



## 16. NordseeMan / 11. NordseeWoman Triathlon

12. / 13. August 2023



### Ergebnis M / W - Gesamt

#### Volkstriathlon ( 0,5 / 20 / 5 ) ParaTriathlon Sprint-Distanz

##### Volkstriathlon PT-M

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Rad	Sch+Rad	Lauf	Ziel	Pos
1	797	01:12:25	Probst	Wolfgang	1968	KarrC Bw Düsseldorf / Marathon Steinfurt	GER-NRW	00:08:39	00:39:17	00:47:57	00:24:27	01:12:25	1
2	835	01:28:28	Westbrock	Hans-Jürgen	1956	ASC Dillenburg	GER-HES	00:11:24	00:48:21	00:59:45	00:28:43	01:28:28	2
3	806	01:57:53	Schlüter	Markus	1966	Herner Triathlon Team 11	GER-NRW	00:14:22	01:07:37	01:22:00	00:35:53	01:57:53	3

##### Volkstriathlon PT-W

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Rad	Sch+Rad	Lauf	Ziel	Pos
1	885	01:34:14	Thamm	Andrea	1964	A3K Berlin	GER-BER	00:11:51	00:51:21	01:03:13	00:31:01	01:34:14	1
2	850	01:54:15	Deeken	Tina	1976	VfL Eintracht Hannover	GER-NIE	00:11:01	01:17:48	01:28:50	00:25:25	01:54:15	2

Einträge in der Liste: 5



## 16. NordseeMan / 11. NordseeWoman Triathlon

12. / 13. August 2023



### Ergebnis M / W - Altersklassen

#### Volkstriathlon ( 0,5 / 20 / 5 )

##### Volkstriathlon TM-20

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	794	01:02:30	Pfülb	Maximilian	2003	PowerBärs Rednitzhembach	GER-BAY	00:07:11	1	00:35:03	1	00:42:15	1	00:20:15	1	01:02:30	1	01:02:30	1
2	736	01:06:11	Cyrol	Ben	2002	UniBwStudFber2/C	GER-NIE	00:08:20	2	00:36:14	2	00:44:34	2	00:21:36	2	01:06:11	2	01:06:11	2
3	763	01:17:44	Höble	Anton	2000	Vareler TB Triathlon	GER-NIE	00:08:34	3	00:43:22	3	00:51:56	3	00:25:47	3	01:17:44	3	01:17:44	20
4	792	01:25:21	Pelzer	Florian	1999		GER-NIE	00:11:42	5	00:45:13	4	00:56:56	4	00:28:25	4	01:25:21	4	01:25:21	54
5	800	01:32:24	Remmers	Kristof	2001		GER-NIE	00:12:22	6	00:46:21	5	00:58:43	5	00:33:40	7	01:32:24	5	01:32:24	79
6	721	01:32:50	Altmeppen	Richard	1999		GER-NIE	00:14:42	7	00:48:24	6	01:03:07	7	00:29:43	5	01:32:50	6	01:32:50	80
7	829	01:33:05	Vollmer	Tim	1999		GER-NIE	00:11:01	4	00:50:18	7	01:01:20	6	00:31:45	6	01:33:05	7	01:33:05	83

##### Volkstriathlon TM-25

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	741	01:13:13	Dernick	Nathanael	1994	1. TCO Die Bären Oldenburg	GER-NIE	00:09:54	4	00:39:22	1	00:49:16	1	00:23:56	2	01:13:13	1	01:13:13	10
2	764	01:13:29	Höble	Jakob	1997	Vareler TB Triathlon	GER-NIE	00:08:50	2	00:41:47	2	00:50:38	2	00:22:51	1	01:13:29	2	01:13:29	11
3	804	01:19:21	Saget	Jonathan	1997		GER-NIE	00:09:14	3	00:42:42	3	00:51:56	3	00:27:24	3	01:19:21	3	01:19:21	27

TSR Olympia Wilhelmshaven e.V. Insterweg 33 26388 Wilhelmshaven  
Telefon: 0151-23617127 organisation@nordseeman.de <http://www.nordseeman.de>

# Ergebnis M / W - Altersklassen

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TM-25

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
4	839	01:26:05	Zimmermann	Eberhard	1995	2./LogBtl 163 RSOM	GER-NIE	00:11:42	5	00:46:51	4	00:58:34	5	00:27:31	4	01:26:05	4	01:26:05	56
5	807	01:28:55	Schnakenberg	Andre	1995		GER-NIE	00:07:51	1	00:48:35	5	00:56:27	4	00:32:28	6	01:28:55	5	01:28:55	68
6	755	01:32:59	Hecken	Maurice	1998		GER-NIE	00:12:05	6	00:48:48	6	01:00:54	6	00:32:05	5	01:32:59	6	01:32:59	81
7	723	01:51:34	Baaske	Tobias	1998		GER-NIE	00:14:23	7	00:59:40	7	01:14:03	7	00:37:30	7	01:51:34	7	01:51:34	106

### Volkstriathlon TM-30

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	12	01:10:47	Sanders	Julian	1990		GER-NIE	00:08:31	1	00:37:33	1	00:46:05	1	00:24:42	3	01:10:47	1	01:10:47	5
2	780	01:12:58	Lüssing	Steffen	1990		GER-NIE	00:09:56	3	00:40:03	2	00:50:00	2	00:22:57	1	01:12:58	2	01:12:58	8
3	793	01:17:34	Peters	Enno	1992		GER-NIE	00:10:59	10	00:41:55	4	00:52:54	5	00:24:39	2	01:17:34	3	01:17:34	18
4	781	01:19:08	Maihöfer	Kevin	1989	Team Marineflieger	GER-NIE	00:09:08	2	00:42:37	5	00:51:46	4	00:27:22	5	01:19:08	4	01:19:08	25
5	902	01:21:13	Allies	Frank	1989	TSA WHV	GER-NIE	00:10:26	7	00:40:05	3	00:50:31	3	00:30:41	13	01:21:13	5	01:21:13	35
6	798	01:23:14	Ramm	Nico	1989	Barsbüttler SV	GER-HAM	00:10:01	4	00:45:40	10	00:55:41	9	00:27:32	6	01:23:14	6	01:23:14	40
7	826	01:23:26	Unger	Hannes	1991	Besatzung CHARLIE F125	GER-NIE	00:12:01	11	00:42:51	6	00:54:52	6	00:28:34	8	01:23:26	7	01:23:26	41
8	783	01:24:20	Merrath	Adrian	1990	Zisch&wech	GER-HES	00:10:20	6	00:46:25	12	00:56:45	11	00:27:35	7	01:24:20	8	01:24:20	47
9	834	01:25:10	Werdermann	Enno	1990		GER-NIE	00:13:22	12	00:45:19	9	00:58:41	12	00:26:28	4	01:25:10	9	01:25:10	49
10	769	01:25:11	Kiesinger	Lars	1989	2./LogBtl 163	GER-NIE	00:10:45	9	00:44:31	7	00:55:16	8	00:29:54	10	01:25:11	10	01:25:11	51
11	784	01:25:13	Merrath	Daniel	1989	Zisch&wech	GER-NIE	00:10:04	5	00:45:04	8	00:55:08	7	00:30:04	11	01:25:13	11	01:25:13	52
12	785	01:26:44	Merrath	Julius	1992	Zisch&wech	GER-NIE	00:10:33	8	00:45:53	11	00:56:26	10	00:30:18	12	01:26:44	12	01:26:44	59
13	743	01:39:18	Edzards	Julian	1992	LT Schafhauser Wald	GER-NIE	00:14:06	13	00:55:21	13	01:09:27	13	00:29:50	9	01:39:18	13	01:39:18	98

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Telefon: 0151-23617127 organisation@nordseeman.de <http://www.nordseeman.de>

