

CHALLENGE ALMERE-AMSTERDAM 10-09-2022

Unofficial Result Long Distance Individual Overall

PIts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	10	Kieran Lindars	Aylesbury	Mpro	GBR	00:46:40	6	04:22:45	13	05:10:59	7	02:42:54	2	07:55:44	
2	18	Niek Heldoorn	Sittard	Mpro	NED	00:46:38	5	04:22:58	15	05:10:58	5	02:48:03	3	08:00:38	
3	3	Andrew Starykowicz	Long Grove	Mpro	USA	00:49:56	15	04:11:37	5	05:03:13	1	02:56:16	12	08:01:44	
4	11	Kristian Grue	Kløfta	Mpro	NOR	00:51:42	22	04:17:49	7	05:11:03	9	02:49:25	6	08:02:25	
5	6	João Ferreira	Entroncamento	Mpro	POR	00:47:42	12	04:21:44	10	05:11:04	10	02:50:05	7	08:03:19	
6	9	Tristan Olij	Winkel	Mpro	NED	00:48:15	14	04:22:27	12	05:12:14	11	02:48:41	4	08:03:39	
7	7	Tomáš Řenč	Slaný	Mpro	CZE	00:47:36	8	04:26:24	17	05:15:40	12	02:49:11	5	08:06:45	
8	4	Milan Brons	Almere	Mpro	NED	00:47:38	9	04:15:40	6	05:04:53	2	03:02:26	21	08:09:18	
9	16	Lukas Kočař	Brno	Mpro	CZE	00:47:32	7	04:22:06	11	05:11:01	8	02:57:23	13	08:10:42	
10	35	Juha-Matti Halonen	Espoo	Mpro	FIN	00:51:48	23	04:29:49	21	05:23:19	19	02:50:24	8	08:15:53	
11	1	Evert Scheltinga	Arnhem	Mpro	NED	00:46:35	3	04:27:40	19	05:15:46	14	03:02:34	22	08:20:35	
12	39	Pamphiel Pareyn	Waregem	Mpro	BEL	00:46:36	4	04:22:50	14	05:10:59	6	03:08:43	36	08:21:30	
13	20	Tom Oosterdijk	Den Haag	Mpro	NED	00:54:37	29	04:20:25	9	05:16:56	16	03:04:09	27	08:23:07	
14	21	Lukas Krämer	Wielenbach	Mpro	GER	00:54:35	28	04:31:12	23	05:27:30	20	02:53:59	9	08:23:52	
15	33	Juuso Manninen	Espoo	Mpro	FIN	00:47:39	10	04:26:33	18	05:15:48	15	03:12:09	42	08:29:39	
16	19	Antoine Perche	fournes en weppes	Mpro	FRA	00:54:34	26	04:31:34	24	05:28:08	21	03:02:13	20	08:32:39	
17	27	Joonas Tuikka	Espoo	Mpro	FIN	00:50:36	17	04:30:57	22	05:23:17	18	03:12:14	45	08:38:16	
18	111	Tijmen Van Der Burgt		M30	NED	00:58:32	58	04:37:54	30	05:39:48	32	02:55:25	11	08:39:33	
19	22	Simon Huckestein	Butzbach	Mpro	GER	01:03:39	103	04:37:25	29	05:43:52	40	02:55:17	10	08:41:07	
20	37	Petr Cívela	Orlová-Lutyně	Mpro	CZE	00:54:42	30	04:40:37	37	05:37:36	29	03:02:07	18	08:42:17	
21	114	Marijn Markusse	Brandwijk	M30	NED	00:56:27	40	04:40:12	36	05:39:55	33	02:59:18	17	08:43:02	
22	121	Henk Galenkamp	Hilversum	M35	NED	00:58:31	56	04:35:25	26	05:38:00	30	03:02:59	23	08:44:32	
23	123	Martijn Paalman	Apeldoorn	M35	NED	00:53:36	24	04:42:45	41	05:40:39	35	03:05:24	30	08:50:20	
24	34	Tero Setola	ESPOO	Mpro	FIN	00:54:45	31	04:31:49	25	05:28:19	22	03:19:59	63	08:51:13	
25	108	Benjamin Akin	Preston	M25	GBR	00:58:28	53	04:40:09	35	05:42:39	38	03:04:44	28	08:51:52	
26	653	Tomas Racek	Cerhovice	M40	CZE	00:59:03	61	04:44:36	44	05:47:40	45	03:03:11	24	08:54:26	
27	145	Sergio Marques	caxias	M40	POR	00:56:25	39	04:42:14	40	05:42:16	37	03:08:26	34	08:54:30	
28	533	Tom McManners	Reading	M25	FIN	01:02:25	84	04:39:21	33	05:46:43	42	03:03:37	25	08:55:56	
29	24	Maciej Chmura	Wrocław	Mpro	POL	00:50:39	18	04:45:51	46	05:38:18	31	03:14:47	51	08:56:23	
30	611	Tom Van Rossum	Leeds	M35	GBR	01:00:37	73	04:37:09	28	05:41:50	36	03:12:11	43	08:57:25	
31	554	Pascal Franken	Oegstgeest	M30	NED	01:04:47	125	04:38:59	31	05:47:17	43	03:12:46	46	09:04:38	
32	138	Josef Krivanek	Troubsko	M40	CZE	00:58:30	55	04:47:56	52	05:49:59	48	03:11:46	41	09:06:08	

33	112	Frank Janssen	Veenendaal	M30	NED	00:55:10	33	04:52:00	63	05:51:17	50	03:14:50	52	09:10:03
34	58	Katharina Wolff	Schwaigern	Fpro	GER	00:58:32	57	04:58:04	82	05:58:24	60	03:09:15	37	09:10:10
35	125	Bruno Slegers	CHASTRE	M20	BEL	00:58:29	54	05:04:28	101	06:06:15	77	02:59:10	16	09:10:15
36	520	Wim Jansen	Rijswijk	M25	NED	01:01:32	76	04:50:34	59	05:56:03	59	03:10:53	40	09:10:58
37	631	Matthias Kindel	Maastricht	M35	GER	00:57:29	49	04:51:15	60	05:52:27	52	03:16:24	56	09:12:21
38	585	Dennis De Knijff	Almere	M35	NED	01:05:47	136	04:52:32	65	06:03:12	70	03:03:38	26	09:12:24
39	531	Alexander Verweij	Amsterdam	M25	NED	01:04:45	123	04:49:05	56	06:01:26	69	03:07:13	33	09:14:10
40	222	Gregory Schelfhout	Welle	M40	BEL	01:13:27	274	04:52:08	64	06:11:26	86	02:58:56	15	09:14:53
41	122	Christiaan Solleveld	's-Gravenzande	M35	NED	00:57:28	48	04:51:29	61	05:52:51	54	03:17:50	61	09:15:23
42	53	Lina-Kristin Schink	Wettswil	Fpro	GER	01:04:11	114	04:49:25	57	05:55:50	57	03:17:14	59	09:15:57
43	28	Christian Trunk	Heidelberg	Mpro	GER	00:54:47	32	05:21:39	192	06:18:14	115	02:58:48	14	09:20:14
44	30	Diego Vasquez	AMBATO	Mpro	ECU	00:55:45	37	04:48:47	54	05:47:19	44	03:30:21	91	09:20:28
45	59	Jenny Älmqvist Nae	Löddeköpinge	Fpro	SWE	01:02:56	92	05:11:10	132	06:16:08	106	03:02:09	19	09:21:04
46	60	Julie Aspesletten	Oslo	Fpro	NOR	01:04:13	117	04:54:32	71	06:00:52	66	03:20:05	64	09:23:17
47	116	Hauke Timme	Brügge	M30	GER	00:57:21	47	04:44:52	45	05:46:30	41	03:32:50	99	09:24:09
48	532	Ian Hurley	London	M25	IRL	01:13:40	278	04:56:09	77	06:14:39	98	03:06:45	31	09:25:18
49	152	Michel Besseling	Amersfoort	M45	NED	01:08:36	184	05:00:35	88	06:15:14	101	03:08:42	35	09:28:05
50	29	Guillem Rojas Moreno	EL MASNOU	Mpro	ESP	00:46:35	2	04:46:36	47	05:34:44	25	03:50:40	152	09:28:34
51	544	Joris Jacobs	Tongeren	M30	BEL	01:03:02	95	05:13:34	151	06:20:30	125	03:07:02	32	09:31:05
52	56	Janien Lubben	Fürstenau	Fpro	NED	01:04:10	113	04:59:54	86	06:06:25	78	03:21:54	66	09:31:09
53	505	Mathias Lorenzen	Risskov	M20	DEN	01:05:55	141	05:05:52	108	06:16:40	108	03:10:36	39	09:31:19
54	661	Dominik Renninger	Bad Kissingen	M40	GER	01:03:18	97	04:52:48	66	05:59:55	63	03:27:10	76	09:31:22
55	578	Beau Visser	Almere	M30	NED	01:02:34	88	05:07:09	115	06:13:34	91	03:14:20	50	09:32:14
56	615	Christiaan Zandbergen	Nieuwe Wetering	M35	NED	01:00:28	69	05:07:51	121	06:12:57	90	03:16:01	55	09:33:06
57	55	Simona Křivánková	Troubsko	Fpro	CZE	01:05:45	135	05:09:36	127	06:17:45	112	03:12:12	44	09:33:58
58	658	Maarten Van Kooij	Maastricht	M40	NED	01:06:26	148	04:39:20	32	05:51:27	51	03:37:01	111	09:34:18
59	570	Kevin Kleine-Bley	Münster	M30	GER	01:05:56	142	04:42:07	39	05:53:32	55	03:35:46	107	09:34:42
60	1017	Leonie Zumhasch	Münster	F30	GER	01:12:19	248	04:59:16	85	06:17:07	111	03:14:08	49	09:35:11
61	160	Mikael Löfqvist	Vaasa	M45	FIN	01:00:37	71	04:56:46	78	06:01:24	68	03:28:58	86	09:35:43
62	652	Wolter Van Popta	Hilversum	M40	NED	01:03:00	93	04:51:29	62	06:00:11	64	03:31:38	95	09:36:45
63	62	Jenny Nilsson	FALUN	Fpro	SWE	01:02:56	91	05:07:28	119	06:12:25	88	03:21:59	67	09:37:05
64	668	Pieter Wijnhoven	Rotterdam	M40	NED	01:04:07	112	05:00:16	87	06:09:00	80	03:25:17	71	09:38:28
65	63	Karina Gosvig	Aarhus C	Fpro	DEN	00:58:34	59	05:02:56	95	06:03:31	71	03:32:22	98	09:38:38
66	317	Heleen Moes	Arnhem	F35	NED	01:02:31	85	05:08:49	126	06:14:48	100	03:21:02	65	09:39:35
67	629	Tijmen Smit	Hardinxveld	M35	NED	00:55:16	36	04:44:09	43	05:43:04	39	03:52:16	160	09:40:28
68	817	Jan Van Der Laan	Exloo	M50	NED	00:56:46	43	04:48:30	53	05:50:06	49	03:44:51	131	09:41:05
69	541	Benjamin Döring	Gießen	M30	GER	01:06:07	146	04:50:33	58	06:00:38	65	03:35:26	106	09:41:16

70	132	Ardjan Swerink	Haarlem	M40	NED	01:05:50	139	05:03:48	99	06:13:54	92	03:22:57	68	09:41:23
71	54	Vanessa Pereira	Murganhal, Caxias	Fpro	POR	01:03:42	104	05:05:30	105	06:12:00	87	03:26:53	73	09:41:33
72	507	Oscar Sutcliffe	Foggathorpe	M20	GBR	01:03:43	105	05:14:52	159	06:23:54	135	03:12:58	47	09:41:57
73	224	Pierre Durif	Paris	M55	FRA	01:09:42	196	05:06:42	113	06:21:45	128	03:15:40	54	09:42:00
74	137	Tom Lawton	Ilkley	M40	GBR	01:07:17	158	05:03:06	97	06:14:00	93	03:24:33	70	09:42:32
75	514	Thijs Van Der Zee	Ede	M25	NED	00:56:48	45	04:53:03	68	05:52:31	53	03:47:53	141	09:43:21
76	141	Piotr Wojcieszko	Wroclaw	M40	POL	01:07:26	162	05:11:47	136	06:23:40	133	03:15:10	53	09:43:56
77	645	Sebastiaan Holleman	Doetinchem	M40	NED	01:04:46	124	05:02:47	93	06:11:14	84	03:28:31	82	09:44:16
78	1027	Anna Damgaard Eriksen	Frederikshavn	F35	DEN	01:07:40	168	04:58:52	83	06:11:19	85	03:29:02	87	09:45:00
79	583	Johan Postma	Almere	M35	NED	01:00:25	68	05:18:07	172	06:23:35	132	03:17:01	57	09:45:17
80	106	Samuel Cusworth	Doncaster	M25	GBR	01:06:58	153	05:02:07	91	06:14:32	96	03:29:43	88	09:48:21
81	550	Leon Koch	Lemmer	M30	NED	01:02:34	87	04:41:52	38	05:49:48	47	03:52:04	159	09:48:42
82	551	Daniel Burkhardt	Stuttgart	M30	GER	01:03:43	106	05:11:41	133	06:19:23	122	03:27:10	75	09:50:33
83	124	Bart Mennink	Sittard	M35	NED	01:07:43	170	05:07:55	123	06:20:11	123	03:27:01	74	09:51:37
84	651	Jeffrey Helder	Nieuwkoop	M40	NED	01:04:12	115	05:05:32	106	06:15:21	102	03:28:18	80	09:51:38
85	763	Thorsten Frank	Ettlingen	M45	GER	01:06:35	150	04:57:30	80	06:10:59	83	03:36:05	109	09:52:05
86	625	Marcus Pott	Steinheim	M35	GER	01:13:19	269	04:54:27	70	06:14:33	97	03:31:17	94	09:52:33
87	115	Niklas Greeven	Dortmund	M30	GER	00:55:12	34	05:06:04	110	06:05:03	75	03:43:52	128	09:52:46
88	830	Wannie Friderichs	Almere	M50	NED	01:16:56	322	04:54:54	72	06:16:59	110	03:31:06	93	09:54:06
89	657	Kevin Van Dronkelaar	Amsterdam	M40	NED	00:57:34	50	04:52:58	67	05:55:22	56	03:53:44	168	09:54:23
90	626	Jeppe Engsig	Viby J	M35	DEN	01:09:10	190	05:02:51	94	06:16:48	109	03:33:22	101	09:54:42
91	593	Jan Matthes	Lingen	M35	GER	01:07:08	155	04:48:55	55	06:01:17	67	03:48:36	144	09:54:43
92	153	Maarten Caminada	Zandvoort	M45	NED	01:11:01	215	05:03:42	98	06:18:27	116	03:29:46	89	09:54:57
93	118	Bence Hegedüs	Budapest	M30	HUN	01:19:25	356	05:07:25	118	06:33:07	168	03:17:11	58	09:55:15
94	675	Bas Goossens	Geesteren	M40	NED	01:10:09	204	04:47:45	51	06:05:43	76	03:43:57	129	09:55:24
95	524	Sander D'Hont	Sint Jansteen	M25	NED	01:01:57	80	05:31:54	245	06:40:09	195	03:10:31	38	09:55:50
96	516	Ward Maes	Wondelgem	M25	BEL	01:03:18	96	05:17:04	168	06:24:30	138	03:26:27	72	09:55:54
97	173	Alex Stubb	Espoo	M50	FIN	01:05:17	128	04:54:59	73	06:04:58	74	03:45:20	132	09:56:02
98	833	Stefan Uebersezig	Deil	M50	GER	00:56:46	44	05:06:21	112	06:09:24	81	03:43:00	126	09:57:03
99	555	Julian Grothaus	Herdecke	M30	GER	01:08:35	183	05:03:52	100	06:18:35	119	03:34:38	105	09:57:11
100	133	Ilje Van Der Ploeg	Leerdam	M40	NED	00:56:20	38	05:12:40	144	06:14:16	95	03:38:12	114	09:58:26
101	747	Santiago Garcia Gonzalez	ourense	M45	ESP	01:12:25	252	05:30:37	237	06:49:49	233	03:05:12	29	09:59:40
102	182	Michel Elshof	Kilder	M55	NED	01:09:43	197	05:12:08	138	06:27:08	145	03:28:37	85	10:00:14
103	528	Jasper Fraikin	Amsterdam, The Netherlands	M25	NED	01:05:42	134	05:11:43	134	06:24:17	136	03:31:47	96	10:00:55
104	695	Veli-Matti Rissa	Espoo	M40	FIN	01:07:56	177	05:01:15	89	06:14:47	99	03:43:58	130	10:02:51
105	702	Sebastian Krasnodębski	Grudziądz	M40	POL	01:14:34	290	04:57:20	79	06:18:03	113	03:42:12	122	10:04:11
106	327	Heleen De Hooge - Bij De Vaate	Fenwick Kilmarnock	F45	NED	01:11:30	228	05:13:19	150	06:28:50	148	03:30:30	92	10:04:42
107	721	Danny Voets	Zuidland	M45	NED	01:13:12	265	04:46:48	48	06:04:55	73	03:55:30	176	10:06:25

108	666	Jaap Ilsink	Zwolle	M40	NED	01:12:02	242	04:58:01	81	06:15:48	103	03:45:34	133	10:07:07
109	742	Raymond Olsthoorn	Monster	M45	NED	01:19:02	348	04:55:14	75	06:18:14	114	03:46:50	134	10:09:36
110	519	Andreas Schacht	Aachen	M25	GER	01:07:24	161	05:04:41	102	06:16:10	107	03:49:59	151	10:10:40
111	696	Martijn Wanders	Almere	M40	NED	01:12:05	243	05:14:32	156	06:32:36	165	03:33:22	100	10:10:46
112	134	Richard Maxted	Sheffield	M40	GBR	01:06:55	152	05:07:21	116	06:19:13	121	03:47:25	138	10:12:02
113	559	Brecht Craeghs	Herk-de-Stad	M30	BEL	01:05:47	137	05:23:39	207	06:34:06	172	03:34:30	103	10:12:04
114	553	Nico Malena	Berlin	M30	GER		0	05:12:35	143	06:24:55	140	03:42:27	125	10:12:28
115	127	Pawel Celinski	Selby	M35	POL	01:13:35	277	05:08:33	125	06:26:49	144	03:43:14	127	10:13:58
116	772	Pavel Ozerov	Wien	M45	AUT	01:10:36	211	05:07:23	117	06:22:20	131	03:47:25	137	10:14:12
117	546	Jack Grafton	London	M30	GBR	01:10:34	209	05:18:40	176	06:34:30	176	03:34:36	104	10:14:15
118	343	Maria Powell	Bristol	F55	GBR	01:04:42	120	05:12:26	140	06:21:06	127	03:48:23	142	10:14:41
119	1002	Frederikke Gram	Lyngby	F25	DEN	01:03:31	99	05:21:25	189	06:29:25	152	03:40:30	118	10:14:59
120	591	Marko Marskamp	Amersfoort	M35	NED	01:18:32	341	05:16:02	165	06:41:44	198	03:27:50	78	10:15:56
121	206	Aart Van Wijk	Sliedrecht	M60	NED	01:05:26	131	05:20:05	183	06:33:43	170	03:36:13	110	10:17:00
122	752	Björn Stadtel	Köln	M45	GER	01:19:25	355	05:21:52	193	06:47:30	221	03:24:27	69	10:17:31
123	201	Gerrit Jan Soetman	Enschede	M60	NED	01:09:33	192	05:11:10	131	06:26:23	143	03:47:41	140	10:18:15
124	107	James Naldrett	London	M25	GBR	01:19:21	353	05:19:25	180	06:45:45	210	03:27:32	77	10:19:09
125	171	Hans-Peter Rappelsberger	Laxenburg	M50	AUT	01:06:28	149	05:07:54	122	06:18:34	118	03:56:21	179	10:19:56
126	162	Simon Wallmark	Nynäshamn	M45	SWE	01:14:11	286	05:13:12	149	06:33:39	169	03:42:18	124	10:20:17
127	548	Alexander Feldhaus	Würzburg	M30	GER	00:57:21	46	04:55:12	74	05:56:00	58	04:19:43	261	10:20:34
128	503	Dylan Hoogendoorn	Houten	M20	NED	01:01:39	77	05:36:16	268	06:44:32	209	03:29:48	90	10:20:35
129	741	Raymond De Kuiper	Hilversum	M45	NED	01:16:59	323	05:12:58	148	06:37:17	187	03:38:01	113	10:20:47
130	225	Toomas Loho	Kiili vald	M45	EST	01:03:34	101	05:06:11	111	06:14:15	94	04:01:44	197	10:20:59
131	831	Martin Solleveld	De Iier	M50	NED	01:17:33	328	05:12:28	141	06:37:58	190	03:32:07	97	10:20:59
132	609	Roelof Boonstra	Heerenveen	M35	NED	01:01:43	78	05:14:04	153	06:20:28	124	03:56:41	182	10:21:18
133	117	Marvin Müller	Schermbek	M30	GER	01:11:14	222	05:02:59	96	06:18:57	120	03:58:03	187	10:22:03
134	725	Lars Winkler	Leipzig	M45	GER	00:59:45	67	05:13:58	152	06:18:30	117	03:59:33	193	10:22:44
135	720	Paul Versteegen	Horst aan de Maas	M45	NED	01:06:47	151	05:15:46	163	06:28:59	150	03:46:58	135	10:23:06
136	665	Jort Schuringa	Glimmen	M40	NED	01:10:22	207	05:12:48	147	06:30:01	158	03:49:20	149	10:23:54
137	204	Carel Doreleijers	Harderwijk	M60	NED	01:12:36	255	05:15:48	164	06:35:52	181	03:41:08	119	10:24:36
138	594	Christoph Hoorelbeke	Zonnebeke	M35	BEL	01:01:47	79	05:18:16	174	06:24:35	139	03:56:36	180	10:26:10
139	143	Ruben Almendro Enrique	Azkoitia	M40	ESP	01:11:28	226	05:10:51	130	06:28:32	146	03:52:19	161	10:26:36
140	826	Robert Mijwaart	Huizen	M50	NED	00:59:28	65	05:09:44	128	06:12:49	89	04:09:37	233	10:27:13
141	726	Benoit Blondeau	felleries	M45	FRA	01:17:13	326	05:10:34	129	06:34:48	178	03:48:25	143	10:28:43
142	202	Gerard Terwisscha Van Scheltinga	Haren Gn	M60	NED	01:09:57	200	05:19:05	179	06:34:08	173	03:49:45	150	10:28:48
143	676	Sebastiaan Van Den Berg	Houten	M40	NED	01:11:53	240	05:12:12	139	06:29:45	155	03:53:53	170	10:29:28
144	163	Bertrand Rietsch	ARGENTEUIL	M45	FRA	01:13:17	268	05:11:44	135	06:30:40	161	03:55:34	177	10:31:07

145	649	Edward Moffatt	Cowden	M40	GBR	01:16:42	318	05:05:22	104	06:28:48	147	03:57:05	183	10:31:08
146	811	Holger Brandt	Wetter	M50	GER	01:12:39	256	05:07:55	124	06:25:37	141	04:02:58	204	10:32:59
147	332	Marian Van Hilst	Steenderen	F50	NED	01:12:19	246	05:32:53	251	06:51:01	241	03:35:51	108	10:33:06
148	581	Paul De Bakker	Almere	M35	NED	01:18:43	342	05:33:28	253	06:58:57	266	03:27:57	79	10:33:11
149	126	Andrew Lovelock	Colchester	M35	GBR	01:03:19	98	05:12:48	146	06:22:18	130	04:05:34	213	10:33:14
150	667	Persijn Van De Veire	Vlissingen	M40	NED	01:02:10	83	05:26:33	218	06:34:28	175	03:51:32	156	10:33:17
151	627	Camiel Swart	Kockengen	M35	NED	01:12:31	254	05:22:15	196	06:40:07	194	03:50:46	154	10:35:26
152	751	Bjorn Claes	Zelem	M45	BEL	01:11:33	232	05:14:33	157	06:32:56	166	03:57:54	186	10:35:38
153	603	Joris Straetmans	Nederhasselt	M35	BEL	01:11:35	233	05:28:09	227	06:47:51	222	03:42:11	121	10:35:42
154	700	Hendrik Haumann	Besslich	M40	LUX	01:23:12	404	05:43:00	303	07:13:48	331	03:18:37	62	10:36:03
155	787	Gert-Jan Pingen	Nijmegen	M50	NED	01:11:23	224	05:32:28	248	06:50:15	239	03:39:17	115	10:36:07
156	513	Jonathan Mahaux	Verviers	M25	BEL	00:59:07	62	05:18:04	171	06:23:51	134	04:05:46	216	10:36:25
157	568	Christoph Sanders	Lingen	M30	GER	01:10:53	212	05:33:16	252	06:49:57	237	03:42:14	123	10:37:36
158	764	Jeroen Went	Noordwijk Zh	M45	NED	01:10:07	203	05:24:04	209	06:39:38	193	03:52:39	164	10:37:52
159	876	Freek Van Heerebeek	Almere	M55	NED	01:03:45	107	05:18:58	178	06:29:23	151	04:03:51	207	10:37:59
160	673	Kai Piper	Eddelak	M40	GER	01:15:54	306	05:07:01	114	06:30:14	160	04:02:52	203	10:38:03
161	575	Mathieu Bleriot	troisserieux	M30	FRA	01:10:28	208	05:38:58	284	06:55:49	256	03:37:18	112	10:38:32
162	175	Joachim Magiera	Paderborn	M50	GER	01:07:18	159	05:26:47	220	06:38:52	191	03:55:54	178	10:40:30
163	837	Eddy Dekkers	Nijkerk	M50	NED	00:58:08	52	05:20:30	185	06:24:19	137	04:10:58	235	10:41:20
164	729	Maik Ulke	Laage	M45	GER	01:16:41	317	05:07:42	120	06:31:16	162	04:05:13	211	10:41:35
165	860	Dirk Hütte	Lage	M55	GER	01:14:22	288	05:21:37	190	06:42:59	202	03:52:42	165	10:41:46
166	552	Kai Bitschinski	Alpen	M30	GER	00:57:44	51	04:46:53	49	05:48:45	46	04:47:47	353	10:42:00
167	683	Ward Terryn	KUURNE	M40	BEL	01:04:45	122	05:18:49	177	06:29:34	154	04:07:25	221	10:42:09
168	502	Tristan Deceuninck	Bruxelles	M20	BEL	01:08:54	187	05:48:15	325	07:05:19	293	03:34:12	102	10:43:53
169	820	Brad Downton	Europe	M50	AUS	01:20:38	365	05:15:05	161	06:44:29	208	03:54:17	172	10:44:08
170	65	Martine Hoaas	Aalborg	Fpro	NOR	01:04:12	116	05:43:20	305	06:49:55	236	03:50:43	153	10:44:15
171	608	Govert Van Meerkerk	Streefkek	M35	NED	01:11:05	219	05:23:06	205	06:40:24	196	03:56:38	181	10:44:28
172	1054	Claire Shea-Simonds	Leicester	F45	GBR	01:00:33	70	05:43:48	307	06:49:48	232	03:48:49	146	10:44:43
173	157	David Morgan	Port Talbot	M45	GBR	01:05:18	129	05:22:57	204	06:33:58	171	04:05:40	214	10:44:59
174	684	Peter Borst	Hensbroek	M40	NED	01:09:36	193	05:15:05	160	06:32:28	164	04:06:37	218	10:45:00
175	685	Bram Van Rijt	Oisterwijk	M40	NED	01:12:15	245	05:15:08	162	06:32:58	167	04:08:20	222	10:46:17
176	620	Christoph Hartmüller	Mainz	M35	GER	01:22:12	386	05:40:38	296	07:11:46	322	03:28:32	84	10:46:24
177	562	Cedric Mariette	Berlin	M30	FRA	01:12:41	257	05:22:11	195	06:39:18	192	04:02:06	199	10:46:48
178	654	Milan Litvan	Kajov	M40	CZE	01:19:12	351	05:16:15	166	06:42:51	201	03:57:32	185	10:47:17
179	511	Jonathan Wanner	Ravensburg	M25	GER	01:18:06	334	05:26:08	216	06:48:39	228	03:55:20	175	10:47:51
180	545	Stef Hendrickx	MEERLE	M30	BEL	01:12:27	253	05:17:48	170	06:36:43	183	04:05:46	215	10:48:21
181	868	Nico Paasse	Middelharnis	M55	NED	00:54:09	25	05:27:21	223	06:26:20	142	04:16:15	250	10:49:16
182	773	Edwin Van De Ven	Arnhem	M45	NED	01:22:13	387	05:14:05	154	06:46:27	216	03:58:21	190	10:50:31

183	504	Maurice Winkler	Wiesbaden	M20	GER	01:12:01	241	05:27:57	224	06:46:04	213	03:59:50	194	10:50:42
184	613	Charl Van Heerden	Westcliff Hermanus	M35	RSA	01:14:51	295	05:14:38	158	06:36:37	182	04:09:33	232	10:51:09
185	605	Magnus Gohn	Steinen	M35	GER	01:08:05	179	05:05:49	107	06:22:00	129	04:21:26	269	10:51:24
186	587	Joos Jansen	Lommel	M35	BEL	01:07:53	175	05:38:25	280	06:52:15	247	03:53:56	171	10:51:39
187	549	Russell Vanhinsbergh	Tunbridge wells	M30	GBR	01:09:12	191	05:37:43	277	06:52:25	248	03:53:20	167	10:52:16
188	159	James Oswald	WARRINGTON	M45	GBR	01:07:46	171	05:31:22	241	06:44:16	206	04:01:56	198	10:52:16
189	624	Pieter Brackman	Denderhoutem	M35	BEL	01:05:53	140	05:23:58	208	06:37:09	186	04:08:39	225	10:52:33
190	647	Benjamin Schottek	Arnsberg	M40	GER	01:09:40	195	05:26:20	217	06:44:00	205	04:02:34	201	10:54:35
191	761	Onur Yavuz	BURSA	M45	TUR	01:28:22	449	05:31:03	239	07:07:01	302	03:41:21	120	10:54:47
192	333	Anita Weissinger-Lusenberger	Alkoven	F50	AUT	01:18:00	332	05:39:15	285	07:02:44	286	03:47:31	139	10:54:52
193	543	Maikel Breedveld	Almere	M30	NED	01:07:35	164	05:31:49	244	06:43:46	204	04:06:01	217	10:55:46
194	208	Quin Beech	Rawtenstall	M60	GBR	01:18:13	336	05:22:22	197	06:47:24	219	04:03:39	205	10:56:08
195	619	David Linders	Utrecht	M35	NED	01:03:46	108	05:25:18	214	06:34:23	174	04:18:34	257	10:56:39
196	324	Claire Cook	Sunderland	F40	GBR	01:22:52	401	05:31:45	243	07:01:12	275	03:49:15	148	10:57:33
197	867	Waldo Duin	Tiel	M55	NED	01:04:51	126	05:05:10	103	06:15:59	105	04:35:25	318	10:57:45
198	515	Mitchell Hamelijnc	Zaltbommel	M25	NED	01:31:20	462	05:40:15	295	07:22:15	353	03:28:31	83	10:57:54
199	527	Tim Hohlweg	Bochum	M25	GER	00:59:19	63	05:37:37	276	06:43:36	203	04:08:30	223	10:58:06
200	156	Ross Crombie	Falkirk	M45	GBR	01:18:54	345	05:55:58	361	07:23:51	357	03:28:26	81	10:58:17
201	687	Karel Bogaert	Oudenburg	M40	BEL	01:19:38	358	05:18:14	173	06:46:26	215	04:02:38	202	10:58:33
202	1031	Milla Mustonen	Helsinki	F40	FIN	01:06:00	143	05:40:47	298	06:52:28	249	04:01:33	196	10:59:29
203	191	Ashley Mclernon	Carrickfergus	M55	IRL	01:20:49	367	05:32:20	247	07:00:16	269	03:52:43	166	11:00:14
204	699	Leon Hordijk	Numansdorp	M40	NED	01:23:55	409	05:26:38	219	07:00:44	272	03:52:30	163	11:00:29
205	226	Christophe Coutant	Rue du four	M55	FRA	01:03:34	100	05:51:47	339	07:03:39	288	03:49:06	147	11:00:47
206	795	Luc Vervekken	Itegem	M50	BEL	01:22:00	381	05:29:51	234	07:00:13	268	03:51:57	157	11:00:47
207	185	Daren Allen	Ipswich	M55	GBR	01:14:09	285	05:36:34	269	06:57:40	262	03:57:28	184	11:00:54
208	783	Geert Van Dijk	Voorhout	M50	NED	01:08:42	186	05:53:51	351	07:09:03	316	03:47:25	136	11:01:51
209	769	Marcel Franken	Viersen	M45	GER	01:04:05	111	05:36:06	267	06:45:54	211	04:11:13	236	11:02:00
210	852	Jan Von Recum	Ludwigshafen	M55	GER	01:07:42	169	05:34:07	256	06:47:15	218	04:09:16	228	11:02:10
211	814	Damien Vigier	JOUE LES TOURS	M50	FRA	01:11:38	235	05:33:38	254	06:51:59	246	04:05:03	209	11:02:58
212	144	Jörgen Agerbjør	Höör	M40	SWE	01:07:15	156	05:17:16	169	06:29:56	157	04:27:41	290	11:03:26
213	895	Boris Scharlowksi Dr.	Frankfurt	M60	GER	01:11:01	216	05:25:11	213	06:44:27	207	04:10:54	234	11:03:33
214	789	Dirk Van Hoof	2960	M50	BEL	01:01:11	75	05:22:45	203	06:30:04	159	04:27:52	292	11:04:50
215	871	Frank Vissers	Olen	M55	BEL	01:14:56	298	05:26:56	222	06:50:39	240	04:05:12	210	11:04:54
216	592	Hendrik Mellis	Essen	M35	GER	01:14:12	287	05:24:15	211	06:47:25	220	04:12:10	240	11:06:07
217	158	Vernon Anderson	East Dereham	M45	GBR	01:12:19	247	05:29:47	233	06:48:17	226	04:12:27	241	11:06:35
218	819	Eric Wattez	Fochteloo	M50	NED	00:56:41	41	05:05:55	109	06:07:10	79	04:52:49	365	11:06:39
219	1003	Leandra Zimmermann	Augsburg	F25	GER	01:13:34	276	06:24:01	433	07:44:05	406	03:17:35	60	11:06:46

220	670	Gijs Van Der Zijden	Almere	M40	NED	01:11:08	220	05:12:48	145	06:29:27	153	04:31:57	303	11:07:12
221	734	Romarc Shu	Bois Colombes	M45	FRA	01:06:04	144	05:55:32	358	07:11:41	321	03:48:45	145	11:07:36
222	113	Nick Eversdijk	Dronten	M30	NED	01:07:24	160	05:22:31	199	06:34:36	177	04:27:43	291	11:07:46
223	762	Rogier Groen	Ouderkerk aan de Amstel	M45	NED	01:21:44	375	05:20:13	184	06:51:35	243	04:08:37	224	11:07:54
224	646	Mano Kok	Gouda	M40	NED	01:08:12	181	05:12:30	142	06:28:54	149	04:32:06	305	11:08:43
225	813	Jouni Salmi	Espoo	M50	FIN	01:16:55	320	05:37:14	273	07:01:12	274	03:58:36	191	11:08:53
226	1025	Martina Ott	Houston	F35	GER	01:14:00	283	05:47:17	319	07:10:05	318	03:52:27	162	11:08:58
227	161	Hélder Milheiras	Queijas	M45	POR	01:12:47	258	05:30:44	238	06:55:28	255	04:04:51	208	11:09:09
228	331	Marleen Haakma	Amsterdam	F50	NED	01:07:48	173	05:44:32	309	06:56:46	258	04:08:46	226	11:10:28
229	188	Brian Carlin	Northampton	M55	GBR	01:20:10	363	05:39:48	289	07:06:51	301	03:58:07	188	11:10:30
230	221	Glen Macfarlane	London	M55	GBR	01:13:43	279	05:20:54	187	06:41:13	197	04:20:59	266	11:11:00
231	842	Jeroen Van Geelen	Hilversum	M50	NED	01:13:57	281	05:26:55	221	06:48:14	225	04:12:55	244	11:11:09
232	745	Raffaele Bonadio	bolzano	M45	ITA	01:14:07	284	05:21:21	188	06:41:52	199	04:23:29	276	11:11:21
233	601	Tom Van Daalen	Veenendaal	M35	NED	01:00:37	72	05:29:46	232	06:37:02	184	04:27:40	289	11:12:12
234	644	Michael Leuven	Hoofddorp	M40	NED	01:11:37	234	05:31:04	240	06:51:56	245	04:15:46	248	11:14:13
235	682	Wesley Matthys	Sint-Laureins	M40	BEL	01:27:05	440	05:34:12	257	07:13:15	326	03:54:35	174	11:14:31
236	1015	Klára Černá	Dobříš	F30	CZE	01:13:19	270	05:40:40	297	07:00:58	273	04:07:10	219	11:15:05
237	610	Jean Lens	Pietermaritzburg	M35	RSA	01:14:38	292	05:25:27	215	07:19:30	347	03:51:00	155	11:15:09
238	569	Sipke Bontekoe	Amsterdam	M30	NED	01:21:52	380	05:39:47	288	07:14:33	334	03:54:27	173	11:15:55
239	768	Azamat Ismailov	Amsterdam	M45	NED	01:21:13	372	05:19:32	181	06:48:29	227	04:21:50	271	11:16:05
240	334	Satu Pippola	Kaarina	F50	FIN	01:22:30	397	05:37:00	271	07:06:11	298	04:05:28	212	11:16:56
241	765	Darren Hodges	Hertford	M45	GBR	01:13:11	264	04:59:00	84	06:20:50	126	04:48:01	354	11:17:28
242	119	Curtis McLernon	Carrickfergus	M30	GBR	01:18:25	339	05:32:45	250	06:58:21	265	04:12:33	242	11:18:04
243	791	Robert Waning	Münster	M50	GER	01:18:12	335	05:41:37	302	07:11:48	323	03:59:21	192	11:18:11
244	790	Gerwin Kamps	Utrecht	M50	NED	01:15:23	302	05:17:04	167	06:37:39	188	04:32:04	304	11:18:17
245	724	Martijn Dorlas	Hilversum	M45	NED	01:11:26	225	05:31:37	242	06:49:51	234	04:22:19	272	11:20:46
246	838	Xavier Theunissen	Eindhoven	M50	NED	01:10:20	205	05:32:40	249	06:49:12	230	04:26:21	287	11:20:52
247	617	Pieter Giljam	Scharendijke	M35	NED	01:13:14	267	05:18:17	175	06:37:05	185	04:39:28	332	11:21:52
248	530	Martijn Lollinga	Groningen	M25	NED	01:07:47	172	05:49:32	328	07:05:59	296	04:09:24	231	11:21:54
249	737	Blair McMaster	Evanton	M45	GBR	01:21:49	378	05:22:04	194	06:49:58	238	04:26:04	284	11:22:09
250	210	Stefan Panzer	Rosengarten	M60	GER	01:19:56	361	05:22:27	198	06:48:02	224	04:25:03	282	11:22:28
251	680	Christian Bäcker	Maisach	M40	GER	01:14:55	297	05:43:34	306	07:05:25	294	04:12:07	239	11:22:50
252	715	Kenneth Alting	Oisterwijk	M45	NED	01:29:38	455	05:12:02	137	06:49:44	231	04:24:36	279	11:23:01
253	526	Titus De Hond	Utrecht	M25	NED	01:24:12	413	06:06:11	392	07:38:40	397	03:40:06	117	11:23:31
254	181	Tom Otte	Almere	M55	NED	01:18:15	337	05:29:41	231	06:54:34	253	04:21:34	270	11:23:52
255	618	Niels Van Den Berg	rotterdam	M35	NED	01:08:11	180	05:51:45	338	07:08:04	306	04:08:58	227	11:24:34
256	518	Nils Feuerhelm	Berlin	M25	GER	01:16:19	309	05:23:25	206	06:46:02	212	04:32:41	308	11:24:45
257	561	Pim Rutgers	Renkum	M30	NED	01:01:08	74	05:22:35	201	06:29:51	156	04:49:28	358	11:24:52

258	573	Olli Kopakkala	espoo	M30	FIN	01:25:09	426	05:27:57	225	07:01:19	277	04:20:57	265	11:27:04
259	306	Charlotte Jones	Rugby	F25	GBR	01:16:38	316	05:55:57	360	07:17:37	342	04:03:41	206	11:27:47
260	349	Miriam Kwasny	Hamburg	F55	GER	01:23:07	403	05:34:15	259	07:02:05	281	04:21:00	267	11:28:13
261	1071	Florence Sauser	Leysin	F50	SUI	01:03:50	109	05:49:38	329	07:01:36	279	04:21:14	268	11:28:26
262	1062	Richelle Van Helten	Oud Gastel	F50	NED	01:13:12	266	05:37:32	275	06:57:00	260	04:26:18	285	11:28:30
263	584	Maarten Van Ettinger	Lopik	M35	NED	01:08:40	185	05:36:46	270	07:00:06	267	04:20:37	263	11:28:36
264	589	Remko Van Den Bungelaar	Mill	M35	NED	01:12:59	259	05:39:24	286	06:58:05	264	04:23:31	277	11:28:38
265	698	Kevin Kroes	Heumen	M40	NED	01:24:49	419	05:21:38	191	06:56:56	259	04:26:18	286	11:29:14
266	688	Jan Veters	Waarloos	M40	BEL	01:21:51	379	05:35:20	263	07:06:03	297	04:17:17	252	11:29:19
267	1011	Elsa Cochard	London	F30	FRA	01:27:28	443	05:27:59	226	07:04:45	291	04:17:42	254	11:30:13
268	864	Robert Lenzen	Köln	M55	GER	01:11:03	217	05:49:17	326	07:08:35	314	04:15:26	247	11:30:46
269	582	Erik Schopman	Almere	M35	NED	01:19:59	362	05:30:33	235	06:57:15	261	04:27:56	293	11:30:59
270	187	Simon Hattan	Woodbridge	M55	GBR	01:09:39	194	05:34:42	261	06:51:53	244	04:32:56	311	11:31:22
271	172	Timothy Cox	Richmond	M50	GBR	01:13:58	282	05:54:41	355	07:15:09	338	04:07:22	220	11:31:28
272	716	Raoul Majewski	Rotterdam	M45	NED	01:24:02	410	05:38:25	279	07:08:40	315	04:13:01	245	11:31:50
273	746	Jos Sneijders	Katwijk aan Zee	M45	NED	01:03:01	94	05:37:49	278	06:46:14	214	04:38:22	330	11:32:02
274	588	Frank Schlick	Mertert	M35	LUX	01:05:28	132	05:22:44	202	06:34:55	180	04:50:48	360	11:32:47
275	602	Marc Schmitz	Dattenberg	M35	GER	01:06:09	147	05:47:29	320	07:04:30	290	04:20:43	264	11:33:16
276	759	Erik Van Dijk	Amsterdam	M45	NED	01:14:33	289	05:47:05	317	07:13:49	332	04:09:24	230	11:33:20
277	101	Ramon Jongschaap	Leeuwarden	M20	NED	01:12:22	250	05:24:09	210	06:42:37	200	04:46:12	348	11:33:26
278	800	Markus Völker	Paderborn	M50	GER	01:14:37	291	05:34:40	260	06:56:29	257	04:31:40	302	11:33:36
279	599	Torsten Voigt	Eisenberg	M35	GER	01:11:08	221	05:52:13	343	07:10:31	319	04:20:15	262	11:36:48
280	760	Sebastian Gawlas	Maastricht	M45	POL	01:04:43	121	05:25:07	212	06:37:39	189	04:48:14	355	11:36:51
281	139	Holger M. Van Bargaen	Berlin	M40	GER	01:19:22	354	05:20:51	186	06:49:08	229	04:42:24	340	11:38:00
282	828	Tobias Tiller	Veitshoechheim	M50	GER	01:24:52	421	05:33:48	255	07:08:33	313	04:22:20	273	11:38:10
283	542	Guy Hanegreefs	Lommel	M30	BEL	01:13:10	263	05:35:18	262	06:55:03	254	04:37:56	327	11:39:37
284	630	Jakob Højbjerg	Værløse	M35	DEN	01:17:27	327	05:37:26	274	07:02:02	280	04:31:11	299	11:39:47
285	732	Björn Warnke	Oelixdorf	M45	GER	01:16:31	314	05:38:58	283	07:02:08	282	04:32:24	306	11:40:18
286	771	Johan Van Dam	Middelharnis	M45	NED	01:15:21	301	05:22:34	200	06:47:14	217	04:43:31	342	11:40:31
287	713	Hugo Went	Noordwijk	M45	NED	01:17:49	330	05:47:05	316	07:11:53	324	04:23:01	275	11:40:44
288	1070	Angelina Van Der Linden	Arnhem	F50	NED	01:08:26	182	05:46:46	315	07:00:43	271	04:34:30	316	11:41:03
289	655	Vlastimil Kordík	Český Krumlov	M40	CZE	01:11:29	227	06:03:21	384	07:25:40	364	04:09:19	229	11:42:39
290	341	Astrid Wijnsma	Eelderwolde	F55	NED	01:12:08	244	05:43:55	308	07:01:22	278	04:36:45	323	11:44:35
291	566	Radim Cibulka	Horovice	M30	CZE	01:13:30	275	05:48:02	322	07:08:31	312	04:30:12	296	11:44:59
292	711	Robert De Vries	Malden	M45	NED	01:18:50	344	06:14:29	412	07:41:25	403	03:53:51	169	11:45:02
293	662	Klaas Zwaagman	Eelderwolde	M40	NED	01:21:05	371	05:38:33	281	07:06:42	299	04:31:39	301	11:45:45
294	596	Michael Van Damme	Gentbrugge	M35	BEL	01:33:37	476	05:53:12	347	07:36:31	390	04:02:06	200	11:46:56

295	207	Vic Spain	Chelmsford	M60	GBR	01:39:41	494	05:35:59	265	07:23:15	356	04:18:07	255	11:47:30
296	733	Arjan Kamer	Oegstgeest	M45	NED	01:02:32	86	05:40:56	299	06:49:55	235	04:51:14	361	11:48:21
297	186	Ian Owen Williams	Port Talbot	M55	GBR	01:09:45	198	05:48:04	323	07:08:29	310	04:32:29	307	11:48:50
298	311	Charlotte Sullivan	Madrid	F30	GBR	01:09:07	189	06:12:01	409	07:26:17	366	04:18:55	259	11:49:46
299	183	Ron Schwab	Almere	M55	NED	01:07:15	157	05:40:03	294	06:53:36	251	04:47:34	352	11:50:07
300	722	Jeroen Karamat Ali	Nieuwegein	M45	NED	01:22:06	384	05:37:03	272	07:08:05	307	04:34:27	315	11:50:08
301	832	Hendrik Sprejz	Ludwigsfelde	M50	GER	01:28:02	447	05:28:44	228	07:07:48	305	04:35:59	321	11:51:43
302	836	Jens Hahn	Sonsbeck	M50	GER	01:19:00	347	05:50:50	336	07:23:04	355	04:18:17	256	11:52:42
303	691	Jan Schrama	Rotterdam	M40	NED	01:14:56	299	05:49:29	327	07:10:01	317	04:37:37	325	11:52:54
304	321	Rhonda Eikelboom	LEUSDEN	F40	NED	01:22:17	390	06:03:07	383	07:30:53	380	04:18:51	258	11:53:42
305	754	Jeroen Van Leeuwen	Sint Oedenrode	M45	NED	01:21:03	370	05:50:38	335	07:22:16	354	04:24:34	278	11:54:27
306	556	Arno Thuy	auderghem	M30	BEL	01:11:30	229	05:48:10	324	07:08:22	309	04:38:14	329	11:55:19
307	600	Richard Holstege	Berkel en Rodenrijs	M35	NED	01:21:14	373	06:31:46	448	08:00:01	427	03:52:00	158	11:56:05
308	697	Dennis Jansen	sassenheim	M40	NED	01:14:55	296	05:30:36	236	06:53:22	250	04:56:21	373	11:56:47
309	821	René Overduijn	Almere	M50	NED	01:13:09	262	05:41:25	301	07:08:06	308	04:39:07	331	11:57:10
310	1001	Gaëlle Reiller	Etercy	F25	FRA	01:21:00	369	05:50:31	334	07:21:38	352	04:28:33	294	11:57:10
311	345	Tuula Perkiö	Vantaa	F55	FIN	01:32:37	468	05:59:24	365	07:39:31	399	04:11:33	237	11:57:11
312	604	Kristof Quintyn	Geraardsbergen	M35	BEL	01:16:55	321	05:40:01	293	07:06:49	300	04:45:18	344	11:59:06
313	574	Will Almond	Amsterdam	M30	GBR	01:07:05	154	05:55:12	356	07:10:35	320	04:40:03	335	11:59:35
314	714	Martel Smits	Giessenburg	M45	NED	01:13:49	280	05:46:02	310	07:05:26	295	04:48:39	356	11:59:51
315	607	Robert Van Der Poel	Houten	M35	NED	01:38:58	490	06:00:29	371	07:48:33	412	04:00:16	195	12:00:11
316	205	Willem Van Der Voort	Schagen	M60	NED	01:10:59	214	05:54:22	353	07:16:13	339	04:34:43	317	12:00:42
317	348	Petra Stoeppler	Steinfurt	F55	GER	01:06:06	145	06:06:41	393	07:17:03	340	04:39:52	333	12:03:00
318	1024	Sandra Van Gaalen	DOETINCHEM	F35	NED	01:18:19	338	05:39:51	290	07:04:58	292	04:54:02	370	12:04:47
319	1035	Sandra Zwartjes - Bauw	Almere	F40	NED	01:25:50	433	06:00:15	370	07:33:57	384	04:25:31	283	12:06:08
320	856	Frank Plaggenborg	Nieuwegein	M55	NED	01:16:22	312	05:29:12	229	06:54:04	252	05:04:41	395	12:06:24
321	822	Oliver Nick	Leonberg	M50	GER	01:19:48	360	05:36:02	266	07:02:43	285	04:56:26	374	12:07:35
322	744	Jens Bley	Friedberg	M45	GER	01:14:43	293	05:38:39	282	07:01:14	276	04:58:31	383	12:07:35
323	656	Niels De Wilde	Almere	M40	NED	01:22:04	382	06:02:41	382	07:31:12	381	04:30:58	298	12:07:50
324	547	Guillaume Lariviere	Aalst	M30	BEL	01:10:20	206	05:55:16	357	07:13:26	329	04:46:41	349	12:08:01
325	577	Robin Van Den Heuvel	Leiden	M30	NED	01:16:21	311	05:48:02	321	07:13:24	327	04:47:05	351	12:08:14
326	809	Bart Van Kerkhove	Gent	M50	BEL	01:26:24	437	05:52:31	344	07:34:35	385	04:24:37	280	12:09:24
327	1053	Nadine Gerhard	Thedinghausen	F45	GER	01:22:18	391	05:51:32	337	07:20:29	350	04:41:57	338	12:10:11
328	749	Ole Toft	Odense	M45	DEN	01:14:47	294	05:54:35	354	07:18:43	346	04:44:12	343	12:10:39
329	1037	Ingrid Ernst	Lelystad	F40	NED	01:11:45	239	05:49:43	332	07:07:45	304	04:56:29	375	12:11:01
330	342	Monique Haans	Berkel-Enschot	F55	NED	01:28:17	448	06:00:47	372	07:36:14	389	04:29:24	295	12:12:13
331	812	Tom Thaels	CASTILLON	M50	BEL	01:04:03	110	05:53:35	350	07:03:30	287	05:01:34	389	12:12:50
332	692	Evert Timmerman	Hoogland	M40	NED	01:23:33	407	05:46:35	313	07:18:32	345	04:45:51	347	12:13:19

333	598	Andreas Mauer	Heede	M35	GER	01:09:07	188	07:13:12	485	08:28:10	467	03:39:18	116	12:13:33
334	731	Kosti Paloposki	Espoo	M45	FIN	01:21:27	374	06:07:28	396	07:36:37	391	04:33:08	314	12:13:49
335	834	Ralf Minning	Neuenkirchen-Vörden	M50	GER	01:30:14	460	05:43:12	304	07:24:13	359	04:39:54	334	12:13:50
336	567	David Kroon	Rotterdam	M30	NED	01:37:48	486	05:39:56	291	07:28:31	374	04:36:36	322	12:14:41
337	322	Leonie Oudendijk	Leerdam	F40	NED	01:12:20	249	05:56:35	362	07:14:44	336	04:51:53	363	12:16:01
338	1067	Lianne Van De Guchte	Emmeloord	F50	NED	01:43:32	499	06:07:04	394	07:58:32	426	04:13:32	246	12:18:45
339	1032	Monique Barbiers-Berlips	Almere	F40	NED	01:08:01	178	05:57:39	363	07:12:56	325	04:59:36	385	12:19:56
340	681	Jimmy Turbelin	marquette lez lille	M40	FRA	01:26:57	439	06:01:36	375	07:39:57	400	04:32:53	310	12:21:20
341	1043	Michele Pot	Borsbeek	F40	BEL	01:15:37	304	06:18:10	416	07:41:15	402	04:32:48	309	12:21:32
342	612	Remco Kelder	Lekkerkerk	M35	NED	00:59:02	60	05:51:48	340	06:58:03	263	05:15:20	410	12:21:58
343	650	Thomas Wolfram	Eschborn	M40	GER	01:07:35	163	06:00:01	369	07:13:30	330	05:00:55	388	12:22:18
344	806	Norbert Deen	Maastricht	M50	NED	01:16:24	313	05:39:36	287	07:02:21	284	05:11:58	404	12:22:52
345	858	Klaus Brinkmann	Rheine	M55	GER	01:21:48	377	06:03:28	385	07:36:46	392	04:38:04	328	12:22:55
346	563	Jens Ostrowsky	Rostock	M30	GER	00:59:30	66	06:09:05	400	07:14:17	333	05:04:17	394	12:23:42
347	1065	Annette Ebeling	Bruchköbel	F50	GER	01:25:33	431	06:22:38	429	08:02:50	435	04:11:43	238	12:24:03
348	557	Quentin Vanderlinden	La Hulpe	M30	BEL	01:09:52	199	06:07:08	395	07:27:13	369	04:45:49	346	12:25:29
349	346	Monica Lanzendörfer	Düsseldorf	F55	GER	01:17:34	329	06:02:23	380	07:26:26	367	04:52:55	367	12:25:46
350	870	Arjen Eijlers	Woerden	M55	NED	01:29:47	456	06:18:19	418	07:56:27	420	04:22:30	274	12:25:49
351	344	Päivi Rantala	Hyvinkää	F55	FIN	01:07:53	176	06:23:11	430	07:37:23	393	04:41:48	337	12:26:07
352	1018	Ellemieke Van Ommen	Houten	F30	NED	01:45:22	501	06:29:02	444	08:23:19	462	03:58:10	189	12:26:50
353	774	Mathieu Goedhart	Deil	M45	NED	01:18:45	343	06:04:55	390	07:39:17	398	04:35:39	320	12:28:02
354	1040	Annemieke Koekebakker	Almere	F40	NED	01:30:00	459	05:52:02	342	07:29:29	376	04:52:49	366	12:28:21
355	781	Sven Den Brave	Almere	M50	NED	01:24:58	422	05:54:14	352	07:29:11	375	04:53:14	369	12:29:07
356	792	Manfred Jaisfeld	Münster	M50	GER	01:29:49	457	06:23:29	432	08:08:52	445	04:12:50	243	12:29:21
357	326	Jantje Van Der Werff	Dokkum	F45	NED	01:11:32	231	06:01:49	377	07:19:41	348	05:05:56	397	12:30:10
358	1064	Angelique Vrijdag	Groenlo	F50	NED	01:27:33	444	06:02:39	381	07:37:49	395	04:45:29	345	12:30:49
359	894	Henri Bijnen	Meijel	M60	NED	01:27:19	442	06:12:29	410	07:49:34	414	04:35:29	319	12:33:04
360	142	Bogdan Tatomir	Almere	M40	ROU	01:32:28	467	05:46:07	311	07:27:57	372	04:57:32	376	12:34:50
361	873	Alp Turan	Apelnstedt	M55	GER	01:25:57	435	05:59:53	368	07:37:52	396	04:49:44	359	12:35:24
362	784	Willem Mensink	Hattermerbroek NL	M50	NED	01:19:27	357	06:02:16	379	07:29:59	377	04:58:06	380	12:35:31
363	614	Karl Heinz Tomaszowski	Mainz	M35	GER	01:18:26	340	06:32:01	449	08:00:21	430	04:30:42	297	12:36:55
364	854	Michael Schäfer	Essen	M55	GER	01:29:52	458	06:29:46	445	08:14:01	450	04:17:12	251	12:38:51
365	740	Marko Nevalainen	Vantaa	M45	FIN	01:24:47	418	06:39:50	456	08:15:44	452	04:16:06	249	12:39:57
366	223	Michael Keane	London	M65	GBR	01:10:02	202	06:01:22	374	07:18:30	344	05:14:56	409	12:40:40
367	815	Ville-Veikko Laukkanen	Helsinki	M50	FIN	01:18:56	346	06:42:50	459	08:08:52	444	04:24:42	281	12:42:14
368	818	Stefan Selonke	Niederhausen	M50	GER	01:27:41	445	06:30:41	447	08:08:03	441	04:27:38	288	12:42:20
369	1061	Anzel Du Plessis	Zierikzee	F50	RSA	01:24:18	414	06:21:20	423	07:55:18	419	04:37:47	326	12:42:41

370	190	Steven Lyons	hyde	M55	GBR	01:25:10	428	05:53:12	348	07:28:24	373	05:02:54	392	12:42:47
371	301	Emese Timmermans	Tholen	F20	NED	01:10:34	210	06:41:38	458	07:57:57	424	04:40:31	336	12:44:18
372	862	Barry Hugo	Durban	M55	RSA	01:16:38	315	06:10:05	402	07:37:46	394	04:57:46	378	12:44:34
373	888	Guido Van Gemert	Lent	M60	NED	01:23:29	406	06:01:37	376	07:34:44	386	05:01:57	390	12:45:29
374	1076	Ellen De Ruiters	Vlaardingen	F55	NED	01:15:04	300	05:59:41	366	07:25:40	363	05:07:36	399	12:45:53
375	641	Ruben Bumkens	Schalkhaar	M40	NED	01:25:05	424	06:11:42	408	07:47:26	409	04:49:02	357	12:46:16
376	522	Tom Engelen	Hoofddorp	M25	NED	01:25:11	429	06:27:03	441	08:02:57	436	04:37:02	324	12:46:37
377	824	Hubertus Withagen	Best	M50	NED	01:24:11	412	05:53:22	349	07:26:59	368	05:17:06	411	12:51:19
378	793	Jan De Wolde	Almere	M50	NED	01:11:44	238	06:15:59	414	07:33:05	383	05:10:18	401	12:52:15
379	859	Hervé Maurissen	Saint-Georges	M55	BEL	01:05:31	133	05:50:07	333	07:02:14	283	05:44:33	434	12:52:46
380	572	Mark Blokhuis	Baambrugge	M30	NED	01:16:16	308	06:01:51	378	07:31:18	382	05:13:29	407	12:53:10
381	1055	Alexandra Bardet Vigier	joue les tours	F45	FRA	01:22:47	400	06:18:13	417	07:48:53	413	04:57:46	377	12:53:26
382	671	Patrick Degenaar	Zoetermeer	M40	NED	01:19:42	359	05:46:40	314	07:17:41	343	05:28:13	422	12:54:16
383	1068	Sandra Coudurier	Düsseldorf	F50	GER	01:28:50	451	06:48:01	463	08:27:15	466	04:18:58	260	12:54:18
384	1028	Diana De Rooij	Utrecht	F35	NED	01:13:21	272	06:05:53	391	07:27:13	370	05:19:31	415	12:56:04
385	796	Harold Guliker	NIJKERK	M50	NED	01:02:02	81	06:10:52	405	07:20:19	349	05:29:30	425	12:57:32
386	628	Chris King	Horley	M35	GBR	01:24:32	417	06:37:18	452	08:16:12	453	04:31:35	300	12:58:06
387	853	Dirk Splinter	Almere	M55	NED	01:40:06	495	05:51:57	341	07:47:15	408	04:58:23	382	12:58:35
388	1039	Brenda Zijlstra	amersfoort	F40	NED	01:24:19	416	06:38:48	455	08:10:24	448	04:43:18	341	13:00:19
389	664	Jeroen Nolte	Almere	M40	NED	01:15:35	303	06:01:18	373	07:24:00	358	05:28:52	423	13:01:04
390	663	Marten Bouma	Almere	M40	NED	01:28:43	450	06:10:40	404	07:48:05	410	05:03:36	393	13:01:04
391	807	Jan Kraan	Bleiswijk	M50	NED	01:26:06	436	06:04:15	388	07:47:02	407	04:58:20	381	13:02:18
392	693	Michiel Wesseling	Amstelveen	M40	NED	01:33:00	469	06:10:54	406	07:56:35	421	05:00:09	386	13:03:22
393	1069	Hanneke Thoen-Jonkman	Jutrijp	F50	NED	01:33:43	477	06:09:31	401	07:51:56	416	05:06:12	398	13:06:17
394	1041	Ruth Mampuy	Utrecht	F40	NED	01:29:19	454	06:38:32	454	08:17:32	455	04:33:01	312	13:06:28
395	674	Matteo Bettoni	Schiedam	M40	ITA	01:12:23	251	06:21:55	424	08:00:46	433	04:33:02	313	13:06:29
396	155	Reinhard Galler	Tettngang	M45	AUT	01:23:50	408	06:14:05	411	07:48:16	411	05:09:37	400	13:07:05
397	1034	Corinna Mocking	Woerden	F40	NED	01:03:36	102	06:14:56	413	07:24:15	360	05:33:05	427	13:07:10
398	211	Gerrit Ten Brinke	Peize	M70	NED	01:37:43	485	06:20:56	422	08:08:38	443	04:52:23	364	13:07:30
399	816	Guy Depauw	Meise	M50	BEL	01:18:01	333	06:11:42	407	07:42:17	405	05:19:08	414	13:08:35
400	889	Vincenzo Aromatario	Leers Et Fosteau	M60	BEL	01:22:17	388	06:23:27	431	08:00:38	432	04:58:03	379	13:10:15
401	1052	Britta Holthaus	Rheine	F45	GER	01:25:51	434	06:22:19	426	08:00:25	431	05:00:11	387	13:10:29
402	810	Frédéric Leenknecht	ENNETIERES EN WEPPE	M50	FRA	01:33:13	472	06:24:42	435	08:06:17	439	04:55:31	372	13:10:50
403	712	Stefan De Veer	Giessenburg	M45	NED	01:22:27	394	05:55:48	359	07:25:29	362	05:38:34	431	13:11:07
404	829	Jérôme Maurice	Luxembourg	M50	LUX	01:11:31	230	06:55:56	469	08:16:51	454	04:47:01	350	13:11:21
405	512	Liam Carr	Best	M25	GBR	01:31:53	464	06:40:41	457	08:23:38	463	04:42:08	339	13:11:24
406	1026	Terri Buryanov	Las vegas	F35	USA	01:24:19	415	06:43:26	461	08:13:58	449	04:51:46	362	13:13:31
407	558	Paul Henning	Rhoon	M30	NED	01:22:28	396	06:22:11	425	07:51:44	415	05:17:13	412	13:14:14

408	352	Jeannie Fry	HIGHBRIDGE	F60	GBR	01:20:29	364	06:26:07	437	07:53:06	418	05:12:36	406	13:15:06
409	739	Dirk Kandler	Gelsenkirchen	M45	GER	01:19:16	352	06:20:06	420	07:52:22	417	05:12:35	405	13:16:20
410	1020	Marloes Vos	Bemmel	F30	NED	01:33:07	470	06:22:26	428	08:05:21	438	05:04:43	396	13:16:22
411	323	Natasha Pack	Tetbury	F40	GBR	01:22:34	398	06:49:20	465	08:20:30	457	04:53:07	368	13:20:52
412	753	Pim Engels	Made (Noord-Brabant)	M45	NED	01:05:49	138	06:10:28	403	07:25:08	361	05:56:05	441	13:30:15
413	766	Dennis Van Putten	Hendrik Ido Ambacht	M45	NED	01:22:10	385	05:46:26	312	07:21:37	351	05:58:29	442	13:30:54
414	203	Marcel Soselisa	Delft	M60	NED	01:37:48	487	06:08:23	399	07:58:03	425	05:21:37	417	13:31:26
415	1042	Marije Dirx	Haarlem	F40	NED	01:05:21	130	06:55:16	468	08:09:57	446	05:19:01	413	13:36:28
416	861	Aleop Tur Behar	NORTH MIAMI	M55	ITA	01:31:54	465	06:43:52	462	08:28:33	468	04:58:45	384	13:38:32
417	755	Ferry De Valk	Heerjansdam	M45	NED	01:22:39	399	06:08:21	398	07:41:55	404	05:46:33	437	13:38:45
418	1012	Madeline Van Der Rhee	Alblasserdam	F30	NED	01:19:04	349	05:59:51	367	07:26:15	365	06:01:07	443	13:39:25
419	887	Manfred Gaudi	Bergen-Affing	M60	GER	01:34:51	479	06:16:11	415	08:00:05	428	05:26:25	420	13:40:43
420	890	Christian Strömberg	Lekeryd	M60	SWE	01:39:12	492	06:08:09	397	07:56:41	422	05:35:39	429	13:40:57
421	756	Richard Van Der Horst	Utrecht	M45	NED	01:37:12	483	06:32:52	450	08:22:00	460	05:10:23	402	13:41:42
422	798	Eric Smit	Almere	M50	NED	01:21:44	376	06:26:22	439	08:00:06	429	05:37:41	430	13:46:03
423	794	Mario Nijland	Lelystad	M50	NED	01:22:56	402	06:04:49	389	07:40:31	401	05:50:16	440	13:47:56
424	1056	Tiina Reivonen	Turku	F45	FIN	01:17:50	331	06:30:16	446	07:57:04	423	05:44:51	435	13:48:44
425	825	Constantin Wickinghoff	Sulzbach am Main	M50	GER	01:13:02	261	06:56:08	470	08:21:18	458	05:20:05	416	13:55:53
426	906	Josef Derks	Kevelaer	M70	GER	01:43:17	498	06:26:37	440	08:29:58	469	05:13:53	408	13:56:20
427	728	Jacco Glerum	bleiswijk	M45	NED	01:31:07	461	06:24:41	434	08:07:01	440	05:40:46	433	13:56:44
428	1063	Silke Frericks	Essen	F50	GER	01:28:53	453	06:27:17	442	08:04:08	437	05:45:21	436	13:57:40
429	347	Christa Bewersdorff	Kirchentellinsfurt	F55	GER	01:38:58	491	06:58:56	475	08:54:00	483	04:54:57	371	13:58:41
430	891	Hans Bakker	Maarsbergen	M60	NED	01:24:05	411	07:14:24	486	08:48:28	482	05:01:58	391	13:59:27
431	642	David Lanz	Feldbrunnen-St. Niklaus	M40	SUI	01:44:19	500	06:27:34	443	08:25:25	464	05:33:55	428	14:08:18
432	1091	Gráinne Burrows	Utrecht	F25	IRL	01:33:09	471	06:37:58	453	08:20:00	456	05:40:05	432	14:08:45
433	748	Michael Vivier	Thieulain	M45	BEL	01:55:32	503	06:04:02	387	08:10:12	447	05:48:38	438	14:11:35
434	743	Murat Gurpinar	Vossem Tervuren	M45	TUR	01:25:36	432	07:04:24	480	08:46:29	477	05:11:12	403	14:13:39
435	586	Victor Makarenkov	Lehavim	M35	ISR	01:22:05	383	07:00:05	476	08:40:33	471	05:23:00	418	14:15:32
436	1066	Eva Kovacs	Bedford	F50	SUI	01:34:45	478	06:51:05	466	08:37:47	470	05:29:06	424	14:16:23
437	902	Rob Oosterbaan	Almere	M65	NED	01:25:11	430	07:06:32	483	08:46:04	476	05:23:32	419	14:19:53
438	1044	Karoline Berger	Otterfing	F40	GER	01:35:30	480	06:56:39	471	08:41:40	473	05:31:53	426	14:20:14
439	328	Katy Toms	Winchester	F45	GBR	01:25:05	423	06:48:24	464	08:23:13	461	05:49:37	439	14:21:55
440	564	Umid Salamullaev	Tashkent	M30	UZB	02:11:56	506	07:29:13	489	09:54:58	492	04:17:29	253	14:22:59
441	1014	Emma Mccrindle	Glasgow	F30	GBR	01:27:49	446	07:06:13	482	08:46:37	478	05:27:15	421	14:24:48
442	851	Marcel Spoelder	Wolvega	M55	NED	01:25:06	425	06:26:07	438	08:08:05	442	06:02:28	444	14:27:52
443	686	Chris Seynaeve	Izegem	M40	BEL	01:33:23	474	06:57:19	472	08:40:37	472	05:47:36	0	14:34:12
444	1086	Marianne Ijnsen	Amsterdam	F65	NED	01:38:12	489	07:24:22	488	09:15:34	488	05:09:10	0	14:37:09

