

Junioren (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	203	Anne Schmidhuber	TSV 1928 Essleben e. V.	Junioren (w)	1	0:14:03 (2)	3:06	0:31:10 (1)	2:46	0:19:13 (1)	1:10:18
2	206	Saskia Schmidt	TV 1906 Hülsenbusch	Junioren (w)	2	0:12:44 (1)	2:38	0:37:02 (2)	2:47	0:22:08 (2)	1:17:18

Junioren (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	202	Eric Jäger	Eintracht Frankfurt Triathlon	Junioren (m)	1	0:10:29 (1)	2:14	0:32:03 (2)	2:29	0:17:56 (2)	1:05:10
2	204	Finn Willars	Tri-Team SV Gerolstein	Junioren (m)	2	0:11:16 (2)	2:37	0:31:23 (1)	2:29	0:17:30 (1)	1:05:16

AK 20 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	213	Kim Heidemann	TCEC Mainz	AK 20 (w)	1	0:10:48 (2)	2:19	0:32:58 (1)	2:33	0:20:05 (1)	1:08:44
2	207	Greta Scholz	Hannover 96 Triathlon	AK 20 (w)	2	0:10:46 (1)	2:18	0:33:14 (2)	2:34	0:20:23 (2)	1:09:15
3	216	Fenja Dibbern	SG Athletico Büdelsdorf	AK 20 (w)	3	0:11:37 (3)	2:18	0:35:24 (3)	2:35	0:20:59 (3)	1:12:53
4	208	Moya Kebbel	VSK Osterholz-Scharmbeck	AK 20 (w)	4	0:12:51 (4)	2:47	0:37:08 (4)	3:03	0:27:21 (4)	1:23:09

AK 20 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	211	Tim Mignon	Hannover 96 Triathlon	AK 20 (m)	1	0:10:12 (2)	2:13	0:28:59 (1)	2:10	0:17:20 (1)	1:00:55
2	210	Max Lou Kerth	Hannover 96 Triathlon	AK 20 (m)	2	0:10:06 (1)	2:07	0:29:18 (2)	2:15	0:18:05 (4)	1:01:51
3	212	Paul Korte	Hannover 96 Triathlon	AK 20 (m)	3	0:10:25 (3)	2:02	0:30:18 (5)	2:22	0:17:21 (2)	1:02:28
4	215	Erik Rosenau	1.TCO Die Bären	AK 20 (m)	4	0:10:55 (5)	2:30	0:29:34 (3)	2:19	0:17:54 (3)	1:04:13 *
5	214	Markus Lüttgens	Triathlon Team Indeland	AK 20 (m)	5	0:10:53 (4)	2:17	0:30:10 (4)	2:27	0:19:53 (6)	1:05:39
6	217	Tim Lukaschack	TSV Anderten	AK 20 (m)	6	0:12:37 (6)	2:35	0:33:00 (6)	2:30	0:19:04 (5)	1:09:45

AK 20 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
DISQ	209	Kjon Frenz	Tus Rotenburg	AK 20 (m)		0:11:16 ()	2:02	0:34:37 ()	2:25	0:20:41 ()	1:11:01

AK 25 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	219	Anna Trützscher	TG Biberach	AK 25 (w)	1	0:10:14 (1)	2:10	0:32:56 (4)	2:19	0:18:56 (1)	1:06:35
2	232	Eva Zimmermann	Triathlon Club Bremen	AK 25 (w)	2	0:11:26 (5)	2:31	0:32:02 (1)	2:42	0:21:57 (3)	1:10:38
3	229	Kerstin Rohr	ASC Konstanz	AK 25 (w)	3	0:11:00 (2)	2:43	0:32:15 (2)	2:48	0:21:59 (4)	1:10:45
4	221	Gwendolin Rapp	1. Tri-Club Paderborn	AK 25 (w)	4	0:11:15 (4)	2:38	0:32:15 (2)	2:49	0:22:21 (5)	1:11:18
5	218	Leigh Knaap	MTV Aurich	AK 25 (w)	5	0:11:11 (3)	3:10	0:33:37 (5)	3:04	0:21:41 (2)	1:12:43
6	222	Anna Spindler	SV Halle Triathlon	AK 25 (w)	6	0:12:59 (6)	2:35	0:37:12 (7)	2:43	0:23:02 (6)	1:18:31
7	224	Beate Sellmann	Triathlöwen Bremen e.V.	AK 25 (w)	7	0:15:06 (7)	3:41	0:35:51 (6)	3:32	0:28:04 (7)	1:26:14

AK 25 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	225	Leif Johannsen	SG Athletico Büdelsdorf	AK 25 (m)	1	0:10:07 (2)	2:09	()		0:17:30 (2)	0:59:02
2	228	Timo Hackenjos	Sport-Union Neckarsulm	AK 25 (m)	2	0:08:50 (1)	2:04	0:29:03 (2)	2:18	0:18:02 (3)	1:00:18
3	231	Marc Günther	VfL Wolfsburg	AK 25 (m)	3	0:11:08 (3)	2:12	0:28:43 (1)	2:13	0:16:59 (1)	1:01:15
4	227	Florian Walter	Triathlöwen Bremen e.V.	AK 25 (m)	4	0:16:41 (5)	2:41	0:31:49 (3)	2:23	0:18:34 (4)	1:12:07
5	220	Steven Stürenburg	GSV Bremen	AK 25 (m)	5	0:12:24 (4)	3:00	0:34:34 (4)	3:06	0:25:03 (5)	1:18:07

AK 30 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	243	Camilla Zaage	Triathlöwen Bremen e.V.	AK 30 (w)	1	0:12:30 (2)	2:50	0:34:18 (2)	2:34	0:18:16 (1)	1:10:28
2	236	Laura Laermann	DLC Aachen	AK 30 (w)	2	0:14:42 (6)	2:27	0:34:00 (1)	2:28	0:18:59 (2)	1:12:36
3	245	Kerstin Buchzik	SV ALTENCELLE	AK 30 (w)	3	0:14:14 (5)	2:58	0:34:32 (3)	2:48	0:21:32 (4)	1:16:03
4	233	Ramona Richter	FC St. Pauli Triathlon	AK 30 (w)	4	0:13:16 (4)	3:19	0:37:25 (5)	2:46	0:19:51 (3)	1:16:38
5	235	Anna Mankowski	SV Nikar Heidelberg	AK 30 (w)	5	0:12:42 (3)	3:10	0:35:49 (4)	3:13	0:25:02 (5)	1:19:56

AK 30 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	240	Niklas Günther	Triathlöwen Bremen e.V.	AK 30 (m)	1	0:11:02 (2)	2:22	0:28:37 (2)	2:17	0:17:02 (1)	1:01:20
2	244	Oliver Reinicke	Triathlöwen Bremen e.V.	AK 30 (m)	2	0:10:46 (1)	2:31	0:28:02 (1)	2:33	0:18:29 (3)	1:02:21
3	237	Pascal Buck	SG Athletico Büdelsdorf	AK 30 (m)	3	0:11:07 (3)	2:25	0:30:09 (3)	2:30	0:17:37 (2)	1:03:48
4	234	Matthias von Rüden	Triathlon Club Bremen	AK 30 (m)	4	0:13:43 (5)	2:24	0:31:30 (4)	2:38	0:19:14 (5)	1:09:28
5	241	Andre Oellrich	Triathlon Club Bremen	AK 30 (m)	5	0:13:17 (4)	2:29	0:31:50 (5)	2:33	0:20:06 (6)	1:10:14
6	239	Jorit Rolf-Pissarczyk	Triathlöwen Bremen e.V.	AK 30 (m)	6	0:16:09 (6)	2:39	0:34:45 (6)	3:04	0:19:07 (4)	1:15:44

AK 35 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	259	Vanessa Bradler	TRISPEED Marienfeld	AK 35 (w)	1	0:12:26 (1)	2:59	0:34:12 (1)	2:53	0:22:22 (1)	1:14:52
2	256	Steffi Hänsch	Triathlonverein Dresden e.V.	AK 35 (w)	2	0:18:04 (2)	4:09	0:36:14 (2)	3:49	0:27:13 (2)	1:29:28

AK 35 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	249	Jan Stelzner	Triathlon Potsdam e.V.	AK 35 (m)	1	0:11:11 (3)	2:52	0:29:27 (5)	2:18	0:16:10 (1)	1:01:58

AK 35 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
2	258	Nicholas Lembcke	LC Nordhorn	AK 35 (m)	2	0:10:41 (1)	2:15	0:29:04 (3)	2:28	0:18:15 (4)	1:02:43
3	246	Roman Reeschke	1. Tri-Club Paderborn	AK 35 (m)	3	0:10:50 (2)	2:23	0:28:19 (1)	2:36	0:18:15 (3)	1:03:23 *
4	252	Alexander Burghardt	Trimagos e.V.	AK 35 (m)	4	0:11:45 (5)	2:44	0:29:12 (4)	2:26	0:17:35 (2)	1:03:43
5	257	Christian Dürr	TV Ochsenfurt	AK 35 (m)	5	0:12:20 (7)	2:36	0:28:38 (2)	2:36	0:18:59 (5)	1:05:09
6	248	Thorsten Schüler	Styrumer TV	AK 35 (m)	6	0:11:24 (4)	2:37	0:31:57 (7)	2:34	0:19:00 (6)	1:07:31
7	250	Sascha Schleibach	Triathlon Team Indeland	AK 35 (m)	7	0:12:13 (6)	2:54	0:32:05 (8)	2:44	0:19:52 (7)	1:09:48
8	260	Andre Ruffing	LC Nordhorn	AK 35 (m)	8	0:12:40 (8)	2:47	0:31:06 (6)	2:53	0:21:45 (8)	1:11:11
9	255	Dennis Kublanck	Triathlon Club Bremen	AK 35 (m)	9	0:13:07 (9)	3:07	0:33:19 (9)	2:54	0:22:37 (10)	1:15:04
10	247	Jörn Henschen	Triathlöwen Bremen e.V.	AK 35 (m)	10	0:16:06 (10)	2:47	0:35:28 (11)	3:00	0:22:16 (9)	1:19:37
11	251	Marc Sheppard	ESV Eintracht Hameln	AK 35 (m)	11	0:16:45 (11)	3:14	0:33:33 (10)	3:26	0:24:58 (11)	1:21:56

AK 40 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	268	Inga Hintze	BW Lohne	AK 40 (w)	1	0:13:42 (2)	2:28	0:32:53 (1)	2:45	0:20:04 (1)	1:11:52
2	278	Nina Heese	Bramfelder SV	AK 40 (w)	2	0:11:40 (1)	2:46	0:35:01 (2)	2:56	0:24:49 (3)	1:17:11
3	274	Kerstin Williams	Tri-Sport-Team Verl	AK 40 (w)	3	0:13:52 (3)	3:05	0:36:44 (3)	2:59	0:23:15 (2)	1:19:55

AK 40 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	269	Hendrik Becker	Tri Zack Rostock e.v.	AK 40 (m)	1	0:10:50 (4)	2:09	0:28:59 (2)	2:21	0:17:50 (3)	1:02:08
2	270	Dag Störmer	Eintracht Hildesheim	AK 40 (m)	2	0:10:48 (3)	2:23	0:29:01 (3)	2:31	0:17:33 (2)	1:02:17
3	264	Jonas Hafemann	ERDINGER Active TEAM	AK 40 (m)	3	0:10:44 (2)	2:13	0:28:35 (1)		()	1:03:13
4	263	Marc Putzke	Triathlöwen Bremen e.V.	AK 40 (m)	4	0:11:13 (6)	2:24	0:30:13 (6)	2:47	0:17:04 (1)	1:03:41
5	279	Arne Eschenbruch	Styrumer TV	AK 40 (m)	5	0:11:21 (7)	3:07	0:29:33 (4)	2:53	0:19:16 (7)	1:06:09
6	272	Tolger Arnold	Herner Triathlon Team	AK 40 (m)	6	0:10:51 (5)	2:17	0:32:12 (8)	2:17	0:18:43 (5)	1:06:20

AK 40 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
7	271	Jenja Mamerow	AMTV Hamburg	AK 40 (m)	7	0:10:20 (1)	2:35	0:33:06 (10)	2:19	0:18:44 (6)	1:07:04
8	262	Sebastian Körner	Triathlöwen Bremen e.V.	AK 40 (m)	8	0:11:29 (8)	2:32	0:29:35 (5)	2:39	0:21:01 (10)	1:07:17
9	267	Florian Kürner	TV Riegel TriTeam	AK 40 (m)	9	0:13:29 (10)	2:41	0:32:17 (9)	2:35	0:18:33 (4)	1:09:35
10	265	Michael Schwieca	Triathlöwen Bremen e.V.	AK 40 (m)	10	0:12:52 (9)	2:35	0:32:06 (7)	2:40	0:20:52 (9)	1:11:05
11	275	Thomas Gorniak	Bremischer Schwimmverein	AK 40 (m)	11	0:13:30 (11)	3:37	0:33:44 (11)	2:58	0:21:08 (11)	1:14:57
12	273	Jan Rettig	Triathlöwen Bremen e.V.	AK 40 (m)	12	0:14:04 (12)	3:23	0:34:43 (13)	3:28	0:20:35 (8)	1:16:13
13	282	Lars Kalbaß	EGZ TRIATHLON GÖRLITZ	AK 40 (m)	13	0:16:30 (13)	3:15	0:34:00 (12)	3:03	0:25:50 (12)	1:22:37

AK 45 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	295	Sandra Jaekel	KAIFU TRI TEAM	AK 45 (w)	1	0:13:10 (2)	2:55	0:33:05 (2)	2:47	0:22:03 (1)	1:14:01
2	283	Carolin Bernhart	Triathlöwen Bremen e.V.	AK 45 (w)	2	0:12:21 (1)	2:59	0:36:22 (3)	3:11	0:23:52 (2)	1:18:44
3	284	Stefanie Annika Wasmundt	Sport-Club Itzehoe	AK 45 (w)	3	0:16:26 (4)	2:39	0:32:42 (1)	3:11	0:23:57 (3)	1:18:55
4	298	Martina Laprell	TV Erkelenz 1860 e.V.	AK 45 (w)	4	0:16:01 (3)	3:27	0:37:35 (4)	3:19	0:25:47 (4)	1:26:08
5	285	Angela Bohn	MTV Aurich	AK 45 (w)	5	0:17:48 (5)	3:51	0:40:22 (5)	3:41	0:27:38 (5)	1:33:20
6	299	Katja Ramm	Triabolos e.V	AK 45 (w)	6	0:18:13 (6)	3:36	0:41:20 (6)	3:40	0:27:43 (6)	1:34:31

AK 45 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	288	Martin Raeder	SV Großhansdorf	AK 45 (m)	1	0:11:53 (5)	2:28	0:29:25 (2)	2:26	0:18:50 (2)	1:05:02
2	286	Martin Drüke	Soprema Team TSV Mannheim	AK 45 (m)	2	0:12:52 (6)	3:12	0:29:09 (1)	2:56	0:17:58 (1)	1:06:05
3	293	Steffen Kunkel	SV Dachau	AK 45 (m)	3	0:11:31 (2)	2:32	0:30:35 (4)	2:34	0:19:16 (4)	1:06:27
4	287	RAIK Hellwig	Trisport Schwerin	AK 45 (m)	4	0:14:05 (8)	2:24	0:29:43 (3)	2:33	0:19:37 (5)	1:08:23
5	291	Oliver Sebrantke	LC Hansa Stuhr Tri-Wölfe	AK 45 (m)	5	0:12:54 (7)	2:28	0:32:11 (8)	2:27	0:18:52 (3)	1:08:52
6	294	Patrick Kaiser	TV Scheeßel	AK 45 (m)	6	0:11:51 (4)	2:52	0:30:51 (5)	3:00	0:22:13 (6)	1:10:47

AK 45 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
7	292	Nicolas Speeck	Triathlon Potsdam e.V.	AK 45 (m)	7	0:11:43 (3)	2:48	0:31:55 (7)	2:56	0:22:38 (7)	1:11:59
8	290	Kai Beinke	TG Ennigloh	AK 45 (m)	8	0:11:20 (1)	2:51	0:31:47 (6)	3:16	0:23:39 (8)	1:12:53

AK 50 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	322	Bettina Lange	TSV Bargteheide Tri	AK 50 (w)	1	0:10:19 (1)	2:26	0:33:17 (1)	2:36	0:21:55 (1)	1:10:33
2	308	Mira Buchmann	Spiridon Club Bad Oldesloe	AK 50 (w)	2	0:14:15 (7)	2:51	0:34:04 (2)	2:57	0:22:50 (2)	1:16:56
3	309	Kristin Beck	TSV Anderten	AK 50 (w)	3	0:12:48 (4)	3:13	0:34:17 (3)	3:16	0:23:26 (3)	1:17:00
4	303	Bettina Beinke	TG Ennigloh	AK 50 (w)	4	0:11:10 (2)	3:32	0:34:23 (4)	3:13	0:25:24 (6)	1:17:41
5	314	Tanja Weber	Triathlon Wetterau	AK 50 (w)	5	0:12:57 (5)	3:00	0:35:30 (5)	3:03	0:23:50 (4)	1:18:19
6	320	Narda Liliana Forero-Gonzalez	TSVE 1890 BIELEFELD	AK 50 (w)	6	0:11:29 (3)	2:58	0:37:14 (6)	3:05	0:24:19 (5)	1:19:04
7	325	Elke Andersen	TSV Bargteheide Tri	AK 50 (w)	7	0:15:26 (8)	3:51	0:38:30 (7)	3:33	0:25:56 (7)	1:27:17
8	323	Anke Rath	TSV Bargteheide Tri	AK 50 (w)	8	0:14:07 (6)	3:29	0:40:58 (8)	4:20	0:27:07 (8)	1:30:02

AK 50 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	321	Michael Böhler	MTV Kronberg Triathlon	AK 50 (m)	1	0:10:24 (2)	2:35	0:31:15 (5)	2:32	0:18:41 (1)	1:05:27
2	300	Folke Kaben	LG Steinlach-Hohenzollern	AK 50 (m)	2	0:10:34 (3)	2:40	0:30:45 (2)	2:29	0:19:00 (3)	1:05:28
3	302	Clemens Köster	MTV Aurich	AK 50 (m)	3	0:12:19 (6)	2:45	0:30:27 (1)	2:34	0:20:00 (6)	1:08:05
4	301	Thomas Landes	Volllast TriTeam Schongau	AK 50 (m)	4	0:10:41 (4)	2:49	0:32:24 (7)	2:47	0:19:46 (5)	1:08:28
5	318	Tony Clare	SV Gelnhausen 1924 e.V.	AK 50 (m)	5	0:13:34 (11)	3:32	0:30:47 (3)	2:44	0:18:50 (2)	1:09:27
6	305	KARSTEN LÜCKE	Buxtehuder Sportverein	AK 50 (m)	6	0:12:41 (8)	2:58	0:32:07 (6)	2:52	0:19:36 (4)	1:10:13
7	311	Sascha Severin	LT Starlight Team Essen	AK 50 (m)	7	0:13:09 (10)	3:03	0:30:50 (4)	2:51	0:20:49 (8)	1:10:42
8	310	Jörg Pipo	TSV Ottobrunn	AK 50 (m)	8	0:11:43 (5)	2:43	0:32:36 (8)	2:51	0:21:50 (9)	1:11:43

AK 50 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
9	306	Karsten Busse	Tus Rotenburg	AK 50 (m)	9	0:12:49 (9)	2:54	0:34:47 (11)	2:51	0:23:48 (11)	1:17:09
10	313	Jens Emmrich	Garbsener SC	AK 50 (m)	10	0:14:55 (12)	3:17	0:33:52 (9)	3:21	0:22:40 (10)	1:18:06
11	326	Leif Borlinghaus	MC. Pirate e.V.	AK 50 (m)	11	0:17:27 (14)	3:27	0:35:06 (12)	3:41	0:20:40 (7)	1:20:20
12	317	Gordon Krull	MTV Aurich	AK 50 (m)	12	0:12:21 (7)		()	3:18	0:25:36 (12)	1:20:24
13	327	Rüdiger Braun	Kraichgau Triathlon e.V.	AK 50 (m)	13	0:15:20 (13)	3:17	0:34:26 (10)	3:41	0:25:58 (13)	1:22:43

