05:25:53	00:37:42 (277)	00:04:14	2:31:56 (431)	00:03:18	2:08:43 (585)
586	777	Brecht Vaninbroukx	BE	M35-39	103	05:26:04	00:43:44 (622)	00:05:16	2:44:10 (739)	00:03:44	1:49:10 (586)
587	286	Ahmed Marey	EG	M40-44	112	05:26:06	00:46:28 (759)	00:05:12	2:22:12 (431)	00:03:31	2:08:43 (587)
588	1161	Michal Osinski	PL	M45-49	78	05:26:07	00:37:48 (283)	00:04:14	2:21:53 (276)	00:03:51	2:18:21 (588)
589	653	Marcin Antoniuk	PL	M45-49	79	05:26:08	00:46:20 (755)	00:03:02	2:18:16 (342)	00:02:38	2:15:52 (589)
590	985	Marcin Szymanski	PL	M40-44	113	05:26:22	00:43:41 (619)	00:04:35	2:38:45 (648)	00:04:20	1:55:01 (590)
591	450	Jaroslaw Gladysz	PL	M55-59	24	05:26:43	00:47:30 (801)	00:05:47	2:30:40 (603)	00:04:13	1:58:33 (591)
592	821	Katrin Meyer	DE	F35-39	6	05:26:51	00:47:47 (809)	00:04:28	2:34:20 (638)	00:03:23	1:56:53 (592)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
593	204	Filios Keramidas	GR	M50-54	44	05:27:05	00:44:55 (687)	00:03:59	2:37:27 (635)	00:04:40	1:56:04 (593)
594	1188	Jir? Wallerer	CZ	M30-34	78	05:27:12	00:38:12 (305)	00:05:19	2:37:39 (555)	00:04:25	2:01:37 (594)
595	1033	Adri?n Bel?nik	SK	M45-49	80	05:27:25	00:41:59 (517)	00:05:42	2:39:11 (645)	00:03:24	1:57:09 (595)
596	420	Marcin Budziszewski	PL	M40-44	114	05:27:27	00:41:39 (485)	00:05:14	2:25:08 (398)	00:03:49	2:11:37 (596)
597	1072	Stephen Aquilina	MT	M45-49	81	05:27:31	00:41:20 (460)	00:03:56	2:41:24 (641)	00:03:36	1:57:15 (597)
597	236	Karolis Katinas	LT	M35-39	104	05:27:31	00:48:39 (840)	00:06:09	2:36:16 (704)	00:03:12	1:53:15 (597)
599	774	Mohamad Omar El Kebbe	CY	M25-29	68	05:27:35	00:00:00 (-)	00:00:00	2:47:00 (691)	00:05:23	1:52:14 (599)
600	627	Miroslav Veselinovic	RS	M30-34	79	05:27:37	00:39:08 (344)	00:05:48	2:48:03 (736)	00:07:49	1:46:49 (600)
601	556	Bartosz Chytla	PL	M50-54	45	05:27:41	00:47:29 (799)	00:05:32	2:32:01 (615)	00:04:12	1:58:27 (601)
602	468	Peter Drake	GB	M50-54	46	05:27:49	00:39:12 (348)	00:05:26	2:36:40 (557)	00:04:36	2:01:55 (602)
602	1007	Yassine Benjelloun	MA	M40-44	115	05:27:49	00:45:27 (718)	00:06:45	2:31:18 (595)	00:04:18	2:00:01 (602)
604	1023	Lukasz Orlowski	PL	M35-39	105	05:27:53	00:48:24 (828)	00:04:21	2:31:36 (607)	00:03:25	2:00:07 (604)
604	694	Burin Sangsuwanlert	TH	M30-34	80	05:27:53	00:46:20 (755)	00:05:04	2:29:51 (556)	00:04:11	2:02:27 (604)
606	428	Luka? Lyndo	LT	M25-29	69	05:27:55	00:39:55 (393)	00:04:22	2:42:24 (642)	00:02:32	1:58:42 (606)
607	1046	George Batris	GR	M40-44	116	05:28:09	00:41:02 (443)	00:03:21	2:38:35 (585)	00:03:33	2:01:38 (607)
608	1077	Dorina Tritsimpida	GR	F35-39	7	05:28:14	00:34:55 (160)	00:05:11	2:43:16 (591)	00:02:58	2:01:54 (608)
609	233	Grzegorz Cyrek	PL	M45-49	82	05:28:29	00:56:18 (959)	00:06:07	2:30:41 (738)	00:05:21	1:50:02 (609)
610	573	Przemek Pawlowski	PL	M40-44	117	05:28:44	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (610)
611	1173	Edouard Mondron	BE	M35-39	106	05:28:58	00:39:51 (387)	00:04:11	2:36:52 (548)	00:07:25	2:00:39 (611)
612	458	Hubert Pol?k	SK	M45-49	83	05:29:02	00:35:51 (198)	00:04:21	2:37:08 (486)	00:08:27	2:03:15 (612)
613	195	Olha Korsun	UA	F35-39	8	05:29:14	00:00:00 (-)	00:00:00	3:00:44 (511)	00:04:43	2:05:36 (613)
614	113	Patryk Sienkiewicz	PL	M50-54	47	05:29:23	1:03:21 (985)	00:03:35	2:24:16 (709)	00:02:58	1:55:13 (614)
615	698	Bartek Sokolowski	PL	M40-44	118	05:29:24	00:43:18 (601)	00:03:49	2:35:31 (577)	00:03:06	2:03:40 (615)
616	1123	Michal Kubik	PL	M30-34	81	05:29:27	00:42:24 (544)	00:04:09	2:41:25 (662)	00:09:24	1:52:05 (616)
617	812	Charis Papacharalambous	CY	M50-54	48	05:29:29	00:42:17 (537)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (617)
618	407	Jacek Hermanson	PL	M55-59	25	05:29:31	00:46:05 (747)	00:04:37	2:34:02 (614)	00:04:12	2:00:35 (618)
619	255	Klaudiusz Fojcik	PL	M45-49	84	05:29:48	00:39:50 (385)	00:04:34	2:31:22 (457)	00:07:07	2:06:55 (619)
620	776	Arnoldas Gaudie?ius	LT	M40-44	119	05:30:00	00:44:05 (644)	00:06:05	2:41:56 (717)	00:05:22	1:52:32 (620)
621	1214	Daniel Pietrasiak	PL	M30-34	82	05:30:01	00:41:37 (482)	00:04:54	2:49:02 (760)	00:03:38	1:50:50 (621)
622	1083	Sentimrey Vasyl	UA	M40-44	120	05:30:02	00:44:40 (671)	00:04:36	2:29:30 (509)	00:04:42	2:06:34 (622)
623	918	Petros Salpeas	GR	M40-44	121	05:30:14	00:30:40 (52)	00:00:00	00:00:00 (487)	00:02:44	2:10:09 (623)
624	526	Karol Bryla	PL	M18-24	11	05:30:27	00:39:25 (360)	00:06:14	2:42:32 (668)	00:05:58	1:56:18 (624)
625	324	Aleksejs Belokopitovs	LV	M40-44	122	05:30:31	00:46:44 (768)	00:02:50	2:27:10 (474)	00:02:39	2:11:08 (625)
626	1068	Slawomir Szynalik	PL	M50-54	49	05:30:43	00:45:37 (724)	00:05:44	2:35:13 (637)	00:03:56	2:00:13 (626)
627	1085	Sergejs Kisels	LV	M35-39	107	05:30:45	00:37:00 (244)	00:05:40	2:35:30 (497)	00:03:26	2:09:09 (627)
628	792	Silja Mattila	FI	F25-29	8	05:30:46	00:44:09 (646)	00:04:27	2:42:33 (707)	00:03:12	1:56:25 (628)
629	834	Adam Mazurkiewicz	PL	M45-49	85	05:30:50	00:39:19 (353)	00:03:21	2:39:14 (565)	00:02:44	2:06:12 (629)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
629	749	Jakub Graczykowski	PL	M35-39	108	05:30:50	00:45:04 (695)	00:06:03	2:37:34 (673)	00:04:17	1:57:52 (629)
631	785	Lukasz Kunicki	PL	M35-39	109	05:30:52	00:40:29 (419)	00:05:08	2:37:06 (579)	00:03:44	2:04:25 (631)
632	220	Artur Jurkowski	PL	M55-59	26	05:30:53	00:52:04 (910)	00:04:36	2:27:36 (605)	00:04:04	2:02:33 (632)
633	767	Bartosz Brzozowski	PL	M35-39	110	05:30:56	00:39:41 (376)	00:06:19	2:33:29 (523)	00:03:25	2:08:02 (633)
634	424	Sean Farrugia	MT	M40-44	123	05:30:57	00:52:30 (921)	00:05:22	2:35:52 (743)	00:04:21	1:52:52 (634)
635	1000	Indre Statke	LT	F40-44	5	05:31:09	00:44:19 (654)	00:03:31	2:31:16 (514)	00:03:10	2:08:53 (635)
636	1242	Olivier Nougarou	FR	M55-59	27	05:31:25	00:47:12 (790)	00:05:36	2:42:07 (757)	00:03:34	1:52:56 (636)
637	956	Andreas Di Rosa	DE	M45-49	86	05:31:26	00:47:50 (811)	00:05:01	2:40:44 (741)	00:03:49	1:54:02 (637)
638	975	Clara Attard Formosa	MT	F35-39	9	05:31:37	00:42:45 (563)	00:04:37	2:53:52 (796)	00:04:02	1:46:21 (638)
639	613	Kevin Prendergast	IE	M50-54	50	05:31:39	00:35:58 (202)	00:07:15	2:45:36 (676)	00:04:49	1:58:01 (639)
640	265	Sergejs Boginskis	LV	M35-39	111	05:31:44	00:46:21 (757)	00:05:01	2:26:26 (495)	00:03:27	2:10:29 (640)
641	633	Paulus Jacyna	LT	M30-34	83	05:31:53	00:40:05 (399)	00:04:09	2:42:44 (647)	00:02:47	2:02:08 (641)
642	469	Caitlin Bailey	GB	F25-29	9	05:32:04	00:41:48 (505)	00:05:56	2:51:01 (782)	00:03:38	1:49:41 (642)
643	596	Krzysztof Wojtyla	PL	M30-34	84	05:32:05	00:41:21 (464)	00:05:15	2:34:17 (546)	00:03:46	2:07:26 (643)
644	622	Andres Sanchez	ES	M35-39	112	05:32:34	00:37:19 (255)	00:06:12	2:35:42 (517)	00:10:51	2:02:30 (644)
645	1250	Jakub Barchanski	PL	M35-39	113	05:32:37	00:51:04 (886)	00:07:28	2:29:21 (660)	00:04:05	2:00:39 (645)
646	828	Weronika Glaubert	PL	F18-24	3	05:32:41	00:41:45 (499)	00:04:38	2:35:38 (568)	00:03:17	2:07:23 (646)
647	500	Monika Miler-Walczak	PL	F45-49	6	05:32:50	00:41:44 (498)	00:04:24	2:47:38 (744)	00:02:45	1:56:19 (647)
648	499	Bartlomiej Cybulski	PL	M40-44	124	05:32:53	00:56:46 (964)	00:05:24	2:32:10 (748)	00:09:14	1:49:19 (648)
649	778	Daphne Adriaense	BE	F35-39	10	05:32:58	00:45:47 (732)	00:04:34	2:41:36 (716)	00:02:47	1:58:14 (649)
650	784	Adam Galos	PL	M40-44	125	05:33:13	00:45:06 (700)	00:06:19	2:36:39 (664)	00:04:46	2:00:23 (650)
651	935	Igors Klimovs	LV	M30-34	85	05:33:16	00:51:46 (901)	00:05:48	2:30:35 (666)	00:03:27	2:01:40 (651)
