



Ergebnislisten **23.Müritz-Triathlon in Waren** **(Müritz)** **vom 26.Juli 2008**



Mürtiz-Triathlon – Jedermannndistanz (0,75-20-5)

Plg	Plm	Plw	StNr.	Name, Vorname	Verein	Ak	AKm	AKw	Endzeit	Schwimmzeit	Radzeit	Sch.+Rad	Laufzeit	Rückst.	Str.
1	1		411	Kruse, Dennis	SV Dassow	mJun	1		01:04:31	0:10:00(4)	0:32:03(1)	0:42:03(1)	0:22:28(8)	00:00:00	
2	2		408	Friese, Danny	SC Neubrandenburg	mjugA	1		01:05:11	0:09:38(2)	0:34:38(5)	0:44:16(3)	0:20:55(2)	00:00:40	
3	3		278	Schreiber, Clemens	SC Neubrandenburg	mjugA	2		01:05:45	0:09:23(1)	0:34:52(6)	0:44:15(2)	0:21:30(4)	00:01:14	
4	4		433	Winkelmann, Thomas	Trisport Schwerin	TM25	1		01:06:37	0:09:51(3)	0:35:49(14)	0:45:40(6)	0:20:57(3)	00:02:06	
5	5		253	Harms, Michael	Tri Fun Güstrow	TM30	1		01:08:21	0:10:24(8)	0:35:26(11)	0:45:50(7)	0:22:31(10)	00:03:50	
6	6		304	Eisert, Winfried	PSV Eutin	TM40	1		01:08:25	0:10:18(5)	0:35:21(10)	0:45:39(5)	0:22:46(14)	00:03:54	
7	7		284	Budinger, Tilo	TSH Team Bergamont	TM35	1		01:09:30	0:10:20(6)	0:34:36(4)	0:44:56(4)	0:24:34(29)	00:04:59	
8	8		401	Solf, Jobst	Müritzsportclub Waren	mJun	2		01:09:55	0:10:35(9)	0:37:13(26)	0:47:48(12)	0:22:07(5)	00:05:24	
9	9		432	Huth, Vytas	Trisport Schwerin	TM25	2		01:10:18	0:11:58(18)	0:35:43(13)	0:47:41(11)	0:22:37(12)	00:05:47	
10	10		312	Nickel, Thomas	TSVE 1890 Bielefeld	TM40	2		01:10:30	0:12:55(30)	0:36:48(21)	0:49:43(18)	0:20:47(1)	00:05:59	
11	11		255	Voigtländer, Robert	Wien	TM30	2		01:10:43	0:10:39(10)	0:36:40(19)	0:47:19(9)	0:23:24(20)	00:06:12	
12	12		277	Paschke, Mike	SV Berlin-Chemie Adlershof	TM40	3		01:11:23	0:12:48(28)	0:36:07(15)	0:48:55(15)	0:22:28(7)	00:06:52	
13	13		417	Wetzel, Sebastian	Universität Hamburg	TM25	3		01:11:53	0:12:44(27)	0:34:28(3)	0:47:12(8)	0:24:41(30)	00:07:22	
14	14		257	Schultz, Heiko	A3K Berlin	TM35	2		01:12:36	0:13:42(47)	0:36:33(18)	0:50:15(23)	0:22:21(6)	00:08:05	
15	15		415	Stelter, Joachim	Müritzsportclub Waren	TM20	1		01:13:22	0:15:29(96)	0:34:19(2)	0:49:48(20)	0:23:34(21)	00:08:51	
16	16		402	Teuscher, Sven	SC DHfK Leipzig	mjugA	3		01:13:41	0:10:23(7)	0:37:02(24)	0:47:25(10)	0:26:16(55)	00:09:10	
17	17		288	Tausendfreund, Thomas	WSV Neustrelitz	TM35	3		01:13:43	0:15:58(115)	0:35:10(9)	0:51:08(33)	0:22:35(11)	00:09:12	
18	18		406	Solf, Götz	Müritzsportclub Waren	mjugA	4		01:13:50	0:11:51(14)	0:39:00(58)	0:50:51(31)	0:22:59(15)	00:09:19	
19	19		282	Rothenberger, Holger	Triathlonfreunde Wittenberg	TM35	4		01:14:09	0:14:01(62)	0:34:53(7)	0:48:54(14)	0:25:15(35)	00:09:38	
20	20		431	Haacker, Martin	Tri-Fighters	TM25	4		01:14:39	0:14:32(77)	0:36:54(22)	0:51:26(37)	0:23:13(16)	00:10:08	