AK 55 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	343	Petra Stöppler	Marathon Steinfurt	AK 55 (w)	1	0:12:11 (2)	2:23	0:33:37 (1)	2:47	0:21:29 (3)	1:12:26
2	360	Katjana Quest-Altrogge	Krefelder Kanu Klub	AK 55 (w)	2	0:12:15 (4)	2:32	0:33:54 (2)	2:42	0:21:19 (2)	1:12:40
3	335	Antje Ungewickell	TuS Neukölln Berlin Triathlon	AK 55 (w)	3	0:12:47 (7)	3:02	0:34:21 (5)	3:04	0:21:06 (1)	1:14:20
4	331	Silke Heidemann	TSV Amicitia Viernheim	AK 55 (w)	4	0:11:34 (1)	2:42	0:34:01 (3)	2:53	0:23:26 (5)	1:14:35
5	336	Britta Hinrichs	1.TCO Die Bären	AK 55 (w)	5	0:12:13 (3)	3:16	0:34:16 (4)	3:15	0:23:38 (6)	1:16:39
6	362	Elke Böhler	MTV Kronberg Triathlon	AK 55 (w)	6	0:12:41 (6)	3:07	0:37:03 (9)	3:09	0:23:22 (4)	1:19:22
7	354	Beatrix Müller-Döll	Tri-Sport-Team Verl	AK 55 (w)	7	0:15:10 (10)	2:45	0:35:15 (6)	3:03	0:23:52 (7)	1:20:06
8	349	Karen Bertram	TRI-JOY-IMMENSEN-ARPKE	AK 55 (w)	8	0:14:21 (8)		()	3:22	0:24:21 (8)	1:20:54
9	348	Iris Wien	TSV Anderten	AK 55 (w)	9	0:12:22 (5)	3:30	0:35:27 (7)	3:21	0:27:12 (10)	1:21:51
10	357	Steffi Meyers	M.Gladbacher TV 1848	AK 55 (w)	10	0:15:33 (11)	3:23	0:36:51 (8)	3:27	0:25:53 (9)	1:25:06
11	365	Silke Weier	Marathon-Club Menden	AK 55 (w)	11	0:15:06 (9)	4:22	0:42:13 (10)	4:09	0:32:52 (11)	1:38:41

AK 55 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	328	Udo van Stevendaal	SV Großhansdorf	AK 55 (m)	1	0:11:40 (5)	2:18	0:28:51 (1)	2:22	0:17:19 (1)	1:02:29
2	334	Tobias Oelmaier	KTT 01	AK 55 (m)	2	0:10:50 (2)	2:31	0:30:47 (4)	2:34	0:19:37 (3)	1:06:18
3	353	Michael Bock	Tri-Team Freiburg	AK 55 (m)	3	0:11:03 (3)	2:21	0:30:49 (5)	2:47	0:20:58 (4)	1:07:57

AK 55 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
4	332	Achim Groenhagen	MTV Aurich	AK 55 (m)	4	0:13:50 (13)	3:03	0:30:21 (2)	2:30	0:18:29 (2)	1:08:13
5	342	Edward Hugh Williams	Tri-Sport-Team Verl	AK 55 (m)	5	0:11:17 (4)	2:48	0:32:12 (7)	2:44	0:21:13 (5)	1:10:14
6	346	Udo Gremke	TSV Anderten	AK 55 (m)	6	0:12:10 (6)	3:03	0:30:28 (3)	3:04	0:23:18 (9)	1:12:03
7	330	Eckart Eickhoff	1. Nienburger SC	AK 55 (m)	7	0:12:51 (10)	3:39	0:32:43 (8)	3:00	0:22:39 (8)	1:14:52
8	347	Matthias Zierle	BSFG Porsche Triathlon	AK 55 (m)	8	0:14:33 (15)	3:25	0:31:00 (6)	3:35	0:22:27 (7)	1:15:00
9	358	Manfred Wittenbrock	Tri-Sport-Team Verl	AK 55 (m)	9	0:15:31 (18)	3:28	0:33:07 (9)	3:10	0:21:57 (6)	1:17:13
10	359	Robert Becker	TRISPEED Marienfeld	AK 55 (m)	10	0:12:14 (7)	3:17	0:34:14 (12)	3:06	0:24:32 (12)	1:17:22
11	338	Lüder Kruse	Triathlon Club Bremen	AK 55 (m)	11	0:12:43 (9)	3:15	0:35:06 (13)	3:11	0:24:53 (14)	1:19:09
12	329	Jens Kramer	VfL Westercelle	AK 55 (m)	12	0:12:25 (8)	2:56	0:36:55 (17)	3:31	0:24:04 (11)	1:19:51
13	333	Ulrich Krause	Marathon-Club Menden	AK 55 (m)	13	0:13:45 (12)	4:29	0:33:47 (10)	3:37	0:25:20 (16)	1:20:57
14	351	Dirk Eichholz	1.TCO Die Bären	AK 55 (m)	14	0:15:04 (17)	3:03	0:36:00 (15)	3:24	0:24:42 (13)	1:22:13
15	339	Ulf Harnack	OT Bremen	AK 55 (m)	15	0:13:26 (11)	3:27	0:35:32 (14)	3:21	0:27:19 (17)	1:23:04
16	352	Michael Zimmermann	MTV Aurich	AK 55 (m)	16	0:14:05 (14)	3:24	0:37:42 (18)	3:36	0:25:04 (15)	1:23:50
17	366	Stefan Pohl	MRRRC München	AK 55 (m)	17	0:18:00 (19)	3:55	0:36:20 (16)	4:18	0:23:57 (10)	1:26:30

AK 60 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	374	Britta Schindewolf	VfB Salzkotten	AK 60 (w)	1	0:11:25 (1)	3:11	0:34:34 (1)	3:28	0:24:59 (1)	1:17:37
2	373	Roswitha Ebel	SC Langenhagen	AK 60 (w)	2	0:15:36 (5)	3:47	0:37:50 (2)	3:48	0:27:08 (3)	1:28:09
3	387	Angela Boczek	Tus Rotenburg	AK 60 (w)	3	0:15:32 (3)	3:20	0:38:07 (3)	3:26	0:28:45 (4)	1:29:11
4	379	Doris Lobedann	EGZ TRIATHLON GÖRLITZ	AK 60 (w)	4	0:16:20 (6)		()		0:26:56 (2)	1:30:58
5	390	Petra Knoop	LC Bingen	AK 60 (w)	5	0:15:34 (4)	3:34	0:39:35 (4)	3:52	0:29:07 (5)	1:31:41
6	389	Marianne Kühmel-Saleh	Tria Echterdingen	AK 60 (w)	6	0:13:48 (2)	4:00	0:40:40 (5)	4:21	0:33:16 (7)	1:36:05
7	393	Ulla Chwalisz	MRRRC München	AK 60 (w)	7	0:19:38 (7)	4:17	0:44:41 (6)	5:46	0:30:05 (6)	1:44:25

AK 60 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	381	Hermann-Josef Limburg	ERDINGER Active TEAM	AK 60 (m)	1	0:12:41 (5)	2:34	0:30:26 (2)	2:36	0:20:22 (2)	1:08:39
2	368	Frank Mömkes	LC Hansa Stuhr Tri-Wölfe	AK 60 (m)	2	0:11:42 (2)	2:59	0:31:27 (3)	2:59	0:21:54 (4)	1:11:02
3	371	Ralf Weier	Marathon-Club Menden	AK 60 (m)	3	0:12:18 (3)	3:06	0:30:18 (1)	2:54	0:22:36 (5)	1:11:10
4	377	Peter Uhl	Buxtehuder Sportverein	AK 60 (m)	4	0:13:29 (7)	2:46	0:32:49 (4)	2:47	0:20:15 (1)	1:12:06
5	378	Axel Fricke	Buxtehuder Sportverein	AK 60 (m)	5	0:15:15 (9)		()		()	1:13:07
6	376	Klaus Backus	Krefelder Kanu Klub	AK 60 (m)	6	0:12:42 (6)	2:54	0:34:07 (5)	2:59	0:21:42 (3)	1:14:34 *
7	375	Erk Heinßen	Stader SV	AK 60 (m)	7	0:11:34 (1)	3:03	0:34:27 (6)	3:06	0:24:15 (6)	1:16:25
8	382	Franz-Josef Thölking	Tri-Geckos Dortmund	AK 60 (m)	8	0:12:32 (4)	3:10	0:36:14 (9)	3:40	0:25:46 (9)	1:21:22
9	385	Stefan Hebecker	Buxtehuder Sportverein	AK 60 (m)	9	0:15:27 (10)	3:57	0:35:28 (7)	3:31	0:25:12 (7)	1:23:36
10	384	Frank Zöllner	USC Kiel	AK 60 (m)	10	0:15:09 (8)	3:08	0:36:06 (8)	3:30	0:28:37 (12)	1:26:39 *
11	380	Stefan Riederle	Triathlon Günzburg	AK 60 (m)	11	0:17:20 (13)	3:57	0:36:25 (10)	3:51	0:26:32 (11)	1:28:05
12	383	Ulrich Schumacher	Tri-Sport-Team Verl	AK 60 (m)	12	0:16:02 (11)	4:23	0:39:19 (11)	3:24	0:25:35 (8)	1:28:43
13	372	Thomas Wulle	MTV Aurich	AK 60 (m)	13	0:16:19 (12)	4:32	0:39:25 (12)	4:14	0:26:24 (10)	1:30:53

AK 65 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	395	Sylvia Wöscher	Triathlon Team Rheinberg	AK 65 (w)	1	0:14:57 (1)	4:16	0:36:01 (1)	3:54	0:29:29 (1)	1:28:37

AK 65 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	407	Lothar Stall	TSG 07 Burg Gretesch	AK 65 (m)	1	0:11:28 (1)	2:40	0:32:11 (1)	2:51	0:22:42 (4)	1:11:52
2	405	Gerhard Schlüter	Tri-Sport-Team Verl	AK 65 (m)	2	0:12:59 (3)	2:39	0:33:31 (3)	2:39	0:20:55 (1)	1:12:43
3	402	Jürgen Balg	Tri-Sport-Team Verl	AK 65 (m)	3	0:12:39 (2)	3:14	0:33:13 (2)	2:51	0:21:44 (2)	1:13:41
4	396	Ralf Laermann	TV 1848 Mönchengladbach e.V.	AK 65 (m)	4	0:13:32 (5)	3:00	0:34:30 (5)	2:49	0:22:20 (3)	1:16:10
5	403	Andreas Schmidt	SG Union Sandersdorf	AK 65 (m)	5	0:15:18 (6)	2:59	0:34:09 (4)	3:00	0:23:10 (6)	1:18:36

AK 65 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
6	401	Wolfgang Trebesch	MTV Aurich	AK 65 (m)	6	0:15:23 (7)	4:17	0:35:57 (7)	3:44	0:25:07 (7)	1:24:28
7	400	Helmut Bobka	MTV Aurich	AK 65 (m)	7	0:16:33 (9)	3:32	0:35:47 (6)	3:26	0:26:33 (8)	1:25:50
8	397	Rüdiger Müller	Tria Equipe Elz	AK 65 (m)	8	0:13:32 (4)	4:22	0:36:47 (8)	3:44	0:27:38 (9)	1:26:02
9	399	Christof Blume	TSV Schwarme	AK 65 (m)	9	0:16:06 (8)	4:49	0:40:52 (10)	3:23	0:23:10 (5)	1:28:20
10	406	Ulrich Müller	ERDINGER Active TEAM	AK 65 (m)	10	0:19:43 (10)	5:28	0:37:24 (9)	4:09	0:31:58 (10)	1:38:42

AK 70 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	414	Monika Wille	Ute Mückel Triathlon e.V.	AK 70 (w)	1	0:18:37 (1)	5:35	0:38:30 (1)	3:56	0:27:26 (1)	1:34:04

AK 70 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	408	Martin Burkhardt	TV 1860 Mußbach	AK 70 (m)	1	0:13:03 (1)	3:29	0:34:26 (1)	3:15	0:23:39 (1)	1:17:51
2	410	Klaus Kasten	LC Bingen	AK 70 (m)	2	0:14:46 (2)	3:23	0:37:09 (2)	3:32	0:25:31 (3)	1:24:21
3	409	Ferdinand Karnath	TuS Neukölln Berlin Triathlon	AK 70 (m)	3	0:17:54 (3)	3:39	0:38:36 (3)	3:59	0:25:16 (2)	1:29:24

AK 75 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	415	Inge Stettner	Triathlon Potsdam e.V.	AK 75 (w)	1	0:18:24 (1)	4:42	0:39:59 (1)	3:34	0:27:42 (1)	1:34:21

AK 75 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	418	Hermann Dorner	TuS Griesheim	AK 75 (m)	1	0:17:41 (3)	3:47	0:36:29 (1)	3:17	0:26:27 (1)	1:27:41
2	419	Helke Wannewitz	Triathlonverein Fürstenwalde 1990 e.V.	AK 75 (m)	2	0:16:51 (2)	4:25	0:39:22 (4)	4:04	0:29:02 (3)	1:33:44
3	417	Dr.Günther Scheibehenne	SC Hinterland	AK 75 (m)	3	0:19:34 (5)	5:27	0:40:13 (5)	5:34	0:28:13 (2)	1:39:00
4	420	Werner Nesseler	TSG 1861 Kaiserslautern	AK 75 (m)	4	0:18:41 (4)	4:40	0:39:10 (3)	4:41	0:32:52 (4)	1:40:04
5	416	Roland Bianchin	TSV'92 Freiberg e. V.	AK 75 (m)	5	0:15:20 (1)	6:11	0:37:46 (2)	4:46	0:37:08 (5)	1:41:11

AK 85 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	424	Horst Greb	TSR Olympia Wilhelmshaven	AK 85 (m)	1	0:18:35 (1)		()		()	1:57:21

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	219	Anna Trützscher	TG Biberach	AK 25 (w)	1	0:10:14 (2)	2:10	0:32:56 (7)	2:19	0:18:56 (2)	1:06:35
2	213	Kim Heidemann	TCEC Mainz	AK 20 (w)	1	0:10:48 (5)	2:19	0:32:58 (8)	2:33	0:20:05 (7)	1:08:44
3	207	Greta Scholz	Hannover 96 Triathlon	AK 20 (w)	2	0:10:46 (4)	2:18	0:33:14 (10)	2:34	0:20:23 (8)	1:09:15
4	203	Anne Schmidhuber	TSV 1928 Essleben e. V.	Junioren (w)	1	0:14:03 (36)	3:06	0:31:10 (1)	2:46	0:19:13 (4)	1:10:18
5	243	Camilla Zaage	Triathlöwen Bremen e.V.	AK 30 (w)	1	0:12:30 (22)	2:50	0:34:18 (21)	2:34	0:18:16 (1)	1:10:28
6	322	Bettina Lange	TSV Bargteheide Tri	AK 50 (w)	1	0:10:19 (3)	2:26	0:33:17 (11)	2:36	0:21:55 (15)	1:10:33
7	232	Eva Zimmermann	Triathlon Club Bremen	AK 25 (w)	2	0:11:26 (11)	2:31	0:32:02 (2)	2:42	0:21:57 (16)	1:10:38
8	229	Kerstin Rohr	ASC Konstanz	AK 25 (w)	3	0:11:00 (6)	2:43	0:32:15 (3)	2:48	0:21:59 (17)	1:10:45
9	221	Gwendolin Rapp	1. Tri-Club Paderborn	AK 25 (w)	4	0:11:15 (9)	2:38	0:32:15 (3)	2:49	0:22:21 (20)	1:11:18
10	268	Inga Hintze	BW Lohne	AK 40 (w)	1	0:13:42 (33)	2:28	0:32:53 (6)	2:45	0:20:04 (6)	1:11:52
11	343	Petra Stöppler	Marathon Steinfurt	AK 55 (w)	1	0:12:11 (16)	2:23	0:33:37 (12)	2:47	0:21:29 (12)	1:12:26
12	236	Laura Laermann	DLC Aachen	AK 30 (w)	2	0:14:42 (41)	2:27	0:34:00 (15)	2:28	0:18:59 (3)	1:12:36
13	360	Katjana Quest-Altrogge	Krefelder Kanu Klub	AK 55 (w)	2	0:12:15 (18)	2:32	0:33:54 (14)	2:42	0:21:19 (11)	1:12:40
14	218	Leigh Knaap	MTV Aurich	AK 25 (w)	5	0:11:11 (8)	3:10	0:33:37 (13)	3:04	0:21:41 (14)	1:12:43
15	216	Fenja Dibbern	SG Athletico Büdelsdorf	AK 20 (w)	3	0:11:37 (14)	2:18	0:35:24 (28)	2:35	0:20:59 (9)	1:12:53
16	295	Sandra Jaekel	KAIFU TRI TEAM	AK 45 (w)	1	0:13:10 (31)	2:55	0:33:05 (9)	2:47	0:22:03 (18)	1:14:01
17	335	Antje Ungewickell	TuS Neukölln Berlin Triathlon	AK 55 (w)	3	0:12:47 (26)	3:02	0:34:21 (22)	3:04	0:21:06 (10)	1:14:20
18	331	Silke Heidemann	TSV Amicitia Viernheim	AK 55 (w)	4	0:11:34 (13)	2:42	0:34:01 (16)	2:53	0:23:26 (26)	1:14:35
19	259	Vanessa Bradler	TRISPEED Marienfeld	AK 35 (w)	1	0:12:26 (21)	2:59	0:34:12 (18)	2:53	0:22:22 (21)	1:14:52
20	245	Kerstin Buchzik	SV ALTENCELLE	AK 30 (w)	3	0:14:14 (38)	2:58	0:34:32 (24)	2:48	0:21:32 (13)	1:16:03
21	233	Ramona Richter	FC St. Pauli Triathlon	AK 30 (w)	4	0:13:16 (32)	3:19	0:37:25 (43)	2:46	0:19:51 (5)	1:16:38
22	336	Britta Hinrichs	1.TCO Die Bären	AK 55 (w)	5	0:12:13 (17)	3:16	0:34:16 (19)	3:15	0:23:38 (28)	1:16:39
23	308	Mira Buchmann	Spiridon Club Bad Oldesloe	AK 50 (w)	2	0:14:15 (39)	2:51	0:34:04 (17)	2:57	0:22:50 (22)	1:16:56
24	309	Kristin Beck	TSV Anderten	AK 50 (w)	3	0:12:48 (27)	3:13	0:34:17 (20)	3:16	0:23:26 (27)	1:17:00
25	278	Nina Heese	Bramfelder SV	AK 40 (w)	2	0:11:40 (15)	2:46	0:35:01 (26)	2:56	0:24:49 (35)	1:17:11
26	206	Saskia Schmidt	TV 1906 Hülsenbusch	Junioren (w)	2	0:12:44 (25)	2:38	0:37:02 (38)	2:47	0:22:08 (19)	1:17:18
27	374	Britta Schindewolf	VfB Salzkotten	AK 60 (w)	1	0:11:25 (10)	3:11	0:34:34 (25)	3:28	0:24:59 (36)	1:17:37