# Ergebnis M / W - Altersklassen

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TM-35

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	9	01:07:13	Szech	Manuel	1985	N3-Training	GER-NIE	00:09:03	4	00:35:42	1	00:44:45	1	00:22:27	2	01:07:13	1	01:07:13	3
2	11	01:07:45	Sanders	Christoph	1988	Triathlon Seepferdchen	GER-NIE	00:08:28	1	00:37:06	2	00:45:34	2	00:22:10	1	01:07:45	2	01:07:45	4
3	897	01:12:18	Josephs	Julian	1988	TSR Olympia Wilhelmshaven	GER-NIE	00:08:46	3	00:37:52	3	00:46:39	3	00:25:39	8	01:12:18	3	01:12:18	6
4	833	01:13:12	Wempen	Thomas	1984	Power & pace	GER-NIE	00:08:43	2	00:40:43	4	00:49:27	4	00:23:45	4	01:13:12	4	01:13:12	9
5	779	01:15:06	Lüssing	Jan-Hendrik	1987		GER-NRW	00:09:13	5	00:41:28	5	00:50:42	5	00:24:23	5	01:15:06	5	01:15:06	13
6	788	01:16:45	Möde	Martin	1986	FüAkBw	GER-NIE	00:09:45	8	00:44:07	9	00:53:53	9	00:22:51	3	01:16:45	6	01:16:45	14
7	810	01:17:40	Schröder	Daniel	1988	Team Marineflieger	GER-NIE	00:09:20	6	00:42:53	8	00:52:13	6	00:25:27	7	01:17:40	7	01:17:40	19
8	759	01:19:14	Hinrichs	Marko	1986	BSC Burhufe	GER-NIE	00:10:14	9	00:42:30	7	00:52:44	8	00:26:29	9	01:19:14	8	01:19:14	26
9	8	01:20:53	Gronemeyer	Andreas	1984	Cappeln	GER-NIE	00:10:23	10	00:42:01	6	00:52:25	7	00:28:28	11	01:20:53	9	01:20:53	34
10	732	01:22:51	Brink	Hans	1986	JCAH	GER-NIE	00:12:03	13	00:45:47	12	00:57:50	13	00:25:00	6	01:22:51	10	01:22:51	38
11	795	01:23:59	Pietrucha	Klaus	1985		GER-NIE	00:10:32	11	00:45:32	11	00:56:04	11	00:27:54	10	01:23:59	11	01:23:59	45
12	768	01:24:00	Karper	Christian	1987		GER-NIE	00:09:39	7	00:44:55	10	00:54:34	10	00:29:25	12	01:24:00	12	01:24:00	46
13	787	01:29:23	Völker	Michael	1986		GER-NIE	00:11:06	12	00:46:17	13	00:57:23	12	00:31:59	14	01:29:23	13	01:29:23	72
14	830	01:33:05	Von Klonczynski	Daniel	1988		GER-NRW	00:12:40	14	00:46:31	14	00:59:12	14	00:33:52	15	01:33:05	14	01:33:05	82
15	748	01:34:51	Gerdes	Alexander	1985		GER-NIE	00:13:26	15	00:50:36	15	01:04:02	15	00:30:48	13	01:34:51	15	01:34:51	88
16	812	02:08:50	Schulz	Daniel	1986		GER-BER	00:18:03	16	01:00:11	16	01:18:15	16	00:50:34	16	02:08:50	16	02:08:50	111

### Volkstriathlon TM-40

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	729	01:17:11	Bones	Florian	1982	EGV BONN	GER-NIE	00:09:37	3	00:41:40	2	00:51:17	2	00:25:54	1	01:17:11	1	01:17:11	16
2	739	01:17:49	De Vries	Dirk	1982	SSV Gristede Triathlon	GER-NIE	00:09:34	2	00:42:17	3	00:51:51	3	00:25:57	2	01:17:49	2	01:17:49	21

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# Ergebnis M / W - Altersklassen

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TM-40

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
3	727	01:19:06	Blenke	Sven	1983	Vareler TB Triathlon	GER-NIE	00:08:52	1	00:41:39	1	00:50:32	1	00:28:34	5	01:19:06	3	01:19:06	24
4	754	01:23:57	Hagenah	Dominik	1982		GER-NIE	00:13:46	7	00:43:42	4	00:57:28	6	00:26:28	3	01:23:57	4	01:23:57	43
5	824	01:24:26	Tollknäpper	Sven	1981	TV Werne 03 Wasserfreunde	GER-NRW	00:10:43	4	00:45:41	6	00:56:25	5	00:28:00	4	01:24:26	5	01:24:26	48
6	836	01:30:16	Westphal	Andreas	1980	Einsatzflottille 2 /Stab	GER-NIE	00:10:49	5	00:45:30	5	00:56:19	4	00:33:56	6	01:30:16	6	01:30:16	74
7	969	01:42:51	Ippen	Sascha	1979	Norden	GER-NIE	00:12:51	6	00:51:32	8	01:04:24	7	00:38:26	8	01:42:51	7	01:42:51	102
8	724	01:46:19	Barthel	Denis	1979		GER-NIE	00:17:21	8	00:51:03	7	01:08:25	8	00:37:54	7	01:46:19	8	01:46:19	104

### Volkstriathlon TM-45

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	894	01:18:57	Wehking	Roland Ronja	1976	1. TCO Die Bären Oldenburg	GER-NIE	00:10:27	3	00:41:47	1	00:52:14	1	00:26:43	2	01:18:57	1	01:18:57	22
2	16	01:23:58	Müller	Matthias	1974	Oldenburg	GER-NIE	00:11:48	8	00:45:36	4	00:57:25	3	00:26:33	1	01:23:58	2	01:23:58	44
3	735	01:25:10	Cassens	Helge	1975		GER-NIE	00:10:54	5	00:44:06	2	00:55:00	2	00:30:09	4	01:25:10	3	01:25:10	50
4	756	01:26:45	Heinig	J. Johannes	1975		GER-SH	00:15:06	14	00:44:55	3	01:00:02	7	00:26:43	3	01:26:45	4	01:26:45	60
5	770	01:28:02	Klein	Thomas	1978		GER-BAY	00:11:42	7	00:45:44	5	00:57:27	4	00:30:35	7	01:28:02	5	01:28:02	62
6	789	01:28:55	Morley	Kieran	1977	MArs 113	GER-NIE	00:09:43	2	00:49:00	10	00:58:43	6	00:30:11	5	01:28:55	6	01:28:55	67
7	827	01:29:08	Unger	Ole	1976	LandesKdo SLH	GER-NIE	00:11:17	6	00:46:42	6	00:57:59	5	00:31:09	8	01:29:08	7	01:29:08	70
8	895	01:34:51	Bornkessel	Elmar	1976	DMV Nato HQ Brüssel	GER-NIE	00:13:58	10	00:48:29	8	01:02:27	8	00:32:24	11	01:34:51	8	01:34:51	89
9	809	01:34:59	Schrappner	Horst	1977	SV Peheim-Grönheim	GER-NIE	00:14:57	13	00:47:37	7	01:02:35	9	00:32:23	10	01:34:59	9	01:34:59	90
10	831	01:36:18	Vorbeck	Micha	1976	LogZBw	GER-NIE	00:14:20	11	00:48:45	9	01:03:06	10	00:33:12	12	01:36:18	10	01:36:18	95
11	791	01:39:24	Münkenwarf	Matthias	1977	TuS Eversten	GER-NIE	00:14:34	12	00:54:25	12	01:08:59	12	00:30:25	6	01:39:24	11	01:39:24	99
12	744	01:40:37	ELias	Christian	1978	TuS Zetel	GER-NIE	00:10:52	4	00:54:19	11	01:05:11	11	00:35:26	13	01:40:37	12	01:40:37	100

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# Ergebnis M / W - Altersklassen

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TM-45

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
13	813	01:41:39	Schulz	Igor	1975	2/163 RSOM	GER-NIE	00:12:38	9	00:57:00	13	01:09:39	13	00:31:59	9	01:41:39	13	01:41:39	101

### Volkstriathlon TM-50

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	815	01:14:25	Schwoil	Marcus	1973	SV Wildeshausen	GER-NIE	00:07:58	1	00:40:45	2	00:48:43	1	00:25:41	3	01:14:25	1	01:14:25	12
2	745	01:16:55	Eschenberg	Gregor	1971		GER-NIE	00:09:42	3	00:41:39	4	00:51:22	3	00:25:33	2	01:16:55	2	01:16:55	15
3	18	01:20:14	Kraski	Oliver	1972	1. TCO Die Bären Oldenburg	GER-NIE	00:10:17	4	00:41:06	3	00:51:24	4	00:28:49	7	01:20:14	3	01:20:14	29
4	903	01:20:16	Behrens	Frank	1969	SSV Gristede	GER-NIE	00:11:22	7	00:44:02	5	00:55:25	5	00:24:51	1	01:20:16	4	01:20:16	30
5	725	01:20:26	Bauch	Christian	1969	MTV Aurich Triathlon	GER-NIE	00:10:50	5	00:39:40	1	00:50:31	2	00:29:55	8	01:20:26	5	01:20:26	32
6	838	01:25:19	Wohlers	Frank	1969	1. TCO Die Bären Oldenburg	GER-NIE	00:11:24	8	00:45:29	9	00:56:53	7	00:28:25	6	01:25:19	6	01:25:19	53
7	776	01:26:09	Langer	Timo	1973	TSV Jahn Carolinensiel	GER-NIE	00:14:54	13	00:44:26	6	00:59:20	10	00:26:48	4	01:26:09	7	01:26:09	57
8	758	01:26:59	Heskamp	Jan	1973	ERDINGER Active TEAM	GER-BRE	00:10:59	6	00:45:23	8	00:56:23	6	00:30:36	9	01:26:59	8	01:26:59	61
9	750	01:28:31	Gonzalez	Hector	1969		MEX	00:11:40	9	00:48:32	10	01:00:12	11	00:28:19	5	01:28:31	9	01:28:31	66
10	749	01:30:30	Gödeken	Michael	1970		GER-NRW	00:12:59	10	00:45:21	7	00:58:20	8	00:32:09	11	01:30:30	10	01:30:30	75
11	766	01:30:49	Janssen	Dirk	1969	Eintracht Hildesheim	GER-NIE	00:09:38	2	00:49:01	11	00:58:39	9	00:32:10	12	01:30:49	11	01:30:49	76
12	814	01:35:10	Schulze	Michael	1971		GER-BAY	00:13:42	12	00:50:10	13	01:03:52	13	00:31:18	10	01:35:10	12	01:35:10	91
13	728	01:36:22	Bölts	Gerd	1969		GER-NIE	00:13:25	11	00:49:36	12	01:03:02	12	00:33:20	13	01:36:22	13	01:36:22	96
14	801	02:05:28	Richter	Martin	1971		GER-NIE	00:15:05	14	01:03:08	14	01:18:14	14	00:47:14	14	02:05:28	14	02:05:28	110

