

## Ironman UK Bolton - 02.07-2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
1	134	Tom Rigby	GB	M30-34	1	09:38:49	00:56:49 (10)	00:03:23	5:28:15 (1)	00:01:29	3:08:53 (1)
2	118	Dan Elliot	GB	M25-29	1	09:44:09	00:52:38 (1)	00:03:31	5:33:06 (2)	00:02:50	3:12:03 (2)
3	114	Daniel Mcparland	GB	M40-44	1	09:49:34	00:57:39 (16)	00:03:20	5:32:52 (3)	00:01:37	3:14:06 (3)
4	112	Duncan Chedburn	GB	M35-39	1	09:56:09	00:55:59 (7)	00:03:53	5:44:12 (4)	00:03:00	3:09:05 (4)
5	122	James Hall	GB	M30-34	2	10:08:34	00:58:28 (24)	00:04:25	6:05:14 (16)	00:03:08	2:57:19 (5)
6	153	Daniel Readman	GB	M25-29	2	10:09:45	1:02:24 (52)	00:05:45	5:54:00 (13)	00:02:37	3:04:59 (6)
7	106	Ryan Snee	GB	M25-29	3	10:21:22	00:59:29 (26)	00:03:28	5:53:03 (9)	00:02:46	3:22:36 (7)
8	108	James Budge	GB	M30-34	3	10:24:08	1:06:43 (117)	00:04:14	5:51:02 (12)	00:02:51	3:19:19 (8)
9	523	David Devine	GB	M30-34	4	10:24:30	00:57:33 (15)	00:03:58	5:53:39 (7)	00:02:55	3:26:26 (9)
10	135	James Wilkinson	GB	M35-39	2	10:25:19	1:06:01 (100)	00:06:13	5:56:51 (20)	00:03:30	3:12:44 (10)
11	685	Liam Walshaw	GB	M30-34	5	10:26:14	1:09:34 (169)	00:05:35	6:02:57 (31)	00:03:34	3:04:35 (11)
12	745	Daniel Tellam	GB	M30-34	6	10:26:59	1:10:46 (199)	00:09:02	5:53:45 (23)	00:05:06	3:08:20 (12)
13	1025	Jamie Meldrum	GB	M18-24	1	10:28:04	1:02:44 (56)	00:04:34	6:00:49 (17)	00:02:43	3:17:14 (13)
14	319	Francesco Gualtieri	IT	M25-29	4	10:30:54	00:55:51 (5)	00:05:06	5:47:20 (6)	00:03:27	3:39:10 (14)
15	131	Mark Moloney	IE	M40-44	2	10:34:19	00:59:37 (27)	00:05:44	6:10:52 (29)	00:03:44	3:14:22 (15)
16	391	Matthew Hallam	GB	M35-39	3	10:34:32	1:03:34 (63)	00:04:41	6:11:57 (35)	00:06:21	3:07:58 (16)
17	460	Adrian Brammer	GB	M35-39	4	10:37:22	1:10:19 (188)	00:05:23	5:48:20 (14)	00:02:12	3:31:08 (17)
18	120	Robert Harrison	GB	M50-54	1	10:39:00	1:04:42 (77)	00:04:49	5:46:56 (10)	00:04:18	3:38:16 (18)
19	157	Matthew Evans	GB	M45-49	1	10:39:10	1:05:27 (88)	00:06:13	5:57:05 (19)	00:04:31	3:25:53 (19)
20	185	Matthew Sowerby	GB	M25-29	5	10:39:14	1:06:07 (103)	00:04:09	6:03:35 (24)	00:02:56	3:22:27 (20)
21	856	Timothy Swallow	GB	M30-34	7	10:42:33	1:00:38 (33)	00:06:23	6:01:18 (18)	00:07:11	3:27:04 (21)
22	538	Andrew Kelly	GB	M30-34	8	10:44:59	1:02:15 (51)	00:03:40	5:50:04 (8)	00:02:24	3:46:37 (22)
23	362	Ben Johnson	GB	M35-39	5	10:45:41	1:08:54 (153)	00:05:30	6:09:53 (40)	00:04:14	3:17:11 (23)
24	126	Will Bles	GB	M35-39	6	10:47:00	1:00:54 (36)	00:03:27	6:10:38 (26)	00:02:55	3:29:07 (24)
25	978	James Hedley-Hamilton	GB	M30-34	9	10:49:02	1:06:00 (99)	00:04:42	6:05:47 (30)	00:02:41	3:29:53 (25)
26	1044	Julien Lagoutte	FR	M40-44	3	10:52:53	1:23:17 (563)	00:07:48	6:04:18 (57)	00:01:52	3:15:38 (26)
27	1125	George Mawdsley	GB	M35-39	7	10:54:15	00:57:40 (17)	00:05:19	6:13:06 (28)	00:03:21	3:34:50 (27)
28	466	Pete Williams	GB	M35-39	8	10:55:19	1:15:58 (350)	00:07:04	5:33:43 (11)	00:02:38	3:55:56 (28)
29	922	Andy Windett	GB	M40-44	4	10:58:14	00:55:23 (3)	00:04:42	6:20:10 (36)	00:05:54	3:32:06 (29)
30	256	James Wilkinson	GB	M25-29	6	11:01:46	1:04:30 (70)	00:04:32	6:28:09 (60)	00:02:11	3:22:23 (30)
31	198	Tom Kennedy	GB	M30-34	10	11:02:19	00:58:42 (25)	00:05:02	6:09:39 (22)	00:03:53	3:45:02 (31)
32	329	Christopher Heyes	GB	M45-49	2	11:03:52	1:14:59 (312)	00:05:50	6:11:53 (53)	00:02:56	3:28:14 (32)
33	741	Charlie Rogers	GB	M25-29	7	11:04:26	1:01:50 (48)	00:04:56	6:21:14 (43)	00:04:20	3:32:05 (33)
34	267	Erica Booth	GB	F40-44	1	11:07:07	1:00:40 (34)	00:04:32	6:13:45 (32)	00:02:11	3:45:59 (34)
35	817	Oliver Mills	GB	M30-34	11	11:12:21	1:14:35 (300)	00:05:48	6:23:45 (74)	00:03:48	3:24:25 (35)
36	873	Stephen Magrath	GB	M35-39	9	11:12:54	1:07:19 (125)	00:04:22	5:56:04 (15)	00:02:28	4:02:41 (36)
37	144	Jay Brittles	IE	M35-39	10	11:14:22	00:59:52 (30)	00:04:40	6:19:39 (39)	00:03:56	3:46:15 (37)

## Ironman UK Bolton - 02.07-2023

38	137	Chris Arnold	GB	M45-49	3	11:16:28	1:04:53 (78)	00:09:46	5:56:17 (21)	00:05:15	4:00:17 (38)
39	1070	Ryan Kestle	GB	M40-44	5	11:16:42	1:06:18 (108)	00:05:44	6:23:27 (58)	00:04:54	3:36:19 (39)
40	186	Christian Preece	GB	M30-34	12	11:17:52	00:57:52 (18)	00:04:59	6:11:15 (25)	00:03:13	4:00:33 (40)
41	145	Henry Kennaway	GB	M18-24	2	11:18:06	00:58:23 (22)	00:05:31	6:29:58 (54)	00:04:20	3:39:55 (41)
42	166	Tony Cullen	GB	M50-54	2	11:18:26	00:56:58 (11)	00:03:31	5:46:10 (5)	00:02:33	4:29:14 (42)
43	635	Sergey Korobov	GB	M45-49	4	11:19:06	1:11:07 (204)	00:05:41	6:37:00 (97)	00:03:24	3:21:54 (43)
44	172	Matthew Kieras	GB	M45-49	5	11:19:34	00:55:40 (4)	00:04:02	6:30:34 (49)	00:02:15	3:47:02 (44)
45	389	David Reid	GB	M50-54	3	11:19:55	1:04:37 (72)	00:05:20	6:19:04 (47)	00:02:39	3:48:15 (45)
46	107	Chris Wild	GB	M50-54	4	11:21:02	1:07:55 (141)	00:03:58	6:30:28 (70)	00:02:12	3:36:30 (46)
47	203	Joe Mayoh	GB	M30-34	13	11:21:38	1:09:41 (170)	00:04:55	6:19:53 (56)	00:02:58	3:44:11 (47)
48	1138	Adam Buxton	GB	M25-29	8	11:24:24	00:58:13 (20)	00:06:39	6:16:57 (37)	00:05:00	3:57:36 (48)
49	121	Stuart Campbell	GB	M55-59	1	11:24:32	1:13:14 (259)	00:06:21	6:21:04 (63)	00:04:28	3:39:24 (49)
50	358	Paul Timms	GB	M45-49	6	11:25:21	1:04:08 (66)	00:04:17	6:38:24 (81)	00:05:40	3:32:52 (50)
51	110	Ian Wilson	GB	M40-44	6	11:25:54	1:03:08 (58)	00:04:07	6:17:12 (41)	00:03:55	3:57:32 (51)
52	127	Andrew Sneddon	GB	M25-29	9	11:27:14	1:07:50 (138)	00:05:27	6:15:22 (45)	00:02:37	3:55:58 (52)
53	522	Miguel Perez	ES	M50-54	5	11:27:52	1:14:49 (309)	00:04:43	6:31:25 (90)	00:02:20	3:34:35 (53)
54	1017	Helen O'Neile	GB	F30-34	1	11:29:07	00:58:14 (21)	00:05:52	6:26:59 (52)	00:07:45	3:50:18 (54)
55	422	Gareth Johns	GB	M40-44	7	11:29:07	1:06:03 (102)	00:06:15	6:31:16 (73)	00:03:13	3:42:20 (55)
56	786	Gilles Le Goff	FR	M55-59	2	11:30:12	1:09:32 (167)	00:06:24	6:06:30 (38)	00:04:18	4:03:28 (56)
57	304	Chris Holness	GB	M25-29	10	11:31:09	1:01:20 (40)	00:04:12	6:14:15 (34)	00:03:33	4:07:50 (57)
58	288	Jack Hazeldine	GB	M30-34	14	11:31:20	1:13:36 (269)	00:04:45	6:23:03 (66)	00:02:40	3:47:17 (58)
59	138	Samuel Cusworth	GB	M25-29	11	11:32:07	1:14:27 (292)	00:05:40	6:41:46 (111)	00:02:52	3:27:22 (59)
60	258	Matt Proudlove	GB	M18-24	3	11:32:51	1:06:14 (107)	00:05:49	6:36:21 (84)	00:05:39	3:38:49 (60)
61	136	Tony Partington	GB	M30-34	15	11:33:21	1:06:12 (105)	00:05:59	6:41:40 (98)	00:04:12	3:35:18 (61)
62	113	Jim Girdwood	GB	M50-54	6	11:33:46	1:15:19 (325)	00:06:44	6:28:07 (88)	00:07:19	3:36:17 (62)
63	104	Martin Howie	GB	M55-59	3	11:35:12	00:56:39 (9)	00:04:22	6:41:10 (68)	00:02:28	3:50:32 (63)
64	863	Luke Speirs	GB	M25-29	12	11:35:17	1:11:26 (215)	00:09:14	6:51:14 (137)	00:04:55	3:18:29 (64)
65	128	Gavin Gallimore	GB	M40-44	8	11:35:30	1:01:25 (42)	00:04:52	6:13:01 (33)	00:04:46	4:11:25 (65)
66	700	James Mcgrath	GB	M30-34	16	11:37:00	1:14:20 (290)	00:06:32	6:24:57 (77)	00:03:59	3:47:12 (66)
67	239	Lara Franklin	GB	F30-34	2	11:37:21	1:04:04 (65)	00:05:08	6:37:01 (80)	00:02:06	3:49:02 (67)
68	1193	Rory Mcnish	GB	M30-34	17	11:38:14	1:06:36 (112)	00:04:53	6:45:00 (100)	00:04:56	3:36:49 (68)
69	537	Alex Dalton	GB	M30-34	18	11:38:29	1:01:40 (44)	00:04:23	6:09:03 (27)	00:02:15	4:21:08 (69)
70	109	Roderz Hill	GB	M50-54	7	11:40:08	1:01:49 (47)	00:03:47	6:36:53 (71)	00:05:17	3:52:21 (70)
71	133	Eddie Hirst	GB	M45-49	7	11:40:24	1:01:47 (46)	00:06:39	6:35:47 (75)	00:02:49	3:53:23 (71)
72	269	Colin Gregory	GB	M50-54	8	11:41:33	1:15:10 (318)	00:06:27	6:14:58 (59)	00:02:43	4:02:15 (72)
73	116	Baptiste Grigy	FR	M45-49	8	11:42:35	1:06:02 (101)	00:08:01	6:31:55 (78)	00:06:02	3:50:35 (73)
74	661	Neil Higson	GB	M40-44	9	11:43:14	1:03:55 (64)	00:06:56	6:50:17 (110)	00:05:17	3:36:49 (74)
75	730	Ivan Jones	GB	M55-59	4	11:43:23	1:11:24 (213)	00:04:51	6:36:48 (94)	00:04:33	3:45:47 (75)

## Ironman UK Bolton - 02.07-2023

76	813	Thomas Moon	GB	M40-44	10	11:45:56	1:06:54 (119)	00:04:41	6:30:46 (69)	00:03:27	4:00:09 (76)
77	683	Amelia Hanley	GB	F30-34	3	11:46:33	1:06:13 (106)	00:04:50	6:29:21 (62)	00:03:20	4:02:49 (77)
78	395	Jason Critchley	GB	M30-34	19	11:47:36	1:15:27 (333)	00:11:08	6:19:03 (76)	00:06:20	3:55:38 (78)
79	438	Matthias Van De Look	BE	M30-34	20	11:48:09	1:02:43 (55)	00:05:20	6:45:40 (95)	00:04:53	3:49:34 (79)
80	485	Michael Meier	CH	M45-49	9	11:48:53	1:11:21 (210)	00:04:14	6:35:34 (91)	00:03:53	3:53:52 (80)
81	195	Sam Burgess	GB	M25-29	13	11:49:10	1:08:15 (145)	00:05:08	6:14:47 (44)	00:03:40	4:17:21 (81)
82	1014	Jasper Ross	GB	M25-29	14	11:50:31	1:14:12 (286)	00:04:51	6:51:21 (132)	00:03:19	3:36:48 (82)
83	146	Matty Matonti	GB	M45-49	10	11:50:51	1:16:06 (351)	00:05:52	6:41:42 (112)	00:02:16	3:44:55 (83)
84	1018	Lewis Ankers	GB	M30-34	21	11:51:48	1:07:53 (140)	00:11:49	6:36:58 (101)	00:11:23	3:43:46 (84)
85	117	Steve Holloway	GB	M35-39	11	11:52:14	1:04:25 (69)	00:05:17	6:19:08 (46)	00:05:53	4:17:31 (85)
86	476	Huw Jones	GB	M50-54	9	11:53:43	1:07:24 (128)	00:04:05	6:22:45 (55)	00:02:25	4:17:04 (86)
87	746	Gregory Gilson	ZW	M40-44	11	11:53:46	1:07:04 (124)	00:07:50	6:12:52 (42)	00:04:35	4:21:25 (87)
88	613	John Lawrie	GB	M40-44	12	11:54:10	1:17:37 (398)	00:07:27	6:28:44 (96)	00:05:30	3:54:52 (88)
89	947	Tom Woodcock	GB	M30-34	22	11:54:38	1:10:55 (201)	00:05:07	6:32:06 (83)	00:04:52	4:01:39 (89)
90	540	Richard Copley	GB	M35-39	12	11:55:14	1:15:10 (319)	00:07:01	6:56:00 (149)	00:05:56	3:31:06 (90)
91	610	Woei Lin Yap	GB	M40-44	13	11:56:05	1:14:29 (293)	00:06:27	6:48:36 (127)	00:04:26	3:42:07 (91)
92	399	Ian Wooddisse	GB	M45-49	11	11:57:02	1:11:44 (224)	00:06:57	6:22:42 (65)	00:07:28	4:08:12 (92)
93	115	Emma Bexson	GB	F45-49	1	11:57:26	1:07:46 (135)	00:05:59	6:51:23 (116)	00:05:19	3:46:58 (93)
94	1184	Mark Turnbull	GB	M55-59	5	11:58:01	1:21:03 (499)	00:08:47	6:41:16 (134)	00:05:39	3:41:14 (94)
95	315	Alan Prescott	GB	M40-44	14	11:58:06	1:10:42 (197)	00:06:04	7:03:52 (156)	00:02:30	3:34:58 (95)
96	785	Dale Parrett-Harris	GB	M25-29	15	11:59:30	1:08:58 (155)	00:06:34	6:27:23 (72)	00:05:08	4:11:26 (96)
97	681	Robert Ditcham	GB	M45-49	12	12:05:01	1:19:52 (459)	00:10:38	6:43:54 (143)	00:10:08	3:40:30 (97)
98	330	Chris Price	GB	M50-54	10	12:05:08	1:07:31 (131)	00:07:06	6:41:29 (99)	00:05:46	4:03:16 (98)
99	477	SIMON TUBBS	GB	M45-49	13	12:05:58	1:12:45 (252)	00:07:29	6:40:33 (109)	00:04:04	4:01:07 (99)
100	244	Mark Jackson	GB	M55-59	6	12:06:27	1:19:35 (451)	00:07:51	6:24:29 (93)	00:05:52	4:08:39 (100)
101	311	Alan White	GB	M35-39	13	12:06:36	1:04:55 (79)	00:05:40	6:20:26 (51)	00:03:08	4:32:27 (101)
102	202	Chris Recchia	GB	M50-54	11	12:08:11	1:19:55 (461)	00:05:05	6:41:16 (120)	00:04:47	3:57:08 (102)
103	390	Chris Bleasdale	GB	M40-44	15	12:09:26	00:57:19 (13)	00:06:07	6:26:41 (48)	00:04:34	4:34:45 (103)
104	184	Alex Lowe	GB	M25-29	16	12:10:26	1:04:38 (74)	00:05:50	6:55:37 (119)	00:04:36	3:59:44 (104)
105	921	Sandy Telfer	GB	M25-29	17	12:10:45	00:57:18 (12)	00:05:23	6:28:20 (50)	00:05:25	4:34:19 (105)
106	143	Thomas Corfield	GB	M40-44	16	12:10:56	1:18:23 (415)	00:04:55	6:28:06 (92)	00:03:16	4:16:15 (106)
107	1175	Alfie Pritchard	GB	M25-29	18	12:11:15	1:01:43 (45)	00:05:36	7:10:33 (148)	00:03:15	3:50:08 (107)
108	439	Ben Stubbs	GB	M35-39	14	12:11:40	1:09:06 (159)	00:08:34	6:30:54 (85)	00:08:40	4:14:27 (108)
109	545	Stephen Wroe	GB	M35-39	15	12:16:05	1:15:05 (317)	00:07:59	7:00:53 (168)	00:05:43	3:46:25 (109)
110	578	Samuel Mcclean	GB	M30-34	23	12:16:11	1:23:39 (578)	00:07:01	6:43:46 (144)	00:05:31	3:56:15 (110)
111	139	Chris Tye	GB	M55-59	7	12:16:27	1:12:15 (241)	00:07:22	7:01:06 (157)	00:04:12	3:51:33 (111)
112	482	Robert Meadows	GB	M25-29	19	12:17:02	1:20:02 (468)	00:06:01	6:39:22 (117)	00:03:12	4:08:25 (112)
113	1116	Joshua Spencer	GB	M25-29	20	12:17:31	1:00:58 (37)	00:10:32	6:57:33 (124)	00:06:10	4:02:18 (113)

## Ironman UK Bolton - 02.07-2023

114	199	Charlie Holt	GB	M30-34	24	12:18:17	1:05:58 (98)	00:04:24	6:48:33 (103)	00:02:27	4:16:56 (114)
115	1173	Kris Nicholson	GB	M50-54	12	12:18:59	00:56:38 (8)	00:06:02	6:39:18 (67)	00:04:17	4:32:44 (115)
116	194	Katy Armitage	GB	F25-29	1	12:19:22	1:04:37 (73)	00:06:09	6:57:27 (122)	00:04:20	4:06:49 (116)
117	672	Julian Ellis	GB	M40-44	17	12:19:32	1:23:39 (577)	00:10:25	6:52:11 (176)	00:06:50	3:46:27 (117)
118	870	Taylor Baston	GB	M25-29	21	12:21:01	1:09:02 (157)	00:07:32	7:10:42 (179)	00:04:53	3:48:53 (118)
119	481	Ben Strutt	GB	M55-59	8	12:21:16	1:07:51 (139)	00:06:32	6:56:17 (133)	00:05:08	4:05:28 (119)
120	287	Cristiano Marques	PT	M35-39	16	12:21:24	1:01:05 (39)	00:06:47	7:02:12 (130)	00:04:25	4:06:55 (120)
121	529	Paul Hancock	GB	M50-54	13	12:22:07	1:07:49 (136)	00:10:00	6:45:57 (113)	00:09:27	4:08:55 (121)
122	814	Graham Stephenson	GB	M50-54	14	12:22:36	1:13:29 (263)	00:04:16	6:32:38 (89)	00:03:30	4:28:44 (122)
123	970	Alex Kitchen	GB	M25-29	22	12:23:27	1:25:52 (628)	00:07:22	6:52:59 (174)	00:05:17	3:51:57 (123)
124	1196	Linda Duncan	GB	F30-34	4	12:23:41	1:12:09 (238)	00:07:06	7:00:23 (154)	00:02:51	4:01:12 (124)
125	1049	Lukasz Stankiewicz	PL	M40-44	18	12:25:15	1:09:47 (173)	00:10:46	6:50:39 (135)	00:05:10	4:08:53 (125)
126	294	Paul Emmins	GB	M35-39	17	12:26:10	00:55:53 (6)	00:15:53	7:05:19 (145)	00:11:06	3:57:58 (126)
127	405	Craig Patterson	GB	M45-49	14	12:26:46	1:02:42 (54)	00:05:12	6:40:10 (82)	00:03:18	4:35:25 (127)
128	871	Ross Birbeck	GB	M30-34	25	12:26:49	00:58:25 (23)	00:07:38	6:34:04 (61)	00:06:57	4:39:45 (128)
129	1135	Gregor Hirst	GB	M30-34	26	12:27:14	1:20:14 (479)	00:05:33	7:02:48 (184)	00:02:52	3:55:47 (129)
130	861	Stephen Wiltshire	GB	M40-44	19	12:27:18	1:24:36 (598)	00:08:08	6:58:33 (193)	00:04:56	3:51:06 (130)
131	208	Geoffrey Mullett	GB	M50-54	15	12:27:53	1:07:20 (127)	00:06:50	6:50:43 (115)	00:04:27	4:18:32 (131)
132	1144	Aleksandrs Golubevs	LV	M30-34	27	12:28:00	1:05:57 (97)	00:08:18	7:12:42 (178)	00:05:02	3:56:01 (132)
133	1113	Sam Cooke	GB	M25-29	23	12:28:20	1:20:11 (478)	00:07:39	6:56:47 (170)	00:08:08	3:55:35 (133)
134	105	David Brown	GB	M50-54	16	12:29:06	1:08:24 (147)	00:03:25	6:48:54 (108)	00:02:50	4:25:32 (134)
135	1051	Matthew Peel	GB	M40-44	20	12:29:15	1:17:40 (401)	00:08:42	7:00:56 (180)	00:09:44	3:52:14 (135)
136	400	Jamie Moseley	GB	M45-49	15	12:29:16	1:20:00 (467)	00:09:23	7:02:06 (194)	00:05:33	3:52:14 (136)
137	159	Andy Ley	GB	M50-54	17	12:29:38	1:16:43 (372)	00:03:27	6:25:59 (79)	00:02:23	4:41:06 (137)
138	197	Gary Davies	GB	M40-44	21	12:31:10	1:01:24 (41)	00:05:30	7:05:33 (140)	00:04:16	4:14:27 (138)
139	724	Nathan Carter	GB	M50-54	18	12:31:21	1:04:35 (71)	00:06:23	6:38:26 (86)	00:03:44	4:38:12 (139)
140	247	Louis-Germain M?thot	CA	M55-59	9	12:31:34	1:16:26 (367)	00:10:57	7:01:42 (187)	00:08:01	3:54:28 (140)
141	1012	Stuart Hadley	GB	M50-54	19	12:33:29	1:10:31 (193)	00:07:27	7:08:20 (177)	00:07:08	4:00:03 (141)
142	877	Paul Richardson	GB	M25-29	24	12:33:45	1:04:41 (76)	00:08:10	6:58:47 (136)	00:06:16	4:15:50 (142)
143	170	Matthew Holliday	GB	M18-24	4	12:35:42	00:58:00 (19)	00:05:29	6:37:36 (64)	00:04:42	4:49:55 (143)
144	147	Jake Cook	GB	M35-39	18	12:36:40	1:05:42 (93)	00:03:57	6:50:53 (107)	00:03:06	4:33:01 (144)
145	1029	Alexander Fox	GB	M30-34	28	12:36:41	1:21:09 (506)	00:07:55	7:01:50 (190)	00:05:01	4:00:47 (145)
146	1215	Diego Martinho	PT	M30-34	29	12:37:19	1:05:48 (95)	00:08:43	7:04:24 (152)	00:05:41	4:12:43 (146)
147	465	Alison Williams	GB	F35-39	1	12:37:22	1:15:44 (343)	00:05:28	7:13:19 (200)	00:05:19	3:57:33 (147)
148	1076	Louis Murphy	GB	M35-39	19	12:38:11	1:12:46 (253)	00:06:12	7:09:45 (186)	00:03:30	4:05:58 (148)
149	176	Tom Moore	GB	M40-44	22	12:38:31	1:20:44 (495)	00:05:05	6:58:27 (169)	00:05:05	4:09:10 (149)
150	308	Stephen Pendergrast	GB	M35-39	20	12:39:47	1:20:41 (492)	00:10:01	7:00:20 (191)	00:07:29	4:01:16 (150)
151	792	Thomas Fraser	ZA	M18-24	5	12:40:21	1:14:36 (302)	00:06:38	7:19:02 (221)	00:06:17	3:53:47 (151)

