

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
1	61	Justus Nieschlag	DE	MPRO	1	03:54:57	00:22:48 (1)	00:02:29	2:11:59 (1)	00:02:14	1:15:26 (1)
2	27	Mathis Margirier	FR	MPRO	2	03:55:13	00:22:59 (4)	00:02:22	2:12:00 (4)	00:02:21	1:15:32 (2)
3	26	Thor Bendix Madsen	DK	MPRO	3	03:56:51	00:24:07 (14)	00:02:53	2:10:19 (2)	00:02:33	1:16:59 (3)
4	56	Rico Bogen	DE	MPRO	4	03:59:15	00:22:56 (2)	00:02:32	2:11:52 (3)	00:02:10	1:19:46 (4)
5	25	Daniel Bakkegard	DK	MPRO	5	04:00:49	00:23:00 (5)	00:02:26	2:14:01 (5)	00:02:22	1:19:01 (5)
6	44	Pieter Heemeryck	BE	MPRO	6	04:01:40	00:23:20 (10)	00:02:12	2:13:56 (6)	00:02:19	1:19:51 (6)
7	55	Josh Lewis	GB	MPRO	7	04:02:47	00:22:57 (3)	00:02:37	2:14:50 (7)	00:02:24	1:19:59 (7)
8	32	Yvan Jarrige	FR	MPRO	8	04:02:56	00:23:51 (13)	00:02:29	2:17:36 (8)	00:02:10	1:16:51 (8)
9	75	Dieter Comhair	BE	MPRO	9	04:03:34	00:27:10 (59)	00:02:32	2:16:40 (10)	00:02:00	1:15:13 (9)
10	57	Colin Szuch	US	MPRO	10	04:05:05	00:24:40 (23)	00:02:44	2:16:36 (9)	00:02:23	1:18:42 (10)
11	54	Nicola Duchi	IT	MPRO	11	04:06:01	00:25:43 (31)	00:02:44	2:19:38 (16)	00:02:32	1:15:24 (11)
12	34	Jordi Montraveta Moya	ES	MPRO	12	04:06:08	00:27:19 (62)	00:02:32	2:18:17 (18)	00:02:24	1:15:38 (12)
13	46	Nico Markgraf	DE	MPRO	13	04:06:09	00:24:18 (16)	00:03:21	2:18:48 (11)	00:02:43	1:17:00 (13)
14	60	Jonathan Wayaffe	BE	MPRO	14	04:06:17	00:24:38 (21)	00:02:40	2:20:48 (17)	00:02:37	1:15:34 (14)
15	39	Harry Palmer	GB	MPRO	15	04:08:17	00:23:48 (12)	00:02:25	2:20:22 (12)	00:02:39	1:19:04 (15)
16	77	Dario Giovine	IT	MPRO	16	04:09:00	00:26:32 (51)	00:02:51	2:17:37 (13)	00:03:04	1:18:57 (16)
17	41	Tomasz Szala	PL	MPRO	17	04:10:40	00:25:38 (30)	00:02:52	2:19:33 (15)	00:02:39	1:19:58 (17)
18	40	Matthew Palmer	GB	MPRO	18	04:11:03	00:29:52 (117)	00:02:56	2:15:42 (19)	00:02:54	1:19:39 (18)
19	42	Marcel Bolbat	DE	MPRO	19	04:11:31	00:24:38 (20)	00:02:23	2:23:43 (22)	00:03:00	1:17:49 (19)
20	70	Will Crudgington	GB	MPRO	20	04:11:47	00:25:35 (28)	00:02:25	2:21:19 (21)	00:02:32	1:19:55 (20)
21	71	Timo Shaffeld	DE	MPRO	21	04:12:19	00:26:32 (52)	00:02:23	2:26:01 (37)	00:02:14	1:15:09 (21)
22	33	Thomas Davis	GB	MPRO	22	04:12:35	00:23:21 (11)	00:02:40	2:26:08 (29)	00:02:24	1:18:03 (22)
23	297	Nick Thijs	BE	M25-29	1	04:14:02	00:26:06 (41)	00:03:05	2:24:28 (32)	00:02:46	1:17:35 (23)
24	45	Domenico Passuello	IT	MPRO	23	04:14:21	00:27:23 (65)	00:03:00	2:21:11 (26)	00:03:13	1:19:35 (24)
25	765	Anthony Roux	FR	M35-39	1	04:14:26	00:31:01 (170)	00:03:57	2:13:47 (20)	00:03:06	1:22:35 (25)
26	568	Luca Frohling	DE	M18-24	1	04:15:15	00:28:29 (80)	00:04:41	2:23:54 (42)	00:02:58	1:15:14 (26)
27	179	Lucas Miserole	FR	M25-29	2	04:16:05	00:26:13 (47)	00:03:05	2:23:25 (31)	00:03:01	1:20:20 (27)
28	1	Anne Haug	DE	FPRO	1	04:16:47	00:26:03 (36)	00:02:35	2:29:00 (45)	00:02:41	1:16:28 (28)
29	36	Andreas Dreitz	DE	MPRO	24	04:17:00	00:25:35 (29)	00:03:13	2:26:30 (41)	00:03:13	1:18:28 (29)
30	649	Timmo Jeret	EE	M30-34	1	04:17:30	00:30:08 (132)	00:03:37	2:20:11 (33)	00:03:08	1:20:25 (30)
31	51	Julen Diez	ES	MPRO	25	04:18:03	00:27:19 (61)	00:02:53	2:24:58 (39)	00:02:43	1:20:10 (31)
32	65	Kevin Vabaorg	EE	MPRO	26	04:18:09	00:24:11 (15)	00:02:51	2:23:53 (23)	00:02:23	1:24:51 (32)
33	63	Reece Barclay	GB	MPRO	27	04:18:33	00:23:02 (7)	00:03:01	2:27:54 (34)	00:02:35	1:22:00 (33)
34	28	Simon Viain	FR	MPRO	28	04:18:34	00:23:01 (6)	00:02:31	2:21:49 (14)	00:02:19	1:28:54 (34)
35	59	Amaury Dehez	FR	MPRO	29	04:19:06	00:28:01 (74)	00:03:18	2:23:46 (38)	00:03:38	1:20:25 (35)
36	676	Ludovic Roussel	FR	M30-34	2	04:19:20	00:26:34 (53)	00:03:14	2:22:21 (30)	00:02:41	1:24:29 (36)
37	62	Michiel De Wilde	NL	MPRO	30	04:19:22	00:27:20 (63)	00:02:56	2:24:27 (35)	00:02:46	1:21:52 (37)
38	575	Jamie Bedwell	GB	M25-29	3	04:19:39	00:24:49 (25)	00:02:58	2:27:02 (36)	00:03:49	1:21:01 (38)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
39	64	Alessandro Degasperi	IT	MPRO	31	04:20:12	00:24:39 (22)	00:02:46	2:31:12 (51)	00:03:02	1:18:33 (39)
40	68	Sam Proctor	GB	MPRO	32	04:21:06	00:24:35 (19)	00:02:35	2:24:17 (25)	00:02:53	1:26:46 (40)
41	293	Robin Hermann	CH	M25-29	4	04:21:42	00:27:30 (69)	00:03:05	2:21:22 (27)	00:02:50	1:26:54 (41)
42	304	George Martindale	GB	M30-34	3	04:23:04	00:30:35 (155)	00:03:35	2:24:23 (48)	00:03:10	1:21:21 (42)
43	73	Mateo Reddy	CH	MPRO	33	04:23:40	00:29:46 (114)	00:02:38	2:26:20 (52)	00:02:38	1:22:18 (43)
44	538	Ivor Feunekes	NL	M18-24	2	04:23:41	00:26:06 (42)	00:03:18	2:28:13 (44)	00:03:33	1:22:31 (44)
45	66	Joakim Gartmark	SE	MPRO	34	04:24:55	00:27:29 (67)	00:03:02	2:31:13 (57)	00:03:18	1:19:54 (45)
46	702	Wouter Wippert	NL	M30-34	4	04:25:24	00:28:37 (87)	00:02:58	2:20:32 (28)	00:02:50	1:30:28 (46)
47	103	Levin Veale	GB	M25-29	5	04:26:19	00:24:59 (27)	00:03:19	2:22:58 (24)	00:02:33	1:32:30 (47)
48	182	Cameron Craik	GB	M25-29	6	04:26:29	00:28:36 (86)	00:02:52	2:29:42 (55)	00:02:32	1:22:47 (48)
49	742	Joona Tuikka	FI	M35-39	2	04:26:53	00:26:05 (38)	00:03:48	2:28:42 (50)	00:03:04	1:25:15 (49)
50	554	Albert Redolad Canalda	ES	M18-24	3	04:28:08	00:26:25 (49)	00:03:03	2:30:50 (54)	00:02:43	1:25:07 (50)
51	3	India Lee	GB	FPRO	2	04:28:38	00:26:03 (35)	00:02:34	2:30:40 (53)	00:02:38	1:26:43 (51)
52	181	Julen Azkue Erauskin	ES	M25-29	7	04:30:07	00:26:05 (37)	00:02:56	2:28:04 (43)	00:02:34	1:30:29 (52)
53	67	Mika Eggink	CA	MPRO	35	04:31:05	00:23:03 (8)	00:02:42	2:29:30 (40)	00:02:25	1:33:24 (53)
54	940	Tero Setola	FI	M40-44	1	04:31:10	00:27:30 (68)	00:03:15	2:27:50 (49)	00:03:25	1:29:10 (54)
55	188	Steven Eyckmans	BE	M30-34	5	04:31:14	00:28:22 (78)	00:03:23	2:32:14 (64)	00:02:46	1:24:29 (55)
56	48	Robby Webster	US	MPRO	36	04:31:49	00:27:08 (57)	00:03:21	2:32:08 (61)	00:02:56	1:26:16 (56)
57	204	Mark Tomlinson	GB	M35-39	3	04:32:15	00:29:22 (100)	00:02:55	2:34:58 (76)	00:02:45	1:22:16 (57)
58	175	Mitch Wismans	NL	M18-24	4	04:33:03	00:28:36 (85)	00:03:29	2:29:26 (56)	00:03:05	1:28:27 (58)
59	123	Tom Ward	GB	M45-49	1	04:33:32	00:26:07 (44)	00:03:00	2:32:58 (59)	00:03:07	1:28:19 (59)
60	176	Alexander Cunningham	GB	M18-24	5	04:34:17	00:26:07 (43)	00:03:06	2:29:00 (47)	00:03:38	1:32:26 (60)
61	822	Simone Ferraro	IT	M35-39	4	04:34:54	00:27:36 (70)	00:03:33	2:32:39 (63)	00:03:08	1:27:58 (61)
62	200	Davide Viale	IT	M35-39	5	04:35:06	00:31:05 (179)	00:03:23	2:31:34 (69)	00:03:20	1:25:43 (62)
63	356	Fernando Marian De Diego	ES	M45-49	2	04:35:14	00:24:57 (26)	00:03:19	2:33:33 (58)	00:03:35	1:29:50 (63)
64	102	Thomas Champigny	FR	M25-29	8	04:35:40	00:31:05 (178)	00:04:24	2:29:03 (65)	00:02:48	1:28:20 (64)
65	563	C?sar Vera De Le?n	ES	M18-24	6	04:36:06	00:25:51 (33)	00:03:39	2:37:03 (72)	00:03:00	1:26:34 (65)
66	767	Andr? Costa	PT	M35-39	6	04:36:11	00:25:45 (32)	00:03:49	2:38:52 (80)	00:02:35	1:25:11 (66)
67	6	Elisabetta Curridori	IT	FPRO	3	04:36:42	00:28:34 (84)	00:02:38	2:35:05 (71)	00:02:47	1:27:37 (67)
68	30	Pamphiel Pareyn	BE	MPRO	37	04:37:29	00:23:20 (9)	00:02:35	2:37:49 (62)	00:03:24	1:30:21 (68)
69	12	Kate Curran	GB	FPRO	4	04:37:39	00:26:00 (34)	00:02:37	2:39:52 (81)	00:02:41	1:26:29 (69)
70	713	Adrian Dorta Avila	ES	M30-34	6	04:37:43	00:30:27 (149)	00:03:27	2:34:59 (85)	00:02:47	1:26:03 (70)
71	208	Daniel Lanigan	GB	M40-44	2	04:37:59	00:31:01 (171)	00:03:31	2:31:20 (68)	00:03:06	1:29:01 (71)
72	190	Michael Bruton	IE	M30-34	7	04:39:02	00:29:14 (98)	00:03:15	2:43:52 (119)	00:02:57	1:19:44 (72)
73	323	Pablo Cueto Gomez	ES	M35-39	7	04:39:08	00:29:53 (118)	00:04:00	2:38:17 (98)	00:03:43	1:23:16 (73)
74	105	Amaury Auguin	FR	M30-34	8	04:39:16	00:29:36 (110)	00:03:49	2:35:10 (82)	00:02:48	1:27:54 (74)
75	110	Jaap Koetsier	NL	M35-39	8	04:39:20	00:31:27 (196)	00:03:49	2:34:47 (88)	00:03:08	1:26:08 (75)
76	1036	Declan Doyle	IE	M50-54	1	04:39:34	00:31:04 (176)	00:04:56	2:30:57 (74)	00:03:24	1:29:13 (76)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
77	865	Tatu Koistinen	FI	M40-44	3	04:39:37	00:32:15 (240)	00:04:56	2:31:38 (84)	00:02:50	1:27:58 (77)
78	177	Tommaso Luzzati	IT	M18-24	7	04:40:54	00:28:42 (88)	00:03:28	2:39:57 (97)	00:03:34	1:25:13 (78)
79	308	Jose Miguel Vela Pulido	ES	M30-34	9	04:41:02	00:27:28 (66)	00:03:29	2:36:32 (77)	00:03:37	1:29:55 (79)
80	9	Anna Noguera Raja	ES	FPRO	5	04:41:06	00:27:03 (56)	00:02:56	2:42:04 (95)	00:03:09	1:25:55 (80)
81	4	Lydia Dant	GB	FPRO	6	04:41:11	00:29:55 (122)	00:02:53	2:35:56 (83)	00:02:54	1:29:33 (81)
82	801	Steve Roy	FR	M35-39	9	04:41:58	00:26:08 (45)	00:03:19	2:40:08 (87)	00:03:26	1:28:58 (82)
83	692	Thomas Percy	GB	M30-34	10	04:43:19	00:36:53 (532)	00:04:30	2:33:36 (116)	00:04:05	1:24:15 (83)
84	174	Ted Ward	GB	M18-24	8	04:43:25	00:24:42 (24)	00:03:11	2:39:06 (75)	00:04:00	1:32:26 (84)
85	117	Kamil Duplicki	PL	M40-44	4	04:43:37	00:32:52 (281)	00:03:29	2:38:16 (113)	00:02:35	1:26:25 (85)
86	127	Roman Lacko	GB	M45-49	3	04:43:51	00:31:55 (219)	00:03:44	2:28:59 (66)	00:03:18	1:35:55 (86)
87	235	Dean Kirkham	GB	M50-54	2	04:44:54	00:32:20 (244)	00:03:40	2:37:08 (102)	00:03:02	1:28:45 (87)
88	196	Andreas Schenker	CH	M35-39	10	04:45:21	00:31:56 (222)	00:03:51	2:31:49 (78)	00:04:05	1:33:41 (88)
89	23	Rebecca Anderbury	GB	FPRO	7	04:45:24	00:31:18 (186)	00:03:14	2:36:42 (92)	00:03:23	1:30:47 (89)
90	214	Dennis Schr?er	DE	M40-44	5	04:45:38	00:29:27 (105)	00:03:52	2:40:41 (108)	00:03:15	1:28:22 (90)
91	120	Conor Quinn	IE	M40-44	6	04:45:41	00:30:19 (141)	00:03:20	2:36:26 (89)	00:03:17	1:32:18 (91)
92	16	Astrid Van Cauwelaert	BE	FPRO	8	04:45:51	00:27:13 (60)	00:02:46	2:46:24 (120)	00:03:12	1:26:16 (92)
93	24	Morier Emilie	FR	FPRO	9	04:46:20	00:28:34 (82)	00:02:57	2:37:29 (86)	00:02:53	1:34:27 (93)
94	149	Christophe Jouffret	FR	M55-59	1	04:46:22	00:27:41 (71)	00:03:07	2:36:53 (79)	00:03:00	1:35:41 (94)
95	665	Yahir Amilcar Quiroga Taborda	VE	M30-34	11	04:46:29	00:38:24 (626)	00:04:33	2:34:02 (128)	00:02:47	1:26:43 (95)
96	332	Andrea Masciarelli	IT	M40-44	7	04:47:01	00:33:14 (302)	00:05:18	2:35:15 (105)	00:03:07	1:30:07 (96)
97	121	Michal Sroka	PL	M45-49	4	04:47:10	00:32:29 (258)	00:04:29	2:39:59 (126)	00:02:56	1:27:17 (97)
98	540	Tom Guillamin	FR	M18-24	9	04:47:13	00:24:28 (17)	00:03:40	2:36:38 (67)	00:03:05	1:39:21 (98)
99	734	Javier Serrano Mayoral	ES	M30-34	12	04:47:24	00:30:31 (151)	00:04:24	2:42:20 (129)	00:02:55	1:27:15 (99)
100	191	Jorge Madera Falc?n	ES	M30-34	13	04:47:25	00:29:38 (111)	00:03:57	2:45:28 (142)	00:02:52	1:25:28 (100)
101	330	Javier Lopez Valcenciano	ES	M40-44	8	04:47:46	00:30:27 (148)	00:04:00	2:43:17 (132)	00:02:38	1:27:24 (101)
102	14	Danielle Fauteux	CA	FPRO	10	04:48:02	00:30:29 (150)	00:03:01	2:40:43 (109)	00:02:34	1:31:15 (102)
103	193	Maxime Scholtes	FR	M30-34	14	04:48:20	00:29:42 (113)	00:03:42	2:41:36 (117)	00:03:01	1:30:19 (103)
104	298	Anthony Haynes	GB	M25-29	9	04:48:21	00:26:06 (40)	00:03:09	2:28:58 (46)	00:03:44	1:46:25 (104)
105	184	Ian Mayes	GB	M25-29	10	04:48:55	00:32:31 (259)	00:03:31	2:35:59 (94)	00:02:52	1:34:01 (105)
106	5	Alexandra Tondeur	BE	FPRO	11	04:49:16	00:30:20 (143)	00:02:44	2:41:12 (110)	00:03:16	1:31:44 (106)
107	314	Jos? Fern?ndez Maestre	ES	M35-39	11	04:49:28	00:35:57 (469)	00:05:09	2:41:59 (180)	00:03:34	1:22:49 (107)
108	133	Steve Williams	GB	M50-54	3	04:49:35	00:32:06 (233)	00:03:12	2:42:50 (134)	00:03:13	1:28:14 (108)
109	116	Sergii Malchyk	UA	M40-44	9	04:49:50	00:37:16 (556)	00:03:41	2:32:11 (103)	00:03:46	1:32:57 (109)
110	788	Orion Osiris Devriendt	BE	M35-39	12	04:50:30	00:32:24 (251)	00:03:47	2:46:21 (174)	00:02:44	1:25:15 (110)
111	589	Alex Rodr?guez Tynninen	SE	M25-29	11	04:50:44	00:29:21 (99)	00:04:24	2:39:36 (104)	00:03:56	1:33:26 (111)
112	884	Jacobo P?rez Hern?ndez	ES	M40-44	10	04:50:55	00:30:11 (136)	00:04:27	2:45:47 (159)	00:03:14	1:27:16 (112)
113	115	Aldo Zraggen	CH	M40-44	11	04:51:02	00:31:02 (174)	00:03:08	2:37:02 (91)	00:03:22	1:36:27 (113)
114	902	Diego Ribao Rodriguez	ES	M40-44	12	04:51:04	00:32:59 (288)	00:02:58	2:46:11 (168)	00:03:35	1:25:20 (114)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
115	1039	Paul James	GB	M50-54	4	04:51:39	00:31:42 (207)	00:04:54	2:35:29 (96)	00:04:06	1:35:27 (115)
116	101	Stefan Hales	GB	M25-29	12	04:51:56	00:28:44 (90)	00:04:04	2:41:00 (106)	00:02:52	1:35:16 (116)
117	331	Damien Suray	BE	M40-44	13	04:52:14	00:31:05 (180)	00:03:49	2:37:16 (99)	00:04:22	1:35:42 (117)
118	634	Thomas Kneller	GB	M25-29	13	04:52:29	00:26:54 (55)	00:03:50	2:42:03 (101)	00:03:07	1:36:34 (118)
119	594	Antoine Guilloux	FR	M25-29	14	04:53:01	00:26:17 (48)	00:04:55	2:41:14 (100)	00:03:58	1:36:37 (119)
120	918	Sergio Mar?n Broto	ES	M40-44	14	04:53:08	00:31:12 (183)	00:07:14	2:46:19 (192)	00:03:26	1:24:57 (120)
121	124	Philipp Strolz	AT	M45-49	5	04:53:25	00:31:30 (200)	00:03:41	2:38:41 (107)	00:03:17	1:36:16 (121)
122	908	Ronan Goimard	FR	M40-44	15	04:53:34	00:35:50 (464)	00:04:32	2:44:43 (195)	00:02:47	1:25:42 (122)
123	583	Alvaro Menendez	ES	M25-29	15	04:53:39	00:32:24 (252)	00:06:00	2:41:22 (151)	00:03:45	1:30:09 (123)
124	327	Florian Baetke	DE	M40-44	16	04:53:52	00:30:01 (126)	00:03:52	2:40:43 (112)	00:03:30	1:35:45 (124)
125	246	Miguel Cabrera Fdez	ES	M50-54	5	04:53:57	00:35:32 (445)	00:04:45	2:34:35 (114)	00:04:34	1:34:31 (125)
126	19	Laura Madsen	DK	FPRO	12	04:54:11	00:29:05 (94)	00:03:09	2:38:57 (90)	00:02:46	1:40:15 (126)
127	416	Abigail Bedwell	GB	F18-24	1	04:54:22	00:26:27 (50)	00:03:34	2:46:55 (125)	00:03:35	1:33:51 (127)
128	623	Sebastian Bodilly	GB	M25-29	16	04:54:33	00:29:13 (97)	00:03:29	2:43:42 (121)	00:03:27	1:34:42 (128)
129	471	Marie Hielscher	DE	F35-39	1	04:54:45	00:29:08 (96)	00:03:59	2:45:49 (139)	00:03:37	1:32:13 (129)
130	427	Maisa Tuliniemi	FI	F25-29	1	04:55:07	00:28:18 (77)	00:03:09	2:47:33 (141)	00:02:37	1:33:30 (130)
131	21	Liesbeth Verbiest	BE	FPRO	13	04:55:08	00:30:50 (163)	00:03:55	2:45:09 (152)	00:02:55	1:32:19 (131)
132	963	Pep De La Mora Costas	ES	M45-49	6	04:55:09	00:27:59 (73)	00:03:40	2:49:22 (161)	00:04:23	1:29:45 (132)
133	296	Barale Nans	FR	M25-29	17	04:55:15	00:24:31 (18)	00:02:53	2:35:08 (60)	00:02:59	1:49:44 (133)
134	126	Yan Payen	FR	M45-49	7	04:55:19	00:36:10 (483)	00:04:10	2:43:02 (182)	00:03:51	1:28:06 (134)
135	135	Alain Schutjes	BE	M50-54	6	04:55:35	00:31:18 (188)	00:05:36	2:39:34 (122)	00:04:07	1:35:00 (135)
136	144	Franck G?rard	FR	M50-54	7	04:55:41	00:34:06 (349)	00:03:47	2:38:55 (123)	00:02:50	1:36:04 (136)
137	352	Aleksandr Gavrilov	IT	M45-49	8	04:55:56	00:32:33 (261)	00:03:23	2:44:09 (155)	00:03:15	1:32:36 (137)
138	821	David Morales Acuna	ES	M35-39	13	04:56:19	00:29:54 (119)	00:04:27	2:50:07 (188)	00:04:08	1:27:42 (138)
139	760	K?vin Pires	FR	M35-39	14	04:56:28	00:39:18 (675)	00:05:22	2:33:01 (131)	00:05:00	1:33:47 (139)
140	576	Johannes Claudio Bambas	DE	M25-29	18	04:57:04	00:33:40 (324)	00:06:02	2:48:24 (229)	00:04:31	1:24:26 (140)
141	658	Ayose Tejera Martin	ES	M30-34	15	04:57:06	00:32:16 (241)	00:03:37	2:43:20 (145)	00:03:07	1:34:46 (141)
142	615	Marco Antonio Quevedo Galindo	ES	M25-29	19	04:57:19	00:29:59 (124)	00:03:46	2:45:08 (137)	00:03:53	1:34:34 (142)
143	626	James Wilkinson	GB	M25-29	20	04:57:34	00:34:31 (374)	00:05:33	2:45:10 (198)	00:03:34	1:28:45 (143)
144	362	David Toro	ES	M50-54	8	04:57:40	00:34:04 (344)	00:03:29	2:47:44 (199)	00:03:22	1:29:01 (144)
145	729	Borja Nu?ez De Aysa	ES	M30-34	16	04:57:45	00:31:30 (199)	00:04:28	2:46:16 (169)	00:03:21	1:32:10 (145)
146	187	Antoine Geyer	FR	M30-34	17	04:57:55	00:32:37 (264)	00:03:51	2:30:25 (73)	00:03:32	1:47:29 (146)
147	732	Koen Tyteca	BE	M30-34	18	04:58:14	00:35:22 (431)	00:05:47	2:34:41 (118)	00:04:22	1:38:01 (147)
148	697	Jack Skelton	GB	M30-34	19	04:58:14	00:31:30 (198)	00:03:13	2:42:48 (130)	00:02:59	1:37:44 (148)
149	8	Jeanne Collonge	FR	FPRO	14	04:58:15	00:29:49 (115)	00:03:02	2:47:36 (160)	00:03:01	1:34:48 (149)