# Ergebnis M / W - Altersklassen

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TM-55

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	797	01:12:25	Probst	Wolfgang	1968	KarrC Bw Düsseldorf / Marathon Steinfurt	GER-NRW	00:08:39	1	00:39:17	2	00:47:57	1	00:24:27	1	01:12:25	1	01:12:25	7
2	767	01:19:00	Kankel	Jens	1966	1. TCO Die Bären Oldenburg	GER-NIE	00:09:32	3	00:39:12	1	00:48:44	2	00:30:15	7	01:19:00	2	01:19:00	23
3	819	01:20:24	Teipel	Markus	1967		GER-NIE	00:10:01	4	00:42:58	6	00:52:59	3	00:27:24	6	01:20:24	3	01:20:24	31
4	816	01:21:14	Siebens	Ivo	1965	MTV Aurich Triathlon	GER-NIE	00:12:11	9	00:42:51	5	00:55:02	5	00:26:11	3	01:21:14	4	01:21:14	36
5	805	01:21:27	Schade-Bünsow	Volker	1968		GER-NIE	00:12:37	11	00:42:32	3	00:55:10	6	00:26:17	4	01:21:27	5	01:21:27	37
6	762	01:23:37	Horn	Volker	1967	Team Laufrausch Oldenburg	GER-NIE	00:11:34	8	00:45:56	7	00:57:31	8	00:26:05	2	01:23:37	6	01:23:37	42
7	752	01:26:20	Günnewig	Frank	1967	BSG Drägerwerk Lübeck	GER-SH	00:11:16	6	00:42:42	4	00:53:58	4	00:32:21	9	01:26:20	7	01:26:20	58
8	820	01:28:13	Thamm	Thomas	1965	A3K Berlin	GER-BER	00:08:57	2	00:46:51	10	00:55:48	7	00:32:24	10	01:28:13	8	01:28:13	64
9	802	01:29:10	Röhr	Harry	1965	Lauftreff Wilhelmshaven	GER-RLP	00:13:27	13	00:49:14	12	01:02:41	12	00:26:29	5	01:29:10	9	01:29:10	71
10	747	01:31:19	Fricke	Markus	1968		GER-NIE	00:13:02	12	00:46:49	9	00:59:51	11	00:31:27	8	01:31:19	10	01:31:19	78
11	786	01:33:40	Merrath	Stefan	1965	Zisch & wech	GER-BRE	00:11:07	5	00:47:59	11	00:59:06	10	00:34:33	11	01:33:40	11	01:33:40	84
12	811	01:34:12	Schröder	Rolf	1966	Harpstedter TB Triathlon	GER-NIE	00:12:15	10	00:46:08	8	00:58:24	9	00:35:48	12	01:34:12	12	01:34:12	85
13	837	01:45:27	Wittke	Michael	1966	C.T. BENALMÁDENA	GER-NIE	00:11:32	7	00:51:17	13	01:02:49	13	00:42:38	14	01:45:27	13	01:45:27	103
14	806	01:57:53	Schlüter	Markus	1966	Herner Triathlon Team 11	GER-NRW	00:14:22	14	01:07:37	14	01:22:00	14	00:35:53	13	01:57:53	14	01:57:53	109

### Volkstriathlon TM-60

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	722	01:17:27	Auffarth	Andreas	1962	LG Eckernförde	GER-NIE	00:08:28	1	00:41:07	1	00:49:36	1	00:27:51	2	01:17:27	1	01:17:27	17
2	822	01:19:55	Thelken	Heinz-Hermann	1962		GER-NIE	00:11:06	5	00:42:00	2	00:53:07	3	00:26:48	1	01:19:55	2	01:19:55	28
3	825	01:20:41	Imhoff	Matthias	1959	MTV Aurich Triathlon	GER-NIE	00:08:51	2	00:42:34	3	00:51:26	2	00:29:14	5	01:20:41	3	01:20:41	33

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Telefon: 0151-23617127 organisation@nordseeman.de <http://www.nordseeman.de>

# Ergebnis M / W - Altersklassen

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TM-60

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
4	17	01:22:54	von Steuber	Hans Christian	1962	Team Laufrausch	GER-NIE	00:10:00	3	00:44:26	4	00:54:26	4	00:28:27	4	01:22:54	4	01:22:54	39
5	738	01:26:04	Dams	Frank	1963	Ultrasriesen e.V.	GER-NIE	00:11:07	6	00:46:37	6	00:57:45	6	00:28:19	3	01:26:04	5	01:26:04	55
6	733	01:28:04	Brück	Martin	1960	TuS Weilnau	GER-HES	00:10:20	4	00:45:11	5	00:55:32	5	00:32:32	8	01:28:04	6	01:28:04	63
7	753	01:34:15	Häbel	Peter	1959	Triabolos Hamburg e.V.	GER-HAM	00:15:33	10	00:47:27	7	01:03:01	9	00:31:14	6	01:34:15	7	01:34:15	86
8	782	01:35:29	Mayer	Ralf	1963	Erdinger ACTIVE Team	GER-NIE	00:12:36	8	00:49:44	8	01:02:21	8	00:33:08	9	01:35:29	8	01:35:29	92
9	765	01:36:18	Höble	Jörg	1960	Vareler TB Triathlon	GER-NIE	00:11:33	7	00:50:39	10	01:02:13	7	00:34:04	10	01:36:18	9	01:36:18	94
10	777	01:37:00	Langkrär	Ingo	1961	SF Wüstring-Altmoorhausen eV	GER-NIE	00:14:17	9	00:50:38	9	01:04:55	10	00:32:05	7	01:37:00	10	01:37:00	97

### Volkstriathlon TM-65

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	835	01:28:28	Westbrock	Hans-Jürgen	1956	ASC Dillenburg	GER-HES	00:11:24	1	00:48:21	3	00:59:45	3	00:28:43	1	01:28:28	1	01:28:28	65
2	799	01:29:05	Reinsch	Hans-Herbert	1957	Tri-Speedys Peine	GER-NIE	00:11:27	2	00:46:59	2	00:58:27	2	00:30:37	2	01:29:05	2	01:29:05	69
3	775	01:29:32	Lammers	Andreas	1955	3. Kdo SES IEF	GER-NIE	00:13:40	3	00:44:18	1	00:57:58	1	00:31:34	3	01:29:32	3	01:29:32	73
4	734	01:53:36	Burmeister	Joachim	1958	TuS Zetel	GER-NIE	00:17:35	4	00:57:04	4	01:14:40	4	00:38:56	4	01:53:36	4	01:53:36	108

### Volkstriathlon TM-70

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	726	01:31:12	Berghaus	Wilfried	1953	Team Laufrausch Oldenburg	GER-NIE	00:13:40	3	00:49:56	2	01:03:36	3	00:27:35	1	01:31:12	1	01:31:12	77
2	803	01:34:24	Ruiter	Jan	1953	SSV Gristede	GER-NIE	00:10:13	2	00:45:16	1	00:55:30	1	00:38:53	3	01:34:24	2	01:34:24	87

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# Ergebnis

## M / W - Altersklassen

### Volkstriathlon ( 0,5 / 20 / 5 )

#### Volkstriathlon TM-70

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
3	761	01:35:44	Horn	Siegfried	1952	VSK Osterholz-Scharmbeck	GER-NIE	00:09:54	1	00:50:06	3	01:00:00	2	00:35:43	2	01:35:44	3	01:35:44	93

#### Volkstriathlon TM-75

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	796	01:46:50	Pöbiger	Roland	1946	KSV Reichelsheim	GER-HES	00:17:18	1	00:51:11	1	01:08:30	1	00:38:20	1	01:46:50	1	01:46:50	105