## Ironman UK Bolton - 02.07-2023

152	1043	Taylor Midgley	GB	M30-34	30	12:40:35	1:13:45 (271)	00:08:57	7:02:57 (173)	00:07:17	4:07:39 (152)
153	952	Simon Petty	GB	M40-44	23	12:40:53	1:09:09 (163)	00:05:56	7:02:47 (147)	00:05:07	4:17:54 (153)
154	182	Jamie Twist	GB	M25-29	25	12:41:17	1:05:15 (84)	00:05:40	6:46:36 (102)	00:03:11	4:40:36 (154)
155	450	Paul Williams	GB	M40-44	24	12:41:34	1:19:08 (438)	00:04:51	7:19:56 (231)	00:06:55	3:50:43 (155)
156	993	Andrew Carter	GB	M40-44	25	12:43:57	1:05:02 (81)	00:05:33	6:58:44 (126)	00:06:20	4:28:19 (156)
157	188	Paul Cubbins	GB	M45-49	16	12:44:43	1:05:26 (86)	00:07:46	7:32:48 (243)	00:05:47	3:52:56 (157)
158	339	Andrew Raw	GB	M40-44	26	12:45:18	1:11:29 (217)	00:10:51	7:38:22 (314)	00:04:07	3:40:29 (158)
159	958	Carl Britton	GB	M45-49	17	12:45:24	1:32:16 (757)	00:09:56	6:51:51 (198)	00:11:04	4:00:17 (159)
160	943	Dariusz Podbilski	PL	M40-44	27	12:45:48	1:09:33 (168)	00:06:05	7:03:49 (153)	00:02:38	4:23:42 (160)
161	426	Danny Mccamlie	MM	M30-34	31	12:46:15	1:06:41 (115)	00:05:23	7:58:20 (383)	00:05:23	3:30:27 (161)
162	1039	Tom West	GB	M25-29	26	12:46:17	1:06:40 (114)	00:06:46	7:03:53 (146)	00:08:10	4:20:49 (162)
163	140	phillip turner	GB	M55-59	10	12:46:45	1:14:50 (310)	00:07:09	6:37:19 (105)	00:04:58	4:42:30 (163)
164	796	Andrew Conradi	GB	M60-64	1	12:46:56	1:26:49 (653)	00:06:46	6:38:50 (139)	00:03:49	4:30:43 (164)
165	1055	Sam Iddon	GB	M18-24	6	12:47:48	1:21:08 (504)	00:05:07	6:33:48 (106)	00:03:12	4:44:34 (165)
166	624	Chris Norris	GB	M30-34	32	12:48:00	1:14:38 (304)	00:05:50	6:51:45 (138)	00:05:54	4:29:52 (166)
167	890	Gemma Terry	GB	F35-39	2	12:48:04	1:13:30 (265)	00:09:43	7:37:29 (315)	00:11:19	3:36:03 (167)
168	155	Mano Kok	NL	M40-44	28	12:49:08	1:07:28 (129)	00:07:53	6:49:06 (114)	00:06:22	4:38:20 (168)
169	778	Leah Walland	GB	F40-44	2	12:49:54	1:12:00 (229)	00:05:51	7:04:59 (162)	00:06:38	4:20:26 (169)
170	160	Anthony Tc Gerundini	GB	M50-54	20	12:49:58	1:30:40 (726)	00:09:52	7:08:56 (261)	00:06:37	3:53:53 (170)
171	592	Jamie Vosper	GB	M45-49	18	12:50:06	1:16:10 (356)	00:08:13	6:44:24 (123)	00:07:01	4:34:18 (171)
172	904	Rachel Culshaw	GB	F35-39	3	12:50:21	1:23:26 (568)	00:08:05	7:08:34 (219)	00:08:48	4:01:28 (172)
173	1089	Calum Pitkethly	GB	M18-24	7	12:50:37	1:20:14 (481)	00:07:42	7:20:41 (254)	00:06:56	3:55:03 (173)
174	181	Richie Banks	GB	M30-34	33	12:51:14	1:15:03 (315)	00:06:13	7:01:49 (164)	00:05:12	4:22:56 (174)
175	829	Steve Hill	GB	M30-34	34	12:51:14	1:12:51 (255)	00:09:22	7:23:06 (238)	00:09:11	3:56:45 (175)
176	942	John Pilkington	GB	M18-24	8	12:51:22	1:20:24 (485)	00:04:41	6:56:48 (159)	00:03:48	4:25:41 (176)
177	923	Ryan Scott	GB	M35-39	21	12:52:28	1:30:39 (725)	00:08:44	7:29:36 (374)	00:06:45	3:36:45 (177)
178	654	Tom Fraine	GB	M30-34	35	12:52:34	1:07:34 (133)	00:07:28	7:24:51 (216)	00:07:01	4:05:41 (178)
179	631	Joe Hicks	GB	M30-34	36	12:53:17	1:14:47 (308)	00:07:07	6:56:49 (150)	00:08:02	4:26:32 (179)
180	1191	Rebecca Mcgreevy	GB	F30-34	5	12:53:51	00:57:30 (14)	00:04:58	7:07:44 (131)	00:05:38	4:38:00 (180)
181	539	Gerry Mcgonagle	GB	M45-49	19	12:54:36	1:26:54 (654)	00:05:21	6:50:44 (163)	00:05:16	4:26:22 (181)
182	614	Stuart Lee Martin	GB	M60-64	2	12:54:59	1:20:52 (497)	00:06:55	7:03:49 (195)	00:05:12	4:18:11 (182)
183	1167	Angus Thackray	GB	M25-29	27	12:55:00	1:15:12 (321)	00:09:59	7:36:34 (320)	00:14:44	3:38:32 (183)
184	240	Stephen Lloyd	GB	M45-49	20	12:55:02	1:14:06 (284)	00:06:58	7:02:38 (165)	00:04:58	4:26:21 (184)
185	1154	Thomas Ballard	GB	M30-34	37	12:55:23	1:06:32 (111)	00:04:03	6:59:19 (129)	00:03:46	4:41:43 (185)
186	598	Nick Owen	GB	M45-49	21	12:55:26	1:17:50 (407)	00:06:54	7:12:16 (207)	00:03:39	4:14:47 (186)
187	1178	Jake Fletcher	GB	M25-29	28	12:57:18	1:17:47 (406)	00:11:11	7:24:22 (278)	00:06:52	3:57:04 (187)
188	989	Charlie Jefford	GB	M25-29	29	12:57:35	1:19:11 (443)	00:08:20	7:25:12 (274)	00:06:37	3:58:15 (188)
189	150	Pieter Brummer	ZA	M40-44	29	12:58:13	00:59:49 (29)	00:05:32	6:53:41 (104)	00:06:04	4:53:07 (189)

## Ironman UK Bolton - 02.07-2023

190	875	Mike Hoodless	GB	M40-44	30	12:58:21	1:27:36 (670)	00:10:20	7:09:59 (250)	00:06:36	4:03:49 (190)
191	687	Emily Taylor	GB	F45-49	2	12:58:22	1:13:50 (274)	00:05:29	7:33:25 (275)	00:02:52	4:02:46 (191)
192	119	Adam Wells	GB	M35-39	22	12:58:38	1:06:29 (110)	00:05:24	7:01:02 (141)	00:02:07	4:43:35 (192)
193	149	Tim Richardson	GB	M55-59	11	12:59:52	1:17:17 (390)	00:06:09	7:15:18 (212)	00:05:57	4:15:11 (193)
194	1092	Mark Affuso	GB	M50-54	21	13:00:00	1:10:07 (181)	00:07:51	7:21:16 (213)	00:05:39	4:15:07 (194)
195	500	Joshua Nicholson	GB	M30-34	38	13:00:36	1:18:22 (414)	00:09:43	7:32:25 (312)	00:05:54	3:54:13 (195)
196	788	Bernard Saliou	FR	M60-64	3	13:01:54	1:21:33 (516)	00:08:09	6:39:24 (125)	00:04:15	4:48:33 (196)
197	1030	Sven Ludwig	GB	M50-54	22	13:02:04	1:16:18 (363)	00:08:23	7:10:09 (201)	00:05:30	4:21:43 (197)
198	986	Lars Blumenthal	DE	M30-34	39	13:02:34	1:21:04 (501)	00:05:33	7:18:28 (235)	00:03:09	4:14:20 (198)
199	272	Andrew Patterson	GB	M35-39	23	13:02:44	1:12:35 (249)	00:07:18	6:58:54 (151)	00:04:22	4:39:35 (199)
200	722	Paul Lusty	GB	M45-49	22	13:03:24	1:10:14 (183)	00:09:19	7:37:01 (294)	00:07:07	3:59:43 (200)
201	1072	Nick Ross	GB	M35-39	24	13:03:37	1:05:27 (87)	00:07:20	7:27:03 (215)	00:06:54	4:16:53 (201)
202	641	Gareth Tuohy	GB	M40-44	31	13:03:51	1:15:02 (314)	00:08:54	7:40:35 (345)	00:07:22	3:51:58 (202)
203	920	Mike Harding	GB	M35-39	25	13:04:36	1:10:45 (198)	00:08:18	7:49:32 (371)	00:06:42	3:49:19 (203)
204	435	David Greenlees	GB	M30-34	40	13:04:41	1:09:55 (177)	00:06:02	7:19:44 (203)	00:06:24	4:22:36 (204)
205	428	Chris Bakewell	GB	M30-34	41	13:04:42	1:06:55 (120)	00:09:59	7:05:02 (161)	00:04:28	4:38:18 (205)
206	570	Gareth Adedeji	GB	M35-39	26	13:04:57	1:21:52 (524)	00:06:51	6:56:45 (172)	00:05:58	4:33:32 (206)
207	839	Luke Foulger	GB	M40-44	32	13:06:06	1:11:32 (218)	00:13:43	7:30:22 (290)	00:07:31	4:02:58 (207)
208	874	Ben Gill	GB	M35-39	27	13:06:11	1:16:23 (366)	00:07:39	7:21:33 (241)	00:05:45	4:14:50 (208)
209	801	Joel Mccann	GB	M35-39	28	13:06:25	1:17:18 (391)	00:07:11	6:57:27 (160)	00:04:00	4:40:29 (209)
210	878	David Burgess	GB	M40-44	33	13:06:30	1:12:05 (236)	00:12:07	7:03:35 (182)	00:09:37	4:29:06 (210)
211	773	Shaun Gill	GB	M35-39	29	13:06:50	1:17:13 (389)	00:07:51	7:16:13 (224)	00:06:30	4:19:03 (211)
212	893	Mark Jacobs	GB	M35-39	30	13:06:55	1:06:09 (104)	00:07:21	6:56:03 (128)	00:07:16	4:50:05 (212)
213	991	Zak Lindsay	GB	M25-29	30	13:07:12	1:19:09 (441)	00:05:57	7:29:26 (283)	00:04:58	4:07:42 (213)
214	905	Katrina Hamilton	GB	F30-34	6	13:07:34	1:27:30 (667)	00:05:40	7:32:15 (349)	00:06:14	3:55:55 (214)
215	996	Nick Hewitt	GB	M70-74	1	13:07:48	1:13:58 (279)	00:06:59	7:24:55 (242)	00:05:40	4:16:16 (215)
216	1009	Mark Barradell	GB	M25-29	31	13:09:14	1:11:52 (227)	00:10:32	7:36:15 (300)	00:08:19	4:02:15 (216)
217	797	Evelyn Iwanek	GB	F25-29	2	13:09:18	1:22:14 (535)	00:06:13	7:33:21 (321)	00:03:46	4:03:44 (217)
218	1093	James Brown	GB	M40-44	34	13:09:18	1:16:32 (369)	00:11:01	7:33:37 (317)	00:11:54	3:56:13 (218)
219	345	Martin Thompson	GB	M40-44	35	13:09:22	1:24:15 (589)	00:11:43	7:36:50 (392)	00:09:24	3:47:10 (219)
220	1222	Alistair Haimes	GB	M45-49	23	13:10:49	1:19:45 (454)	00:08:33	7:52:35 (444)	00:05:43	3:44:12 (220)
221	277	Emer Sandham	IE	F40-44	3	13:11:38	1:15:22 (327)	00:07:43	7:39:23 (329)	00:07:40	4:01:29 (221)
222	480	Steven Hayes	GB	M35-39	31	13:11:43	1:25:56 (630)	00:10:05	7:10:53 (246)	00:07:25	4:17:23 (222)
223	675	Richard Cogley	GB	M40-44	36	13:12:03	1:15:42 (342)	00:06:28	7:10:48 (197)	00:09:10	4:29:55 (223)
224	154	Gerald Rossmann	AT	M50-54	23	13:12:34	1:16:59 (380)	00:06:24	7:17:51 (223)	00:03:44	4:27:35 (224)
225	1139	Andy Chan	GB	M30-34	42	13:12:50	1:20:07 (472)	00:09:34	7:29:39 (307)	00:05:43	4:07:47 (225)
226	846	Mark Dobson	GB	M40-44	37	13:14:19	1:23:53 (583)	00:05:42	7:07:17 (206)	00:06:54	4:30:34 (226)
227	527	Kurt Regan	GB	M40-44	38	13:15:04	1:05:49 (96)	00:06:38	7:13:48 (175)	00:04:35	4:44:14 (227)

## Ironman UK Bolton - 02.07-2023

228	838	Myke Parrott	GB	M35-39	32	13:16:25	1:21:06 (503)	00:10:38	7:04:31 (204)	00:11:24	4:28:46 (228)
229	300	Robert Doyle	GB	M30-34	43	13:16:32	1:20:46 (496)	00:08:25	6:55:50 (171)	00:08:03	4:43:28 (229)
230	281	Inge Keymolen	BE	F35-39	4	13:16:33	1:04:24 (68)	00:05:39	7:40:30 (264)	00:05:22	4:20:38 (230)
231	638	Brian Dutson	GB	M55-59	12	13:16:48	1:16:48 (375)	00:12:55	7:23:26 (276)	00:08:52	4:14:48 (231)
232	414	Josephin Betsche	DE	F30-34	7	13:16:51	1:12:04 (233)	00:07:55	7:57:09 (419)	00:04:13	3:55:29 (232)
233	546	Reece Farnhill	GB	M25-29	32	13:17:22	1:13:12 (258)	00:07:59	7:08:37 (189)	00:06:04	4:41:30 (233)
234	174	Anthony Shaw	GB	M30-34	44	13:17:31	1:04:16 (67)	00:07:27	7:28:32 (220)	00:06:42	4:30:34 (234)
235	725	Chris Brewer	GB	M40-44	39	13:18:51	1:19:57 (464)	00:06:43	7:18:33 (237)	00:05:06	4:28:32 (235)
236	385	John Byrne	GB	M45-49	24	13:19:00	1:12:11 (240)	00:07:30	6:46:09 (118)	00:06:13	5:06:57 (236)
237	832	Andrei Hirjanu	RO	M30-34	45	13:19:03	1:17:02 (382)	00:06:44	7:44:10 (365)	00:05:17	4:05:50 (237)
238	1004	Parris Williams	GB	F30-34	8	13:19:24	1:09:59 (178)	00:11:57	7:28:43 (265)	00:07:35	4:21:10 (238)
239	292	Bernhard Rehle	DE	M60-64	4	13:19:41	1:16:08 (355)	00:07:59	7:07:47 (196)	00:07:24	4:40:23 (239)
240	960	Adam South	GB	M40-44	40	13:19:57	1:10:25 (192)	00:07:58	7:26:05 (232)	00:09:35	4:25:54 (240)
241	169	Susan Smith	GB	F45-49	3	13:20:01	1:20:14 (480)	00:05:54	7:22:46 (256)	00:05:45	4:25:21 (241)
242	853	Daniel Wignall	GB	M30-34	46	13:20:06	1:07:32 (132)	00:08:00	7:13:39 (188)	00:06:11	4:44:44 (242)
243	652	Christian Holding	GB	M35-39	33	13:20:20	1:21:42 (521)	00:08:26	7:32:11 (326)	00:05:16	4:12:44 (243)
244	903	Roy Cooper	GB	M35-39	34	13:20:29	1:21:47 (522)	00:09:58	7:22:22 (281)	00:05:48	4:20:35 (244)
245	950	Heath Barlow	GB	M40-44	41	13:20:30	1:10:25 (190)	00:12:15	7:05:58 (185)	00:08:29	4:43:24 (245)
246	250	John Wilkinson	GB	M35-39	35	13:20:33	1:20:22 (484)	00:09:25	7:17:45 (247)	00:05:42	4:27:19 (246)
247	1120	Andy Nicol	GB	M50-54	24	13:20:48	1:15:33 (336)	00:08:00	7:32:29 (293)	00:03:53	4:20:53 (247)
248	955	Edward Venter	ZA	M30-34	47	13:20:51	1:18:56 (429)	00:10:07	7:21:54 (267)	00:05:51	4:24:04 (248)
249	984	Jack Jones	GB	M25-29	33	13:21:03	1:14:32 (298)	00:16:54	7:27:48 (305)	00:13:37	4:08:13 (249)
250	748	Henry Murray	IE	M35-39	36	13:21:12	1:37:54 (809)	00:11:48	7:19:32 (376)	00:06:21	4:05:37 (250)
251	898	Tom Blake	GB	M30-34	48	13:21:49	1:18:00 (409)	00:08:50	7:38:17 (347)	00:03:59	4:12:42 (251)
252	713	David Jones	GB	M40-44	42	13:21:51	1:19:08 (437)	00:12:26	7:32:44 (341)	00:06:40	4:10:53 (252)
253	220	Bethany Prole	GB	F30-34	9	13:22:13	1:09:09 (162)	00:06:41	7:32:58 (255)	00:07:13	4:26:13 (253)
254	1192	Carl Bennett	GB	M45-49	25	13:22:22	1:20:10 (477)	00:08:47	7:24:23 (277)	00:09:29	4:19:34 (254)
255	907	Tim Lyne	GB	M30-34	49	13:22:27	1:27:37 (671)	00:08:52	7:31:29 (366)	00:04:59	4:09:30 (255)
256	1020	Sebastian Bradley	GB	M30-34	50	13:22:31	1:11:08 (205)	00:07:52	7:26:10 (236)	00:09:22	4:27:59 (256)
257	889	Rob Forster	GB	M25-29	34	13:22:33	1:03:01 (57)	00:05:57	7:40:09 (258)	00:06:02	4:27:24 (257)
258	1129	Jamie Robinson	GB	M25-29	35	13:22:57	1:17:45 (403)	00:12:37	7:23:40 (280)	00:10:27	4:18:27 (258)
259	1094	Lee Winter	GB	M35-39	37	13:23:24	1:15:23 (329)	00:06:40	7:21:52 (230)	00:04:40	4:34:50 (259)
260	1204	Luke Massie	GB	M30-34	51	13:23:33	1:24:16 (590)	00:08:02	7:12:21 (233)	00:04:10	4:34:45 (260)
261	193	Conal Bevan	GB	M30-34	52	13:23:37	1:18:59 (431)	00:09:18	7:32:23 (313)	00:09:42	4:13:15 (261)
262	111	Lee Anderton	GB	M50-54	25	13:24:33	1:11:39 (221)	00:06:17	6:31:52 (87)	00:04:06	5:30:37 (262)
263	845	Bart Finley	GB	M35-39	38	13:24:54	1:08:29 (149)	00:06:19	7:50:37 (350)	00:05:37	4:13:51 (263)
264	1212	Aaron Jernigan	US	M18-24	9	13:26:29	1:21:11 (509)	00:14:42	6:59:16 (202)	00:08:37	4:42:43 (264)
265	711	Garry Johnson	GB	M35-39	39	13:26:35	1:15:33 (337)	00:11:00	7:29:25 (291)	00:09:42	4:20:54 (265)