445	718	Amit Lotan	Kramim	M45	ISR	01:25:09	427	06:36:35	451	08:15:36	451	06:15:49	0	14:43:51
446	786	Hans Bosman	nigtevecht	M50	NED	01:43:03	497	06:58:53	474	08:54:51	484	05:47:53	0	14:53:40
447	643	Danny Subrata	Zaandam	M40	NED	01:55:34	505	07:04:02	479	09:13:29	487	05:28:33	0	14:56:37
448	835	Achim Schoenhoff	Meijel	M50	GER	01:39:33	493	07:12:56	484	09:03:46	486	05:47:15	0	14:57:51
449	356	Jean Gillespie	Nr Sedgefield	F65	GBR	01:24:50	420	07:06:00	481	08:44:22	475	06:04:33	0	15:00:08
450	883	Chris Buijtenhuijs	Groningen	M60	NED	01:33:18	473	06:58:22	473	08:47:13	479	06:19:06	0	15:16:47
451	901	Marcel Lapidaire	Almere	M65	NED	01:36:24	482	06:54:53	467	08:47:24	480	06:19:05	0	15:16:48
452	140	Timo Brückhof	Butzbach	M40	GER	01:07:36	165	04:47:37	50	05:58:48	61		0	DNF
453	351	Ger Wood	Bristol	F60	GBR	01:37:36	484	07:45:40	492	09:35:03	489		0	DNF
454	15	Benjamin Andersen	Aalborg	Mpro	DEN	00:50:35	16	04:18:32	8	05:10:57	4		0	DNF
455	840	David Gibney	London	M50	IRL	01:13:21	271	05:53:02	345	07:15:02	337		0	DNF
456	904	Mohammed Kenssous	Dubai	M65	FRA	01:55:33	504	07:35:54	490	09:48:16	491		0	DNF
457	1022	Karin Sloove	Heel	F35	NED		0	06:22:26	427	07:35:10	387		1	DNF
458	26	Kevin Vabaorg	Viru-Jaagupi	Mpro	EST	00:47:51	13	04:43:29	42	05:32:49	24		0	DNF
459	694	Andreas Hill	Tiefenort	M40	GER	01:02:39	89	05:01:45	90	06:10:02	82		0	DNF
460	2	Thomas Steger	Jenbach	Mpro	AUT	00:50:41	19	04:23:27	16	05:15:43	13		0	DNF
461	719	Robert Van Der Toorn	Schiedam	M45	NED	01:02:08	82	04:55:32	76	06:03:58	72		0	DNF
462	857	Paul Schijff	Almere	M55	NED	01:17:03	324	05:14:19	155	06:34:52	179		0	DNF
463	736	Frank Johnen	Alsdorf	M45	GER	01:07:39	167	05:35:48	264	06:51:10	242		0	DNF
464	735	Vincent Beijk	Odijk	M45	NED	01:04:22	118	05:19:38	182	06:31:37	163		0	DNF
465	882	Leo Groenewegen	Schipluiden	M60	NED	01:23:12	405	06:43:14	460	08:21:50	459		0	DNF
466	893	Maarten Honing	Maastricht	M60	NED	01:48:24	502	06:25:21	436	08:26:38	465	48		DNF
467	571	Jan-Hinrich Klindworth	Kiel	M30	GER	00:56:44	42	04:39:55	34	05:40:21	34		0	DNF
468	38	Michael Kalb	Rehau	Mpro	GER	00:47:40	11	04:29:18	20	05:18:36	17		0	DNF
469	17	Per Van Vlerken	Markranstädt	Mpro	GER	00:50:45	21	04:36:12	27	05:28:35	23		0	DNF
470	717	Ralph Zijlma	Almere	M45	NED	01:28:50	452	05:49:41	330	07:27:18	371		0	DNF
471	738	Philippe Simon	JOUE LES TOURS	M45	FRA	01:13:01	260	05:49:43	331	07:08:29	311		0	DNF
472	892	Desmond Kiernan	London	M60	GBR	01:16:52	319	07:20:59	487	08:55:15	485		0	DNF
473	797	Philip De Backer	Sint-Martens-Latem	M50	BEL	01:40:44	496	07:44:39	491	09:35:26	490		0	DNF
474	209	Volker Forstmeyer	Bad Säckingen	M60	GER	01:22:19	392	05:32:07	246	07:00:39	270		0	DNF
475	621	Jonas Moll	Wetter	M35	GER	01:20:48	366	05:47:13	318	07:17:22	341		0	DNF
476	622	Stijn Adams	Hoogstraten	M35	BEL	01:19:09	350	06:03:34	386	07:30:46	379		0	DNF
477	506	Yannick Noah Reitz	Idstein - Oberrod	M20	GER	00:59:24	64	04:53:58	69	05:59:18	62		0	DNF
478	799	Jörn Menne	Jever	M50	GER	01:10:54	213	05:29:22	230	06:48:00	223		0	DNF
479	758	Thomas Riegel	Köln	M45	GER	01:17:11	325	05:41:16	300	07:07:42	303		0	DNF
480	827	Andreas Stilger	Frankfurt am Main	M50	GER	01:31:29	463	06:20:44	421	08:01:11	434		0	DNF
481	808	Marco Knijn	Diemen	M50	NED	01:20:51	368	05:34:15	258	07:03:46	289		0	DNF
482	911	Han Muizebelt	Amsterdam	M80	NED	01:36:13	481	07:00:08	477	08:47:41	481		0	DNF

483	597	Thomas Smith	Birmingham	M35	GBR	01:13:24	273	05:53:10	346	07:13:24	328	0	DNF
484	672	Jeroen Van Hooijdonk	Rotterdam	M40	NED	01:26:42	438	05:39:57	292	07:14:34	335	0	DNF
485	782	Mark Wilson		M50	NED	01:11:41	237	03:51:37	1	05:07:54	3	0	DNF
486	1038	Lonneke Zijdenbos	Leusden	F40	NED	01:32:25	466	03:55:08	3	05:37:17	26	0	DNF
487	804	Neil Raby	Bolton	M50	GBR	01:33:35	475	03:54:06	2	05:37:29	27	0	DNF
488	1036	Heather Holt	Bolton	F40	GBR	01:15:44	305	04:09:01	4	05:37:32	28	0	DNF
489	775	Lennart Piek	Hulst	M45	NED	01:07:49	174	05:02:08	92	06:15:51	104	0	DNF
490	785	Carlo Pappot	Mijdrecht	M50	NED	01:22:28	395	05:57:58	364	07:30:04	378	0	DNF
491	361	Britta Dressler	Celle	F50	GER	01:11:41	236	06:18:31	419	07:35:38	388	0	DNF
492	802	Ed Van Hillo	Bergschenhoek	M50	NED	01:27:07	441	07:02:36	478	08:41:43	474	0	DNF
493	839	Glyn Talling	Newquay	M50	GBR	01:11:15	223		0		0	0	DNF
494	31	Steff Overmars	Hilversum	Mpro	NED	00:54:35	27		0		0	0	DNF
495	678	Andreas Gkikas	Sounio	M40	GRE	01:22:23	393		0		0	0	DNF
496	40	Milosz Sowinski	Wroclaw	Mpro	POL	00:50:42	20		0		0	0	DNF
497	689	Donovan Geldenhuys	Durban	M40	RSA	00:55:14	35		0		0	0	DNF
498	750	Richard Reifer	Auer	M45	ITA	01:16:20	310		0		0	0	DNF
499	874	Andre Van Wolferen	Beneden Leeuwen	M55	NED	01:22:17	389		0		0	0	DNF
500	1901	Tetsuki Kaji	kawanishi	M20	JPN	01:05:15	127		0		0	0	DNF
501	329	Johanna Håland	Orre	F45	NOR	01:07:39	166		0		0	0	DNF
502	189	Peter Lee	London	M55	GBR	01:16:06	307		0		0	0	DNF
503	316	Nadine Schmidt	Butzbach	F35	GER	01:04:31	119		0		0	0	DNF
504	565	Mark Bundgaard	Aarhus	M30	DEN	01:11:04	218		0		0	0	DNF
505	8	Lukasz Wojt	Gerbrunn	Mpro	GER	00:44:34	1		0		0	0	DNF
506	576	Joey Van De Beek	Amersfoort	M30	NED	01:09:58	201		0		0	0	DNF
507	1021	Sanne Mol	Cadier en Keer	F35	NED	01:02:55	90		0		0	0	DNF
508	886	Michael Klesse	Osnabrück	M60	GER	01:37:57	488		0		0	0	DNF

CHALLENGE ALMERE-AMSTERDAM 10-09-2022

Unofficial Result Long Distance Individual by Category

Elite Men

PIts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	10	Kieran Lindars	Aylesbury	Mpro	GBR	00:46:40	6	04:22:45	9	05:10:59	6	02:42:54	1	07:55:44	
2	18	Niek Heldoorn	Sittard	Mpro	NED	00:46:38	5	04:22:58	11	05:10:58	4	02:48:03	2	08:00:38	
3	3	Andrew Starykowicz	Long Grove	Mpro	USA	00:49:56	15	04:11:37	1	05:03:13	1	02:56:16	10	08:01:44	
4	11	Kristian Grue	Kløfta	Mpro	NOR	00:51:42	22	04:17:49	3	05:11:03	8	02:49:25	5	08:02:25	
5	6	João Ferreira	Entroncamento	Mpro	POR	00:47:42	12	04:21:44	6	05:11:04	9	02:50:05	6	08:03:19	
6	9	Tristan Olij	Winkel	Mpro	NED	00:48:15	14	04:22:27	8	05:12:14	10	02:48:41	3	08:03:39	
7	7	Tomáš Řenč	Slaný	Mpro	CZE	00:47:36	8	04:26:24	13	05:15:40	11	02:49:11	4	08:06:45	
8	4	Milan Brons	Almere	Mpro	NED	00:47:38	9	04:15:40	2	05:04:53	2	03:02:26	15	08:09:18	
9	16	Lukas Kočař	Brno	Mpro	CZE	00:47:32	7	04:22:06	7	05:11:01	7	02:57:23	11	08:10:42	
10	35	Juha-Matti Halonen	Espoo	Mpro	FIN	00:51:48	23	04:29:49	17	05:23:19	18	02:50:24	7	08:15:53	
11	1	Evert Scheltinga	Arnhem	Mpro	NED	00:46:35	3	04:27:40	15	05:15:46	13	03:02:34	16	08:20:35	
12	39	Pamphiel Pareyn	Waregem	Mpro	BEL	00:46:36	4	04:22:50	10	05:10:59	5	03:08:43	18	08:21:30	
13	20	Tom Oosterdijk	Den Haag	Mpro	NED	00:54:37	27	04:20:25	5	05:16:56	15	03:04:09	17	08:23:07	
14	21	Lukas Krämer	Wielenbach	Mpro	GER	00:54:35	26	04:31:12	19	05:27:30	19	02:53:59	8	08:23:52	
15	33	Juuso Manninen	Espoo	Mpro	FIN	00:47:39	10	04:26:33	14	05:15:48	14	03:12:09	19	08:29:39	
16	19	Antoine Perche	fournes en weppes	Mpro	FRA	00:54:34	24	04:31:34	20	05:28:08	20	03:02:13	14	08:32:39	
17	27	Joonas Tuikka	Espoo	Mpro	FIN	00:50:36	17	04:30:57	18	05:23:17	17	03:12:14	20	08:38:16	
18	22	Simon Huckestein	Butzbach	Mpro	GER	01:03:39	32	04:37:25	23	05:43:52	27	02:55:17	9	08:41:07	
19	37	Petr Cívla	Orlová-Lutyně	Mpro	CZE	00:54:42	28	04:40:37	24	05:37:36	25	03:02:07	13	08:42:17	
20	34	Tero Setola	ESPOO	Mpro	FIN	00:54:45	29	04:31:49	21	05:28:19	21	03:19:59	22	08:51:13	
21	24	Maciej Chmura	Wrocław	Mpro	POL	00:50:39	18	04:45:51	26	05:38:18	26	03:14:47	21	08:56:23	
22	28	Christian Trunk	Heidelberg	Mpro	GER	00:54:47	30	05:21:39	29	06:18:14	29	02:58:48	12	09:20:14	
23	30	Diego Vasquez	AMBATO	Mpro	ECU	00:55:45	31	04:48:47	28	05:47:19	28	03:30:21	23	09:20:28	
24	29	Guillem Rojas Moreno	EL MASNOU	Mpro	ESP	00:46:35	2	04:46:36	27	05:34:44	24	03:50:40	24	09:28:34	
25	15	Benjamin Andersen	Aalborg	Mpro	DEN	00:50:35	16	04:18:32	4	05:10:57	3		0		DNF
26	26	Kevin Vabaorg	Viru-Jaagupi	Mpro	EST	00:47:51	13	04:43:29	25	05:32:49	23		0		DNF
27	2	Thomas Steger	Jenbach	Mpro	AUT	00:50:41	19	04:23:27	12	05:15:43	12		0		DNF
28	38	Michael Kalb	Rehau	Mpro	GER	00:47:40	11	04:29:18	16	05:18:36	16		0		DNF
29	17	Per Van Vlerken	Markranstädt	Mpro	GER	00:50:45	21	04:36:12	22	05:28:35	22		0		DNF
30	31	Steff Overmars	Hilversum	Mpro	NED	00:54:35	25		0		0		0		DNF
31	40	Milosz Sowinski	Wroclaw	Mpro	POL	00:50:42	20		0		0		0		DNF

32 8 Lukasz Wojt Gerbrunn Mpro GER 00:44:34 1 0 0 0 DNF

Elite Women

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	58	Katharina Wolff	Schwaigern	Fpro	GER	00:58:32	1	04:58:04	3	05:58:24	2	03:09:15	2	09:10:10	
2	53	Lina-Kristin Schink	Wettswil	Fpro	GER	01:04:11	7	04:49:25	1	05:55:50	1	03:17:14	4	09:15:57	
3	59	Jenny Älmqvist Nae	Löddeköpinge	Fpro	SWE	01:02:56	4	05:11:10	9	06:16:08	8	03:02:09	1	09:21:04	
4	60	Julie Aspesletten	Oslo	Fpro	NOR	01:04:13	9	04:54:32	2	06:00:52	3	03:20:05	5	09:23:17	
5	56	Janien Lubben	Fürstenau	Fpro	NED	01:04:10	6	04:59:54	4	06:06:25	5	03:21:54	6	09:31:09	
6	55	Simona Křivánková	Troubsko	Fpro	CZE	01:05:45	10	05:09:36	8	06:17:45	9	03:12:12	3	09:33:58	
7	62	Jenny Nilsson	FALUN	Fpro	SWE	01:02:56	3	05:07:28	7	06:12:25	7	03:21:59	7	09:37:05	
8	63	Karina Gosvig	Aarhus C	Fpro	DEN	00:58:34	2	05:02:56	5	06:03:31	4	03:32:22	9	09:38:38	
9	54	Vanessa Pereira	Murganhal, Caxias	Fpro	POR	01:03:42	5	05:05:30	6	06:12:00	6	03:26:53	8	09:41:33	
10	65	Martine Hoaas	Aalborg	Fpro	NOR	01:04:12	8	05:43:20	10	06:49:55	10	03:50:43	10	10:44:15	

Men 20-24

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	125	Bruno Slegers	CHASTRE	M20	BEL	00:58:29	1	05:04:28	2	06:06:15	2	02:59:10	1	09:10:15	
2	505	Mathias Lorenzen	Risskov	M20	DEN	01:05:55	6	05:05:52	3	06:16:40	3	03:10:36	2	09:31:19	
3	507	Oscar Sutcliffe	Foggathorpe	M20	GBR	01:03:43	4	05:14:52	4	06:23:54	4	03:12:58	3	09:41:57	
4	503	Dylan Hoogendoorn	Houten	M20	NED	01:01:39	3	05:36:16	7	06:44:32	6	03:29:48	4	10:20:35	
5	502	Tristan Deceuninck	Bruxelles	M20	BEL	01:08:54	7	05:48:15	8	07:05:19	8	03:34:12	5	10:43:53	
6	504	Maurice Winkler	Wiesbaden	M20	GER	01:12:01	8	05:27:57	6	06:46:04	7	03:59:50	6	10:50:42	
7	101	Ramon Jongschaap	Leeuwarden	M20	NED	01:12:22	9	05:24:09	5	06:42:37	5	04:46:12	7	11:33:26	
8	506	Yannick Noah Reitz	Idstein - Oberrod	M20	GER	00:59:24	2	04:53:58	1	05:59:18	1		0		DNF
9	1901	Tetsuki Kaji	kawanishi	M20	JPN	01:05:15	5		0		0		0		DNF

Men 25-29

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	108	Benjamin Akin	Preston	M25	GBR	00:58:28	2	04:40:09	2	05:42:39	1	03:04:44	2	08:51:52	
2	533	Tom McManners	Reading	M25	FIN	01:02:25	7	04:39:21	1	05:46:43	2	03:03:37	1	08:55:56	
3	520	Wim Jansen	Rijswijk	M25	NED	01:01:32	5	04:50:34	4	05:56:03	4	03:10:53	6	09:10:58	

4	531	Alexander Verweij	Amsterdam	M25	NED	01:04:45	9	04:49:05	3	06:01:26	5	03:07:13	4	09:14:10
5	532	Ian Hurley	London	M25	IRL	01:13:40	14	04:56:09	6	06:14:39	7	03:06:45	3	09:25:18
6	514	Thijs Van Der Zee	Ede	M25	NED	00:56:48	1	04:53:03	5	05:52:31	3	03:47:53	13	09:43:21
7	106	Samuel Cusworth	Doncaster	M25	GBR	01:06:58	11	05:02:07	7	06:14:32	6	03:29:43	10	09:48:21
8	524	Sander D'Hont	Sint Jansteen	M25	NED	01:01:57	6	05:31:54	15	06:40:09	12	03:10:31	5	09:55:50
9	516	Ward Maes	Wondelgem	M25	BEL	01:03:18	8	05:17:04	10	06:24:30	11	03:26:27	7	09:55:54
10	528	Jasper Fraikin	Amsterdam, The Netherlands	M25	NED	01:05:42	10	05:11:43	9	06:24:17	10	03:31:47	11	10:00:55
11	519	Andreas Schacht	Aachen	M25	GER	01:07:24	12	05:04:41	8	06:16:10	8	03:49:59	14	10:10:40
12	107	James Naldrett	London	M25	GBR	01:19:21	17	05:19:25	12	06:45:45	14	03:27:32	8	10:19:09
13	513	Jonathan Mahaux	Verviers	M25	BEL	00:59:07	3	05:18:04	11	06:23:51	9	04:05:46	16	10:36:25
14	511	Jonathan Wanner	Ravensburg	M25	GER	01:18:06	16	05:26:08	14	06:48:39	16	03:55:20	15	10:47:51
15	515	Mitchell Hamelijnc	Zaltbommel	M25	NED	01:31:20	20	05:40:15	17	07:22:15	18	03:28:31	9	10:57:54
16	527	Tim Hohlweg	Bochum	M25	GER	00:59:19	4	05:37:37	16	06:43:36	13	04:08:30	17	10:58:06
17	530	Martijn Lollinga	Groningen	M25	NED	01:07:47	13	05:49:32	18	07:05:59	17	04:09:24	18	11:21:54
18	526	Titus De Hond	Utrecht	M25	NED	01:24:12	18	06:06:11	19	07:38:40	19	03:40:06	12	11:23:31
19	518	Nils Feuerhelm	Berlin	M25	GER	01:16:19	15	05:23:25	13	06:46:02	15	04:32:41	19	11:24:45
20	522	Tom Engelen	Hoofddorp	M25	NED	01:25:11	19	06:27:03	20	08:02:57	20	04:37:02	20	12:46:37
21	512	Liam Carr	Best	M25	GBR	01:31:53	21	06:40:41	21	08:23:38	21	04:42:08	21	13:11:24

Men 30-34

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	111	Tijmen Van Der Burgt		M30	NED	00:58:32	8	04:37:54	1	05:39:48	1	02:55:25	1	08:39:33	
2	114	Marijn Markusse	Brandwijk	M30	NED	00:56:27	3	04:40:12	4	05:39:55	2	02:59:18	2	08:43:02	
3	554	Pascal Franken	Oegstgeest	M30	NED	01:04:47	15	04:38:59	2	05:47:17	5	03:12:46	4	09:04:38	
4	112	Frank Janssen	Veenendaal	M30	NED	00:55:10	1	04:52:00	10	05:51:17	8	03:14:50	6	09:10:03	
5	116	Hauke Timme	Brügge	M30	GER	00:57:21	6	04:44:52	7	05:46:30	4	03:32:50	9	09:24:09	
6	544	Joris Jacobs	Tongeren	M30	BEL	01:03:02	13	05:13:34	19	06:20:30	17	03:07:02	3	09:31:05	
7	578	Beau Visser	Almere	M30	NED	01:02:34	12	05:07:09	15	06:13:34	13	03:14:20	5	09:32:14	
8	570	Kevin Kleine-Bley	Münster	M30	GER	01:05:56	17	04:42:07	6	05:53:32	9	03:35:46	14	09:34:42	
9	541	Benjamin Döring	Gießen	M30	GER	01:06:07	18	04:50:33	9	06:00:38	11	03:35:26	13	09:41:16	
10	550	Leon Koch	Lemmer	M30	NED	01:02:34	11	04:41:52	5	05:49:48	7	03:52:04	19	09:48:42	
11	551	Daniel Burkhardt	Stuttgart	M30	GER	01:03:43	14	05:11:41	17	06:19:23	16	03:27:10	8	09:50:33	
12	115	Niklas Greeven	Dortmund	M30	GER	00:55:12	2	05:06:04	14	06:05:03	12	03:43:52	18	09:52:46	
13	118	Bence Hegedüs	Budapest	M30	HUN	01:19:25	40	05:07:25	16	06:33:07	20	03:17:11	7	09:55:15	
14	555	Julian Grothaus	Herdecke	M30	GER	01:08:35	22	05:03:52	13	06:18:35	14	03:34:38	12	09:57:11	
15	559	Brecht Craeghs	Herk-de-Stad	M30	BEL	01:05:47	16	05:23:39	25	06:34:06	21	03:34:30	10	10:12:04	

16	553	Nico Malena	Berlin	M30	GER		0	05:12:35	18	06:24:55	18	03:42:27	17	10:12:28	
17	546	Jack Grafton	London	M30	GBR	01:10:34	28	05:18:40	21	06:34:30	22	03:34:36	11	10:14:15	
18	548	Alexander Feldhaus	Würzburg	M30	GER	00:57:21	5	04:55:12	11	05:56:00	10	04:19:43	28	10:20:34	
19	117	Marvin Müller	Schermbek	M30	GER	01:11:14	31	05:02:59	12	06:18:57	15	03:58:03	22	10:22:03	
20	568	Christoph Sanders	Lingen	M30	GER	01:10:53	29	05:33:16	29	06:49:57	27	03:42:14	16	10:37:36	
21	575	Mathieu Bleriot	troissereux	M30	FRA	01:10:28	27	05:38:58	32	06:55:49	30	03:37:18	15	10:38:32	
22	552	Kai Bitschinski	Alpen	M30	GER	00:57:44	7	04:46:53	8	05:48:45	6	04:47:47	39	10:42:00	
23	562	Cedric Mariette	Berlin	M30	FRA	01:12:41	34	05:22:11	22	06:39:18	25	04:02:06	23	10:46:48	
24	545	Stef Hendrickx	MEERLE	M30	BEL	01:12:27	33	05:17:48	20	06:36:43	24	04:05:46	24	10:48:21	
25	549	Russell Vanhinsbergh	Tunbridge wells	M30	GBR	01:09:12	23	05:37:43	31	06:52:25	28	03:53:20	20	10:52:16	
26	543	Maikel Breedveld	Almere	M30	NED	01:07:35	21	05:31:49	27	06:43:46	26	04:06:01	25	10:55:46	
27	113	Nick Eversdijk	Dronten	M30	NED	01:07:24	20	05:22:31	23	06:34:36	23	04:27:43	30	11:07:46	
28	569	Sipke Bontekoe	Amsterdam	M30	NED	01:21:52	41	05:39:47	33	07:14:33	39	03:54:27	21	11:15:55	
29	119	Curtis McLernon	Carrickfergus	M30	GBR	01:18:25	39	05:32:45	28	06:58:21	31	04:12:33	26	11:18:04	
30	561	Pim Rutgers	Renkum	M30	NED	01:01:08	10	05:22:35	24	06:29:51	19	04:49:28	40	11:24:52	
31	573	Olli Kopakkala	espoo	M30	FIN	01:25:09	43	05:27:57	26	07:01:19	32	04:20:57	29	11:27:04	
32	542	Guy Hanegreefs	Lommel	M30	BEL	01:13:10	35	05:35:18	30	06:55:03	29	04:37:56	33	11:39:37	
33	566	Radim Cibulka	Horovice	M30	CZE	01:13:30	36	05:48:02	36	07:08:31	34	04:30:12	31	11:44:59	
34	556	Arno Thuy	auderghem	M30	BEL	01:11:30	32	05:48:10	37	07:08:22	33	04:38:14	34	11:55:19	
35	574	Will Almond	Amsterdam	M30	GBR	01:07:05	19	05:55:12	38	07:10:35	35	04:40:03	35	11:59:35	
36	547	Guillaume Lariviere	Aalst	M30	BEL	01:10:20	26	05:55:16	39	07:13:26	37	04:46:41	37	12:08:01	
37	577	Robin Van Den Heuvel	Leiden	M30	NED	01:16:21	38	05:48:02	35	07:13:24	36	04:47:05	38	12:08:14	
38	567	David Kroon	Rotterdam	M30	NED	01:37:48	44	05:39:56	34	07:28:31	41	04:36:36	32	12:14:41	
39	563	Jens Ostrowsky	Rostock	M30	GER	00:59:30	9	06:09:05	42	07:14:17	38	05:04:17	41	12:23:42	
40	557	Quentin Vanderlinden	La Hulpe	M30	BEL	01:09:52	24	06:07:08	41	07:27:13	40	04:45:49	36	12:25:29	
41	572	Mark Blokhuis	Baambrugge	M30	NED	01:16:16	37	06:01:51	40	07:31:18	42	05:13:29	42	12:53:10	
42	558	Paul Henning	Rhoon	M30	NED	01:22:28	42	06:22:11	43	07:51:44	43	05:17:13	43	13:14:14	
43	564	Umid Salamullaev	Tashkent	M30	UZB	02:11:56	45	07:29:13	44	09:54:58	44	04:17:29	27	14:22:59	
44	571	Jan-Hinrich Klindworth	Kiel	M30	GER	00:56:44	4	04:39:55	3	05:40:21	3		0		DNF
45	565	Mark Bundgaard	Aarhus	M30	DEN	01:11:04	30		0		0		0		DNF
46	576	Joey Van De Beek	Amersfoort	M30	NED	01:09:58	25		0		0		0		DNF

Men 35-39

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	121	Henk Galenkamp	Hilversum	M35	NED	00:58:31	5	04:35:25	1	05:38:00	1	03:02:59	1	08:44:32	
2	123	Martijn Paalman	Apeldoorn	M35	NED	00:53:36	1	04:42:45	3	05:40:39	2	03:05:24	3	08:50:20	

3	611	Tom Van Rossum	Leeds	M35	GBR	01:00:37	10	04:37:09	2	05:41:50	3	03:12:11	4	08:57:25
4	631	Matthias Kindel	Maastricht	M35	GER	00:57:29	4	04:51:15	6	05:52:27	5	03:16:24	6	09:12:21
5	585	Dennis De Knijff	Almere	M35	NED	01:05:47	16	04:52:32	8	06:03:12	8	03:03:38	2	09:12:24
6	122	Christiaan Solleveld	's-Gravenzande	M35	NED	00:57:28	3	04:51:29	7	05:52:51	6	03:17:50	8	09:15:23
7	615	Christiaan Zandbergen	Nieuwe Wetering	M35	NED	01:00:28	8	05:07:51	12	06:12:57	9	03:16:01	5	09:33:06
8	629	Tijmen Smit	Hardinxveld	M35	NED	00:55:16	2	04:44:09	4	05:43:04	4	03:52:16	22	09:40:28
9	583	Johan Postma	Almere	M35	NED	01:00:25	7	05:18:07	19	06:23:35	16	03:17:01	7	09:45:17
10	124	Bart Mennink	Sittard	M35	NED	01:07:43	20	05:07:55	13	06:20:11	12	03:27:01	9	09:51:37
11	625	Marcus Pott	Steinheim	M35	GER	01:13:19	33	04:54:27	9	06:14:33	10	03:31:17	13	09:52:33
12	626	Jeppe Engsig	Viby J	M35	DEN	01:09:10	26	05:02:51	10	06:16:48	11	03:33:22	14	09:54:42
13	593	Jan Matthes	Lingen	M35	GER	01:07:08	19	04:48:55	5	06:01:17	7	03:48:36	18	09:54:43
14	127	Pawel Celinski	Selby	M35	POL	01:13:35	35	05:08:33	14	06:26:49	18	03:43:14	17	10:13:58
15	591	Marko Marskamp	Amersfoort	M35	NED	01:18:32	42	05:16:02	18	06:41:44	27	03:27:50	10	10:15:56
16	609	Roelof Boonstra	Heerenveen	M35	NED	01:01:43	11	05:14:04	16	06:20:28	13	03:56:41	26	10:21:18
17	594	Christoph Hoorelbeke	Zonnebeke	M35	BEL	01:01:47	12	05:18:16	20	06:24:35	17	03:56:36	24	10:26:10
18	581	Paul De Bakker	Almere	M35	NED	01:18:43	43	05:33:28	32	06:58:57	34	03:27:57	11	10:33:11
19	126	Andrew Lovelock	Colchester	M35	GBR	01:03:19	13	05:12:48	15	06:22:18	15	04:05:34	29	10:33:14
20	627	Camiel Swart	Kockengen	M35	NED	01:12:31	30	05:22:15	22	06:40:07	25	03:50:46	19	10:35:26
21	603	Joris Straetmans	Nederhasselt	M35	BEL	01:11:35	29	05:28:09	29	06:47:51	29	03:42:11	16	10:35:42
22	608	Govert Van Meerkerk	Streefkek	M35	NED	01:11:05	27	05:23:06	24	06:40:24	26	03:56:38	25	10:44:28
23	620	Christoph Hartmüller	Mainz	M35	GER	01:22:12	49	05:40:38	38	07:11:46	41	03:28:32	12	10:46:24
24	613	Charl Van Heerden	Westcliff Hermanus	M35	RSA	01:14:51	38	05:14:38	17	06:36:37	21	04:09:33	32	10:51:09
25	605	Magnus Gohn	Steinen	M35	GER	01:08:05	22	05:05:49	11	06:22:00	14	04:21:26	38	10:51:24
26	587	Joos Jansen	Lommel	M35	BEL	01:07:53	21	05:38:25	35	06:52:15	30	03:53:56	23	10:51:39
27	624	Pieter Brackman	Denderhoutem	M35	BEL	01:05:53	17	05:23:58	25	06:37:09	24	04:08:39	30	10:52:33
28	619	David Linders	Utrecht	M35	NED	01:03:46	14	05:25:18	27	06:34:23	19	04:18:34	34	10:56:39
29	592	Hendrik Mellis	Essen	M35	GER	01:14:12	36	05:24:15	26	06:47:25	28	04:12:10	33	11:06:07
30	601	Tom Van Daalen	Veenendaal	M35	NED	01:00:37	9	05:29:46	30	06:37:02	22	04:27:40	40	11:12:12
31	610	Jean Lens	Pietermaritzburg	M35	RSA	01:14:38	37	05:25:27	28	07:19:30	44	03:51:00	20	11:15:09
32	617	Pieter Giljam	Scharendijke	M35	NED	01:13:14	32	05:18:17	21	06:37:05	23	04:39:28	45	11:21:52
33	618	Niels Van Den Berg	rotterdam	M35	NED	01:08:11	23	05:51:45	41	07:08:04	39	04:08:58	31	11:24:34
34	584	Maarten Van Ettinger	Lopik	M35	NED	01:08:40	24	05:36:46	33	07:00:06	35	04:20:37	36	11:28:36
35	589	Remko Van Den Bungelaar	Mill	M35	NED	01:12:59	31	05:39:24	36	06:58:05	33	04:23:31	39	11:28:38
36	582	Erik Schopman	Almere	M35	NED	01:19:59	45	05:30:33	31	06:57:15	31	04:27:56	41	11:30:59
37	588	Frank Schlick	Mertert	M35	LUX	01:05:28	15	05:22:44	23	06:34:55	20	04:50:48	47	11:32:47
38	602	Marc Schmitz	Dattenberg	M35	GER	01:06:09	18	05:47:29	40	07:04:30	37	04:20:43	37	11:33:16
39	599	Torsten Voigt	Eisenberg	M35	GER	01:11:08	28	05:52:13	43	07:10:31	40	04:20:15	35	11:36:48

40	630	Jakob Højbjerg	Værløse	M35 DEN	01:17:27	40	05:37:26	34	07:02:02	36	04:31:11	43	11:39:47
41	596	Michael Van Damme	Gentbrugge	M35 BEL	01:33:37	51	05:53:12	45	07:36:31	46	04:02:06	28	11:46:56
42	600	Richard Holstege	Berkel en Rodenrijs	M35 NED	01:21:14	47	06:31:46	48	08:00:01	48	03:52:00	21	11:56:05
43	604	Kristof Quintyn	Geraardsbergen	M35 BEL	01:16:55	39	05:40:01	37	07:06:49	38	04:45:18	46	11:59:06
44	607	Robert Van Der Poel	Houten	M35 NED	01:38:58	52	06:00:29	46	07:48:33	47	04:00:16	27	12:00:11
45	598	Andreas Mauer	Heede	M35 GER	01:09:07	25	07:13:12	52	08:28:10	51	03:39:18	15	12:13:33
46	612	Remco Kelder	Lekkerkerk	M35 NED	00:59:02	6	05:51:48	42	06:58:03	32	05:15:20	48	12:21:58
47	614	Karl Heinz Tomaszowski	Mainz	M35 GER	01:18:26	41	06:32:01	49	08:00:21	49	04:30:42	42	12:36:55
48	628	Chris King	Horley	M35 GBR	01:24:32	50	06:37:18	50	08:16:12	50	04:31:35	44	12:58:06
49	586	Victor Makarenkov	Lehavim	M35 ISR	01:22:05	48	07:00:05	51	08:40:33	52	05:23:00	49	14:15:32
50	621	Jonas Moll	Wetter	M35 GER	01:20:48	46	05:47:13	39	07:17:22	43		0	DNF
51	622	Stijn Adams	Hoogstraten	M35 BEL	01:19:09	44	06:03:34	47	07:30:46	45		0	DNF
52	597	Thomas Smith	Birmingham	M35 GBR	01:13:24	34	05:53:10	44	07:13:24	42		0	DNF

Men 40-44

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S Bike	#B AftBike	#aftB Run	#R Total	Status
1	653	Tomas Racek	Cerhovice	M40	CZE	00:59:03	6 04:44:36	3 05:47:40	2 03:03:11	2 08:54:26	
2	145	Sergio Marques	caxias	M40	POR	00:56:25	3 04:42:14	2 05:42:16	1 03:08:26	3 08:54:30	
3	138	Josef Krivanek	Troubsko	M40	CZE	00:58:30	5 04:47:56	6 05:49:59	3 03:11:46	4 09:06:08	
4	222	Gregory Schelfhout	Welle	M40	BEL	01:13:27	38 04:52:08	8 06:11:26	13 02:58:56	1 09:14:53	
5	661	Dominik Renninger	Bad Kissingen	M40	GER	01:03:18	10 04:52:48	9 05:59:55	7 03:27:10	10 09:31:22	
6	658	Maarten Van Kooij	Maastricht	M40	NED	01:06:26	16 04:39:20	1 05:51:27	4 03:37:01	15 09:34:18	
7	652	Wolter Van Popta	Hilversum	M40	NED	01:03:00	9 04:51:29	7 06:00:11	8 03:31:38	13 09:36:45	
8	668	Pieter Wijnhoven	Rotterdam	M40	NED	01:04:07	11 05:00:16	13 06:09:00	10 03:25:17	9 09:38:28	
9	132	Ardjan Swerink	Haarlem	M40	NED	01:05:50	15 05:03:48	18 06:13:54	14 03:22:57	7 09:41:23	
10	137	Tom Lawton	Iikley	M40	GBR	01:07:17	19 05:03:06	17 06:14:00	15 03:24:33	8 09:42:32	
11	141	Piotr Wojcieszko	Wroclaw	M40	POL	01:07:26	20 05:11:47	24 06:23:40	22 03:15:10	5 09:43:56	
12	645	Sebastiaan Holleman	Doetinchem	M40	NED	01:04:46	14 05:02:47	16 06:11:14	12 03:28:31	12 09:44:16	
13	651	Jeffrey Helder	Nieuwkoop	M40	NED	01:04:12	12 05:05:32	20 06:15:21	18 03:28:18	11 09:51:38	
14	657	Kevin Van Dronkelaar	Amsterdam	M40	NED	00:57:34	4 04:52:58	10 05:55:22	5 03:53:44	26 09:54:23	
15	675	Bas Goossens	Geesteren	M40	NED	01:10:09	27 04:47:45	5 06:05:43	9 03:43:57	18 09:55:24	
16	133	Ilje Van Der Ploeg	Leerdam	M40	NED	00:56:20	2 05:12:40	27 06:14:16	16 03:38:12	16 09:58:26	
17	695	Veli-Matti Rissa	Espoo	M40	FIN	01:07:56	23 05:01:15	14 06:14:47	17 03:43:58	19 10:02:51	
18	702	Sebastian Krasnodębski	Grudziądz	M40	POL	01:14:34	39 04:57:20	11 06:18:03	20 03:42:12	17 10:04:11	
19	666	Jaap Ilsink	Zwolle	M40	NED	01:12:02	34 04:58:01	12 06:15:48	19 03:45:34	20 10:07:07	
20	696	Martijn Wanders	Almere	M40	NED	01:12:05	35 05:14:32	30 06:32:36	33 03:33:22	14 10:10:46	

21	134	Richard Maxted	Sheffield	M40	GBR	01:06:55	17	05:07:21	22	06:19:13	21	03:47:25	21	10:12:02
22	665	Jort Schuringa	Glimmen	M40	NED	01:10:22	28	05:12:48	29	06:30:01	30	03:49:20	22	10:23:54
23	143	Ruben Almendro Enrique	Azkoitia	M40	ESP	01:11:28	30	05:10:51	23	06:28:32	23	03:52:19	24	10:26:36
24	676	Sebastiaan Van Den Berg	Houten	M40	NED	01:11:53	33	05:12:12	25	06:29:45	28	03:53:53	27	10:29:28
25	649	Edward Moffatt	Cowden	M40	GBR	01:16:42	45	05:05:22	19	06:28:48	24	03:57:05	29	10:31:08
26	667	Persijn Van De Veire	Vlissingen	M40	NED	01:02:10	7	05:26:33	40	06:34:28	35	03:51:32	23	10:33:17
27	700	Hendrik Haumann	Besslich	M40	LUX	01:23:12	54	05:43:00	48	07:13:48	50	03:18:37	6	10:36:03
28	673	Kai Piper	Eddelak	M40	GER	01:15:54	44	05:07:01	21	06:30:14	31	04:02:52	33	10:38:03
29	683	Ward Terryn	KUURNE	M40	BEL	01:04:45	13	05:18:49	36	06:29:34	27	04:07:25	35	10:42:09
30	684	Peter Borst	Hensbroek	M40	NED	01:09:36	25	05:15:05	31	06:32:28	32	04:06:37	34	10:45:00
31	685	Bram Van Rijt	Oisterwijk	M40	NED	01:12:15	36	05:15:08	32	06:32:58	34	04:08:20	36	10:46:17
32	654	Milan Litvan	Kajov	M40	CZE	01:19:12	46	05:16:15	33	06:42:51	36	03:57:32	30	10:47:17
33	647	Benjamin Schottek	Arnsberg	M40	GER	01:09:40	26	05:26:20	39	06:44:00	37	04:02:34	31	10:54:35
34	687	Karel Bogaert	Oudenburg	M40	BEL	01:19:38	48	05:18:14	35	06:46:26	38	04:02:38	32	10:58:33
35	699	Leon Hordijk	Numansdorp	M40	NED	01:23:55	56	05:26:38	41	07:00:44	43	03:52:30	25	11:00:29
36	144	Jörgen Agerbjer	Höör	M40	SWE	01:07:15	18	05:17:16	34	06:29:56	29	04:27:41	42	11:03:26
37	670	Gijs Van Der Zijden	Almere	M40	NED	01:11:08	29	05:12:48	28	06:29:27	26	04:31:57	45	11:07:12
38	646	Mano Kok	Gouda	M40	NED	01:08:12	24	05:12:30	26	06:28:54	25	04:32:06	46	11:08:43
39	644	Michael Leuven	Hoofddorp	M40	NED	01:11:37	32	05:31:04	43	06:51:56	40	04:15:46	39	11:14:13
40	682	Wesley Matthys	Sint-Laureins	M40	BEL	01:27:05	61	05:34:12	44	07:13:15	48	03:54:35	28	11:14:31
41	680	Christian Bäcker	Maisach	M40	GER	01:14:55	41	05:43:34	49	07:05:25	44	04:12:07	38	11:22:50
42	698	Kevin Kroes	Heumen	M40	NED	01:24:49	57	05:21:38	38	06:56:56	42	04:26:18	41	11:29:14
43	688	Jan Veters	Waarloos	M40	BEL	01:21:51	51	05:35:20	45	07:06:03	45	04:17:17	40	11:29:19
44	139	Holger M. Van Bargaen	Berlin	M40	GER	01:19:22	47	05:20:51	37	06:49:08	39	04:42:24	50	11:38:00
45	655	Vlastimil Kordík	Český Krumlov	M40	CZE	01:11:29	31	06:03:21	58	07:25:40	55	04:09:19	37	11:42:39
46	662	Klaas Zwaagman	Eelderwolde	M40	NED	01:21:05	50	05:38:33	46	07:06:42	46	04:31:39	44	11:45:45
47	691	Jan Schrama	Rotterdam	M40	NED	01:14:56	42	05:49:29	53	07:10:01	47	04:37:37	49	11:52:54
48	697	Dennis Jansen	sassenheim	M40	NED	01:14:55	40	05:30:36	42	06:53:22	41	04:56:21	53	11:56:47
49	656	Niels De Wilde	Almere	M40	NED	01:22:04	52	06:02:41	57	07:31:12	57	04:30:58	43	12:07:50
50	692	Evert Timmerman	Hoogland	M40	NED	01:23:33	55	05:46:35	51	07:18:32	53	04:45:51	51	12:13:19
51	681	Jimmy Turbelin	marquette lez lille	M40	FRA	01:26:57	60	06:01:36	56	07:39:57	58	04:32:53	47	12:21:20
52	650	Thomas Wolfram	Eschborn	M40	GER	01:07:35	21	06:00:01	54	07:13:30	49	05:00:55	56	12:22:18
53	142	Bogdan Tatomir	Almere	M40	ROU	01:32:28	63	05:46:07	50	07:27:57	56	04:57:32	54	12:34:50
54	641	Ruben Bumkens	Schalkhaar	M40	NED	01:25:05	58	06:11:42	61	07:47:26	59	04:49:02	52	12:46:16
55	671	Patrick Degenaar	Zoetermeer	M40	NED	01:19:42	49	05:46:40	52	07:17:41	52	05:28:13	58	12:54:16
56	664	Jeroen Nolte	Almere	M40	NED	01:15:35	43	06:01:18	55	07:24:00	54	05:28:52	59	13:01:04
57	663	Marten Bouma	Almere	M40	NED	01:28:43	62	06:10:40	59	07:48:05	60	05:03:36	57	13:01:04

58	693	Michiel Wesseling	Amstelveen	M40	NED	01:33:00	64	06:10:54	60	07:56:35	61	05:00:09	55	13:03:22	
59	674	Matteo Bettoni	Schiedam	M40	ITA	01:12:23	37	06:21:55	62	08:00:46	62	04:33:02	48	13:06:29	
60	642	David Lanz	Feldbrunnen-St. Niklaus	M40	SUI	01:44:19	66	06:27:34	63	08:25:25	63	05:33:55	60	14:08:18	
61	686	Chris Seynaeve	Izegem	M40	BEL	01:33:23	65	06:57:19	64	08:40:37	64	05:47:36	0	14:34:12	
62	643	Danny Subrata	Zaandam	M40	NED	01:55:34	67	07:04:02	65	09:13:29	65	05:28:33	0	14:56:37	
63	140	Timo Brückhof	Butzbach	M40	GER	01:07:36	22	04:47:37	4	05:58:48	6		0		DNF
64	694	Andreas Hill	Tiefenort	M40	GER	01:02:39	8	05:01:45	15	06:10:02	11		0		DNF
65	672	Jeroen Van Hooijdonk	Rotterdam	M40	NED	01:26:42	59	05:39:57	47	07:14:34	51		0		DNF
66	678	Andreas Gkikas	Sounio	M40	GRE	01:22:23	53		0		0		0		DNF
67	689	Donovan Geldenhuys	Durban	M40	RSA	00:55:14	1		0		0		0		DNF

Men 45-49

Pts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	152	Michel Besseling	Amersfoort	M45	NED	01:08:36	18	05:00:35	7	06:15:14	6	03:08:42	2	09:28:05	
2	160	Mikael Löfqvist	Vaasa	M45	FIN	01:00:37	2	04:56:46	4	06:01:24	1	03:28:58	5	09:35:43	
3	763	Thorsten Frank	Ettlingen	M45	GER	01:06:35	13	04:57:30	5	06:10:59	4	03:36:05	7	09:52:05	
4	153	Maarten Caminada	Zandvoort	M45	NED	01:11:01	21	05:03:42	9	06:18:27	9	03:29:46	6	09:54:57	
5	747	Santiago Garcia Gonzalez	ourense	M45	ESP	01:12:25	25	05:30:37	33	06:49:49	34	03:05:12	1	09:59:40	
6	721	Danny Voets	Zuidland	M45	NED	01:13:12	29	04:46:48	1	06:04:55	3	03:55:30	18	10:06:25	
7	742	Raymond Olsthoorn	Monster	M45	NED	01:19:02	48	04:55:14	2	06:18:14	8	03:46:50	11	10:09:36	
8	772	Pavel Ozerov	Wien	M45	AUT	01:10:36	20	05:07:23	11	06:22:20	12	03:47:25	13	10:14:12	
9	752	Björn Stadtel	Köln	M45	GER	01:19:25	50	05:21:52	26	06:47:30	30	03:24:27	3	10:17:31	
10	162	Simon Wallmark	Nynäshamn	M45	SWE	01:14:11	33	05:13:12	17	06:33:39	18	03:42:18	10	10:20:17	
11	741	Raymond De Kuiper	Hilversum	M45	NED	01:16:59	41	05:12:58	16	06:37:17	21	03:38:01	8	10:20:47	
12	225	Toomas Loho	Kiili vald	M45	EST	01:03:34	6	05:06:11	10	06:14:15	5	04:01:44	23	10:20:59	
13	725	Lars Winkler	Leipzig	M45	GER	00:59:45	1	05:13:58	18	06:18:30	10	03:59:33	22	10:22:44	
14	720	Paul Versteegen	Horst aan de Maas	M45	NED	01:06:47	14	05:15:46	21	06:28:59	13	03:46:58	12	10:23:06	
15	726	Benoit Blondeau	felleries	M45	FRA	01:17:13	43	05:10:34	13	06:34:48	20	03:48:25	14	10:28:43	
16	163	Bertrand Rietsch	ARGENTEUIL	M45	FRA	01:13:17	30	05:11:44	14	06:30:40	14	03:55:34	19	10:31:07	
17	751	Bjorn Claes	Zelem	M45	BEL	01:11:33	23	05:14:33	20	06:32:56	17	03:57:54	20	10:35:38	
18	764	Jeroen Went	Noordwijk Zh	M45	NED	01:10:07	19	05:24:04	30	06:39:38	23	03:52:39	16	10:37:52	
19	729	Maik Ulke	Laage	M45	GER	01:16:41	40	05:07:42	12	06:31:16	15	04:05:13	26	10:41:35	
20	157	David Morgan	Port Talbot	M45	GBR	01:05:18	10	05:22:57	29	06:33:58	19	04:05:40	27	10:44:59	
21	773	Edwin Van De Ven	Arnhem	M45	NED	01:22:13	58	05:14:05	19	06:46:27	28	03:58:21	21	10:50:31	
22	159	James Oswald	WARRINGTON	M45	GBR	01:07:46	16	05:31:22	36	06:44:16	25	04:01:56	24	10:52:16	
23	761	Onur Yavuz	BURSA	M45	TUR	01:28:22	66	05:31:03	35	07:07:01	44	03:41:21	9	10:54:47	

24	156	Ross Crombie	Falkirk	M45	GBR	01:18:54	47	05:55:58	57	07:23:51	55	03:28:26	4	10:58:17
25	769	Marcel Franken	Viersen	M45	GER	01:04:05	7	05:36:06	39	06:45:54	26	04:11:13	30	11:02:00
26	158	Vernon Anderson	East Dereham	M45	GBR	01:12:19	24	05:29:47	32	06:48:17	31	04:12:27	31	11:06:35
27	734	Romaric Shu	Bois Colombes	M45	FRA	01:06:04	12	05:55:32	55	07:11:41	49	03:48:45	15	11:07:36
28	762	Rogier Groen	Ouderkerk aan de Amstel	M45	NED	01:21:44	54	05:20:13	24	06:51:35	39	04:08:37	28	11:07:54
29	161	Hélder Milheiras	Queijas	M45	POR	01:12:47	26	05:30:44	34	06:55:28	40	04:04:51	25	11:09:09
30	745	Raffaele Bonadio	bolzano	M45	ITA	01:14:07	32	05:21:21	25	06:41:52	24	04:23:29	37	11:11:21
31	768	Azamat Ismailov	Amsterdam	M45	NED	01:21:13	52	05:19:32	22	06:48:29	32	04:21:50	34	11:16:05
32	765	Darren Hodges	Hertford	M45	GBR	01:13:11	28	04:59:00	6	06:20:50	11	04:48:01	48	11:17:28
33	724	Martijn Dorlas	Hilversum	M45	NED	01:11:26	22	05:31:37	37	06:49:51	35	04:22:19	35	11:20:46
34	737	Blair McMaster	Evanton	M45	GBR	01:21:49	55	05:22:04	27	06:49:58	37	04:26:04	40	11:22:09
35	715	Kenneth Alting	Oisterwijk	M45	NED	01:29:38	68	05:12:02	15	06:49:44	33	04:24:36	39	11:23:01
36	716	Raoul Majewski	Rotterdam	M45	NED	01:24:02	62	05:38:25	42	07:08:40	48	04:13:01	32	11:31:50
37	746	Jos Sneijders	Katwijk aan Zee	M45	NED	01:03:01	5	05:37:49	41	06:46:14	27	04:38:22	45	11:32:02
38	759	Erik Van Dijk	Amsterdam	M45	NED	01:14:33	34	05:47:05	50	07:13:49	51	04:09:24	29	11:33:20
39	760	Sebastian Gawlas	Maastricht	M45	POL	01:04:43	9	05:25:07	31	06:37:39	22	04:48:14	49	11:36:51
40	732	Björn Warnke	Oelixdorf	M45	GER	01:16:31	39	05:38:58	44	07:02:08	42	04:32:24	41	11:40:18
41	771	Johan Van Dam	Middelharnis	M45	NED	01:15:21	37	05:22:34	28	06:47:14	29	04:43:31	46	11:40:31
42	713	Hugo Went	Noordwijk	M45	NED	01:17:49	44	05:47:05	49	07:11:53	50	04:23:01	36	11:40:44
43	711	Robert De Vries	Malden	M45	NED	01:18:50	46	06:14:29	64	07:41:25	61	03:53:51	17	11:45:02
44	733	Arjan Kamer	Oegstgeest	M45	NED	01:02:32	4	05:40:56	45	06:49:55	36	04:51:14	51	11:48:21
45	722	Jeroen Karamat Ali	Nieuwegein	M45	NED	01:22:06	56	05:37:03	40	07:08:05	46	04:34:27	43	11:50:08
46	754	Jeroen Van Leeuwen	Sint Oedenrode	M45	NED	01:21:03	51	05:50:38	53	07:22:16	54	04:24:34	38	11:54:27
47	714	Martel Smits	Giessenburg	M45	NED	01:13:49	31	05:46:02	47	07:05:26	43	04:48:39	50	11:59:51
48	744	Jens Bley	Friedberg	M45	GER	01:14:43	35	05:38:39	43	07:01:14	41	04:58:31	52	12:07:35
49	749	Ole Toft	Odense	M45	DEN	01:14:47	36	05:54:35	54	07:18:43	52	04:44:12	47	12:10:39
50	731	Kosti Paloposki	Espoo	M45	FIN	01:21:27	53	06:07:28	60	07:36:37	59	04:33:08	42	12:13:49
51	774	Mathieu Goedhart	Deil	M45	NED	01:18:45	45	06:04:55	59	07:39:17	60	04:35:39	44	12:28:02
52	740	Marko Nevalainen	Vantaa	M45	FIN	01:24:47	63	06:39:50	69	08:15:44	68	04:16:06	33	12:39:57
53	155	Reinhard Galler	Tettngang	M45	AUT	01:23:50	61	06:14:05	63	07:48:16	63	05:09:37	53	13:07:05
54	712	Stefan De Veer	Giessenburg	M45	NED	01:22:27	59	05:55:48	56	07:25:29	57	05:38:34	57	13:11:07
55	739	Dirk Kandler	Gelsenkirchen	M45	GER	01:19:16	49	06:20:06	65	07:52:22	64	05:12:35	56	13:16:20
56	753	Pim Engels	Made (Noord-Brabant)	M45	NED	01:05:49	11	06:10:28	62	07:25:08	56	05:56:05	61	13:30:15
57	766	Dennis Van Putten	Hendrik Ido Ambacht	M45	NED	01:22:10	57	05:46:26	48	07:21:37	53	05:58:29	62	13:30:54
58	755	Ferry De Valk	Heerjansdam	M45	NED	01:22:39	60	06:08:21	61	07:41:55	62	05:46:33	59	13:38:45
59	756	Richard Van Der Horst	Utrecht	M45	NED	01:37:12	70	06:32:52	67	08:22:00	69	05:10:23	54	13:41:42
60	728	Jacco Glerum	bleiswijk	M45	NED	01:31:07	69	06:24:41	66	08:07:01	65	05:40:46	58	13:56:44

61	748	Michael Vivier	Thieulain	M45	BEL	01:55:32	71	06:04:02	58	08:10:12	66	05:48:38	60	14:11:35	
62	743	Murat Gurpinar	Vossem Tervuren	M45	TUR	01:25:36	65	07:04:24	70	08:46:29	70	05:11:12	55	14:13:39	
63	718	Amit Lotan	Kramim	M45	ISR	01:25:09	64	06:36:35	68	08:15:36	67	06:15:49	0	14:43:51	
64	719	Robert Van Der Toorn	Schiedam	M45	NED	01:02:08	3	04:55:32	3	06:03:58	2		0		DNF
65	736	Frank Johnen	Alsdorf	M45	GER	01:07:39	15	05:35:48	38	06:51:10	38		0		DNF
66	735	Vincent Beijck	Odijk	M45	NED	01:04:22	8	05:19:38	23	06:31:37	16		0		DNF
67	717	Ralph Zijlma	Almere	M45	NED	01:28:50	67	05:49:41	51	07:27:18	58		0		DNF
68	738	Philippe Simon	JOUE LES TOURS	M45	FRA	01:13:01	27	05:49:43	52	07:08:29	47		0		DNF
69	758	Thomas Riegel	Köln	M45	GER	01:17:11	42	05:41:16	46	07:07:42	45		0		DNF
70	775	Lennart Piek	Hulst	M45	NED	01:07:49	17	05:02:08	8	06:15:51	7		0		DNF
71	750	Richard Reifer	Auer	M45	ITA	01:16:20	38		0		0		0		DNF

Men 50-54

PIts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	817	Jan Van Der Laan	Exloo	M50	NED	00:56:46	2	04:48:30	3	05:50:06	3	03:44:51	5	09:41:05	
2	830	Wannie Friderichs	Almere	M50	NED	01:16:56	31	04:54:54	4	06:16:59	8	03:31:06	1	09:54:06	
3	173	Alex Stubb	Espoo	M50	FIN	01:05:17	9	04:54:59	5	06:04:58	4	03:45:20	6	09:56:02	
4	833	Stefan Uebersezig	Deil	M50	GER	00:56:46	3	05:06:21	7	06:09:24	6	03:43:00	4	09:57:03	
5	171	Hans-Peter Rappelsberger	Laxenburg	M50	AUT	01:06:28	10	05:07:54	8	06:18:34	9	03:56:21	11	10:19:56	
6	831	Martin Solleveld	De IJder	M50	NED	01:17:33	32	05:12:28	11	06:37:58	14	03:32:07	2	10:20:59	
7	826	Robert Mijwaart	Huizen	M50	NED	00:59:28	5	05:09:44	10	06:12:49	7	04:09:37	17	10:27:13	
8	811	Holger Brandt	Wetter	M50	GER	01:12:39	21	05:07:55	9	06:25:37	11	04:02:58	14	10:32:59	
9	787	Gert-Jan Pinggen	Nijmegen	M50	NED	01:11:23	16	05:32:28	21	06:50:15	20	03:39:17	3	10:36:07	
10	175	Joachim Magiera	Paderborn	M50	GER	01:07:18	11	05:26:47	16	06:38:52	15	03:55:54	10	10:40:30	
11	837	Eddy Dekkers	Nijkerk	M50	NED	00:58:08	4	05:20:30	14	06:24:19	10	04:10:58	18	10:41:20	
12	820	Brad Downton	Europe	M50	AUS	01:20:38	39	05:15:05	12	06:44:29	16	03:54:17	9	10:44:08	
13	795	Luc Vervekken	Itegem	M50	BEL	01:22:00	42	05:29:51	20	07:00:13	23	03:51:57	8	11:00:47	
14	783	Geert Van Dijk	Voorhout	M50	NED	01:08:42	12	05:53:51	38	07:09:03	32	03:47:25	7	11:01:51	
15	814	Damien Vigier	JOUE LES TOURS	M50	FRA	01:11:38	18	05:33:38	23	06:51:59	21	04:05:03	15	11:02:58	
16	789	Dirk Van Hoof	2960	M50	BEL	01:01:11	6	05:22:45	15	06:30:04	12	04:27:52	27	11:04:50	
17	819	Eric Wattez	Fochteloo	M50	NED	00:56:41	1	05:05:55	6	06:07:10	5	04:52:49	34	11:06:39	
18	813	Jouni Salmi	Espoo	M50	FIN	01:16:55	30	05:37:14	28	07:01:12	24	03:58:36	12	11:08:53	
19	842	Jeroen Van Geelen	Hilversum	M50	NED	01:13:57	25	05:26:55	17	06:48:14	18	04:12:55	20	11:11:09	
20	791	Robert Waning	Münster	M50	GER	01:18:12	34	05:41:37	31	07:11:48	33	03:59:21	13	11:18:11	
21	790	Gerwin Kamps	Utrecht	M50	NED	01:15:23	28	05:17:04	13	06:37:39	13	04:32:04	29	11:18:17	
22	838	Xavier Theunissen	Eindhoven	M50	NED	01:10:20	13	05:32:40	22	06:49:12	19	04:26:21	25	11:20:52	

23	172	Timothy Cox	Richmond	M50	GBR	01:13:58	26	05:54:41	40	07:15:09	35	04:07:22	16	11:31:28
24	800	Markus Völker	Paderborn	M50	GER	01:14:37	27	05:34:40	26	06:56:29	22	04:31:40	28	11:33:36
25	828	Tobias Tiller	Veitshoechheim	M50	GER	01:24:52	46	05:33:48	24	07:08:33	31	04:22:20	22	11:38:10
26	832	Hendrik Sprejz	Ludwigsfelde	M50	GER	01:28:02	52	05:28:44	18	07:07:48	29	04:35:59	30	11:51:43
27	836	Jens Hahn	Sonsbeck	M50	GER	01:19:00	36	05:50:50	33	07:23:04	37	04:18:17	21	11:52:42
28	821	René Overduijn	Almere	M50	NED	01:13:09	23	05:41:25	30	07:08:06	30	04:39:07	31	11:57:10
29	822	Oliver Nick	Leonberg	M50	GER	01:19:48	38	05:36:02	27	07:02:43	26	04:56:26	37	12:07:35
30	809	Bart Van Kerkhove	Gent	M50	BEL	01:26:24	49	05:52:31	34	07:34:35	44	04:24:37	23	12:09:24
31	812	Tom Thael	CASTILLON	M50	BEL	01:04:03	8	05:53:35	37	07:03:30	27	05:01:34	40	12:12:50
32	834	Ralf Minning	Neuenkirchen-Vörden	M50	GER	01:30:14	54	05:43:12	32	07:24:13	38	04:39:54	32	12:13:50
33	806	Norbert Deen	Maastricht	M50	NED	01:16:24	29	05:39:36	29	07:02:21	25	05:11:58	42	12:22:52
34	781	Sven Den Brave	Almere	M50	NED	01:24:58	47	05:54:14	39	07:29:11	40	04:53:14	35	12:29:07
35	792	Manfred Jaisfeld	Münster	M50	GER	01:29:49	53	06:23:29	49	08:08:52	53	04:12:50	19	12:29:21
36	784	Willem Mensink	Hattermerbroek NL	M50	NED	01:19:27	37	06:02:16	42	07:29:59	41	04:58:06	38	12:35:31
37	815	Ville-Veikko Laukkanen	Helsinki	M50	FIN	01:18:56	35	06:42:50	53	08:08:52	52	04:24:42	24	12:42:14
38	818	Stefan Selonke	Niederhausen	M50	GER	01:27:41	51	06:30:41	52	08:08:03	51	04:27:38	26	12:42:20
39	824	Hubertus Withagen	Best	M50	NED	01:24:11	45	05:53:22	36	07:26:59	39	05:17:06	43	12:51:19
40	793	Jan De Wolde	Almere	M50	NED	01:11:44	20	06:15:59	47	07:33:05	43	05:10:18	41	12:52:15
41	796	Harold Guliker	NIJKERK	M50	NED	01:02:02	7	06:10:52	45	07:20:19	36	05:29:30	46	12:57:32
42	807	Jan Kraan	Bleiswijk	M50	NED	01:26:06	48	06:04:15	43	07:47:02	47	04:58:20	39	13:02:18
43	816	Guy Depauw	Meise	M50	BEL	01:18:01	33	06:11:42	46	07:42:17	46	05:19:08	44	13:08:35
44	810	Frédéric Leenknecht	ENNETIERES EN WEPPE	M50	FRA	01:33:13	56	06:24:42	50	08:06:17	50	04:55:31	36	13:10:50
45	829	Jérôme Maurice	Luxembourg	M50	LUX	01:11:31	17	06:55:56	54	08:16:51	54	04:47:01	33	13:11:21
46	798	Eric Smit	Almere	M50	NED	01:21:44	41	06:26:22	51	08:00:06	48	05:37:41	47	13:46:03
47	794	Mario Nijland	Lelystad	M50	NED	01:22:56	44	06:04:49	44	07:40:31	45	05:50:16	48	13:47:56
48	825	Constantin Wickinghoff	Sulzbach am Main	M50	GER	01:13:02	22	06:56:08	55	08:21:18	55	05:20:05	45	13:55:53
49	786	Hans Bosman	nigtevecht	M50	NED	01:43:03	60	06:58:53	56	08:54:51	57	05:47:53	0	14:53:40
50	835	Achim Schoenhoff	Meijel	M50	GER	01:39:33	58	07:12:56	58	09:03:46	58	05:47:15	0	14:57:51
51	840	David Gibney	London	M50	IRL	01:13:21	24	05:53:02	35	07:15:02	34		0	DNF
52	797	Philip De Backer	Sint-Martens-Latem	M50	BEL	01:40:44	59	07:44:39	59	09:35:26	59		0	DNF
53	799	Jörn Menne	Jever	M50	GER	01:10:54	14	05:29:22	19	06:48:00	17		0	DNF
54	827	Andreas Stilger	Frankfurt am Main	M50	GER	01:31:29	55	06:20:44	48	08:01:11	49		0	DNF
55	808	Marco Knijn	Diemen	M50	NED	01:20:51	40	05:34:15	25	07:03:46	28		0	DNF
56	782	Mark Wilson		M50	NED	01:11:41	19	03:51:37	1	05:07:54	1		0	DNF
57	804	Neil Raby	Bolton	M50	GBR	01:33:35	57	03:54:06	2	05:37:29	2		0	DNF
58	785	Carlo Pappot	Mijdrecht	M50	NED	01:22:28	43	05:57:58	41	07:30:04	42		0	DNF
59	802	Ed Van Hillo	Bergschenhoek	M50	NED	01:27:07	50	07:02:36	57	08:41:43	56		0	DNF

Men 55-59

PIts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	224	Pierre Durif	Paris	M55	FRA	01:09:42	9	05:06:42	2	06:21:45	2	03:15:40	1	09:42:00	
2	182	Michel Elshof	Kilder	M55	NED	01:09:43	10	05:12:08	3	06:27:08	4	03:28:37	2	10:00:14	
3	876	Freek Van Heerebeek	Almere	M55	NED	01:03:45	3	05:18:58	5	06:29:23	5	04:03:51	8	10:37:59	
4	860	Dirk Hütte	Lage	M55	GER	01:14:22	15	05:21:37	7	06:42:59	8	03:52:42	4	10:41:46	
5	868	Nico Paasse	Middelharnis	M55	NED	00:54:09	1	05:27:21	9	06:26:20	3	04:16:15	12	10:49:16	
6	867	Waldo Duin	Tiel	M55	NED	01:04:51	4	05:05:10	1	06:15:59	1	04:35:25	19	10:57:45	
7	191	Ashley Mclernon	Carrickfergus	M55	IRL	01:20:49	23	05:32:20	12	07:00:16	16	03:52:43	5	11:00:14	
8	226	Christophe Coutant	Rue du four	M55	FRA	01:03:34	2	05:51:47	21	07:03:39	18	03:49:06	3	11:00:47	
9	185	Daren Allen	Ipswich	M55	GBR	01:14:09	14	05:36:34	15	06:57:40	15	03:57:28	6	11:00:54	
10	852	Jan Von Recum	Ludwigshafen	M55	GER	01:07:42	7	05:34:07	13	06:47:15	9	04:09:16	10	11:02:10	
11	871	Frank Vissers	Olen	M55	BEL	01:14:56	16	05:26:56	8	06:50:39	10	04:05:12	9	11:04:54	
12	188	Brian Carlin	Northampton	M55	GBR	01:20:10	22	05:39:48	16	07:06:51	19	03:58:07	7	11:10:30	
13	221	Glen Macfarlane	London	M55	GBR	01:13:43	13	05:20:54	6	06:41:13	7	04:20:59	14	11:11:00	
14	181	Tom Otte	Almere	M55	NED	01:18:15	21	05:29:41	11	06:54:34	14	04:21:34	15	11:23:52	
15	864	Robert Lenzen	Köln	M55	GER	01:11:03	12	05:49:17	19	07:08:35	21	04:15:26	11	11:30:46	
16	187	Simon Hattan	Woodbridge	M55	GBR	01:09:39	8	05:34:42	14	06:51:53	11	04:32:56	18	11:31:22	
17	186	Ian Owen Williams	Port Talbot	M55	GBR	01:09:45	11	05:48:04	18	07:08:29	20	04:32:29	17	11:48:50	
18	183	Ron Schwab	Almere	M55	NED	01:07:15	6	05:40:03	17	06:53:36	12	04:47:34	21	11:50:07	
19	856	Frank Plaggenborg	Nieuwegein	M55	NED	01:16:22	18	05:29:12	10	06:54:04	13	05:04:41	27	12:06:24	
20	858	Klaus Brinkmann	Rheine	M55	GER	01:21:48	24	06:03:28	25	07:36:46	23	04:38:04	20	12:22:55	
21	870	Arjen Eijlers	Woerden	M55	NED	01:29:47	29	06:18:19	27	07:56:27	27	04:22:30	16	12:25:49	
22	873	Alp Turan	Apelnstedt	M55	GER	01:25:57	28	05:59:53	24	07:37:52	25	04:49:44	22	12:35:24	
23	854	Michael Schäfer	Essen	M55	GER	01:29:52	30	06:29:46	29	08:14:01	29	04:17:12	13	12:38:51	
24	190	Steven Lyons	hyde	M55	GBR	01:25:10	27	05:53:12	23	07:28:24	22	05:02:54	26	12:42:47	
25	862	Barry Hugo	Durban	M55	RSA	01:16:38	19	06:10:05	26	07:37:46	24	04:57:46	23	12:44:34	
26	859	Hervé Maurissen	Saint-Georges	M55	BEL	01:05:31	5	05:50:07	20	07:02:14	17	05:44:33	28	12:52:46	
27	853	Dirk Splinter	Almere	M55	NED	01:40:06	32	05:51:57	22	07:47:15	26	04:58:23	24	12:58:35	
28	861	Aleop Tur Behar	NORTH MIAMI	M55	ITA	01:31:54	31	06:43:52	30	08:28:33	30	04:58:45	25	13:38:32	
29	851	Marcel Spoelder	Wolvega	M55	NED	01:25:06	26	06:26:07	28	08:08:05	28	06:02:28	29	14:27:52	
30	857	Paul Schijff	Almere	M55	NED	01:17:03	20	05:14:19	4	06:34:52	6		0		DNF
31	874	Andre Van Wolferen	Beneden Leeuwen	M55	NED	01:22:17	25		0		0		0		DNF
32	189	Peter Lee	London	M55	GBR	01:16:06	17		0		0		0		DNF