#### Volkstriathlon TM-80

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	773	01:53:33	Krekeler	Hanns	1942	MFG 1	GER-NIE	00:14:37	1	00:57:57	1	01:12:35	1	00:40:57	1	01:53:33	1	01:53:33	107

# Ergebnis M / W - Altersklassen

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TW-20

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	14	01:15:54	Sitzmann	Malin	2003	1. TCO Die Bären Oldenburg	GER-NIE	00:09:01	2	00:39:39	1	00:48:40	1	00:27:13	2	01:15:54	1	01:15:54	1
2	15	01:19:52	Kruska	Hanna	2003	1. TCO Die Bären Oldenburg	GER-NIE	00:09:00	1	00:43:44	2	00:52:44	2	00:27:07	1	01:19:52	2	01:19:52	6
3	878	01:29:00	Sarstedt	Livia	2002	Jenaer Intervallexpress	GER-NIE	00:11:03	3	00:45:49	3	00:56:53	3	00:32:07	3	01:29:00	3	01:29:00	20

### Volkstriathlon TW-25

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	851	01:16:54	Dernick	Dr. Greta	1996	1. TCO Die Bären Oldenburg	GER-NIE	00:09:35	2	00:40:26	1	00:50:01	1	00:26:52	2	01:16:54	1	01:16:54	3
2	857	01:21:12	Freudenberg	Isabel	1994		GER-NIE	00:09:44	4	00:45:30	3	00:55:15	3	00:25:56	1	01:21:12	2	01:21:12	8
3	10	01:22:30	Wieneke	Marie	1996	1. TCO Die Bären Oldenburg	GER-NIE	00:09:57	5	00:41:18	2	00:51:16	2	00:31:14	6	01:22:30	3	01:22:30	10
4	873	01:25:09	Obermeyer	Linda	1996	Zisch&wech	GER-BAW	00:11:30	8	00:46:01	4	00:57:31	5	00:27:37	3	01:25:09	4	01:25:09	14
5	859	01:27:23	Hölzchen	Katharina	1997	DLRG Uslar	GER-NIE	00:10:23	6	00:46:06	5	00:56:29	4	00:30:53	4	01:27:23	5	01:27:23	16
6	884	01:32:56	Tenter	Thomke	1998		GER-NIE	00:09:01	1	00:52:43	6	01:01:45	6	00:31:11	5	01:32:56	6	01:32:56	28
7	852	01:46:46	Dorf Müller	Lena	1995	ALICA JACOBI SPORTS	GER-NRW	00:09:36	3	00:55:28	7	01:05:04	7	00:41:42	7	01:46:46	7	01:46:46	43
8	843	01:53:30	Altrogge	Anna	1994		GER-NIE	00:11:03	7	00:57:36	8	01:08:39	8	00:44:51	8	01:53:30	8	01:53:30	47
9	855	02:05:27	Feldt	Alisa	1998		GER-NIE	00:15:08	9	01:03:04	9	01:18:13	9	00:47:14	9	02:05:27	9	02:05:27	50

### Volkstriathlon TW-30

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	875	01:17:50	Prins	Kira	1990		GER-NIE	00:09:09	1	00:42:18	1	00:51:27	1	00:26:22	1	01:17:50	1	01:17:50	4

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# Ergebnis M / W - Altersklassen

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TW-30

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
2	901	01:28:02	Ahrichs	Charleen	1990	Die Bärinnen	GER-NIE	00:10:47	3	00:47:15	3	00:58:02	2	00:29:59	3	01:28:02	2	01:28:02	17
3	869	01:30:05	Meinert	Franziska	1993		GER-NIE	00:12:52	5	00:49:53	5	01:02:46	5	00:27:19	2	01:30:05	3	01:30:05	21
4	889	01:30:31	Wedermann	Kristin	1993		GER-NIE	00:14:33	7	00:44:09	2	00:58:42	3	00:31:48	4	01:30:31	4	01:30:31	24
5	862	01:33:06	Kerkhoff	Lisa	1993		GER-BAY	00:11:23	4	00:48:29	4	00:59:53	4	00:33:12	5	01:33:06	5	01:33:06	29
6	856	01:45:28	Forkert	Cyra	1989	SG Akquinet Lemwerder	GER-NIE	00:13:10	6	00:52:38	6	01:05:49	6	00:39:38	7	01:45:28	6	01:45:28	41
7	865	01:45:41	Kutsch	Anna	1993		GER-NRW	00:10:31	2	00:56:20	7	01:06:51	7	00:38:49	6	01:45:41	7	01:45:41	42

### Volkstriathlon TW-35

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	886	01:23:27	Tollknäpper	Ines	1985	TV Werne 03 Wasserfreunde	GER-NRW	00:08:34	1	00:46:45	1	00:55:19	1	00:28:08	1	01:23:27	1	01:23:27	12
2	879	01:34:59	Schlichting	Annette	1984		GER-NIE	00:12:31	2	00:49:42	2	01:02:14	2	00:32:45	2	01:34:59	2	01:34:59	34

### Volkstriathlon TW-40

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	887	01:16:18	Treinzen	Melanie	1982	Kdo SES Leer	GER-NIE	00:09:05	1	00:41:41	1	00:50:46	1	00:25:31	1	01:16:18	1	01:16:18	2
2	871	01:20:58	Meyer	Tina	1980	TV Norden	GER-NIE	00:09:44	2	00:41:50	2	00:51:34	2	00:29:23	3	01:20:58	2	01:20:58	7
3	877	01:25:12	Ruff	Frauke	1981	Alternative Pflege	GER-NIE	00:10:39	3	00:44:46	3	00:55:26	3	00:29:46	4	01:25:12	3	01:25:12	15
4	849	01:28:26	Christlieb	Hilke	1982	Barsbüttler SV	GER-HAM	00:11:13	5	00:45:20	4	00:56:34	4	00:31:51	6	01:28:26	4	01:28:26	18
5	888	01:30:26	Voges	Christina	1982	TV Loxstedt	GER-NIE	00:11:30	6	00:48:38	5	01:00:08	5	00:30:17	5	01:30:26	5	01:30:26	23

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# Ergebnis M / W - Altersklassen

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TW-40

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
6	847	01:33:06	Brink	Tatjana	1981	JCAH	GER-NIE	00:13:29	7	00:51:17	7	01:04:46	7	00:28:20	2	01:33:06	6	01:33:06	30
7	896	01:34:05	Kühnhold	Birte	1980	TSR Olympia Wilhelmshaven	GER-NIE	00:11:05	4	00:50:26	6	01:01:31	6	00:32:34	7	01:34:05	7	01:34:05	31
8	881	01:50:41	Schultze	Kathrin	1982	LogZBw	GER-NIE	00:17:44	8	00:55:05	8	01:12:50	8	00:37:50	8	01:50:41	8	01:50:41	45

### Volkstriathlon TW-45

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	864	01:23:36	Kummer	Wiebke	1974		GER-BRE	00:10:29	1	00:45:15	1	00:55:45	1	00:27:51	2	01:23:36	1	01:23:36	13
2	853	01:35:12	Eyhusen	Melanie	1975	Team Laufrausch Oldenburg	GER-NIE	00:11:07	3	00:51:15	3	01:02:23	3	00:32:49	3	01:35:12	2	01:35:12	35
3	866	01:39:33	Lüth	Katrin	1977		GER-NIE	00:11:10	4	00:50:03	2	01:01:13	2	00:38:20	4	01:39:33	3	01:39:33	38
4	850	01:54:15	Deeken	Tina	1976	VfL Eintracht Hannover	GER-NIE	00:11:01	2	01:17:48	4	01:28:50	4	00:25:25	1	01:54:15	4	01:54:15	48

### Volkstriathlon TW-50

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	890	01:18:06	Wehrmann	Heidi	1973		GER-SH	00:10:00	3	00:42:52	2	00:52:52	2	00:25:14	1	01:18:06	1	01:18:06	5
2	900	01:21:44	Schick	Sabine	1969	Triathlon Club Bremen	GER-BRE	00:09:17	1	00:41:52	1	00:51:09	1	00:30:35	2	01:21:44	2	01:21:44	9
3	883	01:28:50	Struck	Ulrike	1969	Buxtehuder SV	GER-NIE	00:09:42	2	00:47:00	5	00:56:43	3	00:32:07	4	01:28:50	3	01:28:50	19
4	845	01:30:34	Behrens	Heike	1973	SSV Gristede	GER-NIE	00:12:18	5	00:46:21	4	00:58:40	5	00:31:54	3	01:30:34	4	01:30:34	25
5	13	01:30:44	Sitzmann	Melanie	1971	1. TCO Die Bären Oldenburg	GER-NIE	00:11:57	4	00:45:24	3	00:57:22	4	00:33:21	5	01:30:44	5	01:30:44	26
6	898	01:37:46	Wohl	Kathrin	1971	WSV 21 Wolfenbüttel	GER-NIE	00:12:34	6	00:49:51	6	01:02:25	6	00:35:21	7	01:37:46	6	01:37:46	36