## Ironman UK Bolton - 02.07-2023

266	261	Joseph Wedding	GB	M18-24	10	13:26:42	1:10:34 (194)	00:09:45	7:41:39 (322)	00:08:38	4:16:06 (266)
267	848	Anthony Heap	GB	M35-39	40	13:26:44	1:34:17 (774)	00:18:50	7:05:35 (301)	00:08:42	4:19:18 (267)
268	1006	Peter Williams	GB	M60-64	5	13:27:20	1:23:37 (574)	00:09:59	7:21:44 (288)	00:04:56	4:27:05 (268)
269	951	Steve Catt	GB	M45-49	26	13:27:35	1:01:28 (43)	00:04:43	7:55:49 (323)	00:05:18	4:20:17 (269)
270	431	Mark George	GB	M50-54	26	13:28:02	1:07:56 (143)	00:11:29	7:53:08 (391)	00:07:51	4:07:37 (270)
271	1155	Vaidas Grabauskas	LT	M45-49	27	13:28:07	2:15:47 (845)	00:15:38	6:46:10 (421)	00:11:04	3:59:28 (271)
272	738	Josef Horrocks	GB	M25-29	36	13:28:08	1:15:25 (332)	00:06:39	7:41:59 (339)	00:06:27	4:17:39 (272)
273	831	Shane Antill	GB	M50-54	27	13:28:16	1:07:55 (142)	00:10:56	7:30:23 (260)	00:10:43	4:28:19 (273)
274	674	Richard Clarke	GB	M45-49	28	13:28:31	1:21:58 (528)	00:08:27	6:53:18 (166)	00:07:48	4:56:59 (274)
275	377	Peter Powell	GB	M25-29	37	13:28:53	1:08:58 (156)	00:07:02	7:26:21 (225)	00:06:11	4:40:21 (275)
276	882	David Heckelsmiller	GB	M30-34	53	13:28:54	1:14:38 (303)	00:09:11	7:00:02 (167)	00:05:04	4:59:59 (276)
277	909	Richard Heyes	GB	M40-44	43	13:29:41	1:19:21 (447)	00:10:59	7:38:18 (372)	00:05:58	4:15:05 (277)
278	231	Brandon Whitehead	GB	M25-29	38	13:29:51	1:30:28 (722)	00:07:57	7:18:34 (295)	00:07:34	4:25:19 (278)
279	429	Fred Frost	GB	M25-29	39	13:29:56	1:10:57 (202)	00:07:56	7:42:43 (319)	00:07:28	4:20:52 (279)
280	129	Thomas Jaenicke	DE	M55-59	13	13:29:59	1:21:23 (511)	00:06:23	7:06:22 (199)	00:04:51	4:51:01 (280)
281	843	Joe Mallen	IE	M35-39	41	13:30:22	1:13:56 (277)	00:08:21	7:59:50 (448)	00:06:09	4:02:05 (281)
282	103	Selina Campbell	CA	F50-54	1	13:30:58	1:12:05 (234)	00:09:34	7:44:26 (352)	00:07:19	4:17:35 (282)
283	1118	Wilfred Ambler	GB	M25-29	40	13:31:19	1:23:46 (581)	00:08:52	7:34:43 (362)	00:13:03	4:10:54 (283)
284	619	Ryan Bradburn	GB	M30-34	54	13:31:51	1:10:14 (184)	00:10:01	7:19:48 (218)	00:07:49	4:43:58 (284)
285	1033	William Shaw	GB	M35-39	42	13:32:12	1:14:05 (283)	00:09:02	7:39:57 (332)	00:09:45	4:19:23 (285)
286	1063	Alastair Cowmeadow	GB	M30-34	55	13:32:17	1:14:59 (313)	00:09:30	7:25:27 (262)	00:07:11	4:35:09 (286)
287	992	Alberto Sandrini	IT	M40-44	44	13:32:32	1:24:33 (595)	00:11:25	7:12:30 (252)	00:07:36	4:36:28 (287)
288	1147	Liam Roberts	GB	M30-34	56	13:33:22	1:06:57 (122)	00:09:31	7:27:26 (229)	00:09:07	4:40:21 (288)
289	670	Sam Barrett	GB	M40-44	45	13:33:47	1:31:09 (735)	00:12:45	7:10:42 (284)	00:08:51	4:30:20 (289)
290	490	Will Cooper	GB	M18-24	11	13:33:57	1:18:37 (422)	00:06:40	7:24:55 (263)	00:04:31	4:39:13 (290)
291	344	John Haywood	GB	M45-49	29	13:33:57	1:31:42 (743)	00:12:07	6:58:56 (227)	00:06:57	4:44:15 (291)
292	756	Tom Lamping	GB	M35-39	43	13:35:25	1:05:12 (83)	00:09:10	7:48:03 (328)	00:09:19	4:23:41 (292)
293	1127	Alex Livingstone	GB	M25-29	41	13:35:37	1:10:25 (191)	00:12:17	7:20:50 (228)	00:07:01	4:45:04 (293)
294	1189	Simon Macvicker	GB	M55-59	14	13:35:53	1:13:45 (272)	00:07:12	7:30:06 (268)	00:06:42	4:38:07 (294)
295	488	Ian Leadbeater	GB	M45-49	30	13:36:03	1:23:17 (564)	00:06:29	7:18:30 (251)	00:03:18	4:44:30 (295)
296	484	James Clarke	GB	M35-39	44	13:36:08	1:09:05 (158)	00:06:08	7:31:03 (244)	00:06:32	4:43:20 (296)
297	736	Robert Barnes	GB	M35-39	45	13:36:09	1:20:09 (476)	00:08:33	7:26:40 (289)	00:07:31	4:33:16 (297)
298	979	Kevin Cross	GB	M50-54	28	13:36:17	1:16:12 (358)	00:06:33	7:14:44 (208)	00:08:57	4:49:51 (298)
299	167	James Taylor	GB	M30-34	57	13:36:31	1:10:15 (185)	00:07:12	7:10:10 (181)	00:05:10	5:03:43 (299)
300	1114	Jacob Collins	GB	M25-29	42	13:36:59	1:25:38 (620)	00:11:07	7:22:25 (304)	00:06:43	4:31:06 (300)
301	1100	Findlay Johnstone	GB	M18-24	12	13:37:29	1:24:06 (586)	00:07:58	7:41:35 (395)	00:03:21	4:20:29 (301)
302	517	Michael Kearns	GB	M35-39	46	13:37:49	1:18:57 (430)	00:07:22	7:13:04 (214)	00:06:18	4:52:08 (302)
303	982	Daniel Reeve	GB	M45-49	31	13:38:11	1:29:52 (715)	00:08:54	7:16:29 (287)	00:09:38	4:33:19 (303)



## Ironman UK Bolton - 02.07-2023

304	682	Craig Ulliott	GB	M35-39	47	13:38:14	1:21:10 (507)	00:07:31	7:35:11 (338)	00:07:07	4:27:15 (304)
305	454	Graham Elleray	GB	M45-49	32	13:38:57	1:32:11 (754)	00:12:27	7:06:39 (269)	00:07:18	4:40:23 (305)
306	1213	Pawel Janik	PL	M30-34	58	13:39:11	1:25:50 (627)	00:13:51	6:58:23 (209)	00:12:36	4:48:31 (306)
307	664	Matthew Davies	GB	M35-39	48	13:39:17	1:10:42 (196)	00:09:48	7:47:25 (364)	00:07:00	4:24:23 (307)
308	243	Josh Costello	GB	M35-39	49	13:39:54	1:11:32 (219)	00:08:00	7:47:19 (358)	00:05:33	4:27:30 (308)
309	274	David Parkinson	GB	M45-49	33	13:40:25	1:15:17 (323)	00:11:07	7:40:08 (356)	00:07:30	4:26:23 (309)
310	275	Nick Bridgford	GB	M30-34	59	13:40:29	1:08:33 (152)	00:16:24	7:49:09 (397)	00:14:20	4:12:03 (310)
311	1060	Gabriel Sonczek	PL	M35-39	50	13:40:32	1:18:42 (424)	00:12:43	7:16:09 (248)	00:11:58	4:40:59 (311)
312	171	Mike Weston	GB	M30-34	60	13:40:39	1:19:53 (460)	00:06:08	7:16:21 (226)	00:06:35	4:51:42 (312)
313	259	Wayne Billing	GB	M40-44	46	13:41:11	1:31:39 (741)	00:09:03	7:43:18 (463)	00:06:05	4:11:05 (313)
314	459	Michael Forbes	GB	M50-54	29	13:41:34	1:14:04 (282)	00:07:43	7:44:40 (355)	00:05:51	4:29:16 (314)
315	678	Harvey Mitchell-Divers	GB	M18-24	13	13:41:37	1:11:27 (216)	00:08:43	7:47:55 (367)	00:10:17	4:23:16 (315)
316	152	David Goddard	GB	M45-49	34	13:41:38	1:13:52 (275)	00:03:28	8:11:34 (491)	00:02:52	4:09:51 (316)
317	717	Michael Prendergast	GB	M25-29	43	13:41:41	1:16:45 (374)	00:07:01	7:54:48 (429)	00:04:37	4:18:30 (317)
318	938	Jack Mantle	GB	M35-39	51	13:41:44	00:59:38 (28)	00:07:14	7:47:24 (282)	00:05:35	4:41:53 (318)
319	515	Michael Smithson	GB	M40-44	47	13:41:57	1:03:26 (61)	00:07:32	7:27:27 (211)	00:11:29	4:52:03 (319)
320	1169	Johnny Drennan	GB	M35-39	52	13:42:07	1:10:07 (182)	00:10:18	7:43:57 (343)	00:09:11	4:28:33 (320)
321	456	Andrew Moore	GB	M50-54	30	13:42:27	1:17:36 (397)	00:08:36	7:59:54 (475)	00:07:14	4:09:06 (321)
322	217	Ian Powis	GB	M55-59	15	13:42:34	1:28:10 (678)	00:11:58	7:04:43 (234)	00:10:13	4:47:30 (322)
323	180	Chris Hayes	GB	M40-44	48	13:42:46	1:21:04 (500)	00:06:33	7:57:59 (473)	00:05:09	4:12:01 (323)
324	924	Gavin Callander	GB	M35-39	53	13:42:56	1:11:48 (225)	00:07:27	7:27:17 (245)	00:07:47	4:48:36 (324)
325	313	Steven Mitchell	GB	M35-39	54	13:43:37	1:26:11 (634)	00:08:05	7:40:02 (399)	00:08:29	4:20:50 (325)
326	939	Patrice Maguer	FR	M50-54	31	13:44:18	1:34:37 (780)	00:09:06	7:25:22 (375)	00:06:14	4:29:00 (326)
327	1158	Samuel Haynes	GB	M18-24	14	13:44:49	1:16:08 (354)	00:08:31	7:30:25 (285)	00:11:43	4:38:01 (327)
328	1136	Andy Mcconville	GB	M40-44	49	13:45:11	1:19:04 (433)	00:09:37	7:23:03 (270)	00:06:31	4:46:56 (328)
329	836	Dennis Walmsley	GB	M60-64	6	13:45:54	1:40:25 (822)	00:07:38	7:43:15 (512)	00:05:59	4:08:37 (329)
330	156	Shaun Meese	GB	M35-39	55	13:46:11	1:23:26 (569)	00:08:55	7:27:08 (308)	00:10:05	4:36:36 (330)
331	732	Joseph Broad	GB	M35-39	56	13:46:16	1:26:20 (639)	00:10:35	7:14:51 (271)	00:05:36	4:48:54 (331)
332	205	Ashley Moorhouse	GB	M30-34	61	13:46:29	1:20:41 (493)	00:09:14	7:45:27 (406)	00:08:27	4:22:39 (332)
333	747	Lydia Tellam	GB	F30-34	10	13:46:45	1:10:22 (189)	00:10:59	7:57:18 (430)	00:09:19	4:18:47 (333)
334	694	Glenn Hobbs	GB	M45-49	35	13:47:12	1:15:23 (328)	00:10:23	7:26:05 (272)	00:14:33	4:40:49 (334)
335	427	Peter Connolly	GB	M35-39	57	13:47:50	1:33:30 (767)	00:07:23	7:25:16 (353)	00:04:43	4:36:59 (335)
336	214	Simon Darcy	GB	M50-54	32	13:48:11	1:27:00 (656)	00:10:57	7:20:24 (299)	00:13:23	4:36:28 (336)
337	187	Craig Painter	GB	M30-34	62	13:48:17	1:25:32 (617)	00:07:16	7:51:55 (466)	00:05:31	4:18:03 (337)
338	1013	Michael Guest	GB	M35-39	58	13:48:31	1:21:29 (513)	00:16:13	7:37:37 (405)	00:07:57	4:25:16 (338)
339	760	Hasan Al-Hasani	GB	M35-39	59	13:48:34	1:17:12 (388)	00:12:36	8:05:22 (534)	00:10:14	4:03:10 (339)
340	332	Stu Sheard-Pearson	GB	M35-39	60	13:48:39	1:16:31 (368)	00:08:20	7:23:45 (253)	00:06:19	4:53:44 (340)
341	1160	Devon Phipps	GB	F30-34	11	13:48:54	1:06:42 (116)	00:10:13	7:59:11 (408)	00:21:16	4:11:31 (341)

## Ironman UK Bolton - 02.07-2023

342	787	Jonathan Adams	GB	M50-54	33	13:48:55	1:27:21 (661)	00:11:02	7:07:07 (240)	00:07:21	4:56:04 (342)
343	260	Christopher Hodgson	GB	M45-49	36	13:48:59	1:12:45 (251)	00:06:40	7:29:48 (259)	00:08:18	4:51:28 (343)
344	1131	Gary Wilton	GB	M45-49	37	13:49:14	1:19:36 (452)	00:09:28	8:00:07 (495)	00:07:35	4:12:28 (344)
345	543	Andrew Horrocks	GB	M45-49	38	13:49:35	1:14:14 (287)	00:08:55	7:51:02 (398)	00:06:43	4:28:40 (345)
346	148	Gordon Jarratt	US	M50-54	34	13:49:43	1:00:42 (35)	00:11:14	7:07:56 (155)	00:11:06	5:18:45 (346)
347	1157	Charles Shelbourne	GB	M30-34	63	13:50:19	1:13:03 (257)	00:08:18	7:45:40 (360)	00:06:08	4:37:10 (347)
348	192	Leanne Kelsall	GB	F30-34	12	13:50:53	1:00:25 (32)	00:05:56	8:11:59 (426)	00:07:04	4:25:28 (348)
349	752	Suzanne Matonti	GB	F40-44	4	13:51:13	1:19:17 (444)	00:11:19	7:32:13 (331)	00:07:24	4:41:01 (349)
350	656	Mark Webb	GB	M50-54	35	13:51:35	1:15:11 (320)	00:12:34	7:03:31 (192)	00:10:58	5:09:21 (350)
351	141	David Virden	GB	M60-64	7	13:51:45	1:14:15 (288)	00:07:53	7:54:51 (417)	00:03:33	4:31:13 (351)
352	888	Wesleigh Mulder	GB	M40-44	50	13:51:48	1:28:13 (680)	00:08:32	7:42:56 (436)	00:09:42	4:22:25 (352)
353	618	Andrew Barnard	GB	M50-54	36	13:52:18	1:18:15 (413)	00:14:11	7:16:31 (257)	00:09:44	4:53:36 (353)
354	929	Simon Cheek	GB	M45-49	39	13:53:33	1:16:06 (352)	00:11:19	7:49:43 (418)	00:09:41	4:26:44 (354)
355	621	Lewis Hindle	GB	M18-24	15	13:54:07	1:11:42 (223)	00:08:07	8:10:36 (506)	00:08:11	4:15:31 (355)
356	173	David Davies	GB	M35-39	61	13:54:14	1:28:21 (683)	00:07:29	7:27:57 (336)	00:08:34	4:41:52 (356)
357	604	Dean Gledhill	GB	M35-39	62	13:54:21	1:37:18 (801)	00:08:35	7:42:21 (487)	00:07:21	4:18:45 (357)
358	655	Shane Renyard	GB	M40-44	51	13:54:33	1:12:27 (245)	00:13:29	7:59:21 (471)	00:09:54	4:19:22 (358)
359	770	Martin Fielding	GB	M30-34	64	13:54:42	1:31:54 (749)	00:07:30	7:44:12 (460)	00:07:30	4:23:36 (359)
360	1151	Rhys Ward	GB	M30-34	65	13:54:57	1:17:09 (386)	00:09:19	7:53:34 (440)	00:10:18	4:24:37 (360)
361	262	Thomas Burke	GB	M30-34	66	13:54:59	1:23:03 (556)	00:09:18	7:25:07 (297)	00:08:20	4:49:11 (361)
362	637	Alexander Novicov	GB	M35-39	63	13:55:12	1:18:37 (421)	00:10:30	8:02:57 (518)	00:08:15	4:14:53 (362)
363	1128	Nick Whitfield	GB	M50-54	37	13:55:28	1:43:11 (831)	00:09:05	7:38:33 (510)	00:07:12	4:17:27 (363)
364	393	Lee Smith	GB	M35-39	64	13:55:34	1:28:14 (681)	00:08:24	7:31:30 (368)	00:08:38	4:38:48 (364)
365	941	Nathan Race	GB	M45-49	40	13:55:40	1:05:33 (89)	00:08:06	7:55:50 (377)	00:08:57	4:37:13 (365)
366	816	Jason Booth	GB	M25-29	44	13:57:22	1:19:24 (448)	00:06:12	7:11:01 (205)	00:03:25	5:17:19 (366)
367	525	Stephen Hamilton	GB	M45-49	41	13:57:33	1:15:35 (338)	00:08:30	7:40:20 (344)	00:05:19	4:47:50 (367)
368	616	Barry Harriss	GB	M55-59	16	13:57:36	1:12:32 (247)	00:07:16	7:54:45 (401)	00:06:39	4:36:24 (368)
369	326	Andrew Jones	GB	M40-44	52	13:57:38	1:12:33 (248)	00:07:37	7:39:52 (311)	00:07:49	4:49:47 (369)
370	407	James Brodie	GB	M40-44	53	13:57:54	1:23:16 (560)	00:08:03	8:04:28 (541)	00:11:59	4:10:09 (370)
371	892	Ben Neal	GB	M30-34	67	13:58:02	1:25:13 (611)	00:08:54	7:41:58 (407)	00:04:52	4:37:06 (371)
372	408	Peter Blockley	GB	M50-54	38	13:58:56	1:33:27 (766)	00:09:47	7:17:45 (316)	00:07:54	4:50:03 (372)
373	1223	Joe Donnachie	GB	M30-34	68	13:59:21	1:07:31 (130)	00:10:34	7:32:35 (266)	00:09:21	4:59:20 (373)
374	1170	Matthew Ramsden	GB	M25-29	45	13:59:21	1:34:36 (779)	00:11:28	7:46:09 (520)	00:06:05	4:21:02 (374)
375	663	Steven Broxton	GB	M35-39	65	13:59:21	1:27:19 (660)	00:09:14	7:50:38 (479)	00:07:05	4:25:05 (375)
376	384	Ben Gillman	GB	M18-24	16	14:00:23	1:11:39 (220)	00:07:43	7:57:11 (413)	00:04:32	4:39:17 (376)
377	1195	Drew Tomlinson	GB	M30-34	69	14:01:02	1:02:04 (49)	00:11:41	7:14:24 (183)	00:14:13	5:18:39 (377)
378	1078	Terry Murgatroyd	GB	M55-59	17	14:01:08	1:25:39 (621)	00:10:04	7:46:53 (452)	00:04:28	4:34:03 (378)
379	881	James Harney	GB	M35-39	66	14:01:24	1:30:21 (720)	00:13:32	7:28:01 (388)	00:12:08	4:37:22 (379)

## Ironman UK Bolton - 02.07-2023

380	932	Richard Burman	GB	M45-49	42	14:01:46	1:03:22 (59)	00:07:12	8:16:12 (477)	00:07:20	4:27:41 (380)
381	563	Andy Wray	GB	M40-44	54	14:02:14	1:16:12 (359)	00:12:58	7:44:55 (396)	00:10:14	4:37:56 (381)
382	651	James Husband	GB	M35-39	67	14:02:15	1:19:06 (435)	00:09:50	7:58:27 (481)	00:11:02	4:23:50 (382)
383	221	Terence Leece	GB	M50-54	39	14:02:27	1:18:11 (412)	00:16:32	7:24:07 (302)	00:13:30	4:50:06 (383)
384	1141	James Hislop	GB	M40-44	55	14:02:44	1:40:10 (820)	00:13:12	7:29:14 (453)	00:13:49	4:26:19 (384)
385	718	Olivia Mannall	GB	F25-29	3	14:02:51	1:03:26 (60)	00:05:52	8:16:26 (474)	00:08:45	4:28:21 (385)
386	1177	Neil Brown	GB	M40-44	56	14:02:56	1:08:27 (148)	00:05:46	7:52:14 (354)	00:04:10	4:52:18 (386)
387	528	William Mahaffey	GB	M30-34	70	14:03:38	1:15:50 (346)	00:05:22	7:41:17 (330)	00:08:43	4:52:25 (387)
388	342	Kristian Price	GB	M30-34	71	14:04:22	1:08:19 (146)	00:08:53	7:52:54 (381)	00:09:48	4:44:27 (388)
389	1011	Nicholas Labrum	GB	M35-39	68	14:04:32	1:28:42 (693)	00:10:40	7:45:26 (467)	00:07:17	4:32:26 (389)
390	264	Paul Marshall	GB	M50-54	40	14:04:49	1:53:33 (844)	00:07:42	6:58:24 (309)	00:08:40	4:56:30 (390)
391	324	Mark Bidewell	GB	M45-49	43	14:05:00	1:37:37 (806)	00:08:54	7:47:53 (530)	00:08:56	4:21:40 (391)
392	1205	Thomas Coxon	GB	M40-44	57	14:05:20	1:11:52 (226)	00:13:12	8:05:24 (508)	00:07:20	4:27:32 (392)
393	367	Liam Metcalfe	GB	M35-39	69	14:06:03	1:16:53 (378)	00:10:07	7:35:24 (327)	00:15:42	4:47:57 (393)
394	280	Caroline Duncan	GB	F40-44	5	14:06:49	1:15:50 (345)	00:06:30	7:23:04 (239)	00:04:55	5:16:30 (394)
395	963	Adam Collard	GB	M25-29	46	14:06:51	1:10:15 (186)	00:07:30	8:12:16 (503)	00:08:04	4:28:45 (395)
396	469	Conor Hughes	GB	M30-34	72	14:07:01	1:36:23 (792)	00:13:28	7:54:20 (595)	00:11:48	4:11:02 (396)
397	200	Rachel Howarth	GB	F35-39	5	14:07:43	1:05:16 (85)	00:06:49	8:16:04 (486)	00:07:26	4:32:08 (397)
398	249	Brian Rigby	GB	M35-39	70	14:07:50	1:05:48 (94)	00:05:43	6:56:21 (121)	00:04:41	5:55:17 (398)
399	974	Emily Mchugh	GB	F25-29	4	14:07:53	1:23:10 (558)	00:05:02	8:30:06 (691)	00:05:29	4:04:06 (399)
400	697	Ian Farnworth	GB	M55-59	18	14:08:17	1:20:05 (471)	00:08:38	7:27:18 (292)	00:08:17	5:03:59 (400)
401	696	Craig Fox	GB	M50-54	41	14:08:44	1:19:50 (456)	00:10:27	8:01:33 (516)	00:10:04	4:26:50 (401)
402	1091	Stuart Downie	GB	M30-34	73	14:08:52	1:29:48 (713)	00:06:24	7:44:46 (445)	00:03:39	4:44:15 (402)
403	626	Leon Darby	GB	M35-39	71	14:10:00	1:36:24 (793)	00:15:42	7:38:09 (505)	00:12:15	4:27:29 (403)
404	639	James Richardson	GB	M30-34	74	14:10:19	1:24:56 (605)	00:10:31	7:31:15 (357)	00:13:09	4:50:29 (404)
405	714	Kate Johnson	GB	F30-34	13	14:10:23	1:02:09 (50)	00:05:02	8:04:47 (389)	00:05:04	4:53:21 (405)
406	1106	Greg Brittles	GB	M30-34	75	14:11:12	1:16:16 (362)	00:07:08	8:31:32 (663)	00:06:44	4:09:31 (406)
407	328	Sean Wells	GB	M55-59	19	14:11:14	1:05:09 (82)	00:06:57	7:26:05 (210)	00:06:32	5:26:30 (407)
408	224	Jamie Agar	GB	M40-44	58	14:11:19	1:19:56 (463)	00:12:02	7:53:30 (472)	00:10:35	4:35:15 (408)
409	554	Jason Tabor	GB	M50-54	42	14:11:22	1:18:31 (418)	00:09:17	7:38:00 (351)	00:11:21	4:54:13 (409)
410	658	Noel Westby	GB	M40-44	59	14:11:25	1:26:22 (640)	00:09:16	7:04:20 (217)	00:10:03	5:21:24 (410)
411	864	Adam Goldfarb	GB	M25-29	47	14:11:33	1:06:57 (121)	00:09:10	8:07:37 (462)	00:05:49	4:42:02 (411)
412	447	Matt Rutherford	GB	M35-39	72	14:11:39	1:05:38 (90)	00:09:28	8:04:27 (435)	00:09:30	4:42:36 (412)
413	1056	Josh Peet	GB	M18-24	17	14:11:44	1:23:45 (580)	00:05:47	7:22:30 (273)	00:06:12	5:13:30 (413)
414	443	Michael Stead	GB	M40-44	60	14:12:39	1:29:18 (706)	00:12:39	8:12:21 (657)	00:05:35	4:12:46 (414)
415	1119	Dave Hamilton	GB	M35-39	73	14:13:13	1:15:38 (340)	00:08:25	7:55:39 (437)	00:08:37	4:44:55 (415)
416	967	Neil Howchin	GB	M40-44	61	14:13:24	1:19:46 (455)	00:09:35	7:24:26 (279)	00:12:36	5:07:01 (416)
417	278	Andrew Chase	GB	M35-39	74	14:13:56	1:22:51 (550)	00:08:48	7:38:19 (380)	00:08:00	4:55:58 (417)