150	11	Lina-Kristin Schink	DE	FPRO	15	04:58:17	00:31:59 (225)	00:03:34	2:43:50 (146)	00:02:37	1:36:17 (150)
151	321	Marco Viappiani	IT	M35-39	15	04:58:31	00:31:16 (185)	00:04:09	2:50:04 (203)	00:03:15	1:29:48 (151)
152	895	Niklas Herold	DE	M40-44	17	04:58:33	00:32:11 (234)	00:03:49	2:43:08 (143)	00:03:45	1:35:40 (152)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
153	550	Marin Lerche	FR	M18-24	10	04:58:33	00:33:12 (301)	00:06:08	2:46:47 (206)	00:03:52	1:28:34 (153)
154	808	Bernhard Eggenschwiler	CH	M35-39	16	04:58:49	00:36:55 (533)	00:08:22	2:44:10 (241)	00:04:18	1:25:05 (154)
155	109	Daniel Erd?lyi	HU	M35-39	17	04:58:52	00:29:54 (120)	00:03:04	2:49:31 (172)	00:04:02	1:32:20 (155)
156	131	Marcus Stigler	DE	M50-54	9	04:59:04	00:32:11 (236)	00:03:50	2:44:09 (157)	00:03:39	1:35:15 (156)
157	301	Jose Daniel Perdomo Morales	ES	M25-29	21	04:59:10	00:30:26 (146)	00:03:38	2:42:44 (124)	00:03:19	1:39:03 (157)
158	566	Rens De Ridder	NL	M18-24	11	04:59:51	00:30:25 (145)	00:05:08	2:43:21 (138)	00:03:40	1:37:17 (158)
159	111	Zeus Lopez Perez	ES	M35-39	18	04:59:53	00:29:51 (116)	00:04:21	2:43:54 (133)	00:03:01	1:38:46 (159)
160	646	Andrew Van Lierde	BE	M30-34	20	05:00:08	00:26:13 (46)	00:03:50	2:52:45 (176)	00:03:51	1:33:29 (160)
161	213	Joseba Arana Escalada	ES	M40-44	18	05:00:42	00:30:01 (125)	00:03:43	2:45:27 (144)	00:03:43	1:37:49 (161)
162	841	Ivan Capone	IT	M40-44	19	05:00:43	00:30:43 (160)	00:03:17	2:48:15 (170)	00:03:06	1:35:23 (162)
163	22	Maja Inderm?hle	CH	FPRO	16	05:00:44	00:30:43 (159)	00:03:38	2:45:40 (154)	00:03:27	1:37:16 (163)
164	1000	Roland Wysser	CH	M45-49	9	05:00:53	00:32:25 (254)	00:04:47	2:47:14 (187)	00:03:48	1:32:39 (164)
165	708	Knut Vyvey	BE	M30-34	21	05:01:01	00:30:07 (131)	00:04:57	2:46:52 (165)	00:03:40	1:35:25 (165)
166	727	Raul Saseta Tomas	ES	M30-34	22	05:01:08	00:31:53 (217)	00:03:20	2:51:39 (209)	00:03:00	1:31:16 (166)
167	773	Ben Marsters	GB	M35-39	19	05:01:23	00:27:08 (58)	00:03:18	2:49:17 (150)	00:02:41	1:38:58 (167)
168	205	David Mulqueen	IE	M35-39	20	05:01:28	00:32:47 (273)	00:03:31	2:45:41 (167)	00:03:45	1:35:44 (168)
169	128	Paolo La Placa	IT	M45-49	10	05:02:01	00:33:14 (304)	00:04:16	2:50:21 (222)	00:03:24	1:30:46 (169)
170	870	Sebastian Krasnodebski	PL	M40-44	20	05:02:02	00:34:56 (403)	00:04:39	2:43:17 (178)	00:03:29	1:35:41 (170)
171	345	Alessandro Martelluzzi	IT	M45-49	11	05:02:24	00:33:00 (290)	00:03:40	2:50:50 (218)	00:02:39	1:32:15 (171)
172	598	Donal Mongey	IE	M25-29	22	05:02:28	00:34:10 (352)	00:04:53	2:51:42 (257)	00:03:25	1:28:17 (172)
173	147	Mathieu Aguerre	FR	M55-59	2	05:02:48	00:32:02 (228)	00:05:16	2:50:37 (224)	00:03:18	1:31:36 (173)
174	201	Silvio Gambacci	IT	M35-39	21	05:02:57	00:28:58 (93)	00:04:32	2:51:00 (189)	00:03:10	1:35:16 (174)
175	197	Ruslan Yasynetskyi	UA	M35-39	22	05:03:22	00:35:02 (409)	00:05:02	2:48:01 (228)	00:03:38	1:31:38 (175)
176	233	Ben Price	GB	M45-49	12	05:03:37	00:30:06 (130)	00:03:14	2:46:39 (153)	00:03:23	1:40:15 (176)
177	18	Heleen Moes	NL	FPRO	17	05:03:42	00:30:38 (156)	00:02:55	2:45:25 (140)	00:02:44	1:42:01 (177)
178	299	Patrick Nielsen	DK	M25-29	23	05:03:47	00:28:43 (89)	00:03:49	2:39:27 (93)	00:04:57	1:46:51 (178)
179	211	Daniel Kruger	ZA	M40-44	21	05:03:52	00:35:10 (414)	00:05:56	2:46:54 (227)	00:03:49	1:32:03 (179)
180	340	Jaime Nicolas Alemany	ES	M40-44	22	05:03:53	00:31:56 (221)	00:03:57	2:47:00 (179)	00:04:48	1:36:13 (180)
181	344	Ian Kelly	GB	M45-49	13	05:04:02	00:34:01 (341)	00:04:43	2:48:11 (211)	00:03:54	1:33:14 (181)
182	394	Eric Ridez	FR	M55-59	3	05:04:07	00:30:39 (158)	00:03:30	2:49:47 (184)	00:03:25	1:36:45 (182)
183	784	Daniel Klinkhammer	DE	M35-39	23	05:04:12	00:35:31 (443)	00:04:29	2:48:29 (232)	00:04:20	1:31:23 (183)
184	242	David Exposito Mu?oz	ES	M50-54	10	05:04:17	00:35:49 (463)	00:03:55	2:49:49 (243)	00:03:34	1:31:10 (184)
185	428	Silvia Toscas Frade	ES	F25-29	2	05:04:24	00:33:34 (315)	00:04:40	2:45:56 (185)	00:03:48	1:36:26 (185)
186	17	Fabia Maramotti	IT	FPRO	18	05:04:25	00:26:05 (39)	00:03:16	2:45:05 (111)	00:03:12	1:46:46 (186)
187	309	Fredrik Lilkaer	SE	M30-34	23	05:04:44	00:36:31 (503)	00:05:34	2:37:23 (147)	00:04:05	1:41:12 (187)
188	430	Elizaveta Ivanova	ZZ	F25-29	3	05:04:48	00:30:05 (129)	00:04:12	2:48:17 (175)	00:02:58	1:39:15 (188)
189	809	benjamin frossard	FR	M35-39	24	05:04:49	00:30:52 (164)	00:03:58	2:43:31 (135)	00:02:37	1:43:50 (189)
190	203	Thomas Schmittner	AT	M35-39	25	05:04:49	00:28:26 (79)	00:04:17	2:52:11 (193)	00:03:52	1:36:03 (190)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
191	564	Alvaro Perez-Maura	ES	M18-24	12	05:04:53	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (191)
192	772	Josymar Navarro P?rez	ES	M35-39	26	05:04:55	00:37:16 (557)	00:04:21	2:51:08 (274)	00:03:07	1:29:03 (192)
193	409	Jason Lamb	GB	M45-49	14	05:05:28	00:32:32 (260)	00:05:29	2:43:57 (166)	00:03:20	1:40:11 (193)
194	202	Thomas Valtl	DE	M35-39	27	05:05:35	00:37:00 (538)	00:04:28	2:50:23 (268)	00:03:08	1:30:36 (194)
195	370	Christian Dembowski	DE	M50-54	11	05:05:46	00:33:02 (291)	00:03:51	2:42:38 (148)	00:04:14	1:42:00 (195)
196	180	Anders Muren	ZZ	M25-29	24	05:06:03	00:34:55 (400)	00:04:47	2:45:42 (200)	00:02:58	1:37:41 (196)
197	254	Olivier Maddens	FR	M55-59	4	05:06:04	00:32:59 (289)	00:03:32	2:43:39 (158)	00:03:34	1:42:19 (197)
198	221	Darren Dalton	GB	M40-44	23	05:06:16	00:35:44 (460)	00:04:24	2:40:59 (162)	00:03:40	1:41:29 (198)
199	219	Stuart New	GB	M40-44	24	05:06:18	00:32:20 (245)	00:04:14	2:52:30 (237)	00:02:54	1:34:21 (199)
200	349	Orazio Bonavida	IT	M45-49	15	05:06:20	00:31:03 (175)	00:03:56	2:50:57 (205)	00:03:46	1:36:37 (200)
201	230	Moises Gutierrez Gonzalez	ES	M45-49	16	05:06:20	00:32:22 (246)	00:04:34	2:48:30 (201)	00:03:45	1:37:09 (201)
202	699	Simone Riccobelli	IT	M30-34	24	05:06:25	00:37:29 (569)	00:04:10	2:51:53 (281)	00:03:28	1:29:25 (202)
203	84	Michelle Van Deventer	GB	F40-44	1	05:06:50	00:34:05 (346)	00:04:07	2:46:49 (194)	00:03:12	1:38:37 (203)
204	706	Tomas Peluffo	AR	M30-34	25	05:06:50	00:34:04 (343)	00:05:41	2:47:00 (208)	00:03:20	1:36:45 (204)
205	560	Carlos Monreal Vela	ES	M18-24	13	05:06:58	00:29:07 (95)	00:03:54	2:41:54 (115)	00:03:06	1:48:56 (205)
206	227	Andy De Roover	BE	M45-49	17	05:07:14	00:39:47 (704)	00:04:18	2:43:52 (225)	00:03:18	1:35:59 (206)
207	306	Philipp Gr?nig	CH	M30-34	26	05:07:41	00:32:56 (285)	00:03:31	2:45:27 (164)	00:05:29	1:40:18 (207)
208	82	Caterina Mariani	CH	F25-29	4	05:07:45	00:38:13 (612)	00:03:18	2:44:09 (204)	00:03:12	1:38:52 (208)
209	295	Guillermo Manzanares Entrena	ES	M25-29	25	05:07:46	00:35:45 (461)	00:06:03	2:55:03 (325)	00:04:24	1:26:31 (209)
210	223	Thomas Mettler	CH	M45-49	18	05:07:54	00:31:34 (206)	00:05:48	2:51:33 (236)	00:03:58	1:35:01 (210)
211	138	Filippo Sensoli	IT	M50-54	12	05:07:57	00:34:53 (395)	00:04:51	2:45:25 (196)	00:03:04	1:39:44 (211)
212	108	Tanguy Grandjean	BE	M30-34	27	05:08:14	00:31:27 (195)	00:05:10	2:42:07 (136)	00:03:46	1:45:45 (212)
213	353	Sergey Lisnevskiy	MT	M45-49	19	05:08:26	00:31:21 (191)	00:03:42	2:52:51 (223)	00:03:40	1:36:52 (213)
214	644	Aitami Santiago Hern?ndez Delgado	ES	M30-34	28	05:08:34	00:31:23 (192)	00:03:50	2:49:27 (190)	00:02:50	1:41:05 (214)
215	850	Brian Mont-Roig Carme	ES	M40-44	25	05:08:40	00:26:51 (54)	00:04:17	2:53:36 (191)	00:04:37	1:39:19 (215)
216	185	Pierre Simon	FR	M25-29	26	05:08:46	00:33:43 (326)	00:04:15	2:50:53 (235)	00:03:59	1:35:57 (216)
217	689	Wouter Wouters	BE	M30-34	29	05:09:01	00:31:42 (209)	00:04:47	2:53:06 (245)	00:04:31	1:34:57 (217)
218	653	Marin Rouleau	FR	M30-34	30	05:09:57	00:30:33 (154)	00:03:59	2:53:02 (220)	00:04:10	1:38:11 (218)
219	143	S?bastien Grani?	FR	M50-54	13	05:09:58	00:35:02 (410)	00:06:10	2:45:52 (216)	00:04:34	1:38:20 (219)
220	333	Marc-Andr? Th?riaault	CA	M40-44	26	05:10:14	00:35:43 (459)	00:04:22	2:55:33 (306)	00:02:40	1:31:56 (220)
221	1142	Frank Wiedenh?fer	DE	M55-59	5	05:10:28	00:28:56 (92)	00:03:48	2:47:23 (156)	00:02:15	1:48:06 (221)
222	762	Anthony James	GB	M35-39	28	05:10:34	00:36:08 (481)	00:04:45	2:50:22 (263)	00:05:08	1:34:13 (222)
223	819	C?dric Hainaut	BE	M35-39	29	05:10:46	00:30:15 (138)	00:03:56	2:48:17 (171)	00:04:11	1:44:07 (223)
224	319	Andreas Wendl	DE	M35-39	30	05:10:52	00:29:32 (107)	00:04:17	2:55:45 (244)	00:04:26	1:36:51 (224)
225	1044	Jaime Abalos Garcia	ES	M50-54	14	05:10:52	00:29:41 (112)	00:04:43	2:49:47 (186)	00:03:13	1:43:28 (225)
226	106	Pablo Marcos Pazos	ES	M30-34	31	05:11:16	00:29:35 (109)	00:03:21	2:33:15 (70)	00:03:50	2:01:15 (226)
227	1021	Stephan Leuendorff	DE	M50-54	15	05:11:29	00:38:25 (628)	00:06:00	2:49:20 (282)	00:04:38	1:33:05 (227)
228	722	Thomas Doidy	FR	M30-34	32	05:11:59	00:30:09 (133)	00:04:34	2:59:39 (293)	00:04:19	1:33:19 (228)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
229	155	Janina Saarnio	FI	F30-34	1	05:12:05	00:29:33 (108)	00:03:20	2:55:06 (226)	00:03:51	1:40:15 (229)
230	114	Tomasz Bialek	PL	M35-39	31	05:12:06	00:34:06 (348)	00:04:30	2:43:55 (173)	00:03:55	1:45:40 (230)
231	757	Denis Dzyadukh	UA	M35-39	32	05:12:34	00:33:06 (295)	00:04:27	2:50:55 (231)	00:04:01	1:40:05 (231)
232	694	Adrien Gu?vel	FR	M30-34	33	05:12:40	00:37:20 (559)	00:04:13	2:56:16 (335)	00:03:37	1:31:15 (232)
233	618	Rodrigo N??ez De Aysa	ES	M25-29	27	05:12:58	00:32:54 (284)	00:04:54	2:50:58 (234)	00:03:46	1:40:26 (233)
234	929	Miguel Alvarez Leal	ES	M40-44	27	05:13:03	00:31:47 (212)	00:05:18	2:57:43 (298)	00:05:04	1:33:11 (234)
235	896	Vincent Dussart	BE	M40-44	28	05:13:04	00:30:26 (147)	00:06:18	2:40:15 (127)	00:04:53	1:51:13 (235)
236	83	Laura Heinonen	FI	F35-39	2	05:13:12	00:32:04 (230)	00:03:18	2:51:35 (213)	00:04:01	1:42:14 (236)
237	140	Chris Wild	GB	M50-54	16	05:13:24	00:32:11 (235)	00:03:52	2:55:43 (267)	00:03:09	1:38:28 (237)
238	247	Vinny Veness	GB	M50-54	17	05:13:24	00:30:01 (127)	00:05:58	2:51:04 (215)	00:06:43	1:39:37 (238)
239	961	Patrick Fiori	FR	M45-49	20	05:13:25	00:31:59 (224)	00:04:32	2:51:19 (221)	00:05:08	1:40:26 (239)
240	320	Patrick Searle	GB	M35-39	33	05:13:56	00:31:18 (187)	00:03:37	2:54:20 (240)	00:03:42	1:40:59 (240)
241	588	Daniel Guerra Luis	ES	M25-29	28	05:14:01	00:29:26 (104)	00:04:42	2:51:01 (197)	00:02:29	1:46:23 (241)
242	447	Rosali Reindl	DE	F30-34	2	05:14:07	00:32:54 (283)	00:03:32	2:58:58 (304)	00:03:32	1:35:12 (242)
243	86	Anna-Kaisa Pietilainen	FI	F40-44	2	05:14:10	00:31:04 (177)	00:03:39	2:55:56 (256)	00:04:01	1:39:30 (243)
244	632	Cain Christoforou	GB	M25-29	29	05:14:28	00:34:39 (385)	00:05:07	2:58:11 (337)	00:04:03	1:32:28 (244)
245	857	Lorenzo Luttmann	IT	M40-44	29	05:14:33	00:32:48 (275)	00:05:09	2:48:57 (210)	00:03:02	1:44:37 (245)
246	599	Finn Fitzgerald	IE	M25-29	30	05:14:34	00:34:04 (345)	00:04:43	2:51:10 (251)	00:03:46	1:40:51 (246)
247	273	Matsupko Nataliia	UA	F35-39	3	05:14:36	00:28:10 (75)	00:03:21	2:58:24 (250)	00:03:20	1:41:21 (247)
248	351	Anton Iurkovskiy	UA	M45-49	21	05:14:45	00:34:40 (386)	00:03:31	2:48:50 (214)	00:03:07	1:44:37 (248)
249	379	Sergio Hernandez Benitez	ES	M50-54	18	05:14:51	00:33:40 (325)	00:04:57	2:54:18 (275)	00:03:25	1:38:31 (249)
250	677	Lewis Bonar	GB	M30-34	34	05:15:06	00:34:08 (351)	00:04:16	2:59:33 (338)	00:04:29	1:32:40 (250)
251	198	Michelangelo Biondi	IT	M35-39	34	05:15:15	00:27:22 (64)	00:04:19	2:51:10 (177)	00:04:13	1:48:12 (251)
252	417	Elizabeth Bulkeley-Bye	GB	F18-24	2	05:15:20	00:30:09 (134)	00:03:40	2:49:51 (183)	00:03:06	1:48:35 (252)
253	186	Jamie Smith	GB	M25-29	31	05:15:25	00:41:00 (774)	00:05:15	2:47:30 (283)	00:03:45	1:37:55 (253)
254	726	Frederic De Winter	BE	M30-34	35	05:15:33	00:31:32 (202)	00:06:23	2:52:20 (253)	00:05:06	1:40:12 (254)
255	681	Simon Liddle	GB	M30-34	36	05:15:37	00:27:43 (72)	00:03:45	3:02:28 (287)	00:03:44	1:37:57 (255)
256	132	Jocelyn Pare	CA	M50-54	19	05:15:45	00:32:36 (262)	00:04:36	2:57:30 (297)	00:03:04	1:37:59 (256)
257	633	Lukas Tvrz	CZ	M25-29	32	05:16:03	00:34:51 (394)	00:05:44	2:38:56 (149)	00:04:25	1:52:06 (257)
258	343	Alexander Funk	DE	M45-49	22	05:16:07	00:37:07 (547)	00:06:17	2:52:38 (317)	00:04:33	1:35:32 (258)
259	139	David Brown	GB	M50-54	20	05:16:22	00:32:00 (227)	00:03:47	2:51:09 (212)	00:04:33	1:44:53 (259)
260	81	Sophia Trenz	DE	F25-29	5	05:16:44	00:34:15 (358)	00:03:29	2:54:10 (269)	00:04:14	1:40:36 (260)
261	326	Jose Manuel Morales	ES	M40-44	30	05:17:01	00:33:54 (337)	00:04:21	3:00:48 (351)	00:03:25	1:34:32 (261)
262	1048	Alex Cario	ES	M50-54	21	05:17:05	00:34:39 (384)	00:05:09	2:45:39 (202)	00:06:17	1:45:21 (262)
263	232	Stephane Laine	FR	M45-49	23	05:17:12	00:32:13 (237)	00:03:56	2:57:14 (279)	00:03:42	1:40:06 (263)
264	346	Neil Reid	GB	M45-49	24	05:17:22	00:38:36 (641)	00:04:27	2:52:07 (302)	00:04:13	1:37:59 (264)
265	94	Linda Guinoiseau	FR	F50-54	1	05:17:37	00:33:07 (296)	00:04:01	3:02:38 (358)	00:03:57	1:33:54 (265)
266	913	David Juan Arbelo Curbelo	ES	M40-44	31	05:17:53	00:36:40 (516)	00:04:49	2:58:47 (366)	00:02:49	1:34:48 (266)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
267	1045	Elis Gassino	IT	M50-54	22	05:18:01	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	1:32:48 (267)
268	660	Daniel Nykvist Larsen	DK	M30-34	37	05:18:03	00:30:16 (139)	00:04:04	2:48:51 (181)	00:03:26	1:51:27 (268)
269	444	Victoria Bramley	GB	F30-34	3	05:18:06	00:29:57 (123)	00:03:37	3:00:27 (288)	00:03:06	1:40:59 (269)
270	322	Francis Mckinnon	CA	M35-39	35	05:18:15	00:34:58 (407)	00:04:35	2:58:16 (336)	00:03:27	1:36:59 (270)
271	670	Ignacio Gonz?lez-Cela Mateo	ES	M30-34	38	05:18:30	00:34:02 (342)	00:04:11	2:59:02 (329)	00:02:55	1:38:21 (271)
272	539	Lucas Farga Hartmann	ES	M18-24	14	05:18:34	00:31:01 (172)	00:05:15	2:54:31 (258)	00:03:13	1:44:33 (272)
273	243	Luis Mirabal Socas	ES	M50-54	23	05:18:35	00:39:23 (682)	00:04:41	2:52:11 (319)	00:04:31	1:37:50 (273)
274	316	Christopher Buhagiar	MT	M35-39	36	05:18:41	00:33:45 (329)	00:06:04	2:59:19 (353)	00:06:25	1:33:08 (274)
275	675	Ronan Mellows	GB	M30-34	39	05:18:54	00:31:34 (204)	00:04:51	2:57:04 (280)	00:03:51	1:41:34 (275)
276	542	Jos? Manuel S?ez Ruiz	ES	M18-24	15	05:18:55	00:31:31 (201)	00:05:04	2:59:10 (310)	00:03:06	1:40:04 (276)
277	759	Andrii Klymenko	UA	M35-39	37	05:19:13	00:34:48 (390)	00:05:12	3:03:42 (392)	00:04:24	1:31:07 (277)
278	134	Richard Jefferies	GB	M50-54	24	05:19:19	00:31:55 (220)	00:04:36	2:58:29 (300)	00:04:00	1:40:20 (278)
279	183	J?r?me Yarro Nimpa	FR	M25-29	33	05:19:38	00:38:42 (645)	00:04:10	2:45:39 (233)	00:03:41	1:47:26 (279)
280	220	Ner Albiol Bernal	ES	M40-44	32	05:19:47	00:35:16 (421)	00:04:34	2:55:58 (313)	00:04:51	1:39:09 (280)
281	559	Lorenzo Bacheca	IT	M18-24	16	05:19:52	00:28:51 (91)	00:04:01	2:54:13 (217)	00:03:57	1:48:50 (281)
282	711	Daniel Dean	GB	M30-34	40	05:19:57	00:31:51 (216)	00:05:08	2:49:16 (207)	00:03:59	1:49:42 (282)
283	415	Emely Ravn	DK	F18-24	3	05:20:03	00:32:45 (271)	00:04:03	2:50:42 (219)	00:03:21	1:49:12 (283)
284	740	Salvatore Campisi	IT	M35-39	38	05:20:07	00:30:53 (165)	00:04:34	3:00:14 (307)	00:04:22	1:40:04 (284)
285	849	Alessandro Tagliapietra	IT	M40-44	33	05:20:21	00:30:03 (128)	00:05:25	2:57:35 (276)	00:03:46	1:43:32 (285)
286	825	Davide De Luca	IT	M35-39	39	05:20:23	00:32:43 (269)	00:03:53	2:54:31 (262)	00:04:13	1:45:03 (286)
287	337	Federico Dall'Olio	IT	M40-44	34	05:20:27	00:36:40 (515)	00:05:43	2:55:04 (330)	00:05:06	1:37:54 (287)
288	926	Miguel Guzm?n Hern?ndez Hern?ndez	ES	M40-44	35	05:20:34	00:35:30 (437)	00:07:14	3:04:19 (428)	00:04:27	1:29:05 (288)
289	639	Roberto Rojo Mart?nez	ES	M30-34	41	05:20:38	00:36:46 (525)	00:04:28	2:58:36 (360)	00:05:26	1:35:22 (289)
290	1147	Juergen Albrecht	DE	M55-59	6	05:20:49	00:30:38 (157)	00:04:17	2:56:35 (265)	00:02:31	1:46:48 (290)
291	856	Dale Tedder	GB	M40-44	36	05:20:50	00:33:06 (294)	00:04:42	2:53:55 (266)	00:03:42	1:45:26 (291)