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Telefon: 0151-23617127 organisation@nordseeman.de <http://www.nordseeman.de>

# Ergebnis M / W - Altersklassen

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TW-50

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
7	848	01:39:26	Büsching	Heike	1971		GER-NIE	00:13:28	8	00:52:26	7	01:05:55	7	00:33:30	6	01:39:26	7	01:39:26	37
8	868	01:49:06	Maschmann	Ira	1971		GER-HAM	00:13:14	7	00:54:09	9	01:07:24	8	00:41:42	9	01:49:06	8	01:49:06	44
9	870	01:50:59	Meyer	Melanie	1971		GER-NIE	00:14:29	9	00:53:04	8	01:07:34	9	00:43:25	10	01:50:59	9	01:50:59	46
10	892	01:55:40	Winter	Jane	1970	WSSV Wilhelmshaven	GER-NIE	00:21:22	10	00:55:51	10	01:17:13	10	00:38:26	8	01:55:40	10	01:55:40	49

### Volkstriathlon TW-55

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	840	01:23:26	Albrecht	Frauke	1968	SG Letter 05	GER-NIE	00:10:33	2	00:45:44	1	00:56:17	1	00:27:09	1	01:23:26	1	01:23:26	11
2	861	01:30:09	Kankel	Antje	1968	1. TCO Die Bären Oldenburg	GER-NIE	00:10:07	1	00:46:30	2	00:56:38	2	00:33:31	4	01:30:09	2	01:30:09	22
3	858	01:31:10	Holzapfel	Petra	1968	TV Norden	GER-NIE	00:13:23	6	00:46:46	3	01:00:10	3	00:30:59	2	01:31:10	3	01:31:10	27
4	885	01:34:14	Thamm	Andrea	1964	A3K Berlin	GER-BER	00:11:51	3	00:51:21	5	01:03:13	5	00:31:01	3	01:34:14	4	01:34:14	32
5	893	01:34:48	Wittig	Ilona	1968	Landkreis Aurich	GER-NIE	00:12:58	4	00:47:53	4	01:00:52	4	00:33:56	5	01:34:48	5	01:34:48	33
6	844	01:40:18	Balke	Katrin	1965	SG Letter 05	GER-NIE	00:13:03	5	00:52:07	6	01:05:11	6	00:35:07	6	01:40:18	6	01:40:18	39

### Volkstriathlon TW-60

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Ziel	Pos	Endzeit	Gesamt feld
1	860	01:42:47	Ihrig	Marion	1962	KSV Reichelsheim	GER-HES	00:13:15	1	00:53:54	1	01:07:09	1	00:35:37	1	01:42:47	1	01:42:47	40

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# Ergebnis M / W - Altersklassen

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Volkstriathlon  
( 0,5 / 20 / 5 )

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Einträge in der Liste: 161



## 16. NordseeMan / 11. NordseeWoman Triathlon

12. / 13. August 2023



### Ergebnis M / W - gesamt

Volkstriathlon  
( 0,5 / 20 / 5 )

Volkstriathlon  
**TM**

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schw.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
1	794	01:02:30	Pfülb	Maximilian	2003	PowerBärs Rednitzhembach	GER-BAY	00:07:11	1	00:35:03	1	00:42:15	1	00:20:15	1	01:02:30	1
2	736	01:06:11	Cyrol	Ben	2002	UniBwStudFBer2/C	GER-NIE	00:08:20	4	00:36:14	3	00:44:34	2	00:21:36	2	01:06:11	2
3	9	01:07:13	Szech	Manuel	1985	N3-Training	GER-NIE	00:09:03	17	00:35:42	2	00:44:45	3	00:22:27	4	01:07:13	3
4	11	01:07:45	Sanders	Christoph	1988	Triathlon Seepferdchen	GER-NIE	00:08:28	7	00:37:06	4	00:45:34	4	00:22:10	3	01:07:45	4
5	12	01:10:47	Sanders	Julian	1990		GER-NIE	00:08:31	8	00:37:33	5	00:46:05	5	00:24:42	13	01:10:47	5
6	897	01:12:18	Josephs	Julian	1988	TSR Olympia Wilhelmshaven	GER-NIE	00:08:46	12	00:37:52	6	00:46:39	6	00:25:39	18	01:12:18	6
7	797	01:12:25	Probst	Wolfgang	1968	KarrC Bw Düsseldorf / Marathon Steinfurt	GER-NRW	00:08:39	10	00:39:17	8	00:47:57	7	00:24:27	11	01:12:25	7
8	780	01:12:58	Lüssing	Steffen	1990		GER-NIE	00:09:56	32	00:40:03	11	00:50:00	13	00:22:57	7	01:12:58	8
9	833	01:13:12	Wempen	Thomas	1984	Power & pace	GER-NIE	00:08:43	11	00:40:43	13	00:49:27	11	00:23:45	8	01:13:12	9
10	741	01:13:13	Dernick	Nathanael	1994	1. TCO Die Bären Oldenburg	GER-NIE	00:09:54	31	00:39:22	9	00:49:16	10	00:23:56	9	01:13:13	10
11	764	01:13:29	Höbke	Jakob	1997	Vareler TB Triathlon	GER-NIE	00:08:50	13	00:41:47	22	00:50:38	17	00:22:51	6	01:13:29	11
12	815	01:14:25	Schwoil	Marcus	1973	SV Wildeshausen	GER-NIE	00:07:58	3	00:40:45	14	00:48:43	8	00:25:41	19	01:14:25	12
13	779	01:15:06	Lüssing	Jan-Hendrik	1987		GER-NRW	00:09:13	19	00:41:28	17	00:50:42	18	00:24:23	10	01:15:06	13
14	788	01:16:45	Möde	Martin	1986	FüAkBw	GER-NIE	00:09:45	29	00:44:07	41	00:53:53	34	00:22:51	5	01:16:45	14

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# Ergebnis M / W - gesamt

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
15	745	01:16:55	Eschenberg	Gregor	1971		GER-NIE	00:09:42	27	00:41:39	19	00:51:22	20	00:25:33	17	01:16:55	15
16	729	01:17:11	Bones	Florian	1982	EGV BONN	GER-NIE	00:09:37	24	00:41:40	20	00:51:17	19	00:25:54	21	01:17:11	16
17	722	01:17:27	Auffarth	Andreas	1962	LG Eckernförde	GER-NIE	00:08:28	6	00:41:07	16	00:49:36	12	00:27:51	42	01:17:27	17
18	793	01:17:34	Peters	Enno	1992		GER-NIE	00:10:59	53	00:41:55	23	00:52:54	31	00:24:39	12	01:17:34	18
19	810	01:17:40	Schröder	Daniel	1988	Team Marineflieger	GER-NIE	00:09:20	21	00:42:53	35	00:52:13	27	00:25:27	16	01:17:40	19
20	763	01:17:44	Höbße	Anton	2000	Vareler TB Triathlon	GER-NIE	00:08:34	9	00:43:22	37	00:51:56	25	00:25:47	20	01:17:44	20
21	739	01:17:49	De Vries	Dirk	1982	SSV Gristede Triathlon	GER-NIE	00:09:34	23	00:42:17	26	00:51:51	24	00:25:57	22	01:17:49	21
22	894	01:18:57	Wehking	Roland Ronja	1976	1. TCO Die Bären Oldenburg	GER-NIE	00:10:27	44	00:41:47	21	00:52:14	28	00:26:43	31	01:18:57	22
23	767	01:19:00	Kankel	Jens	1966	1. TCO Die Bären Oldenburg	GER-NIE	00:09:32	22	00:39:12	7	00:48:44	9	00:30:15	64	01:19:00	23
24	727	01:19:06	Blenke	Sven	1983	Vareler TB Triathlon	GER-NIE	00:08:52	15	00:41:39	18	00:50:32	16	00:28:34	51	01:19:06	24
25	781	01:19:08	Maihöfer	Kevin	1989	Team Marineflieger	GER-NIE	00:09:08	18	00:42:37	30	00:51:46	23	00:27:22	35	01:19:08	25
26	759	01:19:14	Hinrichs	Marko	1986	BSC Burhufe	GER-NIE	00:10:14	38	00:42:30	27	00:52:44	30	00:26:29	29	01:19:14	26
27	804	01:19:21	Saget	Jonathan	1997		GER-NIE	00:09:14	20	00:42:42	32	00:51:56	26	00:27:24	37	01:19:21	27
28	822	01:19:55	Thelken	Heinz-Hermann	1962		GER-NIE	00:11:06	57	00:42:00	24	00:53:07	33	00:26:48	33	01:19:55	28
29	18	01:20:14	Kraski	Oliver	1972	1. TCO Die Bären Oldenburg	GER-NIE	00:10:17	39	00:41:06	15	00:51:24	21	00:28:49	54	01:20:14	29
30	903	01:20:16	Behrens	Frank	1969	SSV Gristede	GER-NIE	00:11:22	62	00:44:02	39	00:55:25	44	00:24:51	14	01:20:16	30
31	819	01:20:24	Teipel	Markus	1967		GER-NIE	00:10:01	35	00:42:58	36	00:52:59	32	00:27:24	36	01:20:24	31
32	725	01:20:26	Bauch	Christian	1969	MTV Aurich Triathlon	GER-NIE	00:10:50	50	00:39:40	10	00:50:31	14	00:29:55	60	01:20:26	32
33	825	01:20:41	Imhoff	Matthias	1959	MTV Aurich Triathlon	GER-NIE	00:08:51	14	00:42:34	29	00:51:26	22	00:29:14	55	01:20:41	33
34	8	01:20:53	Gronemeyer	Andreas	1984	Cappeln	GER-NIE	00:10:23	42	00:42:01	25	00:52:25	29	00:28:28	50	01:20:53	34
35	902	01:21:13	Allies	Frank	1989	TSA WHV	GER-NIE	00:10:26	43	00:40:05	12	00:50:31	15	00:30:41	70	01:21:13	35
36	816	01:21:14	Siebens	Ivo	1965	MTV Aurich Triathlon	GER-NIE	00:12:11	77	00:42:51	34	00:55:02	40	00:26:11	24	01:21:14	36
37	805	01:21:27	Schade-Bünsow	Volker	1968		GER-NIE	00:12:37	81	00:42:32	28	00:55:10	42	00:26:17	25	01:21:27	37