21	21		269	Raschke, Patrick	BSV Nordost Berlin	TM35	5		01:14:55	0:11:53(15)	0:37:45(35)	0:49:38(16)	0:25:17(37)	00:10:24	
22	22		298	Last, Torsten	HSG Uni Greifswald	TM40	4		01:15:17	0:13:31(42)	0:38:28(53)	0:51:59(43)	0:23:18(17)	00:10:46	
23	23		251	Delitz, Jan	Team Erdinger Alkoholfrei	TM35	6		01:15:20	0:11:26(11)	0:36:32(17)	0:47:58(13)	0:27:22(70)	00:10:49	
24	24		446	Braun, Sven	Müritzsportclub Waren	TM30	3		01:15:24	0:14:05(65)	0:35:37(12)	0:49:42(17)	0:25:42(46)	00:10:53	
25	25		252	Krüger, Tankred	Team Erdinger Alkoholfrei	TM30	4		01:15:27	0:13:26(38)	0:38:07(42)	0:51:33(39)	0:23:54(23)	00:10:56	
26	26		357	Lierow, Wolfgang	Tri - Fun - Güstrow	TM65	1		01:15:35	0:13:47(54)	0:36:13(16)	0:50:00(22)	0:25:35(43)	00:11:04	
27	27		418	Krieger, Sandro	WSV Neustrelitz	TM25	5		01:15:37	0:12:41(26)	0:38:09(44)	0:50:50(30)	0:24:47(31)	00:11:06	
28	28		315	Richter, Paul	www.free-eagle.at	TM40	5		01:15:53	0:13:30(41)	0:37:16(28)	0:50:46(29)	0:25:07(33)	00:11:22	
29	29		291	Labenz, Jens	Berlin	TM40	6		01:16:03	0:11:30(12)	0:40:39(74)	0:52:09(45)	0:23:54(23)	00:11:32	
30	30		301	Mraz, Heiko	Müritzsportclub Waren	TM40	7		01:16:11	0:13:34(44)	0:36:42(20)	0:50:16(24)	0:25:55(47)	00:11:40	
31	31		330	Brust, Reiner	RVV 96	TM45	1		01:16:17	0:12:29(22)	0:38:16(47)	0:50:45(28)	0:25:32(41)	00:11:46	
32	32		311	Nitsch, Axel	Team VivaVentum	TM40	8		01:16:27	0:13:22(36)	0:37:48(37)	0:51:10(34)	0:25:17(37)	00:11:56	
33	33		320	Heyder, Frank	Berlin	TM45	2		01:16:28	0:13:29(40)	0:37:22(30)	0:50:51(31)	0:25:37(44)	00:11:57	
34	34		305	Schelsky, Tilo	SC Neubrandenburg	TM40	9		01:16:30	0:12:01(19)	0:38:15(46)	0:50:16(24)	0:26:14(53)	00:11:59	
35	35		344	Wegener, Ralf	SG Eintracht Ebendorf	TM50	1		01:16:42	0:12:23(20)	0:38:53(56)	0:51:16(35)	0:25:26(40)	00:12:11	
36	36		274	Dr. Kinder, Matthias	Neubrandenburg	TM35	7		01:17:35	0:16:42(138)	0:37:33(32)	0:54:15(62)	0:23:20(18)	00:13:04	
37	37		354	Stephan, Manfred	Team Erdinger Alkoholfrei	TM60	1		01:17:41	0:15:59(116)	0:38:21(50)	0:54:20(63)	0:23:21(19)	00:13:10	
38	38		324	Brandenburg, Olaf	MSV-Meusegast	TM45	3		01:18:00	0:13:49(57)	0:37:59(40)	0:51:48(42)	0:26:12(52)	00:13:29	
39	39		316	Beau, Rene	Triathlon Team Prignitz	TM40	10		01:18:04	0:11:55(16)	0:38:24(52)	0:50:19(26)	0:27:45(78)	00:13:33	

40	40		318	Templin, Peter	Aktivist Neuhof	TM45	4		01:18:22	0:13:35(45)	0:37:50(38)	0:51:25(36)	0:26:57(61)	00:13:51	
41	41		276	Binder, Matthias	MSC Waren	TM50	2		01:18:23	0:13:46(53)	0:39:16(60)	0:53:02(54)	0:25:21(39)	00:13:52	
42	42		294	Ernst, Frank	DLRG Stralsund	TM40	11		01:18:41	0:14:30(76)	0:40:13(71)	0:54:43(71)	0:23:58(25)	00:14:10	