292	999	Francisco Jesus Tomas Castellsague	ES	M45-49	25	05:20:58	00:29:26 (103)	00:05:09	3:10:44 (405)	00:04:50	1:30:49 (292)
293	207	Grigori Savustjan	FI	M40-44	37	05:21:24	00:36:06 (479)	00:04:01	3:00:01 (365)	00:04:19	1:36:57 (293)
294	753	Carlos Tomas De La Bethencourt	ES	M35-39	40	05:21:24	00:34:21 (365)	00:07:15	2:53:00 (296)	00:04:49	1:42:00 (294)
295	122	Cesar Borges Alvarez	ES	M45-49	26	05:21:30	00:31:49 (213)	00:04:20	3:01:48 (339)	00:04:21	1:39:11 (295)
296	119	David Hickey	IE	M40-44	38	05:21:41	00:32:22 (247)	00:03:33	2:53:46 (247)	00:03:55	1:48:06 (296)
297	607	Ben Milner	GB	M25-29	34	05:22:00	00:33:58 (339)	00:05:00	3:01:44 (372)	00:03:34	1:37:45 (297)
298	192	Tony Partington	GB	M30-34	42	05:22:02	00:38:07 (607)	00:05:30	2:50:53 (294)	00:06:16	1:41:15 (298)
299	236	Herve Willette	FR	M50-54	25	05:22:10	00:32:26 (255)	00:04:12	2:55:42 (272)	00:04:14	1:45:36 (299)
300	1137	Roger Biles	GB	M55-59	7	05:22:20	00:35:13 (418)	00:04:27	2:51:21 (259)	00:02:29	1:48:51 (300)
301	1011	Aleksandr Lazarev	UZ	M45-49	27	05:22:32	00:33:50 (333)	00:04:02	2:55:58 (286)	00:03:41	1:45:00 (301)
302	390	Massimo Luzzati	IT	M55-59	8	05:22:34	00:36:56 (534)	00:05:52	2:53:35 (320)	00:04:13	1:41:58 (302)
303	994	Stefano Donadio	IT	M45-49	28	05:22:47	00:38:02 (603)	00:05:21	3:02:39 (415)	00:03:20	1:33:25 (303)
304	241	Sylvain Prenel	FR	M50-54	26	05:23:10	00:36:44 (523)	00:03:42	2:49:20 (249)	00:04:23	1:49:01 (304)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
305	13	Camille Ang?le Deligny	FR	FPRO	19	05:23:12	00:37:28 (567)	00:04:49	2:56:40 (347)	00:04:02	1:40:14 (305)
306	1186	Stephan Pollert	DE	M60-64	1	05:23:16	00:33:19 (307)	00:03:44	2:52:39 (248)	00:02:21	1:51:13 (306)
307	1059	Massimo Beretta	IT	M50-54	27	05:23:24	00:33:09 (298)	00:05:02	2:55:34 (284)	00:04:18	1:45:21 (307)
308	953	Alejandro Reyes	ES	M45-49	29	05:23:41	00:37:03 (541)	00:05:45	3:06:48 (454)	00:03:28	1:30:37 (308)
309	873	Biel Serra Serra	ES	M40-44	39	05:23:43	00:33:39 (321)	00:06:06	2:58:00 (334)	00:04:31	1:41:27 (309)
310	1117	Ulrich Kraus	CH	M55-59	9	05:23:55	00:29:23 (102)	00:04:29	2:55:21 (239)	00:03:24	1:51:18 (310)
311	129	Oliver Klaus	CH	M50-54	28	05:23:59	00:32:45 (272)	00:03:56	2:53:29 (252)	00:03:13	1:50:36 (311)
312	1100	Massimo Testa	IT	M50-54	29	05:24:10	00:37:53 (590)	00:05:38	2:48:36 (271)	00:03:50	1:48:13 (312)
313	137	Ian Dickens	GB	M50-54	30	05:24:17	00:37:50 (588)	00:04:57	2:52:03 (299)	00:03:35	1:45:52 (313)
314	199	Kari Heinonen	FI	M35-39	41	05:24:19	00:35:39 (452)	00:03:40	2:55:00 (292)	00:03:26	1:46:34 (314)
315	1157	Tundo Tonino	CH	M55-59	10	05:24:31	00:31:50 (214)	00:06:41	3:00:32 (352)	00:02:37	1:42:51 (315)
316	876	?ngel Roberto Calero Apulema	EC	M40-44	40	05:24:58	00:34:57 (405)	00:05:14	3:06:30 (425)	00:05:01	1:33:15 (316)
317	252	Jacques Trottier	FR	M55-59	11	05:25:00	00:36:26 (496)	00:05:10	2:59:31 (373)	00:03:22	1:40:32 (317)
318	936	John Vaughan	IE	M40-44	41	05:25:15	00:32:51 (279)	00:05:25	2:59:15 (331)	00:04:38	1:43:07 (318)
319	1103	Christo Du Plessis	ZA	M50-54	31	05:25:35	00:34:12 (356)	00:05:19	2:57:19 (326)	00:05:29	1:43:15 (319)
320	189	Sam Holness	GB	M30-34	43	05:26:20	00:32:23 (248)	00:06:57	3:04:15 (390)	00:05:31	1:37:14 (320)
321	1116	Johan Pauwels	BE	M55-59	12	05:26:23	00:32:36 (263)	00:04:35	2:53:24 (254)	00:04:37	1:51:11 (321)
322	823	Nestor Melian Rodriguez	ES	M35-39	42	05:26:24	00:34:34 (376)	00:04:14	3:04:29 (388)	00:04:23	1:38:43 (322)
323	87	Verena Bruckner	DE	F40-44	3	05:26:29	00:28:33 (81)	00:03:43	3:04:35 (324)	00:04:19	1:45:20 (323)
324	892	Esteve Coll	ES	M40-44	42	05:27:04	00:35:52 (466)	00:04:26	3:02:32 (385)	00:05:35	1:38:40 (324)
325	148	Rick Phelan	US	M55-59	13	05:27:16	00:36:32 (505)	00:06:12	2:52:58 (308)	00:05:50	1:45:45 (325)
326	1009	Luis Alberto Artilles Campelo	ES	M45-49	30	05:27:20	00:32:04 (232)	00:04:17	3:02:14 (341)	00:03:49	1:44:56 (326)
327	274	Katrin Palsdottir	IS	F35-39	4	05:27:43	00:32:42 (268)	00:04:44	2:53:35 (260)	00:04:08	1:52:34 (327)
328	935	Leonard Clemens	AT	M40-44	43	05:27:44	00:32:45 (270)	00:04:30	3:04:37 (377)	00:03:33	1:42:21 (328)
329	764	Domas Karsokas	LT	M35-39	43	05:27:47	00:34:49 (392)	00:05:17	2:59:08 (355)	00:03:48	1:44:44 (329)
330	906	Peter Hickman	GB	M40-44	44	05:28:02	00:36:51 (529)	00:04:31	2:59:10 (370)	00:03:31	1:43:59 (330)
331	721	H?ctor Gordillo Rodr?guez	ES	M30-34	44	05:28:03	00:43:30 (866)	00:05:46	2:56:36 (411)	00:04:24	1:37:47 (331)
332	552	Christian Norring	DK	M18-24	17	05:28:24	00:38:00 (599)	00:06:14	2:55:13 (356)	00:07:13	1:41:43 (332)
333	303	John Harrison	GB	M30-34	45	05:28:29	00:33:15 (305)	00:05:12	2:54:51 (278)	00:04:25	1:50:45 (333)
334	347	Tom De Coster	BE	M45-49	31	05:28:34	00:36:03 (472)	00:05:42	2:51:22 (277)	00:04:27	1:51:01 (334)
335	843	Juan Jos? Del R?o Ortega	ES	M40-44	45	05:28:37	00:32:50 (278)	00:05:35	3:10:18 (447)	00:04:19	1:35:34 (335)
336	418	Ana Martinez Alonso	ES	F25-29	6	05:28:46	00:34:21 (366)	00:04:53	3:04:48 (396)	00:03:14	1:41:29 (336)
337	704	Georgy Karaoglanov	IL	M30-34	46	05:28:51	00:38:19 (617)	00:04:35	2:58:23 (374)	00:05:09	1:42:24 (337)
338	251	Fernando Aleman Moreno	ES	M50-54	32	05:28:59	00:32:14 (238)	00:04:16	3:05:00 (376)	00:05:45	1:41:43 (338)
339	974	?????? ???????	UA	M45-49	32	05:29:01	00:38:21 (621)	00:04:12	3:03:05 (408)	00:05:14	1:38:09 (339)
340	209	Damian O'Hagan	IE	M40-44	46	05:29:10	00:35:31 (444)	00:07:06	2:56:02 (342)	00:04:39	1:45:51 (340)
341	561	Zens Kempnaers	BE	M18-24	18	05:29:17	00:34:55 (402)	00:05:54	2:54:31 (303)	00:05:12	1:48:44 (341)
342	157	Estelle Molas	FR	F30-34	4	05:29:34	00:30:58 (168)	00:04:02	3:04:55 (361)	00:04:15	1:45:25 (342)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
343	225	Matthieu Guillon	FR	M45-49	33	05:29:41	00:32:49 (276)	00:03:37	3:03:34 (362)	00:04:46	1:44:55 (343)
344	374	Loic Pimont	FR	M50-54	33	05:29:49	00:34:24 (370)	00:03:59	2:51:07 (242)	00:03:48	1:56:30 (344)
345	756	Tomas Miguel Navarro	ES	M35-39	44	05:29:52	00:36:12 (486)	00:06:54	3:01:53 (404)	00:04:16	1:40:38 (345)
346	376	Giuseppe Zuddas	DE	M50-54	34	05:30:01	00:31:13 (184)	00:04:30	2:58:05 (285)	00:04:35	1:51:39 (346)
347	662	Laurence Bolton	GB	M30-34	47	05:30:02	00:34:20 (363)	00:05:49	2:55:37 (311)	00:04:14	1:50:02 (347)
348	1171	Norbert Weinreich	DE	M55-59	14	05:30:02	00:30:11 (135)	00:05:03	2:55:24 (255)	00:02:31	1:56:53 (348)
349	871	David Abrio G?mez	ES	M40-44	47	05:30:26	00:38:29 (633)	00:06:34	3:00:26 (407)	00:05:54	1:39:03 (349)
350	800	Boris Coriol	FR	M35-39	45	05:30:35	00:33:59 (340)	00:05:28	2:56:35 (316)	00:05:18	1:49:16 (350)
351	1125	Jon Leonard	GB	M55-59	15	05:30:54	00:36:46 (524)	00:05:22	3:00:27 (383)	00:05:30	1:42:50 (351)
352	608	Thibault Bourgeois	BE	M25-29	35	05:30:59	00:35:51 (465)	00:07:35	2:51:59 (305)	00:04:33	1:51:01 (352)
353	898	Fergal Sargent	IE	M40-44	48	05:31:09	00:40:34 (749)	00:05:32	2:53:08 (354)	00:04:29	1:47:26 (353)
354	954	Jos? Luis Oca?a Ortega	ES	M45-49	34	05:31:11	00:31:34 (203)	00:04:18	2:55:11 (261)	00:04:29	1:55:39 (354)
355	541	Ra?l Berm?dez Plasencia	ES	M18-24	19	05:31:15	00:33:54 (338)	00:03:56	3:07:55 (409)	00:02:51	1:42:39 (355)
356	812	Richard Alford	GB	M35-39	46	05:31:22	00:35:34 (447)	00:04:36	3:05:36 (410)	00:03:48	1:41:48 (356)
357	1205	Alfi Caprez	CH	M65-69	1	05:31:24	00:30:19 (140)	00:04:09	2:54:39 (238)	00:02:40	1:59:38 (357)
358	1023	Joshua Kane	US	M50-54	35	05:31:28	00:34:32 (375)	00:04:13	3:01:44 (369)	00:03:56	1:47:03 (358)
359	920	Romain Reggiori	FR	M40-44	49	05:31:32	00:33:28 (311)	00:05:41	3:03:10 (380)	00:04:09	1:45:04 (359)
360	142	Hank Mees	BE	M50-54	36	05:31:41	00:38:28 (632)	00:05:01	3:00:20 (394)	00:04:05	1:43:46 (360)
361	385	Stefan Glaser	DE	M50-54	37	05:31:47	00:35:10 (415)	00:03:32	3:00:12 (345)	00:03:28	1:49:25 (361)
362	166	Sarah L?pine	FR	F45-49	1	05:31:57	00:35:04 (411)	00:04:26	3:06:25 (413)	00:03:47	1:42:16 (362)
363	619	Armel Negret	FR	M25-29	36	05:32:11	00:34:26 (371)	00:04:04	3:04:16 (384)	00:03:26	1:46:00 (363)
364	88	Emanuela Venturelli	IT	F40-44	4	05:32:29	00:33:07 (297)	00:05:20	3:03:32 (379)	00:03:37	1:46:53 (364)
365	372	Oliver Wagner	DE	M50-54	38	05:32:37	00:35:32 (446)	00:04:46	2:55:26 (309)	00:05:17	1:51:36 (365)
366	377	Craig Peter	GB	M50-54	39	05:32:42	00:41:54 (817)	00:06:26	2:49:11 (332)	00:04:00	1:51:11 (366)
367	751	R?mi Eug?ne	FR	M35-39	47	05:32:49	00:40:21 (736)	00:05:15	3:02:17 (439)	00:05:02	1:39:55 (367)
368	395	Michel Lagrave	FR	M55-59	16	05:32:52	00:33:34 (318)	00:06:46	2:53:57 (291)	00:04:54	1:53:39 (368)
369	680	Fernando Garc?a Cabrera	ES	M30-34	48	05:32:52	00:32:00 (226)	00:04:34	3:04:43 (375)	00:05:25	1:46:10 (369)
370	617	Adam Howarth	GB	M25-29	37	05:32:59	00:37:11 (552)	00:06:06	3:10:24 (502)	00:03:58	1:35:20 (370)
371	401	Stefan Fischer	DE	M60-64	2	05:33:25	00:38:37 (643)	00:05:15	3:04:34 (444)	00:04:24	1:40:35 (371)
372	125	Ricardo Aguilar Laudo	ES	M45-49	35	05:33:26	00:34:10 (353)	00:06:09	2:59:16 (357)	00:06:34	1:47:17 (372)
373	217	Ghislain Revillard	FR	M40-44	50	05:33:32	00:36:35 (509)	00:04:29	2:54:51 (315)	00:03:52	1:53:44 (373)
374	224	Mario Muscat	MT	M45-49	36	05:33:38	00:34:35 (377)	00:03:16	3:08:31 (421)	00:03:25	1:43:51 (374)
375	259	Peter Lloyd	GB	M55-59	17	05:33:43	00:37:27 (565)	00:04:43	2:52:25 (295)	00:05:09	1:53:59 (375)
376	248	Shaun Paddison	GB	M50-54	40	05:33:52	00:34:54 (399)	00:04:15	2:59:09 (340)	00:04:29	1:51:04 (376)
377	685	Alvaro Moraga	ES	M30-34	49	05:33:55	00:30:55 (167)	00:03:39	3:04:14 (343)	00:03:58	1:51:09 (377)
378	89	Taru Schroderus	FI	F45-49	2	05:34:00	00:37:26 (563)	00:04:32	3:02:49 (401)	00:04:07	1:45:06 (378)
379	972	Ben Russell	GB	M45-49	37	05:34:02	00:33:50 (334)	00:04:33	2:57:29 (314)	00:03:23	1:54:46 (379)
380	360	Alex Hajszan	AT	M45-49	38	05:34:05	00:35:38 (451)	00:04:34	2:48:02 (230)	00:04:03	2:01:47 (380)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
381	990	Kasper Markussen	DK	M45-49	39	05:34:11	00:32:59 (287)	00:05:07	2:57:41 (312)	00:04:30	1:53:55 (381)
382	603	Alexandre Le Boulch	FR	M25-29	38	05:34:31	00:29:55 (121)	00:04:00	3:00:10 (290)	00:04:21	1:56:04 (382)
383	364	Graeme Kidd	IE	M50-54	41	05:34:34	00:41:52 (815)	00:05:48	2:59:41 (432)	00:05:25	1:41:48 (383)
384	718	Andrew Potter	GB	M30-34	50	05:34:53	00:34:35 (378)	00:07:11	3:02:03 (393)	00:06:14	1:44:50 (384)
385	195	Julien Gagnot	FR	M35-39	48	05:35:16	00:34:50 (393)	00:04:29	3:00:31 (359)	00:04:08	1:51:20 (385)
386	359	Istvan Ilyes	DK	M45-49	40	05:35:18	00:36:04 (474)	00:03:49	2:59:04 (349)	00:04:02	1:52:18 (386)
387	544	Endika Pradera Touzani	ES	M18-24	20	05:35:20	00:28:16 (76)	00:05:04	3:10:19 (391)	00:04:56	1:46:46 (387)
388	830	Giacomo Grasselli	IT	M35-39	49	05:35:34	00:32:23 (249)	00:04:59	3:08:03 (406)	00:03:47	1:46:21 (388)
389	728	Tom?? G?bri?	SK	M30-34	51	05:35:40	00:32:39 (265)	00:05:35	3:03:39 (378)	00:04:50	1:48:58 (389)
390	371	Alexey Zubkov	ES	M50-54	42	05:35:44	00:37:03 (543)	00:06:31	3:01:00 (398)	00:05:17	1:45:52 (390)
391	93	Laura Pederzoli	IT	F50-54	2	05:35:50	00:36:19 (491)	00:06:55	3:07:13 (466)	00:04:03	1:41:20 (391)
392	158	Svenya M?ller	DE	F30-34	5	05:35:50	00:39:40 (699)	00:03:41	3:06:49 (460)	00:03:19	1:42:21 (392)
393	817	Riccardo Composto	GB	M35-39	50	05:35:54	00:30:53 (166)	00:04:00	3:17:09 (484)	00:03:27	1:40:24 (393)
394	962	Conor Coleman	IE	M45-49	41	05:35:59	00:34:08 (350)	00:04:58	3:01:16 (367)	00:05:25	1:50:14 (394)
395	663	Liam Giggins	IE	M30-34	52	05:36:08	00:35:17 (424)	00:05:00	3:13:03 (498)	00:03:29	1:39:18 (395)
396	593	Miguel Vidal Hern?ndez	ES	M25-29	39	05:36:10	00:35:17 (425)	00:05:57	3:05:04 (418)	00:04:41	1:45:11 (396)
397	881	Craig Scott	GB	M40-44	51	05:36:18	00:36:52 (531)	00:04:47	3:03:03 (399)	00:05:02	1:46:35 (397)
398	397	Adrian Santonastaso	CH	M55-59	18	05:36:26	00:31:24 (194)	00:03:35	2:46:53 (163)	00:04:20	2:10:13 (398)
399	924	Alex Nicholl	GB	M40-44	52	05:36:38	00:34:45 (389)	00:06:16	2:51:01 (270)	00:04:11	2:00:24 (399)
400	286	Elly Verhoeven	BE	F50-54	3	05:36:56	00:37:50 (586)	00:05:15	3:04:10 (431)	00:04:06	1:45:35 (400)
401	557	Pedro Monteiro	PT	M18-24	21	05:37:04	00:31:02 (173)	00:03:31	3:12:51 (434)	00:03:08	1:46:31 (401)
402	266	Tanguy Dadon	FR	M60-64	3	05:37:07	00:38:32 (636)	00:04:11	3:04:01 (426)	00:03:18	1:47:06 (402)
403	311	William Cuss	GB	M30-34	53	05:37:16	00:36:27 (497)	00:05:28	2:57:05 (350)	00:03:48	1:54:29 (403)
404	458	Wenda Zuiddam	NL	F35-39	5	05:37:20	00:33:45 (327)	00:04:15	2:56:03 (289)	00:03:53	1:59:24 (404)
405	277	Ana Bel?n Sendin Diego	ES	F40-44	5	05:37:27	00:36:07 (480)	00:03:23	3:06:47 (417)	00:03:44	1:47:26 (405)
406	253	Cristiano Grilli	IT	M55-59	19	05:37:28	00:31:07 (181)	00:04:01	3:11:11 (419)	00:04:12	1:46:57 (406)
407	548	Matthew Holliday	GB	M18-24	22	05:37:36	00:29:28 (106)	00:04:12	2:55:57 (246)	00:04:31	2:03:28 (407)
408	574	Javier Tavio Luzardo	ES	M25-29	40	05:37:52	00:35:27 (435)	00:05:32	3:14:35 (522)	00:03:13	1:39:06 (408)
409	154	Emilie Bonnet	FR	F25-29	7	05:37:57	00:33:10 (299)	00:04:28	3:14:30 (488)	00:04:15	1:41:34 (409)
410	946	Nicolas Lafosse	FR	M45-49	42	05:38:10	00:40:56 (767)	00:07:30	2:58:58 (435)	00:07:53	1:42:53 (410)
411	717	Justin Hintze	AT	M30-34	54	05:38:11	00:38:07 (606)	00:06:24	3:01:36 (416)	00:03:46	1:48:19 (411)
412	264	Jean-Luc Franchi	FR	M60-64	4	05:38:22	00:34:20 (364)	00:04:26	2:57:42 (322)	00:06:13	1:55:40 (412)
413	829	Wannes Vandenberghe	BE	M35-39	51	05:38:51	00:37:57 (596)	00:08:35	3:02:59 (453)	00:03:30	1:45:51 (413)
414	441	Mikita Rahachou	ZZ	M30-34	55	05:39:03	00:37:54 (592)	00:05:33	3:08:14 (478)	00:03:56	1:43:27 (414)
415	1155	Markus Hecker	DE	M55-59	20	05:39:07	00:34:15 (359)	00:05:30	2:55:19 (301)	00:02:33	2:01:30 (415)
416	738	Jonny Wilson	GB	M35-39	52	05:39:13	00:34:30 (372)	00:07:19	3:12:14 (505)	00:04:34	1:40:36 (416)
417	1098	Domingo Coutinho	FR	M50-54	43	05:39:16	00:35:37 (450)	00:05:42	3:06:59 (442)	00:06:20	1:44:38 (417)
418	365	Werner Aschauer	AT	M50-54	44	05:39:36	00:33:49 (332)	00:04:39	2:52:51 (264)	00:04:19	2:03:58 (418)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
419	307	Jack Alford	GB	M30-34	56	05:39:40	00:33:04 (293)	00:04:54	2:58:27 (321)	00:04:54	1:58:21 (419)
420	375	David Sanglas Punti	ES	M50-54	45	05:39:56	00:33:31 (314)	00:05:56	3:13:31 (494)	00:04:22	1:42:35 (420)
421	894	Aaron Mesa Morales	ES	M40-44	53	05:40:01	00:39:07 (670)	00:06:51	3:03:41 (455)	00:05:20	1:45:03 (421)
422	1015	Igor Mandusic	HR	M45-49	43	05:40:21	00:35:41 (455)	00:04:05	2:52:35 (273)	00:05:46	2:02:14 (422)
423	950	Ovidio Iglesias Llarena	ES	M45-49	44	05:40:24	00:36:16 (488)	00:04:37	3:11:36 (490)	00:04:09	1:43:46 (423)
424	218	Jaime Arias Santos	ES	M40-44	54	05:40:49	00:37:02 (540)	00:04:05	3:07:08 (441)	00:03:45	1:48:50 (424)
425	866	Daniel Margetts	GB	M40-44	55	05:40:50	00:34:11 (355)	00:07:12	3:06:42 (440)	00:05:31	1:47:14 (425)
426	853	Andrea Pancani	IT	M40-44	56	05:40:51	00:33:47 (331)	00:06:59	3:07:58 (448)	00:04:37	1:47:31 (426)
427	887	Daniel Wilms	DE	M40-44	57	05:41:36	00:40:31 (743)	00:05:57	2:53:34 (364)	00:05:43	1:55:50 (427)
428	216	Sebastian Beer	DE	M40-44	58	05:41:54	00:37:01 (539)	00:05:52	2:54:19 (328)	00:05:13	1:59:28 (428)
429	799	Fabien Bonavial	FR	M35-39	53	05:42:05	00:37:13 (553)	00:05:16	3:02:25 (402)	00:03:31	1:53:40 (429)
430	413	Lene Heimdal	ZZ	F18-24	4	05:42:24	00:37:34 (574)	00:06:54	3:05:30 (457)	00:06:47	1:45:38 (430)
431	194	Sam Kearley	GB	M30-34	57	05:42:28	00:35:11 (417)	00:04:32	3:12:10 (480)	00:03:25	1:47:10 (431)
432	1178	Paul Algieri	GB	M60-64	5	05:42:30	00:31:51 (215)	00:07:17	2:57:05 (318)	00:02:53	2:03:23 (432)
433	1122	Alejandro Bello C?rdenes	ES	M55-59	21	05:42:32	00:33:14 (303)	00:05:40	3:15:31 (509)	00:06:09	1:41:58 (433)
434	945	Renaud Adam	FR	M45-49	45	05:42:34	00:30:20 (144)	00:06:06	3:15:42 (487)	00:06:12	1:44:14 (434)