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# Ergebnis M / W - gesamt

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
38	732	01:22:51	Brink	Hans	1986	JCAH	GER-NIE	00:12:03	75	00:45:47	62	00:57:50	64	00:25:00	15	01:22:51	38
39	17	01:22:54	von Steuber	Hans Christian	1962	Team Laufrausch	GER-NIE	00:10:00	33	00:44:26	43	00:54:26	36	00:28:27	49	01:22:54	39
40	798	01:23:14	Ramm	Nico	1989	Barsbüttler SV	GER-HAM	00:10:01	34	00:45:40	59	00:55:41	47	00:27:32	39	01:23:14	40
41	826	01:23:26	Unger	Hannes	1991	Besatzung CHARLIE F125	GER-NIE	00:12:01	74	00:42:51	33	00:54:52	38	00:28:34	52	01:23:26	41
42	762	01:23:37	Horn	Volker	1967	Team Laufrausch Oldenburg	GER-NIE	00:11:34	68	00:45:56	64	00:57:31	62	00:26:05	23	01:23:37	42
43	754	01:23:57	Hagenah	Dominik	1982		GER-NIE	00:13:46	94	00:43:42	38	00:57:28	61	00:26:28	27	01:23:57	43
44	16	01:23:58	Müller	Matthias	1974	Oldenburg	GER-NIE	00:11:48	73	00:45:36	58	00:57:25	59	00:26:33	30	01:23:58	44
45	795	01:23:59	Pietrucha	Klaus	1985		GER-NIE	00:10:32	45	00:45:32	57	00:56:04	49	00:27:54	43	01:23:59	45
46	768	01:24:00	Karper	Christian	1987		GER-NIE	00:09:39	26	00:44:55	46	00:54:34	37	00:29:25	56	01:24:00	46
47	783	01:24:20	Merrath	Adrian	1990	Zisch&wech	GER-HES	00:10:20	40	00:46:25	68	00:56:45	55	00:27:35	40	01:24:20	47
48	824	01:24:26	Tollknäpper	Sven	1981	TV Werne 03 Wasserfreunde	GER-NRW	00:10:43	47	00:45:41	60	00:56:25	52	00:28:00	44	01:24:26	48
49	834	01:25:10	Werdermann	Enno	1990		GER-NIE	00:13:22	87	00:45:19	52	00:58:41	72	00:26:28	26	01:25:10	49
50	735	01:25:10	Cassens	Helge	1975		GER-NIE	00:10:54	52	00:44:06	40	00:55:00	39	00:30:09	62	01:25:10	50
51	769	01:25:11	Kiesinger	Lars	1989	2./LogBtl 163	GER-NIE	00:10:45	48	00:44:31	45	00:55:16	43	00:29:54	59	01:25:11	51
52	784	01:25:13	Merrath	Daniel	1989	Zisch&wech	GER-NIE	00:10:04	36	00:45:04	48	00:55:08	41	00:30:04	61	01:25:13	52
53	838	01:25:19	Wohlers	Frank	1969	1. TCO Die Bären Oldenburg	GER-NIE	00:11:24	64	00:45:29	55	00:56:53	56	00:28:25	48	01:25:19	53
54	792	01:25:21	Pelzer	Florian	1999		GER-NIE	00:11:42	71	00:45:13	50	00:56:56	57	00:28:25	47	01:25:21	54
55	738	01:26:04	Dams	Frank	1963	Ultrasriesen e.V.	GER-NIE	00:11:07	58	00:46:37	70	00:57:45	63	00:28:19	46	01:26:04	55
56	839	01:26:05	Zimmermann	Eberhard	1995	2./LogBtl 163 RSOM	GER-NIE	00:11:42	70	00:46:51	74	00:58:34	70	00:27:31	38	01:26:05	56
57	776	01:26:09	Langer	Timo	1973	TSV Jahn Carolinensiel	GER-NIE	00:14:54	104	00:44:26	44	00:59:20	77	00:26:48	34	01:26:09	57
58	752	01:26:20	Günnewig	Frank	1967	BSG Drägerwerk Lübeck	GER-SH	00:11:16	60	00:42:42	31	00:53:58	35	00:32:21	84	01:26:20	58
59	785	01:26:44	Merrath	Julius	1992	Zisch&wech	GER-NIE	00:10:33	46	00:45:53	63	00:56:26	53	00:30:18	65	01:26:44	59
60	756	01:26:45	Heinig	J. Johannes	1975		GER-SH	00:15:06	107	00:44:55	47	01:00:02	81	00:26:43	32	01:26:45	60

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# Ergebnis M / W - gesamt

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
61	758	01:26:59	Heskamp	Jan	1973	ERDINGER Active TEAM	GER-BRE	00:10:59	54	00:45:23	54	00:56:23	51	00:30:36	68	01:26:59	61
62	770	01:28:02	Klein	Thomas	1978		GER-BAY	00:11:42	72	00:45:44	61	00:57:27	60	00:30:35	67	01:28:02	62
63	733	01:28:04	Brück	Martin	1960	TuS Weilmünster	GER-HES	00:10:20	41	00:45:11	49	00:55:32	46	00:32:32	89	01:28:04	63
64	820	01:28:13	Thamm	Thomas	1965	A3K Berlin	GER-BER	00:08:57	16	00:46:51	73	00:55:48	48	00:32:24	87	01:28:13	64
65	835	01:28:28	Westbrock	Hans-Jürgen	1956	ASC Dillenburg	GER-HES	00:11:24	63	00:48:21	79	00:59:45	78	00:28:43	53	01:28:28	65
66	750	01:28:31	Gonzalez	Hector	1969		MEX	00:11:40	69	00:48:32	82	01:00:12	82	00:28:19	45	01:28:31	66
67	789	01:28:55	Morley	Kieran	1977	MArs 113	GER-NIE	00:09:43	28	00:49:00	86	00:58:43	73	00:30:11	63	01:28:55	67
68	807	01:28:55	Schnakenberg	Andre	1995		GER-NIE	00:07:51	2	00:48:35	83	00:56:27	54	00:32:28	88	01:28:55	68
69	799	01:29:05	Reinsch	Hans-Herbert	1957	Tri-Speedys Peine	GER-NIE	00:11:27	65	00:46:59	75	00:58:27	69	00:30:37	69	01:29:05	69
70	827	01:29:08	Unger	Ole	1976	LandesKdo SLH	GER-NIE	00:11:17	61	00:46:42	71	00:57:59	66	00:31:09	72	01:29:08	70
71	802	01:29:10	Röhr	Harry	1965	Lauftreff Wilhelmshaven	GER-RLP	00:13:27	90	00:49:14	88	01:02:41	89	00:26:29	28	01:29:10	71
72	787	01:29:23	Völker	Michael	1986		GER-NIE	00:11:06	56	00:46:17	66	00:57:23	58	00:31:59	79	01:29:23	72
73	775	01:29:32	Lammers	Andreas	1955	3. Kdo SES IEF	GER-NIE	00:13:40	92	00:44:18	42	00:57:58	65	00:31:34	76	01:29:32	73
74	836	01:30:16	Westphal	Andreas	1980	Einsatzflottille 2 /Stab	GER-NIE	00:10:49	49	00:45:30	56	00:56:19	50	00:33:56	95	01:30:16	74
75	749	01:30:30	Gödeken	Michael	1970		GER-NRW	00:12:59	85	00:45:21	53	00:58:20	67	00:32:09	82	01:30:30	75
76	766	01:30:49	Janssen	Dirk	1969	Eintracht Hildesheim	GER-NIE	00:09:38	25	00:49:01	87	00:58:39	71	00:32:10	83	01:30:49	76
77	726	01:31:12	Berghaus	Wilfried	1953	Team Laufrausch Oldenburg	GER-NIE	00:13:40	91	00:49:56	91	01:03:36	95	00:27:35	41	01:31:12	77
78	747	01:31:19	Fricke	Markus	1968		GER-NIE	00:13:02	86	00:46:49	72	00:59:51	79	00:31:27	75	01:31:19	78
79	800	01:32:24	Remmers	Kristof	2001		GER-NIE	00:12:22	79	00:46:21	67	00:58:43	74	00:33:40	93	01:32:24	79
80	721	01:32:50	Altmeppen	Richard	1999		GER-NIE	00:14:42	103	00:48:24	80	01:03:07	94	00:29:43	57	01:32:50	80
81	755	01:32:59	Hecken	Maurice	1998		GER-NIE	00:12:05	76	00:48:48	85	01:00:54	83	00:32:05	81	01:32:59	81
82	830	01:33:05	Von Klonczynski	Daniel	1988		GER-NRW	00:12:40	83	00:46:31	69	00:59:12	76	00:33:52	94	01:33:05	82
83	829	01:33:05	Vollmer	Tim	1999		GER-NIE	00:11:01	55	00:50:18	94	01:01:20	84	00:31:45	77	01:33:05	83