Men 60-64

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	206	Aart Van Wijk	Sliedrecht	M60	NED	01:05:26	1	05:20:05	4	06:33:43	2	03:36:13	2	10:17:00	
2	201	Gerrit Jan Soetman	Enschede	M60	NED	01:09:33	2	05:11:10	1	06:26:23	1	03:47:41	4	10:18:15	
3	204	Carel Doreleijers	Harderwijk	M60	NED	01:12:36	6	05:15:48	2	06:35:52	4	03:41:08	3	10:24:36	
4	202	Gerard Terwisscha Van Scheltinga	Haren Gn	M60	NED	01:09:57	3	05:19:05	3	06:34:08	3	03:49:45	5	10:28:48	
5	208	Quin Beech	Rawtenstall	M60	GBR	01:18:13	8	05:22:22	5	06:47:24	6	04:03:39	6	10:56:08	
6	895	Boris Scharlowski Dr.	Frankfurt	M60	GER	01:11:01	5	05:25:11	7	06:44:27	5	04:10:54	7	11:03:33	
7	210	Stefan Panzer	Rosengarten	M60	GER	01:19:56	9	05:22:27	6	06:48:02	7	04:25:03	9	11:22:28	
8	207	Vic Spain	Chelmsford	M60	GBR	01:39:41	21	05:35:59	9	07:23:15	10	04:18:07	8	11:47:30	
9	205	Willem Van Der Voort	Schagen	M60	NED	01:10:59	4	05:54:22	10	07:16:13	9	04:34:43	10	12:00:42	
10	894	Henri Bijnen	Meijel	M60	NED	01:27:19	15	06:12:29	14	07:49:34	12	04:35:29	11	12:33:04	
11	888	Guido Van Gemert	Lent	M60	NED	01:23:29	13	06:01:37	11	07:34:44	11	05:01:57	13	12:45:29	
12	889	Vincenzo Aromatario	Leers Et Fosteau	M60	BEL	01:22:17	10	06:23:27	16	08:00:38	16	04:58:03	12	13:10:15	
13	203	Marcel Soselisa	Delft	M60	NED	01:37:48	18	06:08:23	13	07:58:03	14	05:21:37	15	13:31:26	
14	887	Manfred Gaudl	Bergen-Affing	M60	GER	01:34:51	17	06:16:11	15	08:00:05	15	05:26:25	16	13:40:43	
15	890	Christian Strömberg	Lekeryd	M60	SWE	01:39:12	20	06:08:09	12	07:56:41	13	05:35:39	17	13:40:57	
16	891	Hans Bakker	Maarsbergen	M60	NED	01:24:05	14	07:14:24	20	08:48:28	20	05:01:58	14	13:59:27	
17	883	Chris Buijtenhuijs	Groningen	M60	NED	01:33:18	16	06:58:22	19	08:47:13	19	06:19:06	0	15:16:47	
18	882	Leo Groenewegen	Schipluiden	M60	NED	01:23:12	12	06:43:14	18	08:21:50	17		0		DNF
19	893	Maarten Honing	Maastricht	M60	NED	01:48:24	22	06:25:21	17	08:26:38	18		1		DNF
20	892	Desmond Kiernan	London	M60	GBR	01:16:52	7	07:20:59	21	08:55:15	21		0		DNF
21	209	Volker Forstmeyer	Bad Säckingen	M60	GER	01:22:19	11	05:32:07	8	07:00:39	8		0		DNF
22	886	Michael Klesse	Osnabrück	M60	GER	01:37:57	19		0		0		0		DNF

Men 65-69

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	223	Michael Keane	London	M65	GBR	01:10:02	1	06:01:22	1	07:18:30	1	05:14:56	1	12:40:40	
2	902	Rob Oosterbaan	Almere	M65	NED	01:25:11	2	07:06:32	3	08:46:04	2	05:23:32	2	14:19:53	
3	901	Marcel Lapidaire	Almere	M65	NED	01:36:24	3	06:54:53	2	08:47:24	3	06:19:05	0	15:16:48	
4	904	Mohammed Kenssous	Dubai	M65	FRA	01:55:33	4	07:35:54	4	09:48:16	4		0		DNF

Men 70-74

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	211	Gerrit Ten Brinke	Peize	M70	NED	01:37:43	1	06:20:56	1	08:08:38	1	04:52:23	1	13:07:30	
2	906	Josef Derks	Kevelaer	M70	GER	01:43:17	2	06:26:37	2	08:29:58	2	05:13:53	2	13:56:20	

Men 80-84

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	911	Han Muizebelt	Amsterdam	M80	NED	01:36:13	1	07:00:08	1	08:47:41	1		0	DNF	

Woman 20-24

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	301	Emese Timmermans	Tholen	F20	NED	01:10:34	1	06:41:38	1	07:57:57	1	04:40:31	1	12:44:18	

Women 25-29

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	1002	Frederikke Gram	Lyngby	F25	DEN	01:03:31	1	05:21:25	1	06:29:25	1	03:40:30	2	10:14:59	
2	1003	Leandra Zimmermann	Augsburg	F25	GER	01:13:34	2	06:24:01	4	07:44:05	4	03:17:35	1	11:06:46	
3	306	Charlotte Jones	Rugby	F25	GBR	01:16:38	3	05:55:57	3	07:17:37	2	04:03:41	3	11:27:47	
4	1001	Gaëlle Reiller	Etercy	F25	FRA	01:21:00	4	05:50:31	2	07:21:38	3	04:28:33	4	11:57:10	
5	1091	Gráinne Burrows	Utrecht	F25	IRL	01:33:09	5	06:37:58	5	08:20:00	5	05:40:05	5	14:08:45	

Women 30-34

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	1017	Leonie Zumhasch	Münster	F30	GER	01:12:19	2	04:59:16	1	06:17:07	1	03:14:08	1	09:35:11	
2	1015	Klára Černá	Dobříš	F30	CZE	01:13:19	3	05:40:40	3	07:00:58	2	04:07:10	3	11:15:05	
3	1011	Elsa Cochard	London	F30	FRA	01:27:28	5	05:27:59	2	07:04:45	3	04:17:42	4	11:30:13	
4	311	Charlotte Sullivan	Madrid	F30	GBR	01:09:07	1	06:12:01	5	07:26:17	5	04:18:55	5	11:49:46	
5	1018	Ellemieke Van Ommen	Houten	F30	NED	01:45:22	8	06:29:02	7	08:23:19	7	03:58:10	2	12:26:50	
6	1020	Marloes Vos	Bemmel	F30	NED	01:33:07	7	06:22:26	6	08:05:21	6	05:04:43	6	13:16:22	
7	1012	Madeline Van Der Rhee	Alblasserdam	F30	NED	01:19:04	4	05:59:51	4	07:26:15	4	06:01:07	8	13:39:25	

8 1014 Emma Mccrindle Glasgow F30 GBR 01:27:49 6 07:06:13 8 08:46:37 8 05:27:15 7 14:24:48

Woman 35-39

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	317	Heleen Moes	Arnhem	F35	NED	01:02:31	1	05:08:49	2	06:14:48	2	03:21:02	2	09:39:35	
2	1027	Anna Damgaard Eriksen	Frederikshavn	F35	DEN	01:07:40	4	04:58:52	1	06:11:19	1	03:29:02	3	09:45:00	
3	1025	Martina Ott	Houston	F35	GER	01:14:00	6	05:47:17	4	07:10:05	4	03:52:27	4	11:08:58	
4	1024	Sandra Van Gaalen	DOETINCHEM	F35	NED	01:18:19	7	05:39:51	3	07:04:58	3	04:54:02	6	12:04:47	
5	1028	Diana De Rooij	Utrecht	F35	NED	01:13:21	5	06:05:53	5	07:27:13	5	05:19:31	7	12:56:04	
6	1026	Terri Buryanov	Las vegas	F35	USA	01:24:19	8	06:43:26	7	08:13:58	7	04:51:46	5	13:13:31	
7	1022	Karin Sloove	Heel	F35	NED		0	06:22:26	6	07:35:10	6		1		DNF
8	316	Nadine Schmidt	Butzbach	F35	GER	01:04:31	3		0		0		0		DNF
9	1021	Sanne Mol	Cadier en Keer	F35	NED	01:02:55	2		0		0		0		DNF

Woman 40-44

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	324	Claire Cook	Sunderland	F40	GBR	01:22:52	11	05:31:45	3	07:01:12	4	03:49:15	1	10:57:33	
2	1031	Milla Mustonen	Helsinki	F40	FIN	01:06:00	3	05:40:47	4	06:52:28	3	04:01:33	2	10:59:29	
3	321	Rhonda Eikelboom	LEUSDEN	F40	NED	01:22:17	9	06:03:07	10	07:30:53	10	04:18:51	3	11:53:42	
4	1035	Sandra Zwartjes - Bauw	Almere	F40	NED	01:25:50	13	06:00:15	9	07:33:57	11	04:25:31	4	12:06:08	
5	1037	Ingrid Ernst	Lelystad	F40	NED	01:11:45	5	05:49:43	5	07:07:45	5	04:56:29	11	12:11:01	
6	322	Leonie Oudendijk	Leerdam	F40	NED	01:12:20	6	05:56:35	7	07:14:44	7	04:51:53	8	12:16:01	
7	1032	Monique Barbiere-Berlips	Almere	F40	NED	01:08:01	4	05:57:39	8	07:12:56	6	04:59:36	12	12:19:56	
8	1043	Michele Pot	Borsbeek	F40	BEL	01:15:37	7	06:18:10	12	07:41:15	12	04:32:48	5	12:21:32	
9	1040	Annemieke Koekebakker	Almere	F40	NED	01:30:00	15	05:52:02	6	07:29:29	9	04:52:49	9	12:28:21	
10	1039	Brenda Zijlstra	amersfoort	F40	NED	01:24:19	12	06:38:48	14	08:10:24	14	04:43:18	7	13:00:19	
11	1041	Ruth Mampuys	Utrecht	F40	NED	01:29:19	14	06:38:32	13	08:17:32	15	04:33:01	6	13:06:28	
12	1034	Corinna Mocking	Woerden	F40	NED	01:03:36	1	06:14:56	11	07:24:15	8	05:33:05	15	13:07:10	
13	323	Natasha Pack	Tetbury	F40	GBR	01:22:34	10	06:49:20	15	08:20:30	16	04:53:07	10	13:20:52	
14	1042	Marije Dirkx	Haarlem	F40	NED	01:05:21	2	06:55:16	16	08:09:57	13	05:19:01	13	13:36:28	
15	1044	Karoline Berger	Otterfing	F40	GER	01:35:30	17	06:56:39	17	08:41:40	17	05:31:53	14	14:20:14	
16	1038	Lonneke Zijdenbos	Leusden	F40	NED	01:32:25	16	03:55:08	1	05:37:17	1		0		DNF
17	1036	Heather Holt	Bolton	F40	GBR	01:15:44	8	04:09:01	2	05:37:32	2		0		DNF

Woman 45-49

Pts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	327	Heleen De Hooge - Bij De Vaate	Fenwick Kilmarnock	F45	NED	01:11:30	3	05:13:19	1	06:28:50	1	03:30:30	1	10:04:42	
2	1054	Claire Shea-Simonds	Leicester	F45	GBR	01:00:33	1	05:43:48	2	06:49:48	2	03:48:49	2	10:44:43	
3	1053	Nadine Gerhard	Thedinghausen	F45	GER	01:22:18	6	05:51:32	3	07:20:29	4	04:41:57	3	12:10:11	
4	326	Jantje Van Der Werff	Dokkum	F45	NED	01:11:32	4	06:01:49	4	07:19:41	3	05:05:56	6	12:30:10	
5	1055	Alexandra Bardet Vigier	joue les tours	F45	FRA	01:22:47	7	06:18:13	5	07:48:53	5	04:57:46	4	12:53:26	
6	1052	Britta Holthaus	Rheine	F45	GER	01:25:51	9	06:22:19	6	08:00:25	7	05:00:11	5	13:10:29	
7	1056	Tiina Reivonen	Turku	F45	FIN	01:17:50	5	06:30:16	7	07:57:04	6	05:44:51	7	13:48:44	
8	328	Katy Toms	Winchester	F45	GBR	01:25:05	8	06:48:24	8	08:23:13	8	05:49:37	8	14:21:55	
9	329	Johanna Håland	Orre	F45	NOR	01:07:39	2		0		0		0		DNF

Woman 50-54

Pts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	332	Marian Van Hilst	Steenderen	F50	NED	01:12:19	5	05:32:53	1	06:51:01	1	03:35:51	1	10:33:06	
2	333	Anita Weissinger-Lusenberger	Alkoven	F50	AUT	01:18:00	7	05:39:15	4	07:02:44	6	03:47:31	2	10:54:52	
3	331	Marleen Haakma	Amsterdam	F50	NED	01:07:48	2	05:44:32	5	06:56:46	2	04:08:46	4	11:10:28	
4	334	Satu Pippola	Kaarina	F50	FIN	01:22:30	8	05:37:00	2	07:06:11	7	04:05:28	3	11:16:56	
5	1071	Florence Sauser	Leysin	F50	SUI	01:03:50	1	05:49:38	7	07:01:36	5	04:21:14	8	11:28:26	
6	1062	Richelle Van Helten	Oud Gastel	F50	NED	01:13:12	6	05:37:32	3	06:57:00	3	04:26:18	9	11:28:30	
7	1070	Angelina Van Der Linden	Arnhem	F50	NED	01:08:26	3	05:46:46	6	07:00:43	4	04:34:30	10	11:41:03	
8	1067	Lianne Van De Guchte	Emmeloord	F50	NED	01:43:32	16	06:07:04	9	07:58:32	12	04:13:32	6	12:18:45	
9	1065	Annette Ebeling	Bruchköbel	F50	GER	01:25:33	10	06:22:38	13	08:02:50	13	04:11:43	5	12:24:03	
10	1064	Angelique Vrijdag	Groenlo	F50	NED	01:27:33	11	06:02:39	8	07:37:49	9	04:45:29	12	12:30:49	
11	1061	Anzel Du Plessis	Zierikzee	F50	RSA	01:24:18	9	06:21:20	12	07:55:18	11	04:37:47	11	12:42:41	
12	1068	Sandra Coudurier	Düsseldorf	F50	GER	01:28:50	12	06:48:01	15	08:27:15	15	04:18:58	7	12:54:18	
13	1069	Hanneke Thoen-Jonkman	Jutrijp	F50	NED	01:33:43	14	06:09:31	10	07:51:56	10	05:06:12	13	13:06:17	
14	1063	Silke Frericks	Essen	F50	GER	01:28:53	13	06:27:17	14	08:04:08	14	05:45:21	15	13:57:40	
15	1066	Eva Kovacs	Bedford	F50	SUI	01:34:45	15	06:51:05	16	08:37:47	16	05:29:06	14	14:16:23	
16	361	Britta Dressler	Celle	F50	GER	01:11:41	4	06:18:31	11	07:35:38	8		0		DNF

Woman 55-59

Pts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
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1	343	Maria Powell	Bristol	F55	GBR	01:04:42	1	05:12:26	1	06:21:06	1	03:48:23	1	10:14:41
2	349	Miriam Kwasny	Hamburg	F55	GER	01:23:07	7	05:34:15	2	07:02:05	3	04:21:00	3	11:28:13
3	341	Astrid Wijnsma	Eelderwolde	F55	NED	01:12:08	4	05:43:55	3	07:01:22	2	04:36:45	5	11:44:35
4	345	Tuula Perkiö	Vantaa	F55	FIN	01:32:37	9	05:59:24	4	07:39:31	9	04:11:33	2	11:57:11
5	348	Petra Stoeppler	Steinfurt	F55	GER	01:06:06	2	06:06:41	8	07:17:03	4	04:39:52	6	12:03:00
6	342	Monique Haans	Berkel-Enschot	F55	NED	01:28:17	8	06:00:47	6	07:36:14	7	04:29:24	4	12:12:13
7	346	Monica Lanzendörfer	Düsseldorf	F55	GER	01:17:34	6	06:02:23	7	07:26:26	6	04:52:55	8	12:25:46
8	344	Päivi Rantala	Hyvinkää	F55	FIN	01:07:53	3	06:23:11	9	07:37:23	8	04:41:48	7	12:26:07
9	1076	Ellen De Ruiter	Vlaardingen	F55	NED	01:15:04	5	05:59:41	5	07:25:40	5	05:07:36	10	12:45:53
10	347	Christa Bewersdorff	Kirchentellinsfurt	F55	GER	01:38:58	10	06:58:56	10	08:54:00	10	04:54:57	9	13:58:41

Woman 60-64

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	352	Jeannie Fry	HIGHBRIDGE	F60	GBR	01:20:29	1	06:26:07	1	07:53:06	1	05:12:36	1	13:15:06	
2	351	Ger Wood	Bristol	F60	GBR	01:37:36	2	07:45:40	2	09:35:03	2		0		DNF

Woman 65-69

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	1086	Marianne Ijnsen	Amsterdam	F65	NED	01:38:12	2	07:24:22	2	09:15:34	2	05:09:10	0	14:37:09	
2	356	Jean Gillespie	Nr Sedgefield	F65	GBR	01:24:50	1	07:06:00	1	08:44:22	1	06:04:33	0	15:00:08	

CHALLENGE ALMERE-AMSTERDAM 10-09-2022

Unofficial Result Halve Triathlon Individual Overall

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	2312	Lars Wichert	Asendorf	M35	GER	00:28:43	28	02:13:36	1	02:45:25	1	00:25:31	00:26:08	00:27:42	01:19:21	8	04:07:59	
2	2041	Henrik Kjærgaard	Tjele	MU24	DEN	00:29:46	42	02:17:55	6	02:50:40	5	00:24:43	00:25:43	00:25:17	01:15:42	4	04:09:28	
3	2025	Anders Toft Nielsen	Esbjerg V	MU24	DEN	00:30:33	58	02:15:32	2	02:49:06	4	00:26:05	00:25:51	00:26:35	01:18:30	6	04:10:46	
4	2116	Olaf Van Den Bergh	Arnhem	M25	NED	00:31:00	75	02:20:08	11	02:54:57	14	00:24:42	00:24:54	00:24:51	01:14:26	2	04:12:42	
5	2105	Izak Hanse	Arnhem	M25	NED	00:28:58	35	02:19:16	10	02:51:43	6	00:24:56	00:28:46	00:26:39	01:20:20	11	04:15:22	
6	2098	Stefan Timmermans	Arnhem	M25	NED	00:25:33	2	02:19:01	8	02:47:50	2	00:27:08	00:28:07	00:29:14	01:24:28	32	04:15:39	
7	2117	Bryan Van Rutten	The netherlands	M25	NED	00:27:16	11	02:18:00	7	02:48:56	3	00:27:49	00:28:35	00:29:01	01:25:25	37	04:18:07	
8	2120	Jisk Hoogervorst	Noordwijkerhout	M25	NED	00:28:56	33	02:20:45	15	02:52:58	7	00:26:47	00:28:37	00:28:48	01:24:11	29	04:20:44	
9	2094	Philipp Meyer	Bad Birnbach	M25	GER	00:27:59	20	02:22:07	19	02:53:26	8	00:27:34	00:28:09	00:28:38	01:24:19	30	04:21:14	
10	2167	Jorn Van Bergen	Hoogstraten	M30	BEL	00:29:57	45	02:23:50	25	02:56:48	17	00:26:19	00:26:51	00:27:36	01:20:45	14	04:21:26	
11	2063	Ruben Vandamme	Aalst	M25	BEL	00:26:49	5	02:28:38	54	02:59:13	27	00:25:42	00:26:27	00:27:10	01:19:18	7	04:21:32	
12	2065	Max Fischer	Leverkusen	M25	GER	00:27:07	7	02:26:50	40	02:57:08	20	00:26:52	00:27:44	00:27:30	01:22:05	17	04:22:22	
13	2013	Jans Parrein	Gistel	MU24	BEL	00:30:09	49	02:25:57	32	02:58:55	25	00:26:32	00:26:42	00:27:20	01:20:33	12	04:22:27	
14	2108	Niels Martinsen	Bredene	M25	BEL	00:30:45	65	02:25:11	28	02:59:18	28	00:25:49	00:27:01	00:27:56	01:20:45	13	04:23:16	
15	2122	Daniel Højen Nielsen	Viby J	M25	DEN	00:30:52	68	02:20:41	14	02:55:33	15	00:28:20	00:28:18	00:27:25	01:24:02	26	04:23:44	
16	2214	Cees Snoek	Urk	M30	NED	00:31:43	93	02:24:42	27	02:59:45	29	00:26:30	00:27:22	00:27:06	01:20:57	15	04:23:59	
17	2330	Tim Wolf	München	M35	GER	00:27:04	6	02:30:20	78	03:00:31	32	00:27:23	00:27:20	00:26:43	01:21:25	16	04:24:52	
18	2081	Tom Schwantje	Oxford	M25	NED	00:32:24	118	02:17:29	5	02:53:51	10	00:27:13	00:29:12	00:31:49	01:28:12	50	04:25:05	
19	2202	Nicolas Rohde	Hannover	M30	GER	00:30:08	48	02:29:54	74	03:02:44	43	00:26:03	00:26:29	00:27:01	01:19:33	9	04:25:16	
20	2206	Wouter Wippert	Canillo	M30	NED	00:36:46	321	02:19:03	9	02:59:12	26	00:27:40	00:27:44	00:28:47	01:24:10	28	04:26:39	
21	2133	David Van Oosten	Ljungbyhed	M30	NED	00:30:50	67	02:27:44	44	03:01:29	36	00:27:19	00:27:56	00:27:26	01:22:41	21	04:27:07	
22	2051	Joery Wouters	Lommel	M25	BEL	00:39:08	426	02:23:51	26	03:05:53	64	00:25:30	00:26:06	00:26:43	01:18:18	5	04:27:24	
23	2119	Mads-Emil Seiergaard	Kgs. Lyngby kongens lyngby	M25	DEN	00:29:39	39	02:20:36	13	02:54:47	13	00:28:18	00:29:48	00:30:41	01:28:46	54	04:28:13	
24	2106	Jesse Van Hulst	Nijmegen	M25	NED	00:38:31	402	02:17:11	4	02:58:43	24	00:27:38	00:29:00	00:29:50	01:26:27	42	04:28:23	
25	2377	Han Peter Lucas	ZWOLLE	M40	NED	00:27:16	10	02:33:10	109	03:04:17	51	00:26:05	00:26:53	00:27:16	01:20:13	10	04:28:27	
26	2319	Jérôme Marechal	Stavelot	M35	BEL	00:31:31	88	02:26:26	38	03:01:49	38	00:26:57	00:27:58	00:27:45	01:22:39	20	04:28:38	
27	2154	Sebastian Zwicker	Kiel	M30	GER	00:30:39	62	02:28:19	47	03:02:37	41	00:27:01	00:27:44	00:28:08	01:22:52	22	04:29:05	
28	3005	Anna Busse	Düsseldorf	FU24	GER	00:27:10	8	02:42:18	247	03:12:32	118	00:24:33	00:25:17	00:25:42	01:15:30	3	04:31:01	
29	2115	Kevin Van De Wetering	IJsselmuiden	M25	NED	00:31:57	99	02:21:24	17	02:57:05	19	00:27:22	00:30:46	00:31:46	01:29:53	62	04:31:03	
30	2070	Max Gross	Stuttgart	M25	GER	00:27:55	19	02:22:40	22	02:53:39	9	00:30:05	00:31:12	00:32:17	01:33:33	102	04:31:05	
31	2796	Ton Elie	Culemborg	M55	NED	00:31:04	76	02:25:15	30	03:00:38	33	00:28:45	00:28:50	00:28:24	01:25:58	40	04:31:14	

32	2577	Jeroen Korstanje	Utrecht	M45	NED	00:25:54	3	02:26:43	39	02:55:48	16	00:29:45	00:31:16	00:30:58	01:31:58	87	04:31:29
33	2026	Tommy Blake	Lee on the Solent	MU24	GBR	00:28:10	24	02:28:48	56	03:01:37	37	00:28:07	00:28:38	00:29:33	01:26:17	41	04:31:57
34	2168	Jaap Koetsier	Amsterdam	M30	NED	00:31:24	85	02:28:50	58	03:04:41	53	00:28:28	00:27:38	00:27:12	01:23:17	23	04:31:58
35	2460	Bram Van Der Wal	Culemborg	M40	NED	00:28:43	27	02:25:15	29	02:58:28	23	00:28:44	00:30:11	00:31:11	01:30:05	67	04:32:40
36	2219	Tijn Huberts	Barendrecht	M30	NED	00:37:14	334	02:22:23	20	03:03:31	49	00:27:37	00:28:15	00:29:39	01:25:29	38	04:32:46
37	2333	Stach Aarts	Amsterdam	M35	NED	00:32:07	108	02:29:04	63	03:05:16	58	00:26:47	00:27:47	00:29:09	01:23:42	24	04:33:00
38	2560	Pascal Valentijn	Ter Aar	M45	NED	00:33:33	157	02:26:21	36	03:03:04	46	00:28:35	00:29:04	00:29:11	01:26:49	44	04:33:24
39	2001	Mitch Wismans	Doornenburg	MU24	NED	00:30:54	69	02:28:19	48	03:03:24	48	00:27:34	00:29:39	00:29:56	01:27:09	47	04:33:57
40	2014	Stefan De Jong	Leeuwarden	MU24	NED	00:30:57	70	02:32:35	102	03:06:23	66	00:27:16	00:28:06	00:29:04	01:24:25	31	04:34:00
41	2093	Guillermo Niño Sanchez	Madrid	M25	ESP	00:31:50	95	02:30:24	79	03:07:10	74	00:27:13	00:27:25	00:27:39	01:22:16	18	04:34:16
42	2059	Stef Coninx	Wuustwezel	M25	BEL	00:27:25	13	02:31:58	98	03:02:58	45	00:28:56	00:29:32	00:29:41	01:28:09	49	04:34:42
43	3079	Ilona Eversdijk	Almere	F30	NED	00:27:39	17	02:29:13	65	02:59:56	30	00:29:38	00:30:37	00:31:22	01:31:36	84	04:34:50
44	2015	Abel Buurma	Wädenswil	MU24	SUI	00:30:25	55	02:33:40	114	03:08:05	82	00:28:30	00:28:04	00:27:24	01:23:57	25	04:34:53
45	2020	Janne Englebert	Oud Gastel	MU24	NED	00:25:25	1	02:32:58	108	03:01:51	39	00:28:16	00:30:05	00:31:05	01:29:25	58	04:35:04
46	2703	Dennis Van Der Spoel	Hoofddorp	M50	NED	00:34:31	202	02:28:20	49	03:06:55	73	00:27:13	00:28:06	00:28:50	01:24:07	27	04:35:11
47	2210	Christian Rauth	Dresden	M30	GER	00:33:05	136	02:30:04	76	03:07:38	77	00:28:03	00:28:17	00:28:20	01:24:38	33	04:35:39
48	2340	Alain Van Der Putten	Amsterdam	M35	NED	00:35:17	244	02:23:34	24	03:02:34	40	00:29:05	00:29:42	00:31:08	01:29:54	63	04:36:09
49	3037	Carolyn Meyer	Erfstadt	F25	GER	00:28:34	26	02:30:44	85	03:02:51	44	00:29:22	00:29:47	00:30:50	01:29:59	64	04:36:09
50	3047	Eva Cornelisse	Rhoon	F25	NED	00:27:50	18	02:34:49	129	03:06:01	65	00:28:15	00:28:56	00:29:44	01:26:54	45	04:36:20
51	2111	Thomas Van Looy	Antwerpen	M25	BEL	00:35:57	278	02:29:34	70	03:10:54	107	00:27:39	00:27:33	00:27:10	01:22:21	19	04:36:54
52	2708	Chris Brands	North Holland	M50	NED	00:28:49	30	02:21:24	16	02:53:52	11	00:32:16	00:33:02	00:34:26	01:39:42	194	04:37:42
53	2525	Joost Rooijmans	Bussum	M45	NED	00:32:47	124	02:28:48	57	03:05:28	60	00:29:10	00:29:42	00:30:09	01:29:01	56	04:38:25
54	2137	Leander Van Diggelen	Roelofarendsveen	M30	NED	00:27:20	12	02:30:06	77	03:01:04	34	00:29:29	00:31:19	00:34:04	01:34:51	117	04:38:43
55	2396	Andreas Erdrich	Bonn	M40	GER	00:36:25	303	02:26:07	34	03:06:26	67	00:28:11	00:30:11	00:29:44	01:28:05	48	04:38:53
56	2205	Søren Pallisgaard	Aarhus C	M30	DEN	00:30:19	53	02:30:42	83	03:05:07	56	00:29:37	00:29:52	00:28:58	01:28:27	52	04:39:01
57	2695	Robert Loeff	Arnhem	M50	NED	00:32:59	130	02:26:18	35	03:03:15	47	00:30:18	00:30:15	00:30:11	01:30:43	76	04:39:08
58	2012	Daniel Kieselbach	Neuss	MU24	GER	00:30:00	46	02:28:57	61	03:02:37	42	00:28:52	00:30:59	00:32:37	01:32:27	93	04:39:18
59	2412	Peter Van Dartel	Amersfoort	M40	NED	00:27:11	9	02:26:25	37	02:56:59	18	00:31:56	00:33:44	00:33:05	01:38:45	177	04:39:33
60	2196	Philipp Mackeprang	Köln	M30	GER	00:35:03	229	02:25:53	31	03:04:47	55	00:30:15	00:31:12	00:31:17	01:32:44	95	04:41:18
61	2332	Eugenio Torregrosa Domenech	Valkenburg	M35	ESP	00:28:58	34	02:35:47	140	03:07:53	81	00:28:36	00:30:06	00:30:19	01:28:59	55	04:41:23
62	2463	Yves Hendrickx	Kessel	M40	BEL	00:35:44	273	02:27:19	41	03:08:19	84	00:28:17	00:29:28	00:30:50	01:28:34	53	04:41:26
63	2309	Benny Mulder	Culemborg	M35	NED	00:30:24	54	02:27:37	43	03:01:22	35	00:32:47	01:03:18	00:00:14	01:36:18	142	04:41:34
64	2077	Daan Kupers	Diest	M25	BEL	00:33:32	155	02:28:32	52	03:07:24	76	00:29:53	00:30:03	00:30:23	01:30:18	71	04:41:54
65	2302	Andrei Contan	Amsterdam	M35	ROU	00:30:49	66	02:31:16	92	03:06:27	69	00:30:39	00:30:24	00:30:27	01:31:29	81	04:41:55
66	2270	Phil Teicher	Ochtendung	M35	GER	00:35:30	259	02:26:06	33	03:05:29	61	00:29:48	00:31:18	00:31:38	01:32:43	94	04:41:55
67	2808	Franck Vangraas	Noordwijkerhout	M55	NED	00:28:08	22	02:21:54	18	02:54:11	12	00:33:57	00:34:34	00:34:21	01:42:50	248	04:41:57

68	2118	Paolo Boschi Toua	Maastricht	M25	RSA	00:35:19	245	02:34:20	123	03:13:27	124	00:26:56	00:28:39	00:29:49	01:25:23	36	04:42:32
69	2226	Ruben Timmermans	Alken	M30	BEL	00:31:20	84	02:30:24	80	03:06:45	72	00:29:43	00:31:00	00:31:11	01:31:53	86	04:42:40
70	2082	Bart Veurink	Hardenberg	M25	NED	00:28:13	25	02:31:50	96	03:03:49	50	00:31:14	00:31:18	00:31:43	01:34:14	111	04:42:53
71	2714	Stefan Van Dijk	IJsselmuiden	M50	NED	00:31:08	79	02:30:34	82	03:06:26	68	00:30:31	00:30:44	00:30:57	01:32:11	90	04:43:07
72	2684	Bas Meeuwissen	Netherlands	M50	NED	00:35:40	268	02:29:44	73	03:09:02	90	00:29:16	00:30:25	00:30:45	01:30:25	73	04:43:23
73	2631	Dirk-Jan De Jong	Heukelum	M50	NED	00:29:55	44	02:31:10	91	03:05:15	57	00:31:00	00:31:34	00:32:16	01:34:49	116	04:43:47
74	3014	Maaike Telkamp	Maastricht	FU24	NED	00:32:35	120	02:28:59	62	03:04:36	52	00:31:28	00:31:34	00:31:55	01:34:56	119	04:43:51
75	2389	Sven Duits	Amersfoort	M40	NED	00:31:11	82	02:31:22	94	03:06:42	71	00:29:39	00:32:11	00:32:13	01:34:02	109	04:44:43
76	2868	Derek Farr	Zeewolde	M55	NED	00:29:47	43	02:29:57	75	03:04:44	54	00:31:29	00:31:34	00:32:32	01:35:34	128	04:44:52
77	3027	Rike Kubillus	Kronshagen	F25	GER	00:27:32	15	02:35:00	131	03:05:25	59	00:29:48	00:31:19	00:35:45	01:36:51	150	04:45:21
78	2149	Paul Sailer	Kilchberg	M30	SUI	00:37:16	337	02:27:55	45	03:10:52	106	00:29:56	00:30:01	00:30:28	01:30:25	72	04:45:34
79	2447	Gregorio Nijboer	Elburg	M40	NED	00:35:03	228	02:36:31	150	03:15:23	141	00:28:53	00:29:06	00:29:04	01:27:01	46	04:46:03
80	3072	Julia De Leeuw	Weesp	F30	NED	00:30:09	50	02:35:53	142	03:09:37	98	00:30:39	00:31:10	00:31:18	01:33:06	99	04:46:12
81	3013	Laura Madsen	Nørager	FU24	DEN	00:30:35	60	02:34:16	121	03:08:21	85	00:30:46	00:31:19	00:32:54	01:34:58	121	04:46:31
82	3075	Samantha De Knijff	Almere	F30	NED	00:36:04	286	02:37:02	158	03:17:51	166	00:26:47	00:28:28	00:30:04	01:25:18	35	04:46:35
83	2362	Shane Flaherty	Eindhoven	M40	IRL	00:36:32	309	02:28:46	55	03:10:00	100	00:30:37	00:30:33	00:30:21	01:31:30	82	04:46:40
84	2331	Moritz König	Hamburg	M35	GER	00:31:39	92	02:20:28	12	02:57:34	21	00:35:01	00:34:58	00:34:50	01:44:47	285	04:46:43
85	2464	Glenn Van Hoogten	Ekeren	M40	BEL	00:31:29	87	02:35:30	138	03:10:47	105	00:29:59	00:31:05	00:31:19	01:32:22	92	04:46:45
86	2042	Geert De Wit	Urk	MU24	NED	00:31:57	102	02:34:08	118	03:10:17	102	00:30:19	00:30:16	00:32:27	01:33:02	97	04:47:50
87	2101	Fabian Albrecht	Neu Ulm	M25	GER	00:34:25	195	02:29:07	64	03:08:32	87	00:31:19	00:32:11	00:32:23	01:35:52	134	04:48:33
88	2163	Mark Kraaijeveld	Sliedrecht	M30	NED	00:32:20	114	02:29:21	67	03:08:05	83	00:30:45	00:32:55	00:32:47	01:36:25	146	04:48:36
89	3001	Joyce Caro	Almere	FU24	NED	00:28:53	32	02:36:06	146	03:08:33	88	00:31:34	00:32:10	00:32:31	01:36:13	141	04:48:48
90	2218	Tomasz Dzieciol	Rotterdam	M30	POL	00:41:59	577	02:29:22	68	03:18:06	169	00:28:30	00:28:20	00:28:27	01:25:16	34	04:48:54
91	2215	Arjen Martens	Zurich	M30	NED	00:36:37	314	02:29:37	71	03:11:22	111	00:30:55	00:30:36	00:32:45	01:34:16	112	04:49:06
92	2230	Jurriën Voor In T Holt	De Bilt	M30	NED	00:37:29	352	02:23:28	23	03:05:41	62	00:30:44	00:32:24	00:36:12	01:39:19	184	04:49:34
93	2589	Tim Soetens	Den Bosch	M45	NED	00:33:18	147	02:28:55	60	03:07:13	75	00:32:09	00:31:50	00:33:10	01:37:09	156	04:49:36
94	2183	Hessel Dreteler	Baarn	M30	NED	00:30:31	57	02:40:58	224	03:15:43	146	00:29:16	00:29:49	00:30:58	01:30:02	66	04:50:49
95	3147	Nelleke Baldé	Grijpskerke	F40	NED	00:34:03	179	02:35:02	132	03:12:36	119	00:31:08	00:31:30	00:31:15	01:33:52	107	04:50:58
96	2453	Alan Webb	Utrecht	M40	IRL	00:34:26	196	02:40:25	212	03:18:48	179	00:30:00	00:30:01	00:28:18	01:28:18	51	04:51:07
97	2144	Chris Breitbarth	München	M30	GER	00:35:24	252	02:28:53	59	03:09:09	91	00:30:33	00:33:10	00:34:41	01:38:23	176	04:51:09
98	2169	Karel Nanninga	Amsterdam	M30	NED	00:33:49	173	02:32:49	105	03:10:19	103	00:28:23	00:31:37	00:37:21	01:37:20	161	04:51:19
99	3041	Iris Bosch	Amsterdam	F25	NED	00:34:27	201	02:32:08	100	03:11:35	113	00:31:16	00:32:09	00:32:24	01:35:49	131	04:51:19
100	2173	Davey Damen	Vught	M30	NED	00:36:20	300	02:30:43	84	03:11:32	112	00:31:07	00:32:06	00:33:27	01:36:38	147	04:51:45
101	2166	Henry Moore	Dormansland	M30	GBR	00:29:39	38	02:36:45	152	03:10:10	101	00:32:10	00:32:49	00:32:37	01:37:35	168	04:51:47
102	2495	Andre Winkelhorst	Gronau-Epe	M45	GER	00:38:29	398	02:33:54	116	03:17:47	164	00:29:46	00:30:30	00:30:42	01:30:57	77	04:51:59
103	2415	Andrei Tserednik	Tallinn	M40	EST	00:31:32	89	02:35:19	134	03:11:39	114	00:32:30	00:32:27	00:31:43	01:36:39	148	04:52:23
104	2002	Nicolaus Brand	Dortmund	MU24	GER	00:32:11	110	02:34:34	124	03:11:02	108	00:29:04	00:30:40	00:37:33	01:37:16	160	04:52:34
105	3105	Davina Greenwell	Woodbridge	F35	GBR	00:31:56	98	02:39:23	187	03:16:24	153	00:29:58	00:30:22	00:31:12	01:31:31	83	04:52:39

106	2445	Sander Van Ooij	Vught	M40	NED	00:31:54	96	02:36:27	149	03:12:48	121	00:29:51	00:32:11	00:32:44	01:34:44	115	04:52:44
107	3038	Charlotte Frierich	Oldenburg	F25	GER	00:32:19	113	02:39:09	185	03:15:51	148	00:31:07	00:31:05	00:30:53	01:33:04	98	04:52:54
108	2601	Erik Lentfert	Hengelo	M50	NED	00:35:03	226	02:30:50	86	03:09:58	99	00:31:02	00:32:29	00:34:28	01:37:58	172	04:52:54
109	2102	Rutger Johannink	Denekamp	M25	NED	00:38:13	385	02:31:22	93	03:15:40	145	00:28:58	00:30:01	00:34:43	01:33:41	104	04:53:08
110	2624	Jan Aarnoutse	Bussum	M50	NED	00:36:34	312	02:31:54	97	03:13:20	123	00:31:29	00:32:08	00:32:47	01:36:23	144	04:53:34
111	3043	Maleen Butterbrodt	Jena	F25	GER	00:28:02	21	02:40:11	203	03:11:15	110	00:31:44	00:33:12	00:33:55	01:38:51	180	04:53:43
112	2543	Bas Van Houts	Zug	M45	NED	00:32:42	122	02:36:56	156	03:14:41	135	00:30:31	00:31:07	00:32:16	01:33:53	108	04:54:04
113	2112	Morten Sejer Thomsen	Viby J	M25	DEN	00:40:31	510	02:32:05	99	03:17:59	167	00:30:02	00:30:52	00:30:48	01:31:42	85	04:54:19
114	2532	Gerrit-Jan Klok	Delingsdorf	M45	NED	00:34:15	187	02:27:32	42	03:07:46	78	00:32:03	00:34:00	00:36:36	01:42:39	242	04:54:24
115	2592	Dennis Heilbron	Grijpskerke	M45	NED	00:35:43	272	02:30:51	87	03:10:41	104	00:31:29	00:33:05	00:35:01	01:39:33	189	04:54:30
116	3010	Nathalie Krause	Dietersburg	FU24	GER	00:34:26	197	02:36:35	151	03:14:22	132	00:30:12	00:32:10	00:33:50	01:36:11	140	04:54:32
117	2390	Xander Cornelis	Amersfoort	M40	NED	00:34:34	204	02:41:43	234	03:20:20	198	00:29:22	00:29:52	00:31:04	01:30:17	69	04:54:44
118	2099	Davide Kron	Amsterdam	M25	ITA	00:33:46	170	02:33:23	111	03:13:29	126	00:31:59	00:32:39	00:32:35	01:37:12	159	04:54:51
119	2174	Bart Andre	Enkhuizen	M30	NED	00:33:40	167	02:40:42	216	03:19:29	189	00:31:44	00:30:53	00:29:25	01:32:00	89	04:55:00
120	2080	Michael Cornelisz	Apeldoorn	M25	NED	00:29:22	37	02:42:02	241	03:15:35	144	00:29:47	00:31:47	00:33:57	01:35:30	126	04:55:05
121	2400	Joost Schuringa	ZUIDHORN	M40	NED	00:31:56	97	02:30:31	81	03:06:38	70	00:33:15	00:35:24	00:35:25	01:44:03	270	04:55:13
122	3071	Charlotte Klindworth	Kiel	F30	GER	00:34:37	207	02:31:05	89	03:08:56	89	00:32:51	00:34:21	00:34:44	01:41:55	232	04:55:13
123	2418	Jörg Scheithauer	Frankfurt	M40	GER	00:36:43	319	02:38:15	172	03:20:12	197	00:29:36	00:30:07	00:29:55	01:29:37	61	04:55:23
124	2323	Martijn Gerritsen	Westervoort	M35	NED	00:30:37	61	02:32:53	106	03:09:10	92	00:31:57	00:33:26	00:34:08	01:39:31	187	04:55:24
125	2201	Gianni Allebosch	Zelzate	M30	BEL	00:37:50	369	02:40:12	205	03:24:36	247	00:27:38	00:28:21	00:30:46	01:26:44	43	04:55:39
126	2504	Fabrice Bruggmann	Pfäffikon	M45	SUI	00:37:38	357	02:29:42	72	03:12:57	122	00:31:45	00:32:55	00:32:44	01:37:23	163	04:55:49
127	2554	Bjorn Renders	Wuustwezel	M45	BEL	00:32:41	121	02:32:37	103	03:09:31	96	00:32:03	00:34:12	00:36:34	01:42:49	245	04:55:54
128	2034	Tim Kramer	Maria Alm	MU24	NED	00:33:08	140	02:37:57	166	03:15:35	143	00:29:59	00:32:13	00:34:13	01:36:23	145	04:56:04
129	2310	Thomas Frohn	Maastricht	M35	NED	00:40:56	538	02:33:11	110	03:18:29	174	00:29:59	00:31:15	00:32:21	01:33:33	101	04:56:12
130	2191	Sander Van Kammen	Boornbergum	M30	NED	00:31:07	78	02:33:35	113	03:09:19	94	00:32:03	00:33:18	00:37:35	01:42:55	254	04:56:32
131	2805	Edi Kunz	Memmingen	M55	GER	00:33:48	172	02:42:56	259	03:21:45	213	00:29:43	00:29:56	00:30:49	01:30:27	74	04:56:54
132	2195	Julius Schülein	Ludwigshafen	M30	GER	00:33:34	160	02:34:13	119	03:12:16	117	00:29:55	00:33:52	00:37:00	01:40:46	208	04:57:18
133	2334	Michal Kraus	Bratislava	M35	SVK	00:27:29	14	02:48:50	355	03:22:24	220	00:29:20	00:30:30	00:30:12	01:30:00	65	04:57:30
134	2279	Hans Stoutjesdijk	ZIERIKZEE	M35	NED	00:33:37	164	02:38:30	176	03:18:57	180	00:30:34	00:31:23	00:32:07	01:34:02	110	04:57:38
135	2360	Arjan Kolvoort	wijchen	M40	NED	00:39:42	465	02:28:00	46	03:12:45	120	00:32:14	00:33:37	00:35:13	01:41:03	211	04:57:40
136	2179	Manuel Liebenow	Bondorf	M30	GER	00:30:25	56	02:31:24	95	03:05:44	63	00:33:26	00:37:07	00:37:34	01:48:06	338	04:57:50
137	2514	Barry Rotgans	Almere	M45	NED	00:33:02	134	02:38:56	180	03:16:10	149	00:30:52	00:32:33	00:34:00	01:37:24	164	04:58:03
138	2378	Sander Den Hartog	Apeldoorn	M40	NED	00:39:10	432	02:40:24	211	03:23:47	233	00:29:13	00:29:50	00:31:08	01:30:09	68	04:58:05
139	2076	Guido Janssen	Utrecht	M25	NED	00:34:03	178	02:37:55	165	03:16:48	158	00:29:43	00:32:13	00:35:46	01:37:40	169	04:58:25
140	2121	Josep Rovira	Roda de Berà	M25	ESP	00:32:25	119	02:49:29	371	03:26:42	278	00:28:48	00:29:13	00:27:53	01:25:53	39	04:58:25
141	2582	Richard De Boer	Heemskerk	M45	NED	00:34:49	217	02:34:42	127	03:13:31	127	00:32:07	00:33:31	00:34:27	01:40:04	199	04:58:35
142	2483	Richard Strobbe	Almere	M45	NED	00:33:00	133	02:37:28	161	03:14:55	138	00:31:49	00:33:34	00:34:19	01:39:41	192	04:58:37

143	2347	Andre De Geus	Sliedrecht	M40	NED	00:34:48	214	02:38:05	169	03:17:10	161	00:31:30	00:32:50	00:32:35	01:36:55	152	04:58:43
144	2073	Jakob Steffe	Recklinghausen	M25	GER	00:27:35	16	02:47:06	324	03:19:01	182	00:30:07	00:32:16	00:33:09	01:35:30	127	04:58:46
145	2135	Dieter Schulpen	Lier	M30	BEL	00:32:18	112	02:31:09	90	03:09:19	95	00:34:11	00:34:37	00:34:51	01:43:37	265	04:58:50
146	2367	Paolo Profeta	Lommel	M40	BEL	00:38:16	390	02:34:13	120	03:19:10	183	00:31:35	00:32:03	00:32:02	01:35:39	129	04:58:55
147	2369	Michael Wachs	Uetersen	M40	GER	00:33:34	161	02:28:35	53	03:07:51	80	00:32:16	00:36:33	00:38:50	01:47:37	333	04:59:11
148	2802	Jacques Geijssen	gent	M55	NED	00:32:59	132	02:35:28	136	03:14:14	130	00:31:42	00:33:36	00:36:15	01:41:31	221	04:59:25
149	2114	Moreno Dona	Den Bosch	M25	NED	00:32:08	109	02:44:30	290	03:20:45	205	00:30:30	00:32:23	00:31:59	01:34:51	118	05:00:08
150	3138	Birte Rohs-Knepper	Wesel	F40	GER	00:34:50	218	02:40:57	222	03:19:35	191	00:31:40	00:32:26	00:33:05	01:37:10	158	05:00:28
151	2267	Maarten De Geus	Leidschendam	M35	NED	00:31:57	101	02:39:26	188	03:16:51	159	00:33:07	00:34:33	00:31:53	01:39:32	188	05:00:29
152	2285	Erik Everts	Zwolle	M35	NED	00:32:53	127	02:37:57	167	03:15:29	142	00:32:44	00:33:39	00:34:23	01:40:45	207	05:00:40
153	2301	Tim Viets	Beusichem	M35	NED	00:40:19	500	02:38:11	170	03:23:48	234	00:29:53	00:31:13	00:32:38	01:33:43	105	05:00:51
154	2134	Niels Pepijn Van As	Hoogeveen	M30	NED	00:35:40	267	02:34:04	117	03:14:45	136	00:32:35	00:34:09	00:34:54	01:41:37	224	05:00:54
155	2809	Arend Jan Van De Hoek	Nieuwleusen	M55	NED	00:34:58	224	02:36:53	153	03:16:31	156	00:32:51	00:33:35	00:33:09	01:39:34	190	05:01:00
156	2414	Florian Zahn	Kassel	M40	GER	00:35:13	239	02:32:57	107	03:13:27	125	00:30:52	00:35:04	00:36:59	01:42:54	253	05:01:12
157	2519	Juanan Fernandez	Salou	M45	ESP	00:34:24	194	02:40:57	221	03:20:41	203	00:31:09	00:33:01	00:32:47	01:36:56	153	05:01:27
158	2021	Aart Goede	Landsmeer	MU24	NED	00:30:34	59	02:39:38	189	03:14:33	133	00:33:20	00:34:18	00:35:16	01:42:53	252	05:02:09
159	2529	Daan Van Den Broek	Heemstede	M45	NED	00:36:31	307	02:40:26	213	03:21:49	215	00:31:04	00:31:52	00:33:05	01:36:00	136	05:02:12
160	2491	Koen Hartemink	Abcoude	M45	NED	00:37:25	347	02:36:05	145	03:18:10	171	00:32:46	00:32:57	00:34:07	01:39:49	196	05:02:29
161	2452	Tanguy Ingels	Heist op den Berg	M40	BEL	00:35:04	230	02:35:52	141	03:17:47	165	00:32:09	00:34:07	00:34:54	01:41:09	216	05:03:15
162	2317	Leon Stokkel	Amsterdam	M35	NED	00:34:42	211	02:39:46	193	03:21:57	216	00:32:25	00:32:00	00:33:40	01:38:03	174	05:03:52
163	2609	Michael Semmler	Lübeck	M50	GER	00:40:01	484	02:35:53	143	03:22:28	222	00:31:15	00:31:19	00:33:36	01:36:09	139	05:03:55
164	2200	Kirill Chernyshev	Amsterdam	M30		00:36:09	291	02:44:56	299	03:26:23	271	00:32:25	00:30:59	00:30:28	01:33:51	106	05:04:02
165	2322	Pawel Pankiewicz	Aalborg	M35	POL	00:36:19	299	02:32:42	104	03:13:45	129	00:32:37	00:34:02	00:34:38	01:41:15	217	05:04:06
166	2246	André Bors	Bedburg-Hau	M35	NED	00:41:42	566	02:28:26	51	03:15:05	139	00:34:48	00:33:45	00:35:15	01:43:48	267	05:04:08
167	2424	Michel Klaasse	Brielle	M40	NED	00:37:56	375	02:36:15	148	03:19:28	188	00:32:51	00:33:25	00:33:34	01:39:48	195	05:04:11
168	2610	Sascha Kaschewsky	Berlin	M50	GER	00:39:21	444	02:45:07	302	03:30:32	326	00:29:17	00:29:53	00:30:15	01:29:24	57	05:04:21
169	2633	Andreas Müller	Paderborn	M50	GER	00:34:51	219	02:35:23	135	03:15:43	147	00:33:07	00:35:14	00:36:30	01:44:50	287	05:05:06
170	2229	Jurjen Boog	Utrecht	M30	NED	00:31:38	91	02:50:54	394	03:25:38	260	00:28:37	00:32:27	00:35:03	01:36:06	138	05:05:08
171	2231	Pavol Vasko	Amsterdam	M30	SVK	00:37:24	344	02:44:06	280	03:25:33	258	00:31:50	00:32:10	00:31:52	01:35:51	133	05:05:24
172	2159	Menzo Van Wijngaarden	Breda	M30	NED	00:34:00	175	02:37:13	159	03:16:29	155	00:31:37	00:34:58	00:36:17	01:42:51	250	05:05:42
173	2775	Norbert Schröder	Rommerskirchen	M55	GER	00:32:56	129	02:39:43	191	03:18:23	173	00:32:13	00:33:57	00:36:41	01:42:49	246	05:05:45
174	2250	Michaël Zeyer	Noertzange	M35	LUX	00:35:20	247	02:49:10	365	03:31:11	330	00:31:09	00:28:58	00:30:12	01:30:18	70	05:05:52
175	3186	Petra Paule	Kaufbeuren	F45	GER	00:38:33	403	02:42:57	260	03:26:02	265	00:30:33	00:32:10	00:33:01	01:35:44	130	05:05:53
176	2628	Matthias Berulla	Scheessel	M50	GER	00:34:40	209	02:40:00	198	03:22:16	218	00:31:52	00:32:34	00:33:21	01:37:46	170	05:05:56
177	3097	Kirsten Ong	Rotterdam	F35	NED	00:42:14	590	02:42:13	245	03:29:49	319	00:29:35	00:30:26	00:31:16	01:31:16	79	05:05:59
178	3008	Lesley Dreyling	Almere	FU24	NED	00:33:36	162	02:46:52	322	03:24:15	238	00:29:54	00:32:49	00:34:50	01:37:32	166	05:06:11

179	2058	Koen Vercammen	Goirle	M25	NED	00:37:26	349	02:43:10	263	03:26:38	277	00:29:21	00:31:41	00:34:54	01:35:55	135	05:06:33
180	2507	Roland Van Der Put	Amsterdam	M45	NED	00:38:30	399	02:43:18	267	03:29:26	313	00:30:54	00:30:11	00:31:12	01:32:16	91	05:06:38
181	2438	Ismael Nogueira De Franca Van Der Velden	Roosendaal	M40	BRA	00:39:09	427	02:34:55	130	03:18:06	168	00:32:35	00:34:34	00:36:58	01:44:06	271	05:06:39
182	2095	Boris Smits	ROTTERDAM	M25	NED	00:36:03	285	02:43:03	261	03:25:42	262	00:33:35	00:30:54	00:31:22	01:35:51	132	05:06:58
183	2052	Aaron Hoogewys	Moerbeke-Waas	M25	BEL	00:38:31	401	02:34:42	126	03:19:20	185	00:30:48	00:34:40	00:38:05	01:43:33	264	05:07:15
184	2437	Kim Dahl	Hasselager	M40	DEN	00:37:49	366	02:35:46	139	03:20:27	200	00:32:22	00:31:06	00:36:51	01:40:18	202	05:07:18
185	2413	Erik Doesburg	Lage Zwaluwe	M40	NED	00:31:34	90	02:37:15	160	03:14:50	137	00:34:49	00:36:24	00:36:15	01:47:27	328	05:07:22
186	2083	Justin Hayden	Bristol	M25	GBR	00:37:15	336	02:40:34	215	03:23:12	227	00:31:26	00:34:22	00:34:56	01:40:43	206	05:07:29
187	2352	Tony Sellwood	Almere	M40	GBR	00:33:19	148	02:42:49	257	03:21:04	207	00:33:23	00:34:21	00:33:24	01:41:07	214	05:07:31
188	3169	Katja Duurland - Van Tuijl	Almere	F45	NED	00:33:05	137	02:41:35	232	03:18:59	181	00:33:39	00:34:56	00:36:33	01:45:07	290	05:07:47
189	3022	Jana Sailer	Kilchberg	F25	GER	00:34:34	203	02:39:02	182	03:18:39	176	00:34:27	00:35:06	00:35:46	01:45:18	294	05:07:47
190	2557	Jan Cools	Wuustwezel	M45	BEL	00:30:59	72	02:34:44	128	03:09:37	97	00:36:08	00:38:54	00:40:03	01:55:03	452	05:08:20
191	3127	Aafke Willemsen	Nieuw Heeten	F40	NED	00:34:58	225	02:43:19	268	03:23:35	232	00:32:49	00:33:20	00:34:01	01:40:09	200	05:08:20
192	2189	Sébastien Mollet	Tervuren	M30	BEL	00:41:16	549	02:37:02	157	03:24:33	244	00:31:47	00:32:09	00:33:12	01:37:08	154	05:08:21
193	2456	Marcel Ahaus	Düsseldorf	M40	GER	00:41:12	546	02:44:15	285	03:32:28	344	00:29:53	00:30:21	00:31:03	01:31:16	78	05:08:29
194	3098	Jana Lehmann	Bonn	F35	GER	00:35:33	262	02:44:28	289	03:23:53	236	00:33:39	00:33:48	00:33:24	01:40:50	209	05:08:37
195	2254	Thomas Boenke	Kalkar	M35	GER	00:32:23	117	02:40:11	204	03:17:45	163	00:35:05	00:35:18	00:36:33	01:46:55	321	05:08:39
196	2171	Kjell Gootjes	Haarlem	M30	NED	00:34:03	180	02:29:26	69	03:09:16	93	00:34:43	00:38:18	00:42:08	01:55:08	456	05:08:42
197	2391	Andre Beltz	Wilster	M40	GER	00:30:42	63	02:34:19	122	03:08:31	86	00:34:48	00:38:45	00:42:38	01:56:11	475	05:08:56
198	2402	Guido Van Den Brink	Diemen	M40	NED	00:44:14	675	02:44:51	295	03:34:46	373	00:29:04	00:30:28	00:31:10	01:30:41	75	05:08:56
199	2383	Ludovic Bourdon	Wavrin	M40	FRA	00:38:11	383	02:40:49	219	03:26:21	270	00:31:21	00:32:26	00:33:47	01:37:32	167	05:08:58
200	2186	Jop Starmans	Maastricht	M30	NED	00:35:07	233	02:47:21	332	03:27:54	292	00:31:02	00:32:40	00:33:27	01:37:09	155	05:09:06
201	2161	Jef Michielssen	Amsterdam	M30	BEL	00:31:57	100	02:42:30	251	03:19:23	187	00:32:29	00:34:23	00:36:54	01:43:45	266	05:09:11
202	3031	Sophia Trenz	Würzburg	F25	GER	00:36:09	290	02:47:14	331	03:27:12	286	00:32:01	00:32:22	00:32:58	01:37:21	162	05:09:13
203	2540	André Schaap	Leiderdorp	M45	NED	00:35:06	232	02:36:12	147	03:16:15	151	00:32:38	00:37:21	00:37:35	01:47:33	330	05:09:15
204	2074	Andreas Derksen	Willebadessen	M25	GER	00:42:10	587	02:32:26	101	03:22:01	217	00:30:03	00:32:07	00:40:43	01:42:52	251	05:09:29
205	2826	Paul Nijveldt	Almere	M60	NED	00:33:22	150	02:41:53	236	03:19:41	193	00:33:47	00:34:52	00:35:57	01:44:35	282	05:09:33
206	2358	Jeroen Mesman	Nieuw vennep	M40	NED	00:33:42	168	02:41:39	233	03:20:05	195	00:33:35	00:35:08	00:37:08	01:45:50	304	05:09:37
207	2865	Stefan Creemers	Kessel-Lo	M55	BEL	00:35:15	240	02:44:07	281	03:24:36	246	00:33:49	00:33:56	00:34:03	01:41:47	230	05:09:47
208	2061	Corentin Aerts	Kanne	M25	BEL	00:34:54	221	02:39:53	196	03:21:32	211	00:32:24	00:35:07	00:36:44	01:44:13	273	05:09:51
209	2292	Callum Hodnett	didcot	M35	GBR	00:38:36	407	02:37:51	164	03:24:29	242	00:31:45	00:32:16	00:34:01	01:38:01	173	05:09:52
210	2016	Theo Defosse	Mozet	MU24	BEL	00:34:26	199	02:47:56	336	03:27:12	285	00:31:12	00:32:17	00:36:23	01:39:51	197	05:10:21
211	3036	Jennifer Carter	Oxford	F25	GBR	00:32:44	123	02:48:53	356	03:26:31	273	00:30:49	00:33:08	00:35:44	01:39:41	193	05:10:26
212	2018	Quinten De Ridder	Geraardsbergen	MU24	BEL	00:32:51	125	02:29:20	66	03:07:47	79	00:34:00	00:41:00	00:44:00	01:58:59	521	05:10:31
213	2022	Ward Ceuleers	Zelem	MU24	BEL	00:31:09	81	02:48:00	338	03:24:20	239	00:31:22	00:35:36	00:35:19	01:42:15	236	05:10:35
214	2430	Marc Snijders	Nederland	M40	NED	00:42:47	608	02:38:26	174	03:28:39	302	00:30:35	00:31:39	00:34:10	01:36:22	143	05:10:48

215	2349	Bernhard Mireisz	Lübeck	M40	AUT	00:42:48	610	02:40:10	202	03:28:21	299	00:31:49	00:32:59	00:34:04	01:38:50	179	05:10:52
216	2623	Allard Holthaus	wagenberg	M50	NED	00:38:40	409	02:41:50	235	03:26:01	264	00:32:26	00:33:38	00:33:17	01:39:21	186	05:10:57
217	2404	Ivar Koster	Almere	M40	NED	00:35:38	264	02:35:06	133	03:16:38	157	00:34:41	00:36:48	00:38:46	01:50:14	369	05:11:15
218	2224	Huub Boosten	Roermond	M30	NED	00:36:59	327	02:41:26	231	03:24:56	249	00:34:20	00:34:21	00:33:42	01:42:21	239	05:11:35
219	2216	Dieter Van Lierde	Deux-Acren	M30	BEL	00:37:51	372	02:42:45	256	03:26:26	272	00:31:51	00:33:40	00:34:53	01:40:23	204	05:11:50
220	2040	Paul Mahler	Drochtersen	MU24	GER	00:35:27	253	02:42:19	248	03:21:13	208	00:34:21	00:35:12	00:36:34	01:46:06	308	05:12:01
221	2817	Ernst Woerlee	Heemstede	M60	NED	00:29:44	41	02:38:14	171	03:11:53	115	00:34:35	00:38:21	00:42:29	01:55:25	460	05:12:03
222	2311	Wouter De Craene	Elsegem	M35	BEL	00:36:27	304	02:38:18	173	03:20:24	199	00:34:17	00:34:57	00:38:54	01:48:07	339	05:12:17
223	2715	Gerard Riksman	Krimpen ad Lek	M50	NED	00:29:11	36	02:45:22	306	03:18:08	170	00:34:47	00:36:47	00:37:53	01:49:26	361	05:12:21
224	2448	Jeroen Schuurman	Nieuwegein	M40	NED	00:37:49	367	02:39:39	190	03:22:42	223	00:34:17	00:35:38	00:35:53	01:45:47	303	05:12:23
225	3104	Rianne Snel	Austerlitz	F35	NED	00:32:00	104	02:50:24	383	03:26:14	268	00:32:57	00:33:36	00:34:43	01:41:16	218	05:12:29
226	2385	Sami Niemi	Leiden	M40	FIN	00:38:30	400	02:40:53	220	03:26:54	280	00:33:59	00:33:20	00:33:37	01:40:55	210	05:12:43
227	2798	Marco Skrinjar	Limhamn	M55	SWE	00:38:35	406	02:36:56	155	03:20:27	201	00:34:53	00:35:19	00:36:32	01:46:42	318	05:12:46
228	2222	Ramon Acevedo	Saint Gilles, Brussels	M30	VEN	00:32:51	126	02:44:39	291	03:23:26	229	00:34:41	00:34:46	00:35:19	01:44:45	284	05:12:46
229	2297	Conor Quinn	Groningen	M35	IRL	00:40:15	498	02:40:58	223	03:27:26	288	00:29:52	00:32:51	00:36:57	01:39:39	191	05:12:52
230	2546	Jiri Guttek	Ohain	M45	CZE	00:34:37	206	02:48:24	344	03:28:07	294	00:32:25	00:33:30	00:35:14	01:41:08	215	05:13:09
231	2572	Richard Huijbregts	Landgraaf	M45	NED	00:37:55	373	02:52:11	414	03:38:09	418	00:30:05	00:29:58	00:29:27	01:29:29	59	05:13:18
232	2838	Hans Van Kampen	Zelhem	M60	NED	00:31:13	83	02:42:42	255	03:19:20	186	00:35:08	00:36:42	00:37:26	01:49:14	355	05:13:29
233	2409	Joost Hoogenbosch	Den Burg	M40	NED	00:37:32	354	02:40:49	218	03:23:32	231	00:32:42	00:35:01	00:36:21	01:44:02	269	05:13:31
234	2416	Pavel Grigorenko	Tallinn	M40	EST	00:33:47	171	02:35:55	144	03:14:16	131	00:36:44	00:39:25	00:38:56	01:55:04	454	05:13:33
235	3145	Leontien Waaijer	Doorn	F40	NED	00:34:19	190	02:44:09	283	03:23:52	235	00:33:55	00:35:17	00:36:05	01:45:16	293	05:13:35
236	2075	Mees Kremer	Amsterdam	M25	NED	00:37:22	343	02:49:55	374	03:33:20	356	00:33:09	00:32:14	00:29:52	01:35:14	124	05:13:35
237	2704	Christo Du Plessis	ZIERIKZEE	M50	RSA	00:39:29	455	02:46:29	319	03:31:37	335	00:32:07	00:32:39	00:32:46	01:37:31	165	05:14:00
238	2343	Marc Goergen	Erpeldange	M40	LUX	00:40:32	511	02:46:06	313	03:33:52	360	00:30:35	00:31:44	00:32:23	01:34:42	114	05:14:02
239	2439	Gerrit Benjamin Aarnoudse	Utrecht	M40	NED	00:36:42	318	02:42:51	258	03:24:36	248	00:33:10	00:34:27	00:36:47	01:44:23	279	05:14:02
240	2425	Anton Sudat	The Hague	M40	NED	00:37:48	365	02:50:00	376	03:35:07	380	00:31:20	00:31:41	00:32:07	01:35:06	123	05:14:30
241	2479	Lennart Koop	Vleuten	M45	NED	00:47:38	762	02:41:03	226	03:34:21	369	00:30:18	00:32:29	00:32:41	01:35:27	125	05:14:43
242	2365	Bouke Van Rossum	Noordhoek	M40	NED	00:34:35	205	02:35:30	137	03:14:37	134	00:39:15	00:37:55	00:38:02	01:55:11	459	05:14:44
243	2197	Paul Monden	Arnhem	M30	NED	00:33:10	142	02:50:49	390	03:28:16	297	00:31:38	00:33:03	00:37:11	01:41:51	231	05:14:44
244	3044	Aleksandra Jensen	Risskov	F25	DEN	00:40:23	504	02:39:51	195	03:26:58	282	00:32:55	00:34:43	00:34:43	01:42:19	238	05:14:54
245	2511	Jasper Hellwig	Maarssen	M45	NED	00:37:46	362	02:42:06	242	03:25:37	259	00:33:06	00:34:23	00:35:18	01:42:46	243	05:14:59
246	2776	Peter Wouters	Lommel	M55	BEL	00:33:06	138	02:40:21	207	03:19:34	190	00:34:23	00:36:31	00:39:10	01:50:03	366	05:15:03
247	2158	Kevin Jager	Almere	M30	NED	00:42:51	612	02:40:22	209	03:28:59	307	00:32:35	00:34:28	00:34:02	01:41:04	212	05:15:04
248	2113	Twan Vissers	Tilburg	M25	NED	00:36:52	324	02:40:05	199	03:22:51	224	00:33:40	00:36:12	00:36:03	01:45:54	307	05:15:14
249	2092	Mats Hesel	Almere	M25	NED	00:42:19	592	02:44:20	288	03:31:34	333	00:31:42	00:33:09	00:34:15	01:39:05	182	05:15:21
250	2586	Jan Gerritsen	DOETINCHEM	M45	NED	00:36:08	289	02:44:54	296	03:27:30	289	00:32:34	00:33:56	00:35:39	01:42:09	235	05:15:24