435	684	Matias Schaefer	AR	M30-34	58	05:42:56	00:34:56 (404)	00:09:50	2:54:09 (346)	00:07:14	1:56:47 (435)
436	790	Brendon Parry	GB	M35-39	54	05:43:10	00:37:14 (554)	00:05:22	3:08:03 (469)	00:04:28	1:48:03 (436)
437	145	Paulo De Assis	PT	M50-54	46	05:43:11	00:36:05 (476)	00:05:02	2:58:54 (363)	00:04:39	1:58:31 (437)
438	85	Marta Sroka	PL	F40-44	6	05:43:14	00:40:56 (769)	00:05:14	3:02:46 (449)	00:04:26	1:49:51 (438)
439	383	R?gis Marchand	FR	M50-54	47	05:43:31	00:37:40 (578)	00:05:19	3:05:27 (443)	00:05:11	1:49:54 (439)
440	454	Antonia Luchini	AT	F35-39	6	05:43:35	00:35:24 (432)	00:04:21	3:19:48 (555)	00:03:54	1:40:07 (440)
441	672	Pierre-Antoine Garcia	FR	M30-34	59	05:43:40	00:36:38 (511)	00:06:18	2:54:43 (333)	00:04:59	2:01:01 (441)
442	91	Sonja Barth	DE	F45-49	3	05:44:02	00:36:44 (521)	00:03:47	3:02:47 (389)	00:04:01	1:56:43 (442)
443	275	Alison Schofield	GB	F40-44	7	05:44:13	00:34:31 (373)	00:04:09	3:07:44 (422)	00:04:30	1:53:19 (443)
444	368	Trpimir Vrdoljak	HR	M50-54	48	05:44:29	00:40:17 (734)	00:05:17	3:04:33 (459)	00:03:47	1:50:34 (444)
445	983	Jaime Moreno Galvan	ES	M45-49	46	05:44:31	00:38:35 (640)	00:04:32	3:16:57 (562)	00:04:22	1:40:04 (445)
446	462	Sabrina Plontasch	DE	F35-39	7	05:44:42	00:36:50 (526)	00:04:30	3:10:10 (475)	00:04:24	1:48:48 (446)
447	342	Jos? Antonio P?rez Morales	ES	M45-49	47	05:44:42	00:43:00 (853)	00:06:39	3:12:04 (575)	00:03:51	1:39:08 (447)
448	643	Mario S?nchez Ugalde	ES	M30-34	60	05:44:52	00:30:48 (162)	00:05:10	3:01:03 (327)	00:04:04	2:03:47 (448)
449	1119	Andreas Walser	CH	M55-59	22	05:44:53	00:31:23 (193)	00:05:17	3:05:53 (382)	00:05:20	1:57:00 (449)
450	930	Sergio Vidal Mulero	ES	M40-44	59	05:44:54	00:43:01 (854)	00:04:26	3:11:21 (551)	00:04:52	1:41:14 (450)
451	156	Laura Mart?nez Bucardo	ES	F30-34	6	05:45:34	00:31:55 (218)	00:03:53	3:16:12 (482)	00:03:54	1:49:40 (451)
452	720	Marc-Andre Vachon	CA	M30-34	61	05:45:42	00:31:28 (197)	00:04:45	3:17:59 (507)	00:05:17	1:46:13 (452)
453	807	Alvaro De La Cruz Fernandez	ES	M35-39	55	05:45:48	00:36:05 (475)	00:08:30	3:05:50 (465)	00:04:25	1:50:58 (453)
454	386	Richard Hudson	GB	M55-59	23	05:45:55	00:40:11 (724)	00:05:46	2:57:17 (387)	00:04:20	1:58:21 (454)
455	591	Godert De Zoeten	NL	M25-29	41	05:46:00	00:40:47 (759)	00:05:36	3:08:47 (517)	00:04:22	1:46:28 (455)
456	479	N?ria Terradellas	ES	F40-44	8	05:46:02	00:35:19 (427)	00:05:00	3:15:42 (527)	00:04:12	1:45:49 (456)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
457	270	Marine Carpentier	FR	F30-34	7	05:46:05	00:38:02 (602)	00:04:40	3:12:46 (520)	00:04:28	1:46:09 (457)
458	358	Stan Ehrlich	DE	M45-49	48	05:46:05	00:39:03 (665)	00:10:42	3:00:49 (467)	00:08:25	1:47:05 (458)
459	357	Michael Auer	AT	M45-49	49	05:46:33	00:34:20 (362)	00:04:44	2:57:30 (323)	00:05:44	2:04:15 (459)
460	625	Geronimo Farres	ES	M25-29	42	05:47:05	00:35:20 (428)	00:05:54	3:01:09 (381)	00:04:41	2:00:01 (460)
461	1185	Marc Emde	DE	M60-64	6	05:47:12	00:41:29 (798)	00:08:04	3:00:46 (463)	00:04:05	1:52:49 (461)
462	228	Andrea Camporesi	IT	M45-49	50	05:47:17	00:42:48 (848)	00:05:06	3:03:47 (479)	00:04:24	1:51:12 (462)
463	414	Adriana Mestres Lopez	ES	F18-24	5	05:47:19	00:32:15 (239)	00:03:28	3:22:23 (542)	00:02:47	1:46:26 (463)
464	769	Mark Gannon	IE	M35-39	56	05:47:25	00:42:35 (840)	00:06:39	3:15:17 (604)	00:05:34	1:37:19 (464)
465	592	Marcel Jurtz	DE	M25-29	43	05:47:34	00:39:52 (709)	00:06:21	3:17:23 (597)	00:03:39	1:40:19 (465)
466	350	Flaviu Cioara	RO	M45-49	51	05:47:38	00:42:47 (847)	00:08:46	2:57:34 (452)	00:03:31	1:55:00 (466)
467	890	Alexander Hartwig	DE	M40-44	60	05:48:14	00:37:29 (568)	00:04:58	3:07:48 (462)	00:04:04	1:53:56 (467)
468	1129	Thomas Traub	DE	M55-59	24	05:48:14	00:32:28 (256)	00:05:53	3:04:35 (386)	00:04:22	2:00:55 (468)
469	1019	Matthias Jarr	DE	M45-49	52	05:48:22	00:34:38 (381)	00:04:31	3:15:35 (510)	00:04:09	1:49:31 (469)
470	537	Andre Albrecht	DE	M18-24	23	05:48:39	00:33:18 (306)	00:06:47	3:05:48 (412)	00:03:56	1:58:50 (470)
471	612	Paul-Arthur Delahaye	FR	M25-29	44	05:48:56	00:39:30 (687)	00:04:59	3:03:02 (436)	00:05:10	1:56:15 (471)
472	1161	Jose Vallis Santos	ES	M55-59	25	05:48:59	00:33:37 (320)	00:04:27	3:19:46 (538)	00:02:18	1:48:51 (472)
473	1190	Christian Dumas	FR	M60-64	7	05:49:04	00:36:14 (487)	00:05:30	3:13:34 (519)	00:03:09	1:50:37 (473)
474	412	Kiara De Backer	BE	F18-24	6	05:49:17	00:31:44 (211)	00:03:56	3:11:53 (437)	00:03:15	1:58:28 (474)
475	747	Juan Antonio Martel Mujica	ES	M35-39	57	05:49:23	00:36:58 (536)	00:05:29	3:14:25 (528)	00:07:21	1:45:10 (475)
476	468	Emma Cooke	GB	F35-39	8	05:49:26	00:34:58 (408)	00:05:15	3:09:45 (456)	00:05:53	1:53:35 (476)
477	355	Paul Caines	GB	M45-49	53	05:49:40	00:39:38 (696)	00:06:16	3:01:15 (430)	00:04:34	1:57:56 (477)
478	334	Christophe Paulin	FR	M40-44	61	05:49:41	00:38:16 (614)	00:05:13	3:11:34 (516)	00:03:35	1:51:03 (478)
479	783	Eduardo Napoli	IT	M35-39	58	05:49:43	00:35:17 (423)	00:07:21	3:22:50 (610)	00:05:55	1:38:20 (479)
480	1088	xavier bloem	FR	M50-54	49	05:49:56	00:34:22 (367)	00:04:39	3:13:59 (495)	00:03:39	1:53:16 (480)
481	489	Emily Taylor	GB	F45-49	4	05:49:56	00:37:45 (580)	00:05:44	3:19:35 (591)	00:03:48	1:43:04 (481)
482	628	Scott Barnes	GB	M25-29	45	05:50:26	00:36:27 (498)	00:05:57	3:09:04 (474)	00:05:05	1:53:53 (482)
483	1140	Henk Heemskerk	NL	M55-59	26	05:50:41	00:37:58 (598)	00:06:17	3:02:15 (423)	00:03:57	2:00:14 (483)
484	715	Daniel Mendez Rodriguez	ES	M30-34	62	05:50:43	00:34:40 (387)	00:06:08	3:10:42 (476)	00:04:45	1:54:27 (484)
485	970	David Epting	FR	M45-49	54	05:50:55	00:33:51 (335)	00:07:06	3:12:09 (496)	00:05:32	1:52:15 (485)
486	860	Leonardo Baroni	IT	M40-44	62	05:51:06	00:38:22 (623)	00:06:52	3:01:49 (429)	00:06:39	1:57:24 (486)
487	836	Dan Dawe	GB	M40-44	63	05:51:12	00:31:44 (210)	00:08:14	3:15:53 (523)	00:06:37	1:48:43 (487)
488	399	Ronan Le Boulch	FR	M55-59	27	05:51:29	00:30:32 (152)	00:04:50	3:03:35 (348)	00:04:25	2:08:07 (488)
489	317	Giacomo Marchetti	IT	M35-39	59	05:51:50	00:43:47 (873)	00:06:40	3:07:46 (544)	00:05:06	1:48:31 (489)
490	948	Salomon Villeret	FR	M45-49	55	05:51:56	00:35:30 (440)	00:05:40	3:05:25 (424)	00:04:30	2:00:50 (490)
491	669	Jandro Gramunt Farga	ES	M30-34	63	05:52:10	00:47:54 (947)	00:07:44	3:10:56 (623)	00:04:34	1:41:01 (491)
492	899	Jose Francisco Bolaños Perez	ES	M40-44	64	05:52:24	00:37:52 (589)	00:05:10	3:14:50 (539)	00:04:27	1:50:05 (492)
493	645	Carlos Ribes Flores	ES	M30-34	64	05:52:27	00:34:19 (361)	00:07:05	3:06:21 (438)	00:05:59	1:58:42 (493)
494	249	MICKAEL LECOMTE	FR	M50-54	50	05:52:27	00:42:28 (836)	00:05:26	3:10:50 (550)	00:03:54	1:49:49 (494)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
495	616	Jaime R?a Tavira	ES	M25-29	46	05:52:32	00:39:00 (659)	00:07:36	3:19:30 (614)	00:05:14	1:41:13 (495)
496	840	James White	GB	M40-44	65	05:52:37	00:32:42 (266)	00:06:30	3:15:51 (514)	00:04:34	1:53:00 (496)
497	1139	Nige (Paddy) Jones	GB	M55-59	28	05:52:43	00:38:36 (642)	00:04:48	3:14:02 (536)	00:03:48	1:51:28 (497)
498	956	Markus Keller	DE	M45-49	56	05:53:04	00:38:20 (618)	00:04:03	3:12:30 (511)	00:04:13	1:53:58 (498)
499	1073	Gualtiero Andreoli	IT	M50-54	51	05:53:32	00:35:21 (429)	00:05:41	3:09:11 (461)	00:05:00	1:58:19 (499)
500	1012	Vinsonneau David	FR	M45-49	57	05:53:41	00:41:04 (780)	00:06:16	3:04:53 (489)	00:04:21	1:57:05 (500)
501	912	Nigel Camilleri	MT	M40-44	66	05:53:53	00:38:44 (647)	00:05:59	3:13:36 (545)	00:05:21	1:50:13 (501)
502	388	Jean-Daniel Roch	LU	M55-59	29	05:54:07	00:41:31 (800)	00:05:53	3:08:05 (521)	00:05:16	1:53:22 (502)
503	367	Jean-Roch Gourdier	FR	M50-54	52	05:54:10	00:32:23 (250)	00:05:49	3:11:54 (458)	00:06:02	1:58:02 (503)
504	758	Mj Korthals	GB	M35-39	60	05:54:10	00:36:19 (492)	00:06:09	3:17:24 (558)	00:07:46	1:46:32 (504)
505	265	Ade Grimmond	GB	M60-64	8	05:54:20	00:31:10 (182)	00:04:18	3:08:41 (397)	00:04:10	2:05:59 (505)
506	329	Julio Cobos Boza	ES	M40-44	67	05:54:33	00:37:15 (555)	00:05:48	3:13:57 (529)	00:06:06	1:51:27 (506)
507	310	Michael Zielinski	GB	M30-34	65	05:54:41	00:35:10 (416)	00:05:10	3:05:40 (414)	00:04:49	2:03:52 (507)
508	1180	Chris Couquet	FR	M60-64	9	05:54:57	00:40:17 (732)	00:06:14	3:02:02 (445)	00:03:11	2:03:13 (508)
509	750		US	M35-39	61	05:55:03	00:40:57 (771)	00:09:17	3:09:57 (564)	00:05:07	1:49:45 (509)
510	952	Andrew Secker	NZ	M45-49	58	05:55:07	00:44:00 (883)	00:05:31	3:14:49 (602)	00:04:08	1:46:41 (510)
511	324	Tim Berg	DE	M35-39	62	05:55:26	00:39:24 (683)	00:04:36	3:06:22 (464)	00:05:54	1:59:11 (511)
512	300	Luca Fidanza	IT	M25-29	47	05:55:31	00:40:37 (753)	00:05:18	3:01:26 (433)	00:04:53	2:03:16 (512)
513	1070	Patrick Vagne	FR	M50-54	53	05:55:47	00:41:37 (804)	00:05:17	3:01:46 (446)	00:03:59	2:03:08 (513)
514	150	Rene Delbaere	BE	M65-69	2	05:56:13	00:32:51 (279)	00:04:11	3:15:40 (491)	00:04:53	1:58:38 (514)
515	1181	Steven Bamber	GB	M60-64	10	05:56:18	00:35:25 (433)	00:05:56	3:11:31 (493)	00:03:15	2:00:10 (515)
516	480	Michaela Melsa	DE	F40-44	9	05:56:29	00:35:34 (448)	00:05:19	3:11:11 (486)	00:04:01	2:00:23 (516)
517	804	Lorenzo Martin Barbera	ES	M35-39	63	05:56:30	00:34:36 (380)	00:06:25	3:21:16 (582)	00:05:23	1:48:50 (517)
518	380	Gary Miller	GB	M50-54	54	05:56:33	00:40:43 (756)	00:05:32	3:14:32 (568)	00:05:42	1:50:04 (518)
519	1090	James Curry	GB	M50-54	55	05:56:34	00:39:09 (671)	00:07:36	3:12:05 (552)	00:05:08	1:52:34 (519)
520	276	Debbie Bowen	GB	F40-44	10	05:56:55	00:30:20 (142)	00:06:21	3:15:22 (485)	00:05:55	1:58:57 (520)
521	151	Thierry Foulounoux	FR	M65-69	3	05:57:05	00:38:20 (619)	00:06:07	3:14:10 (549)	00:06:18	1:52:09 (521)
522	505	Sandra Zaugg	CH	F50-54	4	05:57:16	00:36:44 (520)	00:05:34	3:09:18 (477)	00:04:42	2:00:58 (522)
523	1112	Martin Conroy	GB	M50-54	56	05:57:31	00:34:15 (357)	00:07:00	3:03:40 (403)	00:03:53	2:08:43 (523)
524	889	Gonzalo S?nchez Mart?n-Moreno	ES	M40-44	68	05:57:37	00:33:12 (300)	00:05:16	3:18:44 (533)	00:05:29	1:54:56 (524)
525	683	Daniel Ellis	GB	M30-34	66	05:57:39	00:31:20 (190)	00:05:45	3:09:15 (420)	00:04:33	2:06:46 (525)
526	736	Michael Lieberherr	CH	M35-39	64	05:57:43	00:35:40 (454)	00:06:19	3:11:43 (501)	00:05:44	1:58:18 (526)
527	872	Acaymo Hern?ndez Naranjo	ES	M40-44	69	05:57:43	00:35:15 (420)	00:04:39	3:26:40 (622)	00:04:18	1:46:51 (527)
528	682	Adam Burk	GB	M30-34	67	05:58:15	00:39:35 (691)	00:08:54	3:25:22 (677)	00:08:16	1:36:08 (528)
529	1041	Prometeo P?rez Roca	ES	M50-54	57	05:58:16	00:31:42 (208)	00:05:22	3:11:57 (450)	00:05:46	2:03:29 (529)
530	481	Genevieve Jacques	CA	F40-44	11	05:58:18	00:35:17 (422)	00:04:53	3:27:33 (632)	00:04:24	1:46:12 (530)
531	422	Marine Fontes	FR	F25-29	8	05:58:24	00:38:38 (644)	00:04:48	3:17:07 (567)	00:03:18	1:54:34 (531)
532	510	Claire Forbes	JE	F50-54	5	05:58:41	00:30:59 (169)	00:05:25	3:24:00 (566)	00:05:19	1:52:58 (532)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
533	393	Stefan Berger	DE	M55-59	30	05:58:48	00:42:43 (845)	00:08:07	3:11:08 (578)	00:05:49	1:51:01 (533)
534	96	Stefanie Nowak	DE	F55-59	1	05:58:50	00:40:18 (735)	00:06:01	3:16:36 (590)	00:04:13	1:51:42 (534)
535	1092	Andrea Carpentari	IT	M50-54	58	05:58:53	00:52:55 (977)	00:06:47	2:56:15 (524)	00:05:43	1:57:13 (535)
536	263	Denis Genat	FR	M60-64	11	05:58:59	00:33:22 (309)	00:05:27	3:21:33 (565)	00:04:53	1:53:43 (536)
537	837	Mark Dunne	IE	M40-44	70	05:59:11	00:32:52 (282)	00:05:03	3:00:54 (344)	00:04:40	2:15:42 (537)
538	245	Massimiliano Rossetti	IT	M50-54	59	05:59:19	00:34:16 (360)	00:04:43	3:11:58 (470)	00:05:08	2:03:14 (538)
539	1010	Wilhelm Lohmann	DE	M45-49	59	05:59:27	00:42:18 (831)	00:07:04	2:55:21 (400)	00:06:55	2:07:48 (539)
540	363	Mickael Sandoz	FR	M50-54	60	05:59:43	00:42:22 (832)	00:06:49	3:17:00 (616)	00:05:12	1:48:19 (540)
541	469	Mairi Struthers	GB	F35-39	9	05:59:56	00:36:44 (522)	00:05:44	3:16:06 (548)	00:04:44	1:56:38 (541)
542	648	Leif Monument	GB	M30-34	68	06:00:00	00:36:36 (510)	00:07:17	3:19:24 (593)	00:07:06	1:49:37 (542)
543	433	Jodie Riley	GB	F30-34	8	06:00:19	00:31:19 (189)	00:05:04	3:18:00 (508)	00:03:32	2:02:25 (543)
544	517	Marion Birot	FR	F50-54	6	06:00:21	00:37:07 (546)	00:04:26	3:02:24 (395)	00:04:04	2:12:21 (544)
545	992	Marco Fanari	IT	M45-49	60	06:00:24	00:33:40 (322)	00:08:20	3:17:50 (556)	00:04:55	1:55:39 (545)
546	743	Luke Copestake	GB	M35-39	65	06:00:31	00:30:12 (137)	00:05:03	3:16:39 (481)	00:03:27	2:05:11 (546)
547	256	Fabio Camorani	IT	M55-59	31	06:01:08	00:36:12 (485)	00:08:07	3:07:42 (483)	00:07:15	2:01:53 (547)
548	1188	Jan Hellemons	BE	M60-64	12	06:01:25	00:41:54 (821)	00:06:34	3:04:21 (492)	00:02:44	2:05:52 (548)
549	882	Carlos Alberto Meana Martinez	ES	M40-44	71	06:01:32	00:28:34 (83)	00:04:20	3:07:33 (368)	00:04:29	2:16:36 (549)
550	97	Paula Robinson	GB	F55-59	2	06:01:53	00:39:57 (712)	00:05:15	3:16:56 (581)	00:04:22	1:55:24 (550)
551	978	Damiano Garbino	IT	M45-49	61	06:02:35	00:35:57 (470)	00:05:35	3:13:25 (512)	00:05:29	2:02:08 (551)
552	768	William Drew	GB	M35-39	66	06:02:52	00:37:34 (573)	00:05:50	3:19:58 (595)	00:04:58	1:54:32 (552)
553	1150	Jos? Antonio Quevedo Monedero	ES	M55-59	32	06:02:58	00:43:13 (860)	00:07:23	3:02:50 (499)	00:03:26	2:06:06 (553)
554	452	Christina Teague	GB	F35-39	10	06:03:03	00:39:57 (714)	00:07:45	3:03:22 (471)	00:05:25	2:06:34 (554)
555	206	Alex Ferrario	IT	M40-44	72	06:03:05	00:44:05 (885)	00:09:18	3:24:33 (717)	00:07:08	1:38:02 (555)
556	1096	Gialuigi Schiavi	IT	M50-54	61	06:03:06	00:36:09 (482)	00:05:33	3:14:17 (525)	00:04:07	2:03:00 (556)
557	92	Ines Sandbote	DE	F45-49	5	06:03:22	00:34:24 (369)	00:05:55	3:27:39 (634)	00:04:39	1:50:46 (557)
558	1193	Paul Godman	CA	M60-64	13	06:03:25	00:35:52 (467)	00:06:47	3:15:20 (540)	00:03:04	2:02:22 (558)
559	1034	Gary Miller	GB	M50-54	62	06:03:29	00:34:11 (354)	00:05:07	3:15:54 (518)	00:03:33	2:04:44 (559)
560	262	Jean-Christophe LEMAIRE	FR	M60-64	14	06:03:30	00:41:52 (816)	00:06:12	3:16:43 (606)	00:05:37	1:53:06 (560)
561	1055	Jorge Montesdeoca Santana	ES	M50-54	63	06:04:21	00:33:29 (312)	00:05:28	3:22:49 (576)	00:04:57	1:57:38 (561)
562	210	Grzegorz Stelmaszek	PL	M40-44	73	06:04:37	00:41:36 (803)	00:06:16	3:19:12 (627)	00:04:21	1:53:12 (562)
563	244	Mario Massarelli	IT	M50-54	64	06:04:49	00:37:09 (549)	00:06:18	3:26:10 (644)	00:04:44	1:50:29 (563)
564	1179	Marko Rajh	SI	M60-64	15	06:04:51	00:38:19 (616)	00:07:46	3:13:24 (554)	00:03:22	2:02:00 (564)
565	691	Tim Van Puyvelde	BE	M30-34	69	06:05:02	00:39:04 (667)	00:06:11	3:21:36 (624)	00:06:45	1:51:26 (565)
566	261	Aleksander Czarnozynski	PL	M55-59	33	06:05:36	00:40:17 (731)	00:04:17	3:17:24 (579)	00:04:32	1:59:06 (566)
567	470	Judit Erdelyi-Szadvari	HU	F35-39	11	06:05:37	00:39:01 (662)	00:05:15	3:21:25 (611)	00:03:53	1:56:04 (567)
568	927	Mark Honeyman	GB	M40-44	74	06:06:00	00:31:34 (205)	00:05:29	3:19:59 (531)	00:05:51	2:03:06 (568)
569	1082	Pascal Lallemand	FR	M50-54	65	06:06:16	00:45:59 (926)	00:09:01	3:24:37 (734)	00:04:27	1:42:13 (569)
570	791	Thomas Michels	DE	M35-39	67	06:06:24	00:37:27 (564)	00:06:45	3:15:46 (559)	00:04:11	2:02:15 (570)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
571	366	Alessandro Varia	IT	M50-54	66	06:06:25	00:41:14 (786)	00:05:44	3:22:57 (647)	00:03:38	1:52:51 (571)
572	687	Sven Alex	DE	M30-34	70	06:06:26	00:33:20 (308)	00:04:57	3:27:39 (612)	00:05:03	1:55:28 (572)
573	745	Federico Rossi	IT	M35-39	68	06:06:27	00:39:19 (676)	00:07:41	3:23:18 (651)	00:04:06	1:52:03 (573)
574	226	Jean-Marc Nassen	BE	M45-49	62	06:06:56	00:36:34 (507)	00:10:09	3:10:29 (534)	00:07:51	2:01:53 (574)
575	313	Aleksandras Charlampovicus	LT	M30-34	71	06:07:11	00:37:03 (542)	00:04:19	3:21:07 (583)	00:04:07	2:00:34 (575)
576	827	Alfredo Diez-Hochleitner	ES	M35-39	69	06:07:15	00:35:40 (453)	00:07:12	3:07:46 (468)	00:03:36	2:13:01 (576)
577	278	Iryna Vasilevskaya	UA	F45-49	6	06:07:32	00:40:14 (727)	00:04:15	3:16:58 (572)	00:06:41	1:59:23 (577)