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# Ergebnis M / W - gesamt

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
84	786	01:33:40	Merrath	Stefan	1965	Zisch &wech	GER-BRE	00:11:07	59	00:47:59	78	00:59:06	75	00:34:33	97	01:33:40	84
85	811	01:34:12	Schröder	Rolf	1966	Harpstedter TB Triathlon	GER-NIE	00:12:15	78	00:46:08	65	00:58:24	68	00:35:48	100	01:34:12	85
86	753	01:34:15	Häbel	Peter	1959	Triabolos Hamburg e.V.	GER-HAM	00:15:33	108	00:47:27	76	01:03:01	91	00:31:14	73	01:34:15	86
87	803	01:34:24	Ruiter	Jan	1953	SSV Gristede	GER-NIE	00:10:13	37	00:45:16	51	00:55:30	45	00:38:53	106	01:34:24	87
88	748	01:34:51	Gerdes	Alexander	1985		GER-NIE	00:13:26	89	00:50:36	95	01:04:02	97	00:30:48	71	01:34:51	88
89	895	01:34:51	Bornkessel	Elmar	1976	DMV Nato HQ Brüssel	GER-NIE	00:13:58	95	00:48:29	81	01:02:27	87	00:32:24	86	01:34:51	89
90	809	01:34:59	Schrapper	Horst	1977	SV Peheim-Grönheim	GER-NIE	00:14:57	105	00:47:37	77	01:02:35	88	00:32:23	85	01:34:59	90
91	814	01:35:10	Schulze	Michael	1971		GER-BAY	00:13:42	93	00:50:10	93	01:03:52	96	00:31:18	74	01:35:10	91
92	782	01:35:29	Mayer	Ralf	1963	Erdinger ACTIVE Team	GER-NIE	00:12:36	80	00:49:44	90	01:02:21	86	00:33:08	90	01:35:29	92
93	761	01:35:44	Horn	Siegfried	1952	VSK Osterholz-Scharmbeck	GER-NIE	00:09:54	30	00:50:06	92	01:00:00	80	00:35:43	99	01:35:44	93
94	765	01:36:18	Höbke	Jörg	1960	Vareler TB Triathlon	GER-NIE	00:11:33	67	00:50:39	97	01:02:13	85	00:34:04	96	01:36:18	94
95	831	01:36:18	Vorbeck	Micha	1976	LogZBw	GER-NIE	00:14:20	98	00:48:45	84	01:03:06	93	00:33:12	91	01:36:18	95
96	728	01:36:22	Bölts	Gerd	1969		GER-NIE	00:13:25	88	00:49:36	89	01:03:02	92	00:33:20	92	01:36:22	96
97	777	01:37:00	Langkrär	Ingo	1961	SF Wüsting-Altmoorhausen eV	GER-NIE	00:14:17	97	00:50:38	96	01:04:55	99	00:32:05	80	01:37:00	97
98	743	01:39:18	Edzards	Julian	1992	LT Schafhauser Wald	GER-NIE	00:14:06	96	00:55:21	104	01:09:27	104	00:29:50	58	01:39:18	98
99	791	01:39:24	Münkenwarf	Matthias	1977	TuS Eversten	GER-NIE	00:14:34	101	00:54:25	103	01:08:59	103	00:30:25	66	01:39:24	99
100	744	01:40:37	ELias	Christian	1978	TuS Zetel	GER-NIE	00:10:52	51	00:54:19	102	01:05:11	100	00:35:26	98	01:40:37	100
101	813	01:41:39	Schulz	Igor	1975	2/163 RSOM	GER-NIE	00:12:38	82	00:57:00	105	01:09:39	105	00:31:59	78	01:41:39	101
102	969	01:42:51	Ippen	Sascha	1979	Norden	GER-NIE	00:12:51	84	00:51:32	101	01:04:24	98	00:38:26	105	01:42:51	102
103	837	01:45:27	Wittke	Michael	1966	C.T. BENALMÁDENA	GER-NIE	00:11:32	66	00:51:17	100	01:02:49	90	00:42:38	109	01:45:27	103
104	724	01:46:19	Barthel	Denis	1979		GER-NIE	00:17:21	110	00:51:03	98	01:08:25	101	00:37:54	103	01:46:19	104
105	796	01:46:50	Pöbiger	Roland	1946	KSV Reichelsheim	GER-HES	00:17:18	109	00:51:11	99	01:08:30	102	00:38:20	104	01:46:50	105
106	723	01:51:34	Baaske	Tobias	1998		GER-NIE	00:14:23	100	00:59:40	108	01:14:03	107	00:37:30	102	01:51:34	106

TSR Olympia Wilhelmshaven e.V. Insterweg 33 26388 Wilhelmshaven  
Telefon: 0151-23617127 organisation@nordseeman.de <http://www.nordseeman.de>

# Ergebnis M / W - gesamt

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TM

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
107	773	01:53:33	Krekeler	Hanns	1942	MFG 1	GER-NIE	00:14:37	102	00:57:57	107	01:12:35	106	00:40:57	108	01:53:33	107
108	734	01:53:36	Burmeister	Joachim	1958	TuS Zetel	GER-NIE	00:17:35	111	00:57:04	106	01:14:40	108	00:38:56	107	01:53:36	108
109	806	01:57:53	Schlüter	Markus	1966	Herner Triathlon Team 11	GER-NRW	00:14:22	99	01:07:37	111	01:22:00	111	00:35:53	101	01:57:53	109
110	801	02:05:28	Richter	Martin	1971		GER-NIE	00:15:05	106	01:03:08	110	01:18:14	109	00:47:14	110	02:05:28	110
111	812	02:08:50	Schulz	Daniel	1986		GER-BER	00:18:03	112	01:00:11	109	01:18:15	110	00:50:34	111	02:08:50	111

### Volkstriathlon TW

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
1	14	01:15:54	Sitzmann	Malin	2003	1. TCO Die Bären Oldenburg	GER-NIE	00:09:01	3	00:39:39	1	00:48:40	1	00:27:13	9	01:15:54	1
2	887	01:16:18	Treinzen	Melanie	1982	Kdo SES Leer	GER-NIE	00:09:05	5	00:41:41	4	00:50:46	3	00:25:31	3	01:16:18	2
3	851	01:16:54	Dernick	Dr. Greta	1996	1. TCO Die Bären Oldenburg	GER-NIE	00:09:35	8	00:40:26	2	00:50:01	2	00:26:52	6	01:16:54	3
4	875	01:17:50	Prins	Kira	1990		GER-NIE	00:09:09	6	00:42:18	7	00:51:27	6	00:26:22	5	01:17:50	4
5	890	01:18:06	Wehrmann	Heidi	1973		GER-SH	00:10:00	14	00:42:52	8	00:52:52	9	00:25:14	1	01:18:06	5
6	15	01:19:52	Kruska	Hanna	2003	1. TCO Die Bären Oldenburg	GER-NIE	00:09:00	2	00:43:44	9	00:52:44	8	00:27:07	7	01:19:52	6
7	871	01:20:58	Meyer	Tina	1980	TV Norden	GER-NIE	00:09:44	11	00:41:50	5	00:51:34	7	00:29:23	15	01:20:58	7
8	857	01:21:12	Freudenberg	Isabel	1994		GER-NIE	00:09:44	12	00:45:30	15	00:55:15	10	00:25:56	4	01:21:12	8
9	900	01:21:44	Schick	Sabine	1969	Triathlon Club Bremen	GER-BRE	00:09:17	7	00:41:52	6	00:51:09	4	00:30:35	19	01:21:44	9
10	10	01:22:30	Wieneke	Marie	1996	1. TCO Die Bären Oldenburg	GER-NIE	00:09:57	13	00:41:18	3	00:51:16	5	00:31:14	24	01:22:30	10
11	840	01:23:26	Albrecht	Frauke	1968	SG Letter 05	GER-NIE	00:10:33	19	00:45:44	16	00:56:17	14	00:27:09	8	01:23:26	11
12	886	01:23:27	Tollknäpper	Ines	1985	TV Werne 03 Wasserfreunde	GER-NRW	00:08:34	1	00:46:45	22	00:55:19	11	00:28:08	13	01:23:27	12
13	864	01:23:36	Kummer	Wiebke	1974		GER-BRE	00:10:29	17	00:45:15	12	00:55:45	13	00:27:51	12	01:23:36	13