251	2209	Robert Moes	Utrecht	M30	NED	00:41:29	557	02:41:03	227	03:28:22	300	00:33:07	00:34:20	00:36:04	01:43:31	263	05:15:42
252	2373	Ralf Seifert	Peine	M40	GER	00:36:07	288	02:39:07	184	03:20:47	206	00:36:33	00:36:32	00:37:59	01:51:04	389	05:15:52
253	2625	Leon Lankester	Naaldwijk	M50	NED	00:39:45	469	02:34:39	125	03:19:37	192	00:35:36	00:37:47	00:38:46	01:52:08	402	05:15:56
254	2109	Joep Bruin	Amsterdam	M25	NED	00:34:54	222	02:45:35	309	03:25:29	255	00:32:18	00:34:05	00:38:17	01:44:39	283	05:16:00
255	2590	Rafal Chmielewski	Grudziadz	M45	POL	00:39:09	430	02:36:54	154	03:20:34	202	00:35:52	00:37:14	00:37:58	01:51:03	388	05:16:07
256	2681	Rene Dreyling	Almere	M50	NED	00:33:34	159	02:51:10	395	03:29:23	312	00:33:08	00:33:12	00:36:13	01:42:32	240	05:16:23
257	2177	Johan Burgers	Groningen	M30	NED	00:35:45	274	02:43:27	270	03:26:15	269	00:33:16	00:36:07	00:36:47	01:46:09	310	05:16:29
258	2455	Sander Kliphuis	SCHAGEN	M40	NED	00:33:33	156	02:42:18	246	03:20:43	204	00:34:34	00:37:21	00:38:53	01:50:48	382	05:16:31
259	2527	Freddy Kar Carmona Arce	Oreamuno	M45	CRC	00:40:38	519	02:42:41	253	03:28:10	296	00:34:47	00:34:00	00:34:03	01:42:49	247	05:16:32
260	2397	Niels De With	Zwolle	M40	NED	00:35:08	234	02:39:58	197	03:21:17	209	00:34:56	00:36:39	00:37:43	01:49:17	356	05:16:37
261	2176	Stanley Puijk	Hilversum	M30	NED	00:35:16	241	02:43:44	275	03:24:08	237	00:33:46	00:35:36	00:38:18	01:47:40	334	05:16:49
262	2449	Thomas Eißler	Leipzig	M40	GER	00:35:10	235	02:41:58	238	03:21:46	214	00:34:38	00:36:50	00:39:11	01:50:37	377	05:17:04
263	2434	Jörgen Hofstra	Uitgeest	M40	NED	00:37:39	358	02:45:32	308	03:28:04	293	00:33:49	00:34:23	00:36:06	01:44:18	276	05:17:10
264	3076	Sarah Haustein	Friedberg (Hessen)	F30	GER	00:35:59	282	02:58:57	503	03:40:17	449	00:29:46	00:31:03	00:31:56	01:32:44	96	05:17:22
265	2641	Andreas Hüren	Burscheid	M50	GER	00:29:42	40	02:42:02	240	03:16:52	160	00:35:30	00:40:04	00:40:04	01:55:37	466	05:17:25
266	2023	Rik De Bruijn	Almere	MU24	NED	00:37:27	350	02:43:32	273	03:26:37	276	00:32:46	00:35:25	00:38:09	01:46:19	312	05:17:30
267	2207	Laurens Steehouder	Amersfoort	M30	NED	00:36:14	296	02:49:57	375	03:31:43	337	00:32:57	00:33:04	00:35:18	01:41:18	219	05:17:44
268	3078	Hannah Meijs	Westervoort	F30	NED	00:38:28	397	02:45:22	305	03:28:49	305	00:33:17	00:34:40	00:35:04	01:43:01	257	05:17:47
269	2451	Norbert Hauth	Bernkastel-Kues	M40	GER	00:37:50	371	02:43:52	278	03:28:40	303	00:31:37	00:35:16	00:36:58	01:43:50	268	05:17:48
270	2804	Hans Van Langen	Den Haag	M55	NED	00:34:08	185	02:47:12	329	03:25:47	263	00:34:41	00:36:39	00:37:04	01:48:24	342	05:17:55
271	2140	Filip Verboven	Lommel	M30	BEL	00:41:44	567	02:41:04	228	03:30:02	323	00:32:39	00:34:26	00:35:52	01:42:56	255	05:18:16
272	2712	Tomas Ibanez Mayo	Munich	M50	ESP	00:37:25	345	02:49:25	370	03:32:27	343	00:33:04	00:33:31	00:35:05	01:41:39	225	05:18:17
273	2428	Joris De Bock	Oudenaarde	M40	BEL	00:42:04	583	02:30:55	88	03:18:45	177	00:34:53	00:39:16	00:41:48	01:55:56	470	05:18:19
274	2204	Zico Broekstra	Amsterdam	M30	NED	00:37:43	360	02:46:28	318	03:30:00	321	00:33:25	00:34:56	00:34:44	01:43:03	258	05:18:32
275	2275	Arie Franke	ZH	M35	NED	00:40:19	501	02:55:49	463	03:41:52	467	00:31:10	00:31:00	00:31:06	01:33:14	100	05:19:12
276	2408	Erik Janssens	Weesp	M40	NED	00:39:45	470	02:44:42	292	03:31:08	329	00:32:46	00:34:04	00:36:02	01:42:51	249	05:19:20
277	2772	Thomas Völker	Nordenham	M55	GER	00:36:11	292	02:44:19	287	03:27:20	287	00:34:02	00:35:30	00:37:54	01:47:25	327	05:19:34
278	2251	Stefan Hendriks	Assendelft	M35	NED	00:34:21	191	02:51:14	399	03:29:43	317	00:33:54	00:34:56	00:37:03	01:45:52	306	05:19:36
279	3064	Lotte Van Trigt	Zuid- Holland	F30	NED	00:39:32	458	02:48:35	349	03:34:00	362	00:32:14	00:33:19	00:34:39	01:40:11	201	05:19:41
280	2443	Jouke Hooghiemstra	Amstelveen	M40	NED	00:41:24	554	02:41:08	229	03:29:43	316	00:33:12	00:35:37	00:36:47	01:45:34	300	05:19:59
281	2138	Rob Van Den Elzen	Erp	M30	NED	00:40:00	482	02:50:43	389	03:40:20	450	00:30:22	00:31:20	00:30:19	01:31:59	88	05:20:02
282	2019	Pepijn Effing	Wijdewormer	MU24	NED	00:40:31	509	02:43:33	274	03:28:47	304	00:31:35	00:34:27	00:40:13	01:46:14	311	05:20:06
283	2054	Johann Lembach	Ilmenau	M25	GER	00:39:16	441	02:44:59	301	03:29:45	318	00:32:16	00:34:55	00:36:07	01:43:17	259	05:20:14
284	2713	Marcel Doornebos	Zaandam	M50	NED	00:31:26	86	02:45:40	310	03:21:37	212	00:37:05	00:38:41	00:38:41	01:54:27	442	05:20:33
285	2284	Michael Hoffmann	Almere	M35	GER	00:32:22	116	02:48:05	339	03:25:41	261	00:35:21	00:36:26	00:37:28	01:49:14	353	05:20:39
286	2553	Peter Van Rheenen	Amsterdam	M45	NED	00:39:28	452	02:49:19	368	03:34:15	367	00:33:39	00:34:02	00:34:04	01:41:45	228	05:20:47
287	2398	Dennis Rutten	Renkum	M40	NED	00:32:04	105	02:42:01	239	03:19:19	184	00:36:27	00:37:47	00:40:51	01:55:04	453	05:20:57

288	2242	Ronald Floris Boogaard	Amsterdam	M35	NED	00:28:44	29	02:52:53	425	03:26:09	266	00:34:22	00:36:17	00:38:52	01:49:30	362	05:20:57
289	2731	Fitzgerald Krudde	Almere	M55	NED	00:35:39	265	02:47:10	327	03:28:52	306	00:34:10	00:35:35	00:37:08	01:46:52	320	05:21:17
290	2321	Ryan Germann	Oregon	M35	USA	00:35:23	251	02:45:11	303	03:26:10	267	00:34:16	00:36:48	00:39:59	01:51:02	385	05:21:19
291	2744	Peter Dreijling	Kortenhoef	M55	NED	00:35:34	263	02:58:05	487	03:40:12	448	00:31:23	00:32:27	00:33:01	01:36:50	149	05:21:21
292	2792	Reinier Ingwersen	Arum	M55	NED	00:39:01	420	02:48:31	347	03:34:39	372	00:34:56	00:33:51	00:32:49	01:41:35	222	05:21:39
293	2368	Gustavo Mendonca	London	M40	BRA	00:39:21	446	02:49:08	364	03:36:11	396	00:32:58	00:33:41	00:33:40	01:40:18	203	05:21:46
294	2298	Herre Uittenhout	Utrecht	M35	NED	00:37:08	330	02:54:49	450	03:37:23	408	00:32:20	00:33:47	00:33:53	01:39:59	198	05:21:48
295	2736	René Vermeeren	Almere	M55	NED	00:37:29	351	02:47:06	325	03:32:43	347	00:32:44	00:33:55	00:35:37	01:42:15	237	05:21:50
296	2626	Peter De Blois	Alphen aan den Rijn	M50	NED	00:32:06	107	02:40:47	217	03:16:27	154	00:36:03	00:38:13	00:46:18	02:00:33	544	05:21:52
297	2037	Stan Dings	Tilburg	MU24	NED	00:45:14	706	02:40:05	200	03:31:33	332	00:35:01	00:35:10	00:35:01	01:45:11	292	05:22:04
298	2585	Lars Degans	Amersfoort	M45	NED	00:30:18	52	02:44:54	297	03:18:39	175	00:38:10	00:40:01	00:40:43	01:58:53	518	05:22:19
299	2086	Bob Beekman	Utrecht	M25	NED	00:39:55	480	02:48:58	360	03:34:21	368	00:34:59	00:35:09	00:33:11	01:43:17	260	05:22:19
300	3142	Camille Cholbi	Soest	F40	FRA	00:43:37	647	03:40:44	826	04:38:06	820	00:36:17	00:37:46		00:36:29	1	05:22:37
301	2351	Xavier Baillet	Sainghin en melantois	M40	FRA	00:34:01	177	02:41:00	225	03:27:45	291	00:35:22	00:36:41	00:37:07	01:49:08	352	05:22:45
302	2833	Kees Peereboom	Haarlem	M60	NED	00:40:09	491	02:39:22	186	03:24:29	241	00:36:02	00:37:28	00:40:43	01:54:12	432	05:22:48
303	2484	Marcel Schoolenberg	Ouderkerk aan den IJssel	M45	NED	00:36:48	323	02:48:53	357	03:29:59	320	00:35:52	00:36:11	00:36:18	01:48:20	341	05:22:59
304	2213	Bartholomee Juan	ougree	M30	BEL	00:38:55	416	02:52:22	418	03:36:29	400	00:33:01	00:33:35	00:34:51	01:41:27	220	05:23:15
305	3137	Sylvia Van Breda	Lent	F40	NED	00:33:38	166	02:42:22	249	03:20:00	194	00:38:16	00:40:09	00:40:21	01:58:45	514	05:23:20
306	3083	Viki Stelma-Boviatsis	Almere	F35	NED	00:28:09	23	02:56:46	474	03:28:09	295	00:35:24	00:37:33	00:37:50	01:50:46	381	05:23:32
307	2295	Oscar Kreijenbroek	Utrecht	M35	NED	00:36:31	306	02:51:14	398	03:33:17	355	00:33:58	00:34:35	00:35:49	01:44:21	278	05:23:35
308	2151	Nicco Von Holstein	Glostrup	M30	DEN	00:39:52	476	02:54:46	448	03:41:08	458	00:32:05	00:32:15	00:33:28	01:37:48	171	05:23:42
309	2277	Michael Blom	Oosterhout	M35	NED	00:37:15	335	02:39:07	183	03:22:23	219	00:35:02	00:39:11	00:42:39	01:56:50	489	05:23:47
310	2157	Sven Mollinga	Amsterdam	M30	NED	00:39:21	445	02:52:20	416	03:38:23	421	00:33:17	00:33:55	00:33:21	01:40:31	205	05:23:49
311	2648	Tom Jensen	Midtjylland Horsens	M50	DEN	00:33:36	163	02:38:40	178	03:16:12	150	00:39:15	00:40:09	00:43:59	02:03:21	571	05:23:55
312	3231	Dorothe Vrieze	Zelhem	F55	NED	00:34:18	189	03:00:06	526	03:40:21	451	00:32:22	00:32:34	00:34:03	01:38:58	181	05:24:10
313	2707	Lieuwe Rozema	Walterswald	M50	NED	00:37:55	374	02:47:42	334	03:31:55	339	00:33:50	00:36:39	00:36:51	01:47:19	325	05:24:28
314	2759	Mirko De Boer	Dordrecht	M55	NED	00:35:16	243	02:47:28	333	03:29:16	309	00:36:07	00:36:33	00:37:22	01:50:01	365	05:24:29
315	2291	Jelte Van Eeuwijk	Zuid Holland	M35	NED	00:41:59	578	02:48:29	346	03:36:39	402	00:32:52	00:35:21	00:35:09	01:43:22	261	05:24:30
316	2348	Manuel Theel	Regensburg	M40	GER	00:41:38	561	02:38:55	179	03:27:04	283	00:36:23	00:38:11	00:38:12	01:52:46	412	05:24:36
317	2658	Robert Stallmann	Rotterdam	M50	NED	00:36:45	320	02:43:29	271	03:27:37	290	00:32:49	00:37:05	00:42:05	01:51:58	400	05:24:42
318	2370	Vincent De Vos	Spijkenisse	M40	NED	00:30:57	71	02:37:34	162	03:15:20	140	00:40:17	00:39:59	00:42:19	02:02:34	567	05:24:46
319	2841	Marc Dunnewijk	OostZaan	M60	NED	00:34:27	200	03:02:28	559	03:45:06	498	00:31:33	00:31:25	00:32:00	01:34:57	120	05:25:01
320	2355	Ivan Bos	Heerhugowaard	M40	NED	00:41:04	541	02:44:54	298	03:32:05	341	00:34:54	00:35:48	00:36:53	01:47:34	332	05:25:04
321	2643	Wouter Willemsen	Alphen aan den Rijn	M50	NED	00:35:27	254	02:48:14	341	03:33:23	357	00:33:20	00:35:39	00:37:42	01:46:41	317	05:25:05
322	2244	Stephan Van Dongen	Middelbeers	M35	NED	00:35:22	250	02:52:07	413	03:34:54	376	00:32:12	00:34:24	00:38:15	01:44:50	286	05:25:20
323	2282	Ferry Van Der Vegt	Zwolle	M35	NED	00:38:58	419	03:02:16	555	03:46:41	511	00:30:11	00:31:29	00:31:59	01:33:37	103	05:25:22

324	2602	Marcel Caro	Almere	M50	NED	00:32:54	128	02:50:29	385	03:28:17	298	00:36:10	00:36:55	00:37:38	01:50:42	379	05:25:29
325	2306	Arthur Loby	Assen	M35	NED	00:38:45	411	02:39:46	192	03:24:59	250	00:36:47	00:38:47	00:39:55	01:55:29	464	05:25:40
326	2800	Cornelis Verbeek	Geldermalsen	M55	NED	00:31:09	80	02:40:20	206	03:18:15	172	00:37:17	00:40:14	00:42:55	02:00:25	542	05:25:42
327	2551	Martijn Stengewis	Purmerend	M45	NED	00:39:16	440	02:37:50	163	03:23:03	226	00:35:24	00:41:11	00:41:28	01:58:02	505	05:25:42
328	2565	Joris Tolenaar	Leiden	M45	NED	00:38:23	395	02:40:08	201	03:25:12	252	00:37:07	00:38:50	00:38:20	01:54:16	435	05:25:49
329	2172	Sebastian Voigtländer	Ludwigsburg	M30	GER	00:44:09	673	02:42:09	243	03:32:44	348	00:33:22	00:38:08	00:37:34	01:49:03	351	05:25:51
330	2035	Jelle Van Lanen	Elst	MU24	NED	00:33:12	144	02:44:10	284	03:23:14	228	00:35:59	00:40:35	00:42:04	01:58:37	510	05:26:06
331	2308	Jan -Willem Smit	Wervershoof	M35	NED	00:45:30	712	02:43:12	264	03:35:04	378	00:34:28	00:34:22	00:36:12	01:45:01	288	05:26:07
332	2570	Thomas Ziener	Heidesheim	M45	GER	00:40:23	503	02:52:23	419	03:38:37	425	00:33:33	00:34:40	00:34:35	01:42:47	244	05:26:13
333	2142	Matthijs Schell	Reek	M30	NED	00:38:23	394	03:00:13	528	03:45:23	503	00:30:46	00:32:07	00:33:11	01:36:04	137	05:26:18
334	2711	Arjan Groot	Schagen	M50	NED	00:43:18	634	02:45:27	307	03:35:01	377	00:32:59	00:36:33	00:37:01	01:46:32	316	05:26:21
335	2680	Bertrand Marmuse	ARMENTIERES	M50	FRA	00:41:53	574	02:44:44	293	03:32:32	345	00:35:45	00:36:20	00:36:24	01:48:28	344	05:26:28
336	2039	Theo Van Zyl	Amstelveen	MU24	RSA	00:40:36	516	02:49:19	367	03:35:19	386	00:33:57	00:36:03	00:36:50	01:46:49	319	05:26:35
337	2303	Marc Knepper	Wesel a Rhein	M35	GER	00:37:35	355	02:44:09	282	03:29:19	310	00:34:49	00:36:41	00:39:58	01:51:26	391	05:26:36
338	2671	Arno Becker	Düsseldorf	M50	GER	00:38:10	382	02:47:06	326	03:30:00	322	00:35:39	00:37:36	00:38:25	01:51:40	393	05:26:43
339	2221	Alexander Olbrechts	Knokke	M30	BEL	00:35:20	246	02:45:56	312	03:28:39	301	00:37:06	00:37:27	00:37:20	01:51:52	397	05:26:57
340	2090	Bas Van Der Schalie	Utrecht	M25	NED	00:42:33	595	02:58:44	499	03:46:58	512	00:29:48	00:30:14	00:34:38	01:34:39	113	05:26:58
341	2361	Klaas Visser	Urk	M40	NED	00:35:40	266	02:42:24	250	03:22:55	225	00:36:17	00:39:41	00:43:12	01:59:10	524	05:27:10
342	2211	Mehmet Ege Tura	Zeist	M30	TUR	00:43:21	637	02:51:41	405	03:39:49	437	00:33:28	00:34:17	00:34:20	01:42:05	234	05:27:13
343	2057	Marcus Löhnert	Gießen	M25	GER	00:39:30	456	02:48:41	351	03:34:35	371	00:34:00	00:37:30	00:36:41	01:48:10	340	05:27:13
344	2155	Henning Bluhm	Bad Oldesloe	M30	GER	00:45:13	705	02:46:25	317	03:37:33	411	00:33:53	00:34:29	00:36:11	01:44:32	280	05:27:23
345	2258	Thijs Rood	Almere	M35	NED	00:37:40	359	02:43:08	262	03:25:00	251	00:34:57	00:41:42	00:41:46	01:58:24	507	05:27:46
346	3144	Bernadette Lohmann	Voorthuizen	F40	NED	00:32:00	103	02:57:26	480	03:34:15	366	00:35:12	00:35:50	00:35:07	01:46:08	309	05:27:47
347	2502	Robert Kampschreur	Leiden	M45	NED	00:30:44	64	02:48:28	345	03:25:17	254	00:35:42	00:38:05	00:43:39	01:57:25	495	05:28:15
348	2574	Vincent Noel	Oslo	M45	FRA	00:35:10	236	02:50:32	387	03:31:42	336	00:36:20	00:35:17	00:38:42	01:50:18	371	05:28:27
349	2690	Tim Sacks	stamford	M50	GBR	00:35:57	279	02:44:19	286	03:26:57	281	00:35:06	00:38:43	00:42:51	01:56:39	484	05:28:32
350	2100	Christopher Mai	Enschede	M25	RSA	00:35:42	271	03:01:49	547	03:43:26	485	00:30:37	00:32:52	00:35:21	01:38:49	178	05:28:32
351	2520	José Marques	Nijmegen	M45	POR	00:36:34	311	02:53:56	437	03:35:18	385	00:35:12	00:36:52	00:38:09	01:50:12	367	05:28:54
352	2617	Gerben Zomer	Vleuten	M50	NED	00:48:11	774	02:46:24	316	03:40:55	457	00:33:16	00:34:28	00:34:15	01:41:59	233	05:28:57
353	3202	Jolanda Ten Brinke	Amstelhoek	F50	NED	00:39:07	425	02:40:24	210	03:24:30	243	00:37:46	00:39:09	00:43:42	02:00:35	545	05:29:03
354	3024	Viktoria Peterbauer	Münzkirchen	F25	AUT	00:39:34	460	02:54:27	441	03:39:39	435	00:34:43	00:34:46	00:36:10	01:45:38	302	05:29:07
355	3124	Colette Gomez	Eibergen	F40	NED	00:43:29	641	02:51:16	400	03:39:57	443	00:34:06	00:35:38	00:35:52	01:45:34	299	05:29:15
356	2558	Torsten Steinbrecher	Heidesheim	M45	GER	00:43:29	640	02:49:33	372	03:38:15	420	00:34:28	00:36:45	00:35:57	01:47:08	323	05:29:16
357	3131	Dominique Kooij	Maarssen	F40	NED	00:35:41	270	02:58:21	491	03:39:54	439	00:33:20	00:34:43	00:36:11	01:44:13	274	05:29:16
358	2550	Thorsten Kreutzer	Kelmis	M45	GER	00:37:25	346	02:50:49	392	03:35:08	382	00:35:20	00:36:46	00:37:31	01:49:36	363	05:29:19
359	2187	Anne Terlouw	Ijsselstein ut	M30	NED	00:28:51	31	03:05:07	595	03:37:58	414	00:34:14	00:36:03	00:37:08	01:47:24	326	05:29:20
360	2243	Rik De Lange	Almere	M35	NED	00:36:13	294	02:46:09	314	03:27:11	284	00:36:26	00:39:08	00:41:13	01:56:46	488	05:29:22
361	2392	Sjoerd Kuiken	Rotterdam	M40	NED	00:37:14	332	02:59:55	521	03:43:21	483	00:33:33	00:34:19	00:33:49	01:41:40	226	05:29:28

362	2556	Lars Aarts	Zwolle	M45	NED	00:39:16	442	02:51:17	401	03:35:19	387	00:35:31	00:36:16	00:37:59	01:49:44	364	05:29:44
363	2461	Marius Nowak	AMSTERDAM	M40	FRA	00:42:59	620	02:51:34	403	03:39:55	440	00:35:11	00:35:11	00:35:30	01:45:51	305	05:29:49
364	3165	Peggie Wierda	Geldermalsen	F45	NED	00:35:59	283	02:45:44	311	03:25:31	256	00:39:16	00:38:44	00:41:34	01:59:33	529	05:29:52
365	3003	Anna Morsink	Weesp	FU24	NED	00:31:00	73	03:04:01	584	03:38:43	427	00:34:10	00:36:19	00:36:36	01:47:04	322	05:30:04
366	2683	Michel Barbé	Yerseke	M50	NED	00:45:41	718	02:43:51	277	03:36:24	399	00:34:30	00:36:11	00:36:53	01:47:34	331	05:30:06
367	3042	Danniek Vinkenvleugel	Utrecht	F25	NED	00:35:59	281	02:50:13	379	03:30:54	327	00:37:41	00:38:18	00:37:57	01:53:55	428	05:30:07
368	2665	Peter Keegstra	Bussum	M50	NED	00:33:28	154	02:43:19	269	03:21:28	210	00:36:47	00:41:49	00:44:48	02:03:23	572	05:30:10
369	2866	Gert-Luuk Wiersma	Zuidlaren	M55	NED	00:41:29	556	02:52:43	422	03:40:31	454	00:33:37	00:35:06	00:35:53	01:44:34	281	05:30:13
370	2091	Kevin De Pourcq	Sterrebeek	M25	BEL	00:38:39	408	02:28:21	50	03:13:42	128	00:37:07	00:59:35	00:36:36	02:13:17	664	05:30:42
371	2861	Mark Jones	Amsterdam	M55	GBR	00:39:10	431	02:50:20	382	03:36:56	404	00:32:49	00:36:53	00:38:54	01:48:35	346	05:30:47
372	2563	Gerald Schubert	Schoenwald	M45	GER	00:34:22	193	02:53:40	433	03:32:35	346	00:36:38	00:38:06	00:38:39	01:53:22	425	05:30:53
373	3185	Femke Huijbreghts-Jonker	Nijkerk	F45	NED	00:35:20	248	03:00:25	531	03:42:54	478	00:33:28	00:35:01	00:35:44	01:44:12	272	05:31:07
374	2779	Marco Koomen	Wageningen	M55	NED	00:33:06	139	02:47:44	335	03:26:34	275	00:38:13	00:39:07	00:41:10	01:58:29	509	05:31:08
375	2288	Ben Bertrand	VÖLKLINGEN	M35	GER	00:40:40	522	02:59:37	517	03:47:25	516	00:30:59	00:33:18	00:33:59	01:38:15	175	05:31:15
376	2380	Pascal Schrempf	Essen	M40	GER	00:43:19	635	02:49:06	363	03:38:29	423	00:34:21	00:36:17	00:38:11	01:48:47	347	05:31:20
377	2632	Marcel Van Assema		M50	NED	00:35:29	256	02:52:42	421	03:34:48	374	00:34:44	00:37:18	00:39:44	01:51:44	395	05:31:21
378	2670	Ap Verduijn	Amersfoort	M50	NED	00:39:05	423	02:43:50	276	03:30:09	324	00:33:54	00:38:29	00:43:31	01:55:53	467	05:31:25
379	2477	Jens Selders	Bedburg Hau	M45	GER	00:42:23	593	02:42:39	252	03:31:35	334	00:37:16	00:38:09	00:37:39	01:53:03	418	05:31:32
380	2709	Mayk Vandenhurk	Veldhoven	M50	NED	00:41:05	542	02:54:31	443	03:42:54	479	00:33:53	00:34:37	00:35:00	01:43:29	262	05:31:33
381	2450	Bart De Bruine	Arnhem	M40	NED	00:40:09	494	02:48:40	350	03:34:48	375	00:34:52	00:36:30	00:41:00	01:52:20	407	05:31:34
382	2011	Mark Bennis	Almere	MU24	NED	00:32:14	111	03:04:09	587	03:40:35	456	00:34:52	00:35:33	00:35:01	01:45:24	297	05:31:41
383	2017	Jan Luca Grüneberg	Köln	MU24	GER	00:32:59	131	02:58:47	501	03:36:24	398	00:35:16	00:36:46	00:40:05	01:52:06	401	05:32:27
384	2790	Rob Ipenburg	Schoonhoven	M55	NED	00:42:07	585	02:47:14	330	03:37:26	409	00:36:39	00:35:24	00:36:46	01:48:49	348	05:32:43
385	2510	Franck Marandon	Sainghin-en-Mélantois	M45	FRA	00:42:16	591	02:50:39	388	03:39:24	433	00:34:07	00:36:10	00:36:56	01:47:12	324	05:33:19
386	2858	Hans Janmaat	Maastricht	M65	NED	00:40:05	487	03:02:38	560	03:49:15	542	00:32:09	00:33:19	00:33:43	01:39:10	183	05:33:25
387	2232	Erik Balaz	Bratislava	M30	SVK	00:37:17	339	02:56:19	471	03:41:42	464	00:34:17	00:36:56	00:36:28	01:47:40	335	05:33:29
388	3121	Nicole Weck	Lübeck	F40	GER	00:36:35	313	02:50:27	384	03:32:16	342	00:39:07	00:39:00	00:39:03	01:57:09	492	05:33:41
389	2620	Jan Kuper		M50	NED	00:32:06	106	02:55:28	458	03:35:20	388	00:35:11	00:37:47	00:39:15	01:52:12	404	05:33:47
390	2535	Richard Britton	Stirling	M45	GBR	00:40:55	535	02:54:52	451	03:41:23	461	00:31:28	00:34:18	00:41:58	01:47:43	336	05:33:52
391	2538	Jasper Ketelaar	Nederhorst den Berg	M45	NED	00:36:42	317	02:51:45	406	03:35:41	391	00:37:47	00:37:48	00:37:15	01:52:49	413	05:34:09
392	2160	Ramon Klaassen	Uithoorn	M30	NED	00:39:06	424	02:57:34	481	03:43:06	480	00:34:34	00:35:13	00:36:34	01:46:20	313	05:34:13
393	2518	Vincent Hafkamp	Rotterdam	M45	NED	00:39:41	464	02:56:02	468	03:43:20	482	00:33:36	00:34:58	00:36:38	01:45:11	291	05:34:15
394	2588	Peter Otten	Apeldoorn	M45	NED	00:33:43	169	02:49:01	361	03:29:07	308	00:36:32	00:40:09	00:43:16	01:59:56	533	05:34:25
395	3026	Katrijn Janssens	Zwijndrecht	F25	BEL	00:44:22	679	03:02:38	561	03:53:16	581	00:31:01	00:31:15	00:32:45	01:35:00	122	05:34:28
396	2618	Dirk Bröll	Langen	M50	GER	00:39:54	479	02:53:22	430	03:39:19	432	00:34:52	00:37:16	00:38:41	01:50:48	383	05:34:34

397	2253	Dennis Vleugel Van Der Linden	Almere	M35	NED	00:34:06	183	02:53:46	434	03:33:16	354	00:34:56	00:38:47	00:42:52	01:56:34	480	05:34:37
398	2357	Mark Van Ooij	Alphen aan den Rijn	M40	NED	00:36:56	326	02:56:27	473	03:40:28	453	00:33:55	00:36:55	00:38:12	01:49:00	350	05:34:47
399	2184	Nikolaj Bøtker Pedersen	Aarhus C	M30	DEN	00:34:56	223	02:46:20	315	03:29:35	315	00:36:42	00:39:00	00:44:36	02:00:16	540	05:34:49
400	3073	Maria Marrocu	Henstedt-Ulzburg	F30	GER	00:40:12	496	02:54:53	452	03:39:56	441	00:36:19	00:36:58	00:37:02	01:50:19	372	05:34:51
401	2472	Robert Sikora	Frankfurt	M45	POL	00:36:15	297	02:52:06	412	03:35:08	381	00:40:22	00:37:37	00:35:04	01:53:02	417	05:35:03
402	2337	Fulco Groeneveld	Amerstfoort	M35	NED	00:44:45	689	02:41:13	230	03:31:27	331	00:37:55	00:40:58	00:40:10	01:59:01	522	05:35:19
403	2335	Patrik Danek	Bratilava	M35	SVK	00:44:59	696	02:49:20	369	03:41:36	463	00:33:56	00:36:05	00:37:32	01:47:32	329	05:35:22
404	3039	Giulia Wolff	München	F25	GER	00:35:45	275	02:46:49	321	03:26:33	274	00:40:56	00:41:49	00:41:36	02:04:19	579	05:35:25
405	2107	Casper Timmermans	Rosmalen	M25	NED	00:39:22	447	02:48:57	359	03:36:03	395	00:36:24	00:37:47	00:39:28	01:53:37	426	05:35:39
406	3069	Danique Verhoeven	AMSTERDAM	F30	NED	00:40:51	529	02:48:05	340	03:34:31	370	00:37:27	00:39:43	00:39:29	01:56:37	483	05:35:45
407	2710	Roel Van Den Hoek	Leidschendam	M50	NED	00:33:14	145	02:43:12	265	03:23:30	230	00:38:01	00:41:40	00:44:29	02:04:10	577	05:35:53
408	2482	Eddy Kuijer	Geertruidenberg	M45	NED	00:42:01	581	02:48:23	343	03:38:30	424	00:35:10	00:36:34	00:38:43	01:50:27	374	05:36:07
409	2637	Laurent Bruart	pieton	M50	BEL	00:36:54	325	02:55:50	464	03:39:57	442	00:36:09	00:36:34	00:37:34	01:50:15	370	05:36:10
410	2593	Marc Van Genechten	Balen	M45	BEL	00:39:09	429	02:54:27	440	03:40:34	455	00:34:22	00:36:29	00:39:44	01:50:34	375	05:36:15
411	2178	Andreas Klütsch	Saarbrücken	M30	GER	00:32:21	115	02:50:06	377	03:26:47	279	00:33:28	00:41:52	00:49:14	02:04:33	582	05:36:19
412	2433	Dimitri Hoekstra	Amsterdam	M40	NED	00:41:34	558	02:53:08	429	03:39:57	444	00:33:54	00:37:05	00:42:07	01:53:04	419	05:36:26
413	2305	Andy Laporte	Diest	M35	BEL	00:41:01	540	02:52:29	420	03:41:11	459	00:35:49	00:36:17	00:38:07	01:50:12	368	05:36:36
414	3067	Griet Schyvens	Nieuwerkerken	F30	BEL	00:39:40	463	02:51:47	407	03:37:01	405	00:36:08	00:38:31	00:39:37	01:54:15	433	05:36:57
415	2421	Gian-Carlo Pascutto	Outer	M40	BEL	00:39:04	422	02:58:15	488	03:46:22	507	00:34:28	00:35:02	00:35:50	01:45:19	295	05:37:06
416	2031	Jordi Hofmans	Amsterdam	MU24	NED	00:45:42	719	02:44:48	294	03:36:51	403	00:39:41	00:37:10	00:37:28	01:54:17	436	05:37:14
417	2228	Menno Rijkaart	Bergambacht	M30	NED	00:39:26	450	02:52:55	426	03:39:04	430	00:35:32	00:38:20	00:39:22	01:53:13	421	05:37:20
418	2252	Peter Verhelst	Spijkensisse	M35	NED	00:40:06	489	02:44:58	300	03:30:28	325	00:38:12	00:39:27	00:43:55	02:01:33	557	05:37:22
419	3007	Emma Rowland	Oxford	FU24	GBR	00:35:21	249	02:57:07	476	03:37:49	412	00:35:42	00:37:26	00:39:11	01:52:18	406	05:37:30
420	2038	Edser Rijpstra	STIENS	MU24	NED	00:46:34	743	03:08:28	638	04:02:03	661	00:31:46	00:30:40	00:28:54	01:31:20	80	05:37:30
421	3232	Pia Graagaard	holstebro	F55	DEN	00:41:24	552	02:50:32	386	03:38:09	419	00:37:45	00:37:39	00:39:12	01:54:36	444	05:38:28
422	2831	René Rouendal	Almere	M60	NED	00:38:16	391	02:51:40	404	03:36:14	397	00:35:39	00:38:08	00:42:38	01:56:24	478	05:38:34
423	2660	Peter-Wim Gerssen	Den Haag	M50	NED	00:38:22	393	02:52:04	411	03:37:56	413	00:36:44	00:39:09	00:39:38	01:55:30	465	05:38:42
424	2856	Dirk Goldebeld	Wormer	M65	NED	00:38:47	413	02:56:27	472	03:42:04	468	00:35:29	00:37:27	00:39:00	01:51:55	399	05:38:49
425	2621	Harald Van Bottenburg	Amsterdam	M50	NED	00:44:05	672	02:49:01	362	03:40:12	447	00:36:05	00:38:00	00:38:08	01:52:12	403	05:38:56
426	2170	Michiel Oldenkamp	Utrecht	M30	NED	00:34:15	188	02:59:09	509	03:40:27	452	00:35:37	00:39:10	00:39:22	01:54:07	431	05:39:16
427	2399	Roland Vos	Almere	M40	NED	00:38:02	378	02:43:18	266	03:29:35	314	00:34:19	00:39:34	00:48:10	02:02:02	562	05:39:42
428	2536	Bartosz Lassak	Strzelce Gorne	M45	POL	00:41:21	551	02:48:47	354	03:36:00	394	00:40:21	00:38:58	00:39:19	01:58:38	511	05:39:51
429	2581	Dennis Ijland	Lochem	M45	NED	00:39:47	472	02:52:55	427	03:38:42	426	00:35:37	00:38:59	00:42:06	01:56:41	486	05:39:54
430	2771	Mart Van Zijl	Krimpen aan den IJssel	M55	NED	00:35:12	237	02:51:55	408	03:35:15	384	00:36:21	00:39:45	00:41:14	01:57:20	493	05:39:58
431	2622	Jurgen Vandermeer	Hilversum	M50	NED	00:36:29	305	02:59:50	520	03:42:33	474	00:36:24	00:38:01	00:38:42	01:53:06	420	05:40:07

432	3162	Vitia Akkerman	Harderwijk	F45	NED	00:35:58	280	02:56:13	469	03:39:27	434	00:36:42	00:39:05	00:40:15	01:56:01	472	05:40:14
433	2528	Barry Berkhout	Hemhofen	M45	NED	00:37:29	353	02:51:58	409	03:36:39	401	00:36:03	00:39:15	00:42:20	01:57:37	499	05:40:21
434	3028	Moe Schacht	Aachen	F25	JPN	00:40:44	525	03:01:35	542	03:48:31	534	00:33:57	00:34:53	00:36:32	01:45:21	296	05:40:46
435	2755	Roman Polz	Praha	M55	CZE	00:46:09	734	03:01:16	539	03:57:55	628	00:32:32	00:32:31	00:32:08	01:37:09	157	05:40:47
436	3101	Moniek Van Lieshout	's-Gravenhage	F35	NED	00:43:02	624	03:12:26	681	04:00:13	644	00:31:21	00:32:31	00:33:01	01:36:52	151	05:41:05
437	2564	Gerjan Van Omme	Zevenaar	M45	NED	00:35:06	231	02:53:01	428	03:35:38	389	00:36:52	00:40:16	00:43:23	02:00:31	543	05:41:06
438	2374	Stefan Wächtler	Lübeck	M40	GER	00:46:33	741	03:05:23	599	03:57:41	624	00:32:26	00:32:35	00:34:19	01:39:19	185	05:41:27
439	2691	Christophe Hayot	LA FERRE	M50	FRA	00:37:47	364	03:05:51	606	03:52:13	567	00:32:31	00:32:48	00:36:27	01:41:44	227	05:41:31
440	3025	Jaimy Claessens	Venray	F25	NED	00:39:38	461	02:54:57	453	03:39:41	436	00:37:58	00:39:13	00:39:12	01:56:22	477	05:41:36
441	3099	Karen Waterboer	Düsseldorf	F35	ARG	00:37:01	328	03:05:47	603	03:47:43	522	00:34:53	00:37:11	00:36:47	01:48:50	349	05:41:44
442	2571	Christian Reiling	Harsewinkel	M45	GER	00:34:26	198	02:40:22	208	03:20:05	196	00:41:16	00:44:11	00:50:15	02:15:41	689	05:42:04
443	2324	Jasper Eschweiler	Alkmaar	M35	NED	00:44:54	693	02:38:29	175	03:31:57	340	00:39:01	00:40:25	00:41:41	02:01:06	550	05:42:24
444	2442	Bas Schoots	Utrecht	M40	NED	00:37:50	370	02:50:10	378	03:33:15	353	00:36:59	00:41:35	00:47:03	02:05:36	590	05:43:00
445	2587	Egbert Hommels	Eindhoven	M45	NED	00:40:00	481	02:51:22	402	03:40:10	446	00:35:27	00:38:56	00:40:47	01:55:09	457	05:43:05
446	2777	Antoon Ebbelaar	Bussum	M55	NED	00:37:43	361	02:52:17	415	03:37:59	415	00:36:52	00:39:07	00:43:16	01:59:14	527	05:43:12
447	2027	Julian Goes	Utrecht	MU24	NED	00:48:59	784	02:57:55	485	03:53:33	586	00:32:57	00:34:26	00:37:43	01:45:05	289	05:43:53
448	2180	Martijn Bergsma	Zwolle	M30	NED	00:37:58	376	02:59:10	510	03:45:39	505	00:38:30	00:37:26	00:37:22	01:53:17	422	05:44:13
449	2359	Aart Van De Wetering	Amersfoort	M40	NED	00:43:17	633	02:57:10	477	03:48:06	526	00:35:31	00:36:36	00:37:15	01:49:21	358	05:44:17
450	2030	Ashwin Joeloemsingh	Amsterdam	MU24	NED	00:54:09	838	02:53:49	435	03:54:50	602	00:32:34	00:33:45	00:35:29	01:41:47	229	05:44:31
451	2401	John Volk	Krimpen aan de Lek	M40	NED	00:38:27	396	02:46:47	320	03:31:51	338	00:36:09	00:42:22	00:48:22	02:06:53	610	05:44:41
452	3061	Renske Eilers	Amersfoort	F30	NED	00:34:00	176	02:53:31	431	03:33:03	351	00:40:19	00:42:51	00:44:07	02:07:15	613	05:44:55
453	2584	Sander Van Den Berg	Dutch	M45	NED	00:36:32	308	03:01:34	541	03:45:14	500	00:36:19	00:37:47	00:37:46	01:51:51	396	05:45:00
454	3100	Maike Pawlik	Monheim	F35	GER	00:33:18	146	02:55:28	459	03:34:10	363	00:38:40	00:41:49	00:44:46	02:05:13	589	05:45:13
455	2269	Michiel Van Der Eerden	Herten	M35	NED	00:33:08	141	02:54:44	446	03:33:59	361	00:38:04	00:40:10	00:47:31	02:05:45	593	05:45:19
456	2770	Govert Cornelis Van Herk	Krimpen aan den IJssel	M55	NED	00:34:41	210	02:58:15	489	03:41:51	466	00:37:32	00:39:24	00:40:33	01:57:29	496	05:45:21
457	2824	Michel Mulder	zwaag	M60	NED	00:37:46	363	02:47:10	328	03:32:47	350	00:39:22	00:41:13	00:45:50	02:06:24	601	05:45:38
458	2296	Jeroen Ulfman	Stellendam	M35	NED	00:40:30	508	02:37:59	168	03:24:23	240	00:41:47	00:45:24	00:49:32	02:16:41	699	05:45:47
459	2742	Johan Oude Hesselink	Taastrup	M55	NED	00:42:38	599	02:54:12	438	03:43:54	488	00:36:55	00:38:52	00:39:01	01:54:48	449	05:46:04
460	2036	Charles Guillard	Rambouillet	MU24	FRA	00:46:08	733	02:59:22	514	03:54:16	593	00:30:31	00:36:02	00:37:46	01:44:18	277	05:46:04
461	2417	Gareth Brown	Bloemendaal	M40	IRL	00:38:56	417	02:52:20	417	03:38:55	428	00:39:09	00:40:20	00:40:39	02:00:07	535	05:46:05
462	2342	Andreas König	Minden	M40	GER	00:39:03	421	02:49:17	366	03:34:12	365	00:39:43	00:41:20	00:46:46	02:07:49	622	05:46:13
463	2459	Ulrich Borgstaedt	Düsseldorf	M40	GER	00:43:14	629	02:58:29	496	03:50:37	556	00:34:41	00:35:55	00:37:51	01:48:26	343	05:46:19
464	3251	Loes Van Den Boom	MOLENHOEK LB	F60	NED	00:38:55	415	03:03:56	581	03:48:39	537	00:36:05	00:37:37	00:38:53	01:52:35	409	05:46:25
465	2446	Rutger Luxwolda	Hilversum	M40	NED	00:39:48	473	02:59:18	513	03:45:22	502	00:35:47	00:38:31	00:40:42	01:54:59	450	05:46:28
466	2245	Jan Maes	Lommel	M35	BEL	00:35:03	227	02:57:01	475	03:38:28	422	00:39:03	00:39:59	00:40:57	01:59:57	534	05:46:36
467	3021	Jana De Ryst	Moerbeke-Waas	F25	BEL	00:39:22	448	02:57:42	483	03:43:58	490	00:39:32	00:37:48	00:39:39	01:56:58	491	05:46:40
468	3148	Kim Van Breda	Almere	F40	NED	00:35:32	261	02:59:02	505	03:40:07	445	00:38:30	00:40:38	00:42:09	02:01:16	552	05:46:42

469	3126	Marlen Mandel	Duisburg	F40	GER	00:35:12	238	02:54:49	449	03:35:07	379	00:39:25	00:42:24	00:43:54	02:05:42	592	05:46:43
470	2654	Sebastiaan Heikoop	Zierikzee	M50	NED	00:43:37	648	02:57:37	482	03:49:01	540	00:35:20	00:37:51	00:39:29	01:52:38	410	05:46:58
471	2785	Xavier De Vos	GENT	M55	BEL	00:36:16	298	02:59:47	519	03:42:33	473	00:36:42	00:40:29	00:41:47	01:58:57	520	05:47:23
472	2388	Peter Boogaard	Apeldoorn	M40	NED	00:30:15	51	03:05:20	598	03:42:04	469	00:38:46	00:39:35	00:40:01	01:58:22	506	05:47:24
473	2562	René Van Rooijen	Renkum	M45	NED	00:39:11	433	02:48:18	342	03:34:11	364	00:39:45	00:43:05	00:44:22	02:07:11	612	05:47:37
474	2791	Frank Wandel	Oosterbeek	M55	NED	00:42:00	579	02:56:00	467	03:44:34	493	00:38:46	00:39:29	00:39:42	01:57:57	504	05:47:37
475	3096	Thirza Stiphout	Amersfoort	F35	NED	00:40:34	514	02:55:18	457	03:42:10	470	00:39:41	00:39:23	00:40:33	01:59:36	530	05:47:42
476	2485	Sascha Völpel	Birkenheide	M45	GER	00:38:16	389	03:04:59	591	03:49:33	546	00:37:15	00:37:30	00:37:45	01:52:30	408	05:47:53
477	2497	Timo Schwalbe	Lübeck	M45	GER	00:40:06	488	03:01:36	544	03:47:59	524	00:36:45	00:37:28	00:39:50	01:54:02	429	05:48:08
478	3068	Symke Wolters	Dutch	F30	NED	00:33:34	158	03:05:55	608	03:44:30	492	00:39:13	00:39:10	00:40:30	01:58:51	516	05:48:19
479	3087	Paula Volkers	Heerhugowaard	F35	NED	00:39:49	474	02:58:27	495	03:43:22	484	00:38:31	00:40:21	00:41:21	02:00:12	537	05:48:32
480	2384	Teun Van Der Kamp	Amsterdam	M40	NED	00:43:42	652	03:03:36	572	03:53:19	583	00:36:30	00:36:19	00:36:34	01:49:21	359	05:48:34
481	2638	Thorsten Hiepel	Barnstorf	M50	GER	00:35:16	242	02:54:46	447	03:38:01	416	00:37:17	00:42:44	00:44:25	02:04:26	580	05:48:45
482	2606	Renee Mellaard	almere	M50	NED	00:37:19	340	03:01:06	537	03:48:28	532	00:37:30	00:37:47	00:37:42	01:52:59	416	05:48:49
483	2664	Willem Jan Rijlaarsdam	Woerden	M50	NED	00:37:20	342	03:04:07	586	03:47:45	523	00:36:28	00:38:49	00:40:37	01:55:54	468	05:48:52
484	2486	Emrah Ozpeynirci	AMSTERDAM	M45	NED	00:31:00	74	03:07:01	625	03:45:00	497	00:37:36	00:38:47	00:39:47	01:56:09	474	05:49:04
485	2689	Paul Van Klinken	Amsterdam	M50	NED	00:40:24	505	02:47:56	337	03:35:39	390	00:39:36	00:42:49	00:44:17	02:06:41	607	05:49:06
486	2839	Kim Berg Hansen	Billund Billund	M60	DEN	00:38:48	414	03:03:05	566	03:48:36	535	00:38:49	00:38:45	00:37:38	01:55:11	458	05:49:16
487	2069	Cedric Vanhaverbeke	Merelbeke	M25	BEL	00:41:48	572	02:55:40	461	03:44:56	495	00:35:12	00:40:05	00:42:36	01:57:52	503	05:49:32
488	2548	Peter Conings	Rumst	M45	BEL	00:36:13	293	03:07:47	631	03:51:18	561	00:37:02	00:38:22	00:38:18	01:53:41	427	05:49:39
489	2096	Joost Zwarts	Amsterdam	M25	NED	00:43:15	631	03:01:00	536	03:50:44	559	00:36:23	00:38:23	00:39:40	01:54:24	440	05:49:59
490	3146	Annemieke Vliegen	Apeldoorn	F40	NED	00:35:54	277	03:06:38	620	03:49:16	543	00:39:17	00:38:09	00:38:34	01:55:59	471	05:50:11
491	2304	Philipp Bosshard	Silvaplana	M35	SUI	00:42:55	616	02:55:05	455	03:48:30	533	00:39:21	00:37:59	00:38:07	01:55:25	462	05:50:32
492	2738	Wilco Kleefman	Almere	M55	NED	00:42:40	602	03:03:35	571	03:53:17	582	00:36:06	00:37:28	00:38:42	01:52:16	405	05:50:34
493	3048	Martine Van Zalinge	Edam	F25	NED	00:47:23	755	02:55:52	465	03:49:51	547	00:38:12	00:38:50	00:38:24	01:55:25	461	05:50:41
494	2440	Eelco Hanraads	Haarlem	M40	NED	00:38:41	410	02:58:40	497	03:43:57	489	00:37:02	00:40:51	00:44:23	02:02:16	564	05:50:50
495	2522	Dennis Strikker	Hengelo	M45	NED	00:46:03	731	02:55:59	466	03:48:25	530	00:37:45	00:40:18	00:40:25	01:58:26	508	05:51:01
496	2701	Anthony Dean	Stamford	M50	AUS	00:38:19	392	02:42:13	244	03:25:33	257	00:42:19	00:45:01	00:52:12	02:19:32	720	05:51:23
497	2329	Alberto Cavallero	Eindhoven	M35	ITA	00:41:06	543	03:02:19	557	03:54:00	591	00:34:08	00:38:33	00:38:23	01:51:03	387	05:51:27
498	2212	Gabriele Tafuni	Eindhoven	M30	ITA	00:53:05	829	02:50:50	393	03:53:06	578	00:34:08	00:38:33	00:38:22	01:51:03	386	05:51:27
499	3199	Ceciel Pas	Gemert	F50	NED	00:40:35	515	03:00:43	534	03:48:03	525	00:36:43	00:39:04	00:40:50	01:56:36	482	05:51:31
500	2293	Martin Whyte	Glasgow	M35	GBR	00:39:32	457	03:09:08	646	03:55:53	606	00:35:53	00:37:22	00:37:28	01:50:43	380	05:51:45
501	2281	Jeroen Vanson	The Hague	M35	NED	00:47:41	763	03:06:10	612	04:03:02	665	00:32:21	00:33:52	00:36:25	01:42:36	241	05:52:02
502	3188	Marleen Valk	Baarn	F45	NED	00:40:38	521	03:01:59	550	03:47:38	520	00:39:01	00:40:30	00:41:13	02:00:43	546	05:52:18
503	2619	Dennis Strik	Almere	M50	NED	00:40:09	492	02:46:57	323	03:33:30	359	00:40:22	00:45:12	00:48:35	02:14:08	670	05:52:25
504	2521	Jurjen Kothman	Hengelo	M45	NED	00:42:05	584	03:05:24	600	03:54:26	595	00:35:00	00:37:02	00:39:28	01:51:29	392	05:52:29
505	3228	Agnes Nieburg	Netherlands	F55	NED	00:38:58	418	03:04:01	585	03:49:57	548	00:33:53	00:39:50	00:42:53	01:56:36	481	05:52:35
506	2662	Ferdinand Hogenes	Amsterdam	M50	NED	00:43:42	653	03:01:43	546	03:52:23	569	00:37:42	00:37:48	00:38:47	01:54:15	434	05:52:40

507	2763	Thorsten Torweihe	Gütersloh	M55	GER	00:47:18	754	02:59:07	508	03:54:26	596	00:36:03	00:38:11	00:40:11	01:54:23	439	05:52:56
508	2104	Frederik Friis	Aarhus	M25	DEN	00:44:36	686	03:03:49	578	03:56:53	616	00:36:18	00:36:42	00:36:21	01:49:19	357	05:53:05
509	3002	Annika Wanner	Ravensburg	FU24	GER	00:43:45	657	03:08:33	640	03:56:57	617	00:33:59	00:37:41	00:40:03	01:51:42	394	05:53:24
510	2313	Jarno Grijn	Almere	M35	NED	00:48:13	775	02:58:24	493	03:53:13	580	00:36:32	00:37:36	00:40:18	01:54:25	441	05:53:27
511	2097	Juan Eiroa	Pontevedra	M25	ESP	00:42:46	607	02:57:53	484	03:45:10	499	00:36:02	00:38:24	00:49:29	02:03:54	574	05:53:28
512	2567	Edward Leenders	Weesp	M45	NED	00:33:23	151	02:53:51	436	03:33:13	352	00:39:22	00:47:26	00:45:10	02:11:57	656	05:53:47
513	2827	Joop Schwalbach	Oostzaan	M60	NED	00:34:48	215	02:58:46	500	03:39:01	429	00:40:34	00:42:28	00:45:52	02:08:52	635	05:53:48
514	3252	Giény Van Niejenhuis	Almere	F60	NED	00:39:29	454	02:59:57	522	03:46:34	510	00:38:07	00:40:27	00:41:41	02:00:14	539	05:54:12
515	2249	Laurent Graebner	Frankelbach	M35	GER	00:43:42	651	03:02:05	552	03:52:47	573	00:36:00	00:39:21	00:40:58	01:56:19	476	05:54:19
516	3141	Cora Blankendaal	Sint Maarten	F40	NED	00:42:59	623	03:01:36	543	03:50:39	557	00:39:36	00:40:22	00:38:43	01:58:40	513	05:54:20
517	2353	Michael Peters	Almere	M40	NED	00:40:08	490	02:42:42	254	03:31:02	328	00:40:48	00:46:33	00:51:33	02:18:54	716	05:55:01
518	3077	Sofie Hermans	Zelem	F30	BEL	00:38:14	388	03:03:55	580	03:48:57	539	00:40:01	00:40:18	00:41:09	02:01:28	554	05:55:09
519	2734	Sven Keltering	Uithoorn	M55	NED	00:35:29	257	02:51:12	396	03:32:46	349	00:42:46	00:45:55	00:49:44	02:18:24	712	05:55:35
520	3235	Helga Böhm	Itzehoe	F55	GER	00:39:34	459	03:07:27	628	03:53:52	590	00:38:18	00:39:11	00:39:57	01:57:25	494	05:55:53
521	3143	Caroline Lippe	Hoisdorf	F40	GER	00:37:20	341	03:14:28	700	03:57:28	621	00:34:57	00:37:04	00:42:33	01:54:33	443	05:56:01
522	2471	Ingo Oldenettel	Ihlow	M45	GER	00:40:37	518	02:48:57	358	03:37:09	407	00:43:23	00:44:39	00:45:31	02:13:32	667	05:56:17
523	2534	Leon Schuurbijs	Bergen op Zoom	M45	NED	00:40:32	512	03:06:41	622	03:55:07	604	00:38:59	00:37:48	00:38:21	01:55:07	455	05:56:22
524	2780	Richard Stuivenvolt	Nieuwegein	M55	NED	00:44:23	680	03:06:33	619	03:58:23	632	00:35:51	00:37:20	00:38:42	01:51:53	398	05:56:52
525	2778	Rainer Burger	Veitshöchheim	M55	GER	00:43:14	630	03:04:18	588	03:55:06	603	00:39:05	00:38:36	00:38:15	01:55:54	469	05:56:53
526	3029	Isabelle Koning	Uithoorn	F25	NED	00:37:14	333	03:10:41	664	03:52:55	575	00:38:51	00:39:25	00:40:36	01:58:51	517	05:56:59
527	2762	Andreas Derksen	Willebadessen	M55	GER	00:56:25	856	02:48:45	352	03:51:55	565	00:38:36	00:39:53	00:40:41	01:59:09	523	05:57:00
528	2182	Jochem Hillen	Amsterdam	M30	NED	00:41:24	555	03:02:05	553	03:50:12	552	00:39:14	00:41:27	00:41:08	02:01:49	561	05:57:02
529	3150	Jolanda Van Overbeek	Amersfoort	F40	NED	00:47:47	764	02:55:00	454	03:49:24	545	00:38:44	00:40:35	00:42:13	02:01:31	556	05:57:12
530	2029	Merijn Zirkzee	Noordwijkerhout	MU24	NED	00:48:00	767	03:11:01	667	04:06:50	692	00:32:14	00:33:56	00:35:28	01:41:37	223	05:57:18
531	2786	Ewout Ruitenbergh	Bunschoten-Spakenburg	M55	NED	00:48:32	779	03:03:56	583	04:01:21	656	00:34:41	00:35:57	00:37:58	01:48:34	345	05:57:29
532	3074	Emma Van Emmerik	SHUTESBURY	F30	NED	00:35:51	276	03:14:22	698	03:56:33	612	00:39:32	00:38:32	00:36:19	01:54:21	438	05:57:44
533	2255	Christiaan Høvig	Amsterdam	M35	NED	00:39:45	471	02:52:47	423	03:38:08	417	00:39:33	00:46:04	00:49:52	02:15:28	686	05:57:49
534	2692	Peter Kenis	Wilrijk	M50	BEL	00:42:48	609	03:06:50	624	03:57:56	629	00:35:55	00:38:16	00:39:08	01:53:18	424	05:57:50
535	3102	Maartje Dijkgraaf	DE BILT	F35	NED	00:54:18	842	03:00:00	524	04:04:12	672	00:34:52	00:35:31	00:36:00	01:46:21	314	05:57:54
536	2192	Martijn Van Steijn	Amsterdam	M30	NED	00:40:56	536	03:10:41	663	03:59:09	636	00:39:21	00:37:55	00:37:26	01:54:41	446	05:58:34
537	2537	Arnoud Korsuize	Nieuw-Vennep	M45	NED	00:39:44	468	03:07:59	633	03:55:19	605	00:37:00	00:40:08	00:40:36	01:57:42	500	05:58:57
538	3172	Susan Hijman	Nieuwkoop	F45	NED	00:44:02	669	02:49:51	373	03:39:50	438	00:43:40	00:48:01	00:42:35	02:14:15	673	05:59:12
539	2085	Loïck Landais	Lille	M25	FRA	00:51:13	810	03:04:28	589	04:05:57	684	00:33:30	00:35:03	00:34:27	01:42:59	256	05:59:15
540	3066	Daniëlle Van Der Meulen	Arnhem	F30	NED	00:39:25	449	03:02:11	554	03:49:24	544	00:37:45	00:40:43	00:43:54	02:02:20	565	05:59:40
541	2650	Jens Lamberg Karreman	Zaltbommel	M50	NED	00:41:56	575	03:02:21	558	03:50:39	558	00:39:23	00:40:01	00:40:57	02:00:20	541	05:59:43

542	3132	Linda Rakers	Emmen	F40	NED	00:39:14	436	03:14:12	695	04:00:20	645	00:36:39	00:37:54	00:40:30	01:55:01	451	06:00:35
543	2611	Harm Brouwer	Almere	M50	NED	00:40:54	534	03:02:54	564	04:04:17	674	00:36:03	00:37:23	00:37:51	01:51:16	390	06:00:37
544	2379	Matthijs Van Almen	Dordrecht	M40	NED	00:40:43	524	03:14:41	702	04:05:27	679	00:33:26	00:36:23	00:39:34	01:49:22	360	06:00:50
545	2299	Pavlo Melnyk	Amsterdam	M35	UKR	00:50:43	808	03:11:13	669	04:08:57	706	00:35:25	00:35:38	00:35:26	01:46:29	315	06:00:52
546	2629	Sjoerd Betten	Garnwerd	M50	NED	00:43:38	649	02:51:14	397	03:41:22	460	00:40:20	00:44:07	00:49:21	02:13:48	668	06:00:54
547	2272	Niels De Water	Den Haag	M35	NED	00:40:38	520	03:01:56	549	03:50:00	549	00:39:05	00:41:51	00:43:50	02:04:45	583	06:01:18
548	2257	Geert Pouders	Lommel	M35	BEL	00:48:00	768	03:09:11	647	04:06:41	687	00:33:51	00:35:32	00:36:17	01:45:38	301	06:01:23
549	3125	Petra Van Assema	Uitgeest	F40	NED	00:39:29	453	03:08:24	637	03:54:10	592	00:37:56	00:40:43	00:42:58	02:01:36	558	06:01:47
550	3233	Nicole Loeve	Helmond	F55	NED	00:45:10	700	03:18:10	728	04:10:44	717	00:34:45	00:35:19	00:34:14	01:44:17	275	06:02:00
551	2642	Feico Eppinga	Naarden	M50	NED	00:40:54	533	02:57:22	479	03:50:02	550	00:37:12	00:42:47	00:45:03	02:05:01	587	06:02:13
552	2688	Maurice Bosma	Best	M50	NED	00:38:35	405	03:08:31	639	03:54:41	601	00:35:55	00:40:39	00:46:07	02:02:40	569	06:02:22
553	2747	Albert Callenbach	Almere	M55	NED	00:45:34	715	02:59:14	512	03:50:14	553	00:39:58	00:42:54	00:44:32	02:07:23	615	06:02:34
554	2829	Ton Sweep	Geertruidenberg	M60	NED	00:40:05	486	03:05:13	596	03:52:43	572	00:37:24	00:40:28	00:43:25	02:01:16	553	06:02:35
555	2405	Coen Dijkman	Almere	M40	NED	00:46:58	750	02:59:03	506	03:52:42	571	00:38:44	00:41:24	00:44:49	02:04:56	584	06:02:35
556	3192	Esmeralda Veldkamp	Almere	F50	NED	00:46:17	736	03:10:30	662	04:04:16	673	00:35:34	00:37:41	00:39:27	01:52:41	411	06:02:38
557	2148	Ziga Tratensek	Amsterdam	M30	SLO	00:45:47	722	03:09:21	649	04:01:05	653	00:36:35	00:39:24	00:40:46	01:56:44	487	06:02:40
558	2685	Bob Rozema	Amsterdam	M50	NED	00:40:34	513	03:20:56	746	04:07:59	700	00:34:51	00:36:20	00:36:53	01:48:03	337	06:02:49
559	2420	Bas Rookhuijzen	Nederlands	M40	NED	00:45:54	724	03:00:28	532	03:53:24	585	00:36:19	00:41:32	00:46:17	02:04:07	576	06:02:58
560	2316	Leroy Pronk	Amsterdam	M35	NED	00:44:19	677	03:09:21	650	03:59:26	639	00:39:41	00:41:24	00:38:08	01:59:12	526	06:03:29
561	2264	Martijn Hoving		M35	NED	00:49:22	789	02:52:50	424	03:50:37	555	00:37:58	00:41:04	00:47:21	02:06:22	600	06:03:44
562	3198	Jolanda Kroese	Almere	F50	NED	00:35:28	255	03:09:24	652	03:50:55	560	00:42:45	00:42:11	00:42:49	02:07:44	621	06:03:55
563	2339	Frank Broekhof	AMERSFOORT	M35	NED	00:42:40	601	03:06:05	610	03:56:44	615	00:37:31	00:40:14	00:43:59	02:01:43	560	06:04:05
564	3174	Natasha Burley	Aviemore	F45	GBR	00:42:46	606	03:07:42	629	03:56:29	610	00:41:10	00:40:48	00:40:05	02:02:03	563	06:04:06
565	2693	James Angel	hassocks	M50	GBR	00:42:46	605	03:06:07	611	03:56:59	618	00:38:56	00:39:43	00:41:34	02:00:12	538	06:04:11
566	3187	Nienke Van Trommel	Amersfoort	F45	NED	00:49:51	799	03:03:46	576	04:01:28	657	00:36:16	00:38:37	00:40:35	01:55:27	463	06:04:15
567	2789	Mark Van Der Pol	Renkum	M55	NED	00:38:14	387	02:55:15	456	03:41:47	465	00:41:37	00:45:25	00:48:49	02:15:50	690	06:04:19
568	2498	Scott Steven	Bathgate	M45	GBR	00:43:51	661	03:05:06	594	03:58:52	635	00:36:15	00:39:42	00:41:55	01:57:51	502	06:04:21
569	2089	Jan Wiegner	Utrecht	M25	GER	00:43:07	627	02:59:04	507	04:00:04	642	00:37:36	00:39:48	00:40:23	01:57:46	501	06:04:25
570	2344	Mark Weber	Almere	M40	NED	00:37:37	356	03:01:37	545	03:44:57	496	00:41:01	00:45:33	00:47:32	02:14:05	669	06:04:26
571	2782	Gerrit Verbeek	Kwintsheul	M55	NED	00:43:44	654	02:54:30	442	03:45:44	506	00:40:45	00:44:23	00:47:39	02:12:46	660	06:04:27
572	2591	Koen Deurloo	Amsterdam	M45	NED	00:52:28	822	03:03:30	570	04:04:35	676	00:35:25	00:38:21	00:39:33	01:53:18	423	06:04:33
573	2268	Paul Adriaensen	Antwerpen	M35	BEL	00:41:44	568	03:03:05	565	03:52:59	577	00:39:14	00:42:15	00:44:10	02:05:39	591	06:04:35
574	2441	Iain Johnston	Woodbridge	M40	GBR	00:35:30	258	03:09:20	648	03:52:23	568	00:36:18	00:45:11	00:45:56	02:07:24	616	06:04:38
575	2457	Sebastiaan De Vries	Laren nh	M40	NED	00:40:29	507	03:00:13	527	03:46:25	509	00:40:44	00:44:59	00:47:23	02:13:05	663	06:04:48
576	2656	Aris Prins	Almere	M50	NED	00:34:53	220	02:54:16	439	03:37:28	410	00:41:50	00:47:41	00:49:54	02:19:23	719	06:04:57
577	2223	Phil Burzan	Stuttgart	M30	GER	00:41:39	564	03:08:40	641	04:00:10	643	00:37:54	00:38:49	00:39:27	01:56:08	473	06:04:58
578	2490	René Rosso	Mönchengladbach	M45	GER	00:39:39	462	03:01:28	540	03:48:11	529	00:40:58	00:43:25	00:45:55	02:10:17	641	06:05:29
579	3080	Maite Coloma	Santiago	F30	CHI	00:39:43	467	03:05:51	607	03:51:43	563	00:41:43	00:42:53	00:44:15	02:08:50	634	06:05:31

580	3179	Margreet Mak	Nijkerkerveen	F45	NED	00:40:52	530	03:05:58	609	03:52:57	576	00:41:24	00:43:00	00:43:09	02:07:32	618	06:05:39
581	2649	Edwin Grotenhuis	Zutphen	M50	NED	00:37:09	331	02:59:10	511	03:42:19	471	00:42:23	00:45:46	00:49:09	02:17:17	705	06:05:47
582	3213	Brenda Splinter	Almere	F50	NED	00:45:15	708	02:58:22	492	03:51:19	562	00:41:50	00:41:20	00:44:48	02:07:57	625	06:05:53
583	2737	Joop Rasser	Leiderdorp	M55	NED	00:37:26	348	02:52:00	410	03:35:51	392	00:43:18	00:46:48	00:54:10	02:24:15	752	06:05:59
584	2326	Florian De Vries	Dronrijp	M35	NED	00:34:40	208	03:09:31	654	03:51:44	564	00:39:45	00:42:01	00:45:39	02:07:23	614	06:06:10
585	2208	Steven De Rooij	Nunspeet	M30	NED	00:43:46	658	03:13:14	688	04:07:37	698	00:36:11	00:36:50	00:37:20	01:50:19	373	06:06:13
586	2530	Carlos Ubeda	Zuid Holland	M45	NZL	00:47:33	758	03:19:31	736	04:15:31	741	00:34:30	00:36:23	00:34:37	01:45:29	298	06:06:14
587	3253	Brigitta Commandeur	Sint Pancras	F60	NED	00:43:31	644	03:06:41	621	03:58:34	633	00:38:51	00:39:48	00:43:00	02:01:37	559	06:06:17
588	3236	Ellen Wilms	Opijnen	F55	NED	00:42:04	582	03:10:07	657	03:57:52	626	00:39:31	00:41:23	00:41:32	02:02:25	566	06:06:26
589	2278	Richard Simon	Dietenheim	M35	GER	00:41:09	545	02:59:25	515	03:49:11	541	00:40:31	00:43:16	00:44:24	02:08:10	626	06:06:35
590	3180	Kim Kardinaal	Noord-Scharwoude	F45	NED	00:43:13	628	03:09:21	651	03:58:42	634	00:40:21	00:40:54	00:41:26	02:02:40	568	06:07:09
591	3032	Manon Van Esch	Heukelom	F25	NED	00:26:40	4	03:14:32	701	03:46:24	508	00:41:27	00:45:55	00:47:51	02:15:12	683	06:07:25
592	2431	Ilko Bosman	Arnhem	M40	NED	00:45:59	729	02:50:17	380	03:43:18	481	00:42:10	00:49:08	00:47:35	02:18:52	715	06:07:30
593	3208	Susanne Becker	Düsseldorf	F50	GER	00:43:54	663	03:06:25	616	03:55:57	607	00:40:10	00:42:34	00:43:12	02:05:55	595	06:07:33
594	3207	Karin Brosens	Halen	F50	BEL	00:40:50	528	03:06:42	623	03:54:34	599	00:38:52	00:42:22	00:45:01	02:06:14	598	06:07:33
595	2575	Ronald Ophorst	Soest	M45	NED	00:42:36	597	03:06:23	614	03:56:33	611	00:37:17	00:42:24	00:46:20	02:06:00	596	06:07:49
596	2153	Patrick Michl	Münzkirchen	M30	AUT	00:42:56	618	03:13:45	691	04:02:05	662	00:41:18	00:39:19	00:39:03	01:59:40	531	06:07:59
597	2672	Thomas Reiter	Groß-Zimmern	M50	GER	00:39:20	443	02:53:34	432	03:39:17	431	00:43:56	00:47:06	00:51:39	02:22:40	745	06:08:06
598	2079	Jonathan Winkelman	ALMERE	M25	NED	00:47:00	751	02:48:32	348	03:50:06	551	00:40:41	00:42:15	00:47:43	02:10:38	646	06:08:16
599	2821	Hans Peter Sailer	Brittnau	M60	SUI	00:48:08	770	03:00:37	533	03:57:35	622	00:40:02	00:40:43	00:42:04	02:02:48	570	06:09:02
600	2386	Florens Booiij	Amersfoort	M40	NED	00:48:30	778	03:19:14	735	04:15:28	740	00:35:35	00:36:51	00:36:49	01:49:14	354	06:09:29
601	3106	Sanja De Vries	Nigtevecht	F35	NED	00:51:30	811	03:12:56	686	04:11:30	722	00:36:22	00:37:40	00:38:51	01:52:52	414	06:09:32
602	2435	Marinus Mulder	Middelburg	M40	NED	00:40:53	532	03:00:00	525	03:47:38	521	00:43:40	00:44:11	00:47:02	02:14:52	681	06:09:41
603	2366	Gerben Van Eekelen	Hoevelaken	M40	NED	00:45:12	704	03:10:23	660	04:03:21	666	00:37:30	00:39:28	00:42:48	01:59:45	532	06:09:43
604	2247	Raymon Bouman	Spijkenisse	M35	NED	00:39:12	434	03:02:41	562	03:48:10	527	00:40:26	00:44:10	00:52:31	02:17:06	702	06:10:08
605	2265	Wesley Bouman	spijkenisse	M35	NED	00:39:12	435	03:02:43	563	03:48:11	528	00:40:27	00:44:10	00:52:31	02:17:06	703	06:10:10
606	2828	Piet Klaaijzen	Hoogvliet	M60	NED	00:44:21	678	03:05:03	592	03:54:21	594	00:40:46	00:44:33	00:46:57	02:12:16	658	06:10:16
607	2143	Jan Schurawski	Dortmund	M30	GER	00:41:38	563	03:03:20	568	03:50:29	554	00:37:29	00:46:37	00:50:20	02:14:25	674	06:10:22
608	2758	Hans Van Wijk	Veen	M55	NED	00:45:01	697	03:14:19	697	04:06:44	688	00:36:27	00:38:59	00:42:06	01:57:32	498	06:10:27
609	2667	Bob Kluft	Alkmaar	M50	NED	00:45:33	714	02:59:27	516	03:53:33	587	00:41:35	00:43:34	00:45:53	02:11:01	649	06:10:36
610	2508	Jordi Boer	Enschede	M45	NED	00:40:56	537	02:54:42	445	03:42:53	477	00:43:30	00:47:11	00:51:32	02:22:12	742	06:11:03
611	2607	Sander Kerkhof	Kortenhoef	M50	NED	00:41:35	559	03:01:50	548	03:48:26	531	00:39:21	00:44:00	00:54:25	02:17:45	710	06:11:13
612	2526	Rene Van De Klift	De Meern	M45	NED	00:43:44	655	03:03:39	573	03:53:34	588	00:41:03	00:43:35	00:46:31	02:11:09	651	06:11:28
613	3182	Hanneloor Van Der Weijden	Amsterdam	F45	NED	00:50:39	807	03:07:45	630	04:08:38	703	00:37:14	00:37:56	00:38:55	01:54:04	430	06:11:38
614	2531	Martijn Kooistra	Heemskerk	M45	NED	00:43:30	642	03:19:14	734	04:10:07	712	00:37:05	00:38:57	00:40:51	01:56:52	490	06:11:40
615	2419	Maarten Conings	borgerhout	M40	BEL	00:41:38	562	03:05:49	604	03:54:39	600	00:41:12	00:43:44	00:45:40	02:10:35	644	06:11:54
616	2837	Ruud Fokker	Lelystad	M60	NED	00:49:52	800	03:09:06	645	04:06:49	691	00:37:50	00:40:00	00:40:48	01:58:38	512	06:11:57