652	553	Dariusz Malicki	PL	M45-49	87	05:33:24	00:41:31 (477)	00:08:14	2:33:28 (590)	00:05:38	2:04:33 (652)
653	609	Juozas Butkevicius	LT	M35-39	114	05:33:36	00:43:06 (590)	00:05:08	2:34:57 (589)	00:03:05	2:07:20 (653)
654	261	Ewa Wójcik	PL	F60-64	2	05:33:50	00:44:48 (680)	00:06:34	2:28:30 (534)	00:06:38	2:07:20 (654)
655	586	Jakub Grzyb	PL	M30-34	86	05:34:13	00:45:11 (706)	00:06:35	2:44:28 (765)	00:05:46	1:52:13 (655)
656	364	Logan Wilcox	GB	M25-29	70	05:34:38	00:40:09 (405)	00:04:19	2:39:13 (600)	00:03:10	2:07:47 (656)
657	606	Krzysztof Pietrusiak	PL	M40-44	126	05:34:48	00:46:17 (752)	00:06:18	2:37:06 (686)	00:03:59	2:01:08 (657)
658	426	Kamil Rzewudzki	PL	M35-39	115	05:35:26	00:45:36 (723)	00:08:18	2:46:23 (789)	00:04:45	1:50:24 (658)
659	186	Malgorzata Chojnacka	PL	F55-59	2	05:35:33	00:46:01 (745)	00:04:21	2:40:45 (706)	00:04:08	2:00:18 (659)
660	730	Timas Saltanavicius	LT	M25-29	71	05:35:43	00:44:02 (638)	00:08:22	2:53:49 (833)	00:04:51	1:44:39 (660)
661	782	Oscar Van Lavieren	NL	M40-44	127	05:35:48	00:34:14 (131)	00:05:52	2:39:35 (527)	00:04:36	2:11:31 (661)
662	577	Andras Mesa Mayo	HU	M30-34	87	05:36:00	00:00:00 (-)	00:00:00	2:24:54 (439)	00:04:40	2:16:33 (662)
663	528	Iwona Migda	PL	F40-44	6	05:36:15	00:43:01 (587)	00:03:57	2:37:34 (611)	00:03:58	2:07:45 (663)
664	184	Marta Grzesik	PL	F40-44	7	05:36:29	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	1:57:27 (664)
665	1199	Mehdi Idrissi Qaitouni	MA	M35-39	116	05:36:44	00:48:17 (824)	00:05:21	2:38:33 (719)	00:05:42	1:58:51 (665)
666	714	Luke Belfield	GB	M30-34	88	05:36:46	00:40:16 (409)	00:06:22	2:46:02 (730)	00:04:49	1:59:17 (666)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
667	819	Yury Yurkou	ZZ	M35-39	117	05:36:49	00:42:47 (568)	00:04:44	2:43:24 (701)	00:03:41	2:02:13 (667)
668	953	Dragonidesova Veronika	SK	F30-34	16	05:37:20	00:43:44 (622)	00:05:12	2:43:52 (733)	00:06:07	1:58:25 (668)
669	1181	Maciej Ferek	PL	M45-49	88	05:37:21	00:44:54 (685)	00:07:22	2:39:52 (718)	00:04:23	2:00:50 (669)
670	114	Jerry Kenbeek	NL	M45-49	89	05:37:22	00:44:53 (683)	00:02:48	2:19:49 (340)	00:07:11	2:22:41 (670)
671	1014	Tomas Piscikas	LT	M25-29	72	05:37:40	00:45:10 (704)	00:06:01	2:37:18 (670)	00:03:31	2:05:40 (671)
672	919	Andreas Buchinger	AT	M25-29	73	05:37:54	00:37:48 (283)	00:07:23	2:44:05 (680)	00:06:03	2:02:35 (672)
673	578	Giacomo Capobianco	IT	M40-44	128	05:37:55	00:52:15 (916)	00:04:49	2:34:08 (709)	00:03:18	2:03:25 (673)
674	797	Girolamo Costa	IT	M45-49	90	05:38:02	00:38:45 (326)	00:05:44	2:43:14 (657)	00:03:55	2:06:24 (674)
675	488	Aurimas Sadauskas	LT	M40-44	129	05:38:10	00:48:51 (850)	00:03:37	2:31:10 (598)	00:03:03	2:11:29 (675)
676	209	Mohamed Mahlab	EG	M45-49	91	05:38:13	00:45:45 (730)	00:03:39	2:37:12 (639)	00:02:36	2:09:01 (676)
677	1073	Mathieu Pelletier	CA	M35-39	118	05:38:14	00:45:11 (706)	00:05:59	3:05:05 (891)	00:04:59	1:37:00 (677)
678	199	Arina Niyaki	ZA	F18-24	4	05:38:19	00:35:20 (183)	00:02:32	2:37:07 (443)	00:04:31	2:18:49 (678)
679	738	Marek Stepniowski	PL	M35-39	119	05:38:29	00:46:06 (748)	00:06:11	2:48:27 (792)	00:02:52	1:54:53 (679)
680	790	Dave Moriarty	IE	M40-44	130	05:38:38	00:54:26 (943)	00:06:29	2:45:14 (832)	00:05:27	1:47:02 (680)
681	756	Rytis Benaitis	LT	M30-34	89	05:38:40	00:45:00 (692)	00:04:41	2:40:26 (693)	00:03:05	2:05:28 (681)
682	473	Waldemar Jalocho	PL	M55-59	28	05:38:51	00:47:22 (793)	00:04:35	2:38:58 (701)	00:03:14	2:04:42 (682)
683	451	Sebastian Poznanski	PL	M45-49	92	05:38:56	00:46:32 (761)	00:05:34	2:44:36 (769)	00:04:24	1:57:50 (683)
684	262	Grzegorz Buchal	PL	M50-54	51	05:38:57	00:45:24 (716)	00:05:12	2:41:06 (713)	00:03:43	2:03:32 (684)
685	1239	Bartlomiej Plawiak	PL	M40-44	131	05:39:01	00:44:02 (638)	00:04:52	2:33:29 (571)	00:03:52	2:12:46 (685)
686	1058	Adele Hall	IE	F30-34	17	05:39:04	00:42:45 (563)	00:05:22	2:44:21 (727)	00:04:33	2:02:03 (686)
687	815	Rannveig Guicharnaud	IS	F50-54	6	05:39:30	00:40:36 (424)	00:05:13	2:33:50 (526)	00:04:08	2:15:43 (687)
688	1020	Nemanja Kr?ljanin	RS	M30-34	90	05:39:49	00:45:05 (696)	00:04:04	2:40:12 (681)	00:04:41	2:05:47 (688)
689	762	Joakim Kvamvold	NO	M35-39	120	05:39:50	00:45:59 (744)	00:05:35	2:35:54 (654)	00:04:05	2:08:17 (689)
689	1178	Filip Tomczuk	PL	M30-34	91	05:39:50	00:42:12 (534)	00:04:24	2:37:44 (606)	00:03:12	2:12:18 (689)
691	1111	Leonidas Nikidis	GR	M55-59	29	05:39:53	00:46:32 (761)	00:04:30	2:41:44 (732)	00:02:56	2:04:11 (691)
692	753	Wojciech Dubinski	PL	M35-39	121	05:40:14	00:44:19 (654)	00:03:40	2:35:09 (588)	00:03:11	2:13:55 (692)
693	171	Natallia Zhuk-Dabbas	US	F35-39	11	05:41:02	00:50:09 (871)	00:05:17	2:32:24 (659)	00:04:20	2:08:52 (693)
694	683	Piergiorgio Caroletti	IT	M55-59	30	05:41:03	00:40:07 (401)	00:05:08	2:43:07 (669)	00:04:52	2:07:49 (694)
695	501	Tomasz Madej	PL	M40-44	132	05:41:08	00:40:37 (425)	00:06:22	2:36:52 (601)	00:04:18	2:12:59 (695)
696	315	Rohit Rajendran	NZ	M45-49	93	05:41:11	00:54:09 (940)	00:05:10	2:33:46 (737)	00:03:37	2:04:29 (696)
697	268	Christos Simos	GR	M55-59	31	05:41:18	00:00:00 (-)	00:00:00	2:27:26 (770)	00:10:18	1:53:52 (697)
698	709	Milo? Brckalo	DE	M40-44	133	05:41:19	00:48:38 (839)	00:05:57	2:56:25 (860)	00:03:17	1:47:02 (698)
699	555	Artur Tomaszek	PL	M50-54	52	05:41:22	00:45:48 (734)	00:04:19	2:35:28 (624)	00:03:49	2:11:58 (699)
699	984	Andrzej Syta	PL	M40-44	134	05:41:22	00:40:52 (437)	00:03:38	2:42:43 (652)	00:03:29	2:10:40 (699)
701	635	Elisabeth Solum	NO	F45-49	7	05:41:30	00:38:29 (314)	00:05:55	2:46:22 (696)	00:04:29	2:06:15 (701)
702	901	Mark Forrester	AU	M55-59	32	05:41:45	00:46:31 (760)	00:06:14	2:41:56 (755)	00:04:11	2:02:53 (702)
703	899	Lucia Matkovsk?	SK	F25-29	10	05:41:55	00:47:03 (782)	00:04:55	2:52:35 (823)	00:03:27	1:53:55 (703)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
704	1021	George Pataraiia	GE	M40-44	135	05:41:58	00:41:18 (458)	00:04:57	2:43:27 (687)	00:04:42	2:07:34 (704)
705	1147	Christian Zammit	MT	M35-39	122	05:42:01	00:41:04 (445)	00:05:12	2:25:41 (397)	00:03:43	2:26:21 (705)
706	657	Alex Meyer	DE	M40-44	136	05:42:16	00:38:37 (322)	00:05:04	2:35:03 (508)	00:03:06	2:20:26 (706)
707	333	Robert Strulak	PL	M30-34	92	05:42:18	00:55:38 (952)	00:04:15	2:44:34 (822)	00:03:12	1:54:39 (707)
708	572	Anna Kolbr? Fri?riksd?ttir	IS	F25-29	11	05:42:19	00:40:34 (422)	00:04:16	2:47:25 (720)	00:02:51	2:07:13 (708)
709	793	Augmante Alisauskaite	LT	F25-29	12	05:42:20	00:41:39 (485)	00:06:33	2:42:41 (700)	00:03:45	2:07:42 (709)
710	510	Gila Lammers	DE	F35-39	12	05:42:27	00:42:44 (562)	00:05:49	2:51:20 (788)	00:07:15	1:55:19 (710)
711	1137	Athina Adaou	GR	F45-49	8	05:42:47	00:42:10 (531)	00:03:37	2:39:46 (622)	00:07:40	2:09:34 (711)
712	886	Ar?N? Daunien?	LT	F30-34	18	05:43:18	00:38:52 (331)	00:05:12	2:48:15 (722)	00:03:47	2:07:12 (712)
713	611	Gary Reeves	IE	M50-54	53	05:43:20	00:33:00 (97)	00:05:52	2:46:10 (615)	00:05:41	2:12:37 (713)
713	592	Pawel Zurowski	PL	M35-39	123	05:43:20	00:43:57 (634)	00:04:17	2:22:59 (389)	00:03:45	2:28:22 (713)
715	523	Juraj Ko??k	SK	M30-34	93	05:43:25	00:50:58 (883)	00:03:51	2:31:42 (636)	00:02:35	2:14:19 (715)
716	175	Salma Shabana	EG	F45-49	9	05:43:27	00:42:45 (563)	00:06:14	2:55:24 (819)	00:05:06	1:53:58 (716)
717	1110	George Gregory	IE	M40-44	137	05:43:38	00:47:03 (782)	00:05:16	2:40:07 (726)	00:03:13	2:07:59 (717)
718	871	Marian Marcell	SK	M45-49	94	05:43:49	00:36:06 (207)	00:06:17	2:38:15 (543)	00:04:25	2:18:46 (718)
719	705	Pawel Wasniowski	PL	M25-29	74	05:43:51	00:44:17 (650)	00:03:37	2:33:30 (560)	00:03:20	2:19:07 (719)