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
28	303	Bettina Beinke	TG Ennigloh	AK 50 (w)	4	0:11:10 (7)	3:32	0:34:23 (23)	3:13	0:25:24 (38)	1:17:41
29	314	Tanja Weber	Triathlon Wetterau	AK 50 (w)	5	0:12:57 (29)	3:00	0:35:30 (30)	3:03	0:23:50 (29)	1:18:19
30	222	Anna Spindler	SV Halle Triathlon	AK 25 (w)	6	0:12:59 (30)	2:35	0:37:12 (41)	2:43	0:23:02 (23)	1:18:31
31	283	Carolin Bernhart	Triathlöwen Bremen e.V.	AK 45 (w)	2	0:12:21 (19)	2:59	0:36:22 (35)	3:11	0:23:52 (30)	1:18:44
32	284	Stefanie Annika Wasmundt	Sport-Club Itzehoe	AK 45 (w)	3	0:16:26 (53)	2:39	0:32:42 (5)	3:11	0:23:57 (32)	1:18:55
33	320	Narda Liliana Forero-Gonzalez	TSVE 1890 BIELEFELD	AK 50 (w)	6	0:11:29 (12)	2:58	0:37:14 (42)	3:05	0:24:19 (33)	1:19:04
34	362	Elke Böhler	MTV Kronberg Triathlon	AK 55 (w)	6	0:12:41 (23)	3:07	0:37:03 (39)	3:09	0:23:22 (25)	1:19:22
35	274	Kerstin Williams	Tri-Sport-Team Verl	AK 40 (w)	3	0:13:52 (35)	3:05	0:36:44 (36)	2:59	0:23:15 (24)	1:19:55
36	235	Anna Mankowski	SV Nikar Heidelberg	AK 30 (w)	5	0:12:42 (24)	3:10	0:35:49 (31)	3:13	0:25:02 (37)	1:19:56
37	354	Beatrix Müller-Döll	Tri-Sport-Team Verl	AK 55 (w)	7	0:15:10 (45)	2:45	0:35:15 (27)	3:03	0:23:52 (31)	1:20:06
38	349	Karen Bertram	TRI-JOY-IMMENSEN-ARPKE	AK 55 (w)	8	0:14:21 (40)		()	3:22	0:24:21 (34)	1:20:54
39	348	Iris Wien	TSV Anderten	AK 55 (w)	9	0:12:22 (20)	3:30	0:35:27 (29)	3:21	0:27:12 (45)	1:21:51
40	208	Moya Kebbel	VSK Osterholz-Scharmbeck	AK 20 (w)	4	0:12:51 (28)	2:47	0:37:08 (40)	3:03	0:27:21 (47)	1:23:09
41	357	Steffi Meyers	M.Gladbacher TV 1848	AK 55 (w)	10	0:15:33 (48)	3:23	0:36:51 (37)	3:27	0:25:53 (40)	1:25:06
42	298	Martina Laprell	TV Erkelenz 1860 e.V.	AK 45 (w)	4	0:16:01 (51)	3:27	0:37:35 (44)	3:19	0:25:47 (39)	1:26:08
43	224	Beate Sellmann	Triathlöwen Bremen e.V.	AK 25 (w)	7	0:15:06 (43)	3:41	0:35:51 (32)	3:32	0:28:04 (52)	1:26:14
44	325	Elke Andersen	TSV Bargteheide Tri	AK 50 (w)	7	0:15:26 (46)	3:51	0:38:30 (47)	3:33	0:25:56 (41)	1:27:17
45	373	Roswitha Ebel	SC Langenhagen	AK 60 (w)	2	0:15:36 (50)	3:47	0:37:50 (45)	3:48	0:27:08 (44)	1:28:09
46	395	Sylvia Wöscher	Triathlon Team Rheinberg	AK 65 (w)	1	0:14:57 (42)	4:16	0:36:01 (33)	3:54	0:29:29 (55)	1:28:37
47	387	Angela Boczek	Tus Rotenburg	AK 60 (w)	3	0:15:32 (47)	3:20	0:38:07 (46)	3:26	0:28:45 (53)	1:29:11
48	256	Steffi Hänsch	Triathlonverein Dresden e.V.	AK 35 (w)	2	0:18:04 (55)	4:09	0:36:14 (34)	3:49	0:27:13 (46)	1:29:28
49	323	Anke Rath	TSV Bargteheide Tri	AK 50 (w)	8	0:14:07 (37)	3:29	0:40:58 (53)	4:20	0:27:07 (43)	1:30:02
50	379	Doris Lobedann	EGZ TRIATHLON GÖRLITZ	AK 60 (w)	4	0:16:20 (52)		()		0:26:56 (42)	1:30:58
51	390	Petra Knoop	LC Bingen	AK 60 (w)	5	0:15:34 (49)	3:34	0:39:35 (49)	3:52	0:29:07 (54)	1:31:41
52	285	Angela Bohn	MTV Aurich	AK 45 (w)	5	0:17:48 (54)	3:51	0:40:22 (51)	3:41	0:27:38 (49)	1:33:20
53	414	Monika Wille	Ute Mückel Triathlon e.V.	AK 70 (w)	1	0:18:37 (58)	5:35	0:38:30 (47)	3:56	0:27:26 (48)	1:34:04
54	415	Inge Stettner	Triathlon Potsdam e.V.	AK 75 (w)	1	0:18:24 (57)	4:42	0:39:59 (50)	3:34	0:27:42 (50)	1:34:21

Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
55	299	Katja Ramm	Triabolos e.V	AK 45 (w)	6	0:18:13 (56)	3:36	0:41:20 (54)	3:40	0:27:43 (51)	1:34:31
56	389	Marianne Kühmel-Saleh	Tria Echterdingen	AK 60 (w)	6	0:13:48 (34)	4:00	0:40:40 (52)	4:21	0:33:16 (58)	1:36:05
57	365	Silke Weier	Marathon-Club Menden	AK 55 (w)	11	0:15:06 (44)	4:22	0:42:13 (55)	4:09	0:32:52 (57)	1:38:41
58	393	Ulla Chwalisz	MRRRC München	AK 60 (w)	7	0:19:38 (59)	4:17	0:44:41 (56)	5:46	0:30:05 (56)	1:44:25

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	225	Leif Johannsen	SG Athletico Büdelsdorf	AK 25 (m)	1	0:10:07 (5)	2:09	()		0:17:30 (8)	0:59:02
2	228	Timo Hackenjos	Sport-Union Neckarsulm	AK 25 (m)	2	0:08:50 (2)	2:04	0:29:03 (11)	2:18	0:18:02 (17)	1:00:18
3	211	Tim Mignon	Hannover 96 Triathlon	AK 20 (m)	1	0:10:12 (6)	2:13	0:28:59 (9)	2:10	0:17:20 (6)	1:00:55
4	231	Marc Günther	VfL Wolfsburg	AK 25 (m)	3	0:11:08 (26)	2:12	0:28:43 (6)	2:13	0:16:59 (2)	1:01:15
5	240	Niklas Günther	Triathlöwen Bremen e.V.	AK 30 (m)	1	0:11:02 (23)	2:22	0:28:37 (4)	2:17	0:17:02 (3)	1:01:20
6	210	Max Lou Kerth	Hannover 96 Triathlon	AK 20 (m)	2	0:10:06 (4)	2:07	0:29:18 (15)	2:15	0:18:05 (18)	1:01:51
7	249	Jan Stelzner	Triathlon Potsdam e.V.	AK 35 (m)	1	0:11:11 (27)	2:52	0:29:27 (17)	2:18	0:16:10 (1)	1:01:58
8	269	Hendrik Becker	Tri Zack Rostock e.v.	AK 40 (m)	1	0:10:50 (19)	2:09	0:28:59 (8)	2:21	0:17:50 (13)	1:02:08
9	270	Dag Störmer	Eintracht Hildesheim	AK 40 (m)	2	0:10:48 (16)	2:23	0:29:01 (10)	2:31	0:17:33 (10)	1:02:17
10	244	Oliver Reinicke	Triathlöwen Bremen e.V.	AK 30 (m)	2	0:10:46 (15)	2:31	0:28:02 (1)	2:33	0:18:29 (21)	1:02:21
11	212	Paul Korte	Hannover 96 Triathlon	AK 20 (m)	3	0:10:25 (9)	2:02	0:30:18 (26)	2:22	0:17:21 (7)	1:02:28
12	328	Udo van Stevendaal	SV Großhansdorf	AK 55 (m)	1	0:11:40 (38)	2:18	0:28:51 (7)	2:22	0:17:19 (5)	1:02:29
13	258	Nicholas Lembcke	LC Nordhorn	AK 35 (m)	2	0:10:41 (12)	2:15	0:29:04 (12)	2:28	0:18:15 (20)	1:02:43
14	264	Jonas Hafemann	ERDINGER Active TEAM	AK 40 (m)	3	0:10:44 (14)	2:13	0:28:35 (3)		()	1:03:13
15	246	Roman Reeschke	1. Tri-Club Paderborn	AK 35 (m)	3	0:10:50 (18)	2:23	0:28:19 (2)	2:36	0:18:15 (19)	1:03:23 *
16	263	Marc Putzke	Triathlöwen Bremen e.V.	AK 40 (m)	4	0:11:13 (28)	2:24	0:30:13 (24)	2:47	0:17:04 (4)	1:03:41
17	252	Alexander Burghardt	Trimagos e.V.	AK 35 (m)	4	0:11:45 (42)	2:44	0:29:12 (14)	2:26	0:17:35 (11)	1:03:43
18	237	Pascal Buck	SG Athletico Büdelsdorf	AK 30 (m)	3	0:11:07 (25)	2:25	0:30:09 (22)	2:30	0:17:37 (12)	1:03:48
19	215	Erik Rosenau	1.TCO Die Bären	AK 20 (m)	4	0:10:55 (22)	2:30	0:29:34 (19)	2:19	0:17:54 (14)	1:04:13 *

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
20	288	Martin Raeder	SV Großhansdorf	AK 45 (m)	1	0:11:53 (44)	2:28	0:29:25 (16)	2:26	0:18:50 (28)	1:05:02
21	257	Christian Dürr	TV Ochsenfurt	AK 35 (m)	5	0:12:20 (50)	2:36	0:28:38 (5)	2:36	0:18:59 (31)	1:05:09
22	202	Eric Jäger	Eintracht Frankfurt Triathlon	Junioren (m)	1	0:10:29 (10)	2:14	0:32:03 (49)	2:29	0:17:56 (15)	1:05:10
23	204	Finn Willars	Tri-Team SV Gerolstein	Junioren (m)	2	0:11:16 (29)	2:37	0:31:23 (41)	2:29	0:17:30 (9)	1:05:16
24	321	Michael Böhler	MTV Kronberg Triathlon	AK 50 (m)	1	0:10:24 (8)	2:35	0:31:15 (40)	2:32	0:18:41 (25)	1:05:27
25	300	Folke Kaben	LG Steinlach-Hohenzollern	AK 50 (m)	2	0:10:34 (11)	2:40	0:30:45 (32)	2:29	0:19:00 (32)	1:05:28
26	214	Markus Lüttgens	Triathlon Team Indeland	AK 20 (m)	5	0:10:53 (21)	2:17	0:30:10 (23)	2:27	0:19:53 (44)	1:05:39
27	286	Martin Drüke	Soprema Team TSV Mannheim	AK 45 (m)	2	0:12:52 (64)	3:12	0:29:09 (13)	2:56	0:17:58 (16)	1:06:05
28	279	Arne Eschenbruch	Styrumer TV	AK 40 (m)	5	0:11:21 (32)	3:07	0:29:33 (18)	2:53	0:19:16 (37)	1:06:09
29	334	Tobias Oelmaier	KTT 01	AK 55 (m)	2	0:10:50 (17)	2:31	0:30:47 (34)	2:34	0:19:37 (40)	1:06:18
30	272	Tolger Arnold	Herner Triathlon Team	AK 40 (m)	6	0:10:51 (20)	2:17	0:32:12 (56)	2:17	0:18:43 (26)	1:06:20
31	293	Steffen Kunkel	SV Dachau	AK 45 (m)	3	0:11:31 (36)	2:32	0:30:35 (31)	2:34	0:19:16 (38)	1:06:27
32	271	Jenja Mamerow	AMTV Hamburg	AK 40 (m)	7	0:10:20 (7)	2:35	0:33:06 (63)	2:19	0:18:44 (27)	1:07:04
33	262	Sebastian Körner	Triathlöwen Bremen e.V.	AK 40 (m)	8	0:11:29 (35)	2:32	0:29:35 (20)	2:39	0:21:01 (55)	1:07:17
34	248	Thorsten Schüler	Styrumer TV	AK 35 (m)	6	0:11:24 (33)	2:37	0:31:57 (48)	2:34	0:19:00 (32)	1:07:31
35	353	Michael Bock	Tri-Team Freiburg	AK 55 (m)	3	0:11:03 (24)	2:21	0:30:49 (35)	2:47	0:20:58 (54)	1:07:57
36	302	Clemens Köster	MTV Aurich	AK 50 (m)	3	0:12:19 (49)	2:45	0:30:27 (29)	2:34	0:20:00 (45)	1:08:05
37	332	Achim Groenhagen	MTV Aurich	AK 55 (m)	4	0:13:50 (81)	3:03	0:30:21 (27)	2:30	0:18:29 (22)	1:08:13
38	287	RAIK Hellwig	Trisport Schwerin	AK 45 (m)	4	0:14:05 (84)	2:24	0:29:43 (21)	2:33	0:19:37 (41)	1:08:23
39	301	Thomas Landes	Vollast TriTeam Schongau	AK 50 (m)	4	0:10:41 (13)	2:49	0:32:24 (58)	2:47	0:19:46 (42)	1:08:28
40	381	Hermann-Josef Limburg	ERDINGER Active TEAM	AK 60 (m)	1	0:12:41 (59)	2:34	0:30:26 (28)	2:36	0:20:22 (48)	1:08:39
41	291	Oliver Sebrantke	LC Hansa Stuhr Tri-Wölfe	AK 45 (m)	5	0:12:54 (66)	2:28	0:32:11 (53)	2:27	0:18:52 (30)	1:08:52
42	318	Tony Clare	SV Gelnhausen 1924 e.V.	AK 50 (m)	5	0:13:34 (78)	3:32	0:30:47 (33)	2:44	0:18:50 (29)	1:09:27
43	234	Matthias von Rüden	Triathlon Club Bremen	AK 30 (m)	4	0:13:43 (79)	2:24	0:31:30 (43)	2:38	0:19:14 (36)	1:09:28
44	267	Florian Kürner	TV Riegel TriTeam	AK 40 (m)	9	0:13:29 (74)	2:41	0:32:17 (57)	2:35	0:18:33 (23)	1:09:35
45	217	Tim Lukaschack	TSV Anderten	AK 20 (m)	6	0:12:37 (55)	2:35	0:33:00 (62)	2:30	0:19:04 (34)	1:09:45
46	250	Sascha Schleibach	Triathlon Team Indeland	AK 35 (m)	7	0:12:13 (46)	2:54	0:32:05 (50)	2:44	0:19:52 (43)	1:09:48

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
47	305	KARSTEN LÜCKE	Buxtehuder Sportverein	AK 50 (m)	6	0:12:41 (58)	2:58	0:32:07 (52)	2:52	0:19:36 (39)	1:10:13
48	342	Edward Hugh Williams	Tri-Sport-Team Verl	AK 55 (m)	5	0:11:17 (30)	2:48	0:32:12 (55)	2:44	0:21:13 (57)	1:10:14
49	241	Andre Oellrich	Triathlon Club Bremen	AK 30 (m)	5	0:13:17 (71)	2:29	0:31:50 (46)	2:33	0:20:06 (46)	1:10:14
50	311	Sascha Severin	LT Starlight Team Essen	AK 50 (m)	7	0:13:09 (70)	3:03	0:30:50 (36)	2:51	0:20:49 (51)	1:10:42
51	294	Patrick Kaiser	TV Scheeßel	AK 45 (m)	6	0:11:51 (43)	2:52	0:30:51 (37)	3:00	0:22:13 (64)	1:10:47
52	368	Frank Mömkes	LC Hansa Stuhr Tri-Wölfe	AK 60 (m)	2	0:11:42 (39)	2:59	0:31:27 (42)	2:59	0:21:54 (62)	1:11:02
53	265	Michael Schwieca	Triathlöwen Bremen e.V.	AK 40 (m)	10	0:12:52 (65)	2:35	0:32:06 (51)	2:40	0:20:52 (52)	1:11:05
54	371	Ralf Weier	Marathon-Club Menden	AK 60 (m)	3	0:12:18 (48)	3:06	0:30:18 (25)	2:54	0:22:36 (68)	1:11:10
55	260	Andre Ruffing	LC Nordhorn	AK 35 (m)	8	0:12:40 (57)	2:47	0:31:06 (39)	2:53	0:21:45 (60)	1:11:11
56	310	Jörg Pipo	TSV Ottobrunn	AK 50 (m)	8	0:11:43 (41)	2:43	0:32:36 (59)	2:51	0:21:50 (61)	1:11:43
57	407	Lothar Stall	TSG 07 Burg Gretesch	AK 65 (m)	1	0:11:28 (34)	2:40	0:32:11 (54)	2:51	0:22:42 (73)	1:11:52
58	292	Nicolas Speeck	Triathlon Potsdam e.V.	AK 45 (m)	7	0:11:43 (40)	2:48	0:31:55 (47)	2:56	0:22:38 (70)	1:11:59
59	346	Udo Gremke	TSV Anderten	AK 55 (m)	6	0:12:10 (45)	3:03	0:30:28 (30)	3:04	0:23:18 (76)	1:12:03
60	377	Peter Uhl	Buxtehuder Sportverein	AK 60 (m)	4	0:13:29 (73)	2:46	0:32:49 (61)	2:47	0:20:15 (47)	1:12:06
61	227	Florian Walter	Triathlöwen Bremen e.V.	AK 25 (m)	4	0:16:41 (105)	2:41	0:31:49 (45)	2:23	0:18:34 (24)	1:12:07
62	405	Gerhard Schlüter	Tri-Sport-Team Verl	AK 65 (m)	2	0:12:59 (67)	2:39	0:33:31 (67)	2:39	0:20:55 (53)	1:12:43
63	290	Kai Beinke	TG Ennigloh	AK 45 (m)	8	0:11:20 (31)	2:51	0:31:47 (44)	3:16	0:23:39 (78)	1:12:53
64	378	Axel Fricke	Buxtehuder Sportverein	AK 60 (m)	5	0:15:15 (91)		()		()	1:13:07
65	402	Jürgen Balg	Tri-Sport-Team Verl	AK 65 (m)	3	0:12:39 (56)	3:14	0:33:13 (65)	2:51	0:21:44 (59)	1:13:41
66	376	Klaus Backus	Krefelder Kanu Klub	AK 60 (m)	6	0:12:42 (60)	2:54	0:34:07 (74)	2:59	0:21:42 (58)	1:14:34 *
67	330	Eckart Eickhoff	1. Nienburger SC	AK 55 (m)	7	0:12:51 (63)	3:39	0:32:43 (60)	3:00	0:22:39 (71)	1:14:52
68	275	Thomas Gorniak	Bremischer Schwimmverein	AK 40 (m)	11	0:13:30 (75)	3:37	0:33:44 (69)	2:58	0:21:08 (56)	1:14:57
69	347	Matthias Zierle	BSFG Porsche Triathlon	AK 55 (m)	8	0:14:33 (85)	3:25	0:31:00 (38)	3:35	0:22:27 (67)	1:15:00
70	255	Dennis Kublanck	Triathlon Club Bremen	AK 35 (m)	9	0:13:07 (69)	3:07	0:33:19 (66)	2:54	0:22:37 (69)	1:15:04
71	239	Jorit Rolf-Pissarczyk	Triathlöwen Bremen e.V.	AK 30 (m)	6	0:16:09 (101)	2:39	0:34:45 (83)	3:04	0:19:07 (35)	1:15:44
72	396	Ralf Laermann	TV 1848 Mönchengladbach e.V.	AK 65 (m)	4	0:13:32 (77)	3:00	0:34:30 (80)	2:49	0:22:20 (66)	1:16:10
73	273	Jan Rettig	Triathlöwen Bremen e.V.	AK 40 (m)	12	0:14:04 (82)	3:23	0:34:43 (82)	3:28	0:20:35 (49)	1:16:13

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
74	375	Erk Heinßen	Stader SV	AK 60 (m)	7	0:11:34 (37)	3:03	0:34:27 (79)	3:06	0:24:15 (82)	1:16:25
75	306	Karsten Busse	Tus Rotenburg	AK 50 (m)	9	0:12:49 (62)	2:54	0:34:47 (84)	2:51	0:23:48 (79)	1:17:09
76	358	Manfred Wittenbrock	Tri-Sport-Team Verl	AK 55 (m)	9	0:15:31 (97)	3:28	0:33:07 (64)	3:10	0:21:57 (63)	1:17:13
77	359	Robert Becker	TRISPEED Marienfeld	AK 55 (m)	10	0:12:14 (47)	3:17	0:34:14 (76)	3:06	0:24:32 (83)	1:17:22
78	408	Martin Burkhardt	TV 1860 Mußbach	AK 70 (m)	1	0:13:03 (68)	3:29	0:34:26 (78)	3:15	0:23:39 (77)	1:17:51
79	313	Jens Emmrich	Garbsener SC	AK 50 (m)	10	0:14:55 (88)	3:17	0:33:52 (71)	3:21	0:22:40 (72)	1:18:06
80	220	Steven Stürenburg	GSV Bremen	AK 25 (m)	5	0:12:24 (52)	3:00	0:34:34 (81)	3:06	0:25:03 (87)	1:18:07
81	403	Andreas Schmidt	SG Union Sandersdorf	AK 65 (m)	5	0:15:18 (92)	2:59	0:34:09 (75)	3:00	0:23:10 (75)	1:18:36
82	338	Lüder Kruse	Triathlon Club Bremen	AK 55 (m)	11	0:12:43 (61)	3:15	0:35:06 (86)	3:11	0:24:53 (85)	1:19:09
83	247	Jörn Henschen	Triathlöwen Bremen e.V.	AK 35 (m)	10	0:16:06 (100)	2:47	0:35:28 (87)	3:00	0:22:16 (65)	1:19:37
84	329	Jens Kramer	VfL Westercelle	AK 55 (m)	12	0:12:25 (53)	2:56	0:36:55 (99)	3:31	0:24:04 (81)	1:19:51
85	326	Leif Borlinghaus	MC. Pirate e.V.	AK 50 (m)	11	0:17:27 (109)	3:27	0:35:06 (85)	3:41	0:20:40 (50)	1:20:20
86	317	Gordon Krull	MTV Aurich	AK 50 (m)	12	0:12:21 (51)		()	3:18	0:25:36 (95)	1:20:24
87	333	Ulrich Krause	Marathon-Club Menden	AK 55 (m)	13	0:13:45 (80)	4:29	0:33:47 (70)	3:37	0:25:20 (92)	1:20:57
88	382	Franz-Josef Thölking	Tri-Geckos Dortmund	AK 60 (m)	8	0:12:32 (54)	3:10	0:36:14 (94)	3:40	0:25:46 (96)	1:21:22
89	251	Marc Sheppard	ESV Eintracht Hameln	AK 35 (m)	11	0:16:45 (106)	3:14	0:33:33 (68)	3:26	0:24:58 (86)	1:21:56
90	351	Dirk Eichholz	1.TCO Die Bären	AK 55 (m)	14	0:15:04 (89)	3:03	0:36:00 (92)	3:24	0:24:42 (84)	1:22:13
91	282	Lars Kalbaß	EGZ TRIATHLON GÖRLITZ	AK 40 (m)	13	0:16:30 (103)	3:15	0:34:00 (73)	3:03	0:25:50 (97)	1:22:37
92	327	Rüdiger Braun	Kraichgau Triathlon e.V.	AK 50 (m)	13	0:15:20 (94)	3:17	0:34:26 (77)	3:41	0:25:58 (98)	1:22:43
93	339	Ulf Harnack	OT Bremen	AK 55 (m)	15	0:13:26 (72)	3:27	0:35:32 (89)	3:21	0:27:19 (103)	1:23:04
94	385	Stefan Hebecker	Buxtehuder Sportverein	AK 60 (m)	9	0:15:27 (96)	3:57	0:35:28 (88)	3:31	0:25:12 (90)	1:23:36
95	352	Michael Zimmermann	MTV Aurich	AK 55 (m)	16	0:14:05 (83)	3:24	0:37:42 (102)	3:36	0:25:04 (88)	1:23:50
96	410	Klaus Kasten	LC Bingen	AK 70 (m)	2	0:14:46 (87)	3:23	0:37:09 (100)	3:32	0:25:31 (93)	1:24:21
97	401	Wolfgang Trebesch	MTV Aurich	AK 65 (m)	6	0:15:23 (95)	4:17	0:35:57 (91)	3:44	0:25:07 (89)	1:24:28
98	400	Helmut Bobka	MTV Aurich	AK 65 (m)	7	0:16:33 (104)	3:32	0:35:47 (90)	3:26	0:26:33 (102)	1:25:50
99	397	Rüdiger Müller	Tria Equipe Elz	AK 65 (m)	8	0:13:32 (76)	4:22	0:36:47 (98)	3:44	0:27:38 (104)	1:26:02
100	366	Stefan Pohl	MRRRC München	AK 55 (m)	17	0:18:00 (112)	3:55	0:36:20 (95)	4:18	0:23:57 (80)	1:26:30