578	477	Cunera Koeleman	NL	F40-44	12	06:07:52	00:40:14 (726)	00:08:14	3:30:27 (725)	00:05:20	1:43:38 (578)
579	686	Elyas Coutts	GB	M30-34	72	06:08:04	00:32:47 (274)	00:05:23	3:19:58 (543)	00:04:45	2:05:10 (579)
580	486	Mar?a Del Mar Rodr?guez	ES	F40-44	13	06:08:25	00:39:58 (717)	00:06:07	3:19:09 (608)	00:03:53	1:59:16 (580)
581	1131	Guy Higgs	GB	M55-59	34	06:08:33	00:35:05 (413)	00:05:23	3:13:37 (506)	00:05:51	2:08:36 (581)
582	90	Annick Vande Kerckhove	BE	F45-49	7	06:08:41	00:36:23 (494)	00:05:48	3:17:51 (561)	00:04:58	2:03:40 (582)
583	250	Paolo Bertolino	IT	M50-54	67	06:08:47	00:37:07 (545)	00:07:06	3:19:02 (592)	00:06:32	1:59:00 (583)
584	402	Dominique Debievre	FR	M60-64	16	06:09:00	00:32:18 (243)	00:04:50	3:19:54 (530)	00:05:14	2:06:44 (584)
585	238	Marco Zappi	IT	M50-54	68	06:09:04	00:42:37 (841)	00:04:11	3:09:12 (526)	00:04:18	2:08:46 (585)
586	659	Jeremy Richet	FR	M30-34	73	06:09:05	00:54:47 (981)	00:09:04	3:09:50 (675)	00:05:41	1:49:43 (586)
587	845	Joseph Kambeitz	DE	M40-44	75	06:09:09	00:39:16 (673)	00:07:00	3:15:08 (571)	00:04:53	2:02:53 (587)
588	796	Ivan Kushmantsev	ZZ	M35-39	70	06:09:13	00:38:57 (656)	00:05:47	3:26:12 (657)	00:07:21	1:50:56 (588)
589	586	Pablo Ferr?ndez Zuluaga	ES	M25-29	48	06:09:30	00:38:01 (601)	00:06:38	3:09:18 (504)	00:06:20	2:09:13 (589)
590	161	Lindsey Zammit	MT	F35-39	12	06:10:09	00:36:39 (513)	00:04:05	3:34:54 (695)	00:03:35	1:50:57 (590)
591	159	Veronique Proulx	CA	F35-39	13	06:10:19	00:35:42 (458)	00:04:58	3:28:04 (640)	00:03:22	1:58:13 (591)
592	1037	David Gouze	FR	M50-54	69	06:10:26	00:35:30 (438)	00:04:59	3:06:20 (427)	00:03:49	2:19:48 (592)
593	716	Borja De La Torre Rubio	ES	M30-34	74	06:10:26	00:35:18 (426)	00:04:46	3:17:17 (535)	00:03:46	2:09:20 (593)
594	410	Ellie Horrocks	GB	F18-24	7	06:10:36	00:30:33 (153)	00:04:27	3:27:47 (588)	00:05:06	2:02:42 (594)
595	451	Marta Mart?n Morata	ES	F35-39	14	06:10:36	00:40:17 (733)	00:06:15	3:41:20 (789)	00:03:45	1:38:59 (595)
596	842	Francisco Garcia Romeu De La Vega	ES	M40-44	76	06:10:44	00:41:18 (788)	00:05:28	3:13:20 (563)	00:05:07	2:05:32 (596)
597	160	Kirsty Walker	GB	F35-39	15	06:10:48	00:37:50 (585)	00:05:08	3:26:23 (643)	00:03:12	1:58:15 (597)
598	700	Gines Diaz	ES	M30-34	75	06:10:58	00:34:54 (396)	00:04:51	3:22:55 (585)	00:05:24	2:02:55 (598)
599	805	Sergio Agoney Guadalupe P?rez	ES	M35-39	71	06:11:00	00:36:11 (484)	00:05:00	3:37:05 (720)	00:06:13	1:46:31 (599)
600	671	Luke Burrows	GB	M30-34	76	06:11:02	00:35:30 (436)	00:06:12	3:29:48 (661)	00:05:17	1:54:15 (600)
601	731	Richie Cronin	IE	M30-34	77	06:11:08	00:36:04 (473)	00:05:41	3:28:16 (649)	00:05:26	1:55:42 (601)
602	888	Sean Farrugia	MT	M40-44	77	06:11:21	00:46:07 (930)	00:08:03	3:14:05 (635)	00:06:54	1:56:12 (602)
603	1134	Mark Haxby	GB	M55-59	35	06:11:23	00:43:25 (865)	00:06:41	3:24:45 (689)	00:06:59	1:49:34 (603)
604	831	Alejandro Esteban Rodriguez	ES	M40-44	78	06:11:30	00:34:57 (406)	00:05:55	3:16:56 (537)	00:04:57	2:08:45 (604)
605	844	Jonathan Cloutier	CA	M40-44	79	06:11:32	00:44:56 (904)	00:06:21	3:31:15 (754)	00:05:09	1:43:51 (605)
606	292	Giulio D?amico	IT	M18-24	24	06:11:46	00:35:41 (457)	00:06:18	3:17:53 (557)	00:05:44	2:06:11 (606)
607	636	Carlos Gramunt Farga	ES	M30-34	78	06:12:39	00:40:15 (728)	00:08:25	3:25:59 (687)	00:05:20	1:52:40 (607)
608	1168	Daniel Lepage	CA	M55-59	36	06:12:46	00:38:35 (639)	00:06:35	3:30:46 (698)	00:03:09	1:53:41 (608)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
609	1017	Paul Cawley	GB	M45-49	63	06:12:58	00:38:26 (630)	00:04:19	3:18:48 (573)	00:04:24	2:07:01 (609)
610	655	Federico Torrini	IT	M30-34	79	06:13:10	00:31:56 (223)	00:05:03	3:39:57 (706)	00:03:52	1:52:22 (610)
611	779	Mark Draper	GB	M35-39	72	06:13:23	00:38:21 (622)	00:09:55	3:25:39 (678)	00:08:15	1:51:13 (611)
612	816	Chris Brown	GB	M35-39	73	06:13:23	00:36:39 (514)	00:05:10	3:20:56 (587)	00:04:52	2:05:47 (612)
613	868	Justo Oca?a Ortega	ES	M40-44	80	06:13:30	00:36:25 (495)	00:07:16	3:07:42 (472)	00:04:40	2:17:27 (613)
614	318	Julien Gamiette	GP	M35-39	74	06:13:37	00:33:27 (310)	00:06:33	3:15:01 (513)	00:07:58	2:10:38 (614)
615	437	Vera Sophie Jegminat	DE	F30-34	9	06:14:20	00:35:31 (441)	00:03:57	3:29:30 (641)	00:03:49	2:01:32 (615)
616	627	Fernando Gim?nez Ord??ez	ES	M25-29	49	06:14:32	00:39:34 (690)	00:06:25	3:14:49 (569)	00:05:22	2:08:23 (616)
617	641	Tim Vesters	BE	M30-34	80	06:14:45	00:40:33 (747)	00:08:45	3:07:48 (532)	00:05:54	2:11:46 (617)
618	153	Anna Botiukh	UA	F25-29	9	06:14:56	00:41:03 (777)	00:03:55	3:29:05 (680)	00:03:39	1:57:13 (618)
619	453	Inna Malchyk	UA	F35-39	16	06:15:08	00:40:16 (729)	00:05:21	3:30:45 (702)	00:03:56	1:54:50 (619)
620	957	Fabrice Lepine	FR	M45-49	64	06:15:09	00:42:38 (842)	00:05:59	3:05:17 (503)	00:04:27	2:16:50 (620)
621	985	Enrique De La Fuente	PL	M45-49	65	06:15:23	00:32:17 (242)	00:07:24	3:18:17 (541)	00:06:18	2:11:06 (621)
622	501	Jude Phelan	GB	F50-54	7	06:15:28	00:32:24 (253)	00:06:32	3:28:41 (631)	00:05:00	2:02:51 (622)
623	1068	Tomi Tyysteri	FI	M50-54	70	06:15:48	00:39:48 (707)	00:05:40	3:20:39 (615)	00:06:29	2:03:12 (623)
624	602	Jos? Ignacio De Oro-Pulido ?lvarez	ES	M25-29	50	06:16:13	00:39:40 (698)	00:08:53	3:37:54 (778)	00:05:19	1:44:27 (624)
625	284	Breda Daly	IE	F50-54	8	06:16:14	00:36:41 (518)	00:04:43	3:38:42 (741)	00:04:11	1:51:56 (625)
626	695	Sam Van Campenhout	BE	M30-34	81	06:16:14	00:39:38 (695)	00:11:01	3:23:05 (676)	00:08:09	1:54:20 (626)
627	1002	Alex Hugh	GB	M45-49	66	06:16:37	00:33:34 (316)	00:06:51	3:26:06 (621)	00:05:48	2:04:19 (627)
628	381	Stefano Serio	IT	M50-54	71	06:16:40	00:39:22 (681)	00:06:26	3:22:31 (636)	00:07:29	2:00:51 (628)
629	690	Guillem Alba Manrique	ES	M30-34	82	06:17:13	00:38:17 (615)	00:06:46	3:31:45 (705)	00:07:05	1:53:21 (629)
630	774	Anthony Delaunois	FR	M35-39	75	06:17:37	00:39:48 (705)	00:05:15	3:10:01 (515)	00:05:32	2:17:01 (630)
631	1051	Henrik Christensen	DK	M50-54	72	06:17:44	00:35:21 (430)	00:06:52	3:09:13 (473)	00:04:14	2:22:03 (631)
632	879	Alvaro Cordoba Perez	ES	M40-44	81	06:17:45	00:38:49 (652)	00:05:43	3:21:56 (620)	00:06:45	2:04:31 (632)
633	1058	Chris Murray	IE	M50-54	73	06:18:11	00:44:52 (902)	00:07:45	3:18:50 (659)	00:05:17	2:01:26 (633)
634	1052	Maxence Mormede	DE	M50-54	74	06:18:24	00:46:59 (938)	00:06:56	3:07:25 (570)	00:05:39	2:11:25 (634)
635	986	Gael Fluchaire	FR	M45-49	67	06:18:33	00:40:31 (744)	00:07:22	3:23:46 (663)	00:04:46	2:02:07 (635)
636	1183	Philippe Garcia	FR	M60-64	17	06:19:07	00:43:48 (874)	00:07:08	3:14:29 (609)	00:03:13	2:10:30 (636)
637	369	Fr?d?ric Vanden Eynden	BE	M50-54	75	06:19:14	00:38:34 (637)	00:07:40	3:29:24 (696)	00:06:18	1:57:18 (637)
638	787	Stephen Clarke	GB	M35-39	76	06:19:16	00:37:30 (570)	00:09:14	3:38:24 (773)	00:05:21	1:48:47 (638)
639	782	Valerian Seither	DE	M35-39	77	06:19:22	00:40:52 (762)	00:07:15	3:18:56 (626)	00:06:04	2:06:15 (639)
640	903	Andrea Cavina	IT	M40-44	82	06:19:35	00:34:23 (368)	00:04:57	3:19:05 (547)	00:05:20	2:15:50 (640)
641	915	Christophe Riez	BE	M40-44	83	06:19:57	00:41:54 (820)	00:10:56	3:33:24 (776)	00:10:10	1:43:33 (641)
642	958	Alejandro Navarro Santana	ES	M45-49	68	06:20:05	00:45:06 (907)	00:06:14	3:26:28 (714)	00:06:14	1:56:03 (642)
643	724	Ryan Carolan	GB	M30-34	83	06:20:20	00:40:48 (761)	00:00:00	00:00:00 (-)	00:00:00	1:54:28 (643)
644	1032	John Baxter	GB	M50-54	76	06:20:24	00:40:27 (740)	00:07:20	3:23:42 (660)	00:06:32	2:02:23 (644)
645	869	Gavin Butcher	GB	M40-44	84	06:20:46	00:43:51 (877)	00:06:59	3:33:58 (770)	00:06:24	1:49:34 (645)
646	99	Sharon Mackinnon	CA	F60-64	1	06:20:47	00:37:33 (572)	00:06:33	3:25:53 (648)	00:06:32	2:04:16 (646)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
647	237	Andrew Jones	GB	M50-54	77	06:20:51	00:34:45 (388)	00:05:02	3:13:33 (497)	00:03:40	2:23:51 (647)
648	833	Lee Womersley	GB	M40-44	85	06:20:56	00:36:17 (489)	00:07:40	3:20:33 (603)	00:08:11	2:08:15 (648)
649	240	Simone Blasi	IT	M50-54	78	06:21:25	00:36:20 (493)	00:04:32	3:29:38 (654)	00:05:02	2:05:53 (649)
650	943	Demetris Mina	CY	M45-49	69	06:21:35	00:32:04 (231)	00:08:22	3:17:54 (546)	00:08:32	2:14:43 (650)
651	524	Anzel Du Plessis	ZA	F55-59	3	06:21:43	00:38:47 (650)	00:06:38	3:24:56 (652)	00:03:46	2:07:36 (651)
652	922	Fabio Bucelli	IT	M40-44	86	06:21:48	00:41:47 (813)	00:07:11	3:16:07 (607)	00:08:36	2:08:06 (652)
653	162	Martina Aitolehti	FI	F40-44	14	06:22:10	00:41:25 (796)	00:05:02	3:27:05 (672)	00:04:48	2:03:51 (653)
654	272	Yuliya Azzopardi Mazur	UA	F35-39	17	06:22:15	00:39:04 (666)	00:05:03	3:30:37 (688)	00:04:11	2:03:21 (654)
655	1167	Mark Thomas	GB	M55-59	37	06:22:16	00:37:38 (577)	00:04:49	3:34:20 (704)	00:02:47	2:02:42 (655)
656	448	Sabine Deloffre	FR	F30-34	10	06:22:24	00:45:05 (906)	00:06:24	3:18:37 (650)	00:06:12	2:06:06 (656)
657	1042	Tim Miles	GB	M50-54	79	06:22:30	00:36:34 (506)	00:04:54	3:34:32 (699)	00:03:43	2:02:47 (657)
658	420	Charlotte Vaupel	DE	F25-29	10	06:22:34	00:32:03 (229)	00:04:24	3:38:02 (685)	00:03:16	2:04:48 (658)
659	382	Olaf Dirker	DE	M50-54	80	06:22:40	00:33:45 (328)	00:06:47	3:29:24 (646)	00:07:32	2:05:12 (659)
660	1020	Yann Bouctot	FR	M50-54	81	06:22:47	00:40:21 (737)	00:05:40	3:25:35 (662)	00:04:15	2:06:57 (660)
661	709	Thomas Brun	ZZ	M30-34	84	06:22:49	00:34:38 (382)	00:08:38	3:28:26 (664)	00:08:44	2:02:24 (661)
662	533	Valerie Place	GB	F60-64	2	06:22:50	00:36:30 (502)	00:05:53	3:30:26 (668)	00:05:30	2:04:32 (662)
663	820	Pepijn Meijer	NL	M35-39	78	06:22:50	00:41:19 (790)	00:06:23	3:18:46 (619)	00:04:46	2:11:36 (663)
664	282	Laura Juvala	FI	F50-54	9	06:23:25	00:41:54 (819)	00:03:57	3:21:18 (630)	00:04:08	2:12:08 (664)
665	407	Dirk Simons	NL	M70-74	1	06:23:26	00:41:41 (806)	00:07:47	3:12:32 (580)	00:09:25	2:12:02 (665)
666	229	Veikko Nurm	EE	M45-49	70	06:23:37	00:44:45 (897)	00:09:04	3:24:38 (721)	00:06:36	1:58:35 (666)
667	624	Mattia Aquino	IT	M25-29	51	06:23:46	00:41:22 (793)	00:08:42	3:34:12 (765)	00:05:34	1:53:57 (667)
668	886	François Fortineau	FR	M40-44	87	06:23:56	00:42:42 (844)	00:07:33	3:24:10 (683)	00:05:53	2:03:39 (668)
669	973	Francisco Garc?a Terol	ES	M45-49	71	06:23:57	00:36:50 (527)	00:10:02	3:32:24 (730)	00:06:14	1:58:26 (669)
669	1084	Rafa Moran	ES	M50-54	82	06:23:57	00:36:29 (501)	00:08:25	3:21:27 (617)	00:06:18	2:11:18 (669)
671	988	Elias Liarte	ES	M45-49	72	06:24:02	00:36:06 (477)	00:08:46	3:33:01 (715)	00:04:47	2:01:22 (671)
672	170	Veronique Bellon	FR	F60-64	3	06:24:22	00:45:40 (917)	00:08:36	3:27:44 (753)	00:04:17	1:58:05 (672)
673	165	Stéphanie Hersan Vergnaud	FR	F40-44	15	06:24:56	00:41:04 (779)	00:05:14	3:43:48 (803)	00:04:03	1:50:45 (673)
674	781	Pietro Cerceo	IT	M35-39	79	06:24:59	00:40:52 (763)	00:08:55	3:41:53 (811)	00:05:19	1:48:00 (674)
675	1069	Marc Firnhaber	DE	M50-54	83	06:25:10	00:40:11 (725)	00:11:55	3:25:22 (711)	00:05:35	2:02:07 (675)
676	921	Roberto Pagliaro	IT	M40-44	88	06:25:14	00:32:50 (277)	00:07:55	3:23:07 (599)	00:07:06	2:14:16 (676)
677	584	Renan Lemagnen	FR	M25-29	52	06:25:24	00:40:04 (718)	00:11:47	3:42:18 (832)	00:08:29	1:42:47 (677)
678	579	Steyn Janus	NL	M25-29	53	06:25:31	00:40:06 (720)	00:06:03	3:22:31 (639)	00:04:29	2:12:22 (678)
679	1074	Branislav Kusik	SK	M50-54	84	06:25:33	00:38:57 (655)	00:08:00	3:26:29 (671)	00:06:09	2:05:59 (679)
680	529	Sophie choudira merlin	FR	F55-59	4	06:25:34	00:42:28 (837)	00:06:34	3:35:17 (766)	00:04:52	1:56:23 (680)
681	1173	Luc ESSEMILAIRE	FR	M60-64	18	06:25:36	00:39:01 (661)	00:10:04	3:25:26 (686)	00:03:15	2:07:50 (681)
682	855	Petr Matejcek	CZ	M40-44	89	06:25:57	00:43:48 (876)	00:07:03	3:25:15 (701)	00:07:08	2:02:43 (682)
683	1004	David Gibbs	GB	M45-49	73	06:26:11	00:39:37 (693)	00:08:08	3:19:21 (628)	00:07:27	2:11:39 (683)
684	755	Héctor Sánchez Naranjo	ES	M35-39	80	06:26:18	00:35:46 (462)	00:04:39	3:22:13 (584)	00:05:14	2:18:26 (684)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
685	496	Milie Labrosse	FR	F45-49	8	06:26:20	00:40:53 (765)	00:07:12	3:41:50 (800)	00:04:02	1:52:23 (685)
686	490	Beverley Firth	GB	F45-49	9	06:26:40	00:37:54 (591)	00:05:51	3:29:33 (670)	00:07:37	2:05:46 (686)
687	712	Alex Fountain	GB	M30-34	85	06:26:43	00:34:36 (379)	00:06:04	3:25:22 (613)	00:05:27	2:15:14 (687)
688	325	Adam Wilkinson	GB	M35-39	81	06:26:56	00:46:13 (932)	00:06:24	3:21:48 (684)	00:06:10	2:06:21 (688)
689	1053	Daan Meijer	NL	M50-54	85	06:27:11	00:47:49 (945)	00:06:57	3:23:11 (718)	00:06:05	2:03:07 (689)
690	995	Pierre-Jean Rembert	FR	M45-49	74	06:27:15	00:34:38 (383)	00:07:39	3:20:26 (586)	00:05:29	2:19:04 (690)
691	838	Javier Col?n Matilla	ES	M40-44	90	06:27:27	00:34:54 (397)	00:06:38	3:32:07 (674)	00:05:25	2:08:22 (691)
692	1174	Paul Stannard	GB	M60-64	19	06:27:28	00:32:28 (257)	00:06:21	3:14:51 (500)	00:04:00	2:29:48 (692)
693	502	Caroline Lacapelle	FR	F50-54	10	06:27:47	00:45:10 (909)	00:05:17	3:23:32 (679)	00:06:03	2:07:44 (693)
694	1029	Oscar Vicente Pradales	ES	M50-54	86	06:27:55	00:38:59 (658)	00:07:23	3:15:13 (574)	00:06:45	2:19:36 (694)
695	859	Max Schmidt	DE	M40-44	91	06:27:57	00:41:02 (775)	00:05:38	3:16:14 (589)	00:06:05	2:18:58 (695)
696	1121	Valent?n Molina De La Paz	ES	M55-59	38	06:28:07	00:42:10 (827)	00:07:09	3:28:44 (719)	00:06:01	2:04:02 (696)
697	968	Gerhard G?tzt	DE	M45-49	75	06:28:16	00:33:31 (313)	00:05:35	3:20:55 (560)	00:05:45	2:22:29 (697)
698	487	Aurelie Casado	FR	F40-44	16	06:28:22	00:36:02 (471)	00:07:24	3:49:14 (820)	00:05:01	1:50:42 (698)
699	1065	Tom Dobbelaere	BE	M50-54	87	06:28:28	00:39:56 (711)	00:06:34	3:25:34 (665)	00:07:29	2:08:55 (699)
700	492	Susan Smith	GB	F45-49	10	06:29:20	00:39:58 (715)	00:05:12	3:34:20 (733)	00:06:51	2:03:00 (700)
701	169	Dea Ditchfield	GB	F55-59	5	06:29:23	00:37:30 (571)	00:05:32	3:44:31 (788)	00:04:21	1:57:27 (701)
702	289	Nathalie Simon	FR	F55-59	6	06:29:23	00:41:47 (811)	00:05:37	3:35:11 (755)	00:04:23	2:02:25 (702)
703	621	Cl?ment Dumas	FR	M25-29	54	06:29:27	00:37:28 (566)	00:07:40	3:36:09 (748)	00:06:33	2:01:38 (703)
704	450	Jessica Fattori	IT	F35-39	18	06:29:55	00:40:05 (719)	00:07:15	3:37:26 (769)	00:04:19	2:00:49 (704)
705	1154	Eric Lerche	FR	M55-59	39	06:29:55	00:39:02 (664)	00:07:34	3:30:44 (709)	00:03:02	2:09:33 (705)
706	776	Inigo Blond	ES	M35-39	82	06:30:03	00:38:08 (609)	00:06:07	3:25:27 (645)	00:05:23	2:14:58 (706)
707	434	Alisha Sturley	GB	F30-34	11	06:30:10	00:34:49 (391)	00:05:12	3:24:02 (600)	00:05:12	2:20:53 (707)
708	442	Eva Guirado Tejera	ES	F30-34	12	06:30:13	00:38:47 (649)	00:05:36	3:39:52 (764)	00:05:01	2:00:57 (708)
709	507	M? Del Prado Gonz?lez S?nchez	ES	F50-54	11	06:30:13	00:43:55 (881)	00:07:30	3:35:57 (785)	00:04:56	1:57:55 (709)
710	392	Rob Marshall	GB	M55-59	40	06:30:19	00:30:46 (161)	00:06:17	3:24:43 (577)	00:07:24	2:21:10 (710)
711	164	Stephanie Ritter	US	F40-44	17	06:30:30	00:47:26 (943)	00:04:54	3:34:29 (781)	00:05:19	1:58:22 (711)
712	942	Mark Perchtold	ZA	M45-49	76	06:30:35	00:35:31 (442)	00:08:50	3:36:26 (744)	00:06:36	2:03:12 (712)
713	384	Freddy Mejia	EC	M50-54	88	06:30:54	00:39:48 (706)	00:06:24	3:33:47 (740)	00:07:16	2:03:39 (713)
714	771	Niall Mcdermott	IE	M35-39	83	06:31:00	00:39:19 (678)	00:07:43	3:19:57 (625)	00:07:26	2:16:35 (714)
715	405	J?rgen Vaupel	DE	M60-64	20	06:31:27	00:40:53 (766)	00:05:01	3:28:27 (682)	00:04:43	2:12:22 (715)
716	975	James Read	GB	M45-49	77	06:31:54	00:43:44 (872)	00:06:41	3:27:02 (710)	00:07:36	2:06:51 (716)
717	1127	Flavio Di Perna	IT	M55-59	41	06:32:10	00:37:11 (551)	00:08:35	3:37:34 (761)	00:05:05	2:03:45 (717)
718	965	Carl Wilkowski	GB	M45-49	78	06:32:28	00:43:05 (857)	00:07:30	3:21:56 (666)	00:06:27	2:13:30 (718)
719	674	James Mead	GB	M30-34	86	06:32:49	00:43:20 (863)	00:07:52	3:21:18 (667)	00:10:06	2:10:13 (719)
720	1008	Juan Herminio Garc?a Hern?ndez	ES	M45-49	79	06:32:59	00:33:03 (292)	00:07:50	3:18:01 (553)	00:07:01	2:27:04 (720)