720	957	Emanuele Schembari	IT	M55-59	33	05:43:54	00:48:10 (819)	00:07:56	2:41:27 (774)	00:06:03	2:00:18 (720)
721	1244	Andrzej Krasuski	PL	M60-64	10	05:44:29	00:41:47 (502)	00:05:44	2:41:57 (683)	00:03:41	2:11:20 (721)
722	1248	Piotr Marchwinski	PL	M40-44	138	05:44:36	00:43:47 (626)	00:05:16	2:41:52 (701)	00:04:54	2:08:47 (722)
723	666	Spyridona Charalambous	CY	F18-24	5	05:44:41	00:33:52 (121)	00:05:57	2:46:17 (632)	00:05:55	2:12:40 (723)
724	225	Alison Rose-Quirie	GB	F60-64	3	05:44:47	00:44:39 (670)	00:03:44	2:42:52 (711)	00:03:45	2:09:47 (724)
725	1200	Leila Najioullah	MA	F45-49	10	05:45:02	00:48:02 (816)	00:04:25	2:49:35 (800)	00:03:36	1:59:24 (725)
726	1101	Raimundas Slavinskas	LT	M45-49	95	05:45:18	00:43:03 (588)	00:06:59	2:37:36 (655)	00:05:26	2:12:14 (726)
727	1134	Niklavs Tilciks	LV	M25-29	75	05:45:21	00:46:43 (767)	00:06:42	2:37:26 (698)	00:05:37	2:08:53 (727)
728	456	David Hughes	GB	M50-54	54	05:45:24	00:49:11 (855)	00:05:20	2:43:40 (775)	00:06:33	2:00:40 (728)
729	552	Pawel Sokalski	PL	M50-54	55	05:45:49	00:46:35 (763)	00:06:16	2:49:21 (803)	00:04:37	1:59:00 (729)
730	376	Rolandas Jankauskas	LT	M40-44	139	05:45:57	00:44:13 (648)	00:04:59	2:34:15 (593)	00:02:45	2:19:45 (730)
731	632	Tomasz Sema?	PL	M35-39	124	05:46:04	00:43:34 (614)	00:07:33	2:48:08 (783)	00:04:03	2:02:46 (731)
732	509	Rafal G?rski	PL	M50-54	56	05:46:13	00:41:27 (474)	00:05:01	2:37:53 (607)	00:05:48	2:16:04 (732)
733	527	Anna Pawlok	PL	F30-34	19	05:46:26	00:00:00 (-)	00:00:00	2:42:52 (689)	00:06:02	2:10:34 (733)
734	962	Gregor Gaffke	DE	M40-44	140	05:47:03	00:46:07 (749)	00:06:45	2:33:28 (634)	00:04:22	2:16:21 (734)
735	434	Artur Jedrycha	PL	M45-49	96	05:47:09	00:48:14 (822)	00:06:14	2:32:39 (650)	00:06:24	2:13:38 (735)
736	389	Mikolaj Wisniewski	PL	M25-29	76	05:47:22	00:45:58 (742)	00:04:54	2:40:19 (708)	00:05:39	2:10:32 (736)
737	678	Hubert Waterinckx	RW	M35-39	125	05:47:39	00:42:00 (519)	00:04:55	2:42:04 (678)	00:04:10	2:14:30 (737)
738	1063	Michal Bajkowski	PL	M35-39	126	05:47:48	00:50:21 (876)	00:06:27	2:28:14 (615)	00:04:37	2:18:09 (738)
738	764	Florentia Charalambous	CY	F50-54	7	05:47:48	00:45:56 (740)	00:05:36	2:47:00 (779)	00:04:31	2:04:45 (738)
740	942	Antra Roga	LV	F50-54	8	05:48:19	00:36:55 (240)	00:03:40	2:46:18 (646)	00:04:09	2:17:17 (740)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
741	243	Yves Theze	FR	M45-49	97	05:48:50	00:41:45 (499)	00:04:49	2:38:01 (612)	00:05:43	2:18:32 (741)
742	954	Karol Berner	PL	M35-39	127	05:48:52	00:53:36 (934)	00:04:52	2:37:14 (762)	00:03:40	2:09:30 (742)
743	629	Milos Zbiljic	RS	M35-39	128	05:49:05	00:45:13 (709)	00:05:46	2:58:16 (852)	00:02:58	1:56:52 (743)
744	642	Vadims Frolovs	LV	M35-39	129	05:49:08	00:45:47 (732)	00:04:45	2:32:17 (582)	00:04:32	2:21:47 (744)
745	482	Adam Klimczak	PL	M55-59	34	05:49:09	00:38:32 (318)	00:05:23	2:49:43 (742)	00:03:49	2:11:42 (745)
746	478	Andrius Kirklys	LT	M40-44	141	05:49:43	00:51:22 (897)	00:07:47	2:40:41 (787)	00:04:37	2:05:16 (746)
747	1218	Tomasz Lecki	PL	M45-49	98	05:50:07	00:43:30 (609)	00:04:12	2:39:08 (644)	00:04:32	2:18:45 (747)
748	1107	Paulius Andriekus	LT	M30-34	94	05:50:12	00:52:05 (911)	00:07:40	2:55:17 (882)	00:06:01	1:49:09 (748)
749	250	Pornteera Sethsompope	TH	F30-34	20	05:50:13	00:46:56 (778)	00:07:34	2:33:30 (663)	00:04:06	2:18:07 (749)
750	1182	Hubert Golembiowski	PL	M40-44	142	05:50:17	00:35:49 (196)	00:05:50	2:57:02 (781)	00:02:36	2:09:00 (750)
751	1069	Sylwia Koczy-Lusiak	PL	F35-39	13	05:50:20	00:49:38 (863)	00:04:38	2:47:34 (799)	00:03:53	2:04:37 (751)
752	1145	Agnieszka Bien	PL	F25-29	13	05:50:31	00:36:02 (206)	00:03:53	2:46:43 (640)	00:02:49	2:21:04 (752)
752	680	Matthieu Klinker	DE	M35-39	130	05:50:31	00:40:10 (407)	00:07:50	2:46:34 (753)	00:07:15	2:08:42 (752)
754	903	Norbert Pyndryk	PL	M40-44	143	05:50:32	00:43:05 (589)	00:04:21	2:43:40 (705)	00:03:36	2:15:50 (754)
755	1169	Gabriela Gawel	PL	F25-29	14	05:50:33	00:45:42 (728)	00:04:08	3:12:07 (925)	00:04:10	1:44:26 (755)
756	979	Matt Michels	GB	M50-54	57	05:50:46	00:46:26 (758)	00:05:26	2:49:03 (794)	00:05:03	2:04:48 (756)
757	816	Frank Degarde	NL	M45-49	99	05:50:53	00:45:14 (711)	00:06:29	2:42:41 (752)	00:04:17	2:12:12 (757)
758	765	Krzysztof Bereda	PL	M50-54	58	05:50:54	00:54:41 (947)	00:06:11	2:45:38 (836)	00:05:59	1:58:25 (758)
759	982	Wojciech Dysko	PL	M35-39	131	05:51:06	00:40:52 (437)	00:03:59	2:47:05 (715)	00:02:58	2:16:12 (759)
760	685	Wojciech Skoczylas	PL	M55-59	35	05:51:14	00:49:51 (865)	00:06:10	2:43:24 (784)	00:05:43	2:06:06 (760)
761	1202	Sebastian Labedzki	PL	M40-44	144	05:51:38	00:48:15 (823)	00:10:28	2:47:47 (836)	00:04:20	2:00:48 (761)
762	858	Marcin Bury	PL	M45-49	100	05:51:44	00:43:08 (592)	00:05:30	2:33:53 (573)	00:03:58	2:25:15 (762)
763	804	Graham Reeves	IE	M45-49	101	05:51:50	00:40:45 (432)	00:05:28	2:49:01 (759)	00:04:02	2:12:34 (763)
764	1271	Nina Kaftan	DE	F45-49	11	05:51:52	00:48:37 (838)	00:05:51	2:55:23 (856)	00:04:17	1:57:44 (764)
765	717	Igor Dedovic	RS	M30-34	95	05:52:37	00:47:09 (789)	00:06:30	3:07:27 (917)	00:02:35	1:48:56 (765)
766	549	Mariusz Swiniarski	PL	M45-49	102	05:52:45	00:44:17 (650)	00:04:36	2:43:31 (723)	00:03:38	2:16:43 (766)
767	690	Piotr Gorycki	PL	M30-34	96	05:52:47	1:00:48 (976)	00:04:36	2:50:29 (889)	00:04:00	1:52:54 (767)
768	598	Maksim Afanasenko	PL	M25-29	77	05:52:48	00:41:41 (488)	00:07:56	2:47:50 (772)	00:05:17	2:10:04 (768)
769	212	Ahmed Loay Elsawaf	EG	M45-49	103	05:52:49	00:49:34 (861)	00:05:08	2:41:06 (763)	00:04:50	2:12:11 (769)
770	1167	Grzegorz Wieczorek	AO	M40-44	145	05:53:01	00:53:01 (928)	00:05:04	2:44:07 (803)	00:03:30	2:07:19 (770)
771	870	Jan Niewinski	PL	M40-44	146	05:53:26	00:45:43 (729)	00:04:45	2:43:53 (749)	00:05:42	2:13:23 (771)
772	224	Jacek Nawrot	PL	M60-64	11	05:53:32	00:45:03 (694)	00:03:49	2:45:29 (749)	00:05:29	2:13:42 (772)
773	547	Egle Ciuzaitė	LT	F40-44	8	05:53:41	00:51:05 (887)	00:09:46	2:58:36 (903)	00:05:23	1:48:51 (773)
774	10	Thomas Dreher	DE	MPRO	14	05:53:48	00:48:32 (834)	00:04:11	2:39:42 (724)	00:04:54	2:16:29 (774)
775	1075	Pamina Karvela	GR	F35-39	14	05:53:56	00:50:04 (870)	00:05:11	2:52:47 (846)	00:04:38	2:01:16 (775)
776	1230	Bartosz Urbanski	PL	M40-44	147	05:54:14	00:17:40 (2)	00:11:45	3:11:16 (791)	00:05:58	2:07:35 (776)
777	584	Konrad Stefanski	PL	M30-34	97	05:54:31	00:43:25 (607)	00:06:45	2:40:37 (697)	00:05:07	2:18:37 (777)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
778	328	Paulina Tatara	PL	F35-39	15	05:54:34	00:45:13 (709)	00:03:02	2:48:02 (767)	00:02:56	2:15:21 (778)
779	534	Anna Rewicka	PL	F35-39	16	05:54:35	00:42:59 (585)	00:04:18	2:50:10 (772)	00:04:12	2:12:56 (779)
780	408	Lukasz Kobylinski	PL	M35-39	132	05:54:42	00:48:18 (826)	00:06:03	2:44:11 (779)	00:04:34	2:11:36 (780)
781	626	Milos Nikolic	RS	M40-44	148	05:55:17	00:42:18 (541)	00:04:44	2:46:25 (740)	00:03:08	2:18:42 (781)
782	623	Piotr Binka	PL	M35-39	133	05:55:24	00:43:12 (595)	00:07:10	2:51:43 (801)	00:04:31	2:08:48 (782)
783	1009	Steve Reeves	IE	M45-49	104	05:55:44	00:35:35 (188)	00:05:51	2:49:00 (694)	00:03:16	2:22:02 (783)
784	211	Sarah Abdou	EG	F40-44	9	05:55:49	00:44:31 (662)	00:05:13	2:57:50 (844)	00:04:14	2:04:01 (784)
785	210	Amy Baky	EG	F40-44	10	05:55:55	00:40:31 (421)	00:04:30	2:45:51 (699)	00:04:28	2:20:35 (785)
786	378	Andrew Bell	IE	M50-54	59	05:55:59	00:39:09 (345)	00:04:39	2:35:33 (520)	00:04:29	2:32:09 (786)
787	1032	Paolo Mazzucato	IT	M45-49	105	05:56:16	00:44:35 (665)	00:06:20	2:36:16 (651)	00:04:15	2:24:50 (787)