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
101	384	Frank Zöllner	USC Kiel	AK 60 (m)	10	0:15:09 (90)	3:08	0:36:06 (93)	3:30	0:28:37 (106)	1:26:39 *
102	418	Hermann Dorner	TuS Griesheim	AK 75 (m)	1	0:17:41 (110)	3:47	0:36:29 (97)	3:17	0:26:27 (100)	1:27:41
103	380	Stefan Riederle	Triathlon Günzburg	AK 60 (m)	11	0:17:20 (108)	3:57	0:36:25 (96)	3:51	0:26:32 (101)	1:28:05
104	399	Christof Blume	TSV Schwarme	AK 65 (m)	9	0:16:06 (99)	4:49	0:40:52 (110)	3:23	0:23:10 (74)	1:28:20
105	383	Ulrich Schumacher	Tri-Sport-Team Verl	AK 60 (m)	12	0:16:02 (98)	4:23	0:39:19 (106)	3:24	0:25:35 (94)	1:28:43
106	409	Ferdinand Karnath	TuS Neukölln Berlin Triathlon	AK 70 (m)	3	0:17:54 (111)	3:39	0:38:36 (104)	3:59	0:25:16 (91)	1:29:24
107	372	Thomas Wulle	MTV Aurich	AK 60 (m)	13	0:16:19 (102)	4:32	0:39:25 (108)	4:14	0:26:24 (99)	1:30:53
108	419	Helke Wannewitz	Triathlonverein Fürstenwalde 1990 e.V.	AK 75 (m)	2	0:16:51 (107)	4:25	0:39:22 (107)	4:04	0:29:02 (107)	1:33:44
109	406	Ulrich Müller	ERDINGER Active TEAM	AK 65 (m)	10	0:19:43 (116)	5:28	0:37:24 (101)	4:09	0:31:58 (108)	1:38:42
110	417	Dr.Günther Scheibehenne	SC Hinterland	AK 75 (m)	3	0:19:34 (115)	5:27	0:40:13 (109)	5:34	0:28:13 (105)	1:39:00
111	420	Werner Nesseler	TSG 1861 Kaiserslautern	AK 75 (m)	4	0:18:41 (114)	4:40	0:39:10 (105)	4:41	0:32:52 (109)	1:40:04
112	416	Roland Bianchin	TSV'92 Freiberg e. V.	AK 75 (m)	5	0:15:20 (93)	6:11	0:37:46 (103)	4:46	0:37:08 (110)	1:41:11
113	424	Horst Greb	TSR Olympia Wilhelmshaven	AK 85 (m)	1	0:18:35 (113)		()		()	1:57:21
DISQ	209	Kjon Frenz	Tus Rotenburg	AK 20 (m)		0:11:16 ()	2:02	0:34:37 ()	2:25	0:20:41 ()	1:11:01

TEAM - DM (Sprint-AK)

11. Gewoba City Triathlon Bremen

13. August 2023

Ergebnis Mannschaften



TM 16/20/25

1. Hannover 96 Triathlon (TM 16/20/25)

Zeit: 03:05:14

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Tim Mignon	3	1:00:55	10:12	2:13	28:59	2:10	17:20
Max Lou Kerth	6	1:01:51	10:06	2:07	29:18	2:15	18:05
Paul Korte	11	1:02:28	10:25	2:02	30:18	2:22	17:21

TEAM - DM (Sprint-AK)

11. Gewoba City Triathlon Bremen

13. August 2023

Ergebnis Mannschaften



TM 30/35

1. Triathlöwen Bremen e.V. (TM 30/35)

Zeit: 03:19:25

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Niklas Günther	5	1:01:20	11:02	2:22	28:37	2:17	17:02
Oliver Reinicke	10	1:02:21	10:46	2:31	28:02	2:33	18:29
Jorit Rolf-Pissarczyk	90	1:15:44	16:09	2:39	34:45	3:04	19:07

2. Triathlon Club Bremen (TM 30/35)

Zeit: 03:34:46

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Matthias von Rüden	46	1:09:28	13:43	2:24	31:30	2:38	19:14
Andre Oellrich	52	1:10:14	13:17	2:29	31:50	2:33	20:06
Dennis Kublanck	89	1:15:04	13:07	3:07	33:19	2:54	22:37

TEAM - DM (Sprint-AK)

11. Gewoba City Triathlon Bremen

13. August 2023

Ergebnis Mannschaften



TM 40/45

1. Triathlöwen Bremen e.V. (TM 40/45)

Zeit: 03:22:03

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Marc Putzke	16	1:03:41	11:13	2:24	30:13	2:47	17:04
Sebastian Körner	34	1:07:17	11:29	2:32	29:35	2:39	21:01
Michael Schwieca	61	1:11:05	12:52	2:35	32:06	2:40	20:52

TEAM - DM (Sprint-AK)

11. Gewoba City Triathlon Bremen

13. August 2023

Ergebnis Mannschaften



TW 50/55

1. TSV Bargteheide Tri (TW 50/55)

Zeit: 04:07:52

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Bettina Lange	55	1:10:33	10:19	2:26	33:17	2:36	21:55
Elke Andersen	145	1:27:17	15:26	3:51	38:30	3:33	25:56
Anke Rath	155	1:30:02	14:07	3:29	40:58	4:20	27:07

TEAM - DM (Sprint-AK)

11. Gewoba City Triathlon Bremen

13. August 2023

Ergebnis Mannschaften



TM 50/55

1. MTV Aurich (TM 50/55)

Zeit: 03:36:42

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Clemens Köster	37	1:08:05	12:19	2:45	30:27	2:34	20:00
Achim Groenhagen	38	1:08:13	13:50	3:03	30:21	2:30	18:29
Gordon Krull	123	1:20:24	12:21			3:18	25:36

TEAM - DM (Sprint-AK)

11. Gewoba City Triathlon Bremen

13. August 2023

Ergebnis Mannschaften



TM 60/65

1. Buxtehuder Sportverein (TM 60/65) Zeit: 03:48:49

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Peter Uhl	70	1:12:06	13:29	2:46	32:49	2:47	20:15
Axel Fricke	79	1:13:07	15:15				
Stefan Hebecker	134	1:23:36	15:27	3:57	35:28	3:31	25:12

2. Tri-Sport-Team Verl (TM 60/65) Zeit: 03:55:07

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Gerhard Schlüter	75	1:12:43	12:59	2:39	33:31	2:39	20:55
Jürgen Balg	80	1:13:41	12:39	3:14	33:13	2:51	21:44
Ulrich Schumacher	151	1:28:43	16:02	4:23	39:19	3:24	25:35

3. MTV Aurich (TM 60/65) Zeit: 04:21:11

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Wolfgang Trebesch	137	1:24:28	15:23	4:17	35:57	3:44	25:07
Helmut Bobka	139	1:25:50	16:33	3:32	35:47	3:26	26:33
Thomas Wulle	156	1:30:53	16:19	4:32	39:25	4:14	26:24

TEAM - DM (Sprint-AK)

11. Gewoba City Triathlon Bremen

13. August 2023

Ergebnis Mannschaften



TM 16/20/25

1. Hannover 96 Triathlon (TM 16/20/25)

Zeit: 03:05:14

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Tim Mignon	3	1:00:55	10:12	2:13	28:59	2:10	17:20
Max Lou Kerth	6	1:01:51	10:06	2:07	29:18	2:15	18:05
Paul Korte	11	1:02:28	10:25	2:02	30:18	2:22	17:21

TEAM - DM (Sprint-AK)

11. Gewoba City Triathlon Bremen

13. August 2023

Ergebnis Mannschaften



TM 30/35

1. Triathlöwen Bremen e.V. (TM 30/35)

Zeit: 03:19:25

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Niklas Günther	5	1:01:20	11:02	2:22	28:37	2:17	17:02
Oliver Reinicke	10	1:02:21	10:46	2:31	28:02	2:33	18:29
Jorit Rolf-Pissarczyk	90	1:15:44	16:09	2:39	34:45	3:04	19:07

2. Triathlon Club Bremen (TM 30/35)

Zeit: 03:34:46

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Matthias von Rüden	46	1:09:28	13:43	2:24	31:30	2:38	19:14
Andre Oellrich	52	1:10:14	13:17	2:29	31:50	2:33	20:06
Dennis Kublanck	89	1:15:04	13:07	3:07	33:19	2:54	22:37

TEAM - DM (Sprint-AK)

11. Gewoba City Triathlon Bremen

13. August 2023

Ergebnis Mannschaften



TM 40/45

1. Triathlöwen Bremen e.V. (TM 40/45)

Zeit: 03:22:03

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Marc Putzke	16	1:03:41	11:13	2:24	30:13	2:47	17:04
Sebastian Körner	34	1:07:17	11:29	2:32	29:35	2:39	21:01
Michael Schwieca	61	1:11:05	12:52	2:35	32:06	2:40	20:52

TEAM - DM (Sprint-AK)

11. Gewoba City Triathlon Bremen

13. August 2023

Ergebnis Mannschaften



TW 50/55

1. TSV Bargteheide Tri (TW 50/55)

Zeit: 04:07:52

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Bettina Lange	55	1:10:33	10:19	2:26	33:17	2:36	21:55
Elke Andersen	145	1:27:17	15:26	3:51	38:30	3:33	25:56
Anke Rath	155	1:30:02	14:07	3:29	40:58	4:20	27:07

TEAM - DM (Sprint-AK)

11. Gewoba City Triathlon Bremen

13. August 2023

Ergebnis Mannschaften



TM 50/55

1. MTV Aurich (TM 50/55)

Zeit: 03:36:42

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Clemens Köster	37	1:08:05	12:19	2:45	30:27	2:34	20:00
Achim Groenhagen	38	1:08:13	13:50	3:03	30:21	2:30	18:29
Gordon Krull	123	1:20:24	12:21			3:18	25:36

TEAM - DM (Sprint-AK)

11. Gewoba City Triathlon Bremen

13. August 2023

Ergebnis Mannschaften



TM 60/65

1. Buxtehuder Sportverein (TM 60/65) Zeit: 03:48:49

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Peter Uhl	70	1:12:06	13:29	2:46	32:49	2:47	20:15
Axel Fricke	79	1:13:07	15:15				
Stefan Hebecker	134	1:23:36	15:27	3:57	35:28	3:31	25:12

2. Tri-Sport-Team Verl (TM 60/65) Zeit: 03:55:07

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Gerhard Schlüter	75	1:12:43	12:59	2:39	33:31	2:39	20:55
Jürgen Balg	80	1:13:41	12:39	3:14	33:13	2:51	21:44
Ulrich Schumacher	151	1:28:43	16:02	4:23	39:19	3:24	25:35

3. MTV Aurich (TM 60/65) Zeit: 04:21:11

	Pl.	Gesamt	Schwimmen	W1	Rad	W2	Laufen
Wolfgang Trebesch	137	1:24:28	15:23	4:17	35:57	3:44	25:07
Helmut Bobka	139	1:25:50	16:33	3:32	35:47	3:26	26:33
Thomas Wulle	156	1:30:53	16:19	4:32	39:25	4:14	26:24

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	677	Jesse Hinrichs	1.TCO Die Bären	AK 25 (m)	1	0:18:55 (1)	2:13	0:54:54 (1)	1:22	0:37:18 (3)	1:54:42
2	695	Sven Zabel	Triathlon Club Bremen	AK 25 (m)	2	0:25:46 (14)	2:19	0:59:22 (4)	0:48	0:37:11 (2)	2:05:25
3	692	Tobias Jürchott	TriAs Flensburg e.V.	AK 25 (m)	3	0:24:39 (9)	3:07	1:01:04 (6)	1:08	0:35:48 (1)	2:05:46
4	684	Benedikt Hintze	BW Lohne Leichtathletik	AK 40 (m)	1	0:23:31 (3)	2:15	1:01:53 (8)	1:11	0:38:01 (5)	2:06:52
5	690	Patrick Dekorsi	LET'S RUN Bremen	AK 35 (m)	1	0:23:39 (4)	2:30	1:00:58 (5)	0:57	0:39:08 (6)	2:07:12
6	702	Gerrit Jacobs	Triathlöwen Bremen e.V.	AK 45 (m)	1	0:26:17 (17)	2:44	0:56:29 (2)	1:22	0:41:00 (11)	2:07:51
7	691	Marlon Thomas		AK 30 (m)	1	0:23:39 (5)	3:14	1:02:07 (11)	0:59	0:40:04 (7)	2:10:04
8	698	Henning Austerschmidt	1. Tri-Club Paderborn	AK 40 (m)	2	0:24:33 (7)	2:36	1:04:03 (22)	1:04	0:40:20 (9)	2:12:36
9	703	Lukas Eberwein	CF Victoria Bremen '05	AK 25 (m)	4	0:26:39 (23)	3:04	1:02:54 (14)	1:14	0:40:15 (8)	2:14:06
10	725	Daniel Schulze	Triathlon Club Bremen	AK 45 (m)	2	0:26:20 (19)	2:38	1:04:58 (28)	0:57	0:40:46 (10)	2:15:38
11	693	Hendric Gutacker	USC Kiel	AK 30 (m)	2	0:24:42 (10)	2:50	1:02:52 (13)	1:31	0:43:53 (22)	2:15:47
12	722	Niklas Wendt	Triathlöwen Bremen e.V.	AK 25 (m)	5	0:27:55 (37)	2:19	1:03:36 (19)	0:58	0:41:10 (12)	2:15:58
13	709	Rainer Koschke	Triathlöwen Bremen e.V.	AK 55 (m)	1	0:26:03 (15)	3:35	1:02:58 (15)	1:02	0:42:47 (14)	2:16:25
14	745	Jan Askamp	Capital Rouleurs	AK 40 (m)	3	0:29:17 (45)	3:18	0:58:26 (3)	1:24	0:44:36 (25)	2:17:01
15	730	Nils Kosemund	RSC Vegesack	AK 45 (m)	3	0:26:41 (25)	3:24	1:04:25 (25)	1:06	0:42:49 (15)	2:18:25
16	689	Ingo Starke	Triathlöwen Bremen e.V.	AK 45 (m)	4	0:25:41 (12)	3:11	1:01:11 (7)	1:27	0:48:30 (49)	2:20:00
17	764	Matthias Berulla	TV Scheessel Triathlon	AK 55 (m)	2	0:26:55 (28)	4:07	1:03:19 (17)	2:11	0:43:44 (19)	2:20:15
18	735	Andre Köppen		AK 40 (m)	4	0:27:10 (31)	3:40	1:03:48 (21)	1:26	0:46:09 (34)	2:22:13
19	772	Björn Grommisch	Tri Team Schwarme	AK 50 (m)	1	0:32:38 (74)	2:54	1:02:00 (9)	0:58	0:43:48 (20)	2:22:18
20	718	Moritz Rüter	Hannover Teamgeist	AK 25 (m)	6	0:24:44 (11)	3:12	1:09:47 (59)	1:18	0:43:33 (17)	2:22:33
21	834	Krull Simon		AK 30 (m)	3	0:31:37 (61)	3:49	1:03:25 (18)	1:12	0:43:19 (16)	2:23:23
22	746	Dr. Paul Janicki	SC Langenhagen	AK 45 (m)	5	0:29:16 (44)	3:36	1:04:52 (27)	0:59	0:44:51 (26)	2:23:34
23	776	Christian Meyer	Kabarett ROhrSTOCK e.V.	AK 40 (m)	5	0:30:04 (49)	3:09	1:02:59 (16)	1:35	0:46:14 (35)	2:24:01
24	706	Jannes-Lino Heise	SCC Berlin	AK 20 (m)	1	0:27:42 (34)	3:18	1:06:38 (35)	1:17	0:45:18 (28)	2:24:13
25	724	Dirk Wahn	TriCologne	AK 40 (m)	6	0:33:12 (84)	3:27	1:02:46 (12)	1:26	0:43:35 (18)	2:24:27
26	763	Stephan Plate	Triathlöwen Bremen e.V.	AK 55 (m)	3	0:26:05 (16)	3:19	1:08:04 (41)	1:18	0:46:01 (32)	2:24:45
27	729	Erik Henkel	DICTIONARY OF FUNK	AK 45 (m)	6	0:26:51 (27)	3:34	1:08:05 (42)	1:11	0:45:57 (31)	2:25:39