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# Ergebnis M / W - gesamt

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TW

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
14	873	01:25:09	Obermeyer	Linda	1996	Zisch&wech	GER-BAW	00:11:30	31	00:46:01	18	00:57:31	21	00:27:37	11	01:25:09	14
15	877	01:25:12	Ruff	Frauke	1981	Alternative Pflege	GER-NIE	00:10:39	20	00:44:46	11	00:55:26	12	00:29:46	16	01:25:12	15
16	859	01:27:23	Hölzchen	Katharina	1997	DLRG Uslar	GER-NIE	00:10:23	16	00:46:06	19	00:56:29	15	00:30:53	20	01:27:23	16
17	901	01:28:02	Ahlrichs	Charleen	1990	Die Bärinnen	GER-NIE	00:10:47	21	00:47:15	25	00:58:02	22	00:29:59	17	01:28:02	17
18	849	01:28:26	Christlieb	Hilke	1982	Barsbüttler SV	GER-HAM	00:11:13	28	00:45:20	13	00:56:34	16	00:31:51	26	01:28:26	18
19	883	01:28:50	Struck	Ulrike	1969	Buxtehuder SV	GER-NIE	00:09:42	10	00:47:00	24	00:56:43	18	00:32:07	29	01:28:50	19
20	878	01:29:00	Sarstedt	Livia	2002	Jenaer Intervallexpress	GER-NIE	00:11:03	24	00:45:49	17	00:56:53	19	00:32:07	28	01:29:00	20
21	869	01:30:05	Meinert	Franziska	1993		GER-NIE	00:12:52	37	00:49:53	31	01:02:46	35	00:27:19	10	01:30:05	21
22	861	01:30:09	Kankel	Antje	1968	1. TCO Die Bären Oldenburg	GER-NIE	00:10:07	15	00:46:30	21	00:56:38	17	00:33:31	36	01:30:09	22
23	888	01:30:26	Voges	Christina	1982	TV Loxstedt	GER-NIE	00:11:30	30	00:48:38	28	01:00:08	26	00:30:17	18	01:30:26	23
24	889	01:30:31	Wedermann	Kristin	1993		GER-NIE	00:14:33	47	00:44:09	10	00:58:42	24	00:31:48	25	01:30:31	24
25	845	01:30:34	Behrens	Heike	1973	SSV Gristede	GER-NIE	00:12:18	34	00:46:21	20	00:58:40	23	00:31:54	27	01:30:34	25
26	13	01:30:44	Sitzmann	Melanie	1971	1. TCO Die Bären Oldenburg	GER-NIE	00:11:57	33	00:45:24	14	00:57:22	20	00:33:21	34	01:30:44	26
27	858	01:31:10	Holzapfel	Petra	1968	TV Norden	GER-NIE	00:13:23	43	00:46:46	23	01:00:10	27	00:30:59	21	01:31:10	27
28	884	01:32:56	Tenter	Thomke	1998		GER-NIE	00:09:01	4	00:52:43	40	01:01:45	31	00:31:11	23	01:32:56	28
29	862	01:33:06	Kerkhoff	Lisa	1993		GER-BAY	00:11:23	29	00:48:29	27	00:59:53	25	00:33:12	33	01:33:06	29
30	847	01:33:06	Brink	Tatjana	1981	JCAH	GER-NIE	00:13:29	45	00:51:17	35	01:04:46	37	00:28:20	14	01:33:06	30
31	896	01:34:05	Kühnhold	Birte	1980	TSR Olympia Wilhelmshaven	GER-NIE	00:11:05	25	00:50:26	33	01:01:31	30	00:32:34	30	01:34:05	31
32	885	01:34:14	Thamm	Andrea	1964	A3K Berlin	GER-BER	00:11:51	32	00:51:21	36	01:03:13	36	00:31:01	22	01:34:14	32
33	893	01:34:48	Wittig	Ilona	1968	Landkreis Aurich	GER-NIE	00:12:58	38	00:47:53	26	01:00:52	28	00:33:56	37	01:34:48	33
34	879	01:34:59	Schlichting	Annette	1984		GER-NIE	00:12:31	35	00:49:42	29	01:02:14	32	00:32:45	31	01:34:59	34
35	853	01:35:12	Eyhusen	Melanie	1975	Team Laufrausch Oldenburg	GER-NIE	00:11:07	26	00:51:15	34	01:02:23	33	00:32:49	32	01:35:12	35
36	898	01:37:46	Wohl	Kathrin	1971	WSV 21 Wolfenbüttel	GER-NIE	00:12:34	36	00:49:51	30	01:02:25	34	00:35:21	39	01:37:46	36

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# Ergebnis M / W - gesamt

## Volkstriathlon ( 0,5 / 20 / 5 )

### Volkstriathlon TW

Pos	StNr	Gesamt	Name	Vorname	Jg.	Verein	Nat.	Schwi.	Pos	Rad	Pos	Sch+Rad	Pos	Lauf	Pos	Endzeit	Pos
37	848	01:39:26	Büsching	Heike	1971		GER-NIE	00:13:28	44	00:52:26	38	01:05:55	41	00:33:30	35	01:39:26	37
38	866	01:39:33	Lüth	Katrin	1977		GER-NIE	00:11:10	27	00:50:03	32	01:01:13	29	00:38:20	42	01:39:33	38
39	844	01:40:18	Balke	Katrin	1965	SG Letter 05	GER-NIE	00:13:03	39	00:52:07	37	01:05:11	39	00:35:07	38	01:40:18	39
40	860	01:42:47	Ihrig	Marion	1962	KSV Reichelsheim	GER-HES	00:13:15	42	00:53:54	42	01:07:09	43	00:35:37	40	01:42:47	40
41	856	01:45:28	Forkert	Cyra	1989	SG Akquinet Lemwerder	GER-NIE	00:13:10	40	00:52:38	39	01:05:49	40	00:39:38	45	01:45:28	41
42	865	01:45:41	Kutsch	Anna	1993		GER-NRW	00:10:31	18	00:56:20	47	01:06:51	42	00:38:49	44	01:45:41	42
43	852	01:46:46	Dorf Müller	Lena	1995	ALICA JACOBI SPORTS	GER-NRW	00:09:36	9	00:55:28	45	01:05:04	38	00:41:42	46	01:46:46	43
44	868	01:49:06	Maschmann	Ira	1971		GER-HAM	00:13:14	41	00:54:09	43	01:07:24	44	00:41:42	47	01:49:06	44
45	881	01:50:41	Schultze	Kathrin	1982	LogZBw	GER-NIE	00:17:44	49	00:55:05	44	01:12:50	47	00:37:50	41	01:50:41	45
46	870	01:50:59	Meyer	Melanie	1971		GER-NIE	00:14:29	46	00:53:04	41	01:07:34	45	00:43:25	48	01:50:59	46
47	843	01:53:30	Altrogge	Anna	1994		GER-NIE	00:11:03	23	00:57:36	48	01:08:39	46	00:44:51	49	01:53:30	47
48	850	01:54:15	Deeken	Tina	1976	VfL Eintracht Hannover	GER-NIE	00:11:01	22	01:17:48	50	01:28:50	50	00:25:25	2	01:54:15	48
49	892	01:55:40	Winter	Jane	1970	WSSV Wilhelmshaven	GER-NIE	00:21:22	50	00:55:51	46	01:17:13	48	00:38:26	43	01:55:40	49
50	855	02:05:27	Feldt	Alisa	1998		GER-NIE	00:15:08	48	01:03:04	49	01:18:13	49	00:47:14	50	02:05:27	50

Einträge in der Liste: 161