788	783	Emese T?th	HU	F35-39	17	05:56:38	00:43:37 (616)	00:05:32	2:53:18 (806)	00:04:14	2:09:57 (788)
789	394	Artur Wozniak	PL	M40-44	149	05:56:39	00:45:10 (704)	00:05:39	2:53:29 (817)	00:04:51	2:07:30 (789)
790	392	Andor Mircea	RO	M50-54	60	05:56:41	00:45:35 (722)	00:06:48	2:51:20 (812)	00:05:29	2:07:29 (790)
791	277	Svetlin Mladenov	BG	M35-39	134	05:56:45	00:45:22 (714)	00:05:30	2:49:36 (790)	00:05:36	2:10:41 (791)
792	929	Jan Francu	CZ	M30-34	98	05:56:52	00:47:05 (785)	00:07:43	2:59:31 (875)	00:06:03	1:56:30 (792)
793	1067	Oskar Szczepanski	PL	M35-39	135	05:57:25	00:50:43 (879)	00:06:31	2:35:28 (731)	00:04:32	2:20:11 (793)
794	696	Robert Plesko	PL	M45-49	106	05:57:46	00:46:59 (780)	00:06:52	2:50:42 (823)	00:04:14	2:08:59 (794)
795	228	Tomasz Fraczak	PL	M30-34	99	05:58:10	00:45:23 (715)	00:09:38	2:44:39 (786)	00:04:03	2:14:27 (795)
796	406	Adam Rzeczkowski	PL	M50-54	61	05:58:18	00:46:45 (769)	00:08:04	3:01:42 (892)	00:03:36	1:58:11 (796)
797	1201	Tomasz Zajac	PL	M35-39	136	05:58:20	00:56:12 (958)	00:04:26	2:16:48 (490)	00:03:27	2:37:27 (797)
798	708	Michael Anthony Tucker	US	M60-64	12	05:58:24	00:40:57 (441)	00:06:03	2:47:10 (745)	00:04:08	2:20:06 (798)
799	1052	Krzysiek Wolski	PL	M40-44	150	05:58:34	00:49:50 (864)	00:04:12	2:52:14 (834)	00:03:45	2:08:33 (799)
800	494	Kamil Szpich	PL	M35-39	137	05:58:55	00:47:43 (807)	00:06:47	2:51:12 (829)	00:04:47	2:08:26 (800)
801	931	Alexandre Possanzini	IT	M50-54	62	05:58:59	00:43:58 (636)	00:05:59	2:42:21 (721)	00:09:36	2:17:05 (801)
802	661	Morten Hansen	NO	M35-39	138	05:59:06	00:46:04 (746)	00:06:25	2:48:28 (795)	00:04:20	2:13:49 (802)
803	930	Giorgos Paschalis	CY	M55-59	36	05:59:09	00:44:42 (673)	00:05:19	2:52:13 (805)	00:04:18	2:12:37 (803)
804	966	Nick Nicastro	DE	M50-54	63	05:59:19	00:43:42 (621)	00:05:45	2:54:56 (819)	00:04:40	2:10:16 (804)
805	838	Adam Bachanek	PL	M45-49	107	06:00:01	00:48:52 (851)	00:08:58	2:53:10 (860)	00:07:53	2:01:08 (805)
805	430	Adrian Grabski	PL	M35-39	139	06:00:01	00:46:08 (750)	00:03:06	2:44:58 (746)	00:03:32	2:22:17 (805)
807	673	Adrien Colson	FR	M35-39	140	06:00:06	00:43:15 (598)	00:05:12	2:46:37 (758)	00:03:49	2:21:13 (807)
808	276	Pawel Czekirda	PL	M45-49	108	06:00:26	00:47:36 (806)	00:04:42	2:51:52 (816)	00:05:51	2:10:25 (808)
809	462	Sam Poulton	GB	M18-24	12	06:00:31	00:45:20 (713)	00:06:00	3:03:36 (880)	00:06:30	1:59:05 (809)
810	557	Wojciech Wieronski	PL	M45-49	109	06:00:34	00:44:38 (667)	00:08:39	2:59:42 (867)	00:05:18	2:02:17 (810)
811	884	Dorota Pawlik	PL	F45-49	12	06:01:30	00:00:00 (-)	00:00:00	2:57:24 (842)	00:03:40	2:10:20 (811)
811	904	Hesham Taman	EG	M40-44	151	06:01:30	00:42:54 (579)	00:04:12	2:15:26 (260)	00:06:07	2:52:51 (811)
813	1092	Tomasz Czechowicz	PL	M50-54	64	06:01:36	00:00:00 (-)	00:00:00	2:46:56 (870)	00:04:16	2:04:02 (813)
814	1141	Dmitry Iakovlev	ZZ	M45-49	110	06:01:41	00:51:58 (906)	00:06:41	3:01:01 (906)	00:05:07	1:56:54 (814)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
815	299	Nabil El-Gohary	EG	M35-39	141	06:01:48	00:47:08 (787)	00:05:19	2:54:26 (838)	00:04:07	2:10:48 (815)
816	1274	Dariusz Gnieciak	PL	M40-44	152	06:01:50	00:54:18 (941)	00:07:58	2:57:31 (907)	00:04:34	1:57:29 (816)
817	1241	Zhan Skaskevich	ZZ	M25-29	78	06:01:54	00:43:48 (628)	00:06:29	3:01:04 (863)	00:05:29	2:05:04 (817)
818	634	Andrius Piskus	LT	M30-34	100	06:01:56	00:38:59 (334)	00:06:37	2:58:45 (818)	00:03:51	2:13:44 (818)
819	802	Conor Tonkin	GB	M25-29	79	06:02:02	00:48:32 (834)	00:06:49	3:02:13 (895)	00:04:27	2:00:01 (819)
820	689	Anna Aleksandrova	LV	F40-44	11	06:02:07	00:40:23 (416)	00:06:58	2:53:28 (793)	00:04:38	2:16:40 (820)
821	669	Andrei Glazunov	DE	M35-39	142	06:03:31	00:51:26 (899)	00:10:02	2:45:32 (839)	00:05:04	2:11:27 (821)
822	744	Krzysztof Biel	PL	M45-49	111	06:03:49	00:46:35 (763)	00:07:05	2:39:08 (733)	00:05:17	2:25:44 (822)
823	720	Harry Briggs	GB	M55-59	37	06:03:56	00:42:09 (530)	00:08:04	2:34:08 (607)	00:04:59	2:34:36 (823)
824	393	Aleksander Wlazalek	PL	M18-24	13	06:04:23	00:48:46 (845)	00:05:30	2:50:47 (826)	00:04:56	2:14:24 (824)
825	402	Jacob Holberry	GB	M18-24	14	06:04:36	00:50:29 (877)	00:06:08	2:52:30 (850)	00:04:33	2:10:56 (825)
826	412	Miguel Machado	ES	M35-39	143	06:05:06	00:31:21 (61)	00:05:18	3:02:57 (785)	00:04:09	2:21:21 (826)
827	1190	Christine Broughan	GB	F55-59	3	06:05:07	00:44:42 (673)	00:04:59	3:03:55 (874)	00:03:32	2:07:59 (827)
828	723	Rafal Sieradzki	PL	M45-49	112	06:05:08	00:48:28 (829)	00:04:20	2:41:53 (755)	00:02:25	2:28:02 (828)
829	946	Mike Mijas	PL	M30-34	101	06:05:13	00:43:23 (605)	00:04:23	2:48:30 (766)	00:03:09	2:25:48 (829)
830	463	Isabella Boyden	GB	F25-29	15	06:05:31	00:45:56 (740)	00:04:58	3:09:10 (911)	00:04:32	2:00:55 (830)
831	771	Artem Davydov	PL	M35-39	144	06:05:49	00:43:39 (617)	00:07:26	2:59:02 (857)	00:06:06	2:09:36 (831)
832	620	Artyom Fichshuk	KZ	M35-39	145	06:06:09	1:05:25 (988)	00:05:28	2:36:38 (843)	00:06:37	2:12:01 (832)
833	311	Peter Moll	DE	M45-49	113	06:07:00	00:46:48 (772)	00:07:08	2:38:34 (728)	00:10:04	2:24:26 (833)
834	832	Dorota Marcinkiewicz	DE	F35-39	18	06:07:15	00:51:15 (893)	00:07:03	2:57:51 (890)	00:05:20	2:05:46 (834)
835	489	Kevin Attreed	GB	M35-39	146	06:07:24	00:45:50 (736)	00:09:02	2:30:45 (625)	00:05:01	2:36:46 (835)
836	719	Peter Salaj	SK	M35-39	147	06:07:48	00:42:17 (537)	00:05:10	2:57:28 (825)	00:03:53	2:19:00 (836)
837	223	Dean Azzalini	AU	M40-44	153	06:07:54	00:36:43 (230)	00:05:10	2:37:26 (519)	00:04:02	2:44:33 (837)
838	319	Tomasz Chalamonski	PL	M45-49	114	06:08:23	00:49:18 (859)	00:06:18	2:47:39 (809)	00:05:03	2:20:05 (838)
839	1174	Fahad Ali	GB	M45-49	115	06:08:26	00:47:56 (814)	00:06:15	3:01:26 (886)	00:04:42	2:08:07 (839)
840	980	Patryk Kobak	PL	M30-34	102	06:08:37	00:38:59 (334)	00:06:54	2:55:29 (797)	00:05:07	2:22:08 (840)
841	513	Mattia Gobbi	CH	M30-34	103	06:09:36	00:38:41 (323)	00:06:16	2:43:32 (670)	00:05:31	2:35:36 (841)
842	1102	Denys Ovcharov	UA	M35-39	148	06:09:41	00:43:31 (610)	00:07:05	3:04:19 (879)	00:04:16	2:10:30 (842)
843	536	Malgorzata Kukucz-Legien	PL	F40-44	12	06:09:51	00:41:33 (479)	00:05:29	2:44:40 (713)	00:04:33	2:33:36 (843)
844	1157	Brenton Roberts-Thomson	AU	M35-39	149	06:09:52	00:41:24 (470)	00:05:12	2:57:32 (815)	00:04:27	2:21:17 (844)
845	1026	Rory O Mathuna	IE	M25-29	80	06:10:00	00:42:17 (537)	00:07:26	2:46:50 (768)	00:04:36	2:28:51 (845)
846	453	Piotr Wawrzyniak	PL	M40-44	154	06:10:03	00:52:11 (914)	00:05:24	2:44:14 (798)	00:06:22	2:21:52 (846)
847	1264	Piotr Bazylak	PL	M45-49	116	06:10:37	00:56:26 (961)	00:11:19	2:52:14 (909)	00:08:03	2:02:35 (847)
848	869	Marek Ziec	PL	M25-29	81	06:10:38	00:45:06 (700)	00:06:16	2:47:07 (778)	00:05:19	2:26:50 (848)
849	1074	Larissa Krajasich	AT	F50-54	9	06:10:47	00:41:54 (510)	00:05:26	2:55:41 (808)	00:06:07	2:21:39 (849)
850	628	Danilo Prodanovic	RS	M35-39	150	06:11:07	00:42:04 (525)	00:05:53	3:02:35 (858)	00:04:07	2:16:28 (850)
851	421	Darek Schulte-Noelle	PL	M50-54	65	06:11:10	1:06:11 (991)	00:05:17	2:53:24 (937)	00:05:36	2:00:42 (851)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
852	849	Antanas Sagatauskas	LT	M40-44	155	06:11:30	00:52:34 (922)	00:06:03	3:00:00 (898)	00:05:26	2:07:27 (852)
853	1030	Sebastian Domzalski	PL	M40-44	156	06:12:00	00:51:05 (887)	00:04:49	2:52:53 (849)	00:03:18	2:19:55 (853)
854	711	Dyrkacz Richard	CA	M35-39	151	06:12:18	00:59:52 (971)	00:09:03	3:03:13 (963)	00:06:29	1:53:41 (854)