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
28	727	Ralf Gellert	ESC Eintracht Hameln	AK 55 (m)	4	0:26:26 (20)	4:30	1:04:10 (23)	1:24	0:49:46 (57)	2:26:16
29	742	Albert Block		AK 50 (m)	2	0:35:00 (101)	3:59	1:02:00 (9)	1:15	0:44:10 (23)	2:26:24
30	758	Volkmar Führling		AK 55 (m)	5	0:26:34 (22)	3:19	1:05:03 (29)	1:44	0:49:50 (58)	2:26:29
31	716	Christopher Krauß		AK 30 (m)	4	0:24:37 (8)	3:21	1:09:23 (54)	1:00	0:48:17 (46)	2:26:38
32	711	Kim Martin Vlasics	Club zur Vahr	AK 35 (m)	2	0:27:58 (38)	3:27	1:08:08 (44)	0:59	0:46:48 (38)	2:27:20
33	788	Tobias Markmeyer	RSC Oldenburg	AK 30 (m)	5	0:35:21 (104)	3:02	1:03:43 (20)	1:13	0:44:10 (23)	2:27:29
34	760	Emil Stock		AK 25 (m)	7	0:29:09 (43)	3:19	1:04:43 (26)	1:28	0:49:06 (53)	2:27:44
35	705	Lukas Schmidt	TV Scheeßel Triathlon	AK 25 (m)	8	0:31:57 (66)	3:34	1:08:59 (50)	1:07	0:42:07 (13)	2:27:44
36	782	Nils Klinge	Triabolos Hamburg e.V.	AK 25 (m)	9	0:30:41 (51)	3:14	1:05:51 (31)	0:49	0:47:25 (41)	2:28:00
37	726	Maximilian Rösemeier		AK 20 (m)	2	0:30:45 (53)	2:50	1:06:10 (34)	1:15	0:47:43 (42)	2:28:42
38	815	Alexander Stange	Sparkasse Bremen	AK 30 (m)	6	0:27:07 (30)	3:19	1:12:41 (77)	0:58	0:44:53 (27)	2:28:57
39	783	Hauke Conradi		AK 30 (m)	7	0:28:56 (41)	4:43	1:04:18 (24)	1:47	0:49:27 (55)	2:29:10
40	707	Bastian Fraune	Triathlon Club Bremen	AK 35 (m)	3	0:31:52 (63)	2:49	1:08:12 (46)	0:58	0:45:35 (29)	2:29:26
41	704	Stefan Diersmann	Triathlöwen Bremen e.V.	AK 30 (m)	8	0:25:45 (13)	3:26	1:06:46 (36)	1:31	0:52:02 (73)	2:29:31
42	841	David Mittelstädt		AK 35 (m)	4	0:32:28 (72)	3:14	1:05:21 (30)	1:23	0:47:24 (40)	2:29:50
43	768	Matthias Amoneit	Team Zoot Europe	AK 35 (m)	5	0:34:34 (98)	2:58	1:13:08 (83)	2:06	0:37:26 (4)	2:30:13
44	824	Johann Ems		AK 25 (m)	10	0:27:37 (33)	3:35	1:09:55 (61)	1:21	0:47:50 (44)	2:30:18
45	740	Nils Straßmann	TriAs Flensburg e.V.	AK 35 (m)	6	0:26:44 (26)	3:03	1:06:00 (33)	1:37	0:54:30 (90)	2:31:54
46	696	Peter Sokoll	SC Weyhe-Triathlon	AK 60 (m)	1	0:27:52 (36)	2:45	1:08:07 (43)	1:16	0:52:03 (74)	2:32:04
47	736	Martin Topf	ATSV Kirchseeon	AK 55 (m)	6	0:31:53 (64)	3:32	1:09:56 (62)	1:33	0:46:20 (36)	2:33:13
48	734	Dirk Smula	SIGNAL IDUNA	AK 55 (m)	7	0:29:34 (46)	5:16	1:08:49 (49)	1:58	0:47:46 (43)	2:33:22
49	789	Björn Barjenbruch	power & pace	AK 45 (m)	7	0:29:51 (48)	3:16	1:08:30 (48)	1:11	0:50:55 (62)	2:33:43
50	814	Henrik Drewes	ESV TuS 98 Altenbeken e.V.	AK 30 (m)	9	0:38:49 (129)	3:48	1:05:55 (32)	1:32	0:43:48 (21)	2:33:53
51	683	Paul Burzan		AK 30 (m)	10	0:24:23 (6)	3:18	1:13:42 (86)	1:13	0:51:25 (69)	2:34:00
52	790	Holger Hilken	Triathlöwen Bremen e.V.	AK 55 (m)	8	0:32:07 (69)	3:34	1:09:20 (52)	1:14	0:48:06 (45)	2:34:22
53	820	Sven Weihmann	TC Bremen	AK 50 (m)	3	0:33:00 (78)	4:05	1:07:49 (38)	1:08	0:48:20 (48)	2:34:23
54	809	Mathias Hammer		AK 45 (m)	8	0:30:49 (54)	3:39	1:12:45 (78)	1:10	0:46:01 (33)	2:34:23

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
55	822	Folkert Krey	ERDINGER Active TEAM	AK 55 (m)	9	0:26:29 (21)	4:11	1:09:34 (56)	1:18	0:53:08 (79)	2:34:39
56	769	Alexander Beuing		AK 50 (m)	4	0:28:07 (39)	4:44	1:09:42 (57)	1:43	0:50:32 (60)	2:34:48
57	857	Sebastian Jurczyk		AK 30 (m)	11	0:34:02 (93)	5:14	1:08:11 (45)	2:12	0:45:42 (30)	2:35:21
58	679	Andre Sempf		AK 35 (m)	7	0:33:01 (79)	3:59	1:09:49 (60)	1:47	0:46:57 (39)	2:35:33
59	766	Phil Burzan	Amsterdam Triathlon and Cycling	AK 30 (m)	12	0:30:06 (50)	4:55	1:10:37 (67)	1:18	0:48:54 (52)	2:35:50
60	687	Konrad Moors	1.TCO Die Bären	AK 45 (m)	9	0:26:40 (24)	4:30	1:07:52 (39)	1:33	0:55:26 (97)	2:36:01
61	728	Felix Sonnenschein		AK 35 (m)	8	0:32:03 (68)	4:00	1:10:24 (66)	1:18	0:48:19 (47)	2:36:05
62	723	Mirko Haaser	TuS Fintel e.V.	AK 45 (m)	10	0:27:00 (29)	3:59	1:09:45 (58)	1:39	0:53:52 (87)	2:36:14
63	754	Alexander Zimmermann		AK 25 (m)	11	0:32:57 (77)	3:44	1:09:28 (55)	1:44	0:49:28 (56)	2:37:21
64	755	Anton Schlör		AK 25 (m)	12	0:33:15 (85)	3:23	1:11:03 (70)	0:56	0:48:44 (51)	2:37:21
65	844	Sebastian Könemann		AK 35 (m)	9	0:35:08 (102)	5:03	1:08:00 (40)	1:23	0:48:30 (49)	2:38:02
66	680	Jörn Wolters		AK 30 (m)	13	0:21:04 (2)	4:56	1:19:20 (119)	0:56	0:52:00 (72)	2:38:16
67	831	Ralph Sieber	Intro Wolfsburg	AK 55 (m)	10	0:31:18 (56)	3:09	1:09:22 (53)	1:30	0:53:51 (86)	2:39:09
68	719	Nick Scharf		AK 20 (m)	3	0:26:18 (18)	3:32	1:15:23 (103)	0:58	0:53:21 (82)	2:39:31
69	761	Christian Schnack		AK 40 (m)	7	0:32:01 (67)	3:46	1:11:23 (73)	1:52	0:51:32 (70)	2:40:34
70	837	Jens Stöckel	LFV Oberholz	AK 45 (m)	11	0:34:59 (100)	3:44	1:09:06 (51)	1:44	0:51:07 (64)	2:40:40
71	733	Marlon Kaib		AK 20 (m)	4	0:27:47 (35)	3:31	1:12:56 (80)	1:31	0:57:12 (107)	2:42:57
72	743	Bastian Wegner		AK 35 (m)	10	0:33:58 (92)	3:24	1:10:11 (64)	2:01	0:53:35 (84)	2:43:09
73	807	Pawel Sierzputowski		AK 35 (m)	11	0:31:33 (60)	4:08	1:14:28 (93)	1:45	0:51:20 (68)	2:43:15
74	803	Antti Virtaranta	Ohne Verein	AK 35 (m)	12	0:31:09 (55)	3:42	1:14:57 (98)	2:43	0:50:58 (63)	2:43:28
75	737	Roman Knapik	SportFreigang	AK 55 (m)	11	0:33:04 (80)	4:37	1:14:37 (94)	1:53	0:50:01 (59)	2:44:12
76	825	Timo Hasselberg	Triathlon Team Bremen e.V.	AK 45 (m)	12	0:33:16 (86)	5:04	1:11:27 (74)	2:57	0:52:21 (76)	2:45:04
77	812	Lars Petershagen		AK 40 (m)	8	0:34:13 (96)	4:38	1:11:46 (75)	2:04	0:52:30 (78)	2:45:11
78	767	Peter Van den Beuken		AK 60 (m)	2	0:29:44 (47)		()		0:53:52 (87)	2:45:26
79	798	Markus Herwig	TSV Giesen / Oberdorf	AK 40 (m)	9	0:31:25 (57)	4:20	1:17:20 (111)	1:11	0:51:15 (66)	2:45:31
80	781	Florian Fröhlich	Triathlöwen Bremen e.V.	AK 45 (m)	13	0:35:45 (107)	4:47	1:12:11 (76)	1:19	0:51:37 (71)	2:45:38
81	871	Jan Weinmann		AK 30 (m)	14	0:33:18 (88)	4:34	1:15:07 (101)	2:00	0:50:54 (61)	2:46:02 *

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
82	879	Henning Schick	Drehmoment e.V.	AK 35 (m)	13	0:31:30 (58)	4:05	1:10:41 (68)	1:55	0:57:58 (111)	2:46:09
83	836	David Brodbeck		AK 25 (m)	13	0:37:37 (120)	4:31	1:13:20 (84)	1:35	0:49:07 (54)	2:46:19 *
84	801	Falk LechtenböRger		AK 50 (m)	5	0:33:07 (82)	4:48	1:13:06 (82)	2:14	0:53:38 (85)	2:46:53
85	747	Felix Fingas		AK 30 (m)	15	0:29:02 (42)	5:06	1:18:03 (114)	1:47	0:53:33 (83)	2:47:30
86	749	Jens Bodenstein	Power & Pace	AK 50 (m)	6	0:34:51 (99)	4:13	1:14:22 (91)	1:47	0:52:24 (77)	2:47:37
87	808	Hannes Laslo	Tri-Sexuals	AK 25 (m)	14	0:33:07 (82)	4:15	1:16:19 (109)	1:26	0:53:17 (81)	2:48:23
88	829	Florian Steffen		AK 30 (m)	16	0:36:43 (112)	5:39	1:15:51 (107)	3:42	0:46:36 (37)	2:48:31
89	800	Mirco Kureck	Knisteraale & Friends	AK 50 (m)	7	0:36:54 (113)	4:46	1:14:27 (92)	1:34	0:51:07 (65)	2:48:48
90	802	Hanno Teiwes		AK 30 (m)	17	0:30:41 (52)	4:36	1:17:31 (113)	1:29	0:55:17 (96)	2:49:35
91	858	Wolfgang Schäfer	TUS Obenstrohe	AK 45 (m)	14	0:38:35 (127)	4:17	1:10:44 (69)	1:27	0:54:38 (92)	2:49:41
92	741	Harm Tietje	LAV Verden	AK 50 (m)	8	0:33:36 (89)	6:34	1:11:22 (72)	2:18	0:55:53 (99)	2:49:43
93	795	Jochen Landwehr	VSK-Triathlon OHZ	AK 55 (m)	12	0:28:49 (40)	3:51	1:12:54 (79)	1:53	1:02:27 (120)	2:49:55
94	752	Henning Becker		AK 30 (m)	18	0:32:12 (70)	4:51	1:09:58 (63)	1:54	1:01:16 (119)	2:50:11
95	712	Hannes Kröger	ERDINGER Active TEAM	AK 30 (m)	19	0:33:18 (87)	4:03	1:14:57 (99)	1:27	0:56:33 (104)	2:50:18
96	818	Matthias Timmermann		AK 25 (m)	15	0:34:13 (97)	3:57	1:16:10 (108)	1:11	0:56:03 (101)	2:51:34
97	849	Fabian Zinser	LAV Bokel	AK 40 (m)	10	0:36:59 (115)	4:45	1:07:33 (37)	2:19	1:00:34 (117)	2:52:09
98	851	Markus Heseler		AK 35 (m)	14	0:35:21 (105)	5:31	1:14:49 (96)	2:04	0:54:34 (91)	2:52:18
99	796	Gerhard Heese		AK 55 (m)	13	0:33:41 (90)	6:11	1:18:06 (115)	1:44	0:53:11 (80)	2:52:52
100	708	Harms Christel	Sttv Berne	AK 45 (m)	15	0:27:35 (32)	6:12	1:13:42 (87)	2:12	1:03:13 (121)	2:52:54
101	870	Mike Schroeder		AK 35 (m)	15	0:37:22 (117)	4:40	1:13:35 (85)	1:35	0:55:54 (100)	2:53:15 *
102	794	Ilja El-Tawil	SRL Triathlon Koblenz	AK 45 (m)	16	0:35:08 (103)	4:30	1:10:14 (65)	2:26	1:01:03 (118)	2:53:21
103	878	Marco Schimpf	PIH Bremerhaven	AK 40 (m)	11	0:36:23 (109)	3:53	1:13:01 (81)	2:26	0:57:48 (110)	2:53:30
104	832	Heiko Wittje	1. TC Oldenburg	AK 60 (m)	3	0:31:49 (62)	5:05	1:19:58 (122)	1:04	0:56:41 (105)	2:54:37
105	779	Jörn Ehmke	GEWOBA	AK 55 (m)	14	0:32:22 (71)	3:16	1:19:46 (121)	2:03	0:57:15 (109)	2:54:42
106	762	Thomas Baumgarten	Triathlöwen Bremen e.V.	AK 40 (m)	12	0:37:52 (122)	4:56	1:14:55 (97)	1:23	0:56:19 (102)	2:55:25
107	777	Maximilian Stamme		AK 25 (m)	16	0:41:29 (136)	5:00	1:15:01 (100)	2:52	0:51:19 (67)	2:55:41
108	869	Jack Smaavik		AK 40 (m)	13	0:38:39 (128)	8:29	1:08:26 (47)	2:23	0:58:34 (113)	2:56:31

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
109	721	Max Hädrich		AK 30 (m)	20	0:36:38 (110)	4:28	1:18:44 (117)	0:56	0:56:21 (103)	2:57:06
110	855	Karsten Jeschkies		AK 35 (m)	16	0:34:12 (95)	4:21	1:18:07 (116)	2:25	0:58:08 (112)	2:57:12
111	883	Joshua Henning	SV Eintracht Hepstedt / Breddorf	AK 25 (m)	17	0:38:03 (123)	4:07	1:15:48 (106)	1:46	0:58:46 (114)	2:58:29
112	827	Martin Kenner		AK 25 (m)	18	0:38:15 (125)	4:40	1:14:21 (90)	4:38	0:57:09 (106)	2:59:03
113	864	Moritz Vieth		AK 35 (m)	17	0:40:39 (133)	4:14	1:19:15 (118)	1:28	0:53:56 (89)	2:59:31
114	786	Lukas Grundmann	SV Untrainiert	AK 20 (m)	5	0:33:42 (91)	4:07	1:20:15 (123)	1:40	0:59:49 (116)	2:59:32
115	759	Marco Buck	Vollkornsprudel	AK 30 (m)	21	0:37:22 (118)	4:45	1:23:38 (132)	2:01	0:52:11 (75)	2:59:55
116	765	Sebastian Bertram	Triabolos Hamburg e.V.	AK 45 (m)	17	0:31:56 (65)	4:06	1:11:15 (71)	2:36	1:10:23 (134)	3:00:15
117	875	Maximilian Meyer	TSG Düderode/Oldenrode	AK 30 (m)	22	0:36:58 (114)	6:21	1:20:16 (124)	0:56	0:55:50 (98)	3:00:20
118	843	Rainer Brandt	TV Lilienthal	AK 55 (m)	15	0:35:55 (108)	6:41	1:20:52 (127)	1:54	0:55:08 (94)	3:00:30
119	830	Maik Brünjes		AK 55 (m)	16	0:35:21 (106)	7:06	1:20:52 (127)	2:08	0:55:06 (93)	3:00:33
120	839	Thomas Knode	Bremen	AK 60 (m)	4	0:42:32 (137)	4:50	1:14:21 (89)	1:43	0:57:13 (108)	3:00:38
121	810	Dierk Kersten		AK 40 (m)	14	0:33:05 (81)	4:53	1:15:42 (105)	1:37	1:06:20 (129)	3:01:38
122	880	Jan Greune	Tri Team Schwarme	AK 60 (m)	5	0:32:37 (73)	5:49	1:17:13 (110)	3:14	1:03:31 (124)	3:02:23
123	738	Joachim Grahl	ERDINGER Active TEAM	AK 50 (m)	9	0:32:43 (76)	5:52	1:15:22 (102)	2:12	1:06:24 (130)	3:02:32
124	817	Jonas Book		AK 30 (m)	23	0:31:32 (59)	4:59	1:14:44 (95)	1:56	1:09:42 (132)	3:02:52
125	876	Georg Dole	TriCologne e.V.	AK 45 (m)	18	0:38:52 (131)	6:13	1:20:38 (126)	1:55	0:55:16 (95)	3:02:54
126	771	Dominik Schelenz		AK 35 (m)	18	0:32:38 (75)	5:18	1:21:06 (129)	1:43	1:04:25 (126)	3:05:09
127	793	Thomas Trotno	Triathlöwen Bremen e.V.	AK 60 (m)	6	0:34:06 (94)	4:54	1:23:08 (131)	1:53	1:03:28 (123)	3:07:28
128	884	Stephan Stitterich	TC Bären	AK 50 (m)	10	0:37:34 (119)	4:44	1:15:33 (104)	1:48	1:10:36 (135)	3:10:15
129	813	Thorsten Lewerentz		AK 60 (m)	7	0:38:30 (126)	6:32	1:20:29 (125)	3:17	1:03:22 (122)	3:12:10
130	846	Werner Keller		AK 65 (m)	1	0:39:57 (132)	4:39	1:19:26 (120)	1:52	1:06:40 (131)	3:12:34
131	850	Veit Sorge	Triathlöwen Bremen e.V.	AK 55 (m)	17	0:38:13 (124)	6:09	1:14:18 (88)	3:07	1:11:12 (136)	3:12:59
132	799	Bastian Biermann	TSV Giesen	AK 40 (m)	15	0:37:47 (121)	4:54	1:27:50 (136)	1:02	1:04:26 (127)	3:15:59
133	775	Nils Reetz		AK 30 (m)	24	0:45:55 (140)	6:14	1:23:54 (133)	1:40	0:59:09 (115)	3:16:52
134	842	Max Leno		AK 30 (m)	25	0:38:49 (130)	5:22	1:26:01 (135)	2:29	1:04:38 (128)	3:17:20
135	859	Banon Patrick Mutihinda-Bambe	Kijs UVA connexions	AK 35 (m)	19	0:41:05 (134)	5:47	1:17:23 (112)	3:00	1:10:22 (133)	3:17:37

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
136	805	Tobias Sulz	Hansefit	AK 35 (m)	20	0:36:38 (111)	6:46	1:30:00 (137)	2:16	1:13:47 (137)	3:29:26
137	852	Björn Rackoll	FC St. Pauli Triathlon	AK 45 (m)	19	0:37:02 (116)	7:40	1:25:26 (134)	3:28	1:17:22 (138)	3:30:58
138	874	Michael Cordes		AK 35 (m)	21	0:41:07 (135)	6:19	1:21:26 (130)	4:41	1:26:48 (140)	3:40:20
139	865	Steven Kinnard		AK 30 (m)	26	0:44:17 (138)	7:20	()		1:04:20 (125)	3:48:24
140	862	Jan-Paul Horn		AK 25 (m)	19	0:44:34 (139)	6:41	1:40:29 (138)	2:00	1:26:42 (139)	4:00:24

Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	697	Viktoria Rath	1. Tri-Club Paderborn	AK 35 (w)	1	0:26:24 (2)	3:17	1:10:21 (5)	1:02	0:44:16 (2)	2:25:20
2	720	Tanja Elmers	Triathlöwen Bremen e.V.	AK 40 (w)	1	0:28:09 (4)	2:54	1:06:51 (1)	1:07	0:46:27 (3)	2:25:28
3	756	Lara Slavik	Triathlöwen Bremen e.V.	AK 25 (w)	1	0:31:50 (10)	2:52	1:09:57 (3)	1:09	0:42:46 (1)	2:28:33
4	750	Linda Neddermann	Triathlon Club Bremen	AK 35 (w)	2	0:31:22 (9)	3:18	1:12:38 (7)	0:57	0:46:55 (4)	2:35:10
5	882	Miriam Warnke	Triathlöwen Bremen	AK 30 (w)	1	0:33:06 (13)	3:39	1:10:52 (6)	1:15	0:47:06 (5)	2:35:57
6	819	Wiebke Arkenau	Wasser und Freizeit Münster	AK 35 (w)	3	0:33:12 (14)	4:44	1:09:28 (2)	2:15	0:47:31 (6)	2:37:12
7	748	Finja Tietjen		AK 25 (w)	2	0:29:50 (7)	3:41	1:13:48 (10)	1:30	0:50:16 (8)	2:39:05
8	787	Lena Schröder	ATS Buntentor	AK 25 (w)	3	0:34:04 (15)	3:49	1:12:56 (9)	2:03	0:48:22 (7)	2:41:15
9	828	Alisa Cantauw		AK 25 (w)	4	0:31:54 (11)	3:28	1:16:26 (13)	1:00	0:52:11 (10)	2:44:58
10	823	Anja Marzinek	SportFreigang	AK 50 (w)	1	0:38:30 (20)	3:43	1:10:08 (4)	1:27	0:52:02 (9)	2:45:49
11	826	WIEBKE Ohrenberg	Triabolas Hamburg e.V.	AK 25 (w)	5	0:32:58 (12)	3:58	1:15:30 (11)	1:14	0:53:33 (13)	2:47:13
12	751	Bettina Lechtenböcker		AK 50 (w)	2	0:28:58 (5)	4:31	1:18:50 (16)	1:02	0:57:56 (16)	2:51:18
13	881	Katrin Fricke		AK 45 (w)	1	0:40:44 (22)	3:57	1:12:44 (8)	1:55	0:52:27 (11)	2:51:47
14	860	Alina Linke		AK 25 (w)	6	0:36:14 (16)	5:08	1:17:54 (14)	1:02	0:55:45 (14)	2:56:02
15	753	Annalena Haack		AK 25 (w)	7	0:29:11 (6)	4:15	1:21:43 (19)	1:16	1:00:17 (17)	2:56:42
16	778	Maire Osmers	SG Stern Bremen	AK 30 (w)	2	0:27:41 (3)	3:41	1:22:48 (20)	1:18	1:01:50 (19)	2:57:17
17	678	Minja Joy Neue		AK 20 (w)	1	0:30:56 (8)	4:29	1:27:37 (22)	1:35	0:53:10 (12)	2:57:48
18	840	Ella Sudmann		AK 20 (w)	2	0:37:13 (18)	5:15	1:15:55 (12)	1:47	1:00:56 (18)	3:01:06