## Ironman UK Bolton - 02.07-2023

418	1164	Stephen Spooner	GB	M35-39	75	14:14:08	1:12:23 (243)	00:20:31	7:50:35 (458)	00:10:11	4:40:28 (418)
419	1058	David Nelson	GB	M35-39	76	14:14:43	1:42:51 (830)	00:09:50	7:26:27 (433)	00:07:49	4:47:46 (419)
420	647	Paul Pomeroy	GB	M50-54	43	14:14:55	1:13:48 (273)	00:06:59	7:20:20 (222)	00:04:38	5:29:10 (420)
421	493	Alistair Price	GB	M35-39	77	14:15:02	1:16:41 (371)	00:10:21	7:36:05 (333)	00:10:59	5:00:57 (421)
422	322	Ben Scholes	GB	M35-39	78	14:15:04	1:19:51 (457)	00:08:28	7:50:01 (425)	00:05:37	4:51:06 (422)
423	815	David Hancock	GB	M30-34	76	14:15:14	1:25:17 (613)	00:12:55	7:56:40 (533)	00:09:18	4:31:04 (423)
424	1163	Matthew Fergusson	GB	M30-34	77	14:15:31	1:24:55 (604)	00:08:03	7:48:57 (446)	00:05:01	4:48:36 (424)
425	1110	Douglas Robertson	GB	M35-39	79	14:15:32	1:27:52 (675)	00:13:00	7:06:58 (249)	00:09:38	5:18:04 (425)
426	1145	Joe Benjamin	GB	M18-24	18	14:15:46	1:19:05 (434)	00:06:35	7:36:21 (324)	00:07:27	5:06:17 (426)
427	790	Oliver Rodgers	GB	M40-44	62	14:15:55	1:23:13 (559)	00:11:17	7:38:43 (394)	00:06:35	4:56:07 (427)
428	286	Doug Wilkinson	GB	M30-34	78	14:16:21	1:12:50 (254)	00:07:12	7:48:20 (369)	00:06:30	5:01:29 (428)
429	895	Alex Wilkins	GB	M25-29	48	14:16:41	1:12:23 (244)	00:08:07	8:09:32 (504)	00:07:20	4:39:19 (429)
430	1064	Jake Turner	GB	M25-29	49	14:17:01	1:26:42 (648)	00:09:25	7:44:32 (442)	00:04:24	4:51:59 (430)
431	926	Mark Winter	GB	M40-44	63	14:17:36	1:34:41 (781)	00:13:54	8:07:37 (676)	00:09:01	4:12:23 (431)
432	762	Julien Tour	GB	M40-44	64	14:18:19	1:26:29 (642)	00:09:37	8:00:11 (544)	00:08:52	4:33:10 (432)
433	599	Barry Gregory	GB	M40-44	65	14:19:01	1:28:27 (689)	00:09:46	7:33:16 (385)	00:08:26	4:59:06 (433)
434	1104	Daniel Connolly	GB	M35-39	80	14:19:05	1:32:05 (751)	00:10:48	7:55:29 (561)	00:10:09	4:30:34 (434)
435	840	Robert Hodgson	GB	M55-59	20	14:19:33	1:30:29 (724)	00:09:22	8:00:04 (567)	00:06:29	4:33:09 (435)
436	721	Luke Ambler	GB	M30-34	79	14:19:56	1:17:41 (402)	00:05:51	7:48:26 (390)	00:06:46	5:01:11 (436)
437	910	Pierre Vocat	CH	M40-44	66	14:20:04	1:22:41 (547)	00:09:40	7:29:43 (325)	00:06:19	5:11:42 (437)
438	705	Stuart Evans	GB	M50-54	44	14:20:18	1:15:51 (347)	00:12:55	8:00:20 (494)	00:13:01	4:38:11 (438)
439	671	Rachel Edwards	GB	F60-64	1	14:20:52	1:20:08 (474)	00:08:26	7:56:41 (470)	00:07:21	4:48:16 (439)
440	1124	James Larking	GB	M40-44	67	14:20:58	1:38:11 (812)	00:12:12	7:42:49 (525)	00:05:36	4:42:10 (440)
441	859	Beinn Burroughs	GB	M18-24	19	14:21:09	1:21:10 (508)	00:10:36	8:07:10 (563)	00:07:58	4:34:16 (441)
442	432	Kieran Kapoor	GB	M40-44	68	14:21:16	1:37:16 (799)	00:08:15	8:13:06 (693)	00:09:53	4:12:46 (442)
443	1026	Joe Todd	GB	M25-29	50	14:21:32	1:10:34 (195)	00:13:00	8:15:18 (562)	00:08:07	4:34:34 (443)
444	676	Vitor Nogueira	PT	M40-44	69	14:21:50	1:33:54 (770)	00:08:53	7:44:48 (482)	00:07:38	4:46:38 (444)
445	716	Adam Coxon	GB	M30-34	80	14:21:59	1:17:02 (381)	00:08:08	7:31:49 (296)	00:05:44	5:19:16 (445)
446	257	Mike Caine	GB	M55-59	21	14:23:12	1:14:32 (297)	00:13:22	7:40:38 (370)	00:12:22	5:02:18 (446)
447	310	Ellen Mclachlan	GB	F35-39	6	14:23:16	1:18:02 (410)	00:06:12	8:13:44 (557)	00:03:48	4:41:29 (447)
448	961	Sylwia Milkowska	PL	F35-39	7	14:23:21	1:19:11 (442)	00:15:08	8:01:53 (543)	00:08:48	4:38:21 (448)
449	710	Nick Farnell	GB	M65-69	1	14:23:40	1:24:34 (596)	00:06:26	7:33:57 (346)	00:06:54	5:11:49 (449)
450	299	Jacques Pierre Menguy	GB	M30-34	81	14:24:04	1:23:08 (557)	00:07:30	7:47:38 (424)	00:06:07	4:59:39 (450)
451	213	john dover	GB	M55-59	22	14:25:35	1:07:49 (137)	00:15:03	7:36:23 (306)	00:12:30	5:13:50 (451)
452	936	Esme Kilshaw	GB	F25-29	5	14:25:37	1:09:48 (175)	00:07:25	8:16:11 (526)	00:07:09	4:45:04 (452)
453	1140	Ciaran Walsh	IE	M25-29	51	14:25:44	1:40:06 (819)	00:11:23	7:55:39 (610)	00:11:49	4:26:47 (453)
454	368	Jack Corrigan	GB	M25-29	52	14:27:02	1:19:36 (453)	00:09:48	8:00:08 (498)	00:07:09	4:50:21 (454)
455	804	John Elwell	GB	M45-49	44	14:27:05	1:14:24 (291)	00:10:19	8:13:32 (560)	00:13:06	4:35:43 (455)

## Ironman UK Bolton - 02.07-2023

456	580	Daniel Sate	GB	M40-44	70	14:27:09	1:15:35 (339)	00:07:09	7:54:13 (416)	00:04:02	5:06:10 (456)
457	1220	Joshua Birtwistle-Craine	GB	M30-34	82	14:27:09	1:22:13 (534)	00:07:16	7:58:19 (484)	00:06:17	4:53:04 (457)
458	521	Jeanie Starkie	GB	F50-54	2	14:27:12	1:22:10 (532)	00:07:01	7:54:51 (464)	00:07:23	4:55:47 (458)
459	1024	James Wilson	GB	M35-39	81	14:27:32	1:37:23 (803)	00:13:25	8:05:04 (672)	00:07:50	4:23:50 (459)
460	320	Caroline Myhre	DK	F45-49	4	14:28:40	1:15:18 (324)	00:05:52	7:40:12 (318)	00:02:33	5:24:46 (460)
461	1161	Chris Phillipson	GB	M35-39	82	14:28:56	1:27:34 (668)	00:12:35	8:11:57 (640)	00:10:47	4:26:04 (461)
462	1041	Allan Wall	GB	M40-44	71	14:29:11	1:20:19 (483)	00:08:37	8:14:41 (592)	00:06:42	4:38:52 (462)
463	826	Sullivan Williams	GB	M50-54	45	14:29:14	1:13:36 (270)	00:09:09	8:07:06 (501)	00:11:45	4:47:38 (463)
464	360	Sean Whitehead	GB	M35-39	83	14:29:48	1:28:34 (692)	00:12:07	7:54:11 (532)	00:10:55	4:44:01 (464)
465	430	joshua singleton	GB	M25-29	53	14:29:49	1:21:32 (515)	00:10:11	8:12:44 (598)	00:03:34	4:41:48 (465)
466	458	Jorge Eusebio	GB	M40-44	72	14:30:07	1:15:21 (326)	00:11:21	7:52:10 (431)	00:06:41	5:04:33 (466)
467	323	Matthew Hobbs	GB	M50-54	46	14:30:10	1:30:20 (719)	00:10:47	8:02:03 (586)	00:07:37	4:39:22 (467)
468	379	Kieren Newton	GB	M40-44	73	14:30:24	1:27:37 (672)	00:09:00	7:41:54 (427)	00:08:43	5:03:09 (468)
469	1112	Thomas Naylor	GB	M35-39	84	14:30:33	1:14:36 (301)	00:09:31	8:41:25 (725)	00:07:39	4:17:22 (469)
470	1057	Alex Holford	GB	M25-29	54	14:30:37	1:17:24 (393)	00:08:32	7:34:06 (310)	00:11:09	5:19:26 (470)
471	1209	Harry Luck	GB	M25-29	55	14:30:38	1:09:09 (164)	00:10:08	7:48:07 (363)	00:14:08	5:09:06 (471)
472	883	Lee Howe	GB	M40-44	74	14:31:23	1:11:20 (209)	00:08:43	7:55:13 (404)	00:08:17	5:07:50 (472)
473	940	Kellie Branagan	GB	F25-29	6	14:31:30	1:28:30 (690)	00:09:54	7:53:45 (519)	00:08:52	4:50:28 (473)
474	1010	Stephanie Pepper	GB	F25-29	7	14:32:07	1:07:03 (123)	00:08:27	8:06:37 (447)	00:10:24	4:59:37 (474)
475	520	Jason Cross	GB	M50-54	47	14:32:09	1:28:07 (677)	00:10:51	7:50:32 (497)	00:09:20	4:53:19 (475)
476	1066	Euan Campbell	GB	M35-39	85	14:32:16	1:36:58 (796)	00:18:46	7:57:34 (648)	00:11:17	4:27:42 (476)
477	290	Steven Walton	GB	M45-49	45	14:32:38	1:25:39 (622)	00:08:54	7:36:47 (384)	00:08:36	5:12:42 (477)
478	1074	Carl Carter	GB	M35-39	86	14:32:38	1:37:43 (807)	00:09:26	7:53:23 (569)	00:06:20	4:45:47 (478)
479	589	Liam Watkinson	GB	M30-34	83	14:32:49	1:08:33 (151)	00:11:43	7:51:34 (387)	00:07:50	5:13:08 (479)
480	896	Matt Heatherington	GB	M35-39	87	14:33:38	1:32:44 (760)	00:11:32	8:08:49 (647)	00:08:24	4:32:09 (480)
481	576	Richard Smyton	GB	M55-59	23	14:33:44	1:09:47 (172)	00:13:14	8:05:56 (492)	00:06:52	4:57:55 (481)
482	283	Michael Sweeney	GB	M55-59	24	14:34:02	1:26:33 (645)	00:07:21	7:33:23 (361)	00:06:56	5:19:49 (482)
483	763	Haydn Bailey	GB	M30-34	84	14:34:40	1:13:35 (268)	00:06:02	8:10:08 (500)	00:05:29	4:59:26 (483)
484	794	Daniel Brennan	US	M25-29	56	14:35:10	1:03:27 (62)	00:12:30	8:16:23 (521)	00:07:30	4:55:20 (484)
485	1080	Anna Mcleod	FR	F35-39	8	14:35:12	1:21:21 (510)	00:09:25	8:00:59 (515)	00:08:39	4:54:48 (485)
486	553	Dave Smith	GB	M55-59	25	14:35:21	1:17:33 (396)	00:10:17	7:48:51 (414)	00:09:11	5:09:28 (486)
487	436	Tim Davies	GB	M50-54	48	14:35:23	1:13:28 (262)	00:14:04	8:20:34 (618)	00:09:53	4:37:24 (487)
488	913	Stuart Evans	GB	M35-39	88	14:35:24	1:23:38 (576)	00:06:19	7:52:34 (450)	00:04:16	5:08:38 (488)
489	550	Alex Tabor	GB	M50-54	49	14:35:27	1:13:30 (266)	00:10:42	7:52:33 (415)	00:09:31	5:09:12 (489)
490	401	Roy Curme	GB	M50-54	50	14:35:37	1:19:18 (445)	00:12:53	8:08:56 (572)	00:10:27	4:44:02 (490)
491	504	Neil Kiersey	GB	M40-44	75	14:35:41	1:31:49 (746)	00:14:08	7:28:56 (402)	00:12:04	5:08:44 (491)
492	821	Ryan Morris	GB	M45-49	46	14:35:51	1:14:09 (285)	00:09:34	7:43:11 (359)	00:07:31	5:21:27 (492)
493	1105	Kat Wisniewski	GB	F40-44	6	14:35:52	1:38:09 (811)	00:08:45	8:19:12 (732)	00:07:39	4:22:07 (493)

## Ironman UK Bolton - 02.07-2023

494	906	Gareth Grant	GB	M50-54	51	14:36:20	1:22:37 (542)	00:10:53	7:51:26 (468)	00:10:28	5:00:55 (494)
495	196	Ryan Walmsley	GB	M18-24	20	14:37:24	1:22:12 (533)	00:07:42	7:54:43 (465)	00:07:58	5:04:48 (495)
496	695	Chris Brooks	GB	M50-54	52	14:37:24	1:25:56 (631)	00:11:25	7:42:28 (438)	00:10:40	5:06:55 (496)
497	248	Peter Fry	GB	M45-49	47	14:37:32	1:26:47 (652)	00:15:14	7:21:40 (335)	00:11:48	5:22:03 (497)
498	327	Andy Marsh	GB	M30-34	85	14:37:45	1:14:31 (296)	00:11:31	7:57:37 (461)	00:10:24	5:03:41 (498)
499	772	Brian Maher	IE	M35-39	89	14:38:02	1:09:50 (176)	00:06:42	8:12:08 (489)	00:05:33	5:03:50 (499)
500	824	James Heinzman	GB	M25-29	57	14:38:19	1:28:54 (697)	00:06:49	8:01:13 (548)	00:09:31	4:51:52 (500)
501	307	Paul Stacey	GB	M45-49	48	14:38:43	1:20:26 (486)	00:08:57	7:40:57 (382)	00:07:35	5:20:47 (501)
502	1034	Peter Martin	GB	M45-49	49	14:38:46	1:09:08 (161)	00:09:15	7:39:45 (298)	00:08:35	5:32:03 (502)
503	928	Matthew Chown	GB	M35-39	90	14:39:56	1:10:17 (187)	00:11:08	8:01:38 (455)	00:08:09	5:08:45 (503)
504	505	Cameron Taira Fenwick	GB	M18-24	21	14:39:57	1:00:04 (31)	00:09:05	8:11:03 (441)	00:09:13	5:10:31 (504)
505	934	Craig Hazelden	GB	M35-39	91	14:40:45	1:28:48 (694)	00:11:48	7:52:14 (523)	00:10:58	4:56:56 (505)
506	510	Hamid El Gharbaoui	FR	M30-34	86	14:40:56	1:21:55 (526)	00:07:43	8:10:40 (568)	00:06:09	4:54:29 (506)
507	380	David Fairhurst	GB	M50-54	53	14:41:14	1:15:15 (322)	00:09:29	7:52:42 (420)	00:11:00	5:12:48 (507)
508	333	William Bracewell	GB	M30-34	87	14:41:18	1:16:16 (361)	00:07:42	8:18:11 (577)	00:07:43	4:51:25 (508)
509	1197	Andrew Bell	IE	M50-54	54	14:41:24	1:14:02 (280)	00:07:36	7:43:38 (348)	00:12:50	5:23:19 (509)
510	1126	David Maryon	GB	M35-39	92	14:41:30	1:18:51 (426)	00:08:30	8:38:02 (723)	00:07:27	4:28:40 (510)
511	388	James Mcbowen	GB	M30-34	88	14:41:36	1:22:02 (529)	00:09:37	8:17:12 (624)	00:05:46	4:47:00 (511)
512	396	Hector Smethurst	GB	M30-34	89	14:41:47	1:17:53 (408)	00:07:01	8:10:32 (537)	00:05:37	5:00:46 (512)
513	548	David Gray	GB	M50-54	55	14:42:21	1:11:15 (208)	00:08:14	7:43:59 (334)	00:05:04	5:33:50 (513)
514	625	Matthew Houghton	GB	M40-44	76	14:42:50	1:29:17 (704)	00:08:06	7:36:58 (400)	00:06:11	5:22:18 (514)
515	270	Karl Norman	GB	M40-44	77	14:42:56	1:32:48 (761)	00:10:21	7:33:02 (410)	00:09:23	5:17:21 (515)
516	445	James Farrar	GB	M35-39	93	14:43:00	1:25:55 (629)	00:10:43	8:20:49 (684)	00:05:40	4:39:52 (516)
517	1142	marcus johns	GB	M55-59	26	14:43:16	1:17:20 (392)	00:10:45	8:44:22 (770)	00:11:57	4:18:52 (517)
518	1059	William Dekker	GB	M25-29	58	14:43:17	1:16:22 (365)	00:10:54	8:05:11 (522)	00:07:11	5:03:40 (518)
519	585	Mark Kates	GB	M45-49	50	14:43:28	1:20:18 (482)	00:14:56	8:02:52 (558)	00:11:30	4:53:51 (519)
520	819	Jasper Smith	GB	M30-34	90	14:43:38	1:27:15 (658)	00:15:59	8:21:14 (716)	00:12:28	4:26:42 (520)
521	820	Andy Gregory	GB	M45-49	51	14:43:52	1:26:10 (633)	00:13:44	7:38:03 (422)	00:18:02	5:07:53 (521)
522	1198	Regan Cooper	GB	M25-29	59	14:43:59	1:32:13 (755)	00:10:40	8:09:23 (641)	00:18:34	4:33:09 (522)
523	965	Lee Maughan	GB	M35-39	94	14:44:52	1:33:46 (768)	00:07:17	8:24:30 (726)	00:08:55	4:30:23 (523)
524	373	Stephen Bate	GB	M30-34	91	14:44:59	1:15:52 (348)	00:09:02	8:02:53 (483)	00:07:20	5:09:52 (524)
525	937	James Woolfenden	GB	M50-54	56	14:45:30	1:15:24 (331)	00:12:33	8:14:30 (581)	00:08:38	4:54:26 (525)
526	402	James Hurrell	GB	M55-59	27	14:45:31	1:35:34 (786)	00:11:54	7:55:01 (582)	00:08:27	4:54:35 (526)
527	361	Michael Burke	GB	M50-54	57	14:45:35	1:29:14 (703)	00:10:34	7:59:49 (565)	00:11:43	4:54:16 (527)
528	806	Graeme Walton	GB	M50-54	58	14:45:50	1:29:02 (700)	00:09:32	7:40:38 (434)	00:05:59	5:20:40 (528)
529	178	Jamie Gregory	GB	M25-29	60	14:45:59	1:30:29 (723)	00:09:04	7:57:48 (551)	00:05:46	5:02:52 (529)
530	1097	Lee Ainsworth	GB	M45-49	52	14:46:07	1:26:18 (638)	00:08:26	7:54:52 (499)	00:07:03	5:09:28 (530)
531	1003	Sean Westall	GB	M50-54	59	14:46:34	1:25:26 (615)	00:12:42	8:17:26 (667)	00:14:08	4:36:52 (531)