617	3206	Gabri Papen	Rosmalen	F50	NED	00:45:27	711	03:13:56	692	04:06:45	689	00:38:42	00:39:51	00:40:39	01:59:11	525	06:11:57
618	2162	Otto Fernando Alvarado Franco	Guatemala	M30	GUA	00:42:08	586	02:55:44	462	03:45:16	501	00:45:17	00:46:47	00:48:28	02:20:30	733	06:12:23
619	2663	Gerrit Jan Koopman	Maarssen	M50	NED	00:44:40	688	03:14:41	703	04:07:25	695	00:37:01	00:40:11	00:41:38	01:58:49	515	06:12:36
620	2103	Âne Harder	Utrecht	M25	NED	00:42:39	600	03:08:16	636	03:57:53	627	00:40:04	00:43:50	00:44:55	02:08:48	633	06:12:39
621	2426	Ramon Kinneging	Nieuwegein	M40	NED	00:38:46	412	03:02:19	556	03:47:30	517	00:44:24	00:44:32	00:51:07	02:20:03	725	06:12:47
622	3238	Yvonne Zon-Tiggerdine	Almere	F55	GBR	00:45:59	728	03:15:56	716	04:11:48	723	00:37:12	00:37:38	00:39:30	01:54:18	437	06:12:56
623	2740	Frank Rietbrock	Scheeßel	M55	GER	00:41:07	544	02:59:47	518	03:47:07	513	00:46:23	00:47:04	00:46:47	02:20:13	730	06:12:59
624	2678	R.J Van Zanten	Naaldwijk	M50	NED	00:39:54	478	02:58:26	494	03:44:07	491	00:42:31	00:48:41	00:50:54	02:22:05	741	06:13:01
625	2764	Jurgen Richter	Beuningen	M55	NED	00:44:25	681	03:03:41	574	03:54:26	597	00:40:33	00:42:49	00:49:25	02:12:46	661	06:13:15
626	2423	Mark Van Der Louw	Den Haag	M40	NED	00:47:32	757	03:06:26	617	04:01:44	659	00:41:26	00:42:26	00:41:08	02:04:59	586	06:13:37
627	3194	Eileen Althans	Edemissen	F50	GER	00:43:55	664	03:18:51	731	04:11:56	724	00:37:05	00:37:59	00:39:41	01:54:44	447	06:14:02
628	2630	Ivo Keulards	Hooglanderveen	M50	NED	00:43:42	650	02:57:15	478	03:47:21	515	00:39:22	00:46:19	00:54:12	02:19:52	722	06:14:27
629	2542	Xander Hendrixx	Leidschendam	M45	NED	00:55:53	855	03:03:19	567	04:05:49	683	00:35:10	00:41:42	00:44:12	02:01:03	549	06:14:28
630	2462	Moti Erdeapel	Amsterdam	M40	ISR	00:45:58	727	03:39:39	821	04:37:06	817	00:44:16	00:45:12	00:00:08	01:29:36	60	06:14:33
631	3178	Eva Borstlap	Den Haag	F45	NED	00:40:41	523	03:20:02	740	04:08:06	702	00:38:41	00:41:11	00:40:54	02:00:44	547	06:14:35
632	2473	Sijmen Talhout	Franeker	M45	NED	00:43:28	639	03:00:50	535	03:56:04	608	00:39:14	00:44:09	00:45:58	02:09:19	636	06:15:08
633	3092	Mareike Piper-Sanny	Eddelak	F35	GER	00:42:36	596	03:03:44	575	03:54:31	598	00:40:53	00:44:22	00:48:58	02:14:12	671	06:15:21
634	2853	Paul Landsmeer	Dordrecht	M65	NED	00:46:16	735	03:15:18	708	04:13:16	731	00:37:48	00:38:19	00:38:30	01:54:36	445	06:15:36
635	3035	Ellie Cross	Cambridge	F25	GBR	00:40:52	531	03:05:15	597	03:52:35	570	00:43:19	00:46:12	00:45:09	02:14:39	676	06:15:50
636	2320	Lukasz Sztanderski	Hoogvliet	M35	POL	00:52:12	817	03:03:56	582	04:04:18	675	00:42:00	00:41:05	00:41:08	02:04:12	578	06:16:16
637	2647	Ralf Korte	Münster	M50	GER	00:47:03	753	03:01:09	538	03:57:35	623	00:42:39	00:44:34	00:44:04	02:11:17	653	06:16:20
638	2480	Stef De Moor	Vleuten	M45	NED	00:38:01	377	03:10:47	666	03:56:34	613	00:41:11	00:45:00	00:48:03	02:14:12	672	06:16:30
639	2382	Michiel Beets	Apeldoorn	M40	NED	00:38:13	386	03:08:57	643	03:53:47	589	00:36:00	00:41:42	00:59:17	02:16:58	701	06:16:31
640	2164	Coen Manders	Den Dungen	M30	NED	00:42:37	598	03:09:27	653	04:04:07	671	00:37:24	00:40:10	00:47:25	02:04:59	585	06:16:45
641	2799	Roland Lindeloo	Voorburg	M55	NED	00:46:51	748	03:14:24	699	04:10:31	715	00:37:51	00:38:25	00:43:02	01:59:17	528	06:16:49
642	2756	Carsten Hasenbank	Preetz	M55	GER	00:41:01	539	02:58:43	498	03:47:32	518	00:44:30	00:48:24	00:50:34	02:23:27	748	06:16:59
643	2248	Guido Van Seeters	Utrecht	M35	NED	00:46:52	749	03:16:41	720	04:11:30	721	00:40:08	00:38:52	00:39:55	01:58:54	519	06:17:24
644	2852	Stephan Petrasch	Schermbeck	M65	GER	00:42:13	589	03:11:25	671	04:01:02	651	00:42:52	00:43:28	00:43:14	02:09:33	638	06:17:27
645	2493	Lammert Makkink	Amersfoort	M45	NED	00:53:52	834	03:11:28	672	04:15:43	743	00:36:59	00:39:08	00:40:34	01:56:40	485	06:17:52
646	2458	Jens Heyman	Geraardsbergen	M40	BEL	00:49:35	793	03:11:50	676	04:07:29	696	00:39:39	00:39:48	00:42:02	02:01:29	555	06:18:02
647	2653	Arno Bos	Valkenswaard	M50	NED	00:42:43	603	03:14:12	696	04:05:04	677	00:38:11	00:41:41	00:46:35	02:06:26	602	06:18:08
648	2774	Marc Ditmarsch	Den Haag	M55	NED	00:42:59	622	03:06:16	613	04:00:21	646	00:39:04	00:44:46	00:44:36	02:08:25	631	06:18:28
649	2627	Geert-Jan Kruijff	Blieskastel	M50	NED	00:45:15	707	03:11:30	673	04:05:31	681	00:35:49	00:43:25	00:46:55	02:06:08	597	06:19:05
650	3225	Kerstin Tews	Kaltenkirchen	F55	GER	00:35:41	269	03:17:51	727	04:01:02	652	00:41:15	00:45:36	00:46:33	02:13:22	665	06:19:14
651	2773	Rob Poels	Arnhem	M55	NED	00:41:56	576	03:16:49	721	04:05:30	680	00:40:51	00:42:47	00:44:36	02:08:13	627	06:19:19
652	2700	Rene Theelen	Best	M50	NED	00:46:20	738	03:11:11	668	04:06:23	685	00:37:59	00:42:17	00:46:19	02:06:34	604	06:19:27
653	2576	Remko Toorenburgh	Almere-Stad	M45	NED	00:36:47	322	03:03:52	579	03:45:27	504	00:43:42	00:50:32	00:53:05	02:27:19	762	06:19:28

654	2739	Dennis Van Oudheusden	Almere	M55	NED	00:44:26	682	03:08:46	642	04:00:23	647	00:40:21	00:46:08	00:48:13	02:14:41	678	06:20:15
655	2181	Thomas Wals	Purmerend	M30	NED	00:40:09	493	03:03:28	569	03:48:36	536	00:42:01	00:51:29	00:52:32	02:26:01	756	06:20:27
656	2478	Frederik Dousy	Roeselare	M45	BEL	00:36:23	302	03:14:59	705	03:58:08	630	00:42:05	00:44:36	00:49:13	02:15:52	691	06:20:48
657	2580	Remco Veltkamp	Amersfoort	M45	NED	00:57:23	859	03:14:09	694	04:21:27	765	00:35:04	00:37:33	00:40:22	01:52:58	415	06:21:03
658	2087	Elliott Höll	Etterbeek	M25	BEL	00:50:34	806	03:10:09	658	04:08:56	705	00:37:54	00:43:39	00:45:05	02:06:37	606	06:21:10
659	3009	Sonja De Laat	Heemskerk	FU24	NED	00:49:48	795	03:29:23	782	04:25:12	777	00:35:47	00:37:16	00:37:57	01:50:58	384	06:21:12
660	2834	Jan Kars	ALMERE	M60	NED	00:52:26	821	03:10:06	656	04:15:01	737	00:36:33	00:38:44	00:39:31	01:54:47	448	06:21:14
661	3200	Claudia Lux	Karlsfeld	F50	GER	00:52:15	818	03:11:53	677	04:11:02	719	00:38:48	00:41:40	00:43:37	02:04:04	575	06:21:24
662	3135	Evi Cuppers	Schulen	F40	BEL	00:40:03	485	03:23:24	754	04:10:27	714	00:39:25	00:42:15	00:43:25	02:05:04	588	06:21:42
663	3211	Angelina Kuijpers	Amersfoort	F50	NED	00:44:53	692	03:07:23	627	03:58:12	631	00:44:08	00:46:00	00:47:18	02:17:26	707	06:21:47
664	2813	Martin Lieberom	Almere	M60	NED	00:41:47	570	03:10:46	665	03:59:49	641	00:40:00	00:47:18	00:49:17	02:16:34	697	06:21:47
665	3062	Lisa Heitz	Steinen	F30	GER	00:44:05	671	03:11:32	674	04:01:56	660	00:43:18	00:44:49	00:46:37	02:14:44	680	06:21:47
666	2735	Alfred Gerlach	Zeewolde	M55	NED	00:42:32	594	03:03:46	577	03:53:21	584	00:42:04	00:48:45	00:52:00	02:22:48	746	06:22:42
667	3167	Anke De Boer - Van Genesen	Almere	F45	NED	00:41:12	547	03:20:39	743	04:08:49	704	00:39:50	00:44:04	00:44:27	02:08:20	629	06:22:54
668	2854	Koos Jansen	Enschede	M65	NED	00:45:11	702	03:05:35	601	03:59:44	640	00:42:18	00:45:28	00:48:16	02:16:01	693	06:23:33
669	3139	Dorte Olesen	7500	F40	DEN	00:52:17	819	03:12:37	683	04:12:36	727	00:40:37	00:42:02	00:41:53	02:04:31	581	06:24:13
670	2327	Gerben Kollaard	Apeldoorn	M35	NED	00:40:16	499	03:12:00	680	04:01:19	655	00:32:53	00:36:39	01:07:35	02:17:06	704	06:24:15
671	2346	Hugo Gatjens	Davie	M40	PER	00:41:46	569	03:09:36	655	03:59:23	638	00:47:49	00:45:54	00:44:08	02:17:49	711	06:24:33
672	2820	Henk Verhoek	Geervliet	M60	NED	00:47:38	761	03:15:22	710	04:09:52	710	00:40:33	00:42:49	00:44:55	02:08:16	628	06:24:48
673	2766	Gerard Timmermans	Waalwijk	M55	NED	00:39:15	439	03:19:35	737	04:08:06	701	00:39:20	00:43:26	00:44:51	02:07:36	620	06:24:50
674	2794	Ronald Koch	ALMERE	M55	NED	00:36:13	295	02:56:14	470	03:37:01	406	00:45:54	00:58:42	00:57:37	02:42:11	795	06:25:53
675	2032	Robbie Weber	Rotterdam	MU24	NED	00:44:15	676	03:13:37	690	04:05:32	682	00:36:59	00:44:58	00:52:47	02:14:43	679	06:26:09
676	2806	Holger Meihnsner	Altenholz	M55	GER	00:45:53	723	03:41:25	828	04:38:30	821	00:32:11	00:34:33	00:34:22	01:41:05	213	06:26:09
677	2768	Mark Peter Rooduijn	Bergschenhoek	M55	NED	00:44:02	668	03:04:55	590	04:01:15	654	00:41:44	00:44:58	00:49:34	02:16:15	694	06:27:10
678	2476	Jesper Jonassen	Horsens	M45	DEN	00:35:31	260	02:59:59	523	03:41:31	462	00:45:28	00:55:21	00:58:42	02:39:30	789	06:27:23
679	2225	Tobias Fuchte	Erlangen	M30	GER	00:41:40	565	03:12:49	685	04:02:18	664	00:47:05	00:47:02	00:44:50	02:18:57	717	06:27:59
680	2220	Wouter Holtslag	Noord Brabant	M30	NED	00:49:32	792	03:22:22	751	04:20:13	759	00:39:23	00:41:01	00:40:49	02:01:11	551	06:28:26
681	3234	Birgit Kranz	Herzogenrath	F55	GER	00:39:27	451	03:23:40	755	04:12:08	725	00:39:48	00:43:34	00:47:09	02:10:29	643	06:28:29
682	3090	Yvonne Poel	Limmen	F35	NED	00:44:50	691	03:20:36	742	04:14:31	736	00:41:29	00:42:16	00:42:52	02:06:37	605	06:28:58
683	2545	Cord Rohlf	Bad Zwischenahn	M45	GER	00:38:33	404	03:01:59	551	03:53:12	579	00:47:33	00:49:11	00:52:42	02:29:25	767	06:29:47
684	2152	Richard Treffers	Almere	M30	NED	00:55:32	851	03:15:06	706	04:16:59	749	00:39:26	00:42:23	00:45:44	02:07:32	619	06:29:53
685	2489	Mario Sauer	Lorsch	M45	GER	00:46:25	739	03:21:24	749	04:17:36	752	00:39:36	00:42:24	00:44:48	02:06:47	609	06:30:48
686	2900	Sanne Van Ark	Amstelveen	F35	NED	00:39:09	428	03:16:26	718	04:05:13	678	00:44:35	00:45:22	00:45:22	02:15:19	684	06:31:01
687	2751	John Vermeulen	NH	M55	NED	00:45:09	699	03:20:18	741	04:13:26	733	00:40:08	00:42:24	00:43:14	02:05:45	594	06:31:05
688	2336	Rens Evers	Alkmaar, Noord Holland	M35	NED	00:33:04	135	03:20:48	745	04:01:42	658	00:44:10	00:48:52	00:49:51	02:22:52	747	06:31:12

689	2411	Gijs Van Pelt	Dordrecht	M40	NED	00:44:29	684	03:11:57	678	04:03:59	669	00:42:13	00:47:41	00:50:04	02:19:57	724	06:31:18
690	2131	Andrés Vargas	Woerden	M30	CRC	00:40:11	495	02:58:19	490	03:43:49	487	00:46:57	00:56:14	00:57:09	02:40:19	792	06:31:43
691	2694	Stephan Ockers	Heerhugowaard	M50	NED	00:43:51	660	03:25:26	760	04:17:12	750	00:37:10	00:42:09	00:47:02	02:06:20	599	06:31:49
692	2687	Roger Keizer	Netherlands	M50	NED	00:36:21	301	03:15:23	711	04:00:41	648	00:46:01	00:47:25	00:47:19	02:20:44	735	06:32:08
693	2613	Jan Van Der Meulen	Huissen	M50	NED	00:45:45	721	03:13:00	687	04:09:00	707	00:41:45	00:46:12	00:46:37	02:14:33	675	06:32:27
694	2287	Wesley De Veer	Den Dungen	M35	NED	00:50:20	804	03:17:20	724	04:17:44	754	00:38:21	00:41:59	00:46:13	02:06:32	603	06:32:49
695	2488	John Bolleboom	Zoeterwoude	M45	NED	00:39:14	437	02:48:46	353	03:35:13	383	00:42:00	00:53:14	01:15:25	02:50:39	805	06:32:58
696	2810	Wim Cox	Roermond	M55	NED	00:52:57	828	03:19:54	739	04:25:10	775	00:39:35	00:40:26	00:40:11	02:00:11	536	06:33:09
697	3086	Suzanne Kortekaas	Almere	F35	NED	00:40:00	483	03:29:27	783	04:16:00	744	00:40:19	00:44:38	00:47:28	02:12:24	659	06:33:27
698	3082	Lieve Moelans	Lommel	F35	BEL	00:41:48	571	03:18:58	733	04:07:33	697	00:45:18	00:46:00	00:47:45	02:19:02	718	06:33:47
699	2760	Harry Langeveld	Uithoorn	M55	NED	00:49:54	801	03:12:48	684	04:14:13	734	00:41:26	00:43:33	00:46:02	02:11:00	648	06:33:55
700	3045	Esther Hazenoot	Leiden	F25	NED	00:47:36	760	03:26:59	772	04:21:10	763	00:40:21	00:42:22	00:45:42	02:08:24	630	06:34:29
701	2552	John Hillebrand	Zierikzee	M45	NED	00:39:14	438	03:07:21	626	04:02:13	663	00:40:48	00:45:13	00:54:19	02:20:19	732	06:35:08
702	3221	Pia Soetebier	Almere	F55	NED	00:43:45	656	03:32:12	796	04:27:53	786	00:36:43	00:39:08	00:45:09	02:01:00	548	06:35:30
703	2579	Lennox De Ronde	Diemen	M45	NED	00:46:37	744	03:11:43	675	04:12:29	726	00:41:24	00:44:39	00:49:09	02:15:11	682	06:35:52
704	3006	Zoë Stengewis	Purmerend	FU24	NED	00:43:57	666	03:07:50	632	03:57:26	620	00:47:57	00:52:49	00:52:38	02:33:23	775	06:36:07
705	2539	Jurgen Schreuder	Bussum	M45	NED	00:34:49	216	03:34:23	803	04:16:15	746	00:44:07	00:43:42	00:42:49	02:10:37	645	06:36:19
706	3109	Sarah Van Dyk	Amsterdam	F35	USA	00:43:31	645	03:11:59	679	04:03:31	667	00:45:41	00:49:17	00:51:26	02:26:23	758	06:36:24
707	2289	Kenny Van Midden	Utrecht	M35	NED	00:40:26	506	03:16:55	722	04:06:33	686	00:43:08	00:48:57	00:51:40	02:23:44	749	06:36:54
708	3184	Ploenphit Brückmann	Hilversum	F45	NED	00:42:58	619	03:25:43	762	04:16:36	747	00:41:24	00:44:06	00:47:21	02:12:49	662	06:37:16
709	2702	Christopher Alves	Celle	M50	GBR	00:54:34	844	03:09:02	644	04:12:45	729	00:43:08	00:45:22	00:47:31	02:16:00	692	06:37:36
710	2515	Dennis Mensch	Flevoland-Almere	M45	NED	00:42:54	614	03:15:08	707	04:04:05	670	00:43:41	00:50:12	00:52:17	02:26:09	757	06:37:42
711	2024	Wout Van Erp	Asten	MU24	NED	00:52:46	825	03:29:53	785	04:35:22	814	00:36:42	00:38:45	00:41:04	01:56:30	479	06:38:07
712	2088	Jasper Bakker	Amsterdam	M25	NED	00:41:13	548	03:34:23	804	04:42:58	827	00:37:49	00:38:19	00:34:28	01:50:35	376	06:38:27
713	2371	Anton Nightingale	Ipswich	M40	GBR	00:46:45	745	03:26:31	767	04:21:14	764	00:35:54	00:41:25	00:52:48	02:10:07	640	06:38:49
714	2499	Sascha Seidel	Hamburg	M45	GER	00:40:48	526	03:12:37	682	03:59:11	637	00:45:01	00:52:24	00:56:13	02:33:37	776	06:39:27
715	2769	John-Harold Every	Maarssen	M55	NED	00:54:27	843	03:19:52	738	04:23:33	773	00:41:11	00:42:54	00:45:52	02:09:56	639	06:39:42
716	2686	Rienzo Colpo	Amstelveen	M50	ITA	00:39:49	475	03:13:17	689	04:03:33	668	00:46:15	00:49:00	00:51:31	02:26:45	761	06:39:45
717	2803	Sven Michels	Bützow	M55	GER	00:42:48	611	03:21:20	748	04:13:14	730	00:42:05	00:47:19	00:50:48	02:20:11	727	06:39:48
718	3176	Miranda Van Rijswijk	Tilburg	F45	NED	00:47:55	766	03:18:55	732	04:13:22	732	00:43:05	00:45:47	00:48:26	02:17:17	706	06:40:13
719	2840	Cornelius Bontje	Leidschendam	M60	NED	00:45:11	703	02:58:50	502	03:52:49	574	00:47:30	00:52:22	00:58:33	02:38:24	787	06:40:27
720	2505	Hein Van Der Werff	Boxmeer	M45	NED	00:43:34	646	03:26:23	765	04:20:34	760	00:42:04	00:44:59	00:44:58	02:12:00	657	06:40:45
721	2634	Bert Roeterdink	Groenlo	M50	NED	00:36:41	315	03:10:22	659	03:56:18	609	01:01:02	00:50:50	00:46:24	02:38:16	786	06:41:23
722	3224	Patricia Warnke	Oelixedorf	F55	GER	00:42:13	588	03:18:11	729	04:07:00	694	00:49:10	00:48:48	00:48:03	02:26:00	755	06:41:34
723	2501	Remko Van Arkel	Almere	M45	NED	00:49:14	787	03:27:15	773	04:26:53	782	00:39:30	00:41:32	00:46:01	02:07:02	611	06:42:24
724	3177	José Van Meel	Breda	F45	NED	00:44:29	683	03:16:29	719	04:07:52	699	00:46:23	00:50:45	00:52:56	02:30:03	770	06:43:55
725	3122	Daniela Wronski	Arnsberg	F40	GER	00:45:04	698	03:32:20	797	04:27:12	785	00:42:43	00:42:12	00:43:01	02:07:54	623	06:44:26
726	2832	Jesper Carls	Odense C	M60	DEN	00:45:24	710	03:25:35	761	04:21:45	766	00:43:49	00:45:35	00:47:11	02:16:34	698	06:45:25

727	2132	Frank Gieling	Almere	M30	NED	00:46:33	742	03:15:28	712	04:11:11	720	00:44:28	00:50:28	00:51:49	02:26:44	760	06:45:34
728	3209	Steenhoudt Magali	Ophasselt	F50	BEL	00:43:58	667	03:24:50	759	04:16:11	745	00:44:54	00:48:22	00:48:17	02:21:32	737	06:45:48
729	2338	Mikhail Kaduchka	The Hague	M35	RUS	00:51:55	815	03:34:34	805	04:32:51	807	00:39:09	00:42:36	00:45:03	02:06:47	608	06:46:23
730	3130	Cindy Frishert	DORDRECHT	F40	NED	00:44:46	690	03:28:55	781	04:22:23	769	00:44:24	00:46:35	00:47:38	02:18:36	713	06:46:38
731	2136	Shannon Naylor	DONCASTER	M30	GBR	00:53:50	833	03:26:48	771	04:28:26	790	00:41:09	00:44:56	00:45:11	02:11:15	652	06:47:21
732	2765	Michel Bosma	't Veld	M55	NED	00:52:39	824	03:11:14	670	04:15:06	738	00:45:12	00:49:12	00:50:43	02:25:06	753	06:47:43
733	3107	Silke Schubert	Best	F35	GER	00:40:21	502	03:56:07	843	04:44:22	828	00:38:13	00:39:27	00:39:51	01:57:31	497	06:48:32
734	2603	Peter Velten	Almere	M50	NED	00:47:36	759	03:17:05	723	04:22:44	770	00:43:26	00:46:30	00:50:08	02:20:03	726	06:48:35
735	3149	Anastasia Thanou	Αθήνα	F40	GRE	00:43:56	665	03:28:19	776	04:20:57	762	00:45:24	00:45:57	00:48:34	02:19:53	723	06:48:35
736	2578	Dobrin Staykov	London	M45	BUL	00:56:51	857	03:43:02	830	04:51:59	839	00:37:33	00:37:06	00:36:05	01:50:42	378	06:49:10
737	3133	Bianca Ijdens	Almere	F40	NED	00:44:54	694	03:35:02	808	04:25:27	778	00:46:00	00:46:19	00:46:24	02:18:42	714	06:49:29
738	3261	Ingeborg Schoonackers	Almere	F65	NED	00:46:26	740	03:29:52	784	04:28:14	788	00:44:06	00:43:12	00:44:14	02:11:31	655	06:49:50
739	2376	Gerard Kremer	Almere	M40	NED	00:49:51	798	03:24:47	758	04:22:05	768	00:44:42	00:47:00	00:49:24	02:21:05	736	06:50:05
740	3023	Nena Hooghiemstra	Lemmer	F25	NED	00:52:23	820	03:32:24	798	04:31:05	802	00:39:57	00:41:45	00:47:41	02:09:22	637	06:50:29
741	3201	Katoesjka Spronk	Berg en Dal	F50	NED	00:52:51	826	03:27:45	774	04:27:05	783	00:46:39	00:46:23	00:44:25	02:17:27	708	06:50:48
742	3123	Sonja Ricke	Arnsberg	F40	GER	00:54:51	847	03:17:43	726	04:20:39	761	00:43:38	00:51:01	00:49:17	02:23:55	750	06:52:18
743	2697	Ronald Koppen	Netherlands	M50	NED	00:48:53	782	03:33:11	800	04:30:21	799	00:43:39	00:44:31	00:48:16	02:16:24	696	06:52:22
744	3081	Sandra De Looff-Landkroon	Ravels	F35	NED	00:54:16	840	03:26:48	770	04:28:50	793	00:41:09	00:46:14	00:48:55	02:16:18	695	06:52:39
745	3230	Jeanette Verbeek	Kwintsheul	F55	NED	00:42:51	613	03:22:40	752	04:15:39	742	00:46:34	00:50:11	00:51:50	02:28:35	765	06:53:04
746	2193	Amrah Canul	North Brabant	M30	BIZ	00:50:14	802	03:42:09	829	04:40:40	823	00:38:24	00:40:26	00:44:52	02:03:41	573	06:53:15
747	2555	David Gontie	Belgium	M45	BEL	00:43:03	625	03:30:51	788	04:25:27	779	00:40:54	00:47:10	00:46:38	02:14:40	677	06:53:54
748	2547	Antwan Johan An Van De Coevering	Utrecht	M45	NED	00:49:24	790	03:26:33	769	04:24:10	774	00:42:33	00:46:58	00:51:03	02:20:34	734	06:53:58
749	2793	Krijn Teunissen	Bilthoven	M55	NED	00:44:38	687	03:39:32	819	04:34:49	812	00:39:31	00:43:09	00:45:59	02:08:39	632	06:54:25
750	2812	Albert Loots	Almere	M60	NED	00:43:16	632	03:15:19	709	04:12:40	728	00:45:22	00:49:43	00:56:01	02:31:04	772	06:54:36
751	2788	Achim Ghanem	Düsseldorf	M55	GER	00:45:55	725	03:32:56	799	04:31:52	804	00:40:12	00:42:34	00:50:44	02:13:29	666	06:54:51
752	2145	Mike Christiansen	København S	M30	DEN	00:48:10	772	03:44:13	832	04:41:08	824	00:38:03	00:42:10	00:47:14	02:07:26	617	06:54:52
753	3129	Elise Janssen-Veraar	Amsterdam	F40	NED	00:45:56	726	03:38:28	816	04:34:15	810	00:43:13	00:44:03	00:43:40	02:10:55	647	06:55:08
754	2748	Denis Hocke	München	M55	HRV	00:54:18	841	03:21:09	747	04:23:33	772	00:45:11	00:47:43	00:51:19	02:24:12	751	06:55:11
755	3193	Astrid Buffing	Almere	F50	NED	00:46:06	732	03:31:22	792	04:25:35	780	00:42:17	00:49:59	00:50:09	02:22:23	743	06:55:23
756	3171	Liselore Schickendantz	Lemmer	F45	NED	00:49:02	785	03:24:04	757	04:20:08	758	00:48:33	00:48:45	00:49:12	02:26:29	759	06:55:42
757	3196	Ingrid Scheepers	Ooij	F50	NED	00:41:37	560	03:44:27	833	04:33:39	808	00:43:34	00:44:37	00:47:13	02:15:23	685	06:55:52
758	2356	Koen Van Der Kouwe	Alphen aan de Rijn	M40	NED	00:34:44	212	03:33:48	801	04:15:23	739	00:50:18	00:51:09	00:53:07	02:34:33	779	06:55:54
759	3161	Milena Hougardy	Almere	F45	NED	00:42:55	615	03:22:58	753	04:16:44	748	00:44:43	00:49:48	00:50:49	02:25:20	754	06:55:57
760	3227	Minou Weustink	Enschede	F55	NED	00:41:49	573	03:18:18	730	04:10:51	718	00:47:31	00:50:51	00:59:01	02:37:22	782	06:56:07
761	2605	Jan Hollander	Nieuwegein	M50	NED	00:43:30	643	03:32:10	795	04:27:11	784	00:39:20	00:39:06	00:57:07	02:15:33	687	06:57:38

762	3166	Judith Knijnenburg	Utrecht	F45	NED	00:45:21	709	03:37:33	814	04:31:24	803	00:42:22	00:46:42	00:51:07	02:20:11	728	06:57:53
763	2506	Maykel Sanders	Boxmeer	M45	NED	00:43:19	636	03:14:52	704	04:09:17	708	00:46:52	00:54:35	00:59:17	02:40:43	793	06:58:08
764	3203	Andrea Chinnow	Unterhaching	F50	GER	00:42:59	621	03:28:30	777	04:20:01	757	00:45:49	00:51:51	00:53:30	02:31:09	773	06:58:20
765	3210	Michal Finkelstein	Lehavim	F50	ISR	00:48:05	769	03:31:16	790	04:29:52	796	00:44:46	00:47:09	00:48:19	02:20:13	729	06:59:14
766	2816	Roel Timmerman	Tynaarlo	M60	NED	01:01:09	861	03:05:51	605	04:14:15	735	00:52:32	00:51:39	00:53:28	02:37:38	783	06:59:52
767	2280	Dick Bijman	Amsterdam	M35	NED	00:40:37	517	03:30:54	789	04:19:12	756	00:46:38	00:50:32	00:56:47	02:33:56	777	06:59:55
768	3223	Dalva Hubert	Almere	F55	NED	00:41:24	553	03:40:18	824	04:30:23	800	00:42:00	00:48:25	00:51:37	02:22:01	740	07:00:55
769	2862	Ronnie Weustink	Enschede	M55	NED	00:34:04	181	03:26:27	766	04:06:47	690	00:51:42	00:55:47	00:59:44	02:47:12	800	07:01:16
770	3140	Sarah Tomalewicz	London	F40	USA	00:53:53	835	03:31:30	794	04:34:00	809	00:44:46	00:47:35	00:47:54	02:20:14	731	07:01:39
771	2139	Tim Jongerden		M30	NED	00:53:18	831	03:15:54	714	04:17:28	751	00:47:11	00:52:45	00:55:59	02:35:54	780	07:02:31
772	2823	Frank Van Laere	Berkel-Enschot	M60	NED	00:51:00	809	03:10:27	661	04:09:27	709	00:51:26	00:54:50	00:58:27	02:44:42	798	07:02:43
773	3134	Kristine Hockau Baagø	Viborg	F40	DEN	00:46:49	747	03:36:08	809	04:29:58	797	00:47:18	00:49:04	00:51:10	02:27:32	763	07:03:57
774	2234	Tyler Kirkland	Amsterdam	M30	USA	00:48:11	773	03:28:33	778	04:26:32	781	00:43:02	00:53:24	00:53:08	02:29:33	768	07:04:15
775	2056	Hamish Harrison	Erschine	M25	GBR	00:46:46	746	03:38:49	818	04:37:40	818	00:44:54	00:46:42	00:50:01	02:21:36	738	07:04:41
776	2696	Ramon Driesen	Duiven	M50	NED	00:36:04	287	03:15:56	715	04:00:48	649	00:49:50	00:57:21	01:04:45	02:51:55	808	07:04:47
777	3205	Miranda Stigter	't Veld	F50	NED	00:55:53	854	03:38:30	817	04:44:29	829	00:40:55	00:43:55	00:46:15	02:11:04	650	07:04:53
778	2752	Carsten Von Holstein	københavn	M55	DEN	00:43:48	659	03:08:04	635	04:01:01	650	00:53:00	01:09:22	00:56:29	02:58:49	812	07:07:52
779	2325	Marcos Esau Dominguez Viera	Wageningen	M35	MEX	00:57:19	858	03:47:26	835	04:51:53	838	00:41:12	00:44:02	00:46:10	02:11:24	654	07:09:29
780	3011	Noémie Winckel	Bergues	FU24	FRA	00:43:24	638	03:40:01	822	04:29:22	795	00:45:53	00:51:05	00:56:25	02:33:22	774	07:10:12
781	2233	Frans Jonker	Meppel	M30	NED	00:49:19	788	03:45:03	834	04:47:17	833	00:40:14	00:43:13	00:47:00	02:10:26	642	07:10:31
782	2659	Dick Boumans	Almere	M50	NED	00:55:00	849	03:31:21	791	04:36:28	816	00:45:59	00:49:01	00:52:46	02:27:45	764	07:10:56
783	2818	Jaap Meijering	Roden	M60	NED	00:46:18	737	03:26:08	763	04:21:49	767	00:52:47	00:54:01	00:52:48	02:39:35	790	07:10:56
784	3094	Judith Grünberg	Lübeck	F35	GER	00:45:39	716	03:34:17	802	04:28:03	787	00:46:09	00:53:26	00:58:40	02:38:14	785	07:11:22
785	3255	Petra Kaiser	Dinslaken	F60	GER	00:49:49	797	03:49:13	839	04:49:54	834	00:46:08	00:45:17	00:45:27	02:16:50	700	07:12:55
786	2217	Em Lavin	Abu Dhabi	M30	PHI	00:54:38	846	03:34:57	807	04:37:53	819	00:49:47	00:51:02	00:48:52	02:29:40	769	07:13:43
787	2835	Wim Bierbooms	Delft	M60	NED	00:51:48	812	03:34:37	806	04:45:50	830	00:38:24	00:45:15	00:51:59	02:15:38	688	07:15:36
788	2732	Peter Brandes	Almere	M55	NED	00:46:01	730	03:23:47	756	04:18:15	755	00:52:18	00:56:50	00:59:16	02:48:22	803	07:15:51
789	2822	Huib Van Rotterdam	Purmerend	M60	NED	00:51:49	813	03:39:32	820	04:51:00	837	00:44:09	00:46:22	00:47:07	02:17:37	709	07:20:40
790	2541	Arjan Pieter Van Biemen	Dordrecht	M45	NED	00:54:53	848	03:26:10	764	04:32:13	805	00:43:24	00:56:32	01:00:22	02:40:16	791	07:21:10
791	2432	Sebastian Eckel	München	M40	GER	00:53:12	830	03:30:21	786	04:34:39	811	00:45:15	00:54:34	00:57:57	02:37:46	784	07:21:10
792	2855	Ron Fokker	Almere	M65	NED	00:48:09	771	03:48:20	837	04:53:05	841	00:46:23	00:46:30	00:46:45	02:19:38	721	07:21:26
793	3089	Anna Brunken	Hamburg	F35	GER	00:43:54	662	03:26:32	768	04:17:41	753	00:50:55	01:00:44	01:04:44	02:56:21	811	07:22:15
794	3256	Annet Vet	Almere	F60	NED	00:51:55	814	03:48:19	836	04:50:30	836	00:45:14	00:46:44	00:50:36	02:22:33	744	07:22:25
795	3163	Inge Versluis	Harderwijk	F45	NED	00:54:16	839	03:49:22	840	04:53:04	840	00:44:40	00:46:42	00:50:14	02:21:36	739	07:22:55
796	2674	Szabolcs Ujvari	Reading	M50	HUN	00:47:00	752	03:37:56	815	04:32:35	806	00:43:48	00:56:49	01:02:43	02:43:19	796	07:23:01
797	2851	Geert Nieuwenhuizen	's=Hertogenbosch	M65	NED	00:59:17	860	03:17:23	725	04:28:14	789	00:54:31	00:57:08	00:54:45	02:46:23	799	07:23:50

798	3262	Petra Moria	Almere	F65	NED	00:49:30	791	03:31:25	793	04:30:29	801	00:52:11	00:55:55	00:55:28	02:43:33	797	07:25:13
799	2616	Yair Sadaka	lehavim	M50	ISR	00:55:49	853	03:37:09	813	04:46:37	832	00:44:59	00:50:32	00:53:06	02:28:37	766	07:25:59
800	2608	Frank Von Lehmden	Lohne	M50	GER	00:52:56	827	03:20:40	744	04:23:12	771	00:51:18	00:59:29	01:04:32	02:55:18	810	07:26:44
801	3070	Mette Ørum Madsen	København Ø	F30	DEN	00:45:31	713	03:36:32	810	04:28:50	794	00:56:33	00:58:31	00:56:25	02:51:27	806	07:28:13
802	3195	Angelique Beckers	Nijmegen	F50	NED	00:44:57	695	03:40:18	823	04:35:05	813	00:50:23	00:54:19	01:02:35	02:47:16	801	07:30:32
803	3095	Evelien Beets	Netherlands	F35	NED	00:48:29	777	03:48:32	838	04:46:07	831	00:48:47	00:54:39	00:57:51	02:41:16	794	07:32:54
804	2387	Diederick Croese	Noordwijk	M40	NED	00:50:14	803	03:37:03	812	04:35:32	815	00:47:22	00:56:29	01:04:30	02:48:20	802	07:33:00
805	2716	Remco Falkenburg	Den Bosch	M50	NED	00:55:25	850	03:22:18	750	04:28:39	791	00:52:57	00:56:50	01:04:34	02:54:20	809	07:34:42
806	3212	Irene Alisjahbana	Bussum	F50	SGP	00:48:35	780	04:01:21	847	04:58:27	845	00:44:27	00:53:09	00:56:45	02:34:20	778	07:40:37
807	3046	Vica Reout	Amsterdam	F25	NED	00:52:32	823	04:24:04	849	05:26:28	849	00:40:05	00:43:11	00:44:40	02:07:55	624	07:42:52
808	2679	Walter Tesch	Laxenburg	M50	AUT	00:53:37	832	03:53:38	842	04:54:58	843	00:49:38	00:56:46	00:52:58	02:39:22	788	07:44:10
809	2614	Rick Dorgelo	Lelystad	M50	NED	01:04:40	863	03:40:27	825	05:02:12	847	00:48:00	00:48:42	00:54:00	02:30:40	771	07:46:14
810	2814	Bertus Pannenkoek	Almere	M60	NED	00:42:56	617	03:30:37	787	04:30:12	798	00:53:15	01:08:03	01:05:24	03:06:40	814	07:46:28
811	2819	William Strobbe	Brecht	M60	BEL	00:41:18	550	04:00:31	845	04:50:24	835	00:52:09	01:00:26	00:59:02	02:51:37	807	07:51:11
812	3065	Andrea Castillo	Guatemala	F30	GUA	00:49:08	786	03:57:46	844	04:55:57	844	00:55:57	01:00:48	00:53:12	02:49:57	804	07:53:24
813	3266	Anita Van Bon	Huissen	F70	NED	00:50:31	805	03:43:39	831	04:41:55	825	00:58:32	01:03:37	01:06:48	03:08:55	815	07:58:36
814	2524	Peter Van Breukelen	Woerden	M45	NED	00:49:49	796	03:41:09	827	04:42:54	826	01:02:19	01:03:11	01:04:19	03:09:48	816	08:01:58
815	2266	Mun Kit Mark Woo	Putrajaya	M35	MAS	00:53:56	836	03:27:55	775	04:40:35	822	00:56:39	01:05:48	01:07:24	03:09:50	817	08:02:08
816	3128	Kerstin Bepperling	Frankfurt	F40	GER	00:49:38	794	04:00:38	846	04:59:42	846	00:55:23	01:01:21	01:02:48	02:59:31	813	08:06:55
817	3301	Sumi Jaakkola	Kerava	PARA	FIN	01:02:14	862	04:30:25	850	05:50:59	850	00:51:21	00:51:36	00:53:02	02:35:58	781	08:44:17
818	3164	Linsy Bolleboom	Zoeterwoude	F45	NED	00:48:17	776	04:08:08	848	05:06:54	848	01:12:34	01:11:24	01:11:41	03:35:38	818	08:55:43
819	2867	Mathieu Feder Schwaner	Brabrand	M40	FRA	00:36:15	0	02:23:31	0	03:04:58	0	00:27:16	00:27:47	00:27:57	01:22:59	0	04:31:46 DQ
820	2640	Michiel Treffers	Heerde	M50	NED	00:33:43	0	02:44:38	0	03:23:23	0	00:34:37	00:35:27	00:35:49	01:45:52	0	05:14:36 DQ
821	2533	Nicolas Bertrand	Ketton	M45	FRA	00:42:33	0	03:09:01	0	03:57:57	0	00:34:37	00:35:22	00:37:47	01:47:45	0	05:51:25 DQ
822	2787	Arno Engers	Diemen	M55	NED	00:44:30	685	03:08:00	634	03:57:43	625	00:38:25	00:40:33			0	DNF
823	2364	Clément Rouzé	Sainghin en melantois	M40	FRA	00:37:07	329	02:50:19	381	03:35:53	393	00:42:21	00:55:08			0	DNF
824	2549	Jochem Tolsma	Ooij	M45	NED	00:33:37	165	02:33:53	115	03:12:12	116	00:30:05	02:14:35			0	DNF
825	3226	Mirjam Leussink	Enschede	F55	NED	00:36:42	316	03:00:16	529	03:43:46	486	01:10:50	01:27:35			0	DNF
826	2156	Lennart Wegewijs	Voorschoten	M30	NED	00:38:02	380	02:16:12	3	03:00:14	31	00:31:54				0	DNF
827	2185	Gerard Gimenez	Cerdanyola	M30	ESP	00:33:25	152	02:43:30	272	03:24:33	245	00:32:44				0	DNF
828	2263	Martin Nieuwstraten	Spijkenisse	M35	NED	00:33:26	153	02:33:33	112	03:11:08	109	00:36:35				0	DNF
829	2345	Jim Treffers	Almere	M40	NED	00:48:56	783	03:15:43	713	04:10:37	716	01:00:35				0	DNF
830	2084	Jonathan Tsehaie	ROTTERDAM	M25	NED	00:51:58	816	02:45:12	304	03:42:35	475	00:40:38				0	DNF
831	2836	Glenn De Buf	Oostende	M60	BEL	00:37:50	368	03:06:23	615	03:52:05	566	00:39:20				0	DNF
832	2753	Stephan Rühle	Schellhorn	M55	GER	00:34:06	184	03:06:31	618	03:48:43	538	00:50:43				0	DNF
833	2307	Floris Teeuwisse	Eindhoven	M35	NED	00:40:14	497	02:44:04	279	03:29:22	311	01:22:45				0	DNF

834	2612	Ton Ten Broeke	Almere	M50	NED	00:44:03	670	03:14:04	693	04:06:57	693	00:46:29	0	DNF
835	2666	Alexander Van Sligtenhorst	Abcoude	M50	NED	00:55:44	852	02:54:31	444	03:56:35	614	01:04:48	0	DNF
836	2705	Dr. Tobias Butterbrodt	Hildesheim	M50	GER	00:33:11	143	02:39:48	194	03:17:18	162		0	DNF
837	2825	Roy Blom	Luxemburg	M60	NED	00:33:21	149	02:38:30	177	03:18:47	178		0	DNF
838	2635	Rene Kroese	Almere	M50	NED	00:42:01	580	03:05:40	602	03:57:06	619		0	DNF
839	2583	Joppe Tigges	TETERINGEN	M45	NED	00:30:03	47	02:41:55	237	03:16:17	152		0	DNF
840	2381	Julien Poirette	Quesnoy Sur Deule	M40	FRA	00:36:00	284	02:38:57	181	03:22:26	221		0	DNF
841	2513	Robin Verlinde	Wilnis	M45	NED	00:39:42	466	02:40:31	214	03:25:13	253		0	DNF
842	2749	Bart Van Ham	Mijdrecht	M55	NED	00:38:03	381	03:00:20	530	03:44:34	494		0	DNF
843	2651	Olaf Stahlhut	Zarpen	M50	GER	00:38:02	379	02:57:56	486	03:42:27	472		0	DNF
844	2060	Daelemans Cedric	Enghien	M25	BEL	00:42:44	604	02:59:00	504	03:47:34	519		0	DNF
845	2465	Stephan Dubos	Haarlem	M40	NED	00:34:22	192	03:28:33	779	04:10:18	713		0	DNF
846	3091	Renske Thalen	Roden	F35	NED	00:44:11	674	03:36:45	811	04:28:42	792		0	DNF
847	2350	Andy Meirhaeghe	Maarkedal	M40	BEL	00:36:33	310	02:50:49	391	03:33:27	358		0	DNF
848	2256	Robin Cuypers	Peer	M35	BEL	00:31:06	77	02:22:33	21	02:58:12	22		0	DNF
849	3191	Esther Van Duijnhoven	NB	F50	NED	00:39:52	477	02:55:38	460	03:42:37	476		0	DNF
850	3237	Liz Wickham	Amsterdam	F55	NZL	00:34:47	213	03:05:06	593	03:47:13	514		0	DNF
851	2639	Pieter Postema	Amersfoort	M50	NED	00:45:42	720	03:16:18	717	04:09:52	711		0	DNF
852	3254	Ineke Van Den Berg	Noordwijk	F60	NED	00:45:40	717	03:28:40	780	04:25:10	776		0	DNF
853	2276	Jadran Braber	Oosterhout	M35	NED	00:53:57	837	03:52:55	841	04:54:49	842		0	DNF
854	2422	Ernst-Jan Suyderhoud	Rijswijk	M40	NED	00:48:51	781		0		0		0	DNF
855	2811	Donald Janssen	Oss	M60	NED	00:34:06	182		0		0		0	DNF
856	2863	Andreas Bund	Trier	M55	GER	00:34:11	186		0		0		0	DNF
857	2444	Dominik Sauter	Blaustein	M40	GER	00:40:48	527		0		0		0	DNF
858	3168	Sonja Stengewis	Purmerend	F45	NED	00:37:16	338		0		0		0	DNF
859	2227	Vinit Dighe	Gouda	M30	IND	00:47:51	765		0		0		0	DNF
860	3222	Hadas Loantz	hatzerim	F55	ISR	00:47:27	756		0		0		0	DNF
861	2406	Johannes Hemelrijk	Tollebeek	M40	NED	00:31:47	94		0		0		0	DNF
862	2675	Jean-Sebastien Vaillancourt	Enschede	M50	CAN	00:33:53	174		0		0		0	DNF
863	2436	Coen Van Dijck	Naarden	M40	NED	00:45:10	701		0		0		0	DNF
864		??				01:01:31	0		0		0		0	DNF
865	2043	Joost Somsen	Eibergen	MU24	NED	00:43:04	626		0		0		0	DNF
866	2699	Stephan Van Dongen	Bussum	M50	NED	00:38:12	384		0		0		0	DNF
867	2864	Stephan Hülter	Arnsberg	M40	GER	00:54:35	845		0		0		0	DNF

CHALLENGE ALMERE-AMSTERDAM 10-09-2022

Result Halve Triathlon Individual per Categorie

Men <24

PIts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	2041	Henrik Kjærgaard	Tjele	MU24	DEN	00:29:46	4	02:17:55	2	02:50:40	2	00:24:43	00:25:43	00:25:17	01:15:42	1	04:09:28	
2	2025	Anders Toft Nielsen	Esbjerg V	MU24	DEN	00:30:33	8	02:15:32	1	02:49:06	1	00:26:05	00:25:51	00:26:35	01:18:30	2	04:10:46	
3	2013	Jans Parrein	Gistel	MU24	BEL	00:30:09	6	02:25:57	3	02:58:55	3	00:26:32	00:26:42	00:27:20	01:20:33	3	04:22:27	
4	2026	Tommy Blake	Lee on the Solent	MU24	GBR	00:28:10	3	02:28:48	5	03:01:37	4	00:28:07	00:28:38	00:29:33	01:26:17	6	04:31:57	
5	2001	Mitch Wismans	Doornenburg	MU24	NED	00:30:54	10	02:28:19	4	03:03:24	7	00:27:34	00:29:39	00:29:56	01:27:09	7	04:33:57	
6	2014	Stefan De Jong	Leeuwarden	MU24	NED	00:30:57	11	02:32:35	8	03:06:23	8	00:27:16	00:28:06	00:29:04	01:24:25	5	04:34:00	
7	2015	Abel Buurma	Wädenswil	MU24	SUI	00:30:25	7	02:33:40	10	03:08:05	10	00:28:30	00:28:04	00:27:24	01:23:57	4	04:34:53	
8	2020	Janne Englebert	Oud Gastel	MU24	NED	00:25:25	1	02:32:58	9	03:01:51	5	00:28:16	00:30:05	00:31:05	01:29:25	8	04:35:04	
9	2012	Daniel Kieselbach	Neuss	MU24	GER	00:30:00	5	02:28:57	6	03:02:37	6	00:28:52	00:30:59	00:32:37	01:32:27	10	04:39:18	
10	2042	Geert De Wit	Urk	MU24	NED	00:31:57	13	02:34:08	11	03:10:17	11	00:30:19	00:30:16	00:32:27	01:33:02	11	04:47:50	
11	2002	Nicolaus Brand	Dortmund	MU24	GER	00:32:11	14	02:34:34	12	03:11:02	12	00:29:04	00:30:40	00:37:33	01:37:16	13	04:52:34	
12	2034	Tim Kramer	Maria Alm	MU24	NED	00:33:08	18	02:37:57	13	03:15:35	14	00:29:59	00:32:13	00:34:13	01:36:23	12	04:56:04	
13	2021	Aart Goede	Landsmeer	MU24	NED	00:30:34	9	02:39:38	14	03:14:33	13	00:33:20	00:34:18	00:35:16	01:42:53	18	05:02:09	
14	2016	Theo Defosse	Mozet	MU24	BEL	00:34:26	20	02:47:56	21	03:27:12	19	00:31:12	00:32:17	00:36:23	01:39:51	14	05:10:21	
15	2018	Quinten De Ridder	Geraardsbergen	MU24	BEL	00:32:51	16	02:29:20	7	03:07:47	9	00:34:00	00:41:00	00:44:00	01:58:59	31	05:10:31	
16	2022	Ward Ceuleers	Zelem	MU24	BEL	00:31:09	12	02:48:00	22	03:24:20	17	00:31:22	00:35:36	00:35:19	01:42:15	17	05:10:35	
17	2040	Paul Mahler	Drochtersen	MU24	GER	00:35:27	21	02:42:19	16	03:21:13	15	00:34:21	00:35:12	00:36:34	01:46:06	23	05:12:01	
18	2023	Rik De Bruijn	Almere	MU24	NED	00:37:27	22	02:43:32	17	03:26:37	18	00:32:46	00:35:25	00:38:09	01:46:19	25	05:17:30	
19	2019	Pepijn Effing	Wijdewormer	MU24	NED	00:40:31	23	02:43:33	18	03:28:47	20	00:31:35	00:34:27	00:40:13	01:46:14	24	05:20:06	
20	2037	Stan Dings	Tilburg	MU24	NED	00:45:14	26	02:40:05	15	03:31:33	21	00:35:01	00:35:10	00:35:01	01:45:11	21	05:22:04	
21	2035	Jelle Van Lanen	Elst	MU24	NED	00:33:12	19	02:44:10	19	03:23:14	16	00:35:59	00:40:35	00:42:04	01:58:37	30	05:26:06	
22	2039	Theo Van Zyl	Amstelveen	MU24	RSA	00:40:36	24	02:49:19	23	03:35:19	22	00:33:57	00:36:03	00:36:50	01:46:49	26	05:26:35	
23	2011	Mark Bennis	Almere	MU24	NED	00:32:14	15	03:04:09	28	03:40:35	25	00:34:52	00:35:33	00:35:01	01:45:24	22	05:31:41	
24	2017	Jan Luca Grüneberg	Köln	MU24	GER	00:32:59	17	02:58:47	26	03:36:24	23	00:35:16	00:36:46	00:40:05	01:52:06	27	05:32:27	
25	2031	Jordi Hofmans	Amsterdam	MU24	NED	00:45:42	27	02:44:48	20	03:36:51	24	00:39:41	00:37:10	00:37:28	01:54:17	28	05:37:14	
26	2038	Edser Rijpstra	STIENS	MU24	NED	00:46:34	29	03:08:28	29	04:02:03	29	00:31:46	00:30:40	00:28:54	01:31:20	9	05:37:30	
27	2027	Julian Goes	Utrecht	MU24	NED	00:48:59	31	02:57:55	25	03:53:33	26	00:32:57	00:34:26	00:37:43	01:45:05	20	05:43:53	
28	2030	Ashwin Joeloem Singh	Amsterdam	MU24	NED	00:54:09	33	02:53:49	24	03:54:50	28	00:32:34	00:33:45	00:35:29	01:41:47	16	05:44:31	
29	2036	Charles Guillard	Rambouillet	MU24	FRA	00:46:08	28	02:59:22	27	03:54:16	27	00:30:31	00:36:02	00:37:46	01:44:18	19	05:46:04	
30	2029	Merijn Zirkzee	Noordwijkerhout	MU24	NED	00:48:00	30	03:11:01	30	04:06:50	31	00:32:14	00:33:56	00:35:28	01:41:37	15	05:57:18	
31	2032	Robbie Weber	Rotterdam	MU24	NED	00:44:15	25	03:13:37	31	04:05:32	30	00:36:59	00:44:58	00:52:47	02:14:43	32	06:26:09	

32	2024	Wout Van Erp	Asten	MU24	NED	00:52:46	32	03:29:53	32	04:35:22	32	00:36:42	00:38:45	00:41:04	01:56:30	29	06:38:07	
33	2043	Joost Somsen	Eibergen	MU24	NED	00:26:35	2		0		0					0		DNF

Men 25-29

Ptts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	2116	Olaf Van Den Bergh	Arnhem	M25	NED	00:31:00	18	02:20:08	6	02:54:57	11	00:24:42	00:24:54	00:24:51	01:14:26	1	04:12:42	
2	2051	Joery Wouters	Lommel	M25	BEL	00:25:34	2	02:23:51	13	02:52:19	5	00:25:30	00:26:06	00:26:43	01:18:18	2	04:13:50	
3	2105	Izak Hanse	Arnhem	M25	NED	00:28:58	13	02:19:16	5	02:51:43	4	00:24:56	00:28:46	00:26:39	01:20:20	4	04:15:22	
4	2098	Stefan Timmermans	Arnhem	M25	NED	00:25:33	1	02:19:01	4	02:47:50	2	00:27:08	00:28:07	00:29:14	01:24:28	12	04:15:39	
5	2106	Jesse Van Hulst	Nijmegen	M25	NED	00:27:29	7	02:17:11	1	02:47:41	1	00:27:38	00:29:00	00:29:50	01:26:27	16	04:17:20	
6	2117	Bryan Van Rutten	The netherlands	M25	NED	00:27:16	5	02:18:00	3	02:48:56	3	00:27:49	00:28:35	00:29:01	01:25:25	14	04:18:07	
7	2120	Jisk Hoogervorst	Noordwijkerhout	M25	NED	00:28:56	12	02:20:45	9	02:52:58	6	00:26:47	00:28:37	00:28:48	01:24:11	10	04:20:44	
8	2094	Philipp Meyer	Bad Birnbach	M25	GER	00:27:59	10	02:22:07	11	02:53:26	7	00:27:34	00:28:09	00:28:38	01:24:19	11	04:21:14	
9	2063	Ruben Vandamme	Aalst	M25	BEL	00:26:49	3	02:28:38	18	02:59:13	15	00:25:42	00:26:27	00:27:10	01:19:18	3	04:21:32	
10	2065	Max Fischer	Leverkusen	M25	GER	00:27:07	4	02:26:50	15	02:57:08	14	00:26:52	00:27:44	00:27:30	01:22:05	6	04:22:22	
11	2108	Niels Martinsen	Bredene	M25	BEL	00:30:45	16	02:25:11	14	02:59:18	16	00:25:49	00:27:01	00:27:56	01:20:45	5	04:23:16	
12	2122	Daniel Højten Nielsen	Viby J	M25	DEN	00:30:52	17	02:20:41	8	02:55:33	12	00:28:20	00:28:18	00:27:25	01:24:02	9	04:23:44	
13	2081	Tom Schwantje	Oxford	M25	NED	00:32:24	22	02:17:29	2	02:53:51	9	00:27:13	00:29:12	00:31:49	01:28:12	18	04:25:05	
14	2119	Mads-Emil Seiergaard	Kgs. Lyngby kongens lyngby	M25	DEN	00:29:39	15	02:20:36	7	02:54:47	10	00:28:18	00:29:48	00:30:41	01:28:46	19	04:28:13	
15	2115	Kevin Van De Wetering	IJsselmuiden	M25	NED	00:31:57	20	02:21:24	10	02:57:05	13	00:27:22	00:30:46	00:31:46	01:29:53	20	04:31:03	
16	2070	Max Gross	Stuttgart	M25	GER	00:27:55	9	02:22:40	12	02:53:39	8	00:30:05	00:31:12	00:32:17	01:33:33	23	04:31:05	
17	2093	Guillermo Niño Sanchez	Madrid	M25	ESP	00:31:50	19	02:30:24	21	03:07:10	19	00:27:13	00:27:25	00:27:39	01:22:16	7	04:34:16	
18	2059	Stef Coninx	Wuustwezel	M25	BEL	00:27:25	6	02:31:58	24	03:02:58	17	00:28:56	00:29:32	00:29:41	01:28:09	17	04:34:42	
19	2111	Thomas Van Looy	Antwerpen	M25	BEL	00:35:57	32	02:29:34	20	03:10:54	22	00:27:39	00:27:33	00:27:10	01:22:21	8	04:36:54	
20	2077	Daan Kupers	Diest	M25	BEL	00:33:32	24	02:28:32	17	03:07:24	20	00:29:53	00:30:03	00:30:23	01:30:18	21	04:41:54	
21	2118	Paolo Boschi Toua	Maastricht	M25	RSA	00:35:19	30	02:34:20	28	03:13:27	23	00:26:56	00:28:39	00:29:49	01:25:23	13	04:42:32	
22	2082	Bart Veurink	Hardenberg	M25	NED	00:28:13	11	02:31:50	23	03:03:49	18	00:31:14	00:31:18	00:31:43	01:34:14	25	04:42:53	
23	2101	Fabian Albrecht	Neu Ulm	M25	GER	00:34:25	27	02:29:07	19	03:08:32	21	00:31:19	00:32:11	00:32:23	01:35:52	32	04:48:33	
24	2102	Rutger Johannink	Denekamp	M25	NED	00:38:13	38	02:31:22	22	03:15:40	27	00:28:58	00:30:01	00:34:43	01:33:41	24	04:53:08	
25	2112	Morten Sejer Thomsen	Viby J	M25	DEN	00:40:31	45	02:32:05	25	03:17:59	29	00:30:02	00:30:52	00:30:48	01:31:42	22	04:54:19	
26	2099	Davide Kron	Amsterdam	M25	ITA	00:33:46	25	02:33:23	27	03:13:29	24	00:31:59	00:32:39	00:32:35	01:37:12	34	04:54:51	
27	2080	Michael Cornelisz	Apeldoorn	M25	NED	00:29:22	14	02:42:02	34	03:15:35	26	00:29:47	00:31:47	00:33:57	01:35:30	29	04:55:05	
28	2076	Guido Janssen	Utrecht	M25	NED	00:34:03	26	02:37:55	30	03:16:48	28	00:29:43	00:32:13	00:35:46	01:37:40	35	04:58:25	
29	2121	Josep Rovira	Roda de Berà	M25	ESP	00:32:25	23	02:49:29	47	03:26:42	40	00:28:48	00:29:13	00:27:53	01:25:53	15	04:58:25	

30	2073	Jakob Steffe	Recklinghausen	M25	GER	00:27:35	8	02:47:06	42	03:19:01	30	00:30:07	00:32:16	00:33:09	01:35:30	30	04:58:46	
31	2114	Moreno Dona	Den Bosch	M25	NED	00:32:08	21	02:44:30	38	03:20:45	32	00:30:30	00:32:23	00:31:59	01:34:51	27	05:00:08	
32	2058	Koen Vercammen	Goirle	M25	NED	00:37:26	37	02:43:10	36	03:26:38	39	00:29:21	00:31:41	00:34:54	01:35:55	33	05:06:33	
33	2095	Boris Smits	ROTTERDAM	M25	NED	00:36:03	33	02:43:03	35	03:25:42	38	00:33:35	00:30:54	00:31:22	01:35:51	31	05:06:58	
34	2052	Aaron Hoogewys	Moerbeke-Waas	M25	BEL	00:38:31	39	02:34:42	29	03:19:20	31	00:30:48	00:34:40	00:38:05	01:43:33	43	05:07:15	
35	2083	Justin Hayden	Bristol	M25	GBR	00:37:15	35	02:40:34	33	03:23:12	36	00:31:26	00:34:22	00:34:56	01:40:43	38	05:07:29	
36	2074	Andreas Derksen	Willebadessen	M25	GER	00:42:10	48	02:32:26	26	03:22:01	34	00:30:03	00:32:07	00:40:43	01:42:52	39	05:09:29	
37	2061	Corentin Aerts	Kanne	M25	BEL	00:34:54	28	02:39:53	31	03:21:32	33	00:32:24	00:35:07	00:36:44	01:44:13	44	05:09:51	
38	2075	Mees Kremer	Amsterdam	M25	NED	00:37:22	36	02:49:55	48	03:33:20	43	00:33:09	00:32:14	00:29:52	01:35:14	28	05:13:35	
39	2113	Twan Vissers	Tilburg	M25	NED	00:36:52	34	02:40:05	32	03:22:51	35	00:33:40	00:36:12	00:36:03	01:45:54	46	05:15:14	
40	2092	Mats Hesel	Almere	M25	NED	00:42:19	49	02:44:20	37	03:31:34	42	00:31:42	00:33:09	00:34:15	01:39:05	37	05:15:21	
41	2109	Joep Bruin	Amsterdam	M25	NED	00:34:54	29	02:45:35	41	03:25:29	37	00:32:18	00:34:05	00:38:17	01:44:39	45	05:16:00	
42	2054	Johann Lembach	Ilmenau	M25	GER	00:39:16	41	02:44:59	39	03:29:45	41	00:32:16	00:34:55	00:36:07	01:43:17	41	05:20:14	
43	2086	Bob Beekman	Utrecht	M25	NED	00:39:55	44	02:48:58	46	03:34:21	44	00:34:59	00:35:09	00:33:11	01:43:17	42	05:22:19	
44	2090	Bas Van Der Schalie	Utrecht	M25	NED	00:42:33	50	02:58:44	51	03:46:58	51	00:29:48	00:30:14	00:34:38	01:34:39	26	05:26:58	
45	2057	Marcus Löhnert	Gießen	M25	GER	00:39:30	43	02:48:41	44	03:34:35	45	00:34:00	00:37:30	00:36:41	01:48:10	47	05:27:13	
46	2100	Christopher Mai	Enschede	M25	RSA	00:35:42	31	03:01:49	55	03:43:26	48	00:30:37	00:32:52	00:35:21	01:38:49	36	05:28:32	
47	2091	Kevin De Pourcq	Sterrebeek	M25	BEL	00:38:39	40	02:28:21	16	03:13:42	25	00:37:07	00:59:35	00:36:36	02:13:17	58	05:30:42	
48	2107	Casper Timmermans	Rosmalen	M25	NED	00:39:22	42	02:48:57	45	03:36:03	46	00:36:24	00:37:47	00:39:28	01:53:37	50	05:35:39	
49	2069	Cedric Vanhaverbeke	Merelbeke	M25	BEL	00:41:48	47	02:55:40	49	03:44:56	49	00:35:12	00:40:05	00:42:36	01:57:52	53	05:49:32	
50	2096	Joost Zwarts	Amsterdam	M25	NED	00:43:15	55	03:01:00	54	03:50:44	54	00:36:23	00:38:23	00:39:40	01:54:24	51	05:49:59	
51	2104	Frederik Friis	Aarhus	M25	DEN	00:44:36	56	03:03:49	56	03:56:53	55	00:36:18	00:36:42	00:36:21	01:49:19	48	05:53:05	
52	2097	Juan Eiroa	Pontevedra	M25	ESP	00:42:46	53	02:57:53	50	03:45:10	50	00:36:02	00:38:24	00:49:29	02:03:54	54	05:53:28	
53	2085	Loïck Landais	Lille	M25	FRA	00:51:13	60	03:04:28	57	04:05:57	58	00:33:30	00:35:03	00:34:27	01:42:59	40	05:59:15	
54	2089	Jan Wiegner	Utrecht	M25	GER	00:43:07	54	02:59:04	53	04:00:04	57	00:37:36	00:39:48	00:40:23	01:57:46	52	06:04:25	
55	2079	Jonathan Winkelman	ALMERE	M25	NED	00:47:00	58	02:48:32	43	03:50:06	53	00:40:41	00:42:15	00:47:43	02:10:38	57	06:08:16	
56	2103	Âne Harder	Utrecht	M25	NED	00:42:39	51	03:08:16	58	03:57:53	56	00:40:04	00:43:50	00:44:55	02:08:48	56	06:12:39	
57	2087	Elliott Höll	Etterbeek	M25	BEL	00:50:34	59	03:10:09	59	04:08:56	59	00:37:54	00:43:39	00:45:05	02:06:37	55	06:21:10	
58	2088	Jasper Bakker	Amsterdam	M25	NED	00:41:13	46	03:34:23	60	04:42:58	61	00:37:49	00:38:19	00:34:28	01:50:35	49	06:38:27	
59	2056	Hamish Harrison	Erskine	M25	GBR	00:46:46	57	03:38:49	61	04:37:40	60	00:44:54	00:46:42	00:50:01	02:21:36	59	07:04:41	
60	2084	Jonathan Tsehaie	ROTTERDAM	M25	NED	00:51:58	61	02:45:12	40	03:42:35	47	00:40:38				0		DNF
61	2060	Daelemans Cedric	Enghien	M25	BEL	00:42:44	52	02:59:00	52	03:47:34	52					0		DNF

Men 30-34

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	2206	Wouter Wippert	Canillo	M30	NED	00:29:07	3	02:19:03	2	02:51:33	1	00:27:40	00:27:44	00:28:47	01:24:10	7	04:19:00	