855	751	Nikoleta Kuřnřrovř	SK	F30-34	21	06:12:36	00:41:15 (455)	00:03:50	3:03:29 (848)	00:04:31	2:19:31 (855)
856	739	Leung Yan Lorraine Wong	HK	F45-49	13	06:12:57	00:44:19 (654)	00:07:45	3:10:22 (928)	00:07:21	2:03:10 (856)
857	1179	Harvey Sebestyen-Regan	GB	M25-29	82	06:13:05	00:00:00 (-)	00:00:00	2:51:10 (929)	00:04:12	2:06:23 (857)
858	1260	Marcin Gęrecki	PL	M45-49	117	06:13:13	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	2:17:20 (858)
859	581	Marius Suveizdis	LT	M35-39	152	06:13:24	00:52:05 (911)	00:04:31	2:48:46 (827)	00:04:43	2:23:19 (859)
860	284	Jerzy Lopag	PL	M45-49	118	06:13:28	00:52:56 (927)	00:05:07	2:40:08 (775)	00:05:44	2:29:33 (860)
860	384	Miruna Stefan	RO	F30-34	22	06:13:28	00:51:05 (887)	00:05:31	3:04:48 (921)	00:04:24	2:07:40 (860)
862	273	Pavel Ladziato	LT	M35-39	153	06:14:43	00:41:20 (460)	00:20:30	2:59:58 (923)	00:05:29	2:07:26 (862)
863	610	Yann Lozach	FR	M45-49	119	06:16:13	00:47:25 (794)	00:05:20	2:52:55 (828)	00:03:47	2:26:46 (863)
864	971	Ingrid Stormli	NO	F55-59	4	06:16:48	00:47:06 (786)	00:06:47	2:49:59 (813)	00:05:15	2:27:41 (864)
865	945	Konrad Deminski	PL	M40-44	157	06:16:50	00:51:19 (896)	00:12:25	2:47:35 (862)	00:08:34	2:16:57 (865)
866	325	Marcin Stachowski	PL	M50-54	66	06:17:06	00:48:50 (849)	00:10:32	2:38:57 (777)	00:07:35	2:31:12 (866)
867	491	Lee Putt	GB	M40-44	158	06:17:26	00:36:40 (228)	00:08:57	2:57:45 (810)	00:05:01	2:29:03 (867)
868	506	Agnieszka Rozlucka	PL	F40-44	13	06:17:54	1:13:57 (998)	00:07:18	2:46:48 (949)	00:04:14	2:05:37 (868)
869	625	Michael Son	IL	M45-49	120	06:17:57	00:42:38 (558)	00:08:04	3:16:51 (945)	00:07:17	2:03:07 (869)
870	968	Claire Nerenhausen	US	F35-39	19	06:18:20	00:55:01 (950)	00:06:27	2:53:53 (885)	00:04:09	2:18:50 (870)
871	667	Pawel Grabowski	PL	M30-34	104	06:18:28	00:42:45 (563)	00:04:40	2:40:13 (655)	00:05:08	2:45:42 (871)
872	833	Piotr Siennicki	PL	M45-49	121	06:18:58	00:51:03 (885)	00:12:36	2:45:56 (854)	00:05:44	2:23:39 (872)
873	496	Radosław Golab	PL	M40-44	159	06:19:02	00:50:17 (873)	00:03:34	3:00:52 (878)	00:03:03	2:21:16 (873)
874	542	Krzysztof Pawlik	PL	M50-54	67	06:19:20	00:41:09 (450)	00:05:09	2:49:36 (764)	00:04:10	2:39:16 (874)
875	850	Andres Kętt	EE	M45-49	122	06:19:21	00:48:49 (847)	00:06:22	2:46:57 (802)	00:04:32	2:32:41 (875)
876	1227	Dawid Jackowski	PL	M40-44	160	06:20:35	00:51:17 (894)	00:05:26	00:00:00 (-)	00:00:00	00:00:00 (876)
877	433	Mateusz Sojda	PL	M35-39	154	06:20:36	00:55:41 (953)	00:10:04	3:02:52 (953)	00:06:00	2:05:59 (877)
878	388	Avital Lovie Cohen	IL	F45-49	14	06:21:18	00:49:58 (867)	00:08:36	3:11:02 (955)	00:05:54	2:05:48 (878)
879	699	Ihor Riabov	UA	M25-29	83	06:21:19	00:41:14 (454)	00:05:45	3:16:08 (933)	00:04:02	2:14:10 (879)
880	563	Dorota Wieczorkiewicz	PL	F35-39	20	06:21:44	00:51:56 (904)	00:05:31	2:55:06 (866)	00:05:05	2:24:06 (880)
881	1172	Anastasiya Plotnikova	UA	F45-49	15	06:21:50	00:51:17 (894)	00:07:28	3:13:29 (964)	00:05:46	2:03:50 (881)
882	647	David Sokolovsky	SK	M30-34	105	06:21:57	00:42:37 (557)	00:05:09	3:13:55 (922)	00:04:15	2:16:01 (882)
883	399	Serena Gigg	GB	F55-59	5	06:22:11	00:45:52 (738)	00:06:02	2:55:35 (841)	00:05:45	2:28:57 (883)
884	241	Stanisław Klek	PL	M50-54	68	06:22:35	00:44:02 (638)	00:10:47	2:56:02 (859)	00:04:42	2:27:02 (884)
885	565	Dorota Grodecka	PL	F40-44	14	06:22:42	00:46:57 (779)	00:06:44	3:11:46 (939)	00:06:09	2:11:06 (885)
886	442	Adam Dyniewicz	PL	M50-54	69	06:23:07	00:50:01 (869)	00:12:16	2:50:48 (868)	00:09:57	2:20:05 (886)
887	1082	Grzegorz Swiszcz	PL	M40-44	161	06:23:37	00:49:11 (855)	00:09:34	2:54:41 (872)	00:06:50	2:23:21 (887)
888	1213	Agnieszka Lutak	PL	F30-34	23	06:24:23	00:55:49 (955)	00:03:47	2:58:24 (896)	00:04:19	2:22:04 (888)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
889	883	Heida Osk Gudmundsdottir	IS	F25-29	16	06:24:53	00:43:41 (619)	00:05:48	2:53:31 (807)	00:04:59	2:36:54 (889)
890	445	Patrik Torhan	CZ	M40-44	162	06:25:02	00:43:32 (613)	00:09:36	2:58:26 (864)	00:08:32	2:24:56 (890)
891	1065	Kornelia Zdolska	PL	F25-29	17	06:25:12	00:48:13 (820)	00:05:08	3:16:51 (956)	00:05:33	2:09:27 (891)
892	390	Zbigniew Wisniewski	PL	M55-59	38	06:25:41	00:50:17 (873)	00:07:19	3:01:29 (902)	00:05:32	2:21:04 (892)
893	817	Jefta Smits	NL	M45-49	123	06:26:03	00:51:53 (903)	00:08:35	3:00:25 (916)	00:07:21	2:17:49 (893)
894	803	Marco Pernigoni	IT	M25-29	84	06:26:14	00:41:37 (482)	00:10:06	3:01:37 (871)	00:06:17	2:26:37 (894)
895	517	Pascal Cauwenbergs	BE	M40-44	163	06:26:36	00:45:45 (730)	00:06:44	2:51:00 (811)	00:05:55	2:37:12 (895)
896	809	Jane Bannister	GB	F55-59	6	06:26:45	00:53:17 (931)	00:09:45	3:01:27 (935)	00:05:49	2:16:27 (896)
897	583	Piotr Kamil	PL	M30-34	106	06:26:46	00:51:56 (904)	00:09:43	2:58:45 (913)	00:06:35	2:19:47 (897)
898	387	Dov Bronshtein	IL	M55-59	39	06:26:57	00:47:54 (812)	00:10:34	3:04:08 (932)	00:08:37	2:15:44 (898)
899	916	Mohamed Wahby	EG	M45-49	124	06:27:08	00:42:08 (528)	00:05:37	3:07:15 (881)	00:07:17	2:24:51 (899)
900	543	Anna Flak-Wancerz	PL	F35-39	21	06:27:26	00:55:46 (954)	00:04:47	2:59:06 (905)	00:04:30	2:23:17 (900)
901	508	Michal Eliaz	PL	M40-44	164	06:27:49	00:51:58 (906)	00:06:19	2:51:29 (855)	00:06:19	2:31:44 (901)
901	535	Paul Formanko	SK	M25-29	85	06:27:49	00:38:48 (328)	00:05:32	3:04:49 (851)	00:05:34	2:33:06 (901)
903	1127	Maciej Bodych	PL	M45-49	125	06:28:22	00:52:47 (924)	00:06:41	2:47:42 (840)	00:05:41	2:35:31 (903)
904	1093	Serhii Ross	UA	M40-44	165	06:29:20	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	2:02:14 (904)
905	1078	Luca Spinelli	IT	M35-39	155	06:29:21	00:53:45 (936)	00:05:46	3:01:15 (914)	00:03:56	2:24:39 (905)
906	411	Alex Wilson	US	F35-39	22	06:30:12	00:45:12 (708)	00:07:44	3:29:42 (981)	00:04:12	2:03:22 (906)
907	1044	Maiia Fedosieienko	UA	F18-24	6	06:30:28	00:35:00 (163)	00:04:54	3:37:19 (974)	00:03:38	2:09:37 (907)
908	321	Adam Jankowski	PL	M35-39	156	06:30:33	00:42:28 (549)	00:06:11	3:05:53 (877)	00:04:01	2:32:00 (908)
909	836	Dominik Hajtol	SK	M30-34	107	06:30:53	00:47:46 (808)	00:08:26	3:16:34 (966)	00:05:05	2:13:02 (909)
910	497	Tomasz Makuch	PL	M35-39	157	06:30:54	00:42:10 (531)	00:08:29	3:15:39 (941)	00:07:16	2:17:20 (910)
911	383	Alina Ospanova	KZ	F35-39	23	06:31:18	1:05:32 (990)	00:06:13	3:12:14 (984)	00:04:27	2:02:52 (911)
912	800	Jakub Syta	PL	M45-49	126	06:32:09	00:47:34 (803)	00:04:42	3:04:41 (894)	00:04:45	2:30:27 (912)
913	763	Johanna Braun	FR	F18-24	7	06:32:10	00:00:00 (-)	00:00:00	3:06:40 (908)	00:06:06	2:26:08 (913)
914	599	Aleksander Afanasenko	PL	M60-64	13	06:32:29	00:46:45 (769)	00:07:38	2:58:45 (869)	00:09:07	2:30:14 (914)
915	837	Katinka Berg	NO	F18-24	8	06:32:32	00:44:45 (676)	00:05:55	3:05:10 (888)	00:03:10	2:33:32 (915)
916	335	Urszula Lapawa	PL	F35-39	24	06:33:13	00:52:29 (920)	00:05:17	3:01:52 (904)	00:04:53	2:28:42 (916)
917	911	Lesley Jones	GB	F55-59	7	06:33:42	1:00:15 (972)	00:05:30	3:06:37 (965)	00:06:03	2:15:17 (917)
918	951	Andra? Fu?ir	SI	M30-34	108	06:34:42	00:00:00 (-)	00:00:00	2:54:05 (853)	00:07:10	2:38:04 (918)
919	1231	Janusz Oledzki	PL	M65-69	3	06:34:47	00:47:21 (792)	00:05:47	3:08:14 (920)	00:04:08	2:29:17 (919)
920	341	Stephane Blondeau	FR	M50-54	70	06:34:54	00:42:17 (537)	00:10:16	3:09:58 (930)	00:06:08	2:26:15 (920)
921	983	Momen Abd El Aziz	EG	M35-39	158	06:35:03	00:43:11 (594)	00:04:31	3:00:03 (845)	00:06:07	2:41:11 (921)
922	856	Jakub Stolarczyk	PL	M25-29	86	06:35:29	00:47:29 (799)	00:08:03	2:59:48 (884)	00:09:20	2:30:49 (922)