## Ironman UK Bolton - 02.07-2023

532	1152	Joel Barker	GB	M18-24	22	14:46:58	1:09:46 (171)	00:05:17	7:06:04 (158)	00:05:15	6:20:37 (532)
533	1040	David Ed Smith	GB	M55-59	28	14:47:09	1:26:18 (636)	00:10:55	8:00:35 (556)	00:07:40	5:01:40 (533)
534	1123	Josh Mullin	GB	M18-24	23	14:47:18	1:24:43 (601)	00:10:08	8:36:42 (763)	00:07:01	4:28:44 (534)
535	1199	Adam Faulkner	GB	M30-34	92	14:47:40	1:26:46 (651)	00:09:57	8:21:56 (694)	00:06:32	4:42:28 (535)
536	204	Sophie Binder	GB	F25-29	8	14:47:42	1:25:00 (608)	00:08:43	8:08:53 (584)	00:04:47	5:00:19 (536)
537	916	Peter Woosey	GB	M35-39	95	14:47:50	1:22:26 (541)	00:08:02	7:56:41 (478)	00:07:47	5:12:54 (537)
538	175	Owen Lee	GB	M18-24	24	14:48:08	1:05:39 (92)	00:04:58	7:02:48 (142)	00:03:35	6:31:08 (538)
539	433	Jonathan Farrell	GB	M30-34	93	14:48:33	1:25:37 (618)	00:08:46	7:54:14 (488)	00:07:45	5:12:12 (539)
540	1099	Paul Heatley	GB	M40-44	78	14:48:34	1:20:42 (494)	00:15:49	8:14:40 (632)	00:09:00	4:48:23 (540)
541	337	Frank Ryall	GB	M45-49	53	14:48:48	1:27:55 (676)	00:12:38	7:40:12 (443)	00:10:06	5:17:56 (541)
542	441	Steve Dick	GB	M35-39	96	14:48:48	1:22:17 (537)	00:12:19	7:41:53 (412)	00:08:37	5:23:41 (542)
543	356	Mark Halliwell	GB	M55-59	29	14:49:00	1:38:34 (814)	00:13:40	8:01:45 (652)	00:10:29	4:44:32 (543)
544	727	Hannah Clancy	GB	F30-34	14	14:49:02	1:07:20 (126)	00:06:41	8:37:26 (633)	00:04:03	4:53:33 (544)
545	446	Michael Jessop	GB	M45-49	54	14:49:09	1:28:53 (696)	00:08:57	7:53:13 (511)	00:04:41	5:13:25 (545)
546	1107	Dean Law	GB	M45-49	55	14:49:26	1:42:25 (827)	00:10:04	7:42:43 (535)	00:10:01	5:04:13 (546)
547	976	Dave Cook	GB	M18-24	25	14:49:27	1:17:30 (395)	00:11:29	8:09:11 (559)	00:07:51	5:03:26 (547)
548	805	Shane Pocock	GB	M30-34	94	14:49:31	1:26:54 (655)	00:13:14	7:42:17 (449)	00:28:48	4:58:19 (548)
549	241	Lauren Fry	GB	F18-24	1	14:50:21	1:04:41 (75)	00:07:05	8:04:39 (411)	00:11:44	5:22:11 (549)
550	588	James Sexton	GB	M25-29	61	14:50:27	1:11:12 (206)	00:10:22	8:01:41 (457)	00:13:02	5:14:09 (550)
551	225	Daryl A Bell	GB	M25-29	62	14:50:32	1:23:22 (566)	00:08:58	8:16:11 (621)	00:08:07	4:53:54 (551)
552	595	Richard Clay	GB	M50-54	60	14:50:53	1:20:33 (491)	00:12:10	8:31:21 (713)	00:09:48	4:37:01 (552)
553	847	Joanne Curry	GB	F25-29	9	14:51:24	1:10:49 (200)	00:07:10	8:34:00 (638)	00:10:09	4:49:15 (553)
554	183	Auran Lyonheart	GB	M35-39	97	14:51:28	1:08:11 (144)	00:06:52	8:03:08 (423)	00:08:08	5:25:09 (554)
555	516	Philip Elms	GB	M55-59	30	14:51:42	1:24:53 (603)	00:14:27	7:43:43 (456)	00:14:10	5:14:30 (555)
556	784	Darren Morley	GB	M50-54	61	14:51:44	1:31:54 (750)	00:05:55	7:32:07 (379)	00:04:50	5:36:58 (556)
557	841	Jonathan Smithurst	GB	M40-44	79	14:51:57	1:14:39 (305)	00:12:25	8:08:26 (538)	00:09:30	5:06:57 (557)
558	551	Kieran Molloy	GB	M18-24	26	14:52:03	1:22:41 (546)	00:07:54	8:15:27 (605)	00:06:51	4:59:10 (558)
559	912	James Portman	GB	M18-24	27	14:52:07	1:13:57 (278)	00:10:16	8:12:20 (546)	00:05:08	5:10:25 (559)
560	394	Daniel Faulkner	GB	M30-34	95	14:52:21	1:17:47 (405)	00:12:34	8:12:02 (580)	00:11:23	4:58:35 (560)
561	284	Helen Houlding	GB	F50-54	3	14:52:34	1:30:13 (717)	00:10:35	8:35:52 (796)	00:05:39	4:30:15 (561)
562	734	Neal Turney	GB	M50-54	62	14:52:53	1:15:05 (316)	00:15:14	8:17:41 (617)	00:13:29	4:51:24 (562)
563	957	Rhodri Howells	GB	M40-44	80	14:53:16	1:13:52 (276)	00:10:11	8:06:45 (509)	00:09:47	5:12:42 (563)
564	452	Alex Adamson	GB	M30-34	96	14:53:56	1:21:28 (512)	00:10:20	8:32:28 (715)	00:14:14	4:35:27 (564)
565	837	Robbie Mcvey	GB	M40-44	81	14:54:39	1:20:30 (488)	00:15:08	8:23:51 (698)	00:10:10	4:45:01 (565)
566	1143	Ben Holt	GB	M30-34	97	14:55:20	1:23:52 (582)	00:10:51	7:57:08 (517)	00:07:57	5:15:32 (566)
567	352	Connaugh Daley	GB	M25-29	63	14:55:35	1:18:39 (423)	00:05:40	8:08:48 (524)	00:04:05	5:18:24 (567)
568	698	Anne-Cécile Spitz	BE	F30-34	15	14:55:38	1:23:41 (579)	00:10:07	8:05:09 (564)	00:09:43	5:06:58 (568)
569	868	Jack Easthope	GB	M35-39	98	14:56:19	1:19:08 (439)	00:07:58	8:56:39 (821)	00:02:01	4:30:33 (569)

## Ironman UK Bolton - 02.07-2023

570	766	Paul Kelman	GB	M45-49	56	14:56:29	1:16:49 (376)	00:16:20	8:02:33 (539)	00:10:02	5:10:46 (570)
571	1153	Neil Godber	GB	M50-54	63	14:56:30	1:44:18 (832)	00:18:17	7:49:10 (635)	00:13:52	4:50:53 (571)
572	860	Jon Ursell	GB	M30-34	98	14:56:32	1:19:59 (466)	00:08:11	8:17:12 (603)	00:06:53	5:04:17 (572)
573	1016	David Crean	IE	M18-24	28	14:56:48	1:25:37 (619)	00:09:07	8:13:27 (619)	00:12:27	4:56:10 (573)
574	1053	James Noone	GB	M40-44	82	14:57:54	1:32:28 (759)	00:10:47	7:54:32 (555)	00:05:38	5:14:29 (574)
575	802	Cheryl Lockett	GB	F35-39	9	14:57:57	1:20:04 (470)	00:07:23	8:01:22 (490)	00:10:43	5:18:26 (575)
576	1095	Tony Barker	GB	M40-44	83	14:58:02	1:08:55 (154)	00:08:50	7:37:25 (286)	00:08:26	5:54:26 (576)
577	944	Mickey Haygarth	GB	M45-49	57	14:58:07	1:14:04 (281)	00:09:02	8:13:39 (547)	00:11:15	5:10:07 (577)
578	887	Rhys Mould	GB	M18-24	29	14:58:14	1:22:55 (553)	00:08:33	8:02:13 (529)	00:08:21	5:16:12 (578)
579	879	Ben Winter	GB	M35-39	99	14:58:32	1:28:11 (679)	00:13:30	8:06:08 (616)	00:09:55	5:00:47 (579)
580	983	Hannah Smith	GB	F25-29	10	14:58:36	1:11:53 (228)	00:07:47	8:36:12 (671)	00:05:47	4:56:58 (580)
581	355	Matthew Wilson	GB	M40-44	84	14:59:13	1:16:19 (364)	00:11:45	8:15:46 (593)	00:15:12	5:00:11 (581)
582	872	Marcus Pemberton	GB	M35-39	100	15:00:08	1:23:16 (561)	00:08:40	8:09:34 (574)	00:05:37	5:13:01 (582)
583	397	Adam Wilkinson	GB	M30-34	99	15:00:08	1:09:48 (174)	00:08:02	8:16:52 (531)	00:07:59	5:17:27 (583)
584	1015	Sam Morahan	GB	M30-34	100	15:01:00	1:24:14 (588)	00:11:25	7:46:52 (451)	00:08:08	5:30:21 (584)
585	572	Iain Wilkinson	GB	M45-49	58	15:01:33	1:22:40 (543)	00:12:11	7:35:01 (378)	00:10:54	5:40:47 (585)
586	798	Shaun Hewitt	GB	M30-34	101	15:01:36	1:27:50 (673)	00:09:50	7:51:22 (493)	00:16:01	5:16:33 (586)
587	876	Mathew Watterson	GB	M40-44	85	15:02:32	1:18:29 (417)	00:10:50	8:07:46 (549)	00:31:39	4:53:48 (587)
588	306	Sam German	GB	M25-29	64	15:02:55	1:22:16 (536)	00:09:57	8:08:21 (570)	00:10:20	5:12:01 (588)
589	398	Terry Rawlinson	GB	M40-44	86	15:02:57	1:26:45 (650)	00:11:15	7:40:53 (432)	00:11:29	5:32:35 (589)
590	410	Shaun Jenkins	GB	M45-49	59	15:02:58	1:29:11 (702)	00:10:30	8:17:40 (683)	00:10:04	4:55:33 (590)
591	692	Carolina Gonano	IT	F30-34	16	15:02:59	1:21:05 (502)	00:09:32	8:18:37 (625)	00:04:33	5:09:11 (591)
592	571	Craig Hope	GB	M40-44	87	15:03:00	1:15:54 (349)	00:11:02	7:55:42 (454)	00:14:49	5:25:33 (592)
593	557	Huw Williams	GB	M55-59	31	15:03:11	1:13:24 (261)	00:10:15	8:34:23 (688)	00:10:11	4:54:59 (593)
594	562	Stewart Benson	GB	M35-39	101	15:03:12	1:26:32 (643)	00:11:51	7:57:22 (540)	00:10:28	5:16:59 (594)
595	558	Sharon Williams	GB	F45-49	5	15:03:13	1:13:29 (264)	00:10:13	8:34:23 (689)	00:10:09	4:54:59 (595)
596	857	Sharon Richardson	GB	F45-49	6	15:03:36	1:20:07 (473)	00:07:38	8:18:52 (608)	00:02:58	5:14:00 (596)
597	1019	Alex Walmsley	GB	M30-34	102	15:03:39	1:17:04 (384)	00:09:06	8:13:28 (566)	00:10:51	5:13:09 (597)
598	1132	Ben Norris	GB	M40-44	88	15:03:57	1:20:08 (475)	00:10:41	8:29:33 (702)	00:04:54	4:58:41 (598)
599	649	Stuart Cox	GB	M45-49	60	15:04:38	1:45:18 (836)	00:06:04	8:28:26 (810)	00:02:47	4:42:03 (599)
600	1035	Harry Hurst	GB	M18-24	30	15:04:50	1:20:29 (487)	00:07:07	8:08:17 (542)	00:09:23	5:19:35 (600)
601	729	Robin Carrega	FR	M30-34	103	15:05:31	1:19:52 (458)	00:11:20	8:16:24 (614)	00:09:27	5:08:28 (601)
602	232	Jack Easton	GB	M30-34	104	15:05:41	1:14:30 (294)	00:08:20	8:43:21 (733)	00:07:54	4:51:36 (602)
603	1115	Raymond Mouzon	GB	M30-34	105	15:05:54	1:21:49 (523)	00:06:38	8:51:30 (811)	00:04:36	4:41:21 (603)
604	862	Patrick Leahy	GB	M45-49	61	15:06:03	1:11:06 (203)	00:08:57	8:34:29 (660)	00:07:49	5:03:42 (604)
605	478	Bilbo Schreiner	NL	M50-54	64	15:06:17	1:42:11 (826)	00:11:56	8:19:02 (775)	00:06:25	4:46:42 (605)
606	501	Billy Turner	GB	M18-24	31	15:06:48	1:17:05 (385)	00:10:39	7:59:34 (480)	00:12:12	5:27:17 (606)
607	1166	Stephen Pullen	GB	M50-54	65	15:07:00	1:35:43 (787)	00:00:00	00:00:00 (-)	00:00:00	5:08:57 (607)



## Ironman UK Bolton - 02.07-2023

608	726	Stephen Platts	GB	M35-39	102	15:07:10	1:17:26 (394)	00:05:49	8:18:02 (573)	00:07:09	5:18:45 (608)
609	1001	Adam Couch	GB	M40-44	89	15:07:47	1:24:03 (585)	00:08:05	8:22:49 (662)	00:04:29	5:08:21 (609)
610	253	Ellen Madden	GB	F30-34	17	15:08:34	1:18:24 (416)	00:07:25	8:29:43 (666)	00:07:54	5:05:07 (610)
611	1203	Adam Miller	GB	M40-44	90	15:08:56	1:34:21 (776)	00:13:54	8:24:37 (774)	00:04:44	4:51:20 (611)
612	364	David Butterworth	GB	M50-54	66	15:09:11	1:16:37 (370)	00:12:49	8:12:46 (578)	00:14:28	5:12:31 (612)
613	453	Clifford Simon	ZA	M25-29	65	15:09:33	1:31:46 (744)	00:07:07	8:32:23 (759)	00:08:38	4:49:39 (613)
614	852	Ben Deery	GB	M35-39	103	15:09:52	1:23:34 (572)	00:13:14	8:14:21 (630)	00:12:10	5:06:33 (614)
615	335	Matthew Foster	GB	M35-39	104	15:10:07	1:28:22 (685)	00:16:38	8:20:17 (722)	00:12:43	4:52:06 (615)
616	1224	Benedict Evans	GB	M25-29	66	15:10:20	1:06:19 (109)	00:08:33	9:04:14 (804)	00:10:13	4:41:01 (616)
617	742	Liam Jones	GB	M30-34	106	15:10:38	1:11:26 (214)	00:10:17	8:15:34 (550)	00:10:12	5:23:10 (617)
618	462	Peter Reeve	GB	M45-49	62	15:10:41	1:11:22 (211)	00:14:17	8:35:12 (705)	00:07:36	5:02:15 (618)
619	886	Charles Hare	GB	M35-39	105	15:10:49	1:35:14 (783)	00:13:50	8:32:14 (813)	00:04:47	4:44:44 (619)
620	774	Marli Ekkerd	GB	F45-49	7	15:10:53	1:18:53 (427)	00:07:58	8:27:55 (661)	00:05:21	5:10:46 (620)
621	1086	Gareth Boulton	GB	M35-39	106	15:10:58	1:30:41 (728)	00:08:31	8:32:57 (767)	00:06:56	4:51:53 (621)
622	209	Will Norris	GB	M35-39	107	15:11:14	1:23:20 (565)	00:09:19	8:27:08 (699)	00:07:38	5:03:51 (622)
623	302	Marcus Chester	GB	M45-49	63	15:11:54	1:26:37 (646)	00:14:03	8:17:36 (690)	00:09:19	5:04:20 (623)
624	297	Jack Castledine	GB	M25-29	67	15:12:18	1:28:14 (682)	00:09:25	8:06:43 (597)	00:05:48	5:22:08 (624)
625	704	Alistair Eagles	GB	M50-54	67	15:12:47	1:22:58 (554)	00:07:35	8:23:08 (651)	00:08:08	5:10:58 (625)
626	935	Ashley Mcgraw	GB	M30-34	107	15:13:01	1:28:50 (695)	00:08:37	8:48:30 (832)	00:01:49	4:45:15 (626)
627	842	Plamen Petkov	GB	M45-49	64	15:13:17	1:14:45 (307)	00:14:48	8:13:43 (587)	00:09:39	5:20:23 (627)
628	1088	Dale Bloomer	GB	M65-69	2	15:13:26	1:25:01 (609)	00:08:25	8:18:32 (637)	00:05:26	5:16:02 (628)
629	597	Rob Bancroft	GB	M30-34	108	15:14:09	1:17:37 (399)	00:14:15	8:14:23 (607)	00:06:43	5:21:11 (629)
630	596	Sam Bancroft	GB	M30-34	109	15:14:10	1:11:13 (207)	00:12:55	8:31:57 (674)	00:06:41	5:11:24 (630)
631	1098	tim barker	GB	M65-69	3	15:14:21	1:37:20 (802)	00:13:07	8:01:25 (636)	00:13:45	5:08:44 (631)
632	233	Alex Malley	IM	M30-34	110	15:14:24	1:16:54 (379)	00:07:46	7:50:36 (403)	00:05:51	5:53:17 (632)
633	998	Jamie Dale	GB	M18-24	32	15:14:36	1:20:31 (489)	00:16:51	8:28:50 (734)	00:07:06	5:01:18 (633)
634	586	David Wilder	GB	M45-49	65	15:15:02	1:22:09 (531)	00:10:00	8:12:39 (599)	00:10:07	5:20:07 (634)
635	761	Gee Sung	GB	M40-44	91	15:15:10	1:34:20 (775)	00:16:43	8:15:59 (740)	00:10:47	4:57:20 (635)
636	271	Matt Hoyle	GB	M50-54	68	15:15:12	1:19:34 (450)	00:13:42	8:23:01 (677)	00:14:00	5:04:54 (636)
637	865	Alex Fagcang	GB	M30-34	111	15:15:16	1:28:57 (699)	00:09:38	8:15:24 (653)	00:13:37	5:07:40 (637)
638	479	Barry Topham	GB	M45-49	66	15:15:54	1:24:40 (599)	00:06:24	8:17:30 (622)	00:04:10	5:23:10 (638)
639	495	David Browne	GB	M40-44	92	15:16:03	1:14:40 (306)	00:15:49	8:07:02 (553)	00:16:55	5:21:37 (639)
640	611	Jessica Hassall	GB	F30-34	18	15:16:12	1:23:02 (555)	00:06:14	8:35:21 (717)	00:04:24	5:07:10 (640)
641	911	David Anderson	GB	M30-34	112	15:16:37	1:12:31 (246)	00:06:18	8:53:21 (768)	00:06:33	4:57:54 (641)
642	673	Adam Clarke	GB	M45-49	67	15:16:43	1:45:32 (837)	00:14:09	7:47:37 (612)	00:09:12	5:20:13 (642)
643	235	Mark Bond	GB	M45-49	68	15:16:57	1:25:45 (624)	00:11:09	8:00:52 (554)	00:11:19	5:27:52 (643)
644	289	Tom McCall	GB	M35-39	108	15:17:09	1:12:05 (235)	00:08:29	7:52:37 (393)	00:06:41	5:57:16 (644)
645	1179	Mark Hamblin	GB	M50-54	69	15:17:37	1:38:42 (817)	00:15:15	8:32:52 (837)	00:08:31	4:42:17 (645)

## Ironman UK Bolton - 02.07-2023

646	411	Alessandro Zennaro	IT	M50-54	70	15:19:09	1:06:54 (118)	00:10:34	7:51:27 (373)	00:14:27	5:55:47 (646)
647	866	Mark Gleaves	GB	M35-39	109	15:19:35	1:24:41 (600)	00:08:56	7:55:45 (496)	00:07:26	5:42:46 (647)
648	968	Terry Jackson	GB	M45-49	69	15:19:39	1:13:32 (267)	00:08:23	8:34:01 (673)	00:16:39	5:07:04 (648)
649	541	Mark Smith	GB	M50-54	71	15:20:05	1:24:56 (606)	00:13:27	8:16:59 (665)	00:10:56	5:13:47 (649)
650	406	Ian Mirrelson	GB	M50-54	72	15:20:42	1:24:58 (607)	00:12:04	8:08:50 (604)	00:09:57	5:24:53 (650)
651	312	Jack Clark	GB	M30-34	113	15:20:43	1:29:20 (708)	00:07:36	7:52:56 (502)	00:07:55	5:42:56 (651)
652	353	Jamie Hall	GB	M35-39	110	15:20:56	1:31:08 (734)	00:12:18	8:32:22 (790)	00:07:05	4:58:02 (652)
653	309	Wayne Bretherton	GB	M40-44	93	15:21:01	1:31:41 (742)	00:11:46	8:24:26 (744)	00:10:42	5:02:27 (653)
654	316	Stuart Slater	GB	M40-44	94	15:21:16	1:20:32 (490)	00:12:01	8:21:27 (654)	00:10:20	5:16:56 (654)
655	489	Donna Cooper	GB	F50-54	4	15:21:16	1:30:40 (727)	00:09:41	8:14:00 (658)	00:08:17	5:18:38 (655)
656	825	Ben Wilson	GB	M35-39	111	15:21:41	1:36:38 (794)	00:08:47	8:29:26 (784)	00:05:28	5:01:23 (656)
657	850	Archibald Shipp	GB	M18-24	33	15:22:15	1:17:03 (383)	00:09:24	8:04:00 (507)	00:08:49	5:42:59 (657)
658	945	Piotr Jakiela	PL	M40-44	95	15:22:43	1:24:11 (587)	00:08:07	7:31:59 (340)	00:07:29	6:10:58 (658)
659	587	Nick Sultman	GB	M45-49	70	15:22:44	00:53:17 (2)	00:10:37	8:00:29 (342)	00:12:30	6:05:52 (659)
660	914	Daniel Young	GB	M30-34	114	15:22:50	1:38:26 (813)	00:09:54	8:25:18 (778)	00:07:13	5:02:00 (660)
661	1168	Tom Foster	GB	M30-34	115	15:22:54	1:12:09 (237)	00:15:07	8:25:47 (646)	00:10:23	5:19:28 (661)
662	948	Bob Blackmore	GB	M55-59	32	15:23:13	1:34:03 (772)	00:14:05	8:27:19 (786)	00:10:55	4:56:51 (662)
663	750	Ryan Perrin	GB	M30-34	116	15:23:18	1:27:24 (664)	00:11:44	7:56:17 (536)	00:12:23	5:35:30 (663)
664	552	Brian Beilby	GB	M50-54	73	15:23:33	1:40:23 (821)	00:14:27	7:59:21 (656)	00:16:18	5:13:04 (664)
665	712	Curtis Berry	GB	M18-24	34	15:23:39	1:25:48 (626)	00:10:15	8:20:08 (675)	00:06:59	5:20:29 (665)
666	755	David Williams	GB	M45-49	71	15:23:42	1:27:27 (665)	00:13:56	8:33:25 (782)	00:05:12	5:03:41 (666)
667	230	Paul Gallagher	GB	M40-44	96	15:23:48	1:21:57 (527)	00:11:24	8:09:55 (588)	00:06:46	5:33:46 (667)
668	519	Guy Harvey	GB	M55-59	33	15:24:05	1:08:33 (150)	00:07:43	8:17:17 (528)	00:08:05	5:42:27 (668)
669	514	Ryan Moss	GB	M25-29	68	15:24:13	1:29:09 (701)	00:11:28	8:26:11 (739)	00:08:35	5:08:50 (669)
670	437	Steve Kelly	GB	M60-64	8	15:24:17	1:09:25 (165)	00:14:01	8:03:14 (476)	00:10:24	5:47:12 (670)
671	569	Andrew Pearce	GB	M35-39	112	15:25:26	1:27:13 (657)	00:07:22	8:06:12 (571)	00:07:23	5:37:17 (671)
672	667	Simon Patel	GB	M40-44	97	15:25:33	1:29:20 (707)	00:08:47	7:58:17 (545)	00:05:48	5:43:21 (672)
673	594	Ellie Simonds-Gooding	GB	F25-29	11	15:25:41	1:16:13 (360)	00:09:31	7:57:49 (459)	00:12:04	5:50:03 (673)
674	266	Simon Hampshaw	GB	M50-54	74	15:25:51	1:24:24 (591)	00:08:56	8:33:03 (736)	00:05:15	5:14:13 (674)
675	791	Alice Bowyer	GB	F25-29	12	15:26:58	1:14:16 (289)	00:08:41	7:53:11 (409)	00:09:36	6:01:14 (675)
676	608	Lee Holmes	GB	M40-44	98	15:27:15	1:27:35 (669)	00:12:40	7:51:23 (514)	00:09:31	5:46:05 (676)
677	607	John Eborall	GB	M35-39	113	15:27:16	1:22:40 (544)	00:12:00	7:56:57 (513)	00:09:35	5:46:04 (677)
678	1048	Kirsty Millard	GB	F40-44	7	15:27:22	1:25:27 (616)	00:09:52	8:46:20 (815)	00:07:57	4:57:45 (678)
679	956	James Anderson	GB	M35-39	114	15:27:29	1:15:46 (344)	00:10:34	8:27:04 (649)	00:08:21	5:25:45 (679)
680	590	Carl Ashton	GB	M50-54	75	15:27:40	1:49:05 (841)	00:20:05	8:05:40 (783)	00:08:52	5:03:58 (680)
681	444	Chris Cooke	GB	M40-44	99	15:27:45	1:33:58 (771)	00:07:57	8:22:54 (720)	00:09:15	5:13:42 (681)
682	851	Tiernan Byrne	IE	M40-44	100	15:28:55	1:33:08 (764)	00:13:13	8:29:46 (793)	00:09:21	5:03:26 (682)
683	758	Connie Baker	GB	F18-24	2	15:28:56	1:14:57 (311)	00:08:36	8:20:33 (594)	00:08:17	5:36:33 (683)