721	914	Benjamin Colinet	BE	M40-44	92	06:33:10	00:36:32 (504)	00:12:00	3:28:34 (708)	00:09:03	2:07:02 (721)
722	984	Christian Etcheverry Suarez	ES	M45-49	80	06:33:45	00:41:13 (784)	00:07:12	3:29:17 (713)	00:04:36	2:11:27 (722)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
723	1189	Luc St-Jean	CA	M60-64	21	06:34:02	00:40:58 (773)	00:06:16	3:32:41 (739)	00:03:17	2:10:50 (723)
724	893	Harm Ebbens	NL	M40-44	93	06:34:19	00:41:46 (810)	00:10:17	3:11:24 (596)	00:06:17	2:24:36 (724)
725	585	Frederick Bruinsma Fogerty	NL	M25-29	55	06:34:35	00:45:48 (920)	00:07:26	3:15:22 (638)	00:06:01	2:19:58 (725)
726	880	Christoph Sans	DE	M40-44	94	06:34:37	00:39:43 (700)	00:07:39	3:16:45 (601)	00:08:35	2:21:57 (726)
727	705	Joe Batten	GB	M30-34	87	06:35:02	00:39:46 (703)	00:06:04	3:31:14 (707)	00:07:19	2:10:40 (727)
728	167	Maggie O Mahony	IE	F45-49	11	06:35:02	00:37:56 (594)	00:06:42	3:47:57 (819)	00:04:18	1:58:10 (728)
729	1016	Gary Green	GB	M45-49	81	06:35:21	00:37:25 (562)	00:06:17	3:32:53 (703)	00:05:33	2:13:12 (729)
730	1109	Michel Gonz?lez Tramullas	ES	M50-54	89	06:35:38	00:40:35 (751)	00:07:39	3:41:46 (801)	00:07:44	1:57:53 (730)
731	1063	Ingo Baum	DE	M50-54	90	06:35:45	00:46:57 (937)	00:06:01	3:36:05 (792)	00:05:01	2:01:41 (731)
732	814	alessandro Villari	IT	M35-39	84	06:35:51	00:41:08 (782)	00:08:04	3:48:48 (851)	00:07:16	1:50:33 (732)
733	778	?lvaro Rodr?guez-Losada	ES	M35-39	85	06:35:52	00:37:09 (548)	00:07:54	3:23:57 (642)	00:06:58	2:19:54 (733)
734	1046	R?gis Kremer	FR	M50-54	91	06:35:57	00:42:38 (843)	00:09:19	3:28:50 (745)	00:06:23	2:08:47 (734)
735	391	Sven T?dtloff	DE	M55-59	42	06:35:59	00:32:56 (286)	00:07:00	3:09:06 (451)	00:09:47	2:37:10 (735)
736	980	Wouter Den Dekker	NL	M45-49	82	06:36:02	00:33:53 (336)	00:07:18	3:29:15 (653)	00:08:36	2:17:00 (736)
737	1120	Michael Rudek	DE	M55-59	43	06:36:03	00:39:29 (685)	00:06:43	3:47:44 (831)	00:04:35	1:57:32 (737)
738	654	Ant?n Arrien De Lecea	ES	M30-34	88	06:37:03	00:49:12 (958)	00:07:24	3:27:55 (768)	00:05:00	2:07:32 (738)
739	1187	Chas Bickford-Smith	GB	M60-64	22	06:37:34	00:37:48 (584)	00:05:15	3:46:17 (795)	00:02:50	2:05:24 (739)
740	98	Stefania Filippi	IT	F55-59	7	06:37:46	00:45:07 (908)	00:08:19	3:36:42 (804)	00:04:39	2:02:58 (740)
741	528	Cornelia Traub	DE	F55-59	8	06:38:00	00:36:06 (478)	00:07:45	3:31:56 (697)	00:06:18	2:15:56 (741)
742	1165	Jon Stacey	GB	M55-59	44	06:38:26	00:39:29 (684)	00:05:46	3:33:31 (724)	00:03:01	2:16:39 (742)
743	500	Fr?d?rique Mizon	BE	F50-54	12	06:38:27	00:38:27 (631)	00:07:55	3:34:58 (749)	00:05:24	2:11:44 (743)
744	341	Adam Higgs	GB	M40-44	95	06:38:32	00:41:39 (805)	00:04:39	3:31:21 (712)	00:05:00	2:15:53 (744)
745	426	Catherine Daull	FR	F25-29	11	06:38:35	00:36:51 (530)	00:06:44	3:40:11 (763)	00:04:40	2:10:09 (745)
746	565	Rodrigo Dias	PT	M18-24	25	06:38:46	00:37:06 (544)	00:07:03	3:34:51 (726)	00:05:51	2:13:56 (746)
747	854	Darren Rooney	IE	M40-44	96	06:39:05	00:38:31 (634)	00:06:46	3:33:28 (723)	00:06:49	2:13:33 (747)
748	438	Maria Rodriguez Rodriguez	ES	F30-34	13	06:39:13	00:33:36 (319)	00:04:21	3:42:13 (742)	00:03:53	2:15:10 (748)
749	328	Reinder Ebbens	NL	M40-44	97	06:39:13	00:39:37 (694)	00:06:44	2:54:12 (371)	00:06:42	2:51:57 (749)
750	504	Anneke Fidlers	BE	F50-54	13	06:39:43	00:41:28 (797)	00:06:36	3:32:53 (746)	00:04:18	2:14:28 (750)
751	996	St?phane Delmoitiez	BE	M45-49	83	06:39:45	00:49:06 (956)	00:07:51	3:32:41 (797)	00:03:49	2:06:19 (751)
752	997	Keating Gavin	IE	M45-49	84	06:39:49	00:36:27 (499)	00:07:32	3:23:47 (633)	00:08:27	2:23:35 (752)
753	1060	Massimo Mengo	IT	M50-54	92	06:40:02	00:41:02 (776)	00:07:58	3:22:03 (658)	00:05:52	2:23:07 (753)
754	828	daniel garry	IE	M35-39	86	06:40:56	00:38:57 (657)	00:06:16	3:34:30 (735)	00:07:03	2:14:11 (754)
755	1149	Keith Irvine	GB	M55-59	45	06:41:46	00:43:03 (855)	00:06:24	3:29:48 (729)	00:03:41	2:18:51 (755)
756	281	Florence Brosseau	FR	F45-49	12	06:41:46	00:48:19 (950)	00:07:05	3:31:21 (780)	00:07:01	2:08:00 (756)
757	606	Jack Nash	GB	M25-29	56	06:41:51	00:39:02 (663)	00:06:17	3:49:42 (838)	00:06:31	2:00:19 (757)
758	661	Ariadne Cedres Perdomo	ES	M30-34	89	06:42:41	00:40:37 (754)	00:06:15	3:45:50 (822)	00:04:46	2:05:13 (758)
759	455	Kay Smith	IE	F35-39	19	06:42:56	00:44:45 (898)	00:06:14	3:40:29 (809)	00:05:09	2:06:18 (759)
760	432	Louisa Bruck	DE	F25-29	12	06:42:57	00:39:31 (688)	00:05:14	3:28:52 (673)	00:04:12	2:25:08 (760)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
761	465	Nicoletta De Cecco	IT	F35-39	20	06:43:13	00:45:54 (923)	00:08:10	3:50:18 (889)	00:05:56	1:52:57 (761)
762	909	Carlos Rivera	ES	M40-44	98	06:43:21	00:39:20 (680)	00:06:50	3:57:29 (886)	00:04:28	1:55:14 (762)
763	638	Jake Yarranton	GB	M30-34	90	06:43:52	00:38:23 (624)	00:08:20	3:17:58 (605)	00:05:29	2:33:41 (763)
764	1204	Volker Forstmeyer	DE	M65-69	4	06:44:06	00:37:56 (595)	00:06:55	3:18:28 (594)	00:04:16	2:36:30 (764)
765	667	Mario Iniestra	MX	M30-34	91	06:44:06	00:42:43 (846)	00:09:26	3:41:14 (828)	00:06:14	2:04:31 (765)
766	620	Max Jensen	DK	M25-29	57	06:44:16	00:43:22 (864)	00:06:07	3:24:48 (681)	00:08:18	2:21:42 (766)
767	971	Ross Malcolm	GB	M45-49	85	06:44:22	00:40:24 (739)	00:10:29	3:42:24 (827)	00:08:15	2:02:50 (767)
768	1054	Alessandro Giancane	IT	M50-54	93	06:44:26	00:41:57 (823)	00:09:09	3:28:21 (732)	00:06:09	2:18:50 (768)
769	1124	Stefano Vega	IT	M55-59	46	06:45:15	00:37:18 (558)	00:11:54	3:41:14 (806)	00:06:37	2:08:12 (769)
770	735	Ross Quest	GB	M35-39	87	06:45:17	00:40:33 (748)	00:09:04	3:42:40 (815)	00:05:56	2:07:04 (770)
771	271	Alexandra Harris	GB	F30-34	14	06:45:35	00:40:47 (760)	00:06:00	3:16:52 (598)	00:05:22	2:36:35 (771)
772	642	Martín Durán López	EC	M30-34	92	06:45:36	00:34:05 (347)	00:08:39	3:44:28 (783)	00:06:20	2:12:04 (772)
773	545	Youssef Chaabouni	TN	M18-24	26	06:45:46	00:44:22 (891)	00:05:37	3:53:01 (883)	00:05:13	1:57:34 (773)
774	1106	Declan Walsh	IE	M50-54	94	06:45:56	00:44:01 (884)	00:06:37	3:24:56 (694)	00:05:36	2:24:46 (774)
775	656	Alvaro Vidal	ES	M30-34	93	06:46:02	00:39:19 (677)	00:08:52	3:33:29 (752)	00:11:25	2:12:58 (775)
776	578	Pablo Arrien De Lecea	ES	M25-29	58	06:46:26	00:41:36 (802)	00:07:15	3:49:40 (858)	00:04:45	2:03:10 (776)
777	168	Tracie Mcguire	GB	F50-54	14	06:46:32	00:40:06 (721)	00:06:01	3:38:48 (771)	00:04:17	2:17:21 (777)
778	604	Ignacio Castellar	ES	M25-29	59	06:47:03	00:38:10 (610)	00:07:47	3:40:15 (775)	00:04:31	2:16:20 (778)
779	1025	Nick Walker	GB	M50-54	95	06:47:36	00:39:39 (697)	00:06:52	3:33:23 (738)	00:06:31	2:21:11 (779)
780	570	Jack Peck	GB	M25-29	60	06:47:51	00:43:06 (858)	00:06:29	3:28:18 (716)	00:06:41	2:23:16 (780)
781	597	James Heinzman	GB	M25-29	61	06:47:55	00:42:15 (828)	00:07:10	3:49:03 (856)	00:05:19	2:04:09 (781)
782	613	Demetris Stylianou	GB	M25-29	62	06:48:03	00:38:42 (646)	00:10:26	3:42:28 (810)	00:08:26	2:08:03 (782)
783	652	Edward Rickards	GB	M30-34	94	06:48:21	00:43:39 (868)	00:05:11	3:29:51 (722)	00:04:11	2:25:28 (783)
784	494	Daniela Könen	DE	F45-49	13	06:48:24	00:35:04 (412)	00:05:44	3:46:36 (787)	00:04:17	2:16:43 (784)
785	406	Peter Joecken	DE	M65-69	5	06:48:38	00:40:33 (746)	00:08:33	3:25:57 (692)	00:09:09	2:24:27 (785)
786	283	Magaly Mailland	FR	F50-54	15	06:48:52	00:41:19 (791)	00:06:23	3:33:39 (750)	00:04:23	2:23:07 (786)
787	832	Michael Martin	GB	M40-44	99	06:48:56	00:47:52 (946)	00:06:08	3:46:21 (866)	00:04:22	2:04:13 (787)
788	526	Valérie Dechesne	FR	F55-59	9	06:49:01	00:40:57 (772)	00:07:22	3:43:33 (812)	00:06:18	2:10:51 (788)
789	998	Gary Chivers	GB	M45-49	86	06:49:10	00:40:37 (752)	00:08:45	3:25:57 (693)	00:06:04	2:27:47 (789)
790	336	Jerome Wauthier	BE	M40-44	100	06:49:35	00:36:38 (512)	00:08:19	3:28:05 (669)	00:08:51	2:27:42 (790)
791	482	Grace Kelly	IE	F40-44	18	06:49:36	00:37:22 (561)	00:08:02	3:47:20 (823)	00:09:40	2:07:12 (791)
792	269	Justine Mongrain-Drolet	CA	F25-29	13	06:50:16	00:42:05 (825)	00:06:18	3:41:25 (798)	00:06:33	2:13:55 (792)
793	668	Fernando Aguirregomezcorta Garcí	ES	M30-34	95	06:50:32	00:41:03 (778)	00:08:57	3:48:29 (857)	00:07:54	2:04:09 (793)
794	491	Celine Brault	FR	F45-49	14	06:50:57	00:44:32 (893)	00:06:52	3:35:06 (779)	00:05:56	2:18:31 (794)
795	977	Denis Piccinini	IT	M45-49	87	06:51:01	00:39:45 (701)	00:08:11	3:19:12 (629)	00:08:04	2:35:49 (795)
796	400	Pierre Weimerskirch	LU	M55-59	47	06:51:09	00:38:51 (653)	00:09:20	3:22:30 (655)	00:07:28	2:32:59 (796)
797	1081	Simon Cartlidge	GB	M50-54	96	06:51:10	00:40:17 (730)	00:07:20	3:50:32 (852)	00:05:47	2:07:14 (797)
798	967	Jurij Plavnik	SK	M45-49	88	06:51:10	00:35:54 (468)	00:08:44	3:23:47 (637)	00:04:45	2:38:00 (798)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
799	780	Lieven Ameye	BE	M35-39	88	06:51:12	00:36:57 (535)	00:11:14	3:18:12 (618)	00:08:36	2:36:14 (799)
800	361	Tiger Ball	GB	M45-49	89	06:51:13	00:45:50 (922)	00:06:37	3:27:18 (737)	00:08:33	2:22:54 (800)
801	595	?ngel Arrien De Lecea	ES	M25-29	63	06:51:53	00:51:05 (966)	00:11:10	3:40:26 (880)	00:06:40	2:02:33 (801)
802	933	Rob Richardson	GB	M40-44	101	06:52:04	00:39:30 (686)	00:07:09	3:48:13 (837)	00:06:46	2:10:27 (802)
803	387	Andr? Br?nnimann	CH	M55-59	48	06:52:30	00:51:43 (971)	00:09:38	3:33:30 (836)	00:08:15	2:09:24 (803)
804	631	Saul Harris	GB	M25-29	64	06:52:32	00:44:55 (903)	00:08:19	3:49:05 (877)	00:06:10	2:04:02 (804)
805	440	Charlotte Gailor	GB	F30-34	15	06:53:24	00:41:56 (822)	00:05:27	3:54:25 (872)	00:04:30	2:07:07 (805)
806	1114	Christian Mayer	DE	M55-59	49	06:53:36	00:39:53 (710)	00:10:19	3:37:11 (786)	00:06:30	2:19:43 (806)
807	650	Charlie Olpin	GB	M30-34	96	06:53:39	00:36:35 (508)	00:07:22	3:36:25 (743)	00:07:31	2:25:46 (807)
808	1056	Chris Debieux	GB	M50-54	97	06:54:08	00:39:00 (660)	00:09:53	3:22:00 (656)	00:12:19	2:30:56 (808)
809	794	Miguel Angel Narciso Graterol	VE	M35-39	89	06:54:16	00:42:59 (851)	00:09:13	3:49:59 (875)	00:10:50	2:01:15 (809)
810	1005	Roland Herberg	IT	M45-49	90	06:55:06	00:33:40 (323)	00:09:31	3:43:12 (777)	00:08:40	2:20:03 (810)
811	810	Craig Lowden	GB	M35-39	90	06:55:11	00:42:35 (839)	00:08:43	3:37:04 (790)	00:09:53	2:16:56 (811)
812	877	Jorge Peredo Abejas	ES	M40-44	102	06:55:11	00:43:04 (856)	00:10:34	3:35:54 (796)	00:07:08	2:18:32 (812)
813	786	Jordi Perez Olivares	ES	M35-39	91	06:55:12	00:49:19 (959)	00:09:11	3:38:37 (847)	00:08:13	2:09:52 (813)
814	354	Ralph Metten	NL	M45-49	91	06:55:20	00:35:14 (419)	00:04:58	3:54:19 (835)	00:05:36	2:15:14 (814)
815	1151	Paul Dorrell	IE	M55-59	50	06:55:32	00:44:47 (900)	00:09:42	3:34:47 (794)	00:05:18	2:20:58 (815)
816	1113	David Molamphy	IE	M55-59	51	06:55:39	00:37:50 (587)	00:07:33	3:59:27 (891)	00:07:21	2:03:27 (816)
817	766	Ignacio Portabella	ES	M35-39	92	06:55:48	00:38:15 (613)	00:07:08	3:44:31 (799)	00:00:00	00:00:00 (817)
818	826	David Fennessy	IE	M35-39	93	06:56:35	00:47:01 (940)	00:07:04	3:48:39 (881)	00:06:39	2:07:12 (818)
819	378	Shane Mc Gale	IE	M50-54	98	06:56:56	00:36:18 (490)	00:08:33	3:47:34 (816)	00:07:36	2:16:55 (819)
820	1191	Clay Hathorn	US	M60-64	23	06:57:02	00:38:24 (625)	00:13:22	3:52:05 (887)	00:03:36	2:09:35 (820)
821	793	Brian Wylie	GB	M35-39	94	06:57:13	00:38:08 (608)	00:06:06	3:35:29 (736)	00:07:20	2:30:09 (821)
822	1197	Laurence Staines	IE	M65-69	6	06:57:43	00:34:54 (398)	00:07:14	3:40:36 (756)	00:03:29	2:31:30 (822)
823	919	Mark Henderson	IE	M40-44	103	06:58:08	00:37:58 (597)	00:06:34	3:47:40 (814)	00:06:18	2:19:37 (823)
824	547	Luis Enrique Gomez-Rose	ES	M18-24	27	06:58:11	00:37:47 (582)	00:06:56	4:01:53 (903)	00:07:06	2:04:29 (824)
825	797	Richard Axford	GB	M35-39	95	06:58:47	00:40:35 (750)	00:06:21	3:39:55 (782)	00:05:17	2:26:38 (825)
826	1199	Peter Atkinson	GB	M60-64	24	06:58:53	00:47:35 (944)	00:06:23	3:25:29 (731)	00:03:41	2:35:46 (826)
827	1108	Carmelo Herrera Hernandez	ES	M50-54	99	06:58:54	00:50:01 (962)	00:08:43	3:47:24 (899)	00:07:14	2:05:33 (827)
828	601	Jaime Ayarza Arto	ES	M25-29	65	06:59:31	00:37:38 (576)	00:08:20	3:44:17 (805)	00:07:47	2:21:30 (828)
829	1067	Sacha Le Scornet	FR	M50-54	100	06:59:31	00:41:14 (785)	00:06:51	3:31:05 (728)	00:06:41	2:33:41 (829)
830	725	Carles Avi?? Beltr?n	ES	M30-34	97	06:59:44	00:42:27 (835)	00:05:53	3:40:47 (793)	00:07:02	2:23:34 (830)
831	696	Manuel L?pez Silva	ES	M30-34	98	07:00:08	00:36:44 (519)	00:11:51	3:52:37 (869)	00:05:13	2:13:44 (831)
832	1076	l?aki Mu?oz Jim?nez	ES	M50-54	101	07:00:13	00:45:49 (921)	00:07:40	3:43:35 (846)	00:07:12	2:15:57 (832)
833	457	Gemma Scott	GB	F35-39	21	07:00:19	00:44:06 (886)	00:05:28	4:04:27 (932)	00:09:05	1:57:13 (833)
834	1062	Adrian Perez	ES	M50-54	102	07:00:24	00:36:41 (517)	00:08:30	3:56:02 (870)	00:06:31	2:12:40 (834)
835	1144	Thomas Roese	DE	M55-59	52	07:00:40	00:45:58 (925)	00:09:02	3:43:28 (855)	00:02:59	2:19:14 (835)
836	1097	Jose A Sanchez Dafos	ES	M50-54	103	07:00:43	00:41:45 (809)	00:10:01	3:40:45 (818)	00:07:34	2:20:38 (836)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
837	499	Elisa Vinai	IT	F45-49	15	07:00:45	00:41:15 (787)	00:05:29	3:58:01 (890)	00:07:27	2:08:32 (837)
838	398	Bart Vangeel	BE	M55-59	53	07:00:48	00:37:47 (583)	00:09:06	3:49:56 (845)	00:09:42	2:14:17 (838)
839	1209	Hans-Georg Wilkening	DE	M70-74	2	07:01:18	00:44:45 (899)	00:09:17	3:29:09 (759)	00:03:36	2:34:31 (839)
840	1138	Roland Patzina	DE	M55-59	54	07:01:43	00:36:27 (500)	00:07:33	4:01:09 (893)	00:02:57	2:13:36 (840)
841	737	Matteo Congedo	GB	M35-39	96	07:01:51	00:43:17 (862)	00:08:12	3:42:09 (830)	00:04:45	2:23:28 (841)
842	1027	Alessandro Ambrosini	IT	M50-54	104	07:01:51	00:43:15 (861)	00:11:35	3:54:35 (913)	00:06:48	2:05:39 (842)
843	1175	Richard Osborne	GB	M60-64	25	07:02:10	00:38:26 (629)	00:07:24	3:37:05 (758)	00:03:11	2:36:04 (843)
844	473	Laurence Letki-Nicolay	GB	F40-44	19	07:02:17	00:41:42 (807)	00:06:28	3:44:31 (821)	00:07:07	2:22:30 (844)
845	288	Lesley Mainwaring	GB	F55-59	10	07:02:28	00:46:02 (928)	00:09:15	3:50:20 (897)	00:08:39	2:08:13 (845)
846	835	David Lawson	AU	M40-44	104	07:03:02	00:33:34 (317)	00:08:10	3:50:44 (817)	00:09:05	2:21:30 (846)
847	1007	Padraig Mcdermott	IE	M45-49	92	07:03:19	00:40:44 (757)	00:07:42	3:51:16 (862)	00:08:45	2:14:52 (847)
848	408	Ren? Meier	CH	M70-74	3	07:03:46	00:48:51 (954)	00:07:10	3:55:26 (926)	00:05:09	2:07:10 (848)
849	1079	Jerome Mizon	FR	M50-54	105	07:03:56	00:39:46 (702)	00:09:18	3:32:36 (751)	00:06:34	2:35:43 (849)
850	657	Philipp Wise	IE	M30-34	99	07:03:56	00:34:55 (401)	00:06:33	3:33:32 (691)	00:08:17	2:40:39 (850)
851	497	Sarah Weare	GB	F45-49	16	07:03:56	00:41:54 (818)	00:06:06	3:49:10 (848)	00:07:04	2:19:42 (851)
852	573	Alejandro Mirabal Castro	ES	M25-29	66	07:04:14	00:38:46 (648)	00:06:49	3:50:29 (839)	00:04:31	2:23:39 (852)
853	287	Anne Bennett	GB	F55-59	11	07:04:37	00:42:35 (838)	00:05:27	3:59:16 (906)	00:04:48	2:12:30 (853)
854	520	Nina Warburton	GB	F55-59	12	07:04:53	00:52:46 (975)	00:07:26	3:46:54 (905)	00:05:36	2:12:11 (854)
855	959	Sandy Sanchez	FR	M45-49	93	07:04:55	00:48:00 (948)	00:08:06	3:37:21 (829)	00:07:46	2:23:41 (855)
856	429	Ciara Cousins	IE	F25-29	14	07:05:08	00:38:57 (654)	00:08:31	3:57:59 (895)	00:06:52	2:12:50 (856)
857	1066	Marcelo Moreira	PT	M50-54	106	07:05:12	00:37:00 (537)	00:06:31	3:35:38 (727)	00:05:49	2:40:15 (857)
858	851	Timothy Sumner	GB	M40-44	105	07:05:31	00:47:00 (939)	00:08:45	3:46:15 (873)	00:06:26	2:17:06 (858)
859	1192	Christopher Bramley	GB	M60-64	26	07:06:14	00:40:33 (745)	00:06:35	3:42:56 (802)	00:05:47	2:30:24 (859)
860	1166	Roberto Sery	RE	M55-59	55	07:06:24	00:40:53 (764)	00:07:38	3:53:58 (878)	00:03:23	2:20:33 (860)
861	1072	Gilles Lechantre	FR	M50-54	107	07:06:25	00:45:37 (916)	00:10:40	3:49:12 (896)	00:09:19	2:11:36 (861)
862	1132	David Veitch	GB	M55-59	56	07:06:43	00:41:08 (781)	00:09:52	3:43:16 (833)	00:10:24	2:22:04 (862)