43	43		333	Rudolf, Heino	TV Dresden	TM45	5		01:18:50	0:13:43(50)	0:38:56(57)	0:52:39(52)	0:26:11(51)	00:14:19	
43	43		403	Melnyk, Tobias	TSV Empor Zarrentin	mjugA	5		01:18:50	0:15:28(95)	0:40:53(78)	0:56:21(91)	0:22:29(9)	00:14:19	
45	45		342	Krämer, Alfred	Neubrandenburg	TM50	3		01:18:56	0:15:48(109)	0:38:36(54)	0:54:24(65)	0:24:32(27)	00:14:25	
46	46		308	Stirnemann, Martin	SV Turbine Neubrandenburg	TM40	12		01:18:58	0:11:57(17)	0:38:23(51)	0:50:20(27)	0:28:38(92)	00:14:27	
46	46		332	Dr. Rottschäfer, Thorsten	Trisport Schwerin	TM45	6		01:18:58	0:14:27(74)	0:37:14(27)	0:51:41(41)	0:27:17(68)	00:14:27	
48	48		286	Zimmermann, Andre	Waren	TM35	8		01:19:03	0:14:11(68)	0:37:18(29)	0:51:29(38)	0:27:34(74)	00:14:32	
49	49		424	Alberts, Hendrik	Lebensfitness e.v.	TM30	5		01:19:06	0:14:05(66)	0:38:02(41)	0:52:07(44)	0:26:59(62)	00:14:35	
50	50		299	Kopisch, Sven	Kleinmachnow	TM40	13		01:19:08	0:15:44(107)	0:37:06(25)	0:52:50(53)	0:26:18(56)	00:14:37	
51	51		309	Elwart, Matthias	Team Erdinger Alkoholfrei	TM40	14		01:19:10	0:16:56(143)	0:37:43(34)	0:54:39(70)	0:24:31(26)	00:14:39	
52	52		328	Lenz, Wolfram	Neustrelitz	TM45	7		01:19:16	0:16:14(125)	0:37:46(36)	0:54:00(60)	0:25:16(36)	00:14:45	
53		1	362	Graupner, Ornella	SSC Berlin Grünau	TW20		1	01:19:24	0:14:35(79)	0:37:37(33)	0:52:12(46)	0:27:12(66)	00:14:53	
54	53		450	Hoffmann, Dirk	SG Wasserratten Norderstedt	TM30	6		01:19:37	0:12:34(25)	0:39:40(64)	0:52:14(47)	0:27:23(71)	00:15:06	
55	54		426	Tröger, Andreas	Oelsnitz/V.	TM25	6		01:19:41	0:14:53(85)	0:34:53(7)	0:49:46(19)	0:29:55(112)	00:15:10	
56	55		441	Brümmer, Jens	Börnsen	TM30	7		01:19:51	0:12:33(24)	0:39:58(67)	0:52:31(51)	0:27:20(69)	00:15:20	
57	56		414	Promnitz, Mathias	ATR	TM20	2		01:19:59	0:15:32(98)	0:38:07(42)	0:53:39(58)	0:26:20(57)	00:15:28	
58	57		273	Kube, Joachim	MST-TriLegenden	TM35	9		01:20:11	0:12:31(23)	0:37:22(30)	0:49:53(21)	0:30:18(116)	00:15:40	
58	57		296	Zornsch, Sylvio	Heikendorf	TM40	15		01:20:11	0:14:02(63)	0:38:17(49)	0:52:19(49)	0:27:52(80)	00:15:40	
60		2	366	Jäkel, Ilka	HSG Uni Greifswald	TW25		1	01:20:17	0:14:04(64)	0:38:12(45)	0:52:16(48)	0:28:01(85)	00:15:46	
61	59		430	Hampl, Daniel	Team Erdinger Alkoholfrei	TM25	7		01:20:19	0:18:38(164)	0:39:02(59)	0:57:40(99)	0:22:39(13)	00:15:48	
62	60		429	Kirchner, Henning	Team Erdinger Alkoholfrei	TM30	8		01:20:26	0:14:38(80)	0:36:55(23)	0:51:33(39)	0:28:53(96)	00:15:55	
63	61		326	Tschemer, Volker	Müritzsportclub Waren	TM45	8		01:20:29	0:14:09(67)	0:39:24(61)	0:53:33(57)	0:26:56(60)	00:15:58	
64	62		258	Bogatzki, Stefan	Alpenverein	TM40	16		01:21:01	0:14:49(83)	0:40:02(69)	0:54:51(73)	0:26:10(50)	00:16:30	