## Ironman UK Bolton - 02.07-2023

684	844	Danielle Payton	GB	F30-34	19	15:29:07	1:22:49 (549)	00:07:14	8:13:22 (590)	00:10:28	5:35:15 (684)
685	634	Robert Hughes	IE	M50-54	76	15:29:12	1:35:13 (782)	00:09:49	7:34:55 (439)	00:10:21	5:58:54 (685)
686	987	Callum Mckeown	GB	M18-24	35	15:29:18	1:18:35 (420)	00:09:03	8:17:22 (601)	00:06:36	5:37:44 (686)
687	885	Nathan Cossey	GB	M18-24	36	15:29:19	1:11:24 (212)	00:18:08	8:28:12 (687)	00:09:22	5:22:13 (687)
688	573	David Martin	GB	M40-44	101	15:29:20	1:32:07 (752)	00:08:07	8:20:27 (703)	00:06:20	5:22:19 (688)
689	574	Mark Bradley	GB	M50-54	77	15:29:23	1:22:21 (538)	00:17:42	8:20:43 (704)	00:06:16	5:22:20 (689)
690	568	Anthony Formella	GB	M35-39	115	15:29:39	1:44:48 (835)	00:09:41	8:15:00 (750)	00:07:27	5:12:42 (690)
691	468	David Mayers	GB	M40-44	102	15:30:00	1:23:37 (575)	00:16:21	8:02:38 (585)	00:10:14	5:37:09 (691)
692	372	Simon Turgoose	GB	M50-54	78	15:30:08	1:31:48 (745)	00:10:27	7:16:39 (303)	00:09:47	6:21:27 (692)
693	636	Zoe Iske	GB	F35-39	10	15:30:18	1:23:26 (567)	00:06:40	8:21:04 (631)	00:04:24	5:34:45 (693)
694	793	Michael Bird	GB	M35-39	116	15:31:01	1:16:11 (357)	00:11:42	8:57:43 (827)	00:07:09	4:58:16 (694)
695	486	Andy Gardner	GB	M55-59	34	15:31:10	1:19:02 (432)	00:11:56	8:11:22 (579)	00:09:05	5:39:45 (695)
696	780	Alexis Gayton-Polley	GB	M35-39	117	15:31:17	1:31:15 (737)	00:08:34	8:07:56 (615)	00:05:24	5:38:09 (696)
697	1096	Chris Armstrong	GB	M30-34	117	15:31:22	1:17:39 (400)	00:10:34	8:51:23 (808)	00:04:10	5:07:37 (697)
698	975	Ben Richardson	GB	M40-44	103	15:31:54	1:29:45 (712)	00:09:50	8:27:56 (742)	00:09:32	5:14:51 (698)
699	526	Dean Vaughan	GB	M50-54	79	15:31:57	1:30:59 (733)	00:10:48	8:28:54 (755)	00:08:55	5:12:21 (699)
700	420	Jordan Stanford	GB	M25-29	69	15:32:20	1:20:53 (498)	00:10:57	8:14:12 (606)	00:05:53	5:40:24 (700)
701	757	Matthew Beck	GB	M25-29	70	15:32:21	1:01:02 (38)	00:09:24	8:32:04 (583)	00:15:01	5:34:49 (701)
702	1186	Matt Shorrocks	GB	M45-49	72	15:32:42	1:28:56 (698)	00:17:31	8:07:55 (659)	00:13:20	5:25:01 (702)
703	583	Jack Schapira	GB	M25-29	71	15:32:44	1:12:00 (231)	00:18:19	8:53:32 (822)	00:09:22	4:59:29 (703)
704	1156	Reece Bond	GB	M30-34	118	15:33:12	1:24:35 (597)	00:08:20	8:20:04 (644)	00:09:29	5:30:45 (704)
705	483	Andrew Paslowski	GB	M50-54	80	15:33:15	1:18:55 (428)	00:08:57	7:35:57 (337)	00:16:27	6:12:59 (705)
706	985	Joanne Spittle	GB	F35-39	11	15:33:29	1:11:41 (222)	00:07:57	8:33:55 (650)	00:09:18	5:30:38 (706)
707	418	David Roberts	GB	M40-44	104	15:34:03	1:22:54 (552)	00:09:02	8:20:35 (643)	00:07:44	5:33:48 (707)
708	962	Matthew Andrew	GB	M25-29	72	15:34:05	1:20:04 (469)	00:08:17	8:16:00 (596)	00:08:33	5:41:11 (708)
709	977	James Lee	GB	M30-34	119	15:36:16	1:19:55 (462)	00:09:55	8:29:01 (695)	00:12:32	5:24:53 (709)
710	954	Laurence Whelehan	GB	M50-54	81	15:36:43	1:37:45 (808)	00:12:41	8:27:59 (801)	00:07:36	5:10:41 (710)
711	381	Alex Sugden	GB	M45-49	73	15:37:05	1:27:29 (666)	00:11:06	8:48:47 (839)	00:09:48	4:59:55 (711)
712	600	Andrew Todd	GB	M35-39	118	15:37:15	1:05:38 (91)	00:12:12	8:24:18 (576)	00:22:00	5:33:08 (712)
713	351	John Mccartland	IE	M40-44	105	15:37:52	1:28:22 (684)	00:08:17	8:25:45 (710)	00:05:13	5:30:15 (713)
714	822	Robert Aubrey	GB	M35-39	119	15:38:20	1:35:33 (785)	00:09:32	8:17:33 (711)	00:11:24	5:24:19 (714)
715	1036	Peter Deanov	GB	M18-24	37	15:38:36	1:52:51 (843)	00:14:18	7:26:19 (527)	00:11:30	5:53:38 (715)
716	455	Penelope Thomas	GB	F25-29	13	15:39:07	1:25:46 (625)	00:08:19	8:39:55 (780)	00:04:47	5:20:19 (716)
717	981	Joseph Nield	GB	M25-29	73	15:39:08	1:35:59 (789)	00:12:32	8:33:50 (816)	00:09:38	5:07:09 (717)
718	1083	Catherine Richardson	GB	F40-44	8	15:39:10	1:09:07 (160)	00:10:02	8:18:20 (552)	00:10:53	5:50:48 (718)
719	969	Joseph Lund	GB	M25-29	74	15:39:37	1:31:29 (740)	00:07:50	8:16:27 (669)	00:06:12	5:37:38 (719)
720	884	Surjit Singh	GB	M50-54	82	15:39:59	1:27:17 (659)	00:08:40	7:52:09 (485)	00:06:13	6:05:40 (720)
721	669	Sam Blake	GB	M18-24	38	15:40:21	1:27:50 (674)	00:11:25	8:36:33 (791)	00:05:52	5:18:40 (721)

## Ironman UK Bolton - 02.07-2023

722	1111	Clive Hawkins	GB	M60-64	9	15:40:37	1:47:08 (839)	00:14:17	8:16:56 (800)	00:06:52	5:15:24 (722)
723	206	Matt Atkinson	GB	M30-34	120	15:40:55	1:29:51 (714)	00:13:06	8:21:13 (714)	00:12:59	5:23:45 (723)
724	1027	Chris Hill	GB	M35-39	120	15:41:01	1:16:45 (373)	00:08:55	7:46:05 (386)	00:12:35	6:16:41 (724)
725	343	Christoforos Constantinides	CY	M30-34	121	15:41:11	1:23:17 (562)	00:11:37	8:30:47 (727)	00:11:39	5:23:52 (725)
726	1000	Stefan Little	GB	M35-39	121	15:41:58	1:21:08 (505)	00:12:06	8:54:30 (841)	00:06:41	5:07:34 (726)
727	1023	Matthew Cleaver	GB	M35-39	122	15:42:06	1:19:29 (449)	00:08:29	8:53:22 (814)	00:06:47	5:13:59 (727)
728	803	Richard Newman	GB	M55-59	35	15:42:21	1:12:00 (230)	00:11:55	8:45:09 (748)	00:14:11	5:19:07 (728)
729	642	Pedro Catarino	PT	M50-54	83	15:42:36	1:14:32 (299)	00:09:52	8:32:14 (678)	00:07:14	5:38:44 (729)
730	643	Hugo Catarino	GB	M18-24	39	15:42:36	1:07:36 (134)	00:11:58	8:23:43 (589)	00:13:33	5:45:45 (730)
731	715	Leighton Gardiner	GB	M45-49	74	15:42:38	1:29:17 (705)	00:12:04	8:34:17 (788)	00:07:38	5:19:21 (731)
732	1068	James Fussey	GB	M18-24	40	15:42:50	1:15:40 (341)	00:09:37	8:39:24 (719)	00:06:24	5:31:44 (732)
733	668	Daniel Grierson-Jackson	GB	M30-34	122	15:43:06	1:10:02 (179)	00:06:56	8:01:35 (428)	00:12:44	6:11:50 (733)
734	990	Ryan Blood	GB	M18-24	41	15:43:18	1:23:35 (573)	00:08:29	8:36:20 (746)	00:08:07	5:26:47 (734)
735	849	Gareth Davey	GB	M40-44	106	15:43:20	1:21:55 (525)	00:08:25	8:21:24 (634)	00:06:25	5:45:11 (735)
736	1046	Lisa Rodgers	GB	F40-44	9	15:43:26	1:22:22 (540)	00:13:28	8:43:14 (803)	00:08:23	5:15:58 (736)
737	293	Mark McBride	GB	M30-34	123	15:43:39	1:23:33 (571)	00:08:08	8:20:21 (639)	00:07:06	5:44:30 (737)
738	251	Lisa Carter	GB	F50-54	5	15:43:43	1:41:09 (824)	00:08:40	8:22:04 (764)	00:06:22	5:25:27 (738)
739	1202	Mark Rigby	GB	M50-54	84	15:43:50	1:41:45 (825)	00:09:48	8:13:18 (721)	00:07:03	5:31:55 (739)
740	620	Kieron Allibone	GB	M40-44	107	15:44:04	1:22:41 (545)	00:12:16	8:20:51 (670)	00:09:01	5:39:14 (740)
741	357	Philip Harrison	GB	M60-64	10	15:44:06	1:31:23 (739)	00:12:14	8:03:00 (609)	00:13:45	5:43:44 (741)
742	451	Olexandr Kyrkychenko	GB	M40-44	108	15:44:21	1:22:54 (551)	00:10:01	8:35:39 (747)	00:07:25	5:28:22 (742)
743	1187	Pierce Dodd	GB	M18-24	42	15:44:35	1:32:20 (758)	00:14:27	8:19:07 (728)	00:12:48	5:25:53 (743)
744	603	Marcin Durlak	PL	M40-44	109	15:44:43	1:39:50 (818)	00:11:30	8:06:23 (686)	00:10:52	5:36:08 (744)
745	285	Zac Owens	GB	M30-34	124	15:44:56	1:37:36 (805)	00:09:30	7:57:47 (600)	00:12:54	5:47:09 (745)
746	653	Hattie Gregory	GB	F25-29	14	15:45:14	1:17:11 (387)	00:08:29	8:49:54 (787)	00:10:03	5:19:37 (746)
747	1084	Sue Smith	GB	F55-59	1	15:45:22	1:23:33 (570)	00:13:03	8:38:28 (785)	00:07:55	5:22:23 (747)
748	1101	Sam Jones	GB	M40-44	110	15:45:26	1:18:44 (425)	00:15:52	8:17:54 (642)	00:09:34	5:43:21 (748)
749	392	Michael Aiken	GB	M35-39	123	15:46:22	1:30:50 (730)	00:08:34	8:22:10 (707)	00:06:39	5:38:09 (749)
750	317	Louise Reeve	GB	F45-49	8	15:46:39	1:30:46 (729)	00:10:02	8:31:37 (769)	00:10:16	5:23:58 (750)
751	421	James Kay	GB	M18-24	43	15:46:53	1:25:43 (623)	00:12:35	8:09:11 (613)	00:14:36	5:44:48 (751)
752	1028	Dean Beauchamp	GB	M35-39	124	15:46:59	1:25:14 (612)	00:09:16	8:30:08 (718)	00:06:38	5:35:43 (752)
753	966	Carly Reid	GB	F40-44	10	15:47:07	1:25:20 (614)	00:15:30	8:37:10 (799)	00:09:32	5:19:35 (753)
754	1087	Jack Enderby	GB	M25-29	75	15:47:44	1:12:02 (232)	00:08:46	8:49:38 (754)	00:05:02	5:32:16 (754)
755	809	Jon Hughes	GB	M55-59	36	15:47:52	1:19:21 (446)	00:09:01	8:31:03 (697)	00:13:03	5:35:24 (755)
756	783	Luke Ramshaw	GB	M30-34	125	15:48:03	1:32:53 (762)	00:11:16	8:21:50 (730)	00:09:24	5:32:40 (756)
757	412	Richard Baglow	GB	M35-39	125	15:48:04	1:12:10 (239)	00:12:05	8:32:51 (681)	00:13:04	5:37:54 (757)
758	1190	Terence Martin	GB	M25-29	76	15:48:11	1:30:51 (731)	00:11:12	8:24:01 (731)	00:13:39	5:28:28 (758)
759	706	Gary Harvey	GB	M55-59	37	15:48:59	1:35:47 (788)	00:11:56	8:11:14 (696)	00:10:42	5:39:20 (759)

## Ironman UK Bolton - 02.07-2023

760	708	Lee Smallwood	GB	M40-44	111	15:49:13	1:04:59 (80)	00:11:29	8:08:42 (469)	00:10:52	6:13:11 (760)
761	1133	Oliver Duke	GB	M35-39	126	15:49:23	1:26:18 (637)	00:10:28	8:48:00 (825)	00:08:41	5:15:55 (761)
762	577	Beth Carr	GB	F30-34	20	15:49:49	1:22:49 (548)	00:14:29	8:42:20 (809)	00:08:13	5:21:59 (762)
763	680	Kevin Shepherd	GB	M55-59	38	15:49:51	1:21:35 (519)	00:13:42	8:13:24 (623)	00:14:08	5:47:02 (763)
764	242	Carl Unsworth	GB	M40-44	112	15:51:23	1:19:57 (465)	00:07:04	8:30:09 (682)	00:10:34	5:43:39 (764)
765	1047	Thomas Nisbet	GB	M25-29	77	15:51:38	1:22:21 (539)	00:15:11	8:34:31 (766)	00:09:47	5:29:47 (765)
766	424	Beth Parsons	GB	F25-29	15	15:52:06	1:40:57 (823)	00:07:34	8:41:15 (843)	00:02:28	5:19:51 (766)
767	1174	Bethan Schule	GB	F25-29	16	15:53:21	1:26:44 (649)	00:15:16	8:24:33 (738)	00:10:54	5:35:54 (767)
768	1067	Benjamin Holmes	MT	M25-29	78	15:53:24	1:26:26 (641)	00:12:58	8:31:54 (760)	00:09:10	5:32:57 (768)
769	474	Jp Pretorius	ZA	M40-44	113	15:53:45	1:29:22 (709)	00:14:02	8:14:55 (692)	00:11:45	5:43:41 (769)
770	644	Mark Preston	GB	M55-59	39	15:53:52	1:46:40 (838)	00:12:24	8:11:40 (756)	00:07:59	5:35:09 (770)
771	1069	Dominic Holmes	GB	M18-24	44	15:53:56	1:26:16 (635)	00:09:34	8:18:12 (655)	00:12:46	5:47:08 (771)
772	212	Liam Jones	GB	M35-39	127	15:55:15	1:12:58 (256)	00:09:07	8:26:09 (620)	00:10:40	5:56:22 (772)
773	946	Matt Storey	GB	M40-44	114	15:55:49	1:33:01 (763)	00:10:45	8:22:11 (729)	00:10:40	5:39:12 (773)
774	386	Nicola Hornby	GB	F55-59	2	15:56:56	1:36:08 (791)	00:12:35	8:29:11 (798)	00:10:37	5:28:25 (774)
775	369	Robert Ward	GB	M55-59	40	15:57:07	1:31:10 (736)	00:10:21	8:19:20 (706)	00:16:19	5:39:57 (775)
776	1077	Tim Carsberg	GB	M55-59	41	15:57:08	1:24:32 (594)	00:14:55	8:13:36 (645)	00:12:45	5:51:19 (776)
777	949	Jonathan Beaufort-Jones	GB	M40-44	115	15:57:49	1:28:25 (687)	00:17:00	8:16:28 (709)	00:11:46	5:44:10 (777)
778	591	Matthew Elliott	GB	M45-49	75	15:58:25	1:37:15 (798)	00:10:13	8:08:08 (668)	00:10:35	5:52:14 (778)
779	779	Janet Ryan	GB	F35-39	12	15:58:44	1:27:23 (663)	00:11:29	8:23:00 (708)	00:08:05	5:48:47 (779)
780	665	Ian Reynolds	GB	M60-64	11	16:00:28	1:38:39 (816)	00:10:51	8:23:05 (772)	00:08:12	5:39:41 (780)
781	497	Abigail Mccabe	GB	F18-24	3	16:00:36	1:15:24 (330)	00:06:40	8:38:00 (701)	00:05:22	5:55:11 (781)
782	1007	Ryan Robson	GB	M35-39	128	16:00:58	1:12:42 (250)	00:08:28	8:29:18 (628)	00:09:10	6:01:19 (782)
783	491	Leo Batty	GB	M30-34	126	16:01:16	1:18:06 (411)	00:08:10	8:37:15 (712)	00:09:04	5:48:40 (783)
784	542	Stuart Horrocks	GB	M45-49	76	16:01:30	1:09:26 (166)	00:13:09	8:46:36 (749)	00:09:22	5:42:57 (784)
785	282	Darren Riley	GB	M55-59	42	16:01:40	1:19:08 (436)	00:09:54	8:18:11 (611)	00:12:32	6:01:56 (785)
786	440	Abozed Ben Sassi	GB	M45-49	77	16:02:18	1:26:32 (644)	00:13:58	8:29:37 (752)	00:13:44	5:38:26 (786)
787	818	Oliver Rolls	GB	M25-29	79	16:03:12	1:14:30 (295)	00:08:21	8:43:33 (735)	00:05:34	5:51:14 (787)
788	1050	Matthew Duffy	GB	M40-44	116	16:03:22	1:21:36 (520)	00:14:13	8:38:08 (779)	00:08:02	5:41:23 (788)
789	617	Stephen Brown	GB	M40-44	117	16:04:17	1:18:33 (419)	00:08:30	8:45:01 (765)	00:09:36	5:42:36 (789)
790	219	Anna Cocker	GB	F40-44	11	16:04:43	1:21:30 (514)	00:08:57	8:14:44 (602)	00:12:08	6:07:25 (790)
791	229	Nick Rayner	GB	M40-44	118	16:06:25	1:42:34 (828)	00:12:30	8:14:51 (751)	00:09:43	5:46:47 (791)
792	449	Mark Hutfield	GB	M60-64	12	16:06:55	1:30:08 (716)	00:15:42	8:21:58 (743)	00:12:23	5:46:43 (792)
793	833	Richard Drew	GB	M35-39	129	16:07:17	1:15:30 (334)	00:07:44	8:33:45 (680)	00:07:08	6:03:11 (793)
794	579	Dave Hughes	GB	M45-49	78	16:07:47	1:31:54 (748)	00:15:39	8:31:58 (807)	00:12:04	5:36:12 (794)
795	387	Ian Adair	GB	M30-34	127	16:09:25	1:22:02 (530)	00:11:32	8:52:43 (836)	00:04:24	5:38:44 (795)
796	1201	Richard Massey	GB	M50-54	85	16:09:46	1:21:34 (518)	00:12:56	8:22:26 (679)	00:11:38	6:01:11 (796)
797	1159	Krzysztof Kobylarz	PL	M40-44	119	16:09:54	1:34:35 (778)	00:10:16	8:39:20 (823)	00:09:48	5:35:55 (797)