923	965	Davit Harutyunyan	AM	M40-44	166	06:36:20	00:54:08 (939)	00:07:40	2:42:13 (814)	00:06:36	2:45:43 (923)
924	1219	Grzegorz Kopplinger	PL	M50-54	71	06:37:18	00:56:42 (962)	00:04:41	2:58:52 (912)	00:04:14	2:32:49 (924)
925	354	Derren Richardson	GB	M50-54	72	06:37:47	1:01:05 (977)	00:07:19	2:45:05 (873)	00:06:01	2:38:17 (925)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
926	492	Vadim Ricard Vasiljev	LT	M30-34	109	06:37:57	00:53:16 (930)	00:12:24	3:01:30 (944)	00:13:29	2:17:18 (926)
927	732	Ludovic Lauzier	FR	M35-39	159	06:38:41	00:54:34 (945)	00:08:29	2:53:35 (893)	00:07:36	2:34:27 (927)
928	608	Rimantas Butkevicius	LT	M60-64	14	06:39:14	00:55:00 (949)	00:05:25	3:02:10 (931)	00:05:18	2:31:21 (928)
929	740	Bartolomeu Ribeiro	PT	M25-29	87	06:39:28	00:46:51 (774)	00:04:22	2:54:39 (830)	00:03:17	2:50:19 (929)
930	614	Declan Lawler	IE	M50-54	73	06:39:45	1:01:15 (978)	00:06:10	3:03:03 (958)	00:06:42	2:22:35 (930)
931	1047	Krzysztof Lorek	PL	M18-24	15	06:39:47	00:51:59 (908)	00:04:59	3:09:55 (943)	00:03:58	2:28:56 (931)
932	905	Alex O'Brien	IE	M35-39	160	06:40:53	00:37:40 (276)	00:07:12	3:21:15 (940)	00:08:10	2:26:36 (932)
933	1176	Piotr Paprota	PL	M30-34	110	06:41:30	00:45:09 (703)	00:08:15	3:15:00 (952)	00:05:50	2:27:16 (933)
934	486	Robert Meadows	GB	M55-59	40	06:42:23	00:45:39 (726)	00:10:00	2:48:45 (821)	00:10:58	2:47:01 (934)
935	934	Ahmed Elashi	EG	M40-44	167	06:42:32	00:45:05 (696)	00:11:15	2:58:46 (883)	00:11:12	2:36:14 (935)
936	1066	Jakub Lapinski	PL	M40-44	168	06:43:17	1:05:23 (987)	00:11:18	2:53:59 (959)	00:06:19	2:26:18 (936)
937	755	Przemyslaw Jurczak	PL	M45-49	127	06:43:28	00:51:11 (890)	00:07:35	3:39:30 (991)	00:08:20	1:56:52 (937)
937	754	Jakub Jurczak	PL	M18-24	16	06:43:28	00:51:11 (890)	00:07:36	3:39:33 (992)	00:08:14	1:56:54 (937)
939	591	?kos Nagy	HU	M35-39	161	06:43:53	00:53:53 (937)	00:07:07	2:57:59 (901)	00:06:03	2:38:51 (939)
940	1004	Marius Postnovas	LT	PC/ID	1	06:43:56	1:39:07 (999)	00:05:20	2:48:24 (989)	00:03:38	2:07:27 (940)
941	1168	Maciej Kowalik	PL	M30-34	111	06:44:38	00:52:48 (925)	00:07:46	3:14:35 (968)	00:07:39	2:21:50 (941)
942	348	Caroline Naughton	GB	F50-54	10	06:45:02	00:45:25 (717)	00:05:16	3:18:36 (954)	00:06:12	2:29:33 (942)
943	344	Lucy Rose	GB	F50-54	11	06:45:55	1:01:59 (981)	00:05:26	3:14:05 (980)	00:04:23	2:20:02 (943)
944	359	Keith Foley	GB	M50-54	74	06:45:58	00:57:51 (969)	00:09:02	2:52:02 (900)	00:04:38	2:42:25 (944)
945	240	Iwona Latanska	PL	F50-54	12	06:46:30	1:01:45 (980)	00:08:23	3:06:15 (971)	00:05:45	2:24:22 (945)
946	915	Dariusz Gatner	PL	M45-49	128	06:47:06	00:54:39 (946)	00:09:53	3:03:04 (946)	00:07:16	2:32:14 (946)
947	873	Radoslaw Kumorek	PL	M25-29	88	06:48:50	1:02:02 (982)	00:10:45	3:25:49 (993)	00:04:36	2:05:38 (947)
948	728	Kedar Vartak	IN	M55-59	41	06:48:57	00:57:43 (968)	00:11:56	2:58:37 (951)	00:06:43	2:33:58 (948)
949	544	Wojciech Laba	PL	M40-44	169	06:51:00	00:49:16 (858)	00:09:21	3:06:02 (936)	00:08:49	2:37:32 (949)
950	374	Brian Alayon	ES	M35-39	162	06:51:13	00:41:48 (505)	00:06:16	3:13:03 (918)	00:05:33	2:44:33 (950)
951	811	Joanna Karner	PL	F45-49	16	06:51:22	00:54:23 (942)	00:08:35	3:14:12 (973)	00:08:20	2:25:52 (951)
952	656	Ignas Lenkauskas	LT	M35-39	163	06:51:51	00:52:21 (918)	00:06:19	3:03:35 (927)	00:05:43	2:43:53 (952)
953	805	Hakob Melikyan	AM	M45-49	129	06:52:36	1:06:34 (992)	00:08:04	2:53:09 (948)	00:07:27	2:37:22 (953)
954	676	Jonathan Hall	IE	M40-44	170	06:52:56	00:44:46 (677)	00:05:55	3:29:59 (979)	00:04:21	2:27:55 (954)
955	796	Harriet Walker-Arnott	GB	F30-34	24	06:53:07	00:53:43 (935)	00:05:35	3:11:22 (959)	00:06:31	2:35:56 (955)
955	677	Susan Brannigan	IE	F35-39	25	06:53:07	00:52:17 (917)	00:06:19	3:12:19 (962)	00:05:26	2:36:46 (955)
957	721	Rimantas Benaitis	LT	M60-64	15	06:53:15	00:52:35 (923)	00:06:08	2:53:48 (865)	00:07:10	2:53:34 (957)
958	271	Alessandro Jovine	IT	M70-74	1	06:54:10	00:50:15 (872)	00:07:26	3:06:43 (934)	00:05:33	2:44:13 (958)
959	734	Lawrence Wai Hay Kwok	HK	M40-44	171	06:54:15	00:48:33 (836)	00:08:32	3:04:49 (924)	00:07:07	2:45:14 (959)
960	970	Franz Troger	AT	M65-69	4	06:54:21	00:57:23 (967)	00:05:10	3:07:40 (957)	00:04:55	2:39:13 (960)
961	830	Wai Yip Lee	GB	M45-49	130	06:54:59	00:54:31 (944)	00:07:44	3:08:33 (961)	00:04:45	2:39:26 (961)
962	933	Mikhail Ognev	ZZ	M25-29	89	06:55:04	00:52:28 (919)	00:04:50	3:09:27 (942)	00:06:09	2:42:10 (962)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
963	347	Ellis Banner	GB	M18-24	17	06:55:07	00:41:43 (493)	00:07:22	2:58:58 (847)	00:07:07	2:59:57 (963)
964	427	Michal Malinowski	PL	M35-39	164	06:55:26	1:03:18 (984)	00:06:54	3:18:01 (986)	00:04:24	2:22:49 (964)
965	1192	Penny Marinou	GR	F65-69	1	06:55:33	00:54:01 (938)	00:08:11	3:20:47 (982)	00:07:34	2:25:00 (965)
966	888	Nicolas Weng Kan	MG	M50-54	75	06:56:25	00:52:14 (915)	00:06:30	3:06:42 (938)	00:05:05	2:45:54 (966)
967	470	James Skeggs	GB	F35-39	26	06:56:36	00:44:03 (643)	00:08:55	3:07:49 (915)	00:08:09	2:47:40 (967)
968	345	Ruth Wildman	GB	F60-64	4	06:56:47	00:46:16 (751)	00:04:25	3:07:53 (897)	00:04:32	2:53:41 (968)
969	1103	Karl English	IE	M40-44	172	06:57:42	00:50:36 (878)	00:06:25	3:04:18 (919)	00:05:38	2:50:45 (969)
970	959	Robyn Zayas	DE	F40-44	15	06:57:58	00:41:42 (491)	00:06:42	3:11:36 (910)	00:08:08	2:49:50 (970)
971	367	Berit Abicht	DE	F35-39	27	07:00:06	00:50:44 (880)	00:05:24	2:59:29 (886)	00:05:02	2:59:27 (971)
972	650	Piotr Walek	PL	M50-54	76	07:03:13	00:56:45 (963)	00:08:22	3:12:55 (976)	00:05:49	2:39:22 (972)
973	1265	Matthieu Lueders	FR	M35-39	165	07:04:23	00:52:10 (913)	00:04:25	2:49:54 (835)	00:04:46	3:13:08 (973)
974	852	Raul Serrano	ES	M40-44	173	07:04:36	00:50:17 (873)	00:08:46	3:03:00 (926)	00:07:33	2:55:00 (974)
975	770	Philipp Allianz Dickert	DE	M35-39	166	07:05:44	00:55:05 (951)	00:07:42	3:04:52 (947)	00:07:08	2:50:57 (975)
976	447	Michal Torhan	CZ	M35-39	167	07:06:31	00:51:24 (898)	00:06:24	3:10:26 (950)	00:04:50	2:53:27 (976)
977	431	Marcin Kustra	PL	M35-39	168	07:07:50	00:56:22 (960)	00:06:44	3:11:14 (967)	00:05:28	2:48:02 (977)
978	940	Angela Miller	US	F40-44	16	07:10:20	00:49:18 (859)	00:10:37	3:26:12 (985)	00:11:24	2:32:49 (978)
979	503	Tomasz Kandefer	PL	M40-44	174	07:10:27	00:56:02 (957)	00:08:56	2:53:54 (899)	00:07:11	3:04:24 (979)
980	862	Adomas Sabaliauskis	LT	M18-24	18	07:11:31	1:00:36 (973)	00:10:00	3:09:21 (977)	00:04:57	2:46:37 (980)
981	773	Shek Ying Chan	HK	M50-54	77	07:11:45	00:50:55 (882)	00:11:16	3:18:04 (978)	00:08:53	2:42:37 (981)
982	848	Hugh Mc Gloin	IE	M30-34	112	07:13:53	1:05:29 (989)	00:11:13	3:12:47 (987)	00:11:17	2:33:07 (982)
983	511	Joanna Smit	PL	F40-44	17	07:15:34	00:58:08 (970)	00:07:26	3:37:38 (996)	00:05:03	2:27:19 (983)
984	668	Marek Bajkowski	PL	M65-69	5	07:16:30	00:57:04 (966)	00:10:59	3:15:19 (983)	00:08:17	2:44:51 (984)
985	207	Chrissa Sevastopoulou	GR	F45-49	17	07:18:55	00:53:30 (932)	00:07:01	3:16:50 (975)	00:05:33	2:56:01 (985)
986	371	Jessica Mah	CA	F18-24	9	07:20:20	00:54:49 (948)	00:08:09	3:13:32 (972)	00:06:35	2:57:15 (986)
987	416	Marwan Rimawi	JO	M45-49	131	07:21:13	1:10:15 (997)	00:08:07	3:26:53 (997)	00:04:48	2:31:10 (987)
988	423	Paul Nash	GB	M65-69	6	07:24:16	00:42:01 (522)	00:06:02	2:37:16 (619)	00:09:00	3:49:57 (988)
989	825	Mohammed Bahloul	JO	M40-44	175	07:25:01	1:07:55 (994)	00:10:40	3:16:51 (990)	00:10:40	2:38:55 (989)
990	768	Nina Savkina	UA	F35-39	28	07:25:10	1:00:41 (974)	00:06:10	3:43:43 (1002)	00:04:40	2:29:56 (990)