Olympic Triathlon

(Männer / Frauen Wertung)

Bremen, den 13. August 2023

Mit freundlicher Unterstützung von:



Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
19	861	Nina Mannschott		AK 25 (w)	8	0:44:15 (24)	5:19	1:18:12 (15)	2:07	0:56:36 (15)	3:08:28 *
20	816	Evelin Lückerath		AK 45 (w)	2	0:37:05 (17)	6:11	1:21:18 (18)	1:51	1:03:19 (20)	3:09:43
21	847	Brigitte Keller		AK 65 (w)	1	0:37:55 (19)	4:47	1:23:05 (21)	1:06	1:07:22 (21)	3:14:15
22	856	Kristin Busse		AK 25 (w)	9	0:38:53 (21)	3:41	1:19:41 (17)	2:14	1:12:08 (22)	3:16:39
23	863	Sara Mannschott		AK 25 (w)	10	0:41:19 (23)	6:00	1:39:38 (23)	2:21	1:13:37 (23)	3:42:56

Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	375	Anthea Klingelhöfer	SV Werder Bremen	AK 25 (w)	1	0:12:16 (15)	2:54	0:37:10 (10)	3:03	0:21:14 (2)	1:16:36
2	327	Nicole Letford	ERDINGER Active TEAM	AK 30 (w)	1	0:13:28 (37)	3:16	0:35:32 (6)	3:17	0:21:09 (1)	1:16:42
3	255	Katrin Kroschinski	ERDINGER Active TEAM	AK 40 (w)	1	0:11:57 (11)	2:55	0:34:15 (4)	3:14	0:25:02 (8)	1:17:22
4	207	Lisa Marlen Kuhlmann	G.S.T.V. Tritanium	AK 25 (w)	2	0:11:26 (8)	2:40	0:36:49 (9)	2:58	0:23:58 (3)	1:17:51
5	472	Thea Zimmer	TriAs Flensburg e.V.	AK 25 (w)	3	0:12:19 (16)	3:47	0:35:11 (5)	3:37	0:24:38 (7)	1:19:32
6	502	Antje Jacobs	LSF Oldenburg	AK 40 (w)	2	0:14:37 (58)	4:08	0:36:04 (8)	3:13	0:24:17 (5)	1:22:18
7	248	Bianca Nerke		AK 30 (w)	2	0:13:35 (39)	3:34	0:37:39 (11)	2:57	0:25:24 (10)	1:23:09
8	211	Kyra Boxberger		AK 25 (w)	4	0:08:57 (1)	4:13	0:40:55 (46)	3:21	0:26:14 (19)	1:23:40
9	349	Heike Becker		AK 60 (w)	1	0:13:12 (30)	4:19	0:39:50 (38)	3:13	0:24:08 (4)	1:24:41
10	313	Jennifer Zimmermann	SG Stern Bremen	AK 35 (w)	1	0:10:49 (6)	4:25	0:40:41 (44)	3:11	0:25:46 (14)	1:24:51
11	596	Laura Hoffmann		AK 35 (w)	2	0:12:51 (22)	4:03	0:37:48 (12)	2:55	0:27:33 (33)	1:25:11
12	265	Merle Staschen	OSC Bremerhaven	AK 25 (w)	5	0:12:49 (21)	3:27	0:38:53 (25)	3:04	0:27:05 (26)	1:25:17
13	346	Fee Russell	STTV Berne	AK 30 (w)	3	0:12:54 (23)	3:37	0:38:38 (20)	3:34	0:26:44 (20)	1:25:27
14	238	Jessica Sauerwald	Blumenthaler TV	AK 40 (w)	3	0:09:39 (2)	3:44	0:40:35 (43)	3:22	0:28:41 (42)	1:26:01
15	223	Louisa Kramer	Johanniter - Hannoveraner Teamgeist	AK 20 (w)	1	0:12:44 (19)	3:39	0:39:11 (29)	3:37	0:26:53 (23)	1:26:04
16	333	Silke Frambach	Triathlöwen Bremen e.V.	AK 55 (w)	1	0:12:12 (13)	3:59	0:39:22 (32)	3:47	0:26:44 (21)	1:26:05
17	209	Charlotte Kahmen		WJUN	1	0:09:48 (3)	3:53	0:36:00 (7)	3:48	0:32:46 (66)	1:26:13
18	414	Lisa Kruse	Bremen 1860	AK 30 (w)	4	0:14:17 (53)	3:31	0:39:07 (27)	3:24	0:26:10 (18)	1:26:30
19	358	Mareike Demel	HanseWasser	AK 30 (w)	5	0:13:17 (33)	4:03	0:38:27 (18)	3:42	0:27:35 (34)	1:27:04
20	210	Lena Nordhausen		AK 25 (w)	6	0:10:12 (5)	4:31	0:41:20 (51)	3:33	0:27:29 (31)	1:27:05
21	506	Miriam Benz		AK 35 (w)	3	0:14:27 (56)	3:53	0:38:28 (19)	3:31	0:26:50 (22)	1:27:08
22	379	Vanessa Radtke		AK 30 (w)	6	0:12:54 (24)	3:45	0:38:40 (21)	4:00	0:28:06 (39)	1:27:24
23	504	Sonja Kläner	LSF Oldenburg e.V.	AK 50 (w)	1	0:16:22 (79)	4:01	0:37:59 (13)	4:00	0:25:19 (9)	1:27:41
24	395	Ayla Murray		AK 30 (w)	7	0:13:50 (46)	3:11	0:39:51 (39)	3:25	0:27:27 (30)	1:27:45
25	363	Veronika Schlierf		AK 45 (w)	1	0:13:42 (43)	3:21	0:39:12 (30)	3:33	0:28:04 (37)	1:27:53
26	452	Wilma Möller		AK 25 (w)	7	0:13:40 (41)	4:23	0:38:42 (22)	4:05	0:27:24 (29)	1:28:14
27	353	Binke Dürr	Triathlöwen Bremen e.V.	AK 45 (w)	2	0:13:55 (48)	3:33	0:38:11 (15)	3:47	0:28:50 (46)	1:28:15

Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
28	397	Pia Lechtenböcker		AK 20 (w)	2	0:12:47 (20)	3:25	0:41:06 (48)	3:28	0:27:39 (35)	1:28:25
29	435	Stefanie Lübben		AK 25 (w)	8	0:13:25 (35)	4:35	0:38:50 (24)	4:29	0:27:33 (32)	1:28:52
30	516	Kristina Dörrenberg		AK 40 (w)	4	0:14:03 (49)	4:26	0:38:03 (14)	3:44	0:28:47 (43)	1:29:03
31	322	Claudia Kroll		AK 30 (w)	8	0:13:08 (28)	3:24	0:39:11 (28)	4:36	0:28:47 (43)	1:29:07
32	476	Karo Busch	Team ZOOT Europe	AK 40 (w)	5	0:15:52 (73)	4:35	0:38:12 (16)	4:40	0:25:51 (15)	1:29:09
33	229	Luca Marie Nestler		AK 20 (w)	3	0:12:24 (17)	3:53	0:40:43 (45)	3:28	0:28:52 (49)	1:29:20
34	340	Diana Schulz	Tri-Speedys Peine	AK 50 (w)	2	0:14:08 (50)	4:27	0:40:12 (40)	3:32	0:27:05 (26)	1:29:23
35	339	Astrid Ullerich	VfL Westercelle	AK 50 (w)	3	0:13:07 (27)	4:06	0:42:01 (57)	3:17	0:27:02 (24)	1:29:33
36	260	Cornelia Cordes		AK 40 (w)	6	0:13:54 (47)	4:17	0:38:47 (23)	4:12	0:28:50 (47)	1:30:01
37	528	Mirjam Kolbeck	LC Hansa Stuhr Tri-Wölfe	AK 30 (w)	9	0:13:18 (34)	3:41	0:44:19 (70)	3:36	0:25:25 (11)	1:30:18
38	283	Hannah Esters		AK 30 (w)	10	0:14:53 (62)	4:34	0:38:55 (26)	3:43	0:28:51 (48)	1:30:56
39	494	Katharina Evers		AK 25 (w)	9	0:14:08 (50)	4:45	0:41:50 (54)	3:43	0:27:08 (28)	1:31:35
40	467	Paula Rauf		AK 25 (w)	10	0:16:00 (74)	4:24	0:39:32 (33)	3:42	0:28:05 (38)	1:31:43
41	468	Martina Rauf		AK 25 (w)	11	0:15:03 (66)	4:56	0:42:37 (61)	3:32	0:25:36 (13)	1:31:43
42	615	Lena Puckhaber		AK 30 (w)	11	0:14:48 (60)	4:05	0:39:16 (31)	3:56	0:28:41 (41)	1:31:46 *
43	388	Maike Hopp		AK 45 (w)	3	0:12:59 (25)	4:27	0:38:24 (17)	4:22	0:31:55 (63)	1:32:07
44	415	Tanja Vogelpohl		AK 30 (w)	12	0:14:09 (52)	4:27	0:39:34 (35)	3:55	0:30:12 (52)	1:32:18
45	328	Antonia Riechers		AK 20 (w)	4	0:11:23 (7)	4:46	0:41:16 (50)	3:18	0:31:41 (60)	1:32:23
46	369	Wiebke Breves		AK 50 (w)	4	0:13:49 (45)	4:05	0:40:55 (47)	5:00	0:28:38 (40)	1:32:27
47	441	Amelie Heidenreich		AK 20 (w)	5	0:12:13 (14)	4:17	0:39:33 (34)	4:45	0:32:08 (64)	1:32:56
48	612	Luisa Bannow	TriAs Flensburg e.V.	AK 30 (w)	13	0:10:09 (4)	3:41	0:43:59 (67)	4:06	0:31:15 (58)	1:33:10
49	364	Mariama Diop		AK 25 (w)	12	0:13:27 (36)	4:30	0:41:51 (55)	3:59	0:29:33 (51)	1:33:20
50	482	Lina Stooß		AK 30 (w)	14	0:15:21 (69)	4:39	0:39:46 (37)	4:47	0:28:48 (45)	1:33:20
51	385	Indra Jacqueline Karl	TRI-JOY-IMMENSEN-ARPKE	AK 35 (w)	4	0:14:23 (54)	4:03	0:41:09 (49)	4:16	0:29:31 (50)	1:33:22
52	445	Melanie Hashagen		AK 30 (w)	15	()	()	()	()	()	1:33:32
53	575	Heike Greis	LSF Oldenburg	AK 55 (w)	2	0:15:33 (70)	5:12	0:42:50 (63)	4:14	0:25:56 (16)	1:33:46
54	348	Corinna Lüdeke		AK 30 (w)	16	0:14:52 (61)	3:33	0:40:27 (42)	3:58	0:31:12 (57)	1:34:02

Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
55	350	Florencia Lichtenberg geb. Diaz Cano		AK 30 (w)	17	0:13:16 (31)	4:18	0:46:16 (78)	3:20	0:27:03 (25)	1:34:13
56	274	Julia Gaumann		AK 30 (w)	18	0:13:41 (42)	4:24	0:41:35 (52)	4:35	0:30:17 (54)	1:34:32
57	305	Christina Dieckvoß	Sparkasse Bremen	AK 50 (w)	5	0:13:04 (26)	4:22	0:42:06 (58)	4:52	0:31:04 (56)	1:35:28
58	449	Tania Hensing		AK 50 (w)	6	0:18:58 (85)	5:22	0:43:36 (65)	3:24	0:24:25 (6)	1:35:45
59	564	Hanna Steilen		AK 30 (w)	19	0:16:18 (78)	4:05	0:40:16 (41)	4:27	0:31:21 (59)	1:36:26
60	522	Elisabeth Andresen		AK 40 (w)	7	0:14:59 (64)	4:54	0:42:35 (60)	4:09	0:30:17 (53)	1:36:52
61	439	ANGIE WALDISPERG		AK 25 (w)	13	()		()		()	1:37:43
62	567	Sandra Elmers	SV Werder Bremen	AK 40 (w)	8	0:17:48 (83)	5:07	0:44:54 (72)	3:50	0:26:05 (17)	1:37:44
63	457	Birgit Vogel		AK 50 (w)	7	0:11:52 (10)	4:34	0:45:36 (73)	3:44	0:32:46 (67)	1:38:31
64	386	Katrin Höpfner		AK 50 (w)	8	0:12:38 (18)	4:57	0:42:28 (59)	3:40	0:35:28 (78)	1:39:11
65	382	Martina Völkel		AK 50 (w)	9	0:13:44 (44)	5:05	0:41:51 (56)	3:36	0:34:55 (76)	1:39:12
66	484	Maite Sophie Grimm		AK 20 (w)	6	0:16:59 (80)	4:10	0:43:42 (66)	3:52	0:30:52 (55)	1:39:34
67	584	Jana Schöbel		AK 30 (w)	20	0:14:28 (57)	3:54	0:43:23 (64)	3:56	0:33:58 (71)	1:39:39
68	326	Wiebke Kropp-Büttner		AK 35 (w)	5	0:13:32 (38)	3:34	0:41:44 (53)	4:36	0:36:29 (79)	1:39:55
69	579	Ricarda Meineke		AK 35 (w)	6	0:16:15 (77)	4:18	0:44:01 (68)	3:52	0:31:51 (62)	1:40:17
70	518	Sara-Marie Strauß		AK 25 (w)	14	0:18:51 (84)	4:22	0:39:40 (36)	4:59	0:34:25 (74)	1:42:17
71	548	Janine Habbe		AK 55 (w)	3	0:16:05 (75)	5:58	0:44:44 (71)	4:04	0:31:42 (61)	1:42:34
72	497	Alina Nippes		AK 25 (w)	15	0:13:09 (29)	4:16	0:46:01 (75)	4:20	0:35:04 (77)	1:42:51
73	453	Jessica Pawlitschko		AK 20 (w)	7	0:14:43 (59)	5:02	0:46:24 (82)	4:31	0:33:13 (68)	1:43:53
74	480	Louisa Riedl		AK 20 (w)	8	0:15:00 (65)	3:18	0:42:47 (62)	4:58	0:38:00 (81)	1:44:02
75	529	Caroline Urlaub		AK 35 (w)	7	0:17:24 (81)	5:17	0:23:54 (2)	0:26	0:27:47 (36)	1:44:48
76	604	Iris Brünjes		AK 50 (w)	10	0:15:48 (72)	4:45	0:46:05 (76)	4:20	0:34:07 (72)	1:45:05
77	605	Angelika Spallek		AK 45 (w)	4	0:14:57 (63)	5:35	0:46:20 (79)	4:06	0:34:07 (73)	1:45:05
78	563	Jennifer Baden	LC Hansa Stuhr Tri-Wölfe	AK 35 (w)	8	0:17:37 (82)	5:31	0:46:20 (80)	4:30	0:32:21 (65)	1:46:20
79	368	Lisa Trippler		AK 25 (w)	16	0:15:06 (67)	4:35	0:44:15 (69)	4:51	0:38:20 (82)	1:47:06
80	595	Maurilyn Ayon Olivas		AK 30 (w)	21	0:24:07 (88)	5:30	0:22:45 (1)	0:02	0:25:29 (12)	1:47:54
81	481	Renate Witting	Triathlon Club Bremen	AK 70 (w)	1	0:14:27 (55)	5:21	0:45:45 (74)	4:32	0:38:35 (83)	1:48:39

Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
82	526	Esther Homburg	PSV Oldenburg	AK 60 (w)	2	0:15:44 (71)	8:16	0:46:23 (81)	5:11	0:33:32 (70)	1:49:06
82	616	Erin Cold		AK 25 (w)	17	0:13:40 (40)	5:44	0:51:27 (86)	4:46	0:33:30 (69)	1:49:06
84	460	Jennifer Weber		AK 30 (w)	22	0:13:17 (32)	5:43	0:46:16 (77)	4:45	0:40:20 (85)	1:50:20
85	307	Irene Maria Borgardt		AK 55 (w)	4	0:15:14 (68)	6:40	0:49:11 (85)	4:56	0:34:38 (75)	1:50:38
86	589	Waltraud Bernau	Triat	AK 70 (w)	2	0:19:26 (86)	5:58	0:47:47 (84)	4:36	0:38:45 (84)	1:56:33
87	524	Sarah Klußmann		AK 25 (w)	18	0:16:14 (76)	5:24	0:46:55 (83)	5:50	0:44:46 (86)	1:59:09
88	565	Nina Schorling		AK 45 (w)	5	0:21:29 (87)	6:58	0:54:21 (87)	5:04	0:37:58 (80)	2:05:51

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	619	Timo Kuhlmann		AK 30 (m)	1	0:09:12 (5)	2:18	0:29:22 (4)	2:16	0:16:38 (1)	0:59:47
2	202	Carsten Jaekel		AK 50 (m)	1	0:08:42 (2)	2:44	0:31:53 (9)	2:42	0:20:12 (9)	1:06:13
3	206	Ole Broehldick		AK 30 (m)	2	0:09:47 (10)	2:42	0:32:17 (13)	2:23	0:19:35 (4)	1:06:43
4	205	Jonas Czwikla	Bremer Sport-Club	AK 30 (m)	3	0:09:50 (11)	2:32	0:31:34 (8)	2:26	0:20:44 (13)	1:07:06
5	289	Maximilian Alber		AK 20 (m)	1	0:11:22 (33)	2:31	0:33:08 (21)	2:21	0:18:33 (2)	1:07:55
6	373	Julian von Gronefeld	RSV 23	AK 20 (m)	2	0:13:28 (125)	2:40	0:30:06 (5)	3:08	0:20:26 (10)	1:09:48
7	620	Jannik Sander		AK 25 (m)	1	0:10:12 (14)	4:31	0:31:12 (6)	3:44	0:20:42 (12)	1:10:21
8	208	Tobias Weimer	TRC Essen 1984 eV	AK 45 (m)	1	0:08:53 (4)	3:46	0:33:52 (29)	2:48	0:21:03 (15)	1:10:22
9	243	Benjamin Brogsch		AK 25 (m)	2	0:09:43 (9)	2:44	0:32:37 (15)	2:39	0:22:45 (49)	1:10:27
10	212	Robert Fuchs	LAV Verden	AK 45 (m)	2	0:09:52 (12)	2:52	0:31:54 (10)	2:56	0:23:00 (55)	1:10:33
11	242	Erik Schlemmer		AK 20 (m)	3	0:10:43 (22)	3:00	0:33:02 (20)	2:58	0:21:07 (18)	1:10:49
12	318	Maurice Harr		AK 20 (m)	4	0:11:01 (25)	3:06	0:34:29 (41)	2:36	0:20:01 (8)	1:11:12
13	221	Hendrik Naatz		AK 35 (m)	1	0:11:28 (38)	2:39	0:32:04 (12)	2:59	0:22:12 (35)	1:11:22
14	361	Thomas Keller		AK 30 (m)	4	0:12:02 (51)	2:22	0:33:08 (22)	3:02	0:21:11 (20)	1:11:45
15	338	Jonas Kamermann		AK 25 (m)	3	0:11:21 (32)	3:12	0:33:57 (32)	2:44	0:20:32 (11)	1:11:45
16	224	Dennis Wedekin	Johanniter - Hannoveraner Teamgeist	AK 35 (m)	2	0:11:14 (27)	2:31	0:34:50 (51)	2:53	0:21:04 (16)	1:12:31