863	530	Doris Krimm	ES	F60-64	4	07:07:18	00:38:06 (605)	00:06:03	3:38:39 (757)	00:06:39	2:37:51 (863)
864	532	Sandra Hall	GB	F60-64	5	07:07:26	00:38:25 (627)	00:07:08	4:05:42 (923)	00:05:00	2:11:11 (864)
865	1104	Javier Manrique P?rez	ES	M50-54	108	07:07:32	00:49:10 (957)	00:05:07	3:52:11 (901)	00:07:06	2:13:58 (865)
866	1177	Hutfield Mark	GB	M60-64	27	07:08:01	00:43:31 (867)	00:09:30	3:43:20 (843)	00:04:25	2:27:15 (866)
867	1077	Adie Viljoen	GB	M50-54	109	07:08:05	00:45:42 (918)	00:08:31	3:55:51 (917)	00:06:44	2:11:17 (867)
868	1172	Richard Bussignies	FR	M55-59	57	07:08:30	00:41:47 (812)	00:07:51	3:26:23 (700)	00:04:04	2:48:24 (868)
869	824	Tim Wilking	DE	M35-39	97	07:08:40	00:39:58 (716)	00:06:02	3:47:16 (826)	00:04:23	2:31:01 (869)
870	622	Kacper Zeberek	PL	M25-29	67	07:08:56	00:35:41 (456)	00:07:12	3:55:19 (853)	00:04:49	2:25:54 (870)
871	1040	Craig Colborne	GB	M50-54	110	07:09:53	00:52:01 (973)	00:09:31	3:22:51 (767)	00:06:05	2:39:24 (871)
872	1064	Corrado Fonseca	IT	M50-54	111	07:09:57	00:43:43 (871)	00:09:43	3:51:53 (894)	00:06:42	2:17:56 (872)
873	875	Jose Alejandro Rubio Barba	ES	M40-44	106	07:09:58	00:39:14 (672)	00:09:11	3:54:32 (882)	00:09:03	2:17:58 (873)
874	907	Arie Van Der Kuil	NL	M40-44	107	07:09:59	00:32:42 (267)	00:06:05	3:42:21 (747)	00:06:37	2:42:14 (874)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
875	847	Francisco Tebar Espuig	ES	M40-44	108	07:10:03	00:39:18 (674)	00:09:10	3:54:33 (884)	00:09:05	2:17:58 (875)
876	966	John Magill	GB	M45-49	94	07:10:38	00:47:06 (942)	00:09:46	4:04:04 (955)	00:07:07	2:02:35 (876)
877	640	Joshua Quarendon	GB	M30-34	100	07:11:03	00:40:30 (741)	00:08:55	3:49:37 (860)	00:06:48	2:25:13 (877)
878	1201	Francesco Canapari	IT	M65-69	7	07:12:16	00:52:48 (976)	00:08:29	3:34:56 (842)	00:04:28	2:31:36 (878)
879	862	Jose Carlos Ramos Coello	ES	M40-44	109	07:12:22	00:44:59 (905)	00:08:07	3:44:38 (850)	00:07:05	2:27:33 (879)
880	1033	Martin Carstensen	DK	M50-54	112	07:12:31	00:45:35 (915)	00:10:32	3:49:37 (898)	00:07:14	2:19:34 (880)
881	1148	Felix Andres Garcia	ES	M55-59	58	07:12:52	00:37:46 (581)	00:10:05	3:56:07 (888)	00:05:00	2:23:54 (881)
882	239	Cristian Palmiere	IT	M50-54	113	07:12:56	00:46:13 (931)	00:05:52	3:47:30 (861)	00:05:56	2:27:26 (882)
883	1031	Nigel Cree	GB	M50-54	114	07:13:10	00:41:51 (814)	00:09:01	3:34:18 (774)	00:09:11	2:38:49 (883)
884	1095	FILIPPO INTROZZI	IT	M50-54	115	07:13:22	00:39:04 (668)	00:09:49	3:47:46 (844)	00:08:09	2:28:33 (884)
885	897	Alonso Corredera	ES	M40-44	110	07:13:23	00:38:49 (651)	00:09:37	3:42:26 (808)	00:07:22	2:35:10 (885)
886	1145	Letterio Gatto	IT	M55-59	59	07:13:40	00:44:25 (892)	00:09:21	3:47:02 (868)	00:03:51	2:29:01 (886)
887	874	Alan Von Lignau Gerecz	PE	M40-44	111	07:13:48	00:49:33 (960)	00:07:46	3:34:46 (813)	00:07:11	2:34:32 (887)
888	484	Eleonora Nicolazzi	IT	F40-44	20	07:14:20	00:42:06 (826)	00:08:55	3:39:40 (807)	00:06:08	2:37:30 (888)
889	614	Javier Manrique	ES	M25-29	68	07:14:32	00:42:16 (830)	00:07:33	3:59:14 (910)	00:05:29	2:20:00 (889)
890	916	Ingo Walter	DE	M40-44	112	07:15:35	00:37:41 (579)	00:16:26	3:58:25 (929)	00:11:26	2:11:39 (890)
891	572	Daniel Bayerri Ortega	ES	M25-29	69	07:15:48	00:40:09 (722)	00:08:01	3:40:15 (791)	00:00:00	00:00:00 (891)
892	730	Callum Morey	GB	M30-34	101	07:16:10	00:44:35 (894)	00:08:10	3:53:24 (900)	00:08:27	2:21:34 (892)
893	1049	Pascal Quiesse	FR	M50-54	116	07:16:45	00:39:57 (713)	00:09:01	3:51:12 (865)	00:07:18	2:29:16 (893)
894	488	Ruth Kent	GB	F40-44	21	07:17:04	00:41:18 (789)	00:09:00	4:04:43 (935)	00:06:17	2:15:46 (894)
895	483	Svetlana Mastitskaya	GB	F40-44	22	07:18:24	00:53:31 (978)	00:11:16	3:49:35 (933)	00:07:12	2:16:50 (895)
896	476	Celine Le Berre	FR	F40-44	23	07:18:57	00:44:52 (901)	00:07:03	3:51:06 (885)	00:07:33	2:28:23 (896)
897	516	Marie-Sophie Gauthier	CA	F50-54	16	07:19:31	00:44:22 (890)	00:05:54	4:05:19 (939)	00:07:02	2:16:54 (897)
898	527	Patricia Kennedy	IE	F55-59	13	07:20:11	00:41:23 (794)	00:06:47	3:58:22 (902)	00:08:17	2:25:22 (898)
899	495	Annette Kernich	DE	F45-49	17	07:20:22	00:46:50 (934)	00:08:08	4:02:25 (945)	00:06:32	2:16:27 (899)
900	703	Eoin Murphy	IE	M30-34	102	07:20:33	00:46:51 (935)	00:11:18	4:14:06 (971)	00:00:00	00:00:00 (900)
901	637	Craig Johnson	GB	M30-34	103	07:21:29	00:38:01 (600)	00:07:00	3:29:53 (690)	00:06:54	2:59:40 (901)
902	1169	Mcmullan Colin	GB	M55-59	60	07:22:05	00:46:00 (927)	00:10:01	3:52:01 (907)	00:06:05	2:27:57 (902)
903	460	Katie Moore	IE	F35-39	22	07:22:09	00:56:25 (985)	00:07:41	4:02:50 (967)	00:05:31	2:09:41 (903)
904	1003	Vincent Van Lennep	BE	M45-49	95	07:22:17	00:35:26 (434)	00:06:45	3:45:10 (784)	00:06:01	2:48:54 (904)
905	938	Alexey Stolbov	ES	M40-44	113	07:22:45	00:45:23 (912)	00:08:44	3:48:10 (876)	00:07:05	2:33:23 (905)
906	911	Javier Rodriguez Sanchez	ES	M40-44	114	07:22:53	00:41:20 (792)	00:08:29	3:48:32 (854)	00:08:21	2:36:11 (906)
907	285	Siobhan Brewer	GB	F50-54	17	07:23:43	00:46:04 (929)	00:07:59	3:55:16 (912)	00:07:19	2:27:05 (907)
908	1006	Marco Wiegel	DE	M45-49	96	07:24:05	00:45:27 (913)	00:08:51	3:38:50 (825)	00:05:30	2:45:26 (908)
909	567	Callum Bradley	GB	M18-24	28	07:24:35	00:38:32 (635)	00:06:57	3:57:04 (879)	00:05:46	2:36:17 (909)
910	513	Kate Baldwin-Jones	GB	F50-54	18	07:24:56	00:38:03 (604)	00:06:21	3:55:35 (864)	00:08:22	2:36:36 (910)
911	467	Maria Antonia Bonet Rigo	ES	F35-39	23	07:25:17	00:47:05 (941)	00:11:07	3:56:40 (934)	00:07:58	2:22:26 (911)
912	1194	Jean-Louis Bernard	FR	M60-64	28	07:25:41	00:36:50 (528)	00:09:21	3:49:57 (841)	00:07:54	2:41:39 (912)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
913	666		ES	M30-34	104	07:27:08	00:42:23 (833)	00:07:17	4:00:35 (919)	00:04:00	2:32:53 (913)
914	1087	Robert Bird	GB	M50-54	117	07:27:13	00:40:56 (768)	00:09:48	3:34:18 (772)	00:06:29	2:55:42 (914)
915	280	Christine Pich?	CA	F45-49	18	07:27:47	00:45:46 (919)	00:07:09	4:06:48 (952)	00:07:15	2:20:50 (915)
916	1115	Jaume Arroyo Salord	ES	M55-59	61	07:28:04	00:40:21 (738)	00:08:35	3:55:54 (892)	00:07:09	2:36:04 (916)
917	949	Kristian Sinclair	GB	M45-49	97	07:28:04	00:42:26 (834)	00:08:26	4:00:32 (924)	00:06:18	2:30:22 (917)
918	848	Emanuel Corazzola	DE	M40-44	115	07:28:17	00:40:09 (723)	00:09:42	3:59:49 (914)	00:09:09	2:29:28 (918)
919	549	Cameron Burns	US	M18-24	29	07:28:44	00:29:23 (101)	00:17:28	4:04:34 (925)	00:11:03	2:26:16 (919)
920	651	Pablo Peregrin	ES	M30-34	105	07:29:04	00:41:35 (801)	00:06:33	4:03:40 (927)	00:04:50	2:32:25 (920)
921	493	Catrin Knuth	DE	F45-49	19	07:29:15	00:35:35 (449)	00:05:50	4:08:56 (920)	00:08:57	2:29:58 (921)
922	960	Jean-Philippe Fortin	CA	M45-49	98	07:30:06	00:40:42 (755)	00:08:28	3:59:59 (911)	00:10:17	2:30:40 (922)
923	664	Andrew Watson	GB	M30-34	106	07:30:49	00:48:15 (949)	00:08:33	3:43:39 (867)	00:09:25	2:40:57 (923)
924	525	Sharon Page	GB	F55-59	14	07:30:55	00:43:39 (869)	00:09:51	4:05:48 (950)	00:05:49	2:25:48 (924)
925	923	Richard Smith	GB	M40-44	116	07:31:19	00:37:56 (593)	00:07:03	3:38:39 (762)	00:07:05	3:00:38 (925)
926	580	Nils Coppens	BE	M25-29	70	07:31:53	00:48:29 (951)	00:09:59	3:49:50 (908)	00:07:39	2:35:56 (926)
927	1111	Peter De Jeu	NL	M50-54	118	07:32:03	00:39:33 (689)	00:09:09	3:45:35 (834)	00:05:14	2:52:31 (927)
928	1038	Grzegorz Szczerba	PL	M50-54	119	07:32:35	00:43:42 (870)	00:05:56	4:11:43 (957)	00:05:07	2:26:06 (928)
929	424	Laura Catrin Johann	DE	F25-29	15	07:32:49	00:35:30 (439)	00:06:12	3:57:11 (859)	00:05:45	2:48:10 (929)
930	519	Isabelle Rou?	FR	F50-54	19	07:32:56	00:46:28 (933)	00:08:06	4:08:40 (961)	00:05:22	2:24:20 (930)
931	863	Stephen Smartt	IE	M40-44	117	07:33:30	00:43:59 (882)	00:07:17	4:12:28 (963)	00:06:35	2:23:10 (931)
932	534	Loreen Pindera	CA	F60-64	6	07:33:54	00:43:53 (880)	00:06:26	3:47:02 (849)	00:07:05	2:49:27 (932)
933	1101	Donal Quinn	IE	M50-54	120	07:34:24	00:42:16 (829)	00:07:23	4:08:46 (948)	00:07:28	2:28:31 (933)
934	518	Murielle Le Tohic	FR	F50-54	20	07:34:35	00:51:52 (972)	00:09:58	4:07:11 (969)	00:07:23	2:18:12 (934)
935	461	Kseniya Forte	IT	F35-39	24	07:34:57	00:40:56 (770)	00:07:15	4:03:38 (928)	00:07:43	2:35:25 (935)
936	1123	Gregor King	GB	M55-59	62	07:35:46	00:43:48 (875)	00:12:16	4:00:52 (942)	00:09:11	2:29:39 (936)
937	925	Stephen Martindale	GB	M40-44	118	07:35:47	00:42:49 (849)	00:07:30	3:45:47 (840)	00:08:50	2:50:52 (937)
938	172	Glenda Goscomb	GB	F65-69	1	07:36:38	00:53:54 (980)	00:08:26	3:48:47 (922)	00:11:12	2:34:18 (938)
939	600	Gonzalo Leopoldo Arbulu Tobar	ES	M25-29	71	07:37:42	00:45:28 (914)	00:06:50	4:02:48 (936)	00:06:13	2:36:23 (939)
940	1107	Maxim Martin	CA	M50-54	121	07:37:51	00:39:35 (692)	00:08:13	4:02:09 (916)	00:12:30	2:35:22 (940)
941	449	Dina Daoud	EG	F35-39	25	07:38:04	00:46:54 (936)	00:08:22	4:05:15 (954)	00:06:03	2:31:29 (941)
942	475	Roaa Abdellatif	EG	F40-44	24	07:38:05	00:41:09 (783)	00:10:42	4:04:22 (940)	00:06:24	2:35:29 (942)
943	436	Pauline Beorchia	FR	F30-34	16	07:38:50	00:44:43 (896)	00:10:40	4:07:58 (962)	00:09:15	2:26:14 (943)
944	485	Adeline Siecker	FR	F40-44	25	07:38:52	00:44:08 (887)	00:07:16	4:15:29 (966)	00:04:56	2:27:04 (944)
945	775	Timothy Atkin	GB	M35-39	98	07:38:54	00:45:13 (910)	00:07:06	4:10:41 (960)	00:07:01	2:28:54 (945)
946	1146	William Armour	GB	M55-59	63	07:39:10	00:50:22 (963)	00:12:07	3:45:51 (909)	00:04:36	2:46:14 (946)
947	1136	Stefan Lechner	DE	M55-59	64	07:40:35	00:43:52 (879)	00:09:12	4:09:14 (959)	00:05:09	2:33:09 (947)
948	558	Frederick Peck	GB	M18-24	30	07:40:41	00:38:11 (611)	00:05:41	3:39:21 (760)	00:06:38	3:10:49 (948)
949	571	Marco Pedronetto	IT	M25-29	72	07:40:52	00:37:22 (560)	00:04:56	4:14:15 (941)	00:05:19	2:39:01 (949)
950	1162	Laurence Flavell	GB	M55-59	65	07:41:31	00:39:49 (708)	00:07:45	4:10:55 (949)	00:03:52	2:39:10 (950)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
951	701	Rinat Sharipov	ES	M30-34	107	07:42:19	00:43:10 (859)	00:11:15	4:18:21 (974)	00:11:32	2:18:02 (951)
952	522	Susan Lynch	GB	F55-59	15	07:42:45	00:37:38 (575)	00:06:16	4:06:22 (918)	00:08:48	2:43:42 (952)
953	1156	Mick Harkin	IE	M55-59	66	07:42:53	00:38:34 (638)	00:10:47	4:05:59 (938)	00:05:41	2:41:51 (953)
954	1158	Allan Harley	GB	M55-59	67	07:44:21	00:41:23 (795)	00:12:05	3:46:27 (863)	00:04:52	2:59:33 (954)
955	498	Sanne Knappe Bentsen	DK	F45-49	20	07:44:39	00:50:41 (964)	00:14:38	4:07:00 (972)	00:09:00	2:23:21 (955)
956	404	Giorgio Vandelli	IT	M60-64	29	07:44:57	00:40:31 (742)	00:08:29	4:11:59 (956)	00:06:59	2:37:00 (956)
957	733	Alex Bondar	UA	M30-34	108	07:45:44	00:51:07 (967)	00:16:23	4:16:32 (980)	00:00:00	00:00:00 (957)
958	679	Stefan Bonchev	GB	M30-34	109	07:47:49	00:51:00 (965)	00:05:32	4:19:03 (976)	00:05:17	2:26:57 (958)
959	1182	Alex J?rg	DE	M60-64	30	07:48:37	00:42:59 (852)	00:07:51	4:06:53 (946)	00:04:50	2:46:05 (959)
960	435	Rabea Homberg	DE	F30-34	17	07:49:17	00:49:58 (961)	00:08:06	4:07:33 (965)	00:00:00	00:00:00 (960)
961	1153	Francesco Susetti	IT	M55-59	68	07:49:35	00:52:44 (974)	00:06:21	3:57:55 (943)	00:05:15	2:47:20 (961)
962	901	Luca Frazzetto	IT	M40-44	119	07:51:58	00:48:50 (953)	00:10:43	4:13:04 (973)	00:07:01	2:32:20 (962)
963	335	Ambrose Duggan	IE	M40-44	120	07:51:59	00:44:36 (895)	00:09:40	3:59:07 (930)	00:09:57	2:48:40 (963)
964	763	S?bastien Genest-Roy	CA	M35-39	99	07:52:07	00:44:19 (889)	00:11:04	4:01:59 (944)	00:06:55	2:47:51 (964)
965	1001	Dale Holland	GB	M45-49	99	07:53:15	1:01:54 (988)	00:10:09	4:09:41 (978)	00:06:47	2:24:43 (965)
966	944	Flo Schweri	CH	M45-49	100	07:56:06	00:42:54 (850)	00:05:24	3:44:43 (824)	00:08:04	3:15:01 (966)
967	761	Cosimo Selvaggi	IT	M35-39	100	07:56:42	00:48:53 (955)	00:06:23	3:51:30 (904)	00:07:26	3:02:29 (967)
968	928	Levent Ak	DE	M40-44	121	07:57:07	00:59:02 (987)	00:07:03	4:09:16 (975)	00:05:08	2:36:37 (968)
969	1043	Conor Eannetta	IE	M50-54	122	07:57:24	00:39:07 (669)	00:09:10	3:53:44 (874)	00:09:17	3:06:05 (969)
970	403	Alessandro Princiotta	IT	M60-64	31	07:58:03	00:37:09 (550)	00:08:05	4:05:11 (921)	00:08:10	2:59:28 (970)
971	590	Timofey Cherkasov	GB	M25-29	73	07:59:01	00:40:45 (758)	00:09:15	4:05:12 (937)	00:06:02	2:57:48 (971)
972	1184	Pawe? BUGAJNY	PL	M60-64	32	07:59:26	00:48:48 (952)	00:09:52	4:26:25 (981)	00:05:32	2:28:49 (972)
973	443	Camille Beorchia	FR	F30-34	18	08:02:30	00:51:10 (968)	00:07:55	4:27:26 (983)	00:00:00	00:00:00 (973)
974	1078	Neil Evans	GB	M50-54	123	08:03:02	00:45:20 (911)	00:09:00	3:59:10 (931)	00:07:19	3:02:12 (974)
975	439	Lisa Starck	DE	F30-34	19	08:03:49	00:51:25 (970)	00:05:17	4:07:26 (964)	00:04:37	2:55:05 (975)
976	1208	Sean Healy	IE	M65-69	8	08:04:35	00:45:58 (924)	00:07:03	4:17:12 (970)	00:03:45	2:50:38 (976)
977	1071	Salvatore Dario Minonne	IT	M50-54	124	08:06:22	00:39:19 (679)	00:06:59	3:55:07 (871)	00:05:47	3:19:10 (977)
978	1203	Ian Cairns	GB	M65-69	9	08:06:53	00:55:25 (984)	00:11:53	3:50:35 (947)	00:06:14	3:02:46 (978)
979	858	Raymond Rowan	IE	M40-44	122	08:07:31	00:44:17 (888)	00:09:52	4:13:37 (968)	00:06:00	2:53:44 (979)
980	610	J?r?me Ib??ez	PH	M25-29	74	08:08:44	00:41:59 (824)	00:08:56	4:35:22 (982)	00:06:59	2:35:29 (980)
981	1170	Roman Schuster	DE	M55-59	69	08:13:22	00:51:22 (969)	00:12:03	3:55:58 (951)	00:05:10	3:08:48 (981)
982	993	Jay Silber	US	M45-49	101	08:13:32	00:41:43 (808)	00:10:54	4:08:53 (958)	00:08:13	3:03:48 (982)
983	1086	David Pietig	US	M50-54	125	08:13:35	00:38:21 (620)	00:14:23	3:57:01 (915)	00:09:18	3:14:33 (983)
984	582	Sam Gallagher	IE	M25-29	75	08:14:06	00:55:02 (982)	00:09:32	4:38:49 (987)	00:00:00	00:00:00 (984)
985	1196	Martin Howarth	GB	M60-64	33	08:14:50	00:41:30 (799)	00:09:08	4:09:07 (953)	00:04:23	3:10:42 (985)
986	605	Danny Carter	GB	M25-29	76	08:17:10	00:53:45 (979)	00:14:08	4:34:03 (985)	00:09:16	2:25:59 (986)
987	569	Stepan Cherkasov	GB	M25-29	77	08:27:17	00:57:43 (986)	00:07:47	4:10:39 (977)	00:05:43	3:05:25 (987)
988	421	Charlotte Holmes	GB	F25-29	16	08:27:47	00:33:46 (330)	00:06:09	4:42:20 (979)	00:05:23	3:00:09 (988)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
989	1102	Erick Carranza	MX	M50-54	126	08:28:38	00:55:23 (983)	00:11:13	4:20:00 (984)	00:10:06	2:51:57 (989)
990	1018	Juan Jos? Mesado Terol	ES	M45-49	102	08:41:45	00:43:51 (878)	00:14:06	4:45:21 (986)	00:11:30	2:46:57 (990)
-	279	Andrea Memminger	DE	F45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	536	Thomas Colson	GB	M18-24	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	806	Brian Gary	US	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1099	Massimo Marchiotto	IT	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	512	Rachel Jones	US	F50-54	-	00:00:00	00:36:09 (-)	00:04:43	00:00:00 (-)	00:00:00	00:00:00 (-)
-	723	Charlie Peters	GB	M30-34	-	00:00:00	00:42:09 (-)	00:09:10	00:00:00 (-)	00:00:00	00:00:00 (-)
-	260	Peter Tanner	CH	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	749	Robert Semmens	GB	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	714	Domen Blenku?	SI	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	543	Anders Toft Nielsen	DK	M18-24	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	934	Simon Blacker	GB	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	910	Tijmen Smit	NL	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	861	Hugh Kelly	IE	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	173	Tony Cullen	GB	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	107	Mathieu Botta	BE	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	839	Jon?s Morales Guerra	ES	M40-44	-	00:00:00	00:35:42 (-)	00:04:46	1:52:06 (-)	03:28:02	00:00:00 (-)