## Ironman UK Bolton - 02.07-2023

798	1221	Alban Reynolds	GB	M30-34	128	16:10:08	1:37:25 (804)	00:08:56	8:26:08 (771)	00:04:34	5:53:04 (798)
799	273	Alistair Roberts	GB	M50-54	86	16:10:27	1:38:34 (815)	00:12:39	8:34:40 (831)	00:07:49	5:36:46 (799)
800	130	Jo Gundle	GB	F60-64	2	16:10:41	1:34:13 (773)	00:12:23	8:04:26 (629)	00:10:05	6:09:34 (800)
801	855	Matt Webley	GB	M35-39	130	16:10:48	1:36:02 (790)	00:14:42	8:35:21 (833)	00:03:40	5:41:05 (801)
802	627	Katherine Dobson-Bailey	GB	F45-49	9	16:11:07	1:29:30 (711)	00:11:25	8:35:14 (794)	00:04:55	5:50:03 (802)
803	691	Steven Shacklady	GB	M45-49	79	16:11:14	1:44:42 (834)	00:09:54	8:12:46 (741)	00:09:23	5:54:30 (803)
804	733	Daniel Morris	GB	M25-29	80	16:11:16	1:12:20 (242)	00:11:39	8:19:27 (591)	00:09:12	6:18:39 (804)
805	511	Paul White	GB	M60-64	13	16:11:41	1:31:51 (747)	00:07:12	8:36:39 (789)	00:09:11	5:46:49 (805)
806	835	Joe Naughton	GB	M60-64	14	16:12:02	1:28:33 (691)	00:09:00	8:17:48 (664)	00:08:42	6:07:58 (806)
807	252	Phil Walker	GB	M55-59	43	16:12:06	1:24:48 (602)	00:10:37	8:43:29 (802)	00:08:38	5:44:33 (807)
808	701	Richard Etherington-Smith	GB	M50-54	87	16:12:14	1:42:50 (829)	00:09:41	8:31:05 (820)	00:04:39	5:43:59 (808)
809	810	Steve Kinsella	GB	M50-54	88	16:12:55	1:49:45 (842)	00:11:50	8:17:55 (806)	00:08:02	5:45:22 (809)
810	168	Tom Mitchell	GB	M60-64	15	16:13:28	1:44:19 (833)	00:10:08	8:16:57 (762)	00:07:38	5:54:25 (810)
811	532	David Sadler	GB	M35-39	131	16:13:39	1:30:15 (718)	00:14:14	8:20:53 (724)	00:11:21	5:56:55 (811)
812	645	Christopher Deal	GB	M30-34	129	16:14:03	1:33:15 (765)	00:11:07	8:15:33 (700)	00:11:54	6:02:14 (812)
813	609	Blair Mckenna	GB	M35-39	132	16:14:13	1:13:19 (260)	00:12:19	8:51:40 (797)	00:17:39	5:39:15 (813)
814	915	Matt Rose	GB	M45-49	80	16:14:19	1:24:29 (593)	00:15:28	8:30:50 (757)	00:06:56	5:56:36 (814)
815	800	Daniel Holyoak	GB	M40-44	120	16:15:10	1:30:55 (732)	00:17:20	8:27:48 (792)	00:12:52	5:46:14 (815)
816	980	Paul Carter	GB	M45-49	81	16:15:35	1:29:26 (710)	00:12:36	8:28:18 (753)	00:13:34	5:51:41 (816)
817	720	Nicola Lampard	GB	F35-39	13	16:16:13	1:06:37 (113)	00:09:40	9:04:51 (812)	00:06:20	5:48:45 (817)
818	566	Marco Regina	CH	M35-39	133	16:16:27	1:23:58 (584)	00:14:29	8:29:40 (745)	00:08:22	5:59:59 (818)
819	1185	Omar Hussein	EG	M18-24	45	16:17:41	1:36:57 (795)	00:08:39	8:42:57 (842)	00:03:06	5:46:02 (819)
820	507	Stephen Fenton	GB	M30-34	130	16:20:56	1:26:38 (647)	00:14:34	8:25:16 (737)	00:11:28	6:03:00 (820)
821	930	Robin Pamment	GB	M50-54	89	16:21:05	1:32:10 (753)	00:10:22	8:30:38 (776)	00:09:20	5:58:34 (821)
822	657	David Roher	US	M55-59	44	16:21:46	1:28:26 (688)	00:09:47	8:48:38 (838)	00:10:25	5:44:30 (822)
823	1148	Tony Martin	GB	M40-44	121	16:21:48	1:37:55 (810)	00:11:54	8:32:35 (817)	00:04:20	5:55:04 (823)
824	1045	Ashley Trowe	GB	M50-54	90	16:21:55	1:30:26 (721)	00:09:21	8:31:34 (761)	00:12:56	5:57:38 (824)
825	518	Aelred Tayone	GB	M50-54	91	16:22:02	1:28:24 (686)	00:09:42	8:46:18 (824)	00:08:55	5:48:44 (825)
826	628	Josh Linton	GB	M30-34	131	16:23:04	1:16:50 (377)	00:11:32	8:54:05 (818)	00:06:13	5:54:23 (826)
827	1022	Tom Plows	GB	M25-29	81	16:23:07	1:10:05 (180)	00:12:49	8:34:39 (685)	00:08:47	6:16:47 (827)
828	565	Graeme Higgins	GB	M55-59	45	16:26:44	1:24:27 (592)	00:13:38	8:47:41 (829)	00:04:28	5:56:29 (828)
829	179	Michael Horton	GB	M40-44	122	16:27:12	1:25:05 (610)	00:11:00	8:36:33 (773)	00:08:59	6:05:35 (829)
830	503	Jonathan Wales	GB	M45-49	82	16:28:06	1:48:43 (840)	00:11:57	8:10:35 (758)	00:09:37	6:07:15 (830)
831	767	Martin Lush	GB	M60-64	16	16:28:52	1:33:54 (769)	00:10:50	8:41:28 (834)	00:09:03	5:53:38 (831)
832	689	Reuben Winter	GB	M65-69	4	16:30:02	1:21:34 (517)	00:13:30	8:38:34 (777)	00:12:47	6:03:38 (832)
833	338	Damian Zelazowski	GB	M45-49	83	16:30:10	1:16:08 (353)	00:11:50	8:48:34 (795)	00:12:35	6:01:02 (833)
834	699	James Dyson	GB	M45-49	84	16:31:45	1:27:21 (662)	00:13:11	8:45:14 (828)	00:05:59	6:00:00 (834)
835	971	Michael Gibson	GB	M55-59	46	16:33:22	1:34:27 (777)	00:13:22	8:02:17 (626)	00:08:21	6:34:56 (835)

## Ironman UK Bolton - 02.07-2023

836	211	Kevin Harrison	GB	M40-44	123	16:33:27	1:31:21 (738)	00:15:44	8:40:24 (840)	00:06:13	5:59:46 (836)
837	623	colin allan	GB	M60-64	17	16:33:39	1:35:28 (784)	00:07:44	8:42:38 (830)	00:04:45	6:03:04 (837)
838	442	David Kerr	GB	M45-49	85	16:35:30	1:32:13 (756)	00:13:45	8:36:54 (819)	00:06:47	6:05:50 (838)
839	301	Adam Holmes	GB	M30-34	132	16:36:04	1:37:17 (800)	00:09:22	8:38:53 (826)	00:03:23	6:07:08 (839)
840	931	Kerry Thomas	GB	M45-49	86	16:43:41	1:17:47 (404)	00:10:46	8:13:03 (575)	00:13:11	6:48:55 (840)
841	255	Ronnie Abrams	GB	M50-54	92	16:46:27	1:02:29 (53)	00:07:35	9:09:26 (805)	00:08:34	6:18:21 (841)
842	908	Paul Rowan	GB	M60-64	18	16:54:09	1:19:09 (440)	00:06:56	8:48:13 (781)	00:09:55	6:29:56 (842)
843	640	Stuart Liggins	GB	M40-44	124	16:57:58	1:15:31 (335)	00:12:29	8:22:10 (627)	00:11:43	6:56:05 (843)
-	606	Stephen Wild	GB	M40-44	-	00:00:00	1:43:55 (-)	00:08:27	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1102	Emilia Mackenzie	NZ	F18-24	-	00:00:00	00:14:13 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	228	Sam Blakeman	GB	M40-44	-	00:00:00	1:43:21 (-)	00:06:35	00:00:00 (-)	00:00:00	00:00:00 (-)
-	925	Nathan Smith	GB	M30-34	-	00:00:00	1:47:38 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	659	Euan Gorrie	GB	M40-44	-	00:00:00	2:05:33 (-)	00:09:53	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1002	Janie Garratt	GB	F30-34	-	00:00:00	1:33:16 (-)	00:09:44	9:30:42 (-)	00:00:00	00:00:00 (-)
-	759	Josh Baker	GB	M18-24	-	00:00:00	1:20:07 (-)	00:09:08	9:01:04 (-)	00:00:00	00:00:00 (-)
-	684	James Mann	GB	M50-54	-	00:00:00	1:34:53 (-)	00:12:18	00:00:00 (-)	00:00:00	00:00:00 (-)
-	279	Gareth Perry	GB	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	8:56:14 (-)	00:06:16	00:00:00 (-)
-	349	Petra Palmer	AT	F40-44	-	00:00:00	1:29:16 (-)	00:10:58	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1032	Philip Blows	GB	M35-39	-	00:00:00	1:43:30 (-)	00:14:04	8:58:04 (-)	00:00:00	00:00:00 (-)
-	827	Michael Taylor	GB	M35-39	-	00:00:00	2:06:50 (-)	00:09:28	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1109	Mat Harrop	GB	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	739	Chris Horrod	GB	M70-74	-	00:00:00	1:32:12 (-)	00:15:16	00:00:00 (-)	00:00:00	00:00:00 (-)
-	226	Keiron Torkington	GB	M30-34	-	00:00:00	1:44:18 (-)	00:14:03	00:00:00 (-)	00:00:00	00:00:00 (-)
-	502	Helen Bird	GB	F50-54	-	00:00:00	1:05:07 (-)	00:11:49	9:41:57 (-)	00:00:00	00:00:00 (-)
-	291	Rich Hyder	GB	M45-49	-	00:00:00	00:52:29 (-)	00:04:13	6:23:46 (-)	00:05:32	00:00:00 (-)
-	751	Dougie Nisbet	GB	M60-64	-	00:00:00	1:36:19 (-)	00:14:58	9:02:27 (-)	00:00:00	00:00:00 (-)
-	164	George Martindale	GB	M30-34	-	00:00:00	00:59:16 (-)	00:02:57	5:26:22 (-)	00:05:08	00:00:00 (-)
-	246	Andy Tan	SG	M45-49	-	00:00:00	1:23:54 (-)	00:17:53	9:09:20 (-)	00:00:00	00:00:00 (-)
-	995	Jamie Tusting	GB	M30-34	-	00:00:00	1:03:39 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	268	Michael Ball	GB	M35-39	-	00:00:00	1:24:35 (-)	00:07:36	00:00:00 (-)	00:00:00	00:00:00 (-)
-	245	John Andrew	GB	M45-49	-	00:00:00	1:18:56 (-)	00:06:39	00:00:00 (-)	00:00:00	00:00:00 (-)
-	900	Harry O'Callaghan	GB	M30-34	-	00:00:00	1:37:14 (-)	00:10:19	00:00:00 (-)	00:00:00	00:00:00 (-)
-	303	Dom Cullen	GB	M50-54	-	00:00:00	1:27:56 (-)	00:12:29	9:04:25 (-)	00:00:00	00:00:00 (-)
-	265	Max Johnston	GB	M25-29	-	00:00:00	1:15:30 (-)	00:10:48	9:25:47 (-)	00:00:00	00:00:00 (-)
-	464	John Foulds	GB	M60-64	-	00:00:00	1:37:50 (-)	00:07:16	00:00:00 (-)	00:00:00	00:00:00 (-)
-	346	Alan Swain	GB	M50-54	-	00:00:00	1:35:57 (-)	00:10:48	00:00:00 (-)	00:00:00	00:00:00 (-)
-	702	Mark Thompson	GB	M40-44	-	00:00:00	1:44:25 (-)	00:13:28	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1103	Richard Gash	GB	M50-54	-	00:00:00	1:40:52 (-)	00:11:25	9:09:10 (-)	00:00:00	00:00:00 (-)

## Ironman UK Bolton - 02.07-2023

-	795	Tom Jakeman	GB	M30-34	-	00:00:00	1:19:15 (-)	00:09:07	00:00:00 (-)	00:00:00	00:00:00 (-)
-	973	Stephen Dart	GB	M50-54	-	00:00:00	1:53:21 (-)	00:12:34	00:00:00 (-)	00:00:00	00:00:00 (-)
-	575	Gareth Tones	GB	M35-39	-	00:00:00	1:30:30 (-)	00:09:35	00:00:00 (-)	00:00:00	00:00:00 (-)
-	547	Tony Moss	GB	M60-64	-	00:00:00	1:50:18 (-)	00:13:18	00:00:00 (-)	00:00:00	00:00:00 (-)
-	854	Jianhua Fan	CN	M50-54	-	00:00:00	1:30:31 (-)	00:19:04	00:00:00 (-)	00:00:00	00:00:00 (-)
-	994	Matthew Dunn	GB	M40-44	-	00:00:00	1:57:50 (-)	00:10:03	00:00:00 (-)	00:00:00	00:00:00 (-)
-	560	Ikumi Gaklya	JP	F40-44	-	00:00:00	1:53:33 (-)	00:14:27	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1085	Lesley Wilkinson	GB	F55-59	-	00:00:00	1:34:33 (-)	00:10:44	00:00:00 (-)	00:00:00	00:00:00 (-)
-	823	Henrik Angell Ljostad	NO	M30-34	-	00:00:00	1:26:10 (632)	00:12:06	8:47:57 (835)	00:10:55	00:00:00 (-)
-	743	Alex Phillips	GB	M30-34	-	00:00:00	1:24:00 (-)	00:11:43	8:57:38 (-)	00:00:00	00:00:00 (-)
-	601	Jonathan Kennair	GB	M40-44	-	00:00:00	1:36:15 (-)	00:11:58	00:00:00 (-)	00:00:00	00:00:00 (-)
-	216	Keith Edge	GB	M65-69	-	00:00:00	1:45:58 (-)	00:16:42	8:40:00 (-)	00:00:00	00:00:00 (-)
-	1218	Alan Stanway	GB	M40-44	-	00:00:00	1:27:48 (-)	00:07:44	7:39:55 (-)	00:09:58	00:00:00 (-)
-	1162	Brian O'sullivan	GB	M55-59	-	00:00:00	1:38:19 (-)	00:14:33	00:00:00 (-)	00:00:00	00:00:00 (-)
-	719	Sam Wright	GB	M25-29	-	00:00:00	1:08:10 (-)	00:10:05	8:44:02 (-)	00:05:32	00:00:00 (-)
-	513	Nigel Brady	GB	M55-59	-	00:00:00	1:28:35 (-)	00:08:32	9:01:49 (-)	00:09:22	00:00:00 (-)
-	997	Bharat Bhardwaj	GB	M55-59	-	00:00:00	1:23:33 (-)	00:12:35	00:00:00 (-)	00:00:00	00:00:00 (-)
-	366	Richard Marshall	GB	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	731	Kyle Collins	US	M25-29	-	00:00:00	1:51:32 (-)	00:08:22	8:58:12 (-)	00:00:00	00:00:00 (-)
-	972	Michael Haughey	GB	M50-54	-	00:00:00	1:37:42 (-)	00:08:20	9:20:35 (-)	00:00:00	00:00:00 (-)
-	536	Ray Handley	GB	M65-69	-	00:00:00	1:29:21 (-)	00:11:13	8:06:09 (-)	00:10:12	00:00:00 (-)
-	549	Glen Travers	GB	M55-59	-	00:00:00	1:30:05 (-)	00:11:16	8:37:51 (-)	00:09:39	00:00:00 (-)
-	1062	Mike Reid	GB	M45-49	-	00:00:00	1:28:03 (-)	00:12:54	00:00:00 (-)	00:00:00	00:00:00 (-)
-	498	Helen McIntyre	GB	F40-44	-	00:00:00	1:20:02 (-)	00:12:01	8:48:21 (-)	00:05:42	00:00:00 (-)
-	463	Tom Barker	GB	M35-39	-	00:00:00	1:00:34 (-)	00:07:07	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1165	Ruairi McWilliams	IE	M40-44	-	00:00:00	1:40:31 (-)	00:17:01	9:14:00 (-)	00:00:00	00:00:00 (-)
-	1052	Kelli-Ann Hodgson	GB	F45-49	-	00:00:00	1:46:27 (-)	00:10:42	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1137	David Lawton	GB	M45-49	-	00:00:00	1:27:40 (-)	00:13:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1194	Han Lu	GB	F50-54	-	00:00:00	2:15:12 (-)	00:12:04	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1171	Robert Mcalpine	GB	M50-54	-	00:00:00	1:42:22 (-)	00:10:11	00:00:00 (-)	00:00:00	00:00:00 (-)
-	151	Katy Foster	GB	F45-49	-	00:00:00	1:18:11 (-)	00:08:39	00:00:00 (-)	00:00:00	00:00:00 (-)
-	276	Karl Edwards	GB	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	354	Terry Daley	GB	M60-64	-	00:00:00	1:50:01 (-)	00:10:51	00:00:00 (-)	00:00:00	00:00:00 (-)
-	646	Peter Rouse	GB	M30-34	-	00:00:00	1:55:04 (-)	00:10:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	296	Gary Aylett	GB	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	999	Richard Maisey	GB	M35-39	-	00:00:00	1:19:24 (-)	00:12:07	00:00:00 (-)	00:00:00	00:00:00 (-)
-	457	Heather Witham	GB	F40-44	-	00:00:00	1:56:32 (-)	00:09:07	8:46:04 (-)	00:00:00	00:00:00 (-)
-	744	Martina Akroll	GB	F40-44	-	00:00:00	1:28:35 (-)	00:10:08	9:05:10 (-)	00:00:00	00:00:00 (-)



## Ironman UK Bolton - 02.07-2023

-	703	Jason Abdoh	GB	M40-44	-	00:00:00	1:27:17 (-)	00:08:45	00:00:00 (-)	00:00:00	00:00:00 (-)
-	165	Benjamin Akin	GB	M30-34	-	00:00:00	00:52:42 (-)	00:03:34	00:00:00 (-)	00:00:00	00:00:00 (-)
-	472	Del Granger	GB	M55-59	-	00:00:00	1:34:12 (-)	00:10:19	00:00:00 (-)	00:00:00	00:00:00 (-)
-	723	Michael Mccurry	GB	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1207	Stephen Pike	GB	M40-44	-	00:00:00	1:12:41 (-)	00:08:24	00:00:00 (-)	00:00:00	00:00:00 (-)
-	423	Michael Gregson	GB	M60-64	-	00:00:00	1:48:28 (-)	00:09:23	8:50:35 (-)	00:00:00	00:00:00 (-)
-	336	Heather Raby	GB	F40-44	-	00:00:00	1:15:09 (-)	00:12:40	00:00:00 (-)	00:00:00	00:00:00 (-)
-	612	Leigh Brand	GB	M45-49	-	00:00:00	1:37:21 (-)	00:08:44	8:46:13 (-)	00:00:00	00:00:00 (-)
-	686	Paul De Bree	GB	M50-54	-	00:00:00	1:39:10 (-)	00:07:18	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1183	Jack Haswell	GB	M30-34	-	00:00:00	1:28:01 (-)	00:12:07	9:01:31 (-)	00:00:00	00:00:00 (-)
-	869	Scott Hallett	GB	M50-54	-	00:00:00	1:29:04 (-)	00:12:14	8:49:11 (-)	00:00:00	00:00:00 (-)
-	555	Steven Machen	GB	M35-39	-	00:00:00	1:35:15 (-)	00:13:46	9:16:01 (-)	00:00:00	00:00:00 (-)
-	988	Alex Hinks	GB	M30-34	-	00:00:00	00:16:07 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	530	David Kelly	GB	M50-54	-	00:00:00	1:21:11 (-)	00:10:42	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1172	James Wilkinson	GB	M40-44	-	00:00:00	1:27:48 (-)	00:11:24	00:00:00 (-)	00:00:00	00:00:00 (-)
-	707	Mark Chennell	GB	M40-44	-	00:00:00	1:36:15 (-)	00:13:19	9:10:08 (-)	00:00:00	00:00:00 (-)
-	494	Michael Baldwin	GB	M70-74	-	00:00:00	2:28:47 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1217	Chris Edmundson-Harris	GB	M55-59	-	00:00:00	1:55:26 (-)	00:13:42	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1206	Lesley Gearing	GB	F65-69	-	00:00:00	1:37:53 (-)	00:20:09	00:00:00 (-)	00:00:00	00:00:00 (-)
-	215	Kat Healey	GB	F45-49	-	00:00:00	1:40:06 (-)	00:07:27	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1208	Andy Airey	GB	M55-59	-	00:00:00	1:48:15 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	775	Matthew Jackson	GB	M30-34	-	00:00:00	1:16:23 (-)	00:09:32	00:00:00 (-)	00:00:00	00:00:00 (-)
-	403	Caroline Hogg	GB	F50-54	-	00:00:00	1:12:56 (-)	00:13:03	9:09:39 (-)	00:00:00	00:00:00 (-)
-	602	Masao Osuka	JP	M55-59	-	00:00:00	1:31:50 (-)	00:15:31	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1211	Mark Edwards	GB	M40-44	-	00:00:00	1:29:37 (-)	00:08:56	00:00:00 (-)	00:00:00	00:00:00 (-)
-	776	Hannah Ferguson	GB	F18-24	-	00:00:00	1:24:08 (-)	00:12:22	00:00:00 (-)	00:00:00	00:00:00 (-)
-	448	Kerry Lomas	GB	F40-44	-	00:00:00	1:58:42 (-)	00:10:43	00:00:00 (-)	00:00:00	00:00:00 (-)
-	102	Sam Louwers	GB	PC/ID	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	509	Lauren Chedburn	GB	F35-39	-	00:00:00	1:37:05 (-)	00:07:49	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1122	Joseph Walsh	GB	M35-39	-	00:00:00	1:14:15 (-)	00:08:01	00:00:00 (-)	00:00:00	00:00:00 (-)
-	318	Susanne Lyon	GB	F45-49	-	00:00:00	1:28:14 (-)	00:09:52	9:00:18 (-)	00:00:00	00:00:00 (-)
-	378	Jez Crook	GB	M45-49	-	00:00:00	2:11:41 (-)	00:10:18	00:00:00 (-)	00:00:00	00:00:00 (-)
-	419	Graham Carder	GB	M45-49	-	00:00:00	2:29:17 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	858	Zoe Crewe	GB	F40-44	-	00:00:00	2:16:34 (-)	00:08:07	00:00:00 (-)	00:00:00	00:00:00 (-)
-	812	Daniel Bowden	GB	M30-34	-	00:00:00	1:39:27 (-)	00:09:08	00:00:00 (-)	00:00:00	00:00:00 (-)
-	404	Clifford Hogg	GB	M60-64	-	17:00:34	1:12:23 (-)	00:15:44	8:53:53 (-)	00:17:32	6:21:01 (-)
-	1054	Colin Shore	GB	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	359	Gavin Deen	GB	M40-44	-	00:00:00	1:33:08 (-)	00:12:19	9:02:07 (-)	00:00:00	00:00:00 (-)