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
17	241	Mathis Kröger	ERDINGER Active TEAM	AK 30 (m)	5	0:12:16 (60)	3:04	0:32:56 (18)	3:18	0:21:05 (17)	1:12:39
18	222	Pascal Kromm	RRC Rockin Rats Hameln e.V.	AK 35 (m)	3	0:10:23 (16)	2:59	0:34:05 (35)	2:59	0:22:20 (38)	1:12:46
19	213	Nono Weinzierl	Triabolos Triathlon Hamburg e.V.	AK 30 (m)	6	0:09:21 (6)	2:48	0:34:32 (43)	2:49	0:23:27 (60)	1:12:58
20	278	Slawomir Deren	Triabolos Hamburg	AK 40 (m)	1	0:12:05 (53)	3:00	0:32:37 (14)	3:09	0:22:07 (34)	1:12:58
21	218	Alexander Albrecht	Hannover 96 Triathlon	AK 50 (m)	2	0:10:33 (20)	3:01	0:31:22 (7)	3:18	0:24:55 (91)	1:13:09
22	423	Paul Bomke	Team Synera	AK 35 (m)	4	0:11:31 (40)	3:24	0:32:57 (19)	3:03	0:22:22 (39)	1:13:17
23	309	Henning Engelhardt		AK 35 (m)	5	0:12:45 (89)	3:35	0:32:00 (11)	3:21	0:21:42 (27)	1:13:22
24	293	Tim Veith	MTV Aurich Triathlon	MJUN	1	0:11:27 (36)	3:49	0:36:43 (103)	2:51	0:18:42 (3)	1:13:32
25	332	Nick Hauptvogel	Tri4 Danmark	AK 20 (m)	5	0:11:17 (29)	3:21	0:33:31 (25)	3:14	0:22:24 (42)	1:13:47
26	334	Thomas Menke	Boogie-Unicorns	AK 35 (m)	6	0:11:45 (46)		()		()	1:13:58
27	257	Jonas Bock	Triathlon Club Bremen	AK 25 (m)	4	0:10:00 (13)	2:52	0:34:24 (37)	2:57	0:24:00 (70)	1:14:12
28	613	Yannick Braun		AK 30 (m)	7	0:11:41 (44)	4:03	0:34:07 (36)	3:34	0:21:09 (19)	1:14:33
29	246	Marco Solari		AK 30 (m)	8	0:10:58 (23)	3:34	0:34:42 (48)	3:20	0:22:06 (33)	1:14:39
30	323	Philip Buchholz	Triathlöwen Bremen e.V.	AK 35 (m)	7	0:11:28 (37)	3:50	0:34:33 (44)	2:55	0:21:56 (28)	1:14:41
31	252	Jörg Fischer	VfL Jesteburg	AK 45 (m)	3	0:10:26 (17)	3:40	0:34:25 (38)	3:03	0:23:10 (56)	1:14:43
32	556	Frederik Dönch	Borussia Dortmund	AK 20 (m)	6	0:13:32 (129)	4:17	0:34:55 (56)	2:38	0:19:41 (5)	1:15:03
33	551	Joscha Knobloch		AK 25 (m)	5	0:13:07 (108)	3:05	0:34:45 (49)	2:44	0:21:37 (25)	1:15:18
34	404	Jens Borchers		AK 40 (m)	2	0:12:40 (84)	3:34	0:34:26 (40)	3:13	0:21:30 (22)	1:15:22
35	291	Alexander Algermissen		AK 20 (m)	7	0:13:00 (104)	3:12	0:32:50 (16)	3:41	0:22:42 (48)	1:15:24
36	298	Pogorzalski Liam		AK 20 (m)	8	0:11:47 (47)	4:30	0:35:11 (62)	3:33	0:20:44 (14)	1:15:44
37	443	Nils Landwehr	LETS RUN Bremen	AK 45 (m)	4	0:13:22 (119)	4:01	0:34:25 (39)	2:43	0:21:18 (21)	1:15:51
38	317	Aaron Krumdick		AK 20 (m)	9	0:12:14 (58)	2:47	0:36:07 (89)	2:39	0:22:24 (41)	1:16:12
39	422	Christian Tessarek	SVGO Bremen	AK 45 (m)	5	0:11:36 (42)	3:43	0:34:59 (58)	3:15	0:22:51 (53)	1:16:23
40	537	Janick Schulze	Kein Verein	AK 25 (m)	6	0:12:28 (69)	4:23	0:36:51 (107)	3:10	0:19:46 (6)	1:16:39
41	270	Jonathan Paul Reschke		AK 20 (m)	10	0:12:33 (74)	2:42	0:33:41 (28)	3:07	0:24:41 (82)	1:16:43
42	267	Andreas Ludolph	HNT-Triathlon	AK 50 (m)	3	0:12:04 (52)	5:11	0:36:33 (99)	3:16	0:19:51 (7)	1:16:55
43	219	Yannic Nerke		AK 30 (m)	9	0:11:51 (48)	4:07	0:35:14 (66)	2:58	0:22:47 (51)	1:16:56

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
44	250	Louis Rittmeier	SC Langenhagen	AK 20 (m)	11	0:11:19 (30)	2:24	0:36:14 (92)	2:58	0:24:05 (72)	1:17:01
45	432	Lutz Albers		AK 40 (m)	3	0:13:35 (132)	3:47	0:33:33 (26)	3:24	0:22:45 (50)	1:17:04
46	203	Martin Goldstein		AK 35 (m)	8	0:12:53 (95)	3:11	0:35:54 (83)	3:06	0:22:17 (37)	1:17:20
47	403	Tom Kreyenhop		AK 45 (m)	6	0:11:29 (39)	3:31	0:36:57 (111)	3:31	0:22:24 (40)	1:17:52
48	204	Matthias Michaelsen		AK 45 (m)	7	0:08:38 (1)	3:44	0:35:22 (68)	3:20	0:27:08 (153)	1:18:11
49	232	Alexis-Nikolas Krafczyk		AK 30 (m)	10	0:08:45 (3)	2:30	0:39:04 (167)	3:09	0:25:13 (103)	1:18:40
50	261	Kamil Adiloglu	Bremer Sport Club	AK 45 (m)	8	0:10:59 (24)	3:18	0:35:37 (76)	3:42	0:25:12 (101)	1:18:47
51	362	Thorsten Kammeier	Triathlöwen Bremen e.V.	AK 60 (m)	1	0:11:08 (26)	3:54	0:35:12 (65)	3:45	0:24:52 (90)	1:18:51
52	234	Timo Engel		AK 40 (m)	4	0:11:15 (28)	4:55	0:37:40 (127)	2:36	0:22:28 (44)	1:18:53
53	421	Kevin Schüler		AK 30 (m)	11	0:12:37 (77)	4:26	0:34:57 (57)	3:13	0:24:00 (69)	1:19:12
54	240	David Beckmann		AK 25 (m)	7	0:12:39 (81)	3:21	0:35:31 (74)	2:51	0:24:57 (93)	1:19:18
55	611	Julian Krause		AK 40 (m)	5	0:13:53 (145)	3:27	0:33:33 (26)	3:35	0:24:51 (87)	1:19:19
56	406	Jan Ahrens		AK 35 (m)	9	0:13:52 (144)	4:21	0:35:29 (73)	2:45	0:22:53 (54)	1:19:21
57	500	Marcel Grashoff	MTV Riede	AK 30 (m)	12	0:14:00 (151)	4:12	0:34:31 (42)	3:17	0:23:21 (58)	1:19:21
58	225	Marc Plenge	Triathlöwen Bremen e.V.	AK 45 (m)	9	0:10:42 (21)	3:40	0:34:54 (55)	3:33	0:26:33 (140)	1:19:23
59	233	Julian Cordes		AK 30 (m)	13	0:09:38 (8)	3:47	0:34:49 (50)	3:26	0:27:45 (167)	1:19:25
60	451	Benno Masemann		AK 35 (m)	10	0:14:12 (162)	3:41	0:35:12 (64)	3:03	0:23:19 (57)	1:19:27
61	495	Simon Reinhardt	SV Werder Bremen	AK 25 (m)	8	0:14:10 (159)	4:05	0:36:12 (91)	3:00	0:22:01 (30)	1:19:28
62	508	Stefan Brinkers		AK 40 (m)	6	0:14:22 (168)	4:42	0:35:43 (78)	3:19	0:21:31 (23)	1:19:37
63	273	Matthes Jünke		AK 25 (m)	9	0:11:32 (41)	3:49	0:36:47 (106)	2:52	0:24:40 (81)	1:19:39
64	285	Frank Klöcker	TV 01 Bohmte	AK 55 (m)	1	0:12:22 (66)	4:04	0:35:09 (61)	3:24	0:24:42 (83)	1:19:41
65	237	Oliver Brunhuber	FC St. Pauli Triathlon	AK 50 (m)	4	0:12:58 (101)	3:17	0:34:40 (46)	3:08	0:25:49 (122)	1:19:51
66	459	Ronny Arnoldt		AK 35 (m)	11	0:12:56 (97)	4:20	0:35:22 (69)	3:06	0:24:14 (75)	1:19:57
67	408	Daniel Lübben		AK 20 (m)	12	0:12:13 (56)	4:46	0:38:40 (153)	2:48	0:21:39 (26)	1:20:04
68	617	Miklas Bengsch		AK 30 (m)	14	0:11:56 (49)	4:13	0:36:45 (105)	3:27	0:23:48 (65)	1:20:09
69	258	Heiko Bross	VFL Jesteburg	AK 55 (m)	2	0:11:42 (45)	4:21	0:33:54 (30)	3:35	0:26:49 (147)	1:20:21
70	393	Timothy Weiß	Gäde Container Spedition	AK 25 (m)	10	0:14:31 (174)	3:34	0:33:09 (23)	3:40	0:25:28 (107)	1:20:22

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
71	602	Lars Pöhler		AK 20 (m)	13	0:12:26 (67)	3:38	0:36:45 (104)	3:40	0:23:54 (67)	1:20:23
72	245	Finn Bergmann	Triathlöwen Bremen e.V.	AK 30 (m)	15	0:12:51 (92)	3:16	0:35:36 (75)	3:08	0:25:46 (119)	1:20:37
73	310	Kai Kutzki	Delmenhorster Schwimm-Verein von 1905 e.V.	AK 30 (m)	16	0:12:38 (79)	3:36	0:34:52 (54)	3:19	0:26:14 (134)	1:20:39
74	355	Holger Lühr	FLIB Bremen e. V.	AK 55 (m)	3	0:13:08 (109)	3:28	0:34:50 (52)	3:14	0:26:12 (133)	1:20:52
75	337	Marcel Kropp	swb-runners	AK 40 (m)	7	0:12:42 (86)	4:15	0:36:39 (102)	3:11	0:24:13 (74)	1:21:00
76	410	David Burmester		AK 30 (m)	17	0:13:24 (122)	4:01	0:36:28 (96)	3:13	0:24:01 (71)	1:21:06
77	553	Carsten Berg	1860 Bremen	AK 55 (m)	4	0:14:11 (161)	5:20	0:35:11 (62)	4:29	0:22:02 (31)	1:21:12
78	296	Torsten Klieme	Triathlöwen Bremen e.V.	AK 55 (m)	5	0:12:29 (70)	4:37	0:34:51 (53)	3:52	0:25:26 (106)	1:21:15
79	405	Leonard Praetorius		AK 30 (m)	18	0:13:16 (114)	4:32	0:36:05 (88)	3:11	0:24:15 (76)	1:21:20
80	302	Ralf Brummerloh		AK 40 (m)	8	0:12:37 (78)	3:47	0:35:07 (60)	3:13	0:26:41 (145)	1:21:25
81	251	Eduardo Ferreira		AK 45 (m)	10	0:12:32 (73)	3:12	0:37:57 (135)	4:00	0:23:48 (66)	1:21:29
82	308	Martin Eickhoff	TV Lilienthal	AK 50 (m)	5	0:12:40 (84)	4:23	0:36:03 (87)	3:36	0:24:52 (89)	1:21:34
83	343	Felix Tessarek		AK 25 (m)	11	0:13:01 (105)	3:33	0:37:01 (114)	3:35	0:24:37 (80)	1:21:46
84	399	Jan Kulla		AK 35 (m)	12	0:13:33 (130)	3:54	0:36:38 (101)	3:48	0:23:59 (68)	1:21:52
85	391	Anreas Waage		AK 30 (m)	19	0:12:02 (50)	4:13	0:38:01 (138)	2:55	0:24:43 (84)	1:21:54
86	314	Jasper Schumann	TSV Krofdorf-Gleiberg	AK 30 (m)	20	0:12:19 (64)	3:48	0:39:40 (192)	3:42	0:22:27 (43)	1:21:56
87	560	Dominik Willen		AK 25 (m)	12	0:14:09 (157)	3:41	0:38:38 (152)	2:41	0:22:50 (52)	1:21:57
88	418	Alexander Raaz		AK 40 (m)	9	0:12:16 (62)	3:40	0:37:06 (118)	2:53	0:26:06 (131)	1:22:01
89	610	Björn Schröder		AK 40 (m)	10	0:16:06 (216)	3:40	0:35:06 (59)	3:36	0:23:33 (61)	1:22:02
90	272	Jelde Grundmann		AK 25 (m)	13	0:13:23 (121)	4:17	0:37:53 (131)	3:14	0:23:21 (59)	1:22:08
91	437	Benjamin Verstegen	GSV Bremen	AK 40 (m)	11	0:12:57 (99)	3:32	0:36:19 (94)	3:44	0:25:39 (114)	1:22:10
92	374	Lukas Gädke		AK 30 (m)	21	0:14:10 (160)	3:48	0:35:45 (79)	3:20	0:25:10 (99)	1:22:13
93	269	Marten Seegers		AK 25 (m)	14	0:13:46 (138)	4:02	0:37:26 (123)	2:52	0:24:10 (73)	1:22:15
94	413	Schwengsbier Kilian		AK 30 (m)	22	0:11:39 (43)	4:29	0:36:53 (108)	4:25	0:25:03 (95)	1:22:29
95	279	José Alfredo Maces		AK 30 (m)	23	0:13:29 (128)	3:41	0:38:41 (155)	2:53	0:23:46 (64)	1:22:30
96	425	Sönke Alfken		AK 30 (m)	24	0:13:45 (137)	4:36	0:39:20 (171)	2:42	0:22:14 (36)	1:22:38
97	335	Marc Piaszek		AK 45 (m)	11	0:12:42 (86)	3:52	0:37:39 (126)	3:34	0:24:56 (92)	1:22:43

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
98	505	Janek Piontek	ErgoPack Deutschland	AK 30 (m)	25	0:13:28 (124)	4:22	0:37:20 (122)	3:07	0:24:30 (79)	1:22:45
99	448	Marc Niehaus		AK 30 (m)	26	0:14:39 (184)	4:31	0:34:00 (34)	3:54	0:25:43 (116)	1:22:47
100	402	Tobias Lentz		AK 25 (m)	15	0:16:25 (227)	3:15	0:35:53 (81)	3:47	0:23:41 (63)	1:22:59
101	390	Claas Krause	SG Stern Bremen	AK 45 (m)	12	0:14:10 (158)	3:59	0:33:09 (23)	4:07	0:27:37 (164)	1:23:03
102	277	Frederic Riechers		AK 25 (m)	16	0:12:18 (63)	5:12	0:36:21 (95)	3:43	0:25:31 (110)	1:23:04
103	471	Robert Ciomber	Team Synera	AK 30 (m)	27	0:14:26 (171)	3:29	0:35:53 (82)	3:42	0:25:42 (115)	1:23:12
104	412	Malte Figger		AK 30 (m)	28	0:16:59 (238)	3:49	0:36:59 (112)	2:59	0:22:31 (45)	1:23:17
105	539	Markus Heuer		AK 35 (m)	13	0:16:14 (222)	3:23	0:38:19 (146)	3:49	0:21:33 (24)	1:23:17
106	300	Andreas Bertram	Keep on moving	AK 50 (m)	6	0:12:22 (65)	4:00	0:38:00 (136)	3:53	0:25:12 (102)	1:23:26
107	515	Christian Schmidt		AK 40 (m)	12	0:14:38 (181)	4:31	0:34:34 (45)	3:51	0:25:53 (126)	1:23:27
108	230	Ibrahima Diop		AK 30 (m)	29	0:11:20 (31)	3:33	0:38:44 (156)	2:58	0:26:57 (150)	1:23:33
109	424	Wilken Seemann		AK 25 (m)	17	0:12:09 (54)	3:38	0:38:46 (158)	3:21	0:25:46 (119)	1:23:41
110	436	Jürgen Buschmann		AK 70 (m)	1	0:13:20 (118)	3:30	0:35:23 (70)	3:21	0:28:08 (180)	1:23:41
111	474	Sebastian Vetter		AK 30 (m)	30	0:13:14 (112)	3:17	0:36:33 (98)	3:11	0:27:33 (161)	1:23:47
112	217	Matthias Jetschke	TSV Lesum	AK 55 (m)	6	0:10:33 (19)	3:31	0:35:27 (72)	3:27	0:30:53 (231)	1:23:50
113	598	Jens Husmann		AK 40 (m)	13	0:17:26 (242)	4:39	0:33:59 (33)	3:40	0:24:19 (78)	1:24:02
114	284	Luis Pinzón		AK 35 (m)	14	0:14:39 (185)	4:41	0:35:52 (80)	3:51	0:25:04 (96)	1:24:06
115	367	Stefan Töws		AK 50 (m)	7	0:12:51 (93)	3:59	0:37:06 (119)	4:23	0:26:15 (135)	1:24:35
116	477	Malte Langosz		AK 40 (m)	14	0:16:56 (236)	4:32	0:33:55 (31)	3:45	0:25:39 (113)	1:24:47
117	253	Florian Schumacher	MTV Riede	AK 40 (m)	15	0:12:56 (97)	3:10	0:39:29 (181)	3:13	0:26:03 (130)	1:24:50
118	236	Michael Proy	Two Unterstedt	AK 50 (m)	8	0:15:29 (202)	4:00	0:34:40 (47)	4:02	0:26:43 (146)	1:24:54
119	444	Felix Albers		AK 25 (m)	18	0:14:56 (194)	4:32	0:39:16 (169)	4:27	0:21:57 (29)	1:25:07
120	597	Felix Hoffmann	Butter bei die Fische	AK 35 (m)	15	0:13:29 (127)	3:20	0:37:09 (121)	3:37	0:27:35 (163)	1:25:11
121	493	Christopher Decker		AK 30 (m)	31	0:14:55 (193)	4:39	0:38:55 (161)	3:06	0:23:37 (62)	1:25:11
122	281	Tim Osterbrink		AK 25 (m)	19	0:13:24 (122)	4:39	0:39:36 (189)	2:54	0:24:46 (85)	1:25:19
123	396	Hannes Zerbin		AK 40 (m)	16	0:12:46 (90)	4:29	0:38:37 (151)	3:35	0:25:54 (127)	1:25:21
124	549	Norman Machner	TC Fiko Rostock	AK 45 (m)	13	0:17:13 (240)	5:15	0:35:24 (71)	4:52	0:22:37 (46)	1:25:21

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
125	470	Christian Eilermann		AK 30 (m)	32	0:12:27 (68)	5:04	0:38:18 (145)	3:54	0:25:46 (118)	1:25:29
126	256	Matthias Schmidt		AK 50 (m)	9	0:13:00 (103)	3:27	0:37:56 (133)	3:14	0:27:54 (171)	1:25:31
127	608	Lennard Fischer		AK 25 (m)	20	0:14:37 (179)	4:13	0:37:38 (125)	3:32	0:25:36 (112)	1:25:36
128	383	Fabian Buss	Kornschnule	AK 45 (m)	14	0:12:11 (55)	5:54	0:37:43 (129)	3:21	0:26:36 (141)	1:25:55 *
129	381	Janosch Held		AK 30 (m)	33	0:12:36 (76)	3:36	0:40:34 (209)	3:25	0:25:46 (119)	1:25:57
130	458	Jannik Sklorz		AK 20 (m)	14	0:14:38 (183)	3:41	0:40:03 (201)	2:54	0:24:50 (86)	1:26:07
131	523	Daniel Löwen	Team Synera	AK 30 (m)	34	0:13:55 (146)	5:25	0:38:12 (144)	3:38	0:25:07 (97)	1:26:18
132	299	Meik Spallek		AK 50 (m)	10	0:11:26 (34)	4:37	0:38:45 (157)	4:21	0:27:16 (156)	1:26:24
133	351	Torben Rohbeck		AK 45 (m)	15	0:12:38 (80)	4:30	0:38:06 (142)	3:29	0:27:41 (165)	1:26:24
134	341	Lars Planitz		AK 45 (m)	16	0:15:00 (196)	4:30	0:35:41 (77)	4:38	0:26:37 (143)	1:26:25
135	576	Thomas Rohlwing		AK 35 (m)	16	0:16:53 (235)	4:45	0:36:17 (93)	3:39	0:24:52 (88)	1:26:25
136	533	Jannes Limberg		AK 30 (m)	35	0:12:48 (91)	3:41	0:40:05 (203)	4:22	0:25:32 (111)	1:26:29
137	354	Taras Androsiuk		AK 30 (m)	36	0:13:17 (116)	6:06	0:41:15 (214)	3:49	0:22:05 (32)	1:26:32
138	532	Lou Wellendorf		AK 30 (m)	37	0:14:51 (191)	4:03	0:39:32 (186)	2:59	0:25:11 (100)	1:26:36
139	428	Reimund Ameskamp		AK 55 (m)	7	0:13:37 (134)	3:41	0:38:50 (159)	3:54	0:26:36 (142)	1:26:38
140	312	Söncke Olof Zimmermann		AK 25 (m)	21	0:12:51 (94)	4:38	0:41:45 (220)	3:08	0:24:19 (77)	1:26:41
141	259	Thomas Trame		AK 35 (m)	17	0:12:59 (102)	4:14	0:39:36 (188)	3:03	0:26:53 (148)	1:26:45
142	387	Odilon Faivre		AK 45 (m)	17	0:12:16 (61)	3:49	0:38:03 (140)	3:45	0:29:08 (198)	1:27:01
143	581	Son Cao		AK 35 (m)	18	0:16:48 (234)	4:09	0:37:00 (113)	3:37	0:25:28 (108)	1:27:03
144	450	Dennis Metzling		AK 25 (m)	22	0:13:47 (139)	4:07	0:39:40 (191)	3:42	0:25:51 (124)	1:27:06
145	440	Jens Gäde		AK 60 (m)	2	0:16:30 (228)	3:47	0:36:02 (85)	3:02	0:27:59 (176)	1:27:19
146	559	Daniel Köster		AK 30 (m)	38	0:15:16 (199)	3:57	0:38:00 (137)	3:32	0:26:38 (144)	1:27:23
147	329	Janis Pietsch		AK 25 (m)	23	0:13:59 (150)	3:47	0:38:23 (148)	3:37	0:27:41 (166)	1:27:27
148	331	Ian Luk Kitchenham		AK 20 (m)	15	0:13:58 (149)	3:26	0:40:07 (204)	3:10	0:26:54 (149)	1:27:35
149	411	Jesko Edzards		AK 25 (m)	24	0:12:43 (88)	5:14	0:36:29 (97)	4:24	0:28:54 (193)	1:27:44
150	507	Benthien Thiemo		AK 25 (m)	25	0:16:15 (223)	4:56	0:37:04 (117)	3:39	0:25:52 (125)	1:27:45
151	558	Sebastian Köster		AK 30 (m)	39	0:14:33 (175)	3:57	0:40:32 (208)	2:51	0:26:00 (128)	1:27:53