-	754	Robert Lee	GB	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	141	Mark Hummel	DE	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	939	John Redding	GB	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	883	Timo Rapp	DE	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	744	Andreas Tietze	CH	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	10	Elena Illeditsch	DE	FPRO	-	00:00:00	00:30:19 (-)	00:03:32	2:10:27 (-)	00:00:00	00:00:00 (-)
-	290	Angelika Fanai-Nimmesgern	DE	F60-64	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	445	Rowena Simmonds	GB	F30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1083	Pedro Ortega Ojeda	ES	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	609	Lewis Edward Corbett	GB	M25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	257	Richard Genans Boiteux	FR	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	748	Joeri Van Puyvelde	BE	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	955	Chris Nieuwoudt	GB	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	864	Werner Stoltz	ZA	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	937	Daniel Taylor-Lund	GB	M40-44	-	08:54:03	00:50:19 (-)	00:09:02	4:39:38 (-)	00:00:00	00:00:00 (-)
-	49	James Mccallum	ZA	MPRO	-	00:00:00	00:29:47 (-)	00:03:19	00:00:00 (-)	00:00:00	00:00:00 (-)
-	553	Eusebio G?ell Ricard	ES	M18-24	-	00:00:00	00:51:25 (-)	00:11:11	4:23:25 (-)	00:05:43	00:00:00 (-)
-	464	Kerri Evans	US	F35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	76	Calvin Dr?ger	DE	MPRO	-	00:00:00	00:34:26 (-)	00:04:12	2:46:58 (-)	00:00:00	00:00:00 (-)
-	891	Sergio Alvarez Rodr?guez	ES	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
-	396	Mustafa Salih	GB	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	964	Alex Dutu	RO	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	79	Marloes Vos	NL	PC/ID	-	07:07:32	00:45:29 (-)	00:08:29	3:48:04 (-)	00:06:09	2:19:21 (-)
-	463	Ipek Onaran	TR	F35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	478	Laura Kuy	GB	F40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1094	Oliver Herbig	DE	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	629	Patryk Gasior	PL	M25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	746	Patrick Turpin	GB	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	104	Lukas Bieber	DE	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	813	Matt Pleass	GB	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1128	Fabrizio Ghilardi	IT	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1152	Ian Williams	GB	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	596	Manuel Amand	FR	M25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1126	Arne K?nig	DE	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	20	Carolin Schaffert	DE	FPRO	-	00:00:00	00:31:43 (-)	00:03:35	2:36:43 (-)	00:03:12	00:00:00 (-)
-	411	Mae Roskam	DE	F18-24	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1143	Mike Enders	DE	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	885	Yevgen Slavniy	UA	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	423	Caitlin Brown	GB	F25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	446	Laura Paine	GB	F30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	474	Maja Debska	PL	F40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	867	Nathan Edwards	GB	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	52	Rodrigo Acevedo Van Arcken	ZZ	MPRO	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	58	Davide Rossetti	IT	MPRO	-	00:00:00	00:27:30 (-)	00:03:08	2:27:33 (-)	00:00:00	00:00:00 (-)
-	981	Alexander Van Leeuwen	NL	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	989	Craig Gibson	GB	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1047	Robert Macnab	GB	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	130	Vito Tagliente	IT	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	506	M.L Grande	DE	F50-54	-	00:00:00	00:51:18 (-)	00:10:07	00:00:00 (-)	00:00:00	00:00:00 (-)
-	556	Angus Faulkner	GB	M18-24	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1118	Finnes Stuart	GB	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	931	Oliver Williams	GB	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	15	Minttu Hukka	FI	FPRO	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	258	Marc Albert D'Hooge	LU	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	72	Kit Walker	GB	MPRO	-	00:00:00	00:24:36 (-)	00:02:40	2:23:43 (-)	00:02:53	00:00:00 (-)
-	1028	Paul Connolly	IE	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	951	Guillermo Sanchez	MX	M45-49	-	00:00:00	00:58:14 (-)	00:08:05	4:50:58 (-)	00:00:00	00:00:00 (-)
-	1022	Mariusz Gnoinski	PL	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
-	562	Henry Truelove	GB	M18-24	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	741	Luke Ireland	GB	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1207	William Mcilwaine	CA	M65-69	-	00:00:00	1:01:09 (-)	00:13:31	00:00:00 (-)	00:00:00	00:00:00 (-)
-	673	Adri?n Nuez Ramos	ES	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	373	Ivano Canavesi	IT	M50-54	-	00:00:00	00:34:59 (-)	00:04:08	1:42:22 (-)	00:00:00	00:00:00 (-)
-	348	Ali Polat	TR	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	466	Esther Juli? Ligerio	ES	F35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1164	Badih Moukarzel	FR	M55-59	-	07:20:45	00:52:44 (-)	00:10:12	4:35:21 (-)	00:07:06	1:35:21 (-)
-	515	Maren Thalmann	DE	F50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	587	Blayne Miller	ZA	M25-29	-	00:00:00	00:35:58 (-)	00:06:58	1:22:17 (-)	00:00:00	00:00:00 (-)
-	267	Volker Hemberger	DE	M65-69	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	315	Enguerrand Bertholet	FR	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	878	Guy Lenders	BE	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	969	Anthony Boyle	GB	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	976	Damian Mckeever	BR	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1026	Joris Rome	BE	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	803	Kevin Bouchard	CA	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	163	Desir?e Germann	CH	F40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1141	Francois Lesourd	FR	M55-59	-	00:00:00	00:34:36 (-)	00:05:14	00:00:00 (-)	00:00:00	00:00:00 (-)
-	503	Lynne Gow	GB	F50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	531	Mervi Savo	FI	F60-64	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	752	Robert Mccarthy	GB	M35-39	-	00:00:00	00:41:42 (-)	00:06:51	4:08:13 (-)	00:09:01	00:00:00 (-)
-	1061	Chris Martin	DE	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1091	Faber Martins	PT	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	777	Auran Lyonheart	GB	M35-39	-	00:00:00	00:33:44 (-)	00:04:44	3:14:27 (-)	00:05:48	00:00:00 (-)
-	698	Samuel Heming De-Allie	GB	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	389	Gerald Horak	AT	M55-59	-	00:00:00	00:36:25 (-)	00:05:57	3:02:06 (-)	00:08:01	00:00:00 (-)
-	798	Adam Insley	GB	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1030	Filippo Bagnasco	IT	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	521	Antonia Viver Alberti	ES	F55-59	-	07:27:49	00:42:18 (-)	00:07:35	3:54:39 (-)	00:07:32	2:35:44 (-)
-	312	Bobbie Horne	GB	M30-34	-	00:00:00	00:43:30 (-)	00:05:16	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1105	Gavin Hill	GB	M50-54	-	00:00:00	00:29:02 (-)	00:05:29	2:46:13 (-)	00:05:41	00:00:00 (-)
-	846	Federico De Lucia	IT	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	551	Antoine Brunet	FR	M18-24	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	678	Bruno Quarena	FR	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	222	China Clarke	GB	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	112	Ruben Arag?n Guti?rrez	ES	M35-39	-	00:00:00	00:26:31 (-)	00:03:14	2:43:11 (-)	00:03:25	00:00:00 (-)
-	795	David Hern?ndez Dorado	ES	M35-39	-	00:00:00	00:42:47 (-)	00:13:16	4:25:01 (-)	00:14:19	00:00:00 (-)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
-	1200	Jose Antonio Marques-Magallanes Reg	ES	M60-64	-	00:00:00	00:46:54 (-)	00:12:33	5:04:14 (-)	00:00:00	00:00:00 (-)
-	647	Alexandr Savynets	UA	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1080	Miguel Alberdi Cano	ES	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1013	Tomasz Nowacki	PL	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1014	Antonio Nuevas	ES	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	710	Gezim Dervishi	DE	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	932	Diego Martinez	EC	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1035	Rupert Provest	GB	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	231	Alexandros Axiotis	GR	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	941	Noel O Brien	IE	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1202	Antonino Irrera	IT	M65-69	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1130	Jean De Coppin	BE	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	900	Adam Radkowski	PL	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	459	Yevheniia Ovcharenko	UA	F35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	982	Daniel Del Toro De Le?n	ES	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	852	Antoine Paillard	FR	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	815	Ali Alkhater	QA	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1176	Andrea Aiello	IT	M60-64	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1110	Murat Taskiran	DE	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	234	Rafa Garcia Arenas	ES	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	31	Dylan Magnien	FR	MPRO	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	215	Nicola Pedroni	IT	M40-44	-	04:26:31	00:33:02 (-)	00:04:19	2:50:12 (-)	00:04:45	00:54:14 (-)
-	635	Francesc Escol? Ruiz	ES	M30-34	-	00:00:00	00:29:42 (-)	00:06:43	3:01:40 (-)	00:04:07	00:00:00 (-)
-	947	Ian Gibson	GB	M45-49	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	431	Jessica Hatfield	US	F25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	789	Sebastian Martinez	EC	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1075	Christian Lato	IT	M50-54	-	00:00:00	00:40:20 (-)	00:10:07	00:00:00 (-)	00:00:00	00:00:00 (-)
-	171	Ingrid Arning	PY	F60-64	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	514	Margaret Moloney	ES	F50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	688	Andrea Zanenga	IT	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	136	Fernando Barahona	ES	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	113	Geraint Lewis	GB	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	47	Lukas Kraemer	DE	MPRO	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	255	Urs Eichenberger	CH	M55-59	-	00:00:00	00:42:48 (-)	00:07:14	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1050	Jose Juan Socas Alamo	ES	M50-54	-	00:00:00	00:45:28 (-)	00:10:06	00:00:00 (-)	00:00:00	00:00:00 (-)
-	917	George Ross	GB	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1085	Wayne Marks	GB	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	38	Andrew Horsfall-Turner	GB	MPRO	-	00:00:00	00:22:58 (-)	00:02:26	2:25:37 (-)	00:03:07	00:00:00 (-)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
-	509	Katherine Caris-Harris	GB	F50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	511	Gillian Wilson	GB	F50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	212	Stuart Lawrence	GB	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	611	Alejandro Marques De Magallanes	ES	M25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	50	Victor Alexandre	BE	MPRO	-	00:00:00	00:26:08 (-)	00:02:56	00:00:00 (-)	00:00:00	00:00:00 (-)
-	785	Robbert Heijmans	NL	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	739	Mark Lamonby	GB	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	338	Fabien Giraud	FR	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	339	Stephen Burke	IE	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	118	Stephen Loughnane	IE	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1160	Carlos Cardo	ES	M55-59	-	00:00:00	1:05:37 (-)	00:15:40	00:00:00 (-)	00:00:00	00:00:00 (-)
-	305	Carly Crawford	IE	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	577	Guillermo Vidal Triginer	ES	M25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1195	Stavros Georganos	CA	M60-64	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	904	Gary Power	IE	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	472	Belinda Oliva Martinez	ES	F40-44	-	00:00:00	00:54:15 (-)	00:08:24	4:53:42 (-)	00:00:00	00:00:00 (-)
-	693	Mikhail Loshakov	ZZ	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	43	Finn Arentz	GB	MPRO	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	811	Joaquin Lasa Del Ca?o	ES	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	707	Pablo Serrano De Toro	CH	M30-34	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1057	Stephan Vuckovic	DE	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	581	Tim Schroweg	DE	M25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1135	Claudio Galv?n Guerra	ES	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1089	Josu Allica	ES	M50-54	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	630	Ryan Lock	GB	M25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	719	Oliver Steiner	DE	M30-34	-	00:00:00	00:44:19 (-)	00:09:56	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1198	Fran?ois Kremp	FR	M60-64	-	00:00:00	00:35:42 (-)	00:09:56	3:11:57 (-)	00:05:06	00:00:00 (-)
-	1133	Jan Braun	DE	M55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	29	Maurice Clavel	DE	MPRO	-	00:00:00	00:23:20 (-)	00:02:54	2:28:00 (-)	00:03:41	00:00:00 (-)
-	53	Matteo Montanari	IT	MPRO	-	00:00:00	00:22:54 (-)	00:02:49	1:51:46 (-)	00:00:00	00:00:00 (-)
-	770	David Hardy	GB	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	37	James Scott-Farrington	GB	MPRO	-	00:00:00	00:24:41 (-)	00:02:28	2:47:44 (-)	00:00:00	00:00:00 (-)
-	1093	Joseph Williams	US	M50-54	-	00:00:00	1:05:16 (-)	00:12:04	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1163	Stefano Buosi	IT	M55-59	-	00:00:00	00:42:18 (-)	00:05:12	00:00:00 (-)	00:00:00	00:00:00 (-)
-	2	Emma Pallant-Browne	GB	FPRO	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	294	Oskar De Schynkel	GB	M25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	419	Lily Mannion	US	F25-29	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	178	Oscar Sutcliffe	GB	M18-24	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)

Ironman 70.3 Lanzarote - 18.03.2023

Platz	StNr	Name	Land	AK	Platz AK	Endzeit	Schwimmen	Transfer1	Rad	Transfer2	Lauf
-	508	Irene Alisjahbana	SG	F50-54	-	00:00:00	00:47:24 (-)	00:08:35	5:02:23 (-)	00:00:00	00:00:00 (-)
-	546	Lewis Muego	GB	M18-24	-	00:00:00	00:40:58 (-)	00:08:43	00:00:00 (-)	00:00:00	00:00:00 (-)
-	95	Maria Kolosova	ZZ	F55-59	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1206	Eric Sealey	GB	M65-69	-	00:00:00	00:44:12 (-)	00:07:29	4:00:02 (-)	00:07:39	00:00:00 (-)
-	834	Craig Buckland	GB	M40-44	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	1159	Dirk Kr?ger	DE	M55-59	-	00:00:00	1:04:32 (-)	00:17:28	00:00:00 (-)	00:00:00	00:00:00 (-)
-	69	Francisco De La Paz Fernandez	ES	MPRO	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	35	Stenn Goetstouwers	BE	MPRO	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	792	Igor Bulik	SK	M35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)
-	991	Leonardo Veen	NL	M45-49	-	00:00:00	00:44:45 (-)	00:10:46	00:00:00 (-)	00:00:00	00:00:00 (-)
-	523	Anne-Marie Maddens	FR	F55-59	-	00:00:00	00:00:00 (-)	00:00:00	2:12:32 (-)	00:00:00	00:00:00 (-)
-	456	Karima Salmi	US	F35-39	-	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)	00:00:00	00:00:00 (-)