991	786	Francky Lau	HK	M55-59	42	07:29:31	1:01:44 (979)	00:09:28	3:31:08 (995)	00:09:19	2:37:52 (991)
992	704	Magdalena Anna Radlowska	IT	F45-49	18	07:31:01	1:03:08 (983)	00:05:00	3:42:23 (1001)	00:04:30	2:36:00 (992)
993	737	Priory Bazley	GB	F25-29	18	07:36:48	00:51:01 (884)	00:07:45	3:49:44 (999)	00:04:18	2:44:00 (993)
994	939	Leigh Michalowski	ZA	F35-39	29	07:36:50	00:47:34 (803)	00:10:11	3:18:04 (970)	00:09:26	3:11:35 (994)
995	1180	Dominik Debski	PL	M35-39	169	07:40:16	1:05:10 (986)	00:09:53	3:34:59 (1000)	00:06:55	2:43:19 (995)
996	787	Pui Kwan Phyllis Law	HK	F40-44	18	07:40:25	1:07:48 (993)	00:08:16	3:43:09 (1003)	00:05:43	2:35:29 (996)
997	1177	Weronika Slezak-Tazbir	PL	F45-49	19	07:50:59	00:48:42 (842)	00:09:14	3:33:13 (988)	00:09:14	3:10:36 (997)
998	1027	Walaa Elashmawy	EG	F45-49	20	07:51:15	1:00:43 (975)	00:09:35	3:36:35 (998)	00:07:24	2:56:58 (998)
999	826	Robert Zevallos	GB	M30-34	113	08:03:55	00:47:04 (784)	00:05:25	4:24:27 (1004)	00:04:10	2:42:49 (999)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
1000	1258	Soonthon Jaimabud	TH	PC/ID	2	08:22:43	1:10:08 (995)	00:14:59	4:31:55 (1006)	00:00:00	00:00:00 (1000)
1001	1257	Warat Tangtiphongkul	TH	PC/ID	3	08:23:03	1:10:09 (996)	00:15:01	4:31:42 (1005)	00:00:00	00:00:00 (1001)
-	859	Agnieszka Wronska	PL	F40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	936	Luna Hu	HK	F25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	538	Adam Cudny	PL	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	759	Blazej Osniecki	PL	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1038	Artur Chojnacki	PL	M55-59	-	05:20:23	00:50:03 (-)	00:07:27	3:04:43 (-)	00:05:27	1:12:43 (-)
-	379	Yulia Ostrenskaya	CZ	F25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1035	Ellie Mason	GB	F25-29	-	05:44:50	00:37:24 (-)	00:05:35	3:06:28 (-)	00:07:01	1:48:22 (-)
-	615	Mikael Mielke	DK	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	521	Marcin Wojtaszek	PL	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	1:16:59 (1)	00:00:00	00:00:00 (-)
-	1053	Dario Lo Grande	IT	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1079	Mark Carson	GB	M60-64	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1129	Sara Nashaat	EG	F35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	350	Mike Edwards	GB	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	280	Dana Atallah	AE	F25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	78	Patrik Curila	SK	M30-34	-	04:17:25	00:32:26 (-)	00:03:17	2:10:56 (-)	00:02:52	1:27:54 (-)
-	493	Diego Messen	CL	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	340	B?ny?sz Bence	HU	M25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1138	Nicholas Holdcraft	PL	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	567	Piotr Wysocki	PL	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	788	Damian G?ra	PL	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	368	Tassilo Ritter Kempfski Von Rakoszyn	DE	M18-24	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	480	Aliaksei Buyasau	ZZ	M25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	438	Radu Tataru	PL	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	361	Jens Mors Larsen	DK	M18-24	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	851	Oksana Lubowiecka	PL	F50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	775	Zydrunas Andruska	LT	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	807	Peep Orlovski	EE	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1080	Gabor Fekete	HU	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	854	Dorota First	PL	F50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	363	Joseph Harris	GB	M25-29	-	05:38:03	00:20:25 (-)	00:07:43	2:46:45 (-)	00:00:00	00:00:00 (-)
-	1112	Oleg Ignatjev	EE	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	440	Wojciech Bukry	PL	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	41	Julia Klein	DE	FPRO	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	595	Austin Stott	US	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	2:50:50 (592)	00:00:00	00:00:00 (-)
-	386	Pawel Szczepaniak	PL	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
-	375	Helmuts Gusts	LV	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	19	Michael Raelert	DE	MPRO	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1221	Neal Bailey	PL	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1094	Ludovic Roussel	FR	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1210	Rachel Brown	GB	F25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	377	Alejandro Rodriguez Anguita	ES	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	360	Eduard Huber	DE	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	654	Bj?rn Hamran	NO	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	342	Russell Jones	GB	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	987	Alina Malinina	EE	F35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	498	Marcel Trepte	DE	M25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	221	Siarhei Dzekevich	PL	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	507	Slawek Grochowski	PL	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	254	Konstantinos Foukis	GR	M45-49	-	00:00:00	00:38:42 (325)	00:05:25	00:00:00 (-)	00:00:00	00:00:00 (-)
-	726	Simone Toniolo	IT	M50-54	-	00:00:00	00:35:50 (197)	00:03:58	00:00:00 (-)	00:00:00	00:00:00 (-)
-	662	Fredrik Reis	SE	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	444	Piotr Miedzinski	PL	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	106	Thomas Lippiett	GB	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	672	Lukasz Walewski	PL	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	422	Wayne Boylan	IE	M35-39	-	00:00:00	00:42:33 (552)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1119	Rafal Buzun	PL	M25-29	-	00:00:00	00:35:35 (188)	00:02:37	2:09:00 (77)	00:02:20	00:00:00 (-)
-	1001	Chris Azzopardi	MT	F40-44	-	00:00:00	00:47:31 (802)	00:03:50	00:00:00 (-)	00:00:00	00:00:00 (-)
-	398	Dr Peter Downer	GB	M60-64	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1165	Lara Carnevale	IT	F25-29	-	05:04:16	00:00:00 (-)	00:00:00	2:49:42 (-)	00:04:19	1:34:44 (-)
-	169	Philippe Dutilleul Francoeur	FR	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	177	Anna Chyczewska	PL	F50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	820	Maciej Piasecki	PL	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	145	Edyta Litwiniuk	PL	F35-39	-	00:00:00	00:17:29 (1)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	920	Thomas Buchinger	AT	M55-59	-	00:00:00	00:55:51 (956)	00:08:25	3:35:24 (994)	00:00:00	00:00:00 (-)
-	575	Colm Fitzsimons	IE	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1131	Urszula Lapawa	PL	F35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	937	Magued Sherif	EG	M60-64	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	338	Michal Ciagowski	PL	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	285	Victoria Lodge	GB	F45-49	-	00:00:00	00:41:12 (452)	00:03:53	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1012	Krzysztof Spyra	PL	M50-54	-	00:00:00	00:28:48 (29)	00:02:41	2:09:25 (36)	00:02:11	00:00:00 (-)
-	460	Leonardo Pierre	PL	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	289	Simon Buus Nielsen	DK	M18-24	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
-	914	Mykyta Rasnovsky	PL	M30-34	-	00:00:00	00:48:29 (830)	00:03:52	2:53:35 (831)	00:03:25	00:00:00 (-)