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
152	566	Jasper Giesler		AK 30 (m)	40	0:14:17 (165)	4:44	0:40:18 (207)	2:53	0:25:50 (123)	1:28:02
153	398	Bernd Repenning		AK 40 (m)	17	0:15:21 (200)	3:41	0:35:21 (67)	3:38	0:30:01 (218)	1:28:03
154	392	Sebastian Thews		AK 35 (m)	19	0:12:16 (59)	5:22	0:36:36 (100)	4:06	0:29:44 (210)	1:28:03
155	583	Jören Spitz		AK 30 (m)	41	0:13:06 (107)	3:43	0:39:38 (190)	3:42	0:27:55 (172)	1:28:03
156	544	Ejnar Luckhardt		AK 25 (m)	26	0:16:13 (221)	4:01	0:37:02 (115)	3:42	0:27:06 (151)	1:28:05
157	342	Tim Kroesen-Miescke		AK 40 (m)	18	0:12:57 (100)	3:33	0:39:47 (194)	3:42	0:28:07 (179)	1:28:05
158	220	Vögeding Clas		AK 40 (m)	19	0:11:27 (35)	4:46	0:39:03 (165)	4:43	0:28:10 (183)	1:28:09
159	454	Lasse Schöнке	FC Brome	AK 20 (m)	16	0:14:14 (163)	4:27	0:41:11 (213)	3:06	0:25:16 (104)	1:28:13
160	473	Hans Krüger		AK 45 (m)	18	0:13:42 (136)	6:00	0:39:08 (168)	3:50	0:25:44 (117)	1:28:24
161	465	Michael Riechers		AK 60 (m)	3	0:16:00 (213)	6:09	0:37:53 (132)	3:03	0:25:30 (109)	1:28:35
162	416	Lukas Hoppmann		AK 30 (m)	42	0:14:27 (172)	3:52	0:38:58 (163)	3:36	0:28:00 (177)	1:28:52
163	292	Jost Linkogel		AK 20 (m)	17	0:13:51 (141)	5:33	0:39:03 (166)	4:01	0:26:26 (139)	1:28:54
164	320	Jan Voß	SV Poseidon Hamburg e.V.	AK 40 (m)	20	0:12:32 (72)	5:10	0:38:34 (150)	5:08	0:27:33 (160)	1:28:56
165	475	Jan Prien		AK 25 (m)	27	0:15:59 (212)	3:24	0:36:09 (90)	3:31	0:30:00 (215)	1:29:02
166	514	Sebastian Schönewolf	Sparkasse Bremen	AK 35 (m)	20	0:14:35 (177)	3:52	0:39:25 (177)	4:04	0:27:07 (152)	1:29:03
167	530	Georg Mai		AK 60 (m)	4	0:14:47 (188)	4:17	0:37:45 (130)	4:19	0:27:58 (174)	1:29:05
168	324	Philipp Mück	SG Land unter Schleiüsig	AK 35 (m)	21	0:13:52 (143)	4:47	0:40:04 (202)	4:12	0:26:25 (137)	1:29:20
169	478	Paul Freuchen		AK 20 (m)	18	0:13:36 (133)	4:25	0:37:41 (128)	5:32	0:28:09 (182)	1:29:24
170	306	Christian Klinke		AK 45 (m)	19	0:13:17 (115)	3:39	0:39:25 (179)	3:54	0:29:11 (200)	1:29:26
171	438	Marc Lingemann		AK 55 (m)	8	0:12:39 (83)	4:44	0:38:03 (139)	4:33	0:29:30 (205)	1:29:29
172	315	Sebastian Arends		AK 40 (m)	21	0:13:29 (126)	5:57	0:37:08 (120)	4:02	0:29:01 (195)	1:29:37
173	271	Frank Wöhlbrandt	Bremer Sport Club	AK 55 (m)	9	0:10:30 (18)	4:17	0:40:42 (210)	4:19	0:30:01 (218)	1:29:48
174	531	Thomas Müller		AK 55 (m)	10	0:15:52 (208)	4:21	0:36:53 (109)	3:40	0:29:08 (197)	1:29:54
175	275	Jens Schmidt		AK 45 (m)	20	0:17:43 (247)	5:47	0:37:04 (116)	3:21	0:26:17 (136)	1:30:11
176	433	Andreas Keßler		AK 30 (m)	43	0:13:57 (148)	4:42	0:42:00 (226)	3:30	0:26:07 (132)	1:30:16
177	297	Daniel Grundmann		AK 35 (m)	22	0:13:38 (135)	4:47	0:39:22 (172)	4:42	0:27:56 (173)	1:30:25
178	303	Björn Groß		AK 40 (m)	22	0:17:02 (239)	5:17	0:38:56 (162)	4:05	0:25:09 (98)	1:30:29

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
179	527	Roman Welzer		AK 50 (m)	11	0:17:24 (241)	4:29	0:36:03 (86)	4:29	0:28:11 (184)	1:30:37
180	568	Malte Koppe		AK 30 (m)	44	0:14:42 (187)	4:23	0:38:40 (154)	3:38	0:28:18 (188)	1:30:41 *
181	376	Karsten Meyer		AK 50 (m)	12	0:14:35 (178)	6:14	0:38:51 (160)	5:03	0:26:01 (129)	1:30:46
182	427	Torsten Bock		AK 30 (m)	45	0:15:57 (211)	4:19	0:38:05 (141)	4:21	0:28:16 (187)	1:30:58
183	316	Maximilian Theiss		AK 40 (m)	23	0:12:33 (74)	5:40	0:42:35 (234)	4:57	0:25:18 (105)	1:31:02
184	600	Daniel Haselbach		AK 40 (m)	24	0:15:27 (201)	3:24	0:41:52 (223)	3:11	0:27:32 (159)	1:31:26
185	431	Jascha Mindermann		AK 30 (m)	46	0:13:12 (111)	5:57	0:40:00 (199)	4:37	0:27:45 (168)	1:31:32
186	407	Joe Rode		AK 25 (m)	28	0:14:18 (166)	4:54	0:39:56 (197)	3:28	0:29:07 (196)	1:31:43
187	574	Niklas Riedel		AK 25 (m)	29	0:17:40 (246)	4:15	0:43:29 (244)	3:42	0:22:39 (47)	1:31:45
188	542	Klaus Golla		AK 60 (m)	5	0:14:49 (189)	3:40	0:39:25 (178)	3:39	0:30:16 (222)	1:31:49
189	534	Don Müller		AK 25 (m)	30	0:16:17 (224)	4:05	0:39:30 (182)	3:26	0:29:09 (199)	1:32:27
190	321	Frank Denkena		AK 55 (m)	11	0:13:02 (106)	5:04	0:42:26 (232)	4:02	0:27:59 (175)	1:32:33
191	311	Carsten Weerth	BDZ OV Bremen (im dbb landesbund bremen)	AK 50 (m)	13	0:13:56 (147)	3:57	0:40:14 (206)	4:11	0:30:21 (224)	1:32:39
192	594	Mark Steffen	Hannover 96 Triathlon	AK 20 (m)	19	0:13:48 (140)	4:09	0:39:22 (173)	4:41	0:30:43 (229)	1:32:42
193	609	Simon Porrmann		AK 25 (m)	31	0:14:24 (169)	4:41	0:39:58 (198)	4:01	0:29:46 (212)	1:32:49
194	573	Jonghong Park	Team Synera	AK 40 (m)	25	0:14:08 (154)	3:41	0:40:02 (200)	3:56	0:31:19 (232)	1:33:05
195	499	Kevin Lausen		AK 30 (m)	47	0:14:15 (164)	4:50	0:42:29 (233)	3:46	0:27:46 (169)	1:33:06
196	588	Marcel Schauer		AK 25 (m)	32	0:17:57 (249)	4:27	0:36:54 (110)	3:13	0:30:42 (228)	1:33:12
197	429	Frank Fischer	RiCon Personallösungen GmbH	AK 50 (m)	14	0:14:49 (190)	4:49	0:39:01 (164)	4:44	0:29:52 (213)	1:33:15
198	487	Rainer Bruns		AK 50 (m)	15	0:18:24 (252)	5:17	0:38:25 (149)	4:11	0:27:08 (154)	1:33:25
199	352	Jens Diekmann		AK 50 (m)	16	0:12:14 (57)	4:48	0:39:17 (170)	4:21	0:32:52 (241)	1:33:32
200	286	Jörg Struß	ohne	AK 60 (m)	6	0:17:34 (245)	5:16	0:39:32 (185)	3:45	0:27:27 (157)	1:33:33
201	462	Michael Koch	Der Harte Kern	AK 30 (m)	48	0:13:34 (131)	5:04	0:42:11 (229)	3:13	0:29:32 (207)	1:33:34
201	463	Niklas Bruns	Der harte Kern	AK 25 (m)	33	0:14:33 (175)	5:04	0:39:33 (187)	3:01	0:31:24 (233)	1:33:34
203	461	Christian Narloch	Der harte Kern	AK 25 (m)	34	0:14:08 (155)	4:54	0:40:08 (205)	2:57	0:31:27 (234)	1:33:34
204	464	Patrick Pajer	Der harte Kern	AK 30 (m)	49	0:14:38 (182)	4:57	0:39:30 (183)	2:58	0:31:31 (235)	1:33:34
205	536	Shubham Vyas		AK 30 (m)	50	0:16:59 (237)	4:50	0:39:30 (184)	3:34	0:28:48 (192)	1:33:40

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
206	280	Lars Spiesl		AK 25 (m)	35	0:14:54 (192)	3:33	0:42:16 (230)	3:26	0:29:43 (209)	1:33:51
207	550	Bernd Lewandowski		AK 55 (m)	12	0:16:45 (231)	5:53	0:35:59 (84)	5:14	0:30:00 (216)	1:33:52
208	276	Jan Mannheim		AK 25 (m)	36	0:13:18 (117)	4:27	0:42:49 (236)	3:11	0:30:19 (223)	1:34:04
209	356	Wolfgang Renken	Triathlon Club Bremen	AK 70 (m)	2	0:15:34 (204)	6:44	0:39:23 (176)	4:19	0:28:09 (181)	1:34:09
210	357	Leo Bermudez Granda		AK 30 (m)	51	0:12:31 (71)	3:56	0:43:39 (247)	3:23	0:30:43 (230)	1:34:12
211	599	Jens Brockmann		AK 55 (m)	13	0:14:20 (167)	5:00	0:41:06 (212)	3:57	0:30:06 (220)	1:34:29
212	606	Borrelli Gianni		AK 25 (m)	37	0:16:48 (233)	5:24	0:41:52 (223)	4:22	0:26:25 (138)	1:34:50
213	572	Ralf Gatzweiler		AK 35 (m)	23	0:14:41 (186)	4:04	0:37:38 (124)	4:28	0:34:08 (245)	1:34:59
214	570	Michael Strehlau	Maverick	AK 55 (m)	14	0:17:46 (248)	4:12	0:41:48 (221)	4:06	0:27:09 (155)	1:35:00
214	545	Markus Frank	Route 16 TRI Road	AK 40 (m)	26	0:16:44 (230)	3:08	0:39:23 (175)	3:47	0:31:58 (236)	1:35:00
216	510	Andres Kanitz		AK 45 (m)	21	0:14:58 (195)	5:25	0:38:10 (143)	3:54	0:32:36 (239)	1:35:02
217	593	Tim Steffen		MJUN	2	0:16:09 (219)	4:08	0:41:32 (216)	3:33	0:30:24 (225)	1:35:46
218	419	Uzgur Umut		AK 30 (m)	52	0:14:08 (156)	4:04	0:37:57 (134)	5:08	0:34:38 (246)	1:35:55
219	569	Philipp Kenkel		AK 30 (m)	53	0:15:36 (207)	6:07	0:42:11 (228)	3:56	0:28:43 (191)	1:36:32
220	488	Thorsten Siegert		AK 45 (m)	22	0:15:54 (210)	5:45	0:42:17 (231)	5:07	0:27:35 (162)	1:36:38
221	618	Alexander Frenzel		AK 60 (m)	7	0:14:37 (180)	3:09	0:39:46 (193)	5:10	0:34:02 (244)	1:36:45
222	592	Jan Steffen	CVJM Hannover	AK 55 (m)	15	0:16:47 (232)	5:40	0:20:22 (1)	6:04	0:28:00 (177)	1:36:53
223	426	Knut Johannsen	TIAH	AK 50 (m)	17	0:15:13 (198)	5:12	0:42:59 (237)	4:02	0:29:41 (208)	1:37:06
224	561	Jendrik Erichsen		AK 30 (m)	54	0:16:02 (215)	5:13	0:41:04 (211)	4:14	0:30:37 (226)	1:37:10
225	420	Jonathan Meinecke		AK 25 (m)	38	0:16:18 (225)	4:02	0:43:39 (246)	3:51	0:29:32 (206)	1:37:22
226	517	David Franzen		AK 30 (m)	55	0:16:08 (218)	4:55	0:43:23 (242)	3:42	0:29:27 (203)	1:37:35
227	503	Nils Riedel	TuS Schwachhausen	AK 30 (m)	56	0:15:35 (206)	4:39	0:42:07 (227)	4:39	0:30:38 (227)	1:37:39
228	547	Marko Schade	Kommando Fischfrikadelle	AK 50 (m)	18	0:18:37 (253)	5:38	0:39:29 (180)	4:31	0:29:25 (202)	1:37:39
229	360	Christoph Stahn	Bremer Stadtfusikanten	AK 30 (m)	57	0:13:51 (142)	5:39	0:41:50 (222)	4:20	0:32:06 (237)	1:37:46
230	601	Tim Jablovski		AK 40 (m)	27	0:14:28 (173)	4:10	0:46:04 (252)	3:40	0:29:30 (204)	1:37:51
231	509	Jan Speiser		AK 20 (m)	20	0:14:25 (170)	4:34	0:48:09 (256)	3:22	0:27:29 (158)	1:37:59
232	377	Jan Lennart Hey		AK 25 (m)	39	0:14:01 (152)	5:05	0:41:24 (215)	5:27	0:32:07 (238)	1:38:04

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
233	552	Frank Plönnigs		AK 40 (m)	28	0:19:30 (256)	4:32	0:41:37 (217)	3:30	0:28:55 (194)	1:38:04
234	501	Mario Ellert		AK 45 (m)	23	0:14:05 (153)	4:48	0:39:23 (174)	4:59	0:35:06 (248)	1:38:19
235	330	Jon Melnyk	Tennisverein Stadtwerder 1927	AK 25 (m)	40	0:15:33 (203)	5:48	0:43:33 (245)	4:50	0:28:39 (190)	1:38:22
236	603	Canel Calp	/	AK 25 (m)	41	0:16:01 (214)	6:07	0:20:38 (2)	5:59	0:29:44 (211)	1:38:30
237	479	Christoph Destrée		AK 45 (m)	24	0:15:11 (197)	4:08	0:39:48 (195)	4:13	0:35:13 (250)	1:38:33
238	535	Jan-Ole Meinders		AK 20 (m)	21	0:15:54 (209)	5:07	0:46:49 (255)	3:03	0:28:15 (186)	1:39:08
239	372	Artjom Dick		AK 35 (m)	24	0:17:31 (244)	5:01	0:43:10 (240)	3:34	0:30:11 (221)	1:39:26
240	519	Orson-Julian Dräger		AK 30 (m)	58	0:16:10 (220)	4:44	0:46:32 (254)	3:48	0:28:21 (189)	1:39:33
241	483	Timo Seggermann		AK 50 (m)	19	0:12:39 (82)	5:13	0:43:24 (243)	4:49	0:33:55 (243)	1:39:59
242	214	Shreeram Bhattarai		AK 30 (m)	59	0:24:27 (262)	4:37	0:39:54 (196)	4:30	0:29:59 (214)	1:43:27
243	226	Frank Köhne		AK 55 (m)	16	0:13:11 (110)	4:28	0:44:24 (249)	5:10	0:37:41 (253)	1:44:54
244	614	Christian Koch		AK 45 (m)	25	0:17:29 (243)	4:57	0:38:21 (147)	4:44	0:39:25 (256)	1:44:57
245	344	Horst Battig	LT TV Schwanewede	AK 70 (m)	3	0:15:34 (205)	4:44	0:43:44 (248)	5:48	0:35:10 (249)	1:44:59
246	446	Uwe Ritter	Park links der Weser e.V.	AK 60 (m)	8	0:12:55 (96)	5:21	0:44:42 (250)	5:23	0:36:56 (252)	1:45:17
247	554	Lars Brinkmann		AK 35 (m)	25	0:19:04 (255)	5:32	0:43:15 (241)	4:42	0:32:54 (242)	1:45:26
248	263	Gerrit Schöne		AK 25 (m)	42	0:13:23 (120)	4:36	0:43:05 (239)	4:54	0:40:25 (258)	1:46:23
249	365	Jürgen Lewerentz		AK 65 (m)	1	0:16:21 (226)	7:44	0:41:44 (219)	6:30	0:34:51 (247)	1:47:09
250	498	José Garrido		AK 25 (m)	43	0:18:06 (251)	7:42	0:46:23 (253)	5:20	0:30:01 (217)	1:47:31
251	492	Daniel Brock		AK 25 (m)	44	0:16:06 (216)	4:12	0:45:16 (251)	3:56	0:39:11 (255)	1:48:41
252	264	Christoph Korittke		AK 35 (m)	26	0:16:40 (229)	8:06	0:51:29 (259)	4:20	0:28:14 (185)	1:48:48
253	512	Uwe Tuchel	MTV Schweringen	AK 65 (m)	2	0:20:38 (260)	4:04	0:41:57 (225)	6:24	0:36:31 (251)	1:49:34
254	249	Marcus Wertz		AK 35 (m)	27	0:22:07 (261)	4:37	0:49:33 (257)	4:07	0:29:25 (201)	1:49:48
255	607	Sahin Ertan	TSV Imsum	AK 35 (m)	28	0:20:15 (258)	6:54	0:26:40 (3)	1:24	0:24:58 (94)	1:50:10
256	555	David Walter		AK 30 (m)	60	0:18:45 (254)	4:26	0:50:36 (258)	3:55	0:32:47 (240)	1:50:29
257	491	Sven Boog		AK 45 (m)	26	0:20:29 (259)	4:26	0:42:37 (235)	4:56	0:38:11 (254)	1:50:39
258	490	Simon Ronstedt		AK 35 (m)	29	0:19:49 (257)	5:42	0:41:38 (218)	4:40	0:40:11 (257)	1:52:01
259	489	Frank Lindhorst		AK 45 (m)	27	0:18:01 (250)	4:36	0:43:00 (238)	5:00	0:41:58 (259)	1:52:35



Volkstriathlon

(Männer / Frauen Wertung)

Bremen, den 13. August 2023

Mit freundlicher Unterstützung von:



Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
260	295	Boran Yozdinch		MJA	1	0:09:31 (7)	5:36	1:07:41 (260)	3:40	0:27:52 (170)	1:54:20
DISQ	511	Frank Steffen		AK 50 (m)		0:19:29 ()	5:04	0:39:58 ()	3:45	0:31:03 ()	1:39:19
DISQ	521	Jonas Gayhoff		AK 30 (m)		0:18:52 ()	5:42	0:44:58 ()	5:12	0:28:40 ()	1:43:24