2	2167	Jorn Van Bergen	Hoogstraten	M30	BEL	00:29:57	5	02:23:50	5	02:56:48	2	00:26:19	00:26:51	00:27:36	01:20:45	2	04:21:26
3	2214	Cees Snoek	Urk	M30	NED	00:31:43	16	02:24:42	6	02:59:45	3	00:26:30	00:27:22	00:27:06	01:20:57	3	04:23:59
4	2202	Nicolas Rohde	Hannover	M30	GER	00:30:08	6	02:29:54	17	03:02:44	8	00:26:03	00:26:29	00:27:01	01:19:33	1	04:25:16
5	2133	David Van Oosten	Ljungbyhed	M30	NED	00:30:50	11	02:27:44	8	03:01:29	6	00:27:19	00:27:56	00:27:26	01:22:41	4	04:27:07
6	2154	Sebastian Zwicker	Kiel	M30	GER	00:30:39	10	02:28:19	10	03:02:37	7	00:27:01	00:27:44	00:28:08	01:22:52	5	04:29:05
7	2168	Jaap Koetsier	Amsterdam	M30	NED	00:31:24	14	02:28:50	11	03:04:41	10	00:28:28	00:27:38	00:27:12	01:23:17	6	04:31:58
8	2219	Tijn Huberts	Barendrecht	M30	NED	00:37:14	44	02:22:23	3	03:03:31	9	00:27:37	00:28:15	00:29:39	01:25:29	10	04:32:46
9	2210	Christian Rauth	Dresden	M30	GER	00:33:05	22	02:30:04	18	03:07:38	16	00:28:03	00:28:17	00:28:20	01:24:38	8	04:35:39
10	2137	Leander Van Diggelen	Roelofarendsveen	M30	NED	00:27:20	1	02:30:06	19	03:01:04	5	00:29:29	00:31:19	00:34:04	01:34:51	21	04:38:43
11	2205	Søren Pallisgaard	Aarhus C	M30	DEN	00:30:19	7	02:30:42	21	03:05:07	12	00:29:37	00:29:52	00:28:58	01:28:27	12	04:39:01
12	2196	Philipp Mackeprang	Köln	M30	GER	00:35:03	32	02:25:53	7	03:04:47	11	00:30:15	00:31:12	00:31:17	01:32:44	18	04:41:18
13	2226	Ruben Timmermans	Alken	M30	BEL	00:31:20	13	02:30:24	20	03:06:45	15	00:29:43	00:31:00	00:31:11	01:31:53	15	04:42:40
14	2149	Paul Sailer	Kilchberg	M30	SUI	00:37:16	45	02:27:55	9	03:10:52	24	00:29:56	00:30:01	00:30:28	01:30:25	14	04:45:34
15	2163	Mark Kraaijeveld	Sliedrecht	M30	NED	00:32:20	19	02:29:21	13	03:08:05	17	00:30:45	00:32:55	00:32:47	01:36:25	25	04:48:36
16	2218	Tomasz Dzieciol	Rotterdam	M30	POL	00:41:59	71	02:29:22	14	03:18:06	31	00:28:30	00:28:20	00:28:27	01:25:16	9	04:48:54
17	2215	Arjen Martens	Zurich	M30	NED	00:36:37	42	02:29:37	16	03:11:22	25	00:30:55	00:30:36	00:32:45	01:34:16	20	04:49:06
18	2230	Jurriën Voor In T Holt	De Bilt	M30	NED	00:37:29	48	02:23:28	4	03:05:41	13	00:30:44	00:32:24	00:36:12	01:39:19	33	04:49:34
19	2183	Hessel Dreteler	Baarn	M30	NED	00:30:31	9	02:40:58	35	03:15:43	29	00:29:16	00:29:49	00:30:58	01:30:02	13	04:50:49
20	2144	Chris Breitbarth	München	M30	GER	00:35:24	36	02:28:53	12	03:09:09	18	00:30:33	00:33:10	00:34:41	01:38:23	32	04:51:09
21	2169	Karel Nanninga	Amsterdam	M30	NED	00:33:49	27	02:32:49	25	03:10:19	23	00:28:23	00:31:37	00:37:21	01:37:20	29	04:51:19
22	2173	Davey Damen	Vught	M30	NED	00:36:20	41	02:30:43	22	03:11:32	26	00:31:07	00:32:06	00:33:27	01:36:38	26	04:51:45
23	2166	Henry Moore	Dormansland	M30	GBR	00:29:39	4	02:36:45	29	03:10:10	22	00:32:10	00:32:49	00:32:37	01:37:35	30	04:51:47
24	2174	Bart Andre	Enkhuizen	M30	NED	00:33:40	26	02:40:42	34	03:19:29	33	00:31:44	00:30:53	00:29:25	01:32:00	17	04:55:00
25	2201	Gianni Allebosch	Zelzate	M30	BEL	00:37:50	50	02:40:12	32	03:24:36	38	00:27:38	00:28:21	00:30:46	01:26:44	11	04:55:39
26	2191	Sander Van Kammen	Boornbergum	M30	NED	00:31:07	12	02:33:35	26	03:09:19	20	00:32:03	00:33:18	00:37:35	01:42:55	45	04:56:32
27	2195	Julius Schülein	Ludwigshafen	M30	GER	00:33:34	25	02:34:13	28	03:12:16	27	00:29:55	00:33:52	00:37:00	01:40:46	36	04:57:18
28	2179	Manuel Liebenow	Bondorf	M30	GER	00:30:25	8	02:31:24	24	03:05:44	14	00:33:26	00:37:07	00:37:34	01:48:06	58	04:57:50
29	2135	Dieter Schulpen	Lier	M30	BEL	00:32:18	18	02:31:09	23	03:09:19	21	00:34:11	00:34:37	00:34:51	01:43:37	49	04:58:50
30	2134	Niels Pepijn Van As	Hoogeveen	M30	NED	00:35:40	37	02:34:04	27	03:14:45	28	00:32:35	00:34:09	00:34:54	01:41:37	40	05:00:54
31	2200	Kirill Chernyshev	Amsterdam	M30		00:36:09	39	02:44:56	47	03:26:23	43	00:32:25	00:30:59	00:30:28	01:33:51	19	05:04:02
32	2229	Jurjen Boog	Utrecht	M30	NED	00:31:38	15	02:50:54	58	03:25:38	41	00:28:37	00:32:27	00:35:03	01:36:06	24	05:05:08
33	2231	Pavol Vasko	Amsterdam	M30	SVK	00:37:24	47	02:44:06	45	03:25:33	40	00:31:50	00:32:10	00:31:52	01:35:51	22	05:05:24
34	2159	Menzo Van Wijngaarden	Breda	M30	NED	00:34:00	28	02:37:13	31	03:16:29	30	00:31:37	00:34:58	00:36:17	01:42:51	44	05:05:42
35	2189	Sébastien Mollet	Tervuren	M30	BEL	00:41:16	64	02:37:02	30	03:24:33	36	00:31:47	00:32:09	00:33:12	01:37:08	27	05:08:21
36	2171	Kjell Gootjes	Haarlem	M30	NED	00:34:03	29	02:29:26	15	03:09:16	19	00:34:43	00:38:18	00:42:08	01:55:08	67	05:08:42
37	2186	Jop Starmans	Maastricht	M30	NED	00:35:07	33	02:47:21	52	03:27:54	46	00:31:02	00:32:40	00:33:27	01:37:09	28	05:09:06
38	2161	Jef Michielssen	Amsterdam	M30	BEL	00:31:57	17	02:42:30	40	03:19:23	32	00:32:29	00:34:23	00:36:54	01:43:45	50	05:09:11

39	2224	Huub Boosten	Roermond	M30	NED	00:36:59	43	02:41:26	38	03:24:56	39	00:34:20	00:34:21	00:33:42	01:42:21	43	05:11:35
40	2216	Dieter Van Lierde	Deux-Acren	M30	BEL	00:37:51	51	02:42:45	41	03:26:26	44	00:31:51	00:33:40	00:34:53	01:40:23	34	05:11:50
41	2222	Ramon Acevedo	Saint Gilles, Brussels	M30	VEN	00:32:51	21	02:44:39	46	03:23:26	34	00:34:41	00:34:46	00:35:19	01:44:45	52	05:12:46
42	2197	Paul Monden	Arnhem	M30	NED	00:33:10	23	02:50:49	56	03:28:16	47	00:31:38	00:33:03	00:37:11	01:41:51	41	05:14:44
43	2158	Kevin Jager	Almere	M30	NED	00:42:51	74	02:40:22	33	03:28:59	50	00:32:35	00:34:28	00:34:02	01:41:04	37	05:15:04
44	2209	Robert Moes	Utrecht	M30	NED	00:41:29	66	02:41:03	36	03:28:22	48	00:33:07	00:34:20	00:36:04	01:43:31	48	05:15:42
45	2177	Johan Burgers	Groningen	M30	NED	00:35:45	38	02:43:27	42	03:26:15	42	00:33:16	00:36:07	00:36:47	01:46:09	53	05:16:29
46	2176	Stanley Puijk	Hilversum	M30	NED	00:35:16	34	02:43:44	44	03:24:08	35	00:33:46	00:35:36	00:38:18	01:47:40	56	05:16:49
47	2207	Laurens Steehouder	Amersfoort	M30	NED	00:36:14	40	02:49:57	53	03:31:43	54	00:32:57	00:33:04	00:35:18	01:41:18	38	05:17:44
48	2140	Filip Verboven	Lommel	M30	BEL	00:41:44	70	02:41:04	37	03:30:02	53	00:32:39	00:34:26	00:35:52	01:42:56	46	05:18:16
49	2204	Zico Broekstra	Amsterdam	M30	NED	00:37:43	49	02:46:28	51	03:30:00	52	00:33:25	00:34:56	00:34:44	01:43:03	47	05:18:32
50	2138	Rob Van Den Elzen	Erp	M30	NED	00:40:00	60	02:50:43	55	03:40:20	62	00:30:22	00:31:20	00:30:19	01:31:59	16	05:20:02
51	2213	Bartholome Juan	ougree	M30	BEL	00:38:55	55	02:52:22	61	03:36:29	56	00:33:01	00:33:35	00:34:51	01:41:27	39	05:23:15
52	2151	Nicco Von Holstein	Glostrup	M30	DEN	00:39:52	59	02:54:46	63	03:41:08	64	00:32:05	00:32:15	00:33:28	01:37:48	31	05:23:42
53	2157	Sven Mollinga	Amsterdam	M30	NED	00:39:21	57	02:52:20	60	03:38:23	59	00:33:17	00:33:55	00:33:21	01:40:31	35	05:23:49
54	2172	Sebastian Voigtländer	Ludwigsburg	M30	GER	00:44:09	78	02:42:09	39	03:32:44	55	00:33:22	00:38:08	00:37:34	01:49:03	59	05:25:51
55	2142	Matthijs Schell	Reek	M30	NED	00:38:23	54	03:00:13	70	03:45:23	69	00:30:46	00:32:07	00:33:11	01:36:04	23	05:26:18
56	2221	Alexander Olbrechts	Knokke	M30	BEL	00:35:20	35	02:45:56	48	03:28:39	49	00:37:06	00:37:27	00:37:20	01:51:52	62	05:26:57
57	2211	Mehmet Ege Tura	Zeist	M30	TUR	00:43:21	76	02:51:41	59	03:39:49	61	00:33:28	00:34:17	00:34:20	01:42:05	42	05:27:13
58	2155	Henning Bluhm	Bad Oldesloe	M30	GER	00:45:13	79	02:46:25	50	03:37:33	57	00:33:53	00:34:29	00:36:11	01:44:32	51	05:27:23
59	2187	Anne Terlouw	Ijsselstein ut	M30	NED	00:28:51	2	03:05:07	74	03:37:58	58	00:34:14	00:36:03	00:37:08	01:47:24	55	05:29:20
60	2232	Erik Balaz	Bratislava	M30	SVK	00:37:17	46	02:56:19	65	03:41:42	65	00:34:17	00:36:56	00:36:28	01:47:40	57	05:33:29
61	2160	Ramon Klaassen	Uithoorn	M30	NED	00:39:06	56	02:57:34	66	03:43:06	66	00:34:34	00:35:13	00:36:34	01:46:20	54	05:34:13
62	2184	Nikolaj Bøtker Pedersen	Aarhus C	M30	DEN	00:34:56	31	02:46:20	49	03:29:35	51	00:36:42	00:39:00	00:44:36	02:00:16	71	05:34:49
63	2178	Andreas Klütsch	Saarbrücken	M30	GER	00:32:21	20	02:50:06	54	03:26:47	45	00:33:28	00:41:52	00:49:14	02:04:33	75	05:36:19
64	2228	Menno Rijkaart	Bergambacht	M30	NED	00:39:26	58	02:52:55	62	03:39:04	60	00:35:32	00:38:20	00:39:22	01:53:13	63	05:37:20
65	2170	Michiel Oldenkamp	Utrecht	M30	NED	00:34:15	30	02:59:09	68	03:40:27	63	00:35:37	00:39:10	00:39:22	01:54:07	65	05:39:16
66	2180	Martijn Bergsma	Zwolle	M30	NED	00:37:58	52	02:59:10	69	03:45:39	70	00:38:30	00:37:26	00:37:22	01:53:17	64	05:44:13
67	2212	Gabriele Tafuni	Eindhoven	M30	ITA	00:53:05	88	02:50:50	57	03:53:06	74	00:34:08	00:38:33	00:38:22	01:51:03	61	05:51:27
68	2182	Jochem Hillen	Amsterdam	M30	NED	00:41:24	65	03:02:05	71	03:50:12	72	00:39:14	00:41:27	00:41:08	02:01:49	73	05:57:02
69	2192	Martijn Van Steijn	Amsterdam	M30	NED	00:40:56	63	03:10:41	78	03:59:09	75	00:39:21	00:37:55	00:37:26	01:54:41	66	05:58:34
70	2148	Ziga Tratensek	Amsterdam	M30	SLO	00:45:47	80	03:09:21	76	04:01:05	77	00:36:35	00:39:24	00:40:46	01:56:44	69	06:02:40
71	2223	Phil Burzan	Stuttgart	M30	GER	00:41:39	68	03:08:40	75	04:00:10	76	00:37:54	00:38:49	00:39:27	01:56:08	68	06:04:58
72	2208	Steven De Rooij	Nunspeet	M30	NED	00:43:46	77	03:13:14	80	04:07:37	81	00:36:11	00:36:50	00:37:20	01:50:19	60	06:06:13
73	2153	Patrick Michl	Münzkirchen	M30	AUT	00:42:56	75	03:13:45	81	04:02:05	78	00:41:18	00:39:19	00:39:03	01:59:40	70	06:07:59
74	2143	Jan Schurawski	Dortmund	M30	GER	00:41:38	67	03:03:20	72	03:50:29	73	00:37:29	00:46:37	00:50:20	02:14:25	81	06:10:22
75	2162	Otto Fernando Alvarado	Guatemala	M30	GUA	00:42:08	72	02:55:44	64	03:45:16	68	00:45:17	00:46:47	00:48:28	02:20:30	83	06:12:23

Franco																	
76	2164	Coen Manders	Den Dungen	M30	NED	00:42:37	73	03:09:27	77	04:04:07	80	00:37:24	00:40:10	00:47:25	02:04:59	76	06:16:45
77	2181	Thomas Wals	Purmerend	M30	NED	00:40:09	61	03:03:28	73	03:48:36	71	00:42:01	00:51:29	00:52:32	02:26:01	84	06:20:27
78	2225	Tobias Fuchte	Erlangen	M30	GER	00:41:40	69	03:12:49	79	04:02:18	79	00:47:05	00:47:02	00:44:50	02:18:57	82	06:27:59
79	2220	Wouter Holtslag	Noord Brabant	M30	NED	00:49:32	86	03:22:22	85	04:20:13	85	00:39:23	00:41:01	00:40:49	02:01:11	72	06:28:26
80	2152	Richard Treffers	Almere	M30	NED	00:55:32	92	03:15:06	82	04:16:59	83	00:39:26	00:42:23	00:45:44	02:07:32	78	06:29:53
81	2131	Andrés Vargas	Woerden	M30	CRC	00:40:11	62	02:58:19	67	03:43:49	67	00:46:57	00:56:14	00:57:09	02:40:19	89	06:31:43
82	2132	Frank Gieling	Almere	M30	NED	00:46:33	81	03:15:28	83	04:11:11	82	00:44:28	00:50:28	00:51:49	02:26:44	85	06:45:34
83	2136	Shannon Naylor	DONCASTER	M30	GBR	00:53:50	90	03:26:48	86	04:28:26	87	00:41:09	00:44:56	00:45:11	02:11:15	80	06:47:21
84	2193	Amrah Canul	North Brabant	M30	BIZ	00:50:14	87	03:42:09	89	04:40:40	89	00:38:24	00:40:26	00:44:52	02:03:41	74	06:53:15
85	2145	Mike Christiansen	København S	M30	DEN	00:48:10	83	03:44:13	90	04:41:08	90	00:38:03	00:42:10	00:47:14	02:07:26	77	06:54:52
86	2139	Tim Jongerden		M30	NED	00:53:18	89	03:15:54	84	04:17:28	84	00:47:11	00:52:45	00:55:59	02:35:54	88	07:02:31
87	2234	Tyler Kirkland	Amsterdam	M30	USA	00:48:11	84	03:28:33	87	04:26:32	86	00:43:02	00:53:24	00:53:08	02:29:33	86	07:04:15
88	2233	Frans Jonker	Meppel	M30	NED	00:49:19	85	03:45:03	91	04:47:17	91	00:40:14	00:43:13	00:47:00	02:10:26	79	07:10:31
89	2217	Em Lavin	Abu Dhabi	M30	PHI	00:54:38	91	03:34:57	88	04:37:53	88	00:49:47	00:51:02	00:48:52	02:29:40	87	07:13:43
90	2156	Lennart Wegewijs	Voorschoten	M30	NED	00:38:02	53	02:16:12	1	03:00:14	4	00:31:54				0	DNF
91	2185	Gerard Gimenez	Cerdanyola	M30	ESP	00:33:25	24	02:43:30	43	03:24:33	37	00:32:44				0	DNF
92	2227	Vinit Dighe	Gouda	M30	IND	00:47:51	82		0		0					0	DNF

Men 35-39

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	2312	Lars Wichert	Asendorf	M35	GER	00:28:43	3	02:13:36	1	02:45:25	1	00:25:31	00:26:08	00:27:42	01:19:21	1	04:07:59	
2	2330	Tim Wolf	München	M35	GER	00:27:04	1	02:30:20	10	03:00:31	4	00:27:23	00:27:20	00:26:43	01:21:25	2	04:24:52	
3	2319	Jérôme Marechal	Stavelot	M35	BEL	00:31:31	10	02:26:26	6	03:01:49	6	00:26:57	00:27:58	00:27:45	01:22:39	3	04:28:38	
4	2333	Stach Aarts	Amsterdam	M35	NED	00:32:07	13	02:29:04	9	03:05:16	8	00:26:47	00:27:47	00:29:09	01:23:42	4	04:33:00	
5	2340	Alain Van Der Putten	Amsterdam	M35	NED	00:35:17	26	02:23:34	4	03:02:34	7	00:29:05	00:29:42	00:31:08	01:29:54	6	04:36:09	
6	2332	Eugenio Torregrosa Domenech	Valkenburg	M35	ESP	00:28:58	5	02:35:47	16	03:07:53	11	00:28:36	00:30:06	00:30:19	01:28:59	5	04:41:23	
7	2309	Benny Mulder	Culemborg	M35	NED	00:30:24	6	02:27:37	7	03:01:22	5	00:32:47	01:03:18	00:00:14	01:36:18	16	04:41:34	
8	2302	Andrei Contan	Amsterdam	M35	ROU	00:30:49	8	02:31:16	11	03:06:27	10	00:30:39	00:30:24	00:30:27	01:31:29	9	04:41:55	
9	2270	Phil Teicher	Ochtendung	M35	GER	00:35:30	30	02:26:06	5	03:05:29	9	00:29:48	00:31:18	00:31:38	01:32:43	10	04:41:55	
10	2331	Moritz König	Hamburg	M35	GER	00:31:39	11	02:20:28	2	02:57:34	2	00:35:01	00:34:58	00:34:50	01:44:47	30	04:46:43	
11	2323	Martijn Gerritsen	Westervoort	M35	NED	00:30:37	7	02:32:53	13	03:09:10	12	00:31:57	00:33:26	00:34:08	01:39:31	20	04:55:24	
12	2310	Thomas Frohn	Maastricht	M35	NED	00:40:56	57	02:33:11	14	03:18:29	19	00:29:59	00:31:15	00:32:21	01:33:33	12	04:56:12	
13	2334	Michal Kraus	Bratislava	M35	SVK	00:27:29	2	02:48:50	40	03:22:24	24	00:29:20	00:30:30	00:30:12	01:30:00	7	04:57:30	
14	2279	Hans Stoutjesdijk	ZIERIKZEE	M35	NED	00:33:37	20	02:38:30	23	03:18:57	20	00:30:34	00:31:23	00:32:07	01:34:02	15	04:57:38	

15	2267	Maarten De Geus	Leidschendam	M35	NED	00:31:57	12	02:39:26	25	03:16:51	17	00:33:07	00:34:33	00:31:53	01:39:32	21	05:00:29
16	2285	Erik Everts	Zwolle	M35	NED	00:32:53	16	02:37:57	18	03:15:29	16	00:32:44	00:33:39	00:34:23	01:40:45	24	05:00:40
17	2301	Tim Viets	Beusichem	M35	NED	00:40:19	50	02:38:11	20	03:23:48	25	00:29:53	00:31:13	00:32:38	01:33:43	14	05:00:51
18	2317	Leon Stokkel	Amsterdam	M35	NED	00:34:42	24	02:39:46	27	03:21:57	22	00:32:25	00:32:00	00:33:40	01:38:03	18	05:03:52
19	2322	Pawel Pankiewicz	Aalborg	M35	POL	00:36:19	32	02:32:42	12	03:13:45	14	00:32:37	00:34:02	00:34:38	01:41:15	25	05:04:06
20	2246	André Bors	Bedburg-Hau	M35	NED	00:41:42	61	02:28:26	8	03:15:05	15	00:34:48	00:33:45	00:35:15	01:43:48	28	05:04:08
21	2250	Michaël Zeyer	Noertzange	M35	LUX	00:35:20	27	02:49:10	41	03:31:11	39	00:31:09	00:28:58	00:30:12	01:30:18	8	05:05:52
22	2254	Thomas Boenke	Kalkar	M35	GER	00:32:23	15	02:40:11	28	03:17:45	18	00:35:05	00:35:18	00:36:33	01:46:55	36	05:08:39
23	2292	Callum Hodnett	didcot	M35	GBR	00:38:36	39	02:37:51	17	03:24:29	27	00:31:45	00:32:16	00:34:01	01:38:01	17	05:09:52
24	2311	Wouter De Craene	Elsegem	M35	BEL	00:36:27	33	02:38:18	21	03:20:24	21	00:34:17	00:34:57	00:38:54	01:48:07	38	05:12:17
25	2297	Conor Quinn	Groningen	M35	IRL	00:40:15	48	02:40:58	29	03:27:26	34	00:29:52	00:32:51	00:36:57	01:39:39	22	05:12:52
26	2275	Arie Franke	ZH	M35	NED	00:40:19	51	02:55:49	54	03:41:52	53	00:31:10	00:31:00	00:31:06	01:33:14	11	05:19:12
27	2251	Stefan Hendriks	Assendelft	M35	NED	00:34:21	22	02:51:14	44	03:29:43	37	00:33:54	00:34:56	00:37:03	01:45:52	34	05:19:36
28	2284	Michael Hoffmann	Almere	M35	GER	00:32:22	14	02:48:05	38	03:25:41	30	00:35:21	00:36:26	00:37:28	01:49:14	39	05:20:39
29	2242	Ronald Floris Boogaard	Amsterdam	M35	NED	00:28:44	4	02:52:53	49	03:26:09	31	00:34:22	00:36:17	00:38:52	01:49:30	40	05:20:57
30	2321	Ryan Germann	Oregon	M35	USA	00:35:23	29	02:45:11	36	03:26:10	32	00:34:16	00:36:48	00:39:59	01:51:02	43	05:21:19
31	2298	Herre Uittenhout	Utrecht	M35	NED	00:37:08	35	02:54:49	52	03:37:23	48	00:32:20	00:33:47	00:33:53	01:39:59	23	05:21:48
32	2295	Oscar Kreijenbroek	Utrecht	M35	NED	00:36:31	34	02:51:14	43	03:33:17	43	00:33:58	00:34:35	00:35:49	01:44:21	29	05:23:35
33	2277	Michael Blom	Oosterhout	M35	NED	00:37:15	36	02:39:07	24	03:22:23	23	00:35:02	00:39:11	00:42:39	01:56:50	52	05:23:47
34	2291	Jelte Van Eeuwijk	Zuid Holland	M35	NED	00:41:59	63	02:48:29	39	03:36:39	47	00:32:52	00:35:21	00:35:09	01:43:22	27	05:24:30
35	2244	Stephan Van Dongen	Middelbeers	M35	NED	00:35:22	28	02:52:07	45	03:34:54	45	00:32:12	00:34:24	00:38:15	01:44:50	31	05:25:20
36	2282	Ferry Van Der Vegt	Zwolle	M35	NED	00:38:58	41	03:02:16	61	03:46:41	54	00:30:11	00:31:29	00:31:59	01:33:37	13	05:25:22
37	2306	Arthur Loby	Assen	M35	NED	00:38:45	40	02:39:46	26	03:24:59	28	00:36:47	00:38:47	00:39:55	01:55:29	48	05:25:40
38	2308	Jan -Willem Smit	Wervershoof	M35	NED	00:45:30	71	02:43:12	32	03:35:04	46	00:34:28	00:34:22	00:36:12	01:45:01	32	05:26:07
39	2303	Marc Knepper	Wesel a Rhein	M35	GER	00:37:35	37	02:44:09	34	03:29:19	35	00:34:49	00:36:41	00:39:58	01:51:26	45	05:26:36
40	2258	Thijs Rood	Almere	M35	NED	00:37:40	38	02:43:08	31	03:25:00	29	00:34:57	00:41:42	00:41:46	01:58:24	53	05:27:46
41	2243	Rik De Lange	Almere	M35	NED	00:36:13	31	02:46:09	37	03:27:11	33	00:36:26	00:39:08	00:41:13	01:56:46	51	05:29:22
42	2288	Ben Bertrand	VÖLKLINGEN	M35	GER	00:40:40	56	02:59:37	58	03:47:25	55	00:30:59	00:33:18	00:33:59	01:38:15	19	05:31:15
43	2253	Dennis Vleugel Van Der Linden	Almere	M35	NED	00:34:06	21	02:53:46	50	03:33:16	42	00:34:56	00:38:47	00:42:52	01:56:34	50	05:34:37
44	2337	Fulco Groeneveld	Amerstfoort	M35	NED	00:44:45	68	02:41:13	30	03:31:27	40	00:37:55	00:40:58	00:40:10	01:59:01	55	05:35:19
45	2335	Patrik Danek	Bratilava	M35	SVK	00:44:59	70	02:49:20	42	03:41:36	52	00:33:56	00:36:05	00:37:32	01:47:32	37	05:35:22
46	2305	Andy Laporte	Diest	M35	BEL	00:41:01	58	02:52:29	46	03:41:11	51	00:35:49	00:36:17	00:38:07	01:50:12	41	05:36:36
47	2252	Peter Verhelst	Spijkenisse	M35	NED	00:40:06	46	02:44:58	35	03:30:28	38	00:38:12	00:39:27	00:43:55	02:01:33	59	05:37:22
48	2324	Jasper Eschweiler	Alkmaar	M35	NED	00:44:54	69	02:38:29	22	03:31:57	41	00:39:01	00:40:25	00:41:41	02:01:06	58	05:42:24
49	2269	Michiel Van Der Eerden	Herten	M35	NED	00:33:08	18	02:54:44	51	03:33:59	44	00:38:04	00:40:10	00:47:31	02:05:45	64	05:45:19
50	2296	Jeroen Ulfman	Stellendam	M35	NED	00:40:30	53	02:37:59	19	03:24:23	26	00:41:47	00:45:24	00:49:32	02:16:41	72	05:45:47
51	2245	Jan Maes	Lommel	M35	BEL	00:35:03	25	02:57:01	55	03:38:28	50	00:39:03	00:39:59	00:40:57	01:59:57	57	05:46:36

52	2304	Philipp Bosshard	Silvaplana	M35	SUI	00:42:55	65	02:55:05	53	03:48:30	58	00:39:21	00:37:59	00:38:07	01:55:25	47	05:50:32		
53	2329	Alberto Cavallero	Eindhoven	M35	ITA	00:41:06	59	03:02:19	62	03:54:00	66	00:34:08	00:38:33	00:38:23	01:51:03	44	05:51:27		
54	2293	Martin Whyte	Glasgow	M35	GBR	00:39:32	44	03:09:08	69	03:55:53	67	00:35:53	00:37:22	00:37:28	01:50:43	42	05:51:45		
55	2281	Jeroen Vanson	The Hague	M35	NED	00:47:41	73	03:06:10	68	04:03:02	72	00:32:21	00:33:52	00:36:25	01:42:36	26	05:52:02		
56	2313	Jarno Grijn	Almere	M35	NED	00:48:13	75	02:58:24	56	03:53:13	65	00:36:32	00:37:36	00:40:18	01:54:25	46	05:53:27		
57	2249	Laurent Graebner	Frankelbach	M35	GER	00:43:42	66	03:02:05	60	03:52:47	63	00:36:00	00:39:21	00:40:58	01:56:19	49	05:54:19		
58	2255	Christiaan Høvig	Amsterdam	M35	NED	00:39:45	45	02:52:47	47	03:38:08	49	00:39:33	00:46:04	00:49:52	02:15:28	71	05:57:49		
59	2299	Pavlo Melnyk	Amsterdam	M35	UKR	00:50:43	78	03:11:13	73	04:08:57	76	00:35:25	00:35:38	00:35:26	01:46:29	35	06:00:52		
60	2272	Niels De Water	Den Haag	M35	NED	00:40:38	55	03:01:56	59	03:50:00	60	00:39:05	00:41:51	00:43:50	02:04:45	62	06:01:18		
61	2257	Geert Pouders	Lommel	M35	BEL	00:48:00	74	03:09:11	70	04:06:41	75	00:33:51	00:35:32	00:36:17	01:45:38	33	06:01:23		
62	2316	Leroy Pronk	Amsterdam	M35	NED	00:44:19	67	03:09:21	71	03:59:26	69	00:39:41	00:41:24	00:38:08	01:59:12	56	06:03:29		
63	2264	Martijn Hoving		M35	NED	00:49:22	76	02:52:50	48	03:50:37	61	00:37:58	00:41:04	00:47:21	02:06:22	65	06:03:44		
64	2339	Frank Broekhof	AMERSFOORT	M35	NED	00:42:40	64	03:06:05	67	03:56:44	68	00:37:31	00:40:14	00:43:59	02:01:43	60	06:04:05		
65	2268	Paul Adriaensen	Antwerpen	M35	BEL	00:41:44	62	03:03:05	65	03:52:59	64	00:39:14	00:42:15	00:44:10	02:05:39	63	06:04:35		
66	2326	Florian De Vries	Dronrijp	M35	NED	00:34:40	23	03:09:31	72	03:51:44	62	00:39:45	00:42:01	00:45:39	02:07:23	68	06:06:10		
67	2278	Richard Simon	Dietenheim	M35	GER	00:41:09	60	02:59:25	57	03:49:11	59	00:40:31	00:43:16	00:44:24	02:08:10	69	06:06:35		
68	2247	Raymon Bouman	Spijkenisse	M35	NED	00:39:12	42	03:02:41	63	03:48:10	56	00:40:26	00:44:10	00:52:31	02:17:06	73	06:10:08		
69	2265	Wesley Bouman	spijkenisse	M35	NED	00:39:12	43	03:02:43	64	03:48:11	57	00:40:27	00:44:10	00:52:31	02:17:06	74	06:10:10		
70	2320	Lukasz Sztanderski	Hoogvliet	M35	POL	00:52:12	80	03:03:56	66	04:04:18	73	00:42:00	00:41:05	00:41:08	02:04:12	61	06:16:16		
71	2248	Guido Van Seeters	Utrecht	M35	NED	00:46:52	72	03:16:41	75	04:11:30	77	00:40:08	00:38:52	00:39:55	01:58:54	54	06:17:24		
72	2327	Gerben Kollaard	Apeldoorn	M35	NED	00:40:16	49	03:12:00	74	04:01:19	70	00:32:53	00:36:39	01:07:35	02:17:06	75	06:24:15		
73	2336	Rens Evers	Alkmaar, Noord Holland	M35	NED	00:33:04	17	03:20:48	78	04:01:42	71	00:44:10	00:48:52	00:49:51	02:22:52	76	06:31:12		
74	2287	Wesley De Veer	Den Dungen	M35	NED	00:50:20	77	03:17:20	77	04:17:44	78	00:38:21	00:41:59	00:46:13	02:06:32	66	06:32:49		
75	2289	Kenny Van Midden	Utrecht	M35	NED	00:40:26	52	03:16:55	76	04:06:33	74	00:43:08	00:48:57	00:51:40	02:23:44	77	06:36:54		
76	2338	Mikhail Kaduchka	The Hague	M35	RUS	00:51:55	79	03:34:34	81	04:32:51	80	00:39:09	00:42:36	00:45:03	02:06:47	67	06:46:23		
77	2280	Dick Bijman	Amsterdam	M35	NED	00:40:37	54	03:30:54	80	04:19:12	79	00:46:38	00:50:32	00:56:47	02:33:56	78	06:59:55		
78	2325	Marcos Esau Dominguez Viera	Wageningen	M35	MEX	00:57:19	83	03:47:26	82	04:51:53	82	00:41:12	00:44:02	00:46:10	02:11:24	70	07:09:29		
79	2266	Mun Kit Mark Woo	Putrajaya	M35	MAS	00:53:56	81	03:27:55	79	04:40:35	81	00:56:39	01:05:48	01:07:24	03:09:50	79	08:02:08		
80	2263	Martin Nieuwstraten	Spijkenisse	M35	NED	00:33:26	19	02:33:33	15	03:11:08	13	00:36:35				0		DNF	
81	2307	Floris Teeuwisse	Eindhoven	M35	NED	00:40:14	47	02:44:04	33	03:29:22	36	01:22:45				0		DNF	
82	2256	Robin Cuypers	Peer	M35	BEL	00:31:06	9	02:22:33	3	02:58:12	3					0		DNF	
83	2276	Jadran Braber	Oosterhout	M35	NED	00:53:57	82	03:52:55	83	04:54:49	83					0		DNF	

Men 40-44

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	2377	Han Peter Lucas	ZWOLLE	M40	NED	00:27:16	2	02:33:10	12	03:04:17	3	00:26:05	00:26:53	00:27:16	01:20:13	1	04:28:27	
2	2460	Bram Van Der Wal	Culemborg	M40	NED	00:28:43	3	02:25:15	1	02:58:28	2	00:28:44	00:30:11	00:31:11	01:30:05	8	04:32:40	
3	2396	Andreas Erdrich	Bonn	M40	GER	00:36:25	38	02:26:07	2	03:06:26	4	00:28:11	00:30:11	00:29:44	01:28:05	3	04:38:53	
4	2412	Peter Van Dartel	Amersfoort	M40	NED	00:27:11	1	02:26:25	3	02:56:59	1	00:31:56	00:33:44	00:33:05	01:38:45	24	04:39:33	
5	2463	Yves Hendrickx	Kessel	M40	BEL	00:35:44	35	02:27:19	4	03:08:19	8	00:28:17	00:29:28	00:30:50	01:28:34	5	04:41:26	
6	2389	Sven Duits	Amersfoort	M40	NED	00:31:11	7	02:31:22	10	03:06:42	6	00:29:39	00:32:11	00:32:13	01:34:02	15	04:44:43	
7	2447	Gregorio Nijboer	Elburg	M40	NED	00:35:03	27	02:36:31	25	03:15:23	20	00:28:53	00:29:06	00:29:04	01:27:01	2	04:46:03	
8	2362	Shane Flaherty	Eindhoven	M40	IRL	00:36:32	39	02:28:46	7	03:10:00	10	00:30:37	00:30:33	00:30:21	01:31:30	13	04:46:40	
9	2464	Glenn Van Hoogten	Ekeren	M40	BEL	00:31:29	8	02:35:30	19	03:10:47	11	00:29:59	00:31:05	00:31:19	01:32:22	14	04:46:45	
10	2453	Alan Webb	Utrecht	M40	IRL	00:34:26	22	02:40:25	38	03:18:48	26	00:30:00	00:30:01	00:28:18	01:28:18	4	04:51:07	
11	2415	Andrei Tserednik	Tallinn	M40	EST	00:31:32	9	02:35:19	17	03:11:39	12	00:32:30	00:32:27	00:31:43	01:36:39	21	04:52:23	
12	2445	Sander Van Ooij	Vught	M40	NED	00:31:54	12	02:36:27	24	03:12:48	14	00:29:51	00:32:11	00:32:44	01:34:44	17	04:52:44	
13	2390	Xander Cornelis	Amersfoort	M40	NED	00:34:34	23	02:41:43	45	03:20:20	32	00:29:22	00:29:52	00:31:04	01:30:17	10	04:54:44	
14	2400	Joost Schuringa	ZUIDHORN	M40	NED	00:31:56	13	02:30:31	8	03:06:38	5	00:33:15	00:35:24	00:35:25	01:44:03	39	04:55:13	
15	2418	Jörg Scheithauer	Frankfurt	M40	GER	00:36:43	42	02:38:15	29	03:20:12	31	00:29:36	00:30:07	00:29:55	01:29:37	7	04:55:23	
16	2360	Arjan Kolvoort	wijchen	M40	NED	00:39:42	69	02:28:00	5	03:12:45	13	00:32:14	00:33:37	00:35:13	01:41:03	31	04:57:40	
17	2378	Sander Den Hartog	Apeldoorn	M40	NED	00:39:10	67	02:40:24	37	03:23:47	43	00:29:13	00:29:50	00:31:08	01:30:09	9	04:58:05	
18	2347	Andre De Geus	Sliedrecht	M40	NED	00:34:48	26	02:38:05	28	03:17:10	22	00:31:30	00:32:50	00:32:35	01:36:55	22	04:58:43	
19	2367	Paolo Profeta	Lommel	M40	BEL	00:38:16	58	02:34:13	13	03:19:10	27	00:31:35	00:32:03	00:32:02	01:35:39	19	04:58:55	
20	2369	Michael Wachs	Uetersen	M40	GER	00:33:34	17	02:28:35	6	03:07:51	7	00:32:16	00:36:33	00:38:50	01:47:37	50	04:59:11	
21	2414	Florian Zahn	Kassel	M40	GER	00:35:13	31	02:32:57	11	03:13:27	15	00:30:52	00:35:04	00:36:59	01:42:54	36	05:01:12	
22	2452	Tanguy Ingels	Heist op den Berg	M40	BEL	00:35:04	28	02:35:52	21	03:17:47	23	00:32:09	00:34:07	00:34:54	01:41:09	33	05:03:15	
23	2424	Michel Klaasse	Brielle	M40	NED	00:37:56	54	02:36:15	23	03:19:28	29	00:32:51	00:33:25	00:33:34	01:39:48	27	05:04:11	
24	2438	Ismael Nogueira De Franca Van Der Velden	Roosendaal	M40	BRA	00:39:09	66	02:34:55	15	03:18:06	24	00:32:35	00:34:34	00:36:58	01:44:06	40	05:06:39	
25	2437	Kim Dahl	Hasselager	M40	DEN	00:37:49	50	02:35:46	20	03:20:27	33	00:32:22	00:31:06	00:36:51	01:40:18	28	05:07:18	
26	2413	Erik Doesburg	Lage Zwaluwe	M40	NED	00:31:34	10	02:37:15	26	03:14:50	18	00:34:49	00:36:24	00:36:15	01:47:27	48	05:07:22	
27	2352	Tony Sellwood	Almere	M40	GBR	00:33:19	15	02:42:49	51	03:21:04	36	00:33:23	00:34:21	00:33:24	01:41:07	32	05:07:31	
28	2456	Marcel Ahaus	Düsseldorf	M40	GER	00:41:12	80	02:44:15	55	03:32:28	59	00:29:53	00:30:21	00:31:03	01:31:16	12	05:08:29	
29	2391	Andre Beltz	Wilster	M40	GER	00:30:42	5	02:34:19	14	03:08:31	9	00:34:48	00:38:45	00:42:38	01:56:11	72	05:08:56	
30	2402	Guido Van Den Brink	Diemen	M40	NED	00:44:14	94	02:44:51	57	03:34:46	64	00:29:04	00:30:28	00:31:10	01:30:41	11	05:08:56	
31	2383	Ludovic Bourdon	Wavrin	M40	FRA	00:38:11	56	02:40:49	40	03:26:21	45	00:31:21	00:32:26	00:33:47	01:37:32	23	05:08:58	
32	2358	Jeroen Mesman	Nieuw vennep	M40	NED	00:33:42	18	02:41:39	44	03:20:05	30	00:33:35	00:35:08	00:37:08	01:45:50	46	05:09:37	
33	2430	Marc Snijders	Nederland	M40	NED	00:42:47	87	02:38:26	30	03:28:39	51	00:30:35	00:31:39	00:34:10	01:36:22	20	05:10:48	
34	2349	Bernhard Mireisz	Lübeck	M40	AUT	00:42:48	88	02:40:10	36	03:28:21	50	00:31:49	00:32:59	00:34:04	01:38:50	25	05:10:52	
35	2404	Ivar Koster	Almere	M40	NED	00:35:38	33	02:35:06	16	03:16:38	21	00:34:41	00:36:48	00:38:46	01:50:14	60	05:11:15	
36	2448	Jeroen Schuurman	Nieuwegein	M40	NED	00:37:49	51	02:39:39	34	03:22:42	40	00:34:17	00:35:38	00:35:53	01:45:47	45	05:12:23	

37	2385	Sami Niemi	Leiden	M40	FIN	00:38:30	60	02:40:53	41	03:26:54	46	00:33:59	00:33:20	00:33:37	01:40:55	30	05:12:43
38	2409	Joost Hoogenbosch	Den Burg	M40	NED	00:37:32	46	02:40:49	39	03:23:32	42	00:32:42	00:35:01	00:36:21	01:44:02	38	05:13:31
39	2416	Pavel Grigorenko	Tallinn	M40	EST	00:33:47	19	02:35:55	22	03:14:16	16	00:36:44	00:39:25	00:38:56	01:55:04	69	05:13:33
40	2343	Marc Goergen	Erpeldange	M40	LUX	00:40:32	75	02:46:06	60	03:33:52	62	00:30:35	00:31:44	00:32:23	01:34:42	16	05:14:02
41	2439	Gerrit Benjamin Aarnoudse	Utrecht	M40	NED	00:36:42	41	02:42:51	52	03:24:36	44	00:33:10	00:34:27	00:36:47	01:44:23	42	05:14:02
42	2425	Anton Sudat	The Hague	M40	NED	00:37:48	49	02:50:00	66	03:35:07	66	00:31:20	00:31:41	00:32:07	01:35:06	18	05:14:30
43	2365	Bouke Van Rossum	Noordhoek	M40	NED	00:34:35	24	02:35:30	18	03:14:37	17	00:39:15	00:37:55	00:38:02	01:55:11	70	05:14:44
44	2373	Ralf Seifert	Peine	M40	GER	00:36:07	37	02:39:07	33	03:20:47	35	00:36:33	00:36:32	00:37:59	01:51:04	63	05:15:52
45	2455	Sander Kliphuis	SCHAGEN	M40	NED	00:33:33	16	02:42:18	48	03:20:43	34	00:34:34	00:37:21	00:38:53	01:50:48	62	05:16:31
46	2397	Niels De With	Zwolle	M40	NED	00:35:08	29	02:39:58	35	03:21:17	37	00:34:56	00:36:39	00:37:43	01:49:17	56	05:16:37
47	2449	Thomas Eißler	Leipzig	M40	GER	00:35:10	30	02:41:58	46	03:21:46	38	00:34:38	00:36:50	00:39:11	01:50:37	61	05:17:04
48	2434	Jörgen Hofstra	Uitgeest	M40	NED	00:37:39	48	02:45:32	59	03:28:04	49	00:33:49	00:34:23	00:36:06	01:44:18	41	05:17:10
49	2451	Norbert Hauth	Bernkastel-Kues	M40	GER	00:37:50	53	02:43:52	54	03:28:40	52	00:31:37	00:35:16	00:36:58	01:43:50	37	05:17:48
50	2428	Joris De Bock	Oudenaarde	M40	BEL	00:42:04	86	02:30:55	9	03:18:45	25	00:34:53	00:39:16	00:41:48	01:55:56	71	05:18:19
51	2408	Erik Janssens	Weesp	M40	NED	00:39:45	70	02:44:42	56	03:31:08	56	00:32:46	00:34:04	00:36:02	01:42:51	35	05:19:20
52	2443	Jouke Hooghiemstra	Amstelveen	M40	NED	00:41:24	81	02:41:08	43	03:29:43	54	00:33:12	00:35:37	00:36:47	01:45:34	44	05:19:59
53	2398	Dennis Rutten	Renkum	M40	NED	00:32:04	14	02:42:01	47	03:19:19	28	00:36:27	00:37:47	00:40:51	01:55:04	68	05:20:57
54	2368	Gustavo Mendonca	London	M40	BRA	00:39:21	68	02:49:08	64	03:36:11	68	00:32:58	00:33:41	00:33:40	01:40:18	29	05:21:46
55	2351	Xavier Baillet	Sainghin en melantois	M40	FRA	00:34:01	20	02:41:00	42	03:27:45	48	00:35:22	00:36:41	00:37:07	01:49:08	54	05:22:45
56	2348	Manuel Theel	Regensburg	M40	GER	00:41:38	83	02:38:55	31	03:27:04	47	00:36:23	00:38:11	00:38:12	01:52:46	65	05:24:36
57	2370	Vincent De Vos	Spijkenisse	M40	NED	00:30:57	6	02:37:34	27	03:15:20	19	00:40:17	00:39:59	00:42:19	02:02:34	80	05:24:46
58	2355	Ivan Bos	Heerhugowaard	M40	NED	00:41:04	79	02:44:54	58	03:32:05	58	00:34:54	00:35:48	00:36:53	01:47:34	49	05:25:04
59	2361	Klaas Visser	Urk	M40	NED	00:35:40	34	02:42:24	49	03:22:55	41	00:36:17	00:39:41	00:43:12	01:59:10	74	05:27:10
60	2392	Sjoerd Kuiken	Rotterdam	M40	NED	00:37:14	45	02:59:55	81	03:43:21	76	00:33:33	00:34:19	00:33:49	01:41:40	34	05:29:28
61	2461	Marius Nowak	AMSTERDAM	M40	FRA	00:42:59	89	02:51:34	71	03:39:55	71	00:35:11	00:35:11	00:35:30	01:45:51	47	05:29:49
62	2380	Pascal Schrempp	Essen	M40	GER	00:43:19	92	02:49:06	63	03:38:29	69	00:34:21	00:36:17	00:38:11	01:48:47	52	05:31:20
63	2450	Bart De Bruine	Arnhem	M40	NED	00:40:09	73	02:48:40	62	03:34:48	65	00:34:52	00:36:30	00:41:00	01:52:20	64	05:31:34
64	2357	Mark Van Ooij	Alphen aan den Rijn	M40	NED	00:36:56	43	02:56:27	74	03:40:28	73	00:33:55	00:36:55	00:38:12	01:49:00	53	05:34:47
65	2433	Dimitri Hoekstra	Amsterdam	M40	NED	00:41:34	82	02:53:08	73	03:39:57	72	00:33:54	00:37:05	00:42:07	01:53:04	66	05:36:26
66	2421	Gian-Carlo Pascutto	Outer	M40	BEL	00:39:04	65	02:58:15	76	03:46:22	80	00:34:28	00:35:02	00:35:50	01:45:19	43	05:37:06
67	2399	Roland Vos	Almere	M40	NED	00:38:02	55	02:43:18	53	03:29:35	53	00:34:19	00:39:34	00:48:10	02:02:02	78	05:39:42
68	2374	Stefan Wächtler	Lübeck	M40	GER	00:46:33	101	03:05:23	89	03:57:41	92	00:32:26	00:32:35	00:34:19	01:39:19	26	05:41:27
69	2442	Bas Schoots	Utrecht	M40	NED	00:37:50	52	02:50:10	67	03:33:15	60	00:36:59	00:41:35	00:47:03	02:05:36	84	05:43:00
70	2359	Aart Van De Wetering	Amersfoort	M40	NED	00:43:17	91	02:57:10	75	03:48:06	84	00:35:31	00:36:36	00:37:15	01:49:21	57	05:44:17
71	2401	John Volk	Krimpen aan de Lek	M40	NED	00:38:27	59	02:46:47	61	03:31:51	57	00:36:09	00:42:22	00:48:22	02:06:53	85	05:44:41

72	2417	Gareth Brown	Bloemendaal	M40	IRL	00:38:56	63	02:52:20	72	03:38:55	70	00:39:09	00:40:20	00:40:39	02:00:07	76	05:46:05
73	2342	Andreas König	Minden	M40	GER	00:39:03	64	02:49:17	65	03:34:12	63	00:39:43	00:41:20	00:46:46	02:07:49	87	05:46:13
74	2459	Ulrich Borgstaedt	Düsseldorf	M40	GER	00:43:14	90	02:58:29	77	03:50:37	85	00:34:41	00:35:55	00:37:51	01:48:26	51	05:46:19
75	2446	Rutger Luxwolda	Hilversum	M40	NED	00:39:48	71	02:59:18	80	03:45:22	79	00:35:47	00:38:31	00:40:42	01:54:59	67	05:46:28
76	2388	Peter Boogaard	Apeldoorn	M40	NED	00:30:15	4	03:05:20	88	03:42:04	74	00:38:46	00:39:35	00:40:01	01:58:22	73	05:47:24
77	2384	Teun Van Der Kamp	Amsterdam	M40	NED	00:43:42	93	03:03:36	87	03:53:19	88	00:36:30	00:36:19	00:36:34	01:49:21	58	05:48:34
78	2440	Eelco Hanraads	Haarlem	M40	NED	00:38:41	61	02:58:40	78	03:43:57	77	00:37:02	00:40:51	00:44:23	02:02:16	79	05:50:50
79	2353	Michael Peters	Almere	M40	NED	00:40:08	72	02:42:42	50	03:31:02	55	00:40:48	00:46:33	00:51:33	02:18:54	96	05:55:01
80	2379	Matthijs Van Almen	Dordrecht	M40	NED	00:40:43	76	03:14:41	98	04:05:27	97	00:33:26	00:36:23	00:39:34	01:49:22	59	06:00:50
81	2405	Coen Dijkman	Almere	M40	NED	00:46:58	103	02:59:03	79	03:52:42	87	00:38:44	00:41:24	00:44:49	02:04:56	82	06:02:35
82	2420	Bas Rookhuijzen	Nederlands	M40	NED	00:45:54	98	03:00:28	84	03:53:24	89	00:36:19	00:41:32	00:46:17	02:04:07	81	06:02:58
83	2344	Mark Weber	Almere	M40	NED	00:37:37	47	03:01:37	85	03:44:57	78	00:41:01	00:45:33	00:47:32	02:14:05	91	06:04:26
84	2441	Iain Johnston	Woodbridge	M40	GBR	00:35:30	32	03:09:20	93	03:52:23	86	00:36:18	00:45:11	00:45:56	02:07:24	86	06:04:38
85	2457	Sebastiaan De Vries	Laren nh	M40	NED	00:40:29	74	03:00:13	83	03:46:25	81	00:40:44	00:44:59	00:47:23	02:13:05	90	06:04:48
86	2431	Ilko Bosman	Arnhem	M40	NED	00:45:59	100	02:50:17	68	03:43:18	75	00:42:10	00:49:08	00:47:35	02:18:52	95	06:07:30
87	2386	Florens Booij	Amersfoort	M40	NED	00:48:30	105	03:19:14	100	04:15:28	102	00:35:35	00:36:51	00:36:49	01:49:14	55	06:09:29
88	2435	Marinus Mulder	Middelburg	M40	NED	00:40:53	78	03:00:00	82	03:47:38	83	00:43:40	00:44:11	00:47:02	02:14:52	92	06:09:41
89	2366	Gerben Van Eekelen	Hoevelaken	M40	NED	00:45:12	97	03:10:23	95	04:03:21	95	00:37:30	00:39:28	00:42:48	01:59:45	75	06:09:43
90	2419	Maarten Conings	borgerhout	M40	BEL	00:41:38	84	03:05:49	90	03:54:39	91	00:41:12	00:43:44	00:45:40	02:10:35	89	06:11:54
91	2426	Ramon Kinneging	Nieuwegein	M40	NED	00:38:46	62	03:02:19	86	03:47:30	82	00:44:24	00:44:32	00:51:07	02:20:03	98	06:12:47
92	2423	Mark Van Der Louw	Den Haag	M40	NED	00:47:32	104	03:06:26	91	04:01:44	94	00:41:26	00:42:26	00:41:08	02:04:59	83	06:13:37
93	2462	Moti Erdeapel	Amsterdam	M40	ISR	00:45:58	99	03:39:39	107	04:37:06	107	00:44:16	00:45:12	00:00:08	01:29:36	6	06:14:33
94	2382	Michiel Beets	Apeldoorn	M40	NED	00:38:13	57	03:08:57	92	03:53:47	90	00:36:00	00:41:42	00:59:17	02:16:58	93	06:16:31
95	2458	Jens Heyman	Geraardsbergen	M40	BEL	00:49:35	108	03:11:50	96	04:07:29	98	00:39:39	00:39:48	00:42:02	02:01:29	77	06:18:02
96	2346	Hugo Gatjens	Davie	M40	PER	00:41:46	85	03:09:36	94	03:59:23	93	00:47:49	00:45:54	00:44:08	02:17:49	94	06:24:33
97	2411	Gijs Van Pelt	Dordrecht	M40	NED	00:44:29	95	03:11:57	97	04:03:59	96	00:42:13	00:47:41	00:50:04	02:19:57	97	06:31:18
98	2371	Anton Nightingale	Ipswich	M40	GBR	00:46:45	102	03:26:31	102	04:21:14	103	00:35:54	00:41:25	00:52:48	02:10:07	88	06:38:49
99	2376	Gerard Kremer	Almere	M40	NED	00:49:51	109	03:24:47	101	04:22:05	104	00:44:42	00:47:00	00:49:24	02:21:05	99	06:50:05
100	2356	Koen Van Der Kouwe	Alphen aan de Rijn	M40	NED	00:34:44	25	03:33:48	105	04:15:23	101	00:50:18	00:51:09	00:53:07	02:34:33	100	06:55:54
101	2432	Sebastian Eckel	München	M40	GER	00:53:12	111	03:30:21	104	04:34:39	105	00:45:15	00:54:34	00:57:57	02:37:46	101	07:21:10
102	2387	Diederick Croese	Noordwijk	M40	NED	00:50:14	110	03:37:03	106	04:35:32	106	00:47:22	00:56:29	01:04:30	02:48:20	102	07:33:00
103	2867	Mathieu Feder Schwaner	Brabrand	M40	FRA	00:36:15	0	02:23:31	0	03:04:58	0	00:27:16	00:27:47	00:27:57	01:22:59	0	04:31:46 DQ
104	2364	Clément Rouzé	Sainghin en melantois	M40	FRA	00:37:07	44	02:50:19	69	03:35:53	67	00:42:21	00:55:08			0	DNF
105	2345	Jim Treffers	Almere	M40	NED	00:48:56	107	03:15:43	99	04:10:37	100	01:00:35				0	DNF
106	2381	Julien Poirrette	Quesnoy Sur Deule	M40	FRA	00:36:00	36	02:38:57	32	03:22:26	39					0	DNF

107	2465	Stephan Dubos	Haarlem	M40	NED	00:34:22	21	03:28:33	103	04:10:18	99				0	DNF
108	2350	Andy Meirhaeghe	Maarkedal	M40	BEL	00:36:33	40	02:50:49	70	03:33:27	61				0	DNF
109	2422	Ernst-Jan Suyderhoud	Rijswijk	M40	NED	00:48:51	106		0		0				0	DNF
110	2444	Dominik Sauter	Blaustein	M40	GER	00:40:48	77		0		0				0	DNF
111	2406	Johannes Hemelrijk	Tollebeek	M40	NED	00:31:47	11		0		0				0	DNF
112	2436	Coen Van Dijck	Naarden	M40	NED	00:45:10	96		0		0				0	DNF
113	2864	Stephan Hülter	Arnsberg	M40	GER	00:54:35	112		0		0				0	DNF

Men 45-49

Pts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	2577	Jeroen Korstanje	Utrecht	M45	NED	00:25:54	1	02:26:43	2	02:55:48	1	00:29:45	00:31:16	00:30:58	01:31:58	5	04:31:29	
2	2560	Pascal Valentijn	Ter Aar	M45	NED	00:33:33	14	02:26:21	1	03:03:04	2	00:28:35	00:29:04	00:29:11	01:26:49	1	04:33:24	
3	2525	Joost Rooijmans	Bussum	M45	NED	00:32:47	9	02:28:48	4	03:05:28	3	00:29:10	00:29:42	00:30:09	01:29:01	2	04:38:25	
4	2589	Tim Soetens	Den Bosch	M45	NED	00:33:18	12	02:28:55	5	03:07:13	4	00:32:09	00:31:50	00:33:10	01:37:09	11	04:49:36	
5	2495	Andre Winkelhorst	Gronau-Epe	M45	GER	00:38:29	48	02:33:54	10	03:17:47	17	00:29:46	00:30:30	00:30:42	01:30:57	4	04:51:59	
6	2543	Bas Van Houts	Zug	M45	NED	00:32:42	8	02:36:56	16	03:14:41	12	00:30:31	00:31:07	00:32:16	01:33:53	7	04:54:04	
7	2532	Gerrit-Jan Klok	Delingsdorf	M45	NED	00:34:15	17	02:27:32	3	03:07:46	5	00:32:03	00:34:00	00:36:36	01:42:39	21	04:54:24	
8	2592	Dennis Heilbron	Grijpskerke	M45	NED	00:35:43	28	02:30:51	7	03:10:41	8	00:31:29	00:33:05	00:35:01	01:39:33	14	04:54:30	
9	2504	Fabrice Bruggmann	Pfäffikon	M45	SUI	00:37:38	42	02:29:42	6	03:12:57	10	00:31:45	00:32:55	00:32:44	01:37:23	12	04:55:49	
10	2554	Bjorn Renders	Wuustwezel	M45	BEL	00:32:41	7	02:32:37	8	03:09:31	6	00:32:03	00:34:12	00:36:34	01:42:49	24	04:55:54	
11	2514	Barry Rotgans	Almere	M45	NED	00:33:02	11	02:38:56	19	03:16:10	14	00:30:52	00:32:33	00:34:00	01:37:24	13	04:58:03	
12	2582	Richard De Boer	Heemskerk	M45	NED	00:34:49	23	02:34:42	11	03:13:31	11	00:32:07	00:33:31	00:34:27	01:40:04	17	04:58:35	
13	2483	Richard Strobbe	Almere	M45	NED	00:33:00	10	02:37:28	17	03:14:55	13	00:31:49	00:33:34	00:34:19	01:39:41	15	04:58:37	
14	2519	Juanan Fernandez	Salou	M45	ESP	00:34:24	19	02:40:57	24	03:20:41	22	00:31:09	00:33:01	00:32:47	01:36:56	10	05:01:27	
15	2529	Daan Van Den Broek	Heemstede	M45	NED	00:36:31	33	02:40:26	22	03:21:49	23	00:31:04	00:31:52	00:33:05	01:36:00	9	05:02:12	
16	2491	Koen Hartemink	Abcoude	M45	NED	00:37:25	40	02:36:05	13	03:18:10	18	00:32:46	00:32:57	00:34:07	01:39:49	16	05:02:29	
17	2507	Roland Van Der Put	Amsterdam	M45	NED	00:38:30	49	02:43:18	30	03:29:26	33	00:30:54	00:30:11	00:31:12	01:32:16	6	05:06:38	
18	2557	Jan Cools	Wuustwezel	M45	BEL	00:30:59	5	02:34:44	12	03:09:37	7	00:36:08	00:38:54	00:40:03	01:55:03	53	05:08:20	
19	2540	André Schaap	Leiderdorp	M45	NED	00:35:06	25	02:36:12	14	03:16:15	15	00:32:38	00:37:21	00:37:35	01:47:33	30	05:09:15	
20	2546	Jiri Guttek	Ohain	M45	CZE	00:34:37	21	02:48:24	35	03:28:07	30	00:32:25	00:33:30	00:35:14	01:41:08	18	05:13:09	
21	2572	Richard Huijbregts	Landgraaf	M45	NED	00:37:55	44	02:52:11	52	03:38:09	52	00:30:05	00:29:58	00:29:27	01:29:29	3	05:13:18	
22	2479	Lennart Koop	Vleuten	M45	NED	00:47:38	93	02:41:03	25	03:34:21	41	00:30:18	00:32:29	00:32:41	01:35:27	8	05:14:43	
23	2511	Jasper Hellwig	Maarssen	M45	NED	00:37:46	43	02:42:06	27	03:25:37	28	00:33:06	00:34:23	00:35:18	01:42:46	22	05:14:59	
24	2586	Jan Gerritsen	DOETINCHEM	M45	NED	00:36:08	29	02:44:54	31	03:27:30	29	00:32:34	00:33:56	00:35:39	01:42:09	20	05:15:24	
25	2590	Rafal Chmielewski	Grudziadz	M45	POL	00:39:09	52	02:36:54	15	03:20:34	21	00:35:52	00:37:14	00:37:58	01:51:03	40	05:16:07	
26	2527	Freddy Kar Carmona Arce	Oreamuno	M45	CRC	00:40:38	69	02:42:41	29	03:28:10	31	00:34:47	00:34:00	00:34:03	01:42:49	25	05:16:32	

27	2553	Peter Van Rheenen	Amsterdam	M45	NED	00:39:28	58	02:49:19	42	03:34:15	40	00:33:39	00:34:02	00:34:04	01:41:45	19	05:20:47
28	2585	Lars Degans	Amersfoort	M45	NED	00:30:18	3	02:44:54	32	03:18:39	19	00:38:10	00:40:01	00:40:43	01:58:53	67	05:22:19
29	2484	Marcel Schoonenberg	Ouderkerk aan den IJssel	M45	NED	00:36:48	38	02:48:53	39	03:29:59	34	00:35:52	00:36:11	00:36:18	01:48:20	32	05:22:59
30	2551	Martijn Stengewis	Purmerend	M45	NED	00:39:16	56	02:37:50	18	03:23:03	24	00:35:24	00:41:11	00:41:28	01:58:02	64	05:25:42
31	2565	Joris Tolenaar	Leiden	M45	NED	00:38:23	47	02:40:08	20	03:25:12	25	00:37:07	00:38:50	00:38:20	01:54:16	52	05:25:49
32	2570	Thomas Ziener	Heidesheim	M45	GER	00:40:23	66	02:52:23	53	03:38:37	55	00:33:33	00:34:40	00:34:35	01:42:47	23	05:26:13
33	2502	Robert Kampschreur	Leiden	M45	NED	00:30:44	4	02:48:28	36	03:25:17	27	00:35:42	00:38:05	00:43:39	01:57:25	60	05:28:15
34	2574	Vincent Noel	Oslo	M45	FRA	00:35:10	26	02:50:32	44	03:31:42	36	00:36:20	00:35:17	00:38:42	01:50:18	36	05:28:27
35	2520	José Marques	Nijmegen	M45	POR	00:36:34	35	02:53:56	58	03:35:18	45	00:35:12	00:36:52	00:38:09	01:50:12	35	05:28:54
36	2558	Torsten Steinbrecher	Heidesheim	M45	GER	00:43:29	84	02:49:33	43	03:38:15	53	00:34:28	00:36:45	00:35:57	01:47:08	28	05:29:16
37	2550	Thorsten Kreutzer	Kelmis	M45	GER	00:37:25	39	02:50:49	46	03:35:08	43	00:35:20	00:36:46	00:37:31	01:49:36	33	05:29:19
38	2556	Lars Aarts	Zwolle	M45	NED	00:39:16	57	02:51:17	47	03:35:19	46	00:35:31	00:36:16	00:37:59	01:49:44	34	05:29:44
39	2563	Gerald Schubert	Schoenwald	M45	GER	00:34:22	18	02:53:40	56	03:32:35	37	00:36:38	00:38:06	00:38:39	01:53:22	49	05:30:53
40	2477	Jens Selders	Bedburg Hau	M45	GER	00:42:23	78	02:42:39	28	03:31:35	35	00:37:16	00:38:09	00:37:39	01:53:03	47	05:31:32
41	2510	Franck Marandon	Sainghin-en-Mélantois	M45	FRA	00:42:16	77	02:50:39	45	03:39:24	57	00:34:07	00:36:10	00:36:56	01:47:12	29	05:33:19
42	2535	Richard Britton	Stirling	M45	GBR	00:40:55	71	02:54:52	61	03:41:23	60	00:31:28	00:34:18	00:41:58	01:47:43	31	05:33:52
43	2538	Jasper Ketelaar	Nederhorst den Berg	M45	NED	00:36:42	36	02:51:45	49	03:35:41	48	00:37:47	00:37:48	00:37:15	01:52:49	44	05:34:09
44	2518	Vincent Hafkamp	Rotterdam	M45	NED	00:39:41	60	02:56:02	63	03:43:20	63	00:33:36	00:34:58	00:36:38	01:45:11	26	05:34:15
45	2588	Peter Otten	Apeldoorn	M45	NED	00:33:43	16	02:49:01	41	03:29:07	32	00:36:32	00:40:09	00:43:16	01:59:56	68	05:34:25
46	2472	Robert Sikora	Frankfurt	M45	POL	00:36:15	31	02:52:06	51	03:35:08	42	00:40:22	00:37:37	00:35:04	01:53:02	46	05:35:03
47	2482	Eddy Kuijer	Geertruidenberg	M45	NED	00:42:01	74	02:48:23	34	03:38:30	54	00:35:10	00:36:34	00:38:43	01:50:27	37	05:36:07
48	2593	Marc Van Genechten	Balen	M45	BEL	00:39:09	51	02:54:27	59	03:40:34	59	00:34:22	00:36:29	00:39:44	01:50:34	38	05:36:15
49	2536	Bartosz Lassak	Strzelce Gorne	M45	POL	00:41:21	73	02:48:47	38	03:36:00	49	00:40:21	00:38:58	00:39:19	01:58:38	66	05:39:51
50	2581	Dennis Ijland	Lochem	M45	NED	00:39:47	63	02:52:55	54	03:38:42	56	00:35:37	00:38:59	00:42:06	01:56:41	58	05:39:54
51	2528	Barry Berkhout	Hemhofen	M45	NED	00:37:29	41	02:51:58	50	03:36:39	50	00:36:03	00:39:15	00:42:20	01:57:37	61	05:40:21
52	2564	Gerjan Van Omme	Zevenaar	M45	NED	00:35:06	24	02:53:01	55	03:35:38	47	00:36:52	00:40:16	00:43:23	02:00:31	69	05:41:06
53	2571	Christian Reiling	Harsewinkel	M45	GER	00:34:26	20	02:40:22	21	03:20:05	20	00:41:16	00:44:11	00:50:15	02:15:41	85	05:42:04
54	2587	Egbert Hommels	Eindhoven	M45	NED	00:40:00	64	02:51:22	48	03:40:10	58	00:35:27	00:38:56	00:40:47	01:55:09	55	05:43:05
55	2584	Sander Van Den Berg	Dutch	M45	NED	00:36:32	34	03:01:34	67	03:45:14	65	00:36:19	00:37:47	00:37:46	01:51:51	42	05:45:00
56	2562	René Van Rooijen	Renkum	M45	NED	00:39:11	53	02:48:18	33	03:34:11	39	00:39:45	00:43:05	00:44:22	02:07:11	74	05:47:37
57	2485	Sascha Völpel	Birkenheide	M45	GER	00:38:16	46	03:04:59	74	03:49:33	70	00:37:15	00:37:30	00:37:45	01:52:30	43	05:47:53
58	2497	Timo Schwalbe	Lübeck	M45	GER	00:40:06	65	03:01:36	68	03:47:59	67	00:36:45	00:37:28	00:39:50	01:54:02	51	05:48:08
59	2486	Emrah Ozpeynirci	AMSTERDAM	M45	NED	00:31:00	6	03:07:01	79	03:45:00	64	00:37:36	00:38:47	00:39:47	01:56:09	56	05:49:04
60	2548	Peter Conings	Rumst	M45	BEL	00:36:13	30	03:07:47	81	03:51:18	71	00:37:02	00:38:22	00:38:18	01:53:41	50	05:49:39
61	2522	Dennis Strikker	Hengelo	M45	NED	00:46:03	89	02:55:59	62	03:48:25	69	00:37:45	00:40:18	00:40:25	01:58:26	65	05:51:01
62	2521	Jurjen Kothman	Hengelo	M45	NED	00:42:05	75	03:05:24	76	03:54:26	74	00:35:00	00:37:02	00:39:28	01:51:29	41	05:52:29