## Ironman UK Bolton - 02.07-2023

-	764	Andy Stainfield	GB	M35-39	-	00:00:00	1:36:05 (-)	00:09:29	00:00:00 (-)	00:00:00	00:00:00 (-)
-	496	Neale Pinkerton	GB	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	959	Brett Duncan	GB	M35-39	-	00:00:00	2:12:45 (-)	00:07:59	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1200	Ben Walls	GB	M25-29	-	00:00:00	1:36:11 (-)	00:13:16	00:00:00 (-)	00:00:00	00:00:00 (-)
-	535	James Earl	GB	M45-49	-	00:00:00	1:23:29 (-)	00:18:54	8:51:45 (-)	00:00:00	00:00:00 (-)
-	728	Melissa Reece	GB	F40-44	-	00:00:00	1:51:19 (-)	00:12:32	00:00:00 (-)	00:00:00	00:00:00 (-)
-	321	Simon Stott	GB	M45-49	-	00:00:00	1:36:44 (-)	00:17:49	8:43:18 (-)	00:00:00	00:00:00 (-)
-	1214	Sarah Chambers	GB	F50-54	-	00:00:00	1:28:47 (-)	00:13:28	8:26:03 (-)	00:11:35	00:00:00 (-)
-	227	Tony Frost	NZ	M55-59	-	00:00:00	1:17:02 (-)	00:10:27	9:08:39 (-)	00:00:00	00:00:00 (-)
-	1210	Alex Martin	GB	M25-29	-	00:00:00	1:24:50 (-)	00:12:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1061	Max Wood	GB	M30-34	-	00:00:00	1:21:24 (-)	00:06:17	7:19:47 (-)	00:05:10	00:00:00 (-)
-	688	Phil Dickinson	GB	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	524	Jordan Lane	GB	M25-29	-	00:00:00	1:22:19 (-)	00:05:16	00:00:00 (-)	00:00:00	00:00:00 (-)
-	409	Caitrina Oakes	GB	F50-54	-	00:00:00	1:42:50 (-)	00:12:41	00:00:00 (-)	00:00:00	00:00:00 (-)
-	475	Neil Davey	GB	M50-54	-	00:00:00	2:03:42 (-)	00:11:42	00:00:00 (-)	00:00:00	00:00:00 (-)
-	782	Amit Dawar	IN	M40-44	-	00:00:00	1:57:22 (-)	00:08:38	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1038	Rebecca Russell	GB	F25-29	-	00:00:00	1:07:52 (-)	00:09:48	00:00:00 (-)	00:00:00	00:00:00 (-)
-	828	Sunil Shah	GB	M50-54	-	00:00:00	2:15:52 (-)	00:08:15	8:51:28 (-)	00:00:00	00:00:00 (-)
-	799	Tyler Walker	GB	M30-34	-	00:00:00	1:23:14 (-)	00:09:20	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1219	Vanessa Rubio	GB	F18-24	-	00:00:00	1:11:01 (-)	00:08:27	9:26:08 (-)	00:03:45	00:00:00 (-)
-	753	William Mildren	GB	M30-34	-	00:00:00	1:19:47 (-)	00:12:42	8:57:44 (-)	00:00:00	00:00:00 (-)
-	648	Paul Sheridan	IE	M40-44	-	00:00:00	1:23:37 (-)	00:07:23	7:58:32 (-)	00:11:17	00:00:00 (-)
-	499	Paul Lacey	GB	M40-44	-	00:00:00	1:20:57 (-)	00:07:59	00:00:00 (-)	00:00:00	00:00:00 (-)
-	807	Garry Crosby	GB	M40-44	-	00:00:00	1:44:57 (-)	00:12:26	00:00:00 (-)	00:00:00	00:00:00 (-)
-	207	Thomas Garbett	GB	M25-29	-	00:00:00	00:55:45 (-)	00:03:15	5:34:26 (-)	00:03:02	00:00:00 (-)
-	1181	Sue Bennett	GB	F55-59	-	00:00:00	1:23:54 (-)	00:11:45	9:15:04 (-)	00:00:00	00:00:00 (-)
-	375	Adam Naylor	GB	M40-44	-	00:00:00	1:18:31 (-)	00:09:36	7:42:07 (-)	00:05:09	00:00:00 (-)
-	237	Wayne Glanvill	GB	M50-54	-	00:00:00	1:27:59 (-)	00:12:33	00:00:00 (-)	00:00:00	00:00:00 (-)
-	632	David Kerfoot	GB	M65-69	-	00:00:00	1:41:23 (-)	00:12:44	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1188	Liam Marshall	GB	M35-39	-	00:00:00	1:23:40 (-)	00:25:54	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1117	Robert Rose	GB	M40-44	-	00:00:00	1:43:40 (-)	00:15:28	8:44:50 (-)	00:00:00	00:00:00 (-)
-	740	Jamie Hibbert	GB	M30-34	-	00:00:00	1:26:58 (-)	00:13:10	8:31:08 (-)	00:18:33	00:00:00 (-)
-	582	Seiorse Gaughan	GB	M30-34	-	00:00:00	2:17:28 (-)	00:07:56	00:00:00 (-)	00:00:00	00:00:00 (-)
-	593	Susan Dowding	GB	F45-49	-	00:00:00	1:22:58 (-)	00:10:58	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1146	David Alderson	GB	M35-39	-	00:00:00	1:22:54 (-)	00:10:00	9:31:10 (-)	00:00:00	00:00:00 (-)
-	531	Fiona Geldard	GG	F60-64	-	00:00:00	1:33:24 (-)	00:07:51	00:00:00 (-)	00:00:00	00:00:00 (-)
-	340	Neil Raby	GB	M50-54	-	00:00:00	1:53:11 (-)	00:09:34	00:00:00 (-)	00:00:00	00:00:00 (-)
-	334	Ian Redpath	GB	M40-44	-	00:00:00	1:46:38 (-)	00:10:54	00:00:00 (-)	00:00:00	00:00:00 (-)

## Ironman UK Bolton - 02.07-2023

-	314	Patrick Reilly	IE	M55-59	-	00:00:00	1:25:12 (-)	00:11:46	8:56:00 (-)	00:00:00	00:00:00 (-)
-	506	David Sands	GB	M45-49	-	00:00:00	1:08:47 (-)	00:12:39	00:00:00 (-)	00:00:00	00:00:00 (-)
-	492	Nigel Ghoorun	GB	M50-54	-	00:00:00	1:49:20 (-)	00:13:09	9:05:26 (-)	00:00:00	00:00:00 (-)
-	1042	Matt Sellers	GB	M50-54	-	00:00:00	2:14:30 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	808	Dean Bissekter	GB	M60-64	-	00:00:00	1:53:54 (-)	00:15:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	666	Daniel Jefferys	GB	M30-34	-	00:00:00	1:35:17 (-)	00:15:50	8:39:58 (-)	00:00:00	00:00:00 (-)
-	534	Danny Carter	GB	M25-29	-	00:00:00	1:36:05 (-)	00:10:34	8:44:08 (-)	00:00:00	00:00:00 (-)
-	811	Philip Johnson	GB	M35-39	-	00:00:00	1:09:24 (-)	00:08:23	00:00:00 (-)	00:00:00	00:00:00 (-)
-	834	Matthew Stearn	GB	M60-64	-	00:00:00	1:42:46 (-)	00:15:09	00:00:00 (-)	00:00:00	00:00:00 (-)
-	132	Kenneth Mckenzie	GB	M50-54	-	00:00:00	1:02:39 (-)	00:04:31	6:37:58 (-)	00:04:02	00:00:00 (-)
-	298	Benjamin Butler	GB	M30-34	-	00:00:00	2:10:56 (-)	00:10:30	00:00:00 (-)	00:00:00	00:00:00 (-)
-	735	Chris Hopkins	GB	M30-34	-	00:00:00	1:15:50 (-)	00:13:46	00:00:00 (-)	00:00:00	00:00:00 (-)
-	902	Ian Mcnally	GB	M50-54	-	00:00:00	1:35:04 (-)	00:09:35	8:45:19 (-)	00:00:00	00:00:00 (-)
-	1108	Zeljko Ilic	RS	M40-44	-	00:00:00	1:42:39 (-)	00:16:47	00:00:00 (-)	00:00:00	00:00:00 (-)
-	679	James Bateman	GB	M25-29	-	00:00:00	1:18:11 (-)	00:15:11	8:59:41 (-)	00:00:00	00:00:00 (-)
-	561	Midori Aoki	JP	F65-69	-	00:00:00	1:32:22 (-)	00:15:08	00:00:00 (-)	00:00:00	00:00:00 (-)
-	830	Graham Busolini	GB	M45-49	-	00:00:00	1:36:46 (-)	00:14:32	8:39:10 (-)	00:00:00	00:00:00 (-)
-	363	Craig Barker	GB	M35-39	-	00:00:00	1:27:04 (-)	00:11:48	8:03:41 (-)	00:00:00	00:00:00 (-)
-	581	Richie Johnson	GB	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	567	Catherine Mclaughlin	GB	F30-34	-	00:00:00	1:35:34 (-)	00:10:21	00:00:00 (-)	00:00:00	00:00:00 (-)
-	416	Aaron Wood	GB	M40-44	-	00:00:00	1:39:31 (-)	00:05:50	00:00:00 (-)	00:00:00	00:00:00 (-)
-	771	Chris Doe	GB	M40-44	-	00:00:00	1:44:43 (-)	00:15:04	9:07:21 (-)	00:00:00	00:00:00 (-)
-	1065	Joe Tomlinson	GB	M18-24	-	00:00:00	1:25:30 (-)	00:10:35	00:00:00 (-)	00:00:00	00:00:00 (-)
-	473	Kieran McBride	GB	M50-54	-	00:00:00	2:14:18 (-)	00:07:29	00:00:00 (-)	00:00:00	00:00:00 (-)
-	677	Ruth Wilkinson	GB	F60-64	-	00:00:00	1:28:42 (-)	00:18:12	8:55:49 (-)	00:00:00	00:00:00 (-)
-	650	David Cox	GB	M55-59	-	00:00:00	1:54:10 (-)	00:09:47	00:00:00 (-)	00:00:00	00:00:00 (-)
-	218	Michelle Knight	GB	F55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	101	Marc Clough	GB	PC/ID	-	00:00:00	1:36:19 (-)	00:08:15	00:00:00 (-)	00:00:00	00:00:00 (-)
-	374	Michelle Ryan	GB	F45-49	-	00:00:00	1:34:14 (-)	00:12:15	00:00:00 (-)	00:00:00	00:00:00 (-)
-	709	Justin Robbins	GB	M50-54	-	00:00:00	1:04:40 (-)	00:11:33	00:00:00 (-)	00:00:00	00:00:00 (-)
-	417	Ozzy Ian Hosmer	GB	M55-59	-	00:00:00	1:17:15 (-)	00:10:52	8:54:31 (-)	00:09:16	00:00:00 (-)
-	1008	Warren Tansey	GB	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	749	William Neylon	GB	M35-39	-	00:00:00	1:16:58 (-)	00:08:49	00:00:00 (-)	00:00:00	00:00:00 (-)
-	564	Luke Goodge	GB	M30-34	-	00:00:00	1:18:19 (-)	00:10:20	00:00:00 (-)	00:00:00	00:00:00 (-)
-	325	Jonathan Postle	GB	M45-49	-	00:00:00	1:43:27 (-)	00:11:31	00:00:00 (-)	00:00:00	00:00:00 (-)
-	348	Marc Taylor	GB	M45-49	-	00:00:00	1:38:33 (-)	00:09:27	00:00:00 (-)	00:00:00	00:00:00 (-)
-	897	Matyas Szegi	HU	M25-29	-	00:00:00	1:26:50 (-)	00:15:43	8:47:45 (-)	00:07:41	00:00:00 (-)
-	690	Kirk Dean	GB	M50-54	-	00:00:00	1:58:07 (-)	00:08:56	8:31:38 (-)	00:00:00	00:00:00 (-)

## Ironman UK Bolton - 02.07-2023

-	223	Craig Bailey	GB	M35-39	-	00:00:00	1:30:37 (-)	00:20:24	00:00:00 (-)	00:00:00	00:00:00 (-)
-	434	Lee Mathison	GB	M45-49	-	00:00:00	2:03:04 (-)	00:13:29	8:23:22 (-)	00:00:00	00:00:00 (-)
-	899	Ian Goddard	GB	M50-54	-	00:00:00	1:39:07 (-)	00:08:17	8:48:33 (-)	00:00:00	00:00:00 (-)
-	1216	Alan Jackson	GB	M60-64	-	00:00:00	1:19:43 (-)	00:09:30	9:26:54 (-)	00:00:00	00:00:00 (-)
-	415	Michael Wilkinson	GB	M45-49	-	16:11:32	1:34:17 (-)	00:13:08	9:01:33 (-)	00:06:01	5:16:33 (-)
-	1176	Sebastian Evans	GB	M35-39	-	00:00:00	1:27:36 (-)	00:09:58	8:32:34 (-)	00:07:00	00:00:00 (-)
-	933	Matt Banister	GB	M25-29	-	00:00:00	1:13:29 (-)	00:06:35	9:14:08 (-)	00:00:00	00:00:00 (-)
-	867	Dave Smith	GB	M50-54	-	00:00:00	1:54:05 (-)	00:13:47	8:50:21 (-)	00:00:00	00:00:00 (-)
-	615	Ann Shapcott	US	F50-54	-	00:00:00	1:25:46 (-)	00:16:39	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1130	Ron Sullivan	GB	M40-44	-	00:00:00	1:35:30 (-)	00:13:10	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1081	Richard Olds	GB	M60-64	-	00:00:00	1:26:39 (-)	00:14:29	8:36:49 (-)	00:09:13	00:00:00 (-)
-	1079	Holly Davies	GB	F35-39	-	00:00:00	1:21:44 (-)	00:07:38	00:00:00 (-)	00:00:00	00:00:00 (-)
-	953	Peter Elms	GB	M35-39	-	00:00:00	00:38:46 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	633	Sam Towle	GB	M18-24	-	00:00:00	1:36:05 (-)	00:10:35	9:21:45 (-)	00:00:00	00:00:00 (-)
-	177	Karen Ratcliffe	GB	F35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	331	Sean Britton	GB	M35-39	-	00:00:00	1:41:15 (-)	00:11:44	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1075	Andrea Ford	GB	F50-54	-	00:00:00	1:26:44 (-)	00:09:21	9:16:58 (-)	00:00:00	00:00:00 (-)
-	1226	Andrii Kolesnyk	GB	M30-34	-	00:00:00	2:07:00 (-)	00:07:08	00:00:00 (-)	00:00:00	00:00:00 (-)
-	769	Karen Feakes	US	F50-54	-	00:00:00	1:34:00 (-)	00:11:41	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1082	Lynne Stobart	GB	F45-49	-	00:00:00	1:33:45 (-)	00:11:41	00:00:00 (-)	00:00:00	00:00:00 (-)
-	556	Steve Mills	GB	M35-39	-	00:00:00	1:37:00 (797)	00:11:42	00:00:00 (-)	00:00:00	00:00:00 (-)
-	584	Patrick Walkington	GB	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	894	Robert Russell	GB	M30-34	-	00:00:00	1:06:38 (-)	00:09:41	8:08:47 (-)	00:06:02	00:00:00 (-)
-	901	Paul Rust	GB	M45-49	-	00:00:00	1:13:23 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1005	Chris Nicoll	GB	M50-54	-	00:00:00	1:02:09 (-)	00:08:57	7:09:35 (-)	00:00:00	00:00:00 (-)
-	544	Andrew Ingram	GB	M40-44	-	00:00:00	1:29:18 (-)	00:10:25	9:07:29 (-)	00:00:00	00:00:00 (-)
-	238	Ian Statter	GB	M50-54	-	00:00:00	1:41:35 (-)	00:10:53	00:00:00 (-)	00:00:00	00:00:00 (-)
-	512	Lewis Robinson	GB	M30-34	-	00:00:00	1:32:56 (-)	00:11:55	00:00:00 (-)	00:00:00	00:00:00 (-)
-	693	Iain Noble	GB	M60-64	-	00:00:00	1:54:16 (-)	00:17:45	00:00:00 (-)	00:00:00	00:00:00 (-)
-	158	Michael Abbott	ZA	M50-54	-	00:00:00	00:58:01 (-)	00:06:02	6:43:27 (-)	00:05:26	00:00:00 (-)
-	918	David Gough	GB	M35-39	-	00:00:00	1:21:42 (-)	00:10:51	00:00:00 (-)	00:00:00	00:00:00 (-)
-	350	Alan Harding	GB	M40-44	-	00:00:00	1:44:12 (-)	00:13:30	9:09:32 (-)	00:00:00	00:00:00 (-)
-	662	Amjad Shakeel	GB	M55-59	-	00:00:00	1:42:00 (-)	00:10:06	00:00:00 (-)	00:00:00	00:00:00 (-)
-	254	Stephen Burrows	GB	M40-44	-	00:00:00	1:45:09 (-)	00:08:55	00:00:00 (-)	00:00:00	00:00:00 (-)
-	629	Nicholas Colbran	GB	M40-44	-	00:00:00	1:17:08 (-)	00:09:09	7:44:19 (-)	00:07:28	00:00:00 (-)
-	660	Keith Drummond	GB	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	370	Gareth Bailey	GB	M35-39	-	00:00:00	1:19:31 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	765	Marie Smith	GB	F40-44	-	00:00:00	1:41:06 (-)	00:12:29	00:00:00 (-)	00:00:00	00:00:00 (-)

## Ironman UK Bolton - 02.07-2023

-	487	Neil Warburton	GB	M45-49	-	00:00:00	1:57:21 (-)	00:10:06	8:22:38 (-)	00:00:00	00:00:00 (-)
-	341	Mark Sims	GB	M40-44	-	00:00:00	1:33:46 (-)	00:11:32	8:54:19 (-)	00:00:00	00:00:00 (-)
-	295	Martin Taylor	GB	M45-49	-	00:00:00	1:35:00 (-)	00:12:46	8:52:09 (-)	00:00:00	00:00:00 (-)
-	1090	Oliver Wakefield	GB	M25-29	-	00:00:00	1:36:35 (-)	00:18:54	00:00:00 (-)	00:00:00	00:00:00 (-)
-	263	James Westwell	GB	M30-34	-	00:00:00	1:32:12 (-)	00:14:52	8:48:18 (-)	00:00:00	00:00:00 (-)
-	1121	Adam Bullough	GB	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	754	Charles Pennington	GB	M45-49	-	00:00:00	00:55:44 (-)	00:04:21	00:00:00 (-)	00:00:00	00:00:00 (-)
-	917	Miles Crossley	GB	M35-39	-	00:00:00	1:51:07 (-)	00:13:35	8:41:22 (-)	00:00:00	00:00:00 (-)
-	383	John Steed	US	M50-54	-	00:00:00	1:17:11 (-)	00:11:56	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1180	Stuart Pryor	GB	M40-44	-	00:00:00	1:26:43 (-)	00:20:15	8:35:11 (-)	00:00:00	00:00:00 (-)
-	559	Kerry Travers	GB	F50-54	-	00:00:00	1:37:49 (-)	00:14:40	9:16:41 (-)	00:00:00	00:00:00 (-)
-	470	Ben Johnson	GB	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1021	Julian Dominique	GB	M35-39	-	00:00:00	1:40:34 (-)	00:14:19	00:00:00 (-)	00:00:00	00:00:00 (-)
-	605	Timothy Allcock	GB	M40-44	-	00:00:00	1:51:01 (-)	00:09:30	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1150	Hannah Maclean	GB	F30-34	-	00:00:00	1:38:07 (-)	00:09:10	9:17:41 (-)	00:00:00	00:00:00 (-)
-	919	Stuart Helm	GB	M35-39	-	00:00:00	1:30:22 (-)	00:13:18	9:19:15 (-)	00:00:00	00:00:00 (-)
-	425	Brian Rimmer	GB	M35-39	-	00:00:00	1:33:13 (-)	00:08:40	00:00:00 (-)	00:00:00	00:00:00 (-)
-	508	Sean Doherty	IE	M50-54	-	00:00:00	1:11:03 (-)	00:08:28	9:57:38 (-)	00:00:00	00:00:00 (-)
-	371	Robin Moran	GB	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	964	Andrew Jones	GB	M50-54	-	00:00:00	1:33:53 (-)	00:12:50	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1031	Jamie May	GB	M45-49	-	00:00:00	1:12:29 (-)	00:07:49	8:34:38 (-)	00:04:54	00:00:00 (-)
-	201	Frances Recchia	GB	F50-54	-	00:00:00	1:14:51 (-)	00:08:10	00:00:00 (-)	00:00:00	00:00:00 (-)
-	461	Bach Ngo Gia	VN	M18-24	-	00:00:00	1:55:18 (-)	00:15:25	00:00:00 (-)	00:00:00	00:00:00 (-)
-	737	John Bilton	GB	M60-64	-	00:00:00	1:36:10 (-)	00:13:55	00:00:00 (-)	00:00:00	00:00:00 (-)
-	891	Will Sweeney	GB	M18-24	-	00:00:00	1:08:39 (-)	00:14:23	00:00:00 (-)	00:00:00	00:00:00 (-)
-	622	Paulo Alessandro Iswanto Carrasquero	VE	M25-29	-	00:00:00	1:49:37 (-)	00:13:44	00:00:00 (-)	00:00:00	00:00:00 (-)
-	777	Ines Tomas	PT	F25-29	-	00:00:00	1:31:21 (-)	00:06:44	9:27:58 (-)	00:00:00	00:00:00 (-)
-	376	Nick Griffiths	GB	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	467	Rundong Chen	CN	M18-24	-	00:00:00	1:45:47 (-)	00:10:12	8:36:11 (-)	00:00:00	00:00:00 (-)
-	1071	Christina Teague	GB	F35-39	-	00:00:00	1:16:48 (-)	00:06:47	7:20:02 (-)	00:00:00	00:00:00 (-)
-	781	Mark Sutton	AF	M60-64	-	00:00:00	2:24:05 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	533	Dino Dinelli	AR	M45-49	-	00:00:00	1:21:09 (-)	00:12:49	9:06:46 (-)	00:00:00	00:00:00 (-)
-	305	Terry Curtis	GB	M45-49	-	00:00:00	00:59:10 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1073	Peter Trudgeon	GB	M50-54	-	00:00:00	1:49:19 (-)	00:08:33	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1149	Nicholas Pratt	GB	M40-44	-	14:08:43	1:10:37 (-)	00:09:09	7:26:50 (-)	00:07:35	5:14:33 (-)
-	365	Karen Mcfadian	GB	F40-44	-	00:00:00	1:18:10 (-)	00:07:37	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1225	Dylan Carroll	GB	M25-29	-	00:00:00	1:27:25 (-)	00:11:29	9:14:58 (-)	00:00:00	00:00:00 (-)
-	1182	John Sayer	GB	M45-49	-	00:00:00	1:26:39 (-)	00:07:45	00:00:00 (-)	00:00:00	00:00:00 (-)

## Ironman UK Bolton - 02.07-2023

-	1037	James Carter	GB	M50-54	-	00:00:00	1:18:17 (-)	00:07:11	7:39:07 (-)	00:05:42	00:00:00 (-)
-	234	Graham Glossop	GB	M35-39	-	00:00:00	1:55:08 (-)	00:10:07	00:00:00 (-)	00:00:00	00:00:00 (-)
-	382	Gareth Tilbury	GB	M35-39	-	00:00:00	1:30:00 (-)	00:10:31	00:00:00 (-)	00:00:00	00:00:00 (-)
-	768	Marwan Albanna	AE	M25-29	-	00:00:00	1:46:18 (-)	00:14:46	00:00:00 (-)	00:00:00	00:00:00 (-)
-	630	Jamie Annakin	GB	M50-54	-	00:00:00	1:55:18 (-)	00:13:06	00:00:00 (-)	00:00:00	00:00:00 (-)
-	236	Gord Clayholt	CA	M60-64	-	00:00:00	2:23:15 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1134	Andrew Dao	GB	M25-29	-	00:00:00	2:21:12 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	142	Matthew Pemrick	GB	M50-54	-	00:00:00	1:12:50 (-)	00:07:35	00:00:00 (-)	00:00:00	00:00:00 (-)
-	880	Mark Swanton	GB	M55-59	-	00:00:00	1:53:15 (-)	00:14:11	9:08:37 (-)	00:00:00	00:00:00 (-)
-	413	Darren Lemmon	GB	M45-49	-	00:00:00	2:04:37 (-)	00:10:28	00:00:00 (-)	00:00:00	00:00:00 (-)
-	927	William Hall	GB	M18-24	-	00:00:00	1:25:30 (-)	00:09:10	9:26:43 (-)	00:00:00	00:00:00 (-)
-	789	Nils Facey	GB	M25-29	-	00:00:00	1:58:39 (-)	00:09:44	00:00:00 (-)	00:00:00	00:00:00 (-)
-	347	Carl Prince	GB	M50-54	-	00:00:00	1:34:41 (-)	00:08:19	00:00:00 (-)	00:00:00	00:00:00 (-)
-	471	Lesley Yates	GB	F60-64	-	00:00:00	1:49:22 (-)	00:09:38	00:00:00 (-)	00:00:00	00:00:00 (-)