-	909	Romans Alehins	LV	M25-29	-	00:00:00	00:37:34 (267)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	174	Rafal Ogrodowczyk	PL	M45-49	-	00:00:00	00:41:59 (517)	00:04:28	00:00:00 (-)	00:00:00	00:00:00 (-)
-	81	Petri Litmanen	FI	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	907	Michal Glowacki	PL	M35-39	-	00:00:00	00:39:54 (390)	00:03:36	00:00:00 (-)	00:00:00	00:00:00 (-)
-	380	Piotr Nowicki	PL	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	974	Akshay Rana	IN	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	275	Frédéric Beutler	CH	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	700	Gabriel Grigore	RO	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	95	Michal Hanzl	CZ	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1175	Blair Loggie	GB	M18-24	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	621	Karol Szmukier	PL	M30-34	-	00:00:00	1:20:44 (-)	00:04:08	3:12:47 (-)	00:06:17	00:00:00 (-)
-	1054	Mohammed Alkawari	QA	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	923	Giovanni Occhipinti	IT	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	288	Kasia Danigier	CA	F35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	646	Eleanor Ritchie	GB	F18-24	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	87	Anja Dziadek	LU	F35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	405	Ilya Ramantsevich	PL	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	308	Matsupko Nataliia	UA	F35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	835	Pavol Nemec	SK	M25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1215	Adam Talmon	PL	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	750	Florin Draia	GB	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	701	Valerica Nistor	RO	F45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1212	Marcin Rusin	PL	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	761	Mateusz Gola	PL	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	926	Sherif Kamel	EG	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	537	Zamir Cohen	SE	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	795	Philip Haddleton	GB	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	238	Karolina Jedrocha	PL	F18-24	-	00:00:00	00:41:04 (445)	00:03:23	00:00:00 (-)	00:00:00	00:00:00 (-)
-	86	Timmo Jeret	EE	M30-34	-	00:00:00	00:30:27 (49)	00:02:43	1:58:01 (17)	00:02:14	00:00:00 (-)
-	781	Konrad Szypszak	PL	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	682	Niklas Arndt	DE	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	7	Mattia Ceccarelli	IT	MPRO	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1011	Adrian Irimiea	RO	M35-39	-	00:00:00	1:14:30 (-)	00:06:55	3:25:23 (-)	00:06:00	00:00:00 (-)
-	1025	Neil Goulsbra	GB	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	2:29:37 (82)	00:00:00	00:00:00 (-)
-	727	Oleksandr Vynogradskyi	UA	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	346	Chris Banner	GB	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
-	382	Chris Holman	GB	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	9	Lasse Sch?fisch	DE	MPRO	-	00:00:00	00:29:20 (38)	00:01:53	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1050	Wojtek Kraszewski	PL	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	339	Niki Henkel	US	F50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	530	Mateusz Barzyk	PL	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1034	Norman Dunford	GB	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1090	Robert Szul	PL	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	917	Maria Matusik	PL	F18-24	-	00:00:00	00:33:29 (-)	00:03:16	2:31:35 (-)	00:03:43	00:00:00 (-)
-	798	Mykola Sushko	UA	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	452	Anna W?lczynska	PL	F40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	504	Justyna Grusza-Glebicka	PL	F30-34	-	00:00:00	00:20:51 (4)	00:09:12	3:04:33 (754)	00:00:00	00:00:00 (-)
-	1184	Sara Bund	DE	F40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	425	Richard Johnson	GB	M35-39	-	00:00:00	00:43:20 (603)	00:07:33	3:03:26 (875)	00:05:39	00:00:00 (-)
-	483	Marcin Preidl	DE	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	636	Aliaksandr Pazharanka	ZZ	M25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	944	Ittai Rais	IL	M60-64	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	587	Arvydas Ciuzas	LT	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	352	Borja Areitio	ES	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	487	Sharon Meadows	GB	F50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	269	Tarmo Kalviste	EE	M50-54	-	04:32:21	00:33:12 (-)	00:03:13	2:21:00 (-)	00:03:05	1:31:51 (-)
-	459	Michal Syga	PL	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	594	Plamen Ivanov	BG	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1149	Luca Alfieri	IT	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1029	Weronika Tylak	PL	F30-34	-	04:22:41	00:45:31 (-)	00:06:36	2:35:19 (-)	00:10:26	00:44:49 (-)
-	206	Michail Rouchotas	GR	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1116	Klaus Miesbichler	AT	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	861	Neil Evans	GB	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	396	Ronny Dick	DE	M40-44	-	00:00:00	00:42:49 (571)	00:06:31	3:25:58 (969)	00:00:00	00:00:00 (-)
-	772	Tomasz Mamak	PL	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	590	Max Wormsley	GB	M18-24	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	23	Sergiy Kurochkin	UA	MPRO	-	00:00:00	00:24:45 (8)	00:01:50	1:58:02 (7)	00:01:38	00:00:00 (-)
-	300	Anton Kulakov	ZZ	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1017	Francesco Lombardo	IT	M55-59	-	00:00:00	00:40:32 (-)	00:04:19	2:48:57 (-)	00:04:54	00:00:00 (-)
-	362	Lars-Erik Mora Larsen	DK	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	17	James Mccallum	ZA	MPRO	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	570	Agata Frydrych	PL	F30-34	-	00:00:00	00:41:47 (502)	00:04:27	2:30:15 (470)	00:03:06	00:00:00 (-)
-	290	Bettina Strobich	AT	F55-59	-	03:47:46	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)

Ironman 70.3 Warschau - 11.06.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
-	1154	Leonardo Cardì	IT	M50-54	-	04:59:24	00:43:50 (-)	00:04:55	2:31:11 (-)	00:05:04	1:34:24 (-)
-	972	Zouhir Zaouali	FR	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	4	Tomasz Brembor	PL	MPRO	-	00:00:00	00:24:49 (9)	00:02:01	1:57:45 (4)	00:01:35	00:00:00 (-)
-	885	Enrique Walker	PL	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	791	Thomas Perry	US	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1197	Andreas Bund	DE	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1089	Paolo Corinaldesi	IT	M60-64	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	343	Alan Rose	GB	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	304	Irena Praitis	US	F55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	148	Grzegorz Pindur	PL	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	351	Gerald Gnaegy	DE	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	40	Minna Koistinen	FI	FPRO	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	684	Francesco Ciancimino	IT	M60-64	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	312	Aldo Nobili	IT	M65-69	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)