63	2567	Edward Leenders	Weesp	M45	NED	00:33:23	13	02:53:51	57	03:33:13	38	00:39:22	00:47:26	00:45:10	02:11:57	79	05:53:47
64	2471	Ingo Oldenettel	Ihlow	M45	GER	00:40:37	68	02:48:57	40	03:37:09	51	00:43:23	00:44:39	00:45:31	02:13:32	81	05:56:17
65	2534	Leon Schuurbiens	Bergen op Zoom	M45	NED	00:40:32	67	03:06:41	78	03:55:07	75	00:38:59	00:37:48	00:38:21	01:55:07	54	05:56:22
66	2537	Arnoud Korsuize	Nieuw-Venep	M45	NED	00:39:44	62	03:07:59	82	03:55:19	76	00:37:00	00:40:08	00:40:36	01:57:42	62	05:58:57
67	2498	Scott Steven	Bathgate	M45	GBR	00:43:51	88	03:05:06	75	03:58:52	81	00:36:15	00:39:42	00:41:55	01:57:51	63	06:04:21
68	2591	Koen Deurloo	Amsterdam	M45	NED	00:52:28	97	03:03:30	71	04:04:35	85	00:35:25	00:38:21	00:39:33	01:53:18	48	06:04:33
69	2490	René Rosso	Mönchengladbach	M45	GER	00:39:39	59	03:01:28	66	03:48:11	68	00:40:58	00:43:25	00:45:55	02:10:17	76	06:05:29
70	2580	Remco Veltkamp	Amersfoort	M45	NED	00:42:08	76	03:14:09	87	04:06:12	87	00:35:04	00:37:33	00:40:22	01:52:58	45	06:05:48
71	2530	Carlos Ubeda	Zuid Holland	M45	NZL	00:47:33	92	03:19:31	92	04:15:31	91	00:34:30	00:36:23	00:34:37	01:45:29	27	06:06:14
72	2575	Ronald Ophorst	Soest	M45	NED	00:42:36	79	03:06:23	77	03:56:33	78	00:37:17	00:42:24	00:46:20	02:06:00	71	06:07:49
73	2508	Jordi Boer	Enschede	M45	NED	00:40:56	72	02:54:42	60	03:42:53	62	00:43:30	00:47:11	00:51:32	02:22:12	89	06:11:03
74	2526	Rene Van De Klift	De Meern	M45	NED	00:43:44	87	03:03:39	72	03:53:34	73	00:41:03	00:43:35	00:46:31	02:11:09	78	06:11:28
75	2531	Martijn Kooistra	Heemskerk	M45	NED	00:43:30	85	03:19:14	91	04:10:07	89	00:37:05	00:38:57	00:40:51	01:56:52	59	06:11:40
76	2542	Xander Hendrixx	Leidschendam	M45	NED	00:55:53	100	03:03:19	70	04:05:49	86	00:35:10	00:41:42	00:44:12	02:01:03	70	06:14:28
77	2473	Sijmen Talhout	Franeke	M45	NED	00:43:28	83	03:00:50	65	03:56:04	77	00:39:14	00:44:09	00:45:58	02:09:19	75	06:15:08
78	2480	Stef De Moor	Vleuten	M45	NED	00:38:01	45	03:10:47	83	03:56:34	79	00:41:11	00:45:00	00:48:03	02:14:12	82	06:16:30
79	2493	Lammert Makkink	Amersfoort	M45	NED	00:53:52	98	03:11:28	84	04:15:43	92	00:36:59	00:39:08	00:40:34	01:56:40	57	06:17:52
80	2576	Remko Toorenburgh	Almere-Stad	M45	NED	00:36:47	37	03:03:52	73	03:45:27	66	00:43:42	00:50:32	00:53:05	02:27:19	91	06:19:28
81	2478	Frederik Dousy	Roeselare	M45	BEL	00:36:23	32	03:14:59	89	03:58:08	80	00:42:05	00:44:36	00:49:13	02:15:52	86	06:20:48
82	2476	Jesper Jonassen	Horsens	M45	DEN	00:35:31	27	02:59:59	64	03:41:31	61	00:45:28	00:55:21	00:58:42	02:39:30	94	06:27:23
83	2545	Cord Rohlfs	Bad Zwischenahn	M45	GER	00:38:33	50	03:01:59	69	03:53:12	72	00:47:33	00:49:11	00:52:42	02:29:25	92	06:29:47
84	2489	Mario Sauer	Lorsch	M45	GER	00:46:25	90	03:21:24	93	04:17:36	94	00:39:36	00:42:24	00:44:48	02:06:47	72	06:30:48
85	2488	John Bolleboom	Zoeterwoude	M45	NED	00:39:14	54	02:48:46	37	03:35:13	44	00:42:00	00:53:14	01:15:25	02:50:39	97	06:32:58
86	2552	John Hillebrand	Zierikzee	M45	NED	00:39:14	55	03:07:21	80	04:02:13	83	00:40:48	00:45:13	00:54:19	02:20:19	87	06:35:08
87	2579	Lennox De Ronde	Diemen	M45	NED	00:46:37	91	03:11:43	85	04:12:29	90	00:41:24	00:44:39	00:49:09	02:15:11	84	06:35:52
88	2539	Jurgen Schreuder	Bussum	M45	NED	00:34:49	22	03:34:23	99	04:16:15	93	00:44:07	00:43:42	00:42:49	02:10:37	77	06:36:19
89	2515	Dennis Mensch	Flevoland-Almere	M45	NED	00:42:54	80	03:15:08	90	04:04:05	84	00:43:41	00:50:12	00:52:17	02:26:09	90	06:37:42
90	2499	Sascha Seidel	Hamburg	M45	GER	00:40:48	70	03:12:37	86	03:59:11	82	00:45:01	00:52:24	00:56:13	02:33:37	93	06:39:27
91	2505	Hein Van Der Werff	Boxmeer	M45	NED	00:43:34	86	03:26:23	95	04:20:34	95	00:42:04	00:44:59	00:44:58	02:12:00	80	06:40:45
92	2501	Remko Van Arkel	Almere	M45	NED	00:49:14	94	03:27:15	97	04:26:53	98	00:39:30	00:41:32	00:46:01	02:07:02	73	06:42:24
93	2578	Dobrin Staykov	London	M45	BUL	00:56:51	101	03:43:02	101	04:51:59	101	00:37:33	00:37:06	00:36:05	01:50:42	39	06:49:10
94	2555	David Gontie	Belgium	M45	BEL	00:43:03	81	03:30:51	98	04:25:27	97	00:40:54	00:47:10	00:46:38	02:14:40	83	06:53:54
95	2547	Antwan Johan An Van De Coevering	Utrecht	M45	NED	00:49:24	95	03:26:33	96	04:24:10	96	00:42:33	00:46:58	00:51:03	02:20:34	88	06:53:58
96	2506	Maykel Sanders	Boxmeer	M45	NED	00:43:19	82	03:14:52	88	04:09:17	88	00:46:52	00:54:35	00:59:17	02:40:43	96	06:58:08
97	2541	Arjan Pieter Van Biemen	Dordrecht	M45	NED	00:54:53	99	03:26:10	94	04:32:13	99	00:43:24	00:56:32	01:00:22	02:40:16	95	07:21:10
98	2524	Peter Van Breukelen	Woerden	M45	NED	00:49:49	96	03:41:09	100	04:42:54	100	01:02:19	01:03:11	01:04:19	03:09:48	98	08:01:58
99	2533	Nicolas Bertrand	Ketton	M45	FRA	00:42:33	0	03:09:01	0	03:57:57	0	00:34:37	00:35:22	00:37:47	01:47:45	0	05:51:25 DQ

100	2549	Jochem Tolsma	Ooij	M45	NED	00:33:37	15	02:33:53	9	03:12:12	9	00:30:05	02:14:35	0	DNF
101	2583	Joppe Tigges	TETERINGEN	M45	NED	00:30:03	2	02:41:55	26	03:16:17	16			0	DNF
102	2513	Robin Verlinde	Wilnis	M45	NED	00:39:42	61	02:40:31	23	03:25:13	26			0	DNF

Men 50-54

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	2703	Dennis Van Der Spoel	Hoofddorp	M50	NED	00:34:31	17	02:28:20	3	03:06:55	5	00:27:13	00:28:06	00:28:50	01:24:07	1	04:35:11	
2	2708	Chris Brands	North Holland	M50	NED	00:28:49	1	02:21:24	1	02:53:52	1	00:32:16	00:33:02	00:34:26	01:39:42	13	04:37:42	
3	2695	Robert Loeff	Arnhem	M50	NED	00:32:59	10	02:26:18	2	03:03:15	2	00:30:18	00:30:15	00:30:11	01:30:43	4	04:39:08	
4	2714	Stefan Van Dijk	IJsselmuiden	M50	NED	00:31:08	5	02:30:34	5	03:06:26	4	00:30:31	00:30:44	00:30:57	01:32:11	5	04:43:07	
5	2684	Bas Meeuwissen	Netherlands	M50	NED	00:35:40	25	02:29:44	4	03:09:02	6	00:29:16	00:30:25	00:30:45	01:30:25	3	04:43:23	
6	2631	Dirk-Jan De Jong	Heukelum	M50	NED	00:29:55	4	02:31:10	7	03:05:15	3	00:31:00	00:31:34	00:32:16	01:34:49	6	04:43:47	
7	2601	Erik Lentfert	Hengelo	M50	NED	00:35:03	21	02:30:50	6	03:09:58	7	00:31:02	00:32:29	00:34:28	01:37:58	11	04:52:54	
8	2624	Jan Aarnoutse	Bussum	M50	NED	00:36:34	30	02:31:54	8	03:13:20	8	00:31:29	00:32:08	00:32:47	01:36:23	8	04:53:34	
9	2609	Michael Semmler	Lübeck	M50	GER	00:40:01	55	02:35:53	11	03:22:28	19	00:31:15	00:31:19	00:33:36	01:36:09	7	05:03:55	
10	2610	Sascha Kaschewsky	Berlin	M50	GER	00:39:21	49	02:45:07	26	03:30:32	29	00:29:17	00:29:53	00:30:15	01:29:24	2	05:04:21	
11	2633	Andreas Müller	Paderborn	M50	GER	00:34:51	19	02:35:23	10	03:15:43	9	00:33:07	00:35:14	00:36:30	01:44:50	19	05:05:06	
12	2628	Matthias Berulla	Scheessel	M50	GER	00:34:40	18	02:40:00	14	03:22:16	18	00:31:52	00:32:34	00:33:21	01:37:46	10	05:05:56	
13	2623	Allard Holthaus	wagenberg	M50	NED	00:38:40	46	02:41:50	16	03:26:01	22	00:32:26	00:33:38	00:33:17	01:39:21	12	05:10:57	
14	2715	Gerard Riksman	Krimpen ad Lek	M50	NED	00:29:11	2	02:45:22	27	03:18:08	14	00:34:47	00:36:47	00:37:53	01:49:26	26	05:12:21	
15	2704	Christo Du Plessis	ZIERIKZEE	M50	RSA	00:39:29	50	02:46:29	31	03:31:37	30	00:32:07	00:32:39	00:32:46	01:37:31	9	05:14:00	
16	2625	Leon Lankester	Naaldwijk	M50	NED	00:39:45	51	02:34:39	9	03:19:37	15	00:35:36	00:37:47	00:38:46	01:52:08	34	05:15:56	
17	2681	Rene Dreyling	Almere	M50	NED	00:33:34	14	02:51:10	40	03:29:23	26	00:33:08	00:33:12	00:36:13	01:42:32	17	05:16:23	
18	2641	Andreas Hüren	Burscheid	M50	GER	00:29:42	3	02:42:02	17	03:16:52	12	00:35:30	00:40:04	00:40:04	01:55:37	44	05:17:25	
19	2712	Tomas Ibanez Mayo	Munich	M50	ESP	00:37:25	37	02:49:25	38	03:32:27	32	00:33:04	00:33:31	00:35:05	01:41:39	14	05:18:17	
20	2713	Marcel Doornebos	Zaandam	M50	NED	00:31:26	6	02:45:40	29	03:21:37	17	00:37:05	00:38:41	00:38:41	01:54:27	42	05:20:33	
21	2626	Peter De Blois	Alphen aan den Rijn	M50	NED	00:32:06	8	02:40:47	15	03:16:27	11	00:36:03	00:38:13	00:46:18	02:00:33	51	05:21:52	
22	2648	Tom Jensen	Midtjylland Horsens	M50	DEN	00:33:36	15	02:38:40	12	03:16:12	10	00:39:15	00:40:09	00:43:59	02:03:21	53	05:23:55	
23	2707	Lieuwe Rozema	Walterswald	M50	NED	00:37:55	39	02:47:42	34	03:31:55	31	00:33:50	00:36:39	00:36:51	01:47:19	22	05:24:28	
24	2658	Robert Stallmann	Rotterdam	M50	NED	00:36:45	32	02:43:29	21	03:27:37	24	00:32:49	00:37:05	00:42:05	01:51:58	33	05:24:42	
25	2643	Wouter Willemsen	Alphen aan den Rijn	M50	NED	00:35:27	23	02:48:14	36	03:33:23	34	00:33:20	00:35:39	00:37:42	01:46:41	21	05:25:05	
26	2602	Marcel Caro	Almere	M50	NED	00:32:54	9	02:50:29	39	03:28:17	25	00:36:10	00:36:55	00:37:38	01:50:42	28	05:25:29	
27	2711	Arjan Groot	Schagen	M50	NED	00:43:18	69	02:45:27	28	03:35:01	37	00:32:59	00:36:33	00:37:01	01:46:32	20	05:26:21	
28	2680	Bertrand Marmuse	ARMENTIERES	M50	FRA	00:41:53	63	02:44:44	25	03:32:32	33	00:35:45	00:36:20	00:36:24	01:48:28	25	05:26:28	
29	2671	Arno Becker	Düsseldorf	M50	GER	00:38:10	41	02:47:06	33	03:30:00	27	00:35:39	00:37:36	00:38:25	01:51:40	31	05:26:43	
30	2690	Tim Sacks	stamford	M50	GBR	00:35:57	26	02:44:19	24	03:26:57	23	00:35:06	00:38:43	00:42:51	01:56:39	47	05:28:32	

31	2617	Gerben Zomer	Vleuten	M50	NED	00:48:11	88	02:46:24	30	03:40:55	48	00:33:16	00:34:28	00:34:15	01:41:59	16	05:28:57
32	2683	Michel Barbé	Yerseke	M50	NED	00:45:41	81	02:43:51	23	03:36:24	40	00:34:30	00:36:11	00:36:53	01:47:34	23	05:30:06
33	2665	Peter Keegstra	Bussum	M50	NED	00:33:28	13	02:43:19	20	03:21:28	16	00:36:47	00:41:49	00:44:48	02:03:23	54	05:30:10
34	2632	Marcel Van Assema		M50	NED	00:35:29	24	02:52:42	43	03:34:48	36	00:34:44	00:37:18	00:39:44	01:51:44	32	05:31:21
35	2670	Ap Verduijn	Amersfoort	M50	NED	00:39:05	47	02:43:50	22	03:30:09	28	00:33:54	00:38:29	00:43:31	01:55:53	45	05:31:25
36	2709	Mayk Vandenhurk	Veldhoven	M50	NED	00:41:05	61	02:54:31	47	03:42:54	53	00:33:53	00:34:37	00:35:00	01:43:29	18	05:31:33
37	2620	Jan Kuper		M50	NED	00:32:06	7	02:55:28	50	03:35:20	38	00:35:11	00:37:47	00:39:15	01:52:12	36	05:33:47
38	2618	Dirk Bröll	Langen	M50	GER	00:39:54	54	02:53:22	44	03:39:19	45	00:34:52	00:37:16	00:38:41	01:50:48	29	05:34:34
39	2710	Roel Van Den Hoek	Leidschendam	M50	NED	00:33:14	12	02:43:12	19	03:23:30	20	00:38:01	00:41:40	00:44:29	02:04:10	55	05:35:53
40	2637	Laurent Bruart	pieton	M50	BEL	00:36:54	33	02:55:50	51	03:39:57	46	00:36:09	00:36:34	00:37:34	01:50:15	27	05:36:10
41	2660	Peter-Wim Gerssen	Den Haag	M50	NED	00:38:22	44	02:52:04	42	03:37:56	42	00:36:44	00:39:09	00:39:38	01:55:30	43	05:38:42
42	2621	Harald Van Bottenburg	Amsterdam	M50	NED	00:44:05	77	02:49:01	37	03:40:12	47	00:36:05	00:38:00	00:38:08	01:52:12	35	05:38:56
43	2622	Jurgen Vandermeer	Hilversum	M50	NED	00:36:29	29	02:59:50	59	03:42:33	52	00:36:24	00:38:01	00:38:42	01:53:06	39	05:40:07
44	2691	Christophe Hayot	LA FERRE	M50	FRA	00:37:47	38	03:05:51	68	03:52:13	62	00:32:31	00:32:48	00:36:27	01:41:44	15	05:41:31
45	2654	Sebastiaan Heikoop	Zierikzee	M50	NED	00:43:37	71	02:57:37	54	03:49:01	59	00:35:20	00:37:51	00:39:29	01:52:38	37	05:46:58
46	2638	Thorsten Hiepel	Barnstorf	M50	GER	00:35:16	22	02:54:46	49	03:38:01	43	00:37:17	00:42:44	00:44:25	02:04:26	56	05:48:45
47	2606	Renee Mellaard	almere	M50	NED	00:37:19	35	03:01:06	60	03:48:28	58	00:37:30	00:37:47	00:37:42	01:52:59	38	05:48:49
48	2664	Willem Jan Rijlaarsdam	Woerden	M50	NED	00:37:20	36	03:04:07	66	03:47:45	56	00:36:28	00:38:49	00:40:37	01:55:54	46	05:48:52
49	2689	Paul Van Klinken	Amsterdam	M50	NED	00:40:24	57	02:47:56	35	03:35:39	39	00:39:36	00:42:49	00:44:17	02:06:41	62	05:49:06
50	2701	Anthony Dean	Stamford	M50	AUS	00:38:19	43	02:42:13	18	03:25:33	21	00:42:19	00:45:01	00:52:12	02:19:32	74	05:51:23
51	2619	Dennis Strik	Almere	M50	NED	00:40:09	56	02:46:57	32	03:33:30	35	00:40:22	00:45:12	00:48:35	02:14:08	66	05:52:25
52	2662	Ferdinand Hogenes	Amsterdam	M50	NED	00:43:42	74	03:01:43	62	03:52:23	63	00:37:42	00:37:48	00:38:47	01:54:15	41	05:52:40
53	2692	Peter Kenis	Wilrijk	M50	BEL	00:42:48	68	03:06:50	70	03:57:56	71	00:35:55	00:38:16	00:39:08	01:53:18	40	05:57:50
54	2650	Jens Lamberg Karreman	Zaltbommel	M50	NED	00:41:56	64	03:02:21	64	03:50:39	61	00:39:23	00:40:01	00:40:57	02:00:20	50	05:59:43
55	2611	Harm Brouwer	Almere	M50	NED	00:40:54	60	03:02:54	65	04:04:17	75	00:36:03	00:37:23	00:37:51	01:51:16	30	06:00:37
56	2629	Sjoerd Betten	Garnwerd	M50	NED	00:43:38	72	02:51:14	41	03:41:22	49	00:40:20	00:44:07	00:49:21	02:13:48	65	06:00:54
57	2642	Feico Eppinga	Naarden	M50	NED	00:40:54	59	02:57:22	53	03:50:02	60	00:37:12	00:42:47	00:45:03	02:05:01	57	06:02:13
58	2688	Maurice Bosma	Best	M50	NED	00:38:35	45	03:08:31	71	03:54:41	65	00:35:55	00:40:39	00:46:07	02:02:40	52	06:02:22
59	2685	Bob Rozema	Amsterdam	M50	NED	00:40:34	58	03:20:56	86	04:07:59	81	00:34:51	00:36:20	00:36:53	01:48:03	24	06:02:49
60	2693	James Angel	hassocks	M50	GBR	00:42:46	67	03:06:07	69	03:56:59	68	00:38:56	00:39:43	00:41:34	02:00:12	49	06:04:11
61	2656	Aris Prins	Almere	M50	NED	00:34:53	20	02:54:16	46	03:37:28	41	00:41:50	00:47:41	00:49:54	02:19:23	73	06:04:57
62	2649	Edwin Grotenhuis	Zutphen	M50	NED	00:37:09	34	02:59:10	57	03:42:19	50	00:42:23	00:45:46	00:49:09	02:17:17	71	06:05:47
63	2672	Thomas Reiter	Groß-Zimmern	M50	GER	00:39:20	48	02:53:34	45	03:39:17	44	00:43:56	00:47:06	00:51:39	02:22:40	79	06:08:06
64	2667	Bob Kluft	Alkmaar	M50	NED	00:45:33	80	02:59:27	58	03:53:33	64	00:41:35	00:43:34	00:45:53	02:11:01	63	06:10:36
65	2607	Sander Kerkhof	Kortenhoef	M50	NED	00:41:35	62	03:01:50	63	03:48:26	57	00:39:21	00:44:00	00:54:25	02:17:45	72	06:11:13
66	2663	Gerrit Jan Koopman	Maarssen	M50	NED	00:44:40	78	03:14:41	80	04:07:25	80	00:37:01	00:40:11	00:41:38	01:58:49	48	06:12:36
67	2678	R.J Van Zanten	Naaldwijk	M50	NED	00:39:54	53	02:58:26	56	03:44:07	54	00:42:31	00:48:41	00:50:54	02:22:05	78	06:13:01

68	2630	Ivo Keulards	Hooglanderveen	M50	NED	00:43:42	73	02:57:15	52	03:47:21	55	00:39:22	00:46:19	00:54:12	02:19:52	75	06:14:27	
69	2647	Ralf Korte	Münster	M50	GER	00:47:03	86	03:01:09	61	03:57:35	70	00:42:39	00:44:34	00:44:04	02:11:17	64	06:16:20	
70	2653	Arno Bos	Valkenswaard	M50	NED	00:42:43	66	03:14:12	79	04:05:04	76	00:38:11	00:41:41	00:46:35	02:06:26	60	06:18:08	
71	2627	Geert-Jan Kruijff	Blieskastel	M50	NED	00:45:15	79	03:11:30	75	04:05:31	77	00:35:49	00:43:25	00:46:55	02:06:08	58	06:19:05	
72	2700	Rene Theelen	Best	M50	NED	00:46:20	84	03:11:11	74	04:06:23	78	00:37:59	00:42:17	00:46:19	02:06:34	61	06:19:27	
73	2694	Stephan Ockers	Heerhugowaard	M50	NED	00:43:51	75	03:25:26	88	04:17:12	85	00:37:10	00:42:09	00:47:02	02:06:20	59	06:31:49	
74	2687	Roger Keizer	Netherlands	M50	NED	00:36:21	28	03:15:23	81	04:00:41	72	00:46:01	00:47:25	00:47:19	02:20:44	77	06:32:08	
75	2613	Jan Van Der Meulen	Huissen	M50	NED	00:45:45	83	03:13:00	76	04:09:00	82	00:41:45	00:46:12	00:46:37	02:14:33	67	06:32:27	
76	2702	Christopher Alves	Celle	M50	GBR	00:54:34	92	03:09:02	72	04:12:45	84	00:43:08	00:45:22	00:47:31	02:16:00	69	06:37:36	
77	2686	Rienzo Colpo	Amstelveen	M50	ITA	00:39:49	52	03:13:17	77	04:03:33	74	00:46:15	00:49:00	00:51:31	02:26:45	80	06:39:45	
78	2634	Bert Roeterdink	Groenlo	M50	NED	00:36:41	31	03:10:22	73	03:56:18	66	01:01:02	00:50:50	00:46:24	02:38:16	84	06:41:23	
79	2603	Peter Velten	Almere	M50	NED	00:47:36	87	03:17:05	84	04:22:44	86	00:43:26	00:46:30	00:50:08	02:20:03	76	06:48:35	
80	2697	Ronald Koppen	Netherlands	M50	NED	00:48:53	89	03:33:11	91	04:30:21	90	00:43:39	00:44:31	00:48:16	02:16:24	70	06:52:22	
81	2605	Jan Hollander	Nieuwegein	M50	NED	00:43:30	70	03:32:10	90	04:27:11	88	00:39:20	00:39:06	00:57:07	02:15:33	68	06:57:38	
82	2696	Ramon Driesen	Duiven	M50	NED	00:36:04	27	03:15:56	82	04:00:48	73	00:49:50	00:57:21	01:04:45	02:51:55	87	07:04:47	
83	2659	Dick Boumans	Almere	M50	NED	00:55:00	93	03:31:21	89	04:36:28	92	00:45:59	00:49:01	00:52:46	02:27:45	81	07:10:56	
84	2674	Szabolcs Ujvari	Reading	M50	HUN	00:47:00	85	03:37:56	93	04:32:35	91	00:43:48	00:56:49	01:02:43	02:43:19	86	07:23:01	
85	2616	Yair Sadaka	lehavim	M50	ISR	00:55:49	96	03:37:09	92	04:46:37	93	00:44:59	00:50:32	00:53:06	02:28:37	82	07:25:59	
86	2608	Frank Von Lehmden	Lohne	M50	GER	00:52:56	90	03:20:40	85	04:23:12	87	00:51:18	00:59:29	01:04:32	02:55:18	89	07:26:44	
87	2716	Remco Falkenburg	Den Bosch	M50	NED	00:55:25	94	03:22:18	87	04:28:39	89	00:52:57	00:56:50	01:04:34	02:54:20	88	07:34:42	
88	2679	Walter Tesch	Laxenburg	M50	AUT	00:53:37	91	03:53:38	95	04:54:58	94	00:49:38	00:56:46	00:52:58	02:39:22	85	07:44:10	
89	2614	Rick Dorgelo	Lelystad	M50	NED	01:04:40	97	03:40:27	94	05:02:12	95	00:48:00	00:48:42	00:54:00	02:30:40	83	07:46:14	
90	2640	Michiel Treffers	Heerde	M50	NED	00:33:43	0	02:44:38	0	03:23:23	0	00:34:37	00:35:27	00:35:49	01:45:52	0	05:14:36	DQ
91	2612	Ton Ten Broeke	Almere	M50	NED	00:44:03	76	03:14:04	78	04:06:57	79	00:46:29				0		DNF
92	2666	Alexander Van Sligtenhorst	Abcoude	M50	NED	00:55:44	95	02:54:31	48	03:56:35	67	01:04:48				0		DNF
93	2705	Dr. Tobias Butterbrodt	Hildesheim	M50	GER	00:33:11	11	02:39:48	13	03:17:18	13					0		DNF
94	2635	Rene Kroese	Almere	M50	NED	00:42:01	65	03:05:40	67	03:57:06	69					0		DNF
95	2651	Olaf Stahlhut	Zarpen	M50	GER	00:38:02	40	02:57:56	55	03:42:27	51					0		DNF
96	2639	Pieter Postema	Amersfoort	M50	NED	00:45:42	82	03:16:18	83	04:09:52	83					0		DNF
97	2675	Jean-Sebastien Vaillancourt	Enschede	M50	CAN	00:33:53	16		0		0					0		DNF
98	2699	Stephan Van Dongen	Bussum	M50	NED	00:38:12	42		0		0					0		DNF

Men 55-59

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	2796	Ton Elie	Culemborg	M55	NED	00:31:04	3	02:25:15	2	03:00:38	2	00:28:45	00:28:50	00:28:24	01:25:58	1	04:31:14	
2	2808	Franck Vangraas	Noordwijkerhout	M55	NED	00:28:08	1	02:21:54	1	02:54:11	1	00:33:57	00:34:34	00:34:21	01:42:50	13	04:41:57	

3	2868	Derek Farr	Zeewolde	M55	NED	00:29:47	2	02:29:57	3	03:04:44	3	00:31:29	00:31:34	00:32:32	01:35:34	3	04:44:52
4	2805	Edi Kunz	Memmingen	M55	GER	00:33:48	9	02:42:56	10	03:21:45	10	00:29:43	00:29:56	00:30:49	01:30:27	2	04:56:54
5	2802	Jacques Geijssen	gent	M55	NED	00:32:59	6	02:35:28	4	03:14:14	4	00:31:42	00:33:36	00:36:15	01:41:31	8	04:59:25
6	2809	Arend Jan Van De Hoek	Nieuwleusen	M55	NED	00:34:58	15	02:36:53	5	03:16:31	5	00:32:51	00:33:35	00:33:09	01:39:34	6	05:01:00
7	2775	Norbert Schröder	Rommerskirchen	M55	GER	00:32:56	5	02:39:43	7	03:18:23	7	00:32:13	00:33:57	00:36:41	01:42:49	12	05:05:45
8	2865	Stefan Creemers	Kessel-Lo	M55	BEL	00:35:15	17	02:44:07	11	03:24:36	11	00:33:49	00:33:56	00:34:03	01:41:47	10	05:09:47
9	2798	Marco Skrinjar	Limhamn	M55	SWE	00:38:35	30	02:36:56	6	03:20:27	9	00:34:53	00:35:19	00:36:32	01:46:42	15	05:12:46
10	2776	Peter Wouters	Lommel	M55	BEL	00:33:06	7	02:40:21	9	03:19:34	8	00:34:23	00:36:31	00:39:10	01:50:03	23	05:15:03
11	2804	Hans Van Langen	Den Haag	M55	NED	00:34:08	12	02:47:12	15	03:25:47	12	00:34:41	00:36:39	00:37:04	01:48:24	18	05:17:55
12	2772	Thomas Völker	Nordenham	M55	GER	00:36:11	22	02:44:19	12	03:27:20	14	00:34:02	00:35:30	00:37:54	01:47:25	17	05:19:34
13	2731	Fitzgerald Krudde	Almere	M55	NED	00:35:39	21	02:47:10	14	03:28:52	15	00:34:10	00:35:35	00:37:08	01:46:52	16	05:21:17
14	2744	Peter Dreijling	Kortenhoeft	M55	NED	00:35:34	20	02:58:05	32	03:40:12	26	00:31:23	00:32:27	00:33:01	01:36:50	4	05:21:21
15	2792	Reinier Ingwersen	Arum	M55	NED	00:39:01	31	02:48:31	19	03:34:39	19	00:34:56	00:33:51	00:32:49	01:41:35	9	05:21:39
16	2736	René Vermeeren	Almere	M55	NED	00:37:29	26	02:47:06	13	03:32:43	17	00:32:44	00:33:55	00:35:37	01:42:15	11	05:21:50
17	2759	Mirko De Boer	Dordrecht	M55	NED	00:35:16	18	02:47:28	17	03:29:16	16	00:36:07	00:36:33	00:37:22	01:50:01	22	05:24:29
18	2800	Cornelis Verbeek	Geldermalsen	M55	NED	00:31:09	4	02:40:20	8	03:18:15	6	00:37:17	00:40:14	00:42:55	02:00:25	39	05:25:42
19	2866	Gert-Luuk Wiersma	Zuidlaren	M55	NED	00:41:29	36	02:52:43	26	03:40:31	27	00:33:37	00:35:06	00:35:53	01:44:34	14	05:30:13
20	2861	Mark Jones	Amsterdam	M55	GBR	00:39:10	32	02:50:20	21	03:36:56	22	00:32:49	00:36:53	00:38:54	01:48:35	20	05:30:47
21	2779	Marco Koomen	Wageningen	M55	NED	00:33:06	8	02:47:44	18	03:26:34	13	00:38:13	00:39:07	00:41:10	01:58:29	33	05:31:08
22	2790	Rob Ipenburg	Schoonhoven	M55	NED	00:42:07	39	02:47:14	16	03:37:26	24	00:36:39	00:35:24	00:36:46	01:48:49	21	05:32:43
23	2771	Mart Van Zijl	Krimpen aan den IJssel	M55	NED	00:35:12	16	02:51:55	23	03:35:15	20	00:36:21	00:39:45	00:41:14	01:57:20	29	05:39:58
24	2755	Roman Polz	Praha	M55	CZE	00:46:09	60	03:01:16	40	03:57:55	46	00:32:32	00:32:31	00:32:08	01:37:09	5	05:40:47
25	2777	Antoon Ebbelaar	Bussum	M55	NED	00:37:43	27	02:52:17	25	03:37:59	25	00:36:52	00:39:07	00:43:16	01:59:14	36	05:43:12
26	2770	Govert Cornelis Van Herk	Krimpen aan den IJssel	M55	NED	00:34:41	14	02:58:15	33	03:41:51	29	00:37:32	00:39:24	00:40:33	01:57:29	30	05:45:21
27	2742	Johan Oude Hesselink	Taastrup	M55	NED	00:42:38	41	02:54:12	27	03:43:54	31	00:36:55	00:38:52	00:39:01	01:54:48	27	05:46:04
28	2785	Xavier De Vos	GENT	M55	BEL	00:36:16	24	02:59:47	38	03:42:33	30	00:36:42	00:40:29	00:41:47	01:58:57	34	05:47:23
29	2791	Frank Wandel	Oosterbeek	M55	NED	00:42:00	38	02:56:00	30	03:44:34	32	00:38:46	00:39:29	00:39:42	01:57:57	32	05:47:37
30	2738	Wilco Kleefsman	Almere	M55	NED	00:42:40	42	03:03:35	41	03:53:17	40	00:36:06	00:37:28	00:38:42	01:52:16	25	05:50:34
31	2763	Thorsten Torweihe	Gütersloh	M55	GER	00:47:18	62	02:59:07	35	03:54:26	42	00:36:03	00:38:11	00:40:11	01:54:23	26	05:52:56
32	2734	Sven Keltering	Uithoorn	M55	NED	00:35:29	19	02:51:12	22	03:32:46	18	00:42:46	00:45:55	00:49:44	02:18:24	54	05:55:35
33	2780	Richard Stuivenvolt	Nieuwegein	M55	NED	00:44:23	49	03:06:33	49	03:58:23	47	00:35:51	00:37:20	00:38:42	01:51:53	24	05:56:52
34	2778	Rainer Burger	Veitshöchheim	M55	GER	00:43:14	45	03:04:18	45	03:55:06	44	00:39:05	00:38:36	00:38:15	01:55:54	28	05:56:53
35	2762	Andreas Derksen	Willebadessen	M55	GER	00:56:25	69	02:48:45	20	03:51:55	39	00:38:36	00:39:53	00:40:41	01:59:09	35	05:57:00
36	2786	Ewout Ruitenbergh	Bunschoten-Spakenburg	M55	NED	00:48:32	63	03:03:56	44	04:01:21	52	00:34:41	00:35:57	00:37:58	01:48:34	19	05:57:29
37	2747	Albert Callenbach	Almere	M55	NED	00:45:34	56	02:59:14	36	03:50:14	38	00:39:58	00:42:54	00:44:32	02:07:23	41	06:02:34
38	2789	Mark Van Der Pol	Renkum	M55	NED	00:38:14	29	02:55:15	29	03:41:47	28	00:41:37	00:45:25	00:48:49	02:15:50	52	06:04:19
39	2782	Gerrit Verbeek	Kwintsheul	M55	NED	00:43:44	46	02:54:30	28	03:45:44	34	00:40:45	00:44:23	00:47:39	02:12:46	48	06:04:27

40	2737	Joop Rasser	Leiderdorp	M55	NED	00:37:26	25	02:52:00	24	03:35:51	21	00:43:18	00:46:48	00:54:10	02:24:15	60	06:05:59
41	2758	Hans Van Wijk	Veen	M55	NED	00:45:01	54	03:14:19	55	04:06:44	54	00:36:27	00:38:59	00:42:06	01:57:32	31	06:10:27
42	2740	Frank Rietbrock	Scheeßel	M55	GER	00:41:07	35	02:59:47	37	03:47:07	35	00:46:23	00:47:04	00:46:47	02:20:13	56	06:12:59
43	2764	Jurgen Richter	Beuningen	M55	NED	00:44:25	50	03:03:41	42	03:54:26	43	00:40:33	00:42:49	00:49:25	02:12:46	49	06:13:15
44	2799	Roland Lindeloo	Voorburg	M55	NED	00:46:51	61	03:14:24	56	04:10:31	57	00:37:51	00:38:25	00:43:02	01:59:17	37	06:16:49
45	2756	Carsten Hasenbank	Preetz	M55	GER	00:41:01	34	02:58:43	34	03:47:32	36	00:44:30	00:48:24	00:50:34	02:23:27	58	06:16:59
46	2774	Marc Ditmarsch	Den Haag	M55	NED	00:42:59	44	03:06:16	47	04:00:21	48	00:39:04	00:44:46	00:44:36	02:08:25	44	06:18:28
47	2773	Rob Poels	Arnhem	M55	NED	00:41:56	37	03:16:49	57	04:05:30	53	00:40:51	00:42:47	00:44:36	02:08:13	43	06:19:19
48	2739	Dennis Van Oudheusden	Almere	M55	NED	00:44:26	51	03:08:46	52	04:00:23	49	00:40:21	00:46:08	00:48:13	02:14:41	51	06:20:15
49	2735	Alfred Gerlach	Zeewolde	M55	NED	00:42:32	40	03:03:46	43	03:53:21	41	00:42:04	00:48:45	00:52:00	02:22:48	57	06:22:42
50	2766	Gerard Timmermans	Waalwijk	M55	NED	00:39:15	33	03:19:35	58	04:08:06	56	00:39:20	00:43:26	00:44:51	02:07:36	42	06:24:50
51	2794	Ronald Koch	ALMERE	M55	NED	00:36:13	23	02:56:14	31	03:37:01	23	00:45:54	00:58:42	00:57:37	02:42:11	62	06:25:53
52	2806	Holger Meihnsner	Altenholz	M55	GER	00:45:53	57	03:41:25	68	04:38:30	68	00:32:11	00:34:33	00:34:22	01:41:05	7	06:26:09
53	2768	Mark Peter Rooduijn	Bergschenhoek	M55	NED	00:44:02	48	03:04:55	46	04:01:15	51	00:41:44	00:44:58	00:49:34	02:16:15	53	06:27:10
54	2751	John Vermeulen	NH	M55	NED	00:45:09	55	03:20:18	61	04:13:26	59	00:40:08	00:42:24	00:43:14	02:05:45	40	06:31:05
55	2810	Wim Cox	Roermond	M55	NED	00:52:57	66	03:19:54	60	04:25:10	65	00:39:35	00:40:26	00:40:11	02:00:11	38	06:33:09
56	2760	Harry Langeveld	Uithoorn	M55	NED	00:49:54	64	03:12:48	54	04:14:13	60	00:41:26	00:43:33	00:46:02	02:11:00	47	06:33:55
57	2769	John-Harold Every	Maarssen	M55	NED	00:54:27	68	03:19:52	59	04:23:33	64	00:41:11	00:42:54	00:45:52	02:09:56	46	06:39:42
58	2803	Sven Michels	Bützow	M55	GER	00:42:48	43	03:21:20	63	04:13:14	58	00:42:05	00:47:19	00:50:48	02:20:11	55	06:39:48
59	2765	Michel Bosma	't Veld	M55	NED	00:52:39	65	03:11:14	53	04:15:06	61	00:45:12	00:49:12	00:50:43	02:25:06	61	06:47:43
60	2793	Krijn Teunissen	Bilthoven	M55	NED	00:44:38	53	03:39:32	67	04:34:49	67	00:39:31	00:43:09	00:45:59	02:08:39	45	06:54:25
61	2788	Achim Ghanem	Düsseldorf	M55	GER	00:45:55	58	03:32:56	66	04:31:52	66	00:40:12	00:42:34	00:50:44	02:13:29	50	06:54:51
62	2748	Denis Hocke	München	M55	HRV	00:54:18	67	03:21:09	62	04:23:33	63	00:45:11	00:47:43	00:51:19	02:24:12	59	06:55:11
63	2862	Ronnie Weustink	Enschede	M55	NED	00:34:04	10	03:26:27	65	04:06:47	55	00:51:42	00:55:47	00:59:44	02:47:12	63	07:01:16
64	2752	Carsten Von Holstein	københavn	M55	DEN	00:43:48	47	03:08:04	51	04:01:01	50	00:53:00	01:09:22	00:56:29	02:58:49	65	07:07:52
65	2732	Peter Brandes	Almere	M55	NED	00:46:01	59	03:23:47	64	04:18:15	62	00:52:18	00:56:50	00:59:16	02:48:22	64	07:15:51
66	2787	Arno Engers	Diemen	M55	NED	00:44:30	52	03:08:00	50	03:57:43	45	00:38:25	00:40:33			0	DNF
67	2753	Stephan Rühle	Schellhorn	M55	GER	00:34:06	11	03:06:31	48	03:48:43	37	00:50:43				0	DNF
68	2749	Bart Van Ham	Mijdrecht	M55	NED	00:38:03	28	03:00:20	39	03:44:34	33					0	DNF
69	2863	Andreas Bund	Trier	M55	GER	00:34:11	13		0		0					0	DNF

Men 60-64

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	2826	Paul Nijveldt	Almere	M60	NED	00:33:22	4	02:41:53	4	03:19:41	4	00:33:47	00:34:52	00:35:57	01:44:35	2	05:09:33	
2	2817	Ernst Woerlee	Heemstede	M60	NED	00:29:44	1	02:38:14	1	03:11:53	1	00:34:35	00:38:21	00:42:29	01:55:25	7	05:12:03	
3	2838	Hans Van Kampen	Zelhem	M60	NED	00:31:13	2	02:42:42	5	03:19:20	3	00:35:08	00:36:42	00:37:26	01:49:14	3	05:13:29	

4	2833	Kees Peereboom	Haarlem	M60	NED	00:40:09	13	02:39:22	3	03:24:29	5	00:36:02	00:37:28	00:40:43	01:54:12	4	05:22:48	
5	2841	Marc Dunnewijk	OostZaan	M60	NED	00:34:27	6	03:02:28	11	03:45:06	9	00:31:33	00:31:25	00:32:00	01:34:57	1	05:25:01	
6	2831	René Rouendal	Almere	M60	NED	00:38:16	10	02:51:40	7	03:36:14	7	00:35:39	00:38:08	00:42:38	01:56:24	8	05:38:34	
7	2824	Michel Mulder	zwaag	M60	NED	00:37:46	8	02:47:10	6	03:32:47	6	00:39:22	00:41:13	00:45:50	02:06:24	12	05:45:38	
8	2839	Kim Berg Hansen	Billund Billund	M60	DEN	00:38:48	11	03:03:05	12	03:48:36	10	00:38:49	00:38:45	00:37:38	01:55:11	6	05:49:16	
9	2827	Joop Schwalbach	Oostzaan	M60	NED	00:34:48	7	02:58:46	8	03:39:01	8	00:40:34	00:42:28	00:45:52	02:08:52	14	05:53:48	
10	2829	Ton Sweep	Geertruidenberg	M60	NED	00:40:05	12	03:05:13	14	03:52:43	12	00:37:24	00:40:28	00:43:25	02:01:16	10	06:02:35	
11	2821	Hans Peter Sailer	Brittnau	M60	SUI	00:48:08	23	03:00:37	10	03:57:35	15	00:40:02	00:40:43	00:42:04	02:02:48	11	06:09:02	
12	2828	Piet Klaaijzen	Hoogvliet	M60	NED	00:44:21	18	03:05:03	13	03:54:21	14	00:40:46	00:44:33	00:46:57	02:12:16	15	06:10:16	
13	2837	Ruud Fokker	Lelystad	M60	NED	00:49:52	24	03:09:06	17	04:06:49	17	00:37:50	00:40:00	00:40:48	01:58:38	9	06:11:57	
14	2834	Jan Kars	ALMERE	M60	NED	00:52:26	28	03:10:06	18	04:15:01	22	00:36:33	00:38:44	00:39:31	01:54:47	5	06:21:14	
15	2813	Martin Lieberom	Almere	M60	NED	00:41:47	15	03:10:46	20	03:59:49	16	00:40:00	00:47:18	00:49:17	02:16:34	17	06:21:47	
16	2820	Henk Verhoek	Geervliet	M60	NED	00:47:38	22	03:15:22	22	04:09:52	19	00:40:33	00:42:49	00:44:55	02:08:16	13	06:24:48	
17	2840	Cornelius Bontje	Leidschendam	M60	NED	00:45:11	19	02:58:50	9	03:52:49	13	00:47:30	00:52:22	00:58:33	02:38:24	22	06:40:27	
18	2832	Jesper Carls	Odense C	M60	DEN	00:45:24	20	03:25:35	23	04:21:45	23	00:43:49	00:45:35	00:47:11	02:16:34	18	06:45:25	
19	2812	Albert Loots	Almere	M60	NED	00:43:16	17	03:15:19	21	04:12:40	20	00:45:22	00:49:43	00:56:01	02:31:04	20	06:54:36	
20	2816	Roel Timmerman	Tynaarlo	M60	NED	01:01:09	29	03:05:51	15	04:14:15	21	00:52:32	00:51:39	00:53:28	02:37:38	21	06:59:52	
21	2823	Frank Van Laere	Berkel-Enschot	M60	NED	00:51:00	25	03:10:27	19	04:09:27	18	00:51:26	00:54:50	00:58:27	02:44:42	24	07:02:43	
22	2818	Jaap Meijering	Roden	M60	NED	00:46:18	21	03:26:08	24	04:21:49	24	00:52:47	00:54:01	00:52:48	02:39:35	23	07:10:56	
23	2835	Wim Bierbooms	Delft	M60	NED	00:51:48	26	03:34:37	26	04:45:50	26	00:38:24	00:45:15	00:51:59	02:15:38	16	07:15:36	
24	2822	Huib Van Rotterdam	Purmerend	M60	NED	00:51:49	27	03:39:32	27	04:51:00	28	00:44:09	00:46:22	00:47:07	02:17:37	19	07:20:40	
25	2814	Bertus Pannenkoek	Almere	M60	NED	00:42:56	16	03:30:37	25	04:30:12	25	00:53:15	01:08:03	01:05:24	03:06:40	26	07:46:28	
26	2819	William Strobbe	Brecht	M60	BEL	00:41:18	14	04:00:31	28	04:50:24	27	00:52:09	01:00:26	00:59:02	02:51:37	25	07:51:11	
27	2836	Glenn De Buf	Oostende	M60	BEL	00:37:50	9	03:06:23	16	03:52:05	11	00:39:20				0		DNF
28	2825	Roy Blom	Luxemburg	M60	NED	00:33:21	3	02:38:30	2	03:18:47	2					0		DNF
29	2811	Donald Janssen	Oss	M60	NED	00:34:06	5		0		0					0		DNF

Men 65-69

PIts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	2858	Hans Janmaat	Maastricht	M65	NED	00:40:05	2	03:02:38	2	03:49:15	2	00:32:09	00:33:19	00:33:43	01:39:10	1	05:33:25	
2	2856	Dirk Goldebel	Wormer	M65	NED	00:38:47	1	02:56:27	1	03:42:04	1	00:35:29	00:37:27	00:39:00	01:51:55	2	05:38:49	
3	2853	Paul Landsmeer	Dordrecht	M65	NED	00:46:16	5	03:15:18	5	04:13:16	5	00:37:48	00:38:19	00:38:30	01:54:36	3	06:15:36	
4	2852	Stephan Petrasch	Schermbeck	M65	GER	00:42:13	3	03:11:25	4	04:01:02	4	00:42:52	00:43:28	00:43:14	02:09:33	4	06:17:27	
5	2854	Koos Jansen	Enschede	M65	NED	00:45:11	4	03:05:35	3	03:59:44	3	00:42:18	00:45:28	00:48:16	02:16:01	5	06:23:33	
6	2855	Ron Fokker	Almere	M65	NED	00:48:09	6	03:48:20	7	04:53:05	7	00:46:23	00:46:30	00:46:45	02:19:38	6	07:21:26	
7	2851	Geert Nieuwenhuizen	's=Hertogenbosch	M65	NED	00:59:17	7	03:17:23	6	04:28:14	6	00:54:31	00:57:08	00:54:45	02:46:23	7	07:23:50	

Women <24

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	3005	Anna Busse	Düsseldorf	FU24	GER	00:27:10	1	02:42:18	5	03:12:32	4	00:24:33	00:25:17	00:25:42	01:15:30	1	04:31:01	
2	3014	Maaïke Telkamp	Maastricht	FU24	NED	00:32:35	5	02:28:59	1	03:04:36	1	00:31:28	00:31:34	00:31:55	01:34:56	2	04:43:51	
3	3013	Laura Madsen	Nørager	FU24	DEN	00:30:35	3	02:34:16	2	03:08:21	2	00:30:46	00:31:19	00:32:54	01:34:58	3	04:46:31	
4	3001	Joyce Caro	Almere	FU24	NED	00:28:53	2	02:36:06	3	03:08:33	3	00:31:34	00:32:10	00:32:31	01:36:13	5	04:48:48	
5	3010	Nathalie Krause	Dietersburg	FU24	GER	00:34:26	7	02:36:35	4	03:14:22	5	00:30:12	00:32:10	00:33:50	01:36:11	4	04:54:32	
6	3008	Lesley Dreyling	Almere	FU24	NED	00:33:36	6	02:46:52	6	03:24:15	6	00:29:54	00:32:49	00:34:50	01:37:32	6	05:06:11	
7	3003	Anna Morsink	Weesp	FU24	NED	00:31:00	4	03:04:01	8	03:38:43	8	00:34:10	00:36:19	00:36:36	01:47:04	7	05:30:04	
8	3007	Emma Rowland	Oxford	FU24	GBR	00:35:21	8	02:57:07	7	03:37:49	7	00:35:42	00:37:26	00:39:11	01:52:18	10	05:37:30	
9	3002	Annika Wanner	Ravensburg	FU24	GER	00:43:45	10	03:08:33	10	03:56:57	9	00:33:59	00:37:41	00:40:03	01:51:42	9	05:53:24	
10	3009	Sonja De Laat	Heemskerk	FU24	NED	00:49:48	12	03:29:23	11	04:25:12	11	00:35:47	00:37:16	00:37:57	01:50:58	8	06:21:12	
11	3006	Zoë Stengewis	Purmerend	FU24	NED	00:43:57	11	03:07:50	9	03:57:26	10	00:47:57	00:52:49	00:52:38	02:33:23	12	06:36:07	
12	3011	Noémie Winckel	Bergues	FU24	FRA	00:43:24	9	03:40:01	12	04:29:22	12	00:45:53	00:51:05	00:56:25	02:33:22	11	07:10:12	

Women 25-29

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	3037	Carolin Meyer	Erfstadt	F25	GER	00:28:34	5	02:30:44	1	03:02:51	1	00:29:22	00:29:47	00:30:50	01:29:59	2	04:36:09	
2	3047	Eva Cornelisse	Rhoon	F25	NED	00:27:50	3	02:34:49	3	03:06:01	3	00:28:15	00:28:56	00:29:44	01:26:54	1	04:36:20	
3	3027	Rike Kubillus	Kronshagen	F25	GER	00:27:32	2	02:35:00	4	03:05:25	2	00:29:48	00:31:19	00:35:45	01:36:51	6	04:45:21	
4	3041	Iris Bosch	Amsterdam	F25	NED	00:34:27	8	02:32:08	2	03:11:35	5	00:31:16	00:32:09	00:32:24	01:35:49	5	04:51:19	
5	3038	Charlotte Frierich	Oldenburg	F25	GER	00:32:19	6	02:39:09	6	03:15:51	6	00:31:07	00:31:05	00:30:53	01:33:04	3	04:52:54	
6	3043	Maleen Butterbrodt	Jena	F25	GER	00:28:02	4	02:40:11	8	03:11:15	4	00:31:44	00:33:12	00:33:55	01:38:51	8	04:53:43	
7	3022	Jana Sailer	Kilchberg	F25	GER	00:34:34	9	02:39:02	5	03:18:39	7	00:34:27	00:35:06	00:35:46	01:45:18	11	05:07:47	
8	3031	Sophia Trenz	Würzburg	F25	GER	00:36:09	12	02:47:14	10	03:27:12	11	00:32:01	00:32:22	00:32:58	01:37:21	7	05:09:13	
9	3036	Jennifer Carter	Oxford	F25	GBR	00:32:44	7	02:48:53	11	03:26:31	8	00:30:49	00:33:08	00:35:44	01:39:41	9	05:10:26	
10	3044	Aleksandra Jensen	Risskov	F25	DEN	00:40:23	17	02:39:51	7	03:26:58	10	00:32:55	00:34:43	00:34:43	01:42:19	10	05:14:54	
11	3024	Viktoria Peterbauer	Münzkirchen	F25	AUT	00:39:34	15	02:54:27	13	03:39:39	13	00:34:43	00:34:46	00:36:10	01:45:38	13	05:29:07	
12	3042	Danniek Vinkenvleugel	Utrecht	F25	NED	00:35:59	11	02:50:13	12	03:30:54	12	00:37:41	00:38:18	00:37:57	01:53:55	14	05:30:07	
13	3026	Katrijn Janssens	Zwijndrecht	F25	BEL	00:44:22	20	03:02:38	18	03:53:16	21	00:31:01	00:31:15	00:32:45	01:35:00	4	05:34:28	
14	3039	Giulia Wolff	München	F25	GER	00:35:45	10	02:46:49	9	03:26:33	9	00:40:56	00:41:49	00:41:36	02:04:19	19	05:35:25	
15	3028	Moe Schacht	Aachen	F25	JPN	00:40:44	18	03:01:35	17	03:48:31	17	00:33:57	00:34:53	00:36:32	01:45:21	12	05:40:46	
16	3025	Jaimy Claessens	Venray	F25	NED	00:39:38	16	02:54:57	14	03:39:41	14	00:37:58	00:39:13	00:39:12	01:56:22	16	05:41:36	

17	3021	Jana De Ryst	Moerbeke-Waas	F25	BEL	00:39:22	14	02:57:42	16	03:43:58	15	00:39:32	00:37:48	00:39:39	01:56:58	17	05:46:40
18	3048	Martine Van Zalinge	Edam	F25	NED	00:47:23	21	02:55:52	15	03:49:51	18	00:38:12	00:38:50	00:38:24	01:55:25	15	05:50:41
19	3029	Isabelle Koning	Uithoorn	F25	NED	00:37:14	13	03:10:41	20	03:52:55	20	00:38:51	00:39:25	00:40:36	01:58:51	18	05:56:59
20	3032	Manon Van Esch	Heukelom	F25	NED	00:26:40	1	03:14:32	21	03:46:24	16	00:41:27	00:45:55	00:47:51	02:15:12	24	06:07:25
21	3035	Ellie Cross	Cambridge	F25	GBR	00:40:52	19	03:05:15	19	03:52:35	19	00:43:19	00:46:12	00:45:09	02:14:39	23	06:15:50
22	3045	Esther Hazenoot	Leiden	F25	NED	00:47:36	22	03:26:59	22	04:21:10	22	00:40:21	00:42:22	00:45:42	02:08:24	21	06:34:29
23	3023	Nena Hooghiemstra	Lemmer	F25	NED	00:52:23	23	03:32:24	23	04:31:05	23	00:39:57	00:41:45	00:47:41	02:09:22	22	06:50:29
24	3046	Vica Reout	Amsterdam	F25	NED	00:52:32	24	04:24:04	24	05:26:28	24	00:40:05	00:43:11	00:44:40	02:07:55	20	07:42:52

Women 30-34

Pts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	3079	Ilona Eversdijk	Almere	F30	NED	00:27:39	1	02:29:13	1	02:59:56	1	00:29:38	00:30:37	00:31:22	01:31:36	2	04:34:50	
2	3072	Julia De Leeuw	Weesp	F30	NED	00:30:09	2	02:35:53	3	03:09:37	3	00:30:39	00:31:10	00:31:18	01:33:06	4	04:46:12	
3	3075	Samantha De Knijff	Almere	F30	NED	00:36:04	8	02:37:02	4	03:17:51	4	00:26:47	00:28:28	00:30:04	01:25:18	1	04:46:35	
4	3071	Charlotte Klindworth	Kiel	F30	GER	00:34:37	5	02:31:05	2	03:08:56	2	00:32:51	00:34:21	00:34:44	01:41:55	6	04:55:13	
5	3076	Sarah Haustein	Friedberg (Hessen)	F30	GER	00:35:59	7	02:58:57	11	03:40:17	11	00:29:46	00:31:03	00:31:56	01:32:44	3	05:17:22	
6	3078	Hannah Meijs	Westervoort	F30	NED	00:38:28	10	02:45:22	5	03:28:49	5	00:33:17	00:34:40	00:35:04	01:43:01	7	05:17:47	
7	3064	Lotte Van Trigt	Zuid- Holland	F30	NED	00:39:32	12	02:48:35	7	03:34:00	7	00:32:14	00:33:19	00:34:39	01:40:11	5	05:19:41	
8	3073	Maria Marrocu	Henstedt-Ulzburg	F30	GER	00:40:12	15	02:54:53	10	03:39:56	10	00:36:19	00:36:58	00:37:02	01:50:19	8	05:34:51	
9	3069	Danique Verhoeven	AMSTERDAM	F30	NED	00:40:51	16	02:48:05	6	03:34:31	8	00:37:27	00:39:43	00:39:29	01:56:37	11	05:35:45	
10	3067	Griet Schyvens	Nieuwerkerken	F30	BEL	00:39:40	13	02:51:47	8	03:37:01	9	00:36:08	00:38:31	00:39:37	01:54:15	9	05:36:57	
11	3061	Renske Eilers	Amersfoort	F30	NED	00:34:00	4	02:53:31	9	03:33:03	6	00:40:19	00:42:51	00:44:07	02:07:15	15	05:44:55	
12	3068	Symke Wolters	Dutch	F30	NED	00:33:34	3	03:05:55	15	03:44:30	12	00:39:13	00:39:10	00:40:30	01:58:51	12	05:48:19	
13	3077	Sofie Hermans	Zelem	F30	BEL	00:38:14	9	03:03:55	13	03:48:57	13	00:40:01	00:40:18	00:41:09	02:01:28	13	05:55:09	
14	3074	Emma Van Emmerik	SHUTESBURY	F30	NED	00:35:51	6	03:14:22	17	03:56:33	16	00:39:32	00:38:32	00:36:19	01:54:21	10	05:57:44	
15	3066	Daniëlle Van Der Meulen	Arnhem	F30	NED	00:39:25	11	03:02:11	12	03:49:24	14	00:37:45	00:40:43	00:43:54	02:02:20	14	05:59:40	
16	3080	Maite Coloma	Santiago	F30	CHI	00:39:43	14	03:05:51	14	03:51:43	15	00:41:43	00:42:53	00:44:15	02:08:50	16	06:05:31	
17	3062	Lisa Heitz	Steinen	F30	GER	00:44:05	17	03:11:32	16	04:01:56	17	00:43:18	00:44:49	00:46:37	02:14:44	17	06:21:47	
18	3070	Mette Ørum Madsen	København Ø	F30	DEN	00:45:31	18	03:36:32	18	04:28:50	18	00:56:33	00:58:31	00:56:25	02:51:27	19	07:28:13	
19	3065	Andrea Castillo	Guatemala	F30	GUA	00:49:08	19	03:57:46	19	04:55:57	19	00:55:57	01:00:48	00:53:12	02:49:57	18	07:53:24	

Woman 35-39

Pts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	3105	Davina Greenwell	Woodbridge	F35	GBR	00:31:56	2	02:39:23	1	03:16:24	1	00:29:58	00:30:22	00:31:12	01:31:31	2	04:52:39	

2	3097	Kirsten Ong	Rotterdam	F35	NED	00:42:14	13	02:42:13	2	03:29:49	5	00:29:35	00:30:26	00:31:16	01:31:16	1	05:05:59	
3	3098	Jana Lehmann	Bonn	F35	GER	00:35:33	5	02:44:28	3	03:23:53	2	00:33:39	00:33:48	00:33:24	01:40:50	4	05:08:37	
4	3104	Rianne Snel	Austerlitz	F35	NED	00:32:00	3	02:50:24	4	03:26:14	3	00:32:57	00:33:36	00:34:43	01:41:16	5	05:12:29	
5	3083	Viki Stelma-Boviatsis	Almere	F35	NED	00:28:09	1	02:56:46	7	03:28:09	4	00:35:24	00:37:33	00:37:50	01:50:46	8	05:23:32	
6	3101	Moniek Van Lieshout	's-Gravenhage	F35	NED	00:43:02	15	03:12:26	13	04:00:13	11	00:31:21	00:32:31	00:33:01	01:36:52	3	05:41:05	
7	3099	Karen Waterboer	Düsseldorf	F35	ARG	00:37:01	6	03:05:47	11	03:47:43	9	00:34:53	00:37:11	00:36:47	01:48:50	7	05:41:44	
8	3100	Maike Pawlik	Monheim	F35	GER	00:33:18	4	02:55:28	6	03:34:10	6	00:38:40	00:41:49	00:44:46	02:05:13	13	05:45:13	
9	3096	Thirza Stiphout	Amersfoort	F35	NED	00:40:34	11	02:55:18	5	03:42:10	7	00:39:41	00:39:23	00:40:33	01:59:36	11	05:47:42	
10	3087	Paula Volkers	Heerhugowaard	F35	NED	00:39:49	8	02:58:27	8	03:43:22	8	00:38:31	00:40:21	00:41:21	02:00:12	12	05:48:32	
11	3102	Maartje Dijkgraaf	DE BILT	F35	NED	00:54:18	24	03:00:00	9	04:04:12	13	00:34:52	00:35:31	00:36:00	01:46:21	6	05:57:54	
12	3106	Sanja De Vries	Nigtevecht	F35	NED	00:51:30	22	03:12:56	14	04:11:30	16	00:36:22	00:37:40	00:38:51	01:52:52	9	06:09:32	
13	3092	Mareike Piper-Sanny	Eddelak	F35	GER	00:42:36	14	03:03:44	10	03:54:31	10	00:40:53	00:44:22	00:48:58	02:14:12	16	06:15:21	
14	3090	Yvonne Poel	Limmen	F35	NED	00:44:50	19	03:20:36	17	04:14:31	17	00:41:29	00:42:16	00:42:52	02:06:37	14	06:28:58	
15	2900	Sanne Van Ark	Amstelveen	F35	NED	00:39:09	7	03:16:26	15	04:05:13	14	00:44:35	00:45:22	00:45:22	02:15:19	17	06:31:01	
16	3086	Suzanne Kortekaas	Almere	F35	NED	00:40:00	9	03:29:27	20	04:16:00	18	00:40:19	00:44:38	00:47:28	02:12:24	15	06:33:27	
17	3082	Lieve Moelans	Lommel	F35	BEL	00:41:48	12	03:18:58	16	04:07:33	15	00:45:18	00:46:00	00:47:45	02:19:02	19	06:33:47	
18	3109	Sarah Van Dyk	Amsterdam	F35	USA	00:43:31	16	03:11:59	12	04:03:31	12	00:45:41	00:49:17	00:51:26	02:26:23	20	06:36:24	
19	3107	Silke Schubert	Best	F35	GER	00:40:21	10	03:56:07	24	04:44:22	23	00:38:13	00:39:27	00:39:51	01:57:31	10	06:48:32	
20	3081	Sandra De Looff-Landkroon	Ravels	F35	NED	00:54:16	23	03:26:48	19	04:28:50	22	00:41:09	00:46:14	00:48:55	02:16:18	18	06:52:39	
21	3094	Judith Grünberg	Lübeck	F35	GER	00:45:39	20	03:34:17	21	04:28:03	20	00:46:09	00:53:26	00:58:40	02:38:14	21	07:11:22	
22	3089	Anna Brunken	Hamburg	F35	GER	00:43:54	17	03:26:32	18	04:17:41	19	00:50:55	01:00:44	01:04:44	02:56:21	23	07:22:15	
23	3095	Evelien Beets	Netherlands	F35	NED	00:48:29	21	03:48:32	23	04:46:07	24	00:48:47	00:54:39	00:57:51	02:41:16	22	07:32:54	
24	3091	Renske Thalén	Roden	F35	NED	00:44:11	18	03:36:45	22	04:28:42	21					0	DNF	

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Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	3147	Nelleke Baldé	Grijpskerke	F40	NED	00:34:03	3	02:35:02	1	03:12:36	1	00:31:08	00:31:30	00:31:15	01:33:52	2	04:50:58	
2	3138	Birte Rohs-Knepper	Wesel	F40	GER	00:34:50	5	02:40:57	2	03:19:35	2	00:31:40	00:32:26	00:33:05	01:37:10	3	05:00:28	
3	3127	Aafke Willemsen	Nieuw Heeten	F40	NED	00:34:58	6	02:43:19	4	03:23:35	4	00:32:49	00:33:20	00:34:01	01:40:09	4	05:08:20	
4	3145	Leontien Waaijer	Doorn	F40	NED	00:34:19	4	02:44:09	5	03:23:52	5	00:33:55	00:35:17	00:36:05	01:45:16	6	05:13:35	
5	3142	Camille Cholbi	Soest	F40	FRA	00:43:37	18	03:40:44	28	04:38:06	28	00:36:17	00:37:46		00:36:29	1	05:22:37	
6	3137	Sylvia Van Breda	Lent	F40	NED	00:33:38	2	02:42:22	3	03:20:00	3	00:38:16	00:40:09	00:40:21	01:58:45	14	05:23:20	
7	3144	Bernadette Lohmann	Voorthuizen	F40	NED	00:32:00	1	02:57:26	10	03:34:15	7	00:35:12	00:35:50	00:35:07	01:46:08	8	05:27:47	
8	3124	Colette Gomez	Eibergen	F40	NED	00:43:29	17	02:51:16	7	03:39:57	10	00:34:06	00:35:38	00:35:52	01:45:34	7	05:29:15	
9	3131	Dominique Kooij	Maarssen	F40	NED	00:35:41	9	02:58:21	11	03:39:54	9	00:33:20	00:34:43	00:36:11	01:44:13	5	05:29:16	
10	3121	Nicole Weck	Lübeck	F40	GER	00:36:35	11	02:50:27	6	03:32:16	6	00:39:07	00:39:00	00:39:03	01:57:09	12	05:33:41	

11	3148	Kim Van Breda	Almere	F40	NED	00:35:32	8	02:59:02	12	03:40:07	11	00:38:30	00:40:38	00:42:09	02:01:16	15	05:46:42
12	3126	Marlen Mandel	Duisburg	F40	GER	00:35:12	7	02:54:49	8	03:35:07	8	00:39:25	00:42:24	00:43:54	02:05:42	20	05:46:43
13	3146	Annemieke Vliegen	Apeldoorn	F40	NED	00:35:54	10	03:06:38	14	03:49:16	12	00:39:17	00:38:09	00:38:34	01:55:59	11	05:50:11
14	3141	Cora Blankendaal	Sint Maarten	F40	NED	00:42:59	16	03:01:36	13	03:50:39	14	00:39:36	00:40:22	00:38:43	01:58:40	13	05:54:20
15	3143	Caroline Lippe	Hoisdorf	F40	GER	00:37:20	12	03:14:28	18	03:57:28	16	00:34:57	00:37:04	00:42:33	01:54:33	9	05:56:01
16	3150	Jolanda Van Overbeek	Amersfoort	F40	NED	00:47:47	25	02:55:00	9	03:49:24	13	00:38:44	00:40:35	00:42:13	02:01:31	16	05:57:12
17	3132	Linda Rakers	Emmen	F40	NED	00:39:14	13	03:14:12	17	04:00:20	17	00:36:39	00:37:54	00:40:30	01:55:01	10	06:00:35
18	3125	Petra Van Assema	Uitgeest	F40	NED	00:39:29	14	03:08:24	15	03:54:10	15	00:37:56	00:40:43	00:42:58	02:01:36	17	06:01:47
19	3135	Evi Cuppers	Schulen	F40	BEL	00:40:03	15	03:23:24	20	04:10:27	18	00:39:25	00:42:15	00:43:25	02:05:04	19	06:21:42
20	3139	Dorte Olesen	7500	F40	DEN	00:52:17	27	03:12:37	16	04:12:36	19	00:40:37	00:42:02	00:41:53	02:04:31	18	06:24:13
21	3122	Daniela Wronski	Arnsberg	F40	GER	00:45:04	22	03:32:20	24	04:27:12	24	00:42:43	00:42:12	00:43:01	02:07:54	21	06:44:26
22	3130	Cindy Frishert	DORDRECHT	F40	NED	00:44:46	20	03:28:55	22	04:22:23	22	00:44:24	00:46:35	00:47:38	02:18:36	23	06:46:38
23	3149	Anastasia Thanou	Aθηνα	F40	GRE	00:43:56	19	03:28:19	21	04:20:57	21	00:45:24	00:45:57	00:48:34	02:19:53	25	06:48:35
24	3133	Bianca Ijdens	Almere	F40	NED	00:44:54	21	03:35:02	25	04:25:27	23	00:46:00	00:46:19	00:46:24	02:18:42	24	06:49:29
25	3123	Sonja Ricke	Arnsberg	F40	GER	00:54:51	29	03:17:43	19	04:20:39	20	00:43:38	00:51:01	00:49:17	02:23:55	27	06:52:18
26	3129	Elise Janssen-Veraar	Amsterdam	F40	NED	00:45:56	23	03:38:28	27	04:34:15	27	00:43:13	00:44:03	00:43:40	02:10:55	22	06:55:08
27	3140	Sarah Tomalewicz	London	F40	USA	00:53:53	28	03:31:30	23	04:34:00	26	00:44:46	00:47:35	00:47:54	02:20:14	26	07:01:39
28	3134	Kristine Hockau Baagø	Viborg	F40	DEN	00:46:49	24	03:36:08	26	04:29:58	25	00:47:18	00:49:04	00:51:10	02:27:32	28	07:03:57
29	3128	Kerstin Bepperling	Frankfurt	F40	GER	00:49:38	26	04:00:38	29	04:59:42	29	00:55:23	01:01:21	01:02:48	02:59:31	29	08:06:55

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Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	3186	Petra Paule	Kaufbeuren	F45	GER	00:38:33	6	02:42:57	2	03:26:02	3	00:30:33	00:32:10	00:33:01	01:35:44	1	05:05:53	
2	3169	Katja Duurland - Van Tuijl	Almere	F45	NED	00:33:05	1	02:41:35	1	03:18:59	1	00:33:39	00:34:56	00:36:33	01:45:07	3	05:07:47	
3	3165	Peggie Wierda	Geldermalsen	F45	NED	00:35:59	4	02:45:44	3	03:25:31	2	00:39:16	00:38:44	00:41:34	01:59:33	7	05:29:52	
4	3185	Femke Huijbreghts-Jonker	Nijkerk	F45	NED	00:35:20	2	03:00:25	6	03:42:54	6	00:33:28	00:35:01	00:35:44	01:44:12	2	05:31:07	
5	3162	Vitia Akkerman	Harderwijk	F45	NED	00:35:58	3	02:56:13	5	03:39:27	4	00:36:42	00:39:05	00:40:15	01:56:01	6	05:40:14	
6	3188	Marleen Valk	Baarn	F45	NED	00:40:38	7	03:01:59	7	03:47:38	7	00:39:01	00:40:30	00:41:13	02:00:43	8	05:52:18	
7	3172	Susan Hijman	Nieuwkoop	F45	NED	00:44:02	15	02:49:51	4	03:39:50	5	00:43:40	00:48:01	00:42:35	02:14:15	15	05:59:12	
8	3174	Natasha Burley	Aviemore	F45	GBR	00:42:46	11	03:07:42	10	03:56:29	9	00:41:10	00:40:48	00:40:05	02:02:03	10	06:04:06	
9	3187	Nienke Van Trommel	Amersfoort	F45	NED	00:49:51	21	03:03:46	8	04:01:28	11	00:36:16	00:38:37	00:40:35	01:55:27	5	06:04:15	
10	3179	Margreet Mak	Nijkerkerveen	F45	NED	00:40:52	9	03:05:58	9	03:52:57	8	00:41:24	00:43:00	00:43:09	02:07:32	12	06:05:39	
11	3180	Kim Kardinaal	Noord-Scharwoude	F45	NED	00:43:13	14	03:09:21	12	03:58:42	10	00:40:21	00:40:54	00:41:26	02:02:40	11	06:07:09	
12	3182	Hanneloor Van Der Weijden	Amsterdam	F45	NED	00:50:39	22	03:07:45	11	04:08:38	14	00:37:14	00:37:56	00:38:55	01:54:04	4	06:11:38	
13	3178	Eva Borstlap	Den Haag	F45	NED	00:40:41	8	03:20:02	15	04:08:06	13	00:38:41	00:41:11	00:40:54	02:00:44	9	06:14:35	
14	3167	Anke De Boer - Van Genesen	Almere	F45	NED	00:41:12	10	03:20:39	16	04:08:49	15	00:39:50	00:44:04	00:44:27	02:08:20	13	06:22:54	

15	3184	Ploenphit Brückmann	Hilversum	F45	NED	00:42:58	13	03:25:43	19	04:16:36	17	00:41:24	00:44:06	00:47:21	02:12:49	14	06:37:16	
16	3176	Miranda Van Rijswijk	Tilburg	F45	NED	00:47:55	18	03:18:55	14	04:13:22	16	00:43:05	00:45:47	00:48:26	02:17:17	16	06:40:13	
17	3177	José Van Meel	Breda	F45	NED	00:44:29	16	03:16:29	13	04:07:52	12	00:46:23	00:50:45	00:52:56	02:30:03	21	06:43:55	
18	3171	Lislore Schickendantz	Lemmer	F45	NED	00:49:02	20	03:24:04	18	04:20:08	19	00:48:33	00:48:45	00:49:12	02:26:29	20	06:55:42	
19	3161	Milena Hougardy	Almere	F45	NED	00:42:55	12	03:22:58	17	04:16:44	18	00:44:43	00:49:48	00:50:49	02:25:20	19	06:55:57	
20	3166	Judith Knijnenburg	Utrecht	F45	NED	00:45:21	17	03:37:33	20	04:31:24	20	00:42:22	00:46:42	00:51:07	02:20:11	17	06:57:53	
21	3163	Inge Versluis	Harderwijk	F45	NED	00:54:16	23	03:49:22	21	04:53:04	21	00:44:40	00:46:42	00:50:14	02:21:36	18	07:22:55	
22	3164	Linsy Bolleboom	Zoeterwoude	F45	NED	00:48:17	19	04:08:08	22	05:06:54	22	01:12:34	01:11:24	01:11:41	03:35:38	22	08:55:43	
23	3168	Sonja Stengewis	Purmerend	F45	NED	00:37:16	5		0		0					0		DNF

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Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	3202	Jolanda Ten Brinke	Amstelhoek	F50	NED	00:39:07	2	02:40:24	1	03:24:30	1	00:37:46	00:39:09	00:43:42	02:00:35	5	05:29:03	
2	3199	Ceciel Pas	Gemert	F50	NED	00:40:35	4	03:00:43	4	03:48:03	3	00:36:43	00:39:04	00:40:50	01:56:36	3	05:51:31	
3	3192	Esmeralda Veldkamp	Almere	F50	NED	00:46:17	16	03:10:30	9	04:04:16	9	00:35:34	00:37:41	00:39:27	01:52:41	1	06:02:38	
4	3198	Jolanda Kroese	Almere	F50	NED	00:35:28	1	03:09:24	8	03:50:55	4	00:42:45	00:42:11	00:42:49	02:07:44	9	06:03:55	
5	3213	Brenda Splinter	Almere	F50	NED	00:45:15	13	02:58:22	3	03:51:19	5	00:41:50	00:41:20	00:44:48	02:07:57	10	06:05:53	
6	3208	Susanne Becker	Düsseldorf	F50	GER	00:43:54	8	03:06:25	5	03:55:57	7	00:40:10	00:42:34	00:43:12	02:05:55	7	06:07:33	
7	3207	Karin Brosens	Halen	F50	BEL	00:40:50	5	03:06:42	6	03:54:34	6	00:38:52	00:42:22	00:45:01	02:06:14	8	06:07:33	
8	3206	Gabri Papen	Rosmalen	F50	NED	00:45:27	14	03:13:56	11	04:06:45	10	00:38:42	00:39:51	00:40:39	01:59:11	4	06:11:57	
9	3194	Eileen Althans	Edemissen	F50	GER	00:43:55	9	03:18:51	12	04:11:56	12	00:37:05	00:37:59	00:39:41	01:54:44	2	06:14:02	
10	3200	Claudia Lux	Karlsfeld	F50	GER	00:52:15	19	03:11:53	10	04:11:02	11	00:38:48	00:41:40	00:43:37	02:04:04	6	06:21:24	
11	3211	Angelina Kuijpers	Amersfoort	F50	NED	00:44:53	11	03:07:23	7	03:58:12	8	00:44:08	00:46:00	00:47:18	02:17:26	13	06:21:47	
12	3209	Steenhoudt Magali	Ophasselt	F50	BEL	00:43:58	10	03:24:50	13	04:16:11	13	00:44:54	00:48:22	00:48:17	02:21:32	16	06:45:48	
13	3201	Katoesjka Spronk	Berg en Dal	F50	NED	00:52:51	20	03:27:45	14	04:27:05	16	00:46:39	00:46:23	00:44:25	02:17:27	14	06:50:48	
14	3193	Astrid Buffing	Almere	F50	NED	00:46:06	15	03:31:22	17	04:25:35	15	00:42:17	00:49:59	00:50:09	02:22:23	17	06:55:23	
15	3196	Ingrid Scheepers	Ooij	F50	NED	00:41:37	6	03:44:27	20	04:33:39	18	00:43:34	00:44:37	00:47:13	02:15:23	12	06:55:52	
16	3203	Andrea Chinnow	Unterhaching	F50	GER	00:42:59	7	03:28:30	15	04:20:01	14	00:45:49	00:51:51	00:53:30	02:31:09	18	06:58:20	
17	3210	Michal Finkelstein	Lehavim	F50	ISR	00:48:05	17	03:31:16	16	04:29:52	17	00:44:46	00:47:09	00:48:19	02:20:13	15	06:59:14	
18	3205	Miranda Stigter	't Veld	F50	NED	00:55:53	21	03:38:30	18	04:44:29	20	00:40:55	00:43:55	00:46:15	02:11:04	11	07:04:53	
19	3195	Angelique Beckers	Nijmegen	F50	NED	00:44:57	12	03:40:18	19	04:35:05	19	00:50:23	00:54:19	01:02:35	02:47:16	20	07:30:32	
20	3212	Irene Alisjahbana	Bussum	F50	SGP	00:48:35	18	04:01:21	21	04:58:27	21	00:44:27	00:53:09	00:56:45	02:34:20	19	07:40:37	
21	3191	Esther Van Duijnhoven	NB	F50	NED	00:39:52	3	02:55:38	2	03:42:37	2					0		DNF

Woman 55-59

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	3231	Dorothe Vrieze	Zelhem	F55	NED	00:34:18	1	03:00:06	2	03:40:21	2	00:32:22	00:32:34	00:34:03	01:38:58	1	05:24:10	
2	3232	Pia Graagaard	holstebro	F55	DEN	00:41:24	8	02:50:32	1	03:38:09	1	00:37:45	00:37:39	00:39:12	01:54:36	4	05:38:28	
3	3228	Agnes Nieburg	Netherlands	F55	NED	00:38:58	5	03:04:01	4	03:49:57	5	00:33:53	00:39:50	00:42:53	01:56:36	5	05:52:35	
4	3235	Helga Böhm	Itzehoe	F55	GER	00:39:34	7	03:07:27	6	03:53:52	6	00:38:18	00:39:11	00:39:57	01:57:25	6	05:55:53	
5	3233	Nicole Loeve	Helmond	F55	NED	00:45:10	15	03:18:10	10	04:10:44	10	00:34:45	00:35:19	00:34:14	01:44:17	2	06:02:00	
6	3236	Ellen Wilms	Opijnen	F55	NED	00:42:04	11	03:10:07	7	03:57:52	7	00:39:31	00:41:23	00:41:32	02:02:25	8	06:06:26	
7	3238	Yvonne Zon-Tiggerdine	Almere	F55	GBR	00:45:59	16	03:15:56	8	04:11:48	12	00:37:12	00:37:38	00:39:30	01:54:18	3	06:12:56	
8	3225	Kerstin Tews	Kaltenkirchen	F55	GER	00:35:41	3	03:17:51	9	04:01:02	8	00:41:15	00:45:36	00:46:33	02:13:22	10	06:19:14	
9	3234	Birgit Kranz	Herzogenrath	F55	GER	00:39:27	6	03:23:40	14	04:12:08	13	00:39:48	00:43:34	00:47:09	02:10:29	9	06:28:29	
10	3221	Pia Soetebier	Almere	F55	NED	00:43:45	14	03:32:12	15	04:27:53	15	00:36:43	00:39:08	00:45:09	02:01:00	7	06:35:30	
11	3224	Patricia Warnke	Oelixdorf	F55	GER	00:42:13	12	03:18:11	11	04:07:00	9	00:49:10	00:48:48	00:48:03	02:26:00	12	06:41:34	
12	3230	Jeanette Verbeek	Kwintsheul	F55	NED	00:42:51	13	03:22:40	13	04:15:39	14	00:46:34	00:50:11	00:51:50	02:28:35	13	06:53:04	
13	3227	Minou Weustink	Enschede	F55	NED	00:41:49	10	03:18:18	12	04:10:51	11	00:47:31	00:50:51	00:59:01	02:37:22	14	06:56:07	
14	3223	Dalva Hubert	Almere	F55	NED	00:41:24	9	03:40:18	16	04:30:23	16	00:42:00	00:48:25	00:51:37	02:22:01	11	07:00:55	
15	3226	Mirjam Leussink	Enschede	F55	NED	00:36:42	4	03:00:16	3	03:43:46	3	01:10:50	01:27:35			0		DNF
16	3237	Liz Wickham	Amsterdam	F55	NZL	00:34:47	2	03:05:06	5	03:47:13	4					0		DNF
17	3222	Hadas Loantz	hatzerim	F55	ISR	00:47:27	17		0		0					0		DNF

Woman 60-64

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	3251	Loes Van Den Boom	MOLENHOEK LB	F60	NED	00:38:55	1	03:03:56	2	03:48:39	2	00:36:05	00:37:37	00:38:53	01:52:35	1	05:46:25	
2	3252	Gieny Van Niejenhuis	Almere	F60	NED	00:39:29	2	02:59:57	1	03:46:34	1	00:38:07	00:40:27	00:41:41	02:00:14	2	05:54:12	
3	3253	Brigitta Commandeur	Sint Pancras	F60	NED	00:43:31	3	03:06:41	3	03:58:34	3	00:38:51	00:39:48	00:43:00	02:01:37	3	06:06:17	
4	3255	Petra Kaiser	Dinslaken	F60	GER	00:49:49	5	03:49:13	6	04:49:54	5	00:46:08	00:45:17	00:45:27	02:16:50	4	07:12:55	
5	3256	Annet Vet	Almere	F60	NED	00:51:55	6	03:48:19	5	04:50:30	6	00:45:14	00:46:44	00:50:36	02:22:33	5	07:22:25	
6	3254	Ineke Van Den Berg	Noordwijk	F60	NED	00:45:40	4	03:28:40	4	04:25:10	4					0		DNF

Woman 65-69

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	3261	Ingeborg Schoonackers	Almere	F65	NED	00:46:26	1	03:29:52	1	04:28:14	1	00:44:06	00:43:12	00:44:14	02:11:31	1	06:49:50	
2	3262	Petra Moria	Almere	F65	NED	00:49:30	2	03:31:25	2	04:30:29	2	00:52:11	00:55:55	00:55:28	02:43:33	2	07:25:13	

Women 70-74

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	3266	Anita Van Bon	Huissen	F70	NED	00:50:31	1	03:43:39	1	04:41:55	1	00:58:32	01:03:37	01:06:48	03:08:55	1	07:58:36	

Para Men

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Status
1	3301	Sumi Jaakkola	Kerava	PARA	FIN	01:02:14	1	04:30:25	1	05:50:59	1	00:51:21	00:51:36	00:53:02	02:35:58	1	08:44:17	

CHALLENGE ALMERE-AMSTERDAM 10-09-2022

Unofficial Result Long DistanceOpen by Category

Elite Men

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	3	Andrew Starykowicz	Long Grove	Mpro	USA	00:49:56	15	04:11:37	1	05:03:13	1	02:56:16	10	08:01:44	
2	30	Diego Vasquez	AMBATO	Mpro	ECU	00:55:45	31	04:48:47	28	05:47:19	28	03:30:21	23	09:20:28	

Men 20-24

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	505	Mathias Lorenzen	Risskov	M20	DEN	01:05:55	6	05:05:52	3	06:16:40	3	03:10:36	2	09:31:19	
2	507	Oscar Sutcliffe	Foggathorpe	M20	GBR	01:03:43	4	05:14:52	4	06:23:54	4	03:12:58	3	09:41:57	
3	503	Dylan Hoogendoorn	Houten	M20	NED	01:01:39	3	05:36:16	7	06:44:32	6	03:29:48	4	10:20:35	
4	502	Tristan Deceuninck	Bruxelles	M20	BEL	01:08:54	7	05:48:15	8	07:05:19	8	03:34:12	5	10:43:53	
5	504	Maurice Winkler	Wiesbaden	M20	GER	01:12:01	8	05:27:57	6	06:46:04	7	03:59:50	6	10:50:42	
6	506	Yannick Noah Reitz	Idstein - Oberrod	M20	GER	00:59:24	2	04:53:58	1	05:59:18	1		0		DNF
7	1901	Tetsuki Kaji	kawanishi	M20	JPN	01:05:15	5		0		0		0		DNF

Men 25-29

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	533	Tom Mcmanners	Reading	M25	FIN	01:02:25	7	04:39:21	1	05:46:43	2	03:03:37	1	08:55:56	
2	520	Wim Jansen	Rijswijk	M25	NED	01:01:32	5	04:50:34	4	05:56:03	4	03:10:53	6	09:10:58	
3	531	Alexander Verweij	Amsterdam	M25	NED	01:04:45	9	04:49:05	3	06:01:26	5	03:07:13	4	09:14:10	
4	532	Ian Hurley	London	M25	IRL	01:13:40	14	04:56:09	6	06:14:39	7	03:06:45	3	09:25:18	
5	514	Thijs Van Der Zee	Ede	M25	NED	00:56:48	1	04:53:03	5	05:52:31	3	03:47:53	13	09:43:21	
6	524	Sander D'Hont	Sint Jansteen	M25	NED	01:01:57	6	05:31:54	15	06:40:09	12	03:10:31	5	09:55:50	
7	516	Ward Maes	Wondelgem	M25	BEL	01:03:18	8	05:17:04	10	06:24:30	11	03:26:27	7	09:55:54	
8	528	Jasper Fraikin	Amsterdam, The Netherlands	M25	NED	01:05:42	10	05:11:43	9	06:24:17	10	03:31:47	11	10:00:55	
9	519	Andreas Schacht	Aachen	M25	GER	01:07:24	12	05:04:41	8	06:16:10	8	03:49:59	14	10:10:40	
10	513	Jonathan Mahaux	Verviers	M25	BEL	00:59:07	3	05:18:04	11	06:23:51	9	04:05:46	16	10:36:25	
11	511	Jonathan Wanner	Ravensburg	M25	GER	01:18:06	16	05:26:08	14	06:48:39	16	03:55:20	15	10:47:51	
12	515	Mitchell Hamelijnc	Zaltbommel	M25	NED	01:31:20	20	05:40:15	17	07:22:15	18	03:28:31	9	10:57:54	

13	527	Tim Hohlweg	Bochum	M25	GER	00:59:19	4	05:37:37	16	06:43:36	13	04:08:30	17	10:58:06
14	530	Martijn Lollinga	Groningen	M25	NED	01:07:47	13	05:49:32	18	07:05:59	17	04:09:24	18	11:21:54
15	526	Titus De Hond	Utrecht	M25	NED	01:24:12	18	06:06:11	19	07:38:40	19	03:40:06	12	11:23:31
16	518	Nils Feuerhelm	Berlin	M25	GER	01:16:19	15	05:23:25	13	06:46:02	15	04:32:41	19	11:24:45
17	522	Tom Engelen	Hoofddorp	M25	NED	01:25:11	19	06:27:03	20	08:02:57	20	04:37:02	20	12:46:37
18	512	Liam Carr	Best	M25	GBR	01:31:53	21	06:40:41	21	08:23:38	21	04:42:08	21	13:11:24

Men 30-34

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	554	Pascal Franken	Oegstgeest	M30	NED	01:04:47	15	04:38:59	2	05:47:17	5	03:12:46	4	09:04:38	
2	544	Joris Jacobs	Tongeren	M30	BEL	01:03:02	13	05:13:34	19	06:20:30	17	03:07:02	3	09:31:05	
3	578	Beau Visser	Almere	M30	NED	01:02:34	12	05:07:09	15	06:13:34	13	03:14:20	5	09:32:14	
4	570	Kevin Kleine-Bley	Münster	M30	GER	01:05:56	17	04:42:07	6	05:53:32	9	03:35:46	14	09:34:42	
5	541	Benjamin Döring	Gießen	M30	GER	01:06:07	18	04:50:33	9	06:00:38	11	03:35:26	13	09:41:16	
6	550	Leon Koch	Lemmer	M30	NED	01:02:34	11	04:41:52	5	05:49:48	7	03:52:04	19	09:48:42	
7	551	Daniel Burkhardt	Stuttgart	M30	GER	01:03:43	14	05:11:41	17	06:19:23	16	03:27:10	8	09:50:33	
8	555	Julian Grothaus	Herdecke	M30	GER	01:08:35	22	05:03:52	13	06:18:35	14	03:34:38	12	09:57:11	
9	559	Brecht Craeghs	Herk-de-Stad	M30	BEL	01:05:47	16	05:23:39	25	06:34:06	21	03:34:30	10	10:12:04	
10	553	Nico Malena	Berlin	M30	GER		0	05:12:35	18	06:24:55	18	03:42:27	17	10:12:28	
11	546	Jack Grafton	London	M30	GBR	01:10:34	28	05:18:40	21	06:34:30	22	03:34:36	11	10:14:15	
12	548	Alexander Feldhaus	Würzburg	M30	GER	00:57:21	5	04:55:12	11	05:56:00	10	04:19:43	28	10:20:34	
13	568	Christoph Sanders	Lingen	M30	GER	01:10:53	29	05:33:16	29	06:49:57	27	03:42:14	16	10:37:36	
14	575	Mathieu Bleriot	troissereux	M30	FRA	01:10:28	27	05:38:58	32	06:55:49	30	03:37:18	15	10:38:32	
15	552	Kai Bitschinski	Alpen	M30	GER	00:57:44	7	04:46:53	8	05:48:45	6	04:47:47	39	10:42:00	
16	562	Cedric Mariette	Berlin	M30	FRA	01:12:41	34	05:22:11	22	06:39:18	25	04:02:06	23	10:46:48	
17	545	Stef Hendrickx	MEERLE	M30	BEL	01:12:27	33	05:17:48	20	06:36:43	24	04:05:46	24	10:48:21	
18	549	Russell Vanhinsbergh	Tunbridge wells	M30	GBR	01:09:12	23	05:37:43	31	06:52:25	28	03:53:20	20	10:52:16	
19	543	Maikel Breedveld	Almere	M30	NED	01:07:35	21	05:31:49	27	06:43:46	26	04:06:01	25	10:55:46	
20	569	Sipke Bontekoe	Amsterdam	M30	NED	01:21:52	41	05:39:47	33	07:14:33	39	03:54:27	21	11:15:55	
21	561	Pim Rutgers	Renkum	M30	NED	01:01:08	10	05:22:35	24	06:29:51	19	04:49:28	40	11:24:52	
22	573	Olli Kopakkala	espoo	M30	FIN	01:25:09	43	05:27:57	26	07:01:19	32	04:20:57	29	11:27:04	
23	542	Guy Hanegreefs	Lommel	M30	BEL	01:13:10	35	05:35:18	30	06:55:03	29	04:37:56	33	11:39:37	
24	566	Radim Cibulka	Horovice	M30	CZE	01:13:30	36	05:48:02	36	07:08:31	34	04:30:12	31	11:44:59	
25	556	Arno Thuy	auderghem	M30	BEL	01:11:30	32	05:48:10	37	07:08:22	33	04:38:14	34	11:55:19	
26	574	Will Almond	Amsterdam	M30	GBR	01:07:05	19	05:55:12	38	07:10:35	35	04:40:03	35	11:59:35	
27	547	Guillaume Lariviere	Aalst	M30	BEL	01:10:20	26	05:55:16	39	07:13:26	37	04:46:41	37	12:08:01	

28	577	Robin Van Den Heuvel	Leiden	M30	NED	01:16:21	38	05:48:02	35	07:13:24	36	04:47:05	38	12:08:14	
29	567	David Kroon	Rotterdam	M30	NED	01:37:48	44	05:39:56	34	07:28:31	41	04:36:36	32	12:14:41	
30	563	Jens Ostrowsky	Rostock	M30	GER	00:59:30	9	06:09:05	42	07:14:17	38	05:04:17	41	12:23:42	
31	557	Quentin Vanderlinden	La Hulpe	M30	BEL	01:09:52	24	06:07:08	41	07:27:13	40	04:45:49	36	12:25:29	
32	572	Mark Blokhuis	Baambrugge	M30	NED	01:16:16	37	06:01:51	40	07:31:18	42	05:13:29	42	12:53:10	
33	558	Paul Henning	Rhoon	M30	NED	01:22:28	42	06:22:11	43	07:51:44	43	05:17:13	43	13:14:14	
34	564	Umid Salamullaev	Tashkent	M30	UZB	02:11:56	45	07:29:13	44	09:54:58	44	04:17:29	27	14:22:59	
35	571	Jan-Hinrich Klindworth	Kiel	M30	GER	00:56:44	4	04:39:55	3	05:40:21	3		0		DNF
36	565	Mark Bundgaard	Aarhus	M30	DEN	01:11:04	30		0		0		0		DNF
37	576	Joey Van De Beek	Amersfoort	M30	NED	01:09:58	25		0		0		0		DNF

Men 35-39

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	611	Tom Van Rossum	Leeds	M35	GBR	01:00:37	10	04:37:09	2	05:41:50	3	03:12:11	4	08:57:25	
2	631	Matthias Kindel	Maastricht	M35	GER	00:57:29	4	04:51:15	6	05:52:27	5	03:16:24	6	09:12:21	
3	585	Dennis De Knijff	Almere	M35	NED	01:05:47	16	04:52:32	8	06:03:12	8	03:03:38	2	09:12:24	
4	615	Christiaan Zandbergen	Nieuwe Wetering	M35	NED	01:00:28	8	05:07:51	12	06:12:57	9	03:16:01	5	09:33:06	
5	629	Tijmen Smit	Hardinxveld	M35	NED	00:55:16	2	04:44:09	4	05:43:04	4	03:52:16	22	09:40:28	
6	583	Johan Postma	Almere	M35	NED	01:00:25	7	05:18:07	19	06:23:35	16	03:17:01	7	09:45:17	
7	625	Marcus Pott	Steinheim	M35	GER	01:13:19	33	04:54:27	9	06:14:33	10	03:31:17	13	09:52:33	
8	626	Jeppe Engsig	Viby J	M35	DEN	01:09:10	26	05:02:51	10	06:16:48	11	03:33:22	14	09:54:42	
9	593	Jan Matthes	Lingen	M35	GER	01:07:08	19	04:48:55	5	06:01:17	7	03:48:36	18	09:54:43	
10	591	Marko Marskamp	Amersfoort	M35	NED	01:18:32	42	05:16:02	18	06:41:44	27	03:27:50	10	10:15:56	
11	609	Roelof Boonstra	Heerenveen	M35	NED	01:01:43	11	05:14:04	16	06:20:28	13	03:56:41	26	10:21:18	
12	594	Christoph Hoorelbeke	Zonnebeke	M35	BEL	01:01:47	12	05:18:16	20	06:24:35	17	03:56:36	24	10:26:10	
13	581	Paul De Bakker	Almere	M35	NED	01:18:43	43	05:33:28	32	06:58:57	34	03:27:57	11	10:33:11	
14	627	Camiel Swart	Kockengen	M35	NED	01:12:31	30	05:22:15	22	06:40:07	25	03:50:46	19	10:35:26	
15	603	Joris Straetmans	Nederhasselt	M35	BEL	01:11:35	29	05:28:09	29	06:47:51	29	03:42:11	16	10:35:42	
16	608	Govert Van Meerkerk	Streefkek	M35	NED	01:11:05	27	05:23:06	24	06:40:24	26	03:56:38	25	10:44:28	
17	620	Christoph Hartmüller	Mainz	M35	GER	01:22:12	49	05:40:38	38	07:11:46	41	03:28:32	12	10:46:24	
18	613	Charl Van Heerden	Westcliff Hermanus	M35	RSA	01:14:51	38	05:14:38	17	06:36:37	21	04:09:33	32	10:51:09	
19	605	Magnus Gohn	Steinen	M35	GER	01:08:05	22	05:05:49	11	06:22:00	14	04:21:26	38	10:51:24	
20	587	Joos Jansen	Lommel	M35	BEL	01:07:53	21	05:38:25	35	06:52:15	30	03:53:56	23	10:51:39	
21	624	Pieter Brackman	Denderhoutem	M35	BEL	01:05:53	17	05:23:58	25	06:37:09	24	04:08:39	30	10:52:33	
22	619	David Linders	Utrecht	M35	NED	01:03:46	14	05:25:18	27	06:34:23	19	04:18:34	34	10:56:39	
23	592	Hendrik Mellis	Essen	M35	GER	01:14:12	36	05:24:15	26	06:47:25	28	04:12:10	33	11:06:07	

24	601	Tom Van Daalen	Veenendaal	M35	NED	01:00:37	9	05:29:46	30	06:37:02	22	04:27:40	40	11:12:12
25	610	Jean Lens	Pietermaritzburg	M35	RSA	01:14:38	37	05:25:27	28	07:19:30	44	03:51:00	20	11:15:09
26	617	Pieter Giljam	Scharendijke	M35	NED	01:13:14	32	05:18:17	21	06:37:05	23	04:39:28	45	11:21:52
27	618	Niels Van Den Berg	rotterdam	M35	NED	01:08:11	23	05:51:45	41	07:08:04	39	04:08:58	31	11:24:34
28	584	Maarten Van Ettinger	Lopik	M35	NED	01:08:40	24	05:36:46	33	07:00:06	35	04:20:37	36	11:28:36
29	589	Remko Van Den Bungelaar	Mill	M35	NED	01:12:59	31	05:39:24	36	06:58:05	33	04:23:31	39	11:28:38
30	582	Erik Schopman	Almere	M35	NED	01:19:59	45	05:30:33	31	06:57:15	31	04:27:56	41	11:30:59
31	588	Frank Schlick	Mertert	M35	LUX	01:05:28	15	05:22:44	23	06:34:55	20	04:50:48	47	11:32:47
32	602	Marc Schmitz	Dattenberg	M35	GER	01:06:09	18	05:47:29	40	07:04:30	37	04:20:43	37	11:33:16
33	599	Torsten Voigt	Eisenberg	M35	GER	01:11:08	28	05:52:13	43	07:10:31	40	04:20:15	35	11:36:48
34	630	Jakob Højbjerg	Værløse	M35	DEN	01:17:27	40	05:37:26	34	07:02:02	36	04:31:11	43	11:39:47
35	596	Michael Van Damme	Gentbrugge	M35	BEL	01:33:37	51	05:53:12	45	07:36:31	46	04:02:06	28	11:46:56
36	600	Richard Holstege	Berkel en Rodenrijs	M35	NED	01:21:14	47	06:31:46	48	08:00:01	48	03:52:00	21	11:56:05
37	604	Kristof Quintyn	Geraardsbergen	M35	BEL	01:16:55	39	05:40:01	37	07:06:49	38	04:45:18	46	11:59:06
38	607	Robert Van Der Poel	Houten	M35	NED	01:38:58	52	06:00:29	46	07:48:33	47	04:00:16	27	12:00:11
39	598	Andreas Mauer	Heede	M35	GER	01:09:07	25	07:13:12	52	08:28:10	51	03:39:18	15	12:13:33
40	612	Remco Kelder	Lekkerkerk	M35	NED	00:59:02	6	05:51:48	42	06:58:03	32	05:15:20	48	12:21:58
41	614	Karl Heinz Tomaszowski	Mainz	M35	GER	01:18:26	41	06:32:01	49	08:00:21	49	04:30:42	42	12:36:55
42	628	Chris King	Horley	M35	GBR	01:24:32	50	06:37:18	50	08:16:12	50	04:31:35	44	12:58:06
43	586	Victor Makarenkov	Lehavim	M35	ISR	01:22:05	48	07:00:05	51	08:40:33	52	05:23:00	49	14:15:32
44	621	Jonas Moll	Wetter	M35	GER	01:20:48	46	05:47:13	39	07:17:22	43		0	DNF
45	622	Stijn Adams	Hoogstraten	M35	BEL	01:19:09	44	06:03:34	47	07:30:46	45		0	DNF
46	597	Thomas Smith	Birmingham	M35	GBR	01:13:24	34	05:53:10	44	07:13:24	42		0	DNF

Men 40-44

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	653	Tomas Racek	Cerhovice	M40	CZE	00:59:03	6	04:44:36	3	05:47:40	2	03:03:11	2	08:54:26	
2	222	Gregory Schelfhout	Welle	M40	BEL	01:13:27	38	04:52:08	8	06:11:26	13	02:58:56	1	09:14:53	
3	661	Dominik Renninger	Bad Kissingen	M40	GER	01:03:18	10	04:52:48	9	05:59:55	7	03:27:10	10	09:31:22	
4	658	Maarten Van Kooij	Maastricht	M40	NED	01:06:26	16	04:39:20	1	05:51:27	4	03:37:01	15	09:34:18	
5	652	Wolter Van Popta	Hilversum	M40	NED	01:03:00	9	04:51:29	7	06:00:11	8	03:31:38	13	09:36:45	
6	668	Pieter Wijnhoven	Rotterdam	M40	NED	01:04:07	11	05:00:16	13	06:09:00	10	03:25:17	9	09:38:28	
7	645	Sebastiaan Holleman	Doetinchem	M40	NED	01:04:46	14	05:02:47	16	06:11:14	12	03:28:31	12	09:44:16	
8	651	Jeffrey Helder	Nieuwkoop	M40	NED	01:04:12	12	05:05:32	20	06:15:21	18	03:28:18	11	09:51:38	
9	657	Kevin Van Dronkelaar	Amsterdam	M40	NED	00:57:34	4	04:52:58	10	05:55:22	5	03:53:44	26	09:54:23	
10	675	Bas Goossens	Geesteren	M40	NED	01:10:09	27	04:47:45	5	06:05:43	9	03:43:57	18	09:55:24	

11	695	Veli-Matti Rissa	Espoo	M40	FIN	01:07:56	23	05:01:15	14	06:14:47	17	03:43:58	19	10:02:51
12	702	Sebastian Krasnodębski	Grudziądz	M40	POL	01:14:34	39	04:57:20	11	06:18:03	20	03:42:12	17	10:04:11
13	666	Jaap Ilsink	Zwolle	M40	NED	01:12:02	34	04:58:01	12	06:15:48	19	03:45:34	20	10:07:07
14	696	Martijn Wanders	Almere	M40	NED	01:12:05	35	05:14:32	30	06:32:36	33	03:33:22	14	10:10:46
15	665	Jort Schuringa	Glimmen	M40	NED	01:10:22	28	05:12:48	29	06:30:01	30	03:49:20	22	10:23:54
16	676	Sebastiaan Van Den Berg	Houten	M40	NED	01:11:53	33	05:12:12	25	06:29:45	28	03:53:53	27	10:29:28
17	649	Edward Moffatt	Cowden	M40	GBR	01:16:42	45	05:05:22	19	06:28:48	24	03:57:05	29	10:31:08
18	667	Persijn Van De Veire	Vlissingen	M40	NED	01:02:10	7	05:26:33	40	06:34:28	35	03:51:32	23	10:33:17
19	700	Hendrik Haumann	Besslich	M40	LUX	01:23:12	54	05:43:00	48	07:13:48	50	03:18:37	6	10:36:03
20	673	Kai Piper	Eddelak	M40	GER	01:15:54	44	05:07:01	21	06:30:14	31	04:02:52	33	10:38:03
21	683	Ward Terryn	KUURNE	M40	BEL	01:04:45	13	05:18:49	36	06:29:34	27	04:07:25	35	10:42:09
22	684	Peter Borst	Hensbroek	M40	NED	01:09:36	25	05:15:05	31	06:32:28	32	04:06:37	34	10:45:00
23	685	Bram Van Rijt	Oisterwijk	M40	NED	01:12:15	36	05:15:08	32	06:32:58	34	04:08:20	36	10:46:17
24	654	Milan Litvan	Kajov	M40	CZE	01:19:12	46	05:16:15	33	06:42:51	36	03:57:32	30	10:47:17
25	647	Benjamin Schottek	Arnsberg	M40	GER	01:09:40	26	05:26:20	39	06:44:00	37	04:02:34	31	10:54:35
26	687	Karel Bogaert	Oudenburg	M40	BEL	01:19:38	48	05:18:14	35	06:46:26	38	04:02:38	32	10:58:33
27	699	Leon Hordijk	Numansdorp	M40	NED	01:23:55	56	05:26:38	41	07:00:44	43	03:52:30	25	11:00:29
28	670	Gijs Van Der Zijden	Almere	M40	NED	01:11:08	29	05:12:48	28	06:29:27	26	04:31:57	45	11:07:12
29	646	Mano Kok	Gouda	M40	NED	01:08:12	24	05:12:30	26	06:28:54	25	04:32:06	46	11:08:43
30	644	Michael Leuven	Hoofddorp	M40	NED	01:11:37	32	05:31:04	43	06:51:56	40	04:15:46	39	11:14:13
31	682	Wesley Matthys	Sint-Laureins	M40	BEL	01:27:05	61	05:34:12	44	07:13:15	48	03:54:35	28	11:14:31
32	680	Christian Bäcker	Maisach	M40	GER	01:14:55	41	05:43:34	49	07:05:25	44	04:12:07	38	11:22:50
33	698	Kevin Kroes	Heumen	M40	NED	01:24:49	57	05:21:38	38	06:56:56	42	04:26:18	41	11:29:14
34	688	Jan Vettters	Waarloos	M40	BEL	01:21:51	51	05:35:20	45	07:06:03	45	04:17:17	40	11:29:19
35	655	Vlastimil Kordík	Český Krumlov	M40	CZE	01:11:29	31	06:03:21	58	07:25:40	55	04:09:19	37	11:42:39
36	662	Klaas Zwaagman	Eelderwolde	M40	NED	01:21:05	50	05:38:33	46	07:06:42	46	04:31:39	44	11:45:45
37	691	Jan Schrama	Rotterdam	M40	NED	01:14:56	42	05:49:29	53	07:10:01	47	04:37:37	49	11:52:54
38	697	Dennis Jansen	sassenheim	M40	NED	01:14:55	40	05:30:36	42	06:53:22	41	04:56:21	53	11:56:47
39	656	Niels De Wilde	Almere	M40	NED	01:22:04	52	06:02:41	57	07:31:12	57	04:30:58	43	12:07:50
40	692	Evert Timmerman	Hoogland	M40	NED	01:23:33	55	05:46:35	51	07:18:32	53	04:45:51	51	12:13:19
41	681	Jimmy Turbelin	marquette lez lille	M40	FRA	01:26:57	60	06:01:36	56	07:39:57	58	04:32:53	47	12:21:20
42	650	Thomas Wolfram	Eschborn	M40	GER	01:07:35	21	06:00:01	54	07:13:30	49	05:00:55	56	12:22:18
43	641	Ruben Bumkens	Schalkhaar	M40	NED	01:25:05	58	06:11:42	61	07:47:26	59	04:49:02	52	12:46:16
44	671	Patrick Degenaar	Zoetermeer	M40	NED	01:19:42	49	05:46:40	52	07:17:41	52	05:28:13	58	12:54:16
45	664	Jeroen Nolte	Almere	M40	NED	01:15:35	43	06:01:18	55	07:24:00	54	05:28:52	59	13:01:04
46	663	Marten Bouma	Almere	M40	NED	01:28:43	62	06:10:40	59	07:48:05	60	05:03:36	57	13:01:04
47	693	Michiel Wesseling	Amstelveen	M40	NED	01:33:00	64	06:10:54	60	07:56:35	61	05:00:09	55	13:03:22

48	674	Matteo Bettoni	Schiedam	M40	ITA	01:12:23	37	06:21:55	62	08:00:46	62	04:33:02	48	13:06:29	
49	642	David Lanz	Feldbrunnen-St. Niklaus	M40	SUI	01:44:19	66	06:27:34	63	08:25:25	63	05:33:55	60	14:08:18	
50	686	Chris Seynaeve	Izegem	M40	BEL	01:33:23	65	06:57:19	64	08:40:37	64	05:47:36	0	14:34:12	
51	643	Danny Subrata	Zaandam	M40	NED	01:55:34	67	07:04:02	65	09:13:29	65	05:28:33	0	14:56:37	
52	694	Andreas Hill	Tiefenort	M40	GER	01:02:39	8	05:01:45	15	06:10:02	11		0		DNF
53	672	Jeroen Van Hooijdonk	Rotterdam	M40	NED	01:26:42	59	05:39:57	47	07:14:34	51		0		DNF
54	678	Andreas Gkikas	Sounio	M40	GRE	01:22:23	53		0		0		0		DNF
55	689	Donovan Geldenhuys	Durban	M40	RSA	00:55:14	1		0		0		0		DNF

Men 45-49

Pits	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	763	Thorsten Frank	Ettlingen	M45	GER	01:06:35	13	04:57:30	5	06:10:59	4	03:36:05	7	09:52:05	
2	747	Santiago Garcia Gonzalez	ourense	M45	ESP	01:12:25	25	05:30:37	33	06:49:49	34	03:05:12	1	09:59:40	
3	721	Danny Voets	Zuidland	M45	NED	01:13:12	29	04:46:48	1	06:04:55	3	03:55:30	18	10:06:25	
4	742	Raymond Olsthoorn	Monster	M45	NED	01:19:02	48	04:55:14	2	06:18:14	8	03:46:50	11	10:09:36	
5	772	Pavel Ozerov	Wien	M45	AUT	01:10:36	20	05:07:23	11	06:22:20	12	03:47:25	13	10:14:12	
6	752	Björn Stadtel	Köln	M45	GER	01:19:25	50	05:21:52	26	06:47:30	30	03:24:27	3	10:17:31	
7	741	Raymond De Kuiper	Hilversum	M45	NED	01:16:59	41	05:12:58	16	06:37:17	21	03:38:01	8	10:20:47	
8	725	Lars Winkler	Leipzig	M45	GER	00:59:45	1	05:13:58	18	06:18:30	10	03:59:33	22	10:22:44	
9	720	Paul Versteegen	Horst aan de Maas	M45	NED	01:06:47	14	05:15:46	21	06:28:59	13	03:46:58	12	10:23:06	
10	726	Benoit Blondeau	felleries	M45	FRA	01:17:13	43	05:10:34	13	06:34:48	20	03:48:25	14	10:28:43	
11	751	Bjorn Claes	Zelem	M45	BEL	01:11:33	23	05:14:33	20	06:32:56	17	03:57:54	20	10:35:38	
12	764	Jeroen Went	Noordwijk Zh	M45	NED	01:10:07	19	05:24:04	30	06:39:38	23	03:52:39	16	10:37:52	
13	729	Maik Ulke	Laage	M45	GER	01:16:41	40	05:07:42	12	06:31:16	15	04:05:13	26	10:41:35	
14	773	Edwin Van De Ven	Arnhem	M45	NED	01:22:13	58	05:14:05	19	06:46:27	28	03:58:21	21	10:50:31	
15	761	Onur Yavuz	BURSA	M45	TUR	01:28:22	66	05:31:03	35	07:07:01	44	03:41:21	9	10:54:47	
16	769	Marcel Franken	Viersen	M45	GER	01:04:05	7	05:36:06	39	06:45:54	26	04:11:13	30	11:02:00	
17	734	Romarc Shu	Bois Colombes	M45	FRA	01:06:04	12	05:55:32	55	07:11:41	49	03:48:45	15	11:07:36	
18	762	Rogier Groen	Ouderkerk aan de Amstel	M45	NED	01:21:44	54	05:20:13	24	06:51:35	39	04:08:37	28	11:07:54	
19	745	Raffaele Bonadio	bolzano	M45	ITA	01:14:07	32	05:21:21	25	06:41:52	24	04:23:29	37	11:11:21	
20	768	Azamat Ismailov	Amsterdam	M45	NED	01:21:13	52	05:19:32	22	06:48:29	32	04:21:50	34	11:16:05	
21	765	Darren Hodges	Hertford	M45	GBR	01:13:11	28	04:59:00	6	06:20:50	11	04:48:01	48	11:17:28	
22	724	Martijn Dorlas	Hilversum	M45	NED	01:11:26	22	05:31:37	37	06:49:51	35	04:22:19	35	11:20:46	
23	737	Blair McMaster	Evanton	M45	GBR	01:21:49	55	05:22:04	27	06:49:58	37	04:26:04	40	11:22:09	
24	715	Kenneth Alting	Oosterwijk	M45	NED	01:29:38	68	05:12:02	15	06:49:44	33	04:24:36	39	11:23:01	
25	716	Raoul Majewski	Rotterdam	M45	NED	01:24:02	62	05:38:25	42	07:08:40	48	04:13:01	32	11:31:50	

26	746	Jos Sneijders	Katwijk aan Zee	M45	NED	01:03:01	5	05:37:49	41	06:46:14	27	04:38:22	45	11:32:02
27	759	Erik Van Dijk	Amsterdam	M45	NED	01:14:33	34	05:47:05	50	07:13:49	51	04:09:24	29	11:33:20
28	760	Sebastian Gawlas	Maastricht	M45	POL	01:04:43	9	05:25:07	31	06:37:39	22	04:48:14	49	11:36:51
29	732	Björn Warnke	Oelixdorf	M45	GER	01:16:31	39	05:38:58	44	07:02:08	42	04:32:24	41	11:40:18
30	771	Johan Van Dam	Middelharnis	M45	NED	01:15:21	37	05:22:34	28	06:47:14	29	04:43:31	46	11:40:31
31	713	Hugo Went	Noordwijk	M45	NED	01:17:49	44	05:47:05	49	07:11:53	50	04:23:01	36	11:40:44
32	711	Robert De Vries	Malden	M45	NED	01:18:50	46	06:14:29	64	07:41:25	61	03:53:51	17	11:45:02
33	733	Arjan Kamer	Oegstgeest	M45	NED	01:02:32	4	05:40:56	45	06:49:55	36	04:51:14	51	11:48:21
34	722	Jeroen Karamat Ali	Nieuwegein	M45	NED	01:22:06	56	05:37:03	40	07:08:05	46	04:34:27	43	11:50:08
35	754	Jeroen Van Leeuwen	Sint Oedenrode	M45	NED	01:21:03	51	05:50:38	53	07:22:16	54	04:24:34	38	11:54:27
36	714	Martel Smits	Giessenburg	M45	NED	01:13:49	31	05:46:02	47	07:05:26	43	04:48:39	50	11:59:51
37	744	Jens Bley	Friedberg	M45	GER	01:14:43	35	05:38:39	43	07:01:14	41	04:58:31	52	12:07:35
38	749	Ole Toft	Odense	M45	DEN	01:14:47	36	05:54:35	54	07:18:43	52	04:44:12	47	12:10:39
39	731	Kosti Paloposki	Espoo	M45	FIN	01:21:27	53	06:07:28	60	07:36:37	59	04:33:08	42	12:13:49
40	774	Mathieu Goedhart	Deil	M45	NED	01:18:45	45	06:04:55	59	07:39:17	60	04:35:39	44	12:28:02
41	740	Marko Nevalainen	Vantaa	M45	FIN	01:24:47	63	06:39:50	69	08:15:44	68	04:16:06	33	12:39:57
42	712	Stefan De Veer	Giessenburg	M45	NED	01:22:27	59	05:55:48	56	07:25:29	57	05:38:34	57	13:11:07
43	739	Dirk Kandler	Gelsenkirchen	M45	GER	01:19:16	49	06:20:06	65	07:52:22	64	05:12:35	56	13:16:20
44	753	Pim Engels	Made (Noord-Brabant)	M45	NED	01:05:49	11	06:10:28	62	07:25:08	56	05:56:05	61	13:30:15
45	766	Dennis Van Putten	Hendrik Ido Ambacht	M45	NED	01:22:10	57	05:46:26	48	07:21:37	53	05:58:29	62	13:30:54
46	755	Ferry De Valk	Heerjansdam	M45	NED	01:22:39	60	06:08:21	61	07:41:55	62	05:46:33	59	13:38:45
47	756	Richard Van Der Horst	Utrecht	M45	NED	01:37:12	70	06:32:52	67	08:22:00	69	05:10:23	54	13:41:42
48	728	Jacco Glerum	bleiswijk	M45	NED	01:31:07	69	06:24:41	66	08:07:01	65	05:40:46	58	13:56:44
49	748	Michael Vivier	Thieulain	M45	BEL	01:55:32	71	06:04:02	58	08:10:12	66	05:48:38	60	14:11:35
50	743	Murat Gurpinar	Vossem Tervuren	M45	TUR	01:25:36	65	07:04:24	70	08:46:29	70	05:11:12	55	14:13:39
51	718	Amit Lotan	Kramim	M45	ISR	01:25:09	64	06:36:35	68	08:15:36	67	06:15:49	0	14:43:51
52	719	Robert Van Der Toorn	Schiedam	M45	NED	01:02:08	3	04:55:32	3	06:03:58	2		0	DNF
53	736	Frank Johnen	Alsdorf	M45	GER	01:07:39	15	05:35:48	38	06:51:10	38		0	DNF
54	735	Vincent Beijck	Odijk	M45	NED	01:04:22	8	05:19:38	23	06:31:37	16		0	DNF
55	717	Ralph Zijlma	Almere	M45	NED	01:28:50	67	05:49:41	51	07:27:18	58		0	DNF
56	738	Philippe Simon	JOUE LES TOURS	M45	FRA	01:13:01	27	05:49:43	52	07:08:29	47		0	DNF
57	758	Thomas Riegel	Köln	M45	GER	01:17:11	42	05:41:16	46	07:07:42	45		0	DNF
58	775	Lennart Piek	Hulst	M45	NED	01:07:49	17	05:02:08	8	06:15:51	7		0	DNF
59	750	Richard Reifer	Auer	M45	ITA	01:16:20	38		0		0		0	DNF

Pits	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	817	Jan Van Der Laan	Exloo	M50	NED	00:56:46	2	04:48:30	3	05:50:06	3	03:44:51	5	09:41:05	
2	830	Wannie Friderichs	Almere	M50	NED	01:16:56	31	04:54:54	4	06:16:59	8	03:31:06	1	09:54:06	
3	833	Stefan Uebersezig	Deil	M50	GER	00:56:46	3	05:06:21	7	06:09:24	6	03:43:00	4	09:57:03	
4	831	Martin Solleveld	De IJer	M50	NED	01:17:33	32	05:12:28	11	06:37:58	14	03:32:07	2	10:20:59	
5	826	Robert Mijwaart	Huizen	M50	NED	00:59:28	5	05:09:44	10	06:12:49	7	04:09:37	17	10:27:13	
6	811	Holger Brandt	Wetter	M50	GER	01:12:39	21	05:07:55	9	06:25:37	11	04:02:58	14	10:32:59	
7	787	Gert-Jan Pingen	Nijmegen	M50	NED	01:11:23	16	05:32:28	21	06:50:15	20	03:39:17	3	10:36:07	
8	837	Eddy Dekkers	Nijkerk	M50	NED	00:58:08	4	05:20:30	14	06:24:19	10	04:10:58	18	10:41:20	
9	820	Brad Downton	Europe	M50	AUS	01:20:38	39	05:15:05	12	06:44:29	16	03:54:17	9	10:44:08	
10	795	Luc Vervekken	Itegem	M50	BEL	01:22:00	42	05:29:51	20	07:00:13	23	03:51:57	8	11:00:47	
11	783	Geert Van Dijk	Voorhout	M50	NED	01:08:42	12	05:53:51	38	07:09:03	32	03:47:25	7	11:01:51	
12	814	Damien Vigier	JOUE LES TOURS	M50	FRA	01:11:38	18	05:33:38	23	06:51:59	21	04:05:03	15	11:02:58	
13	789	Dirk Van Hoof	2960	M50	BEL	01:01:11	6	05:22:45	15	06:30:04	12	04:27:52	27	11:04:50	
14	819	Eric Wattez	Fochteloo	M50	NED	00:56:41	1	05:05:55	6	06:07:10	5	04:52:49	34	11:06:39	
15	813	Jouni Salmi	Espoo	M50	FIN	01:16:55	30	05:37:14	28	07:01:12	24	03:58:36	12	11:08:53	
16	842	Jeroen Van Geelen	Hilversum	M50	NED	01:13:57	25	05:26:55	17	06:48:14	18	04:12:55	20	11:11:09	
17	791	Robert Waning	Münster	M50	GER	01:18:12	34	05:41:37	31	07:11:48	33	03:59:21	13	11:18:11	
18	790	Gerwin Kamps	Utrecht	M50	NED	01:15:23	28	05:17:04	13	06:37:39	13	04:32:04	29	11:18:17	
19	838	Xavier Theunissen	Eindhoven	M50	NED	01:10:20	13	05:32:40	22	06:49:12	19	04:26:21	25	11:20:52	
20	800	Markus Völker	Paderborn	M50	GER	01:14:37	27	05:34:40	26	06:56:29	22	04:31:40	28	11:33:36	
21	828	Tobias Tiller	Veitshoechheim	M50	GER	01:24:52	46	05:33:48	24	07:08:33	31	04:22:20	22	11:38:10	
22	832	Hendrik Sprejz	Ludwigsfelde	M50	GER	01:28:02	52	05:28:44	18	07:07:48	29	04:35:59	30	11:51:43	
23	836	Jens Hahn	Sonsbeck	M50	GER	01:19:00	36	05:50:50	33	07:23:04	37	04:18:17	21	11:52:42	
24	821	René Overduijn	Almere	M50	NED	01:13:09	23	05:41:25	30	07:08:06	30	04:39:07	31	11:57:10	
25	822	Oliver Nick	Leonberg	M50	GER	01:19:48	38	05:36:02	27	07:02:43	26	04:56:26	37	12:07:35	
26	809	Bart Van Kerkhove	Gent	M50	BEL	01:26:24	49	05:52:31	34	07:34:35	44	04:24:37	23	12:09:24	
27	812	Tom Thael	CASTILLON	M50	BEL	01:04:03	8	05:53:35	37	07:03:30	27	05:01:34	40	12:12:50	
28	834	Ralf Minning	Neuenkirchen-Vörden	M50	GER	01:30:14	54	05:43:12	32	07:24:13	38	04:39:54	32	12:13:50	
29	806	Norbert Deen	Maastricht	M50	NED	01:16:24	29	05:39:36	29	07:02:21	25	05:11:58	42	12:22:52	
30	781	Sven Den Brave	Almere	M50	NED	01:24:58	47	05:54:14	39	07:29:11	40	04:53:14	35	12:29:07	
31	792	Manfred Jaisfeld	Münster	M50	GER	01:29:49	53	06:23:29	49	08:08:52	53	04:12:50	19	12:29:21	
32	784	Willem Mensink	Hattemberbroek NL	M50	NED	01:19:27	37	06:02:16	42	07:29:59	41	04:58:06	38	12:35:31	
33	815	Ville-Veikko Laukkanen	Helsinki	M50	FIN	01:18:56	35	06:42:50	53	08:08:52	52	04:24:42	24	12:42:14	
34	818	Stefan Selonke	Niederhausen	M50	GER	01:27:41	51	06:30:41	52	08:08:03	51	04:27:38	26	12:42:20	
35	824	Hubertus Withagen	Best	M50	NED	01:24:11	45	05:53:22	36	07:26:59	39	05:17:06	43	12:51:19	
36	793	Jan De Wolde	Almere	M50	NED	01:11:44	20	06:15:59	47	07:33:05	43	05:10:18	41	12:52:15	

37	796	Harold Guliker	NIJKERK	M50	NED	01:02:02	7	06:10:52	45	07:20:19	36	05:29:30	46	12:57:32	
38	807	Jan Kraan	Bleiswijk	M50	NED	01:26:06	48	06:04:15	43	07:47:02	47	04:58:20	39	13:02:18	
39	816	Guy Depauw	Meise	M50	BEL	01:18:01	33	06:11:42	46	07:42:17	46	05:19:08	44	13:08:35	
40	810	Frédéric Leenknecht	ENNETIERES EN WEPPE	M50	FRA	01:33:13	56	06:24:42	50	08:06:17	50	04:55:31	36	13:10:50	
41	829	Jérôme Maurice	Luxembourg	M50	LUX	01:11:31	17	06:55:56	54	08:16:51	54	04:47:01	33	13:11:21	
42	798	Eric Smit	Almere	M50	NED	01:21:44	41	06:26:22	51	08:00:06	48	05:37:41	47	13:46:03	
43	794	Mario Nijland	Lelystad	M50	NED	01:22:56	44	06:04:49	44	07:40:31	45	05:50:16	48	13:47:56	
44	825	Constantin Wickinghoff	Sulzbach am Main	M50	GER	01:13:02	22	06:56:08	55	08:21:18	55	05:20:05	45	13:55:53	
45	786	Hans Bosman	nigtevecht	M50	NED	01:43:03	60	06:58:53	56	08:54:51	57	05:47:53	0	14:53:40	
46	835	Achim Schoenhoff	Meijel	M50	GER	01:39:33	58	07:12:56	58	09:03:46	58	05:47:15	0	14:57:51	
47	840	David Gibney	London	M50	IRL	01:13:21	24	05:53:02	35	07:15:02	34		0		DNF
48	797	Philip De Backer	Sint-Martens-Latem	M50	BEL	01:40:44	59	07:44:39	59	09:35:26	59		0		DNF
49	799	Jörn Menne	Jever	M50	GER	01:10:54	14	05:29:22	19	06:48:00	17		0		DNF
50	827	Andreas Stilger	Frankfurt am Main	M50	GER	01:31:29	55	06:20:44	48	08:01:11	49		0		DNF
51	808	Marco Knijn	Diemen	M50	NED	01:20:51	40	05:34:15	25	07:03:46	28		0		DNF
52	782	Mark Wilson		M50	NED	01:11:41	19	03:51:37	1	05:07:54	1		0		DNF
53	804	Neil Raby	Bolton	M50	GBR	01:33:35	57	03:54:06	2	05:37:29	2		0		DNF
54	785	Carlo Pappot	Mijdrecht	M50	NED	01:22:28	43	05:57:58	41	07:30:04	42		0		DNF
55	802	Ed Van Hillo	Bergschenhoek	M50	NED	01:27:07	50	07:02:36	57	08:41:43	56		0		DNF
56	839	Glyn Talling	Newquay	M50	GBR	01:11:15	15		0		0		0		DNF

Men 55-59

Pts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	876	Freek Van Heerebeek	Almere	M55	NED	01:03:45	3	05:18:58	5	06:29:23	5	04:03:51	8	10:37:59	
2	860	Dirk Hütte	Lage	M55	GER	01:14:22	15	05:21:37	7	06:42:59	8	03:52:42	4	10:41:46	
3	868	Nico Paasse	Middelharnis	M55	NED	00:54:09	1	05:27:21	9	06:26:20	3	04:16:15	12	10:49:16	
4	867	Waldo Duin	Tiel	M55	NED	01:04:51	4	05:05:10	1	06:15:59	1	04:35:25	19	10:57:45	
5	852	Jan Von Recum	Ludwigshafen	M55	GER	01:07:42	7	05:34:07	13	06:47:15	9	04:09:16	10	11:02:10	
6	871	Frank Vissers	Olen	M55	BEL	01:14:56	16	05:26:56	8	06:50:39	10	04:05:12	9	11:04:54	
7	864	Robert Lenzen	Köln	M55	GER	01:11:03	12	05:49:17	19	07:08:35	21	04:15:26	11	11:30:46	
8	856	Frank Plaggenborg	Nieuwegein	M55	NED	01:16:22	18	05:29:12	10	06:54:04	13	05:04:41	27	12:06:24	
9	858	Klaus Brinkmann	Rheine	M55	GER	01:21:48	24	06:03:28	25	07:36:46	23	04:38:04	20	12:22:55	
10	870	Arjen Eijlers	Woerden	M55	NED	01:29:47	29	06:18:19	27	07:56:27	27	04:22:30	16	12:25:49	
11	873	Alp Turan	Apelstedt	M55	GER	01:25:57	28	05:59:53	24	07:37:52	25	04:49:44	22	12:35:24	
12	854	Michael Schäfer	Essen	M55	GER	01:29:52	30	06:29:46	29	08:14:01	29	04:17:12	13	12:38:51	
13	862	Barry Hugo	Durban	M55	RSA	01:16:38	19	06:10:05	26	07:37:46	24	04:57:46	23	12:44:34	

14	859	Hervé Maurissen	Saint-Georges	M55	BEL	01:05:31	5	05:50:07	20	07:02:14	17	05:44:33	28	12:52:46	
15	853	Dirk Splinter	Almere	M55	NED	01:40:06	32	05:51:57	22	07:47:15	26	04:58:23	24	12:58:35	
16	861	Aleop Tur Behar	NORTH MIAMI	M55	ITA	01:31:54	31	06:43:52	30	08:28:33	30	04:58:45	25	13:38:32	
17	851	Marcel Spoelder	Wolvega	M55	NED	01:25:06	26	06:26:07	28	08:08:05	28	06:02:28	29	14:27:52	
18	857	Paul Schijff	Almere	M55	NED	01:17:03	20	05:14:19	4	06:34:52	6		0		DNF
19	874	Andre Van Wolferen	Beneden Leeuwen	M55	NED	01:22:17	25		0		0		0		DNF

Men 60-64

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	895	Boris Scharlowski Dr.	Frankfurt	M60	GER	01:11:01	5	05:25:11	7	06:44:27	5	04:10:54	7	11:03:33	
2	894	Henri Bijnen	Meijel	M60	NED	01:27:19	15	06:12:29	14	07:49:34	12	04:35:29	11	12:33:04	
3	888	Guido Van Gemert	Lent	M60	NED	01:23:29	13	06:01:37	11	07:34:44	11	05:01:57	13	12:45:29	
4	889	Vincenzo Aromatario	Leers Et Fosteau	M60	BEL	01:22:17	10	06:23:27	16	08:00:38	16	04:58:03	12	13:10:15	
5	887	Manfred Gaudl	Bergen-Affing	M60	GER	01:34:51	17	06:16:11	15	08:00:05	15	05:26:25	16	13:40:43	
6	890	Christian Strömberg	Lekeryd	M60	SWE	01:39:12	20	06:08:09	12	07:56:41	13	05:35:39	17	13:40:57	
7	891	Hans Bakker	Maarsbergen	M60	NED	01:24:05	14	07:14:24	20	08:48:28	20	05:01:58	14	13:59:27	
8	883	Chris Buijtenhuijs	Groningen	M60	NED	01:33:18	16	06:58:22	19	08:47:13	19		0		
9	882	Leo Groenewegen	Schipluiden	M60	NED	01:23:12	12	06:43:14	18	08:21:50	17		0		DNF
10	893	Maarten Honing	Maastricht	M60	NED	01:48:24	22	06:25:21	17	08:26:38	18		1		DNF
11	892	Desmond Kiernan	London	M60	GBR	01:16:52	7	07:20:59	21	08:55:15	21		0		DNF
12	886	Michael Klesse	Osnabrück	M60	GER	01:37:57	19		0		0		0		DNF

Men 65-69

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	902	Rob Oosterbaan	Almere	M65	NED	01:25:11	2	07:06:32	3	08:46:04	2	05:23:32	2	14:19:53	
2	901	Marcel Lapidaire	Almere	M65	NED	01:36:24	3	06:54:53	2	08:47:24	3		0		
3	904	Mohammed Kenssous	Dubai	M65	FRA	01:55:33	4	07:35:54	4	09:48:16	4		0		DNF

Men 70-74

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	906	Josef Derks	Kevelaer	M70	GER	01:43:17	2	06:26:37	2	08:29:58	2	05:13:53	2	13:56:20	

Men 80-84

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	911	Han Muizebelt	Amsterdam	M80	NED	01:36:13	1	07:00:08	1	08:47:41	1	0	0		DNF

Women 25-29

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	1002	Frederikke Gram	Lyngby	F25	DEN	01:03:31	1	05:21:25	1	06:29:25	1	03:40:30	2	10:14:59	
2	1003	Leandra Zimmermann	Augsburg	F25	GER	01:13:34	2	06:24:01	4	07:44:05	4	03:17:35	1	11:06:46	
3	1001	Gaëlle Reiller	Etercy	F25	FRA	01:21:00	4	05:50:31	2	07:21:38	3	04:28:33	4	11:57:10	
4	1091	Gráinne Burrows	Utrecht	F25	IRL	01:33:09	5	06:37:58	5	08:20:00	5	05:40:05	5	14:08:45	

Women 30-34

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	1017	Leonie Zumhasch	Münster	F30	GER	01:12:19	2	04:59:16	1	06:17:07	1	03:14:08	1	09:35:11	
2	1015	Klára Černá	Dobříš	F30	CZE	01:13:19	3	05:40:40	3	07:00:58	2	04:07:10	3	11:15:05	
3	1011	Elsa Cochard	London	F30	FRA	01:27:28	5	05:27:59	2	07:04:45	3	04:17:42	4	11:30:13	
4	1018	Ellemieke Van Ommen	Houten	F30	NED	01:45:22	8	06:29:02	7	08:23:19	7	03:58:10	2	12:26:50	
5	1020	Marloes Vos	Bemmel	F30	NED	01:33:07	7	06:22:26	6	08:05:21	6	05:04:43	6	13:16:22	
6	1012	Madeline Van Der Rhee	Alblasserdam	F30	NED	01:19:04	4	05:59:51	4	07:26:15	4	06:01:07	8	13:39:25	
7	1014	Emma Mccrindle	Glasgow	F30	GBR	01:27:49	6	07:06:13	8	08:46:37	8	05:27:15	7	14:24:48	

Woman 35-39

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	1027	Anna Damgaard Eriksen	Frederikshavn	F35	DEN	01:07:40	4	04:58:52	1	06:11:19	1	03:29:02	3	09:45:00	
2	1025	Martina Ott	Houston	F35	GER	01:14:00	6	05:47:17	4	07:10:05	4	03:52:27	4	11:08:58	
3	1024	Sandra Van Gaalen	DOETINCHEM	F35	NED	01:18:19	7	05:39:51	3	07:04:58	3	04:54:02	6	12:04:47	
4	1028	Diana De Rooij	Utrecht	F35	NED	01:13:21	5	06:05:53	5	07:27:13	5	05:19:31	7	12:56:04	
5	1026	Terri Buryanov	Las vegas	F35	USA	01:24:19	8	06:43:26	7	08:13:58	7	04:51:46	5	13:13:31	
6	1022	Karin Sloove	Heel	F35	NED		0	06:22:26	6	07:35:10	6		1		DNF
7	1021	Sanne Mol	Cadier en Keer	F35	NED	01:02:55	2		0		0		0		DNF

Woman 40-44

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	1031	Milla Mustonen	Helsinki	F40	FIN	01:06:00	3	05:40:47	4	06:52:28	3	04:01:33	2	10:59:29	
2	1035	Sandra Zwartjes - Bauw	Almere	F40	NED	01:25:50	13	06:00:15	9	07:33:57	11	04:25:31	4	12:06:08	
3	1037	Ingrid Ernst	Lelystad	F40	NED	01:11:45	5	05:49:43	5	07:07:45	5	04:56:29	11	12:11:01	
4	1032	Monique Barbiere-Berlips	Almere	F40	NED	01:08:01	4	05:57:39	8	07:12:56	6	04:59:36	12	12:19:56	
5	1043	Michele Pot	Borsbeek	F40	BEL	01:15:37	7	06:18:10	12	07:41:15	12	04:32:48	5	12:21:32	
6	1040	Annemieke Koekebakker	Almere	F40	NED	01:30:00	15	05:52:02	6	07:29:29	9	04:52:49	9	12:28:21	
7	1039	Brenda Zijlstra	amersfoort	F40	NED	01:24:19	12	06:38:48	14	08:10:24	14	04:43:18	7	13:00:19	
8	1041	Ruth Mampuy	Utrecht	F40	NED	01:29:19	14	06:38:32	13	08:17:32	15	04:33:01	6	13:06:28	
9	1034	Corinna Mocking	Woerden	F40	NED	01:03:36	1	06:14:56	11	07:24:15	8	05:33:05	15	13:07:10	
10	1042	Marije Dirx	Haarlem	F40	NED	01:05:21	2	06:55:16	16	08:09:57	13	05:19:01	13	13:36:28	
11	1044	Karoline Berger	Otterfing	F40	GER	01:35:30	17	06:56:39	17	08:41:40	17	05:31:53	14	14:20:14	
12	1038	Lonneke Zijdenbos	Leusden	F40	NED	01:32:25	16	03:55:08	1	05:37:17	1		0		DNF
13	1036	Heather Holt	Bolton	F40	GBR	01:15:44	8	04:09:01	2	05:37:32	2		0		DNF

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Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	1054	Claire Shea-Simonds	Leicester	F45	GBR	01:00:33	1	05:43:48	2	06:49:48	2	03:48:49	2	10:44:43	
2	1053	Nadine Gerhard	Thedinghausen	F45	GER	01:22:18	6	05:51:32	3	07:20:29	4	04:41:57	3	12:10:11	
3	1055	Alexandra Bardet Vigier	joue les tours	F45	FRA	01:22:47	7	06:18:13	5	07:48:53	5	04:57:46	4	12:53:26	
4	1052	Britta Holthaus	Rheine	F45	GER	01:25:51	9	06:22:19	6	08:00:25	7	05:00:11	5	13:10:29	
5	1056	Tiina Reivonen	Turku	F45	FIN	01:17:50	5	06:30:16	7	07:57:04	6	05:44:51	7	13:48:44	

Woman 50-54

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	1071	Florence Sauser	Leysin	F50	SUI	01:03:50	1	05:49:38	7	07:01:36	5	04:21:14	8	11:28:26	
2	1062	Richelle Van Helten	Oud Gastel	F50	NED	01:13:12	6	05:37:32	3	06:57:00	3	04:26:18	9	11:28:30	
3	1070	Angelina Van Der Linden	Arnhem	F50	NED	01:08:26	3	05:46:46	6	07:00:43	4	04:34:30	10	11:41:03	
4	1067	Lianne Van De Guchte	Emmeloord	F50	NED	01:43:32	16	06:07:04	9	07:58:32	12	04:13:32	6	12:18:45	
5	1065	Annette Ebeling	Bruchköbel	F50	GER	01:25:33	10	06:22:38	13	08:02:50	13	04:11:43	5	12:24:03	
6	1064	Angelique Vrijdag	Groenlo	F50	NED	01:27:33	11	06:02:39	8	07:37:49	9	04:45:29	12	12:30:49	
7	1061	Anzel Du Plessis	Zierikzee	F50	RSA	01:24:18	9	06:21:20	12	07:55:18	11	04:37:47	11	12:42:41	

8	1068	Sandra Coudurier	Düsseldorf	F50	GER	01:28:50	12	06:48:01	15	08:27:15	15	04:18:58	7	12:54:18
9	1069	Hanneke Thoen-Jonkman	Jutrijp	F50	NED	01:33:43	14	06:09:31	10	07:51:56	10	05:06:12	13	13:06:17
10	1063	Silke Frericks	Essen	F50	GER	01:28:53	13	06:27:17	14	08:04:08	14	05:45:21	15	13:57:40
11	1066	Eva Kovacs	Bedford	F50	SUI	01:34:45	15	06:51:05	16	08:37:47	16	05:29:06	14	14:16:23

Woman 55-59

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	1076	Ellen De Ruiter	Vlaardingen	F55	NED	01:15:04	5	05:59:41	5	07:25:40	5	05:07:36	10	12:45:53	

Woman 65-69

Plts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total	Status
1	1086	Marianne Ijnsen	Amsterdam	F65	NED	01:38:12	2	07:24:22	2	09:15:34	2	05:09:10	0	14:37:09	