65	63		437	Bittner, Sebastian	AdW e.V. Abt.Basketball	TM30	9		01:21:06	0:13:44(52)	0:40:41(76)	0:54:25(67)	0:26:41(58)	00:16:35	
66	64		423	Schlegel, Sebastian	Hamburg	TM25	8		01:21:18	0:13:22(36)	0:42:15(100)	0:55:37(80)	0:25:41(45)	00:16:47	
67	65		347	Herrmann, Roland	TRI-FUN GÄ&STROW	TM50	4		01:21:21	0:15:35(103)	0:40:40(75)	0:56:15(88)	0:25:06(32)	00:16:50	
68	66		262	Faude, Michael	Berlin	TM35	10		01:21:25	0:13:04(32)	0:41:18(87)	0:54:22(64)	0:27:03(63)	00:16:54	
69	67		421	Eisfeld, Tjark	Hamburg	TM25	9		01:21:36	0:12:55(30)	0:41:01(82)	0:53:56(59)	0:27:40(77)	00:17:05	
70	68		439	Nieswand, Andre	Berlin	TM30	10		01:21:41	0:13:42(47)	0:40:56(80)	0:54:38(69)	0:27:03(63)	00:17:10	
71	69		412	Günther, Alexander	TSV Empor Zarrentin	mJun	3		01:21:47	0:15:08(89)	0:38:16(48)	0:53:24(56)	0:28:23(88)	00:17:16	
72	70		323	Geist, Bernd	Kanufreunde Rostocker	TM45	9		01:22:04	0:13:42(47)	0:38:47(55)	0:52:29(50)	0:29:35(105)	00:17:33	
73	71		317	Wegner, Sören	Ajax Köpenick 1879 e.V.	TM45	10		01:22:11	0:16:19(128)	0:40:18(73)	0:56:37(94)	0:25:34(42)	00:17:40	
74	72		275	Struck, Michael	Potsdamer TC	TM35	11		01:22:24	0:14:52(84)	0:42:22(104)	0:57:14(97)	0:25:10(34)	00:17:53	
75	73		321	Brinkmeier, Heinrich	HSG Uni Greifswald	TM50	5		01:22:24	0:13:38(46)	0:39:29(62)	0:53:07(55)	0:29:17(101)	00:17:53	
76	74		283	Böhler, Eugen	TSG-Bergedorf	TM35	12		01:22:33	0:12:52(29)	0:42:28(106)	0:55:20(79)	0:27:13(67)	00:18:02	
77	75		267	Dahlbüdding, Alexander	BRC-Defekt	TM35	13		01:22:36	0:16:32(133)	0:37:57(39)	0:54:29(68)	0:28:07(86)	00:18:05	
78	76		302	Lohmann, Paavo	Müritzsportclub Waren	TM40	17		01:22:39	0:17:20(149)	0:41:39(93)	0:58:59(112)	0:23:40(22)	00:18:08	
79	77		348	Hauchwitz, Siegfried	Trisport Schwerin	TM50	6		01:22:51	0:15:43(106)	0:41:04(84)	0:56:47(95)	0:26:04(49)	00:18:20	
80	78		264	Förster, Marco	Berlin	TM35	14		01:22:56	0:15:13(91)	0:39:49(65)	0:55:02(76)	0:27:54(82)	00:18:25	
81	79		329	Koplin, Michael	Rennstall Koplin	TM45	11		01:23:27	0:16:22(129)	0:39:37(63)	0:55:59(82)	0:27:28(72)	00:18:56	
82	80		261	Arnoldt, Jürgen	Berlin	TM35	15		01:23:53	0:14:44(81)	0:41:30(90)	0:56:14(87)	0:27:39(76)	00:19:22	
83		3	379	Rada, Diana	Berlin	TW35		1	01:23:54	0:14:47(82)	0:41:11(86)	0:55:58(81)	0:27:56(83)	00:19:23	
84	81		353	Henke, Christian	Steinfeld	TM30	11		01:23:58	0:13:07(33)	0:41:36(92)	0:54:43(71)	0:29:15(100)	00:19:27	
85	82		297	Kleinschmidt, Jan	Hinter Mailand	TM40	18		01:24:00	0:15:34(102)	0:42:31(109)	0:58:05(102)	0:25:55(47)	00:19:29	
86	83		334	Simanowski, Rainer	VS Klink	TM50	7		01:24:02	0:16:08(123)	0:40:09(70)	0:56:17(89)	0:27:45(78)	00:19:31	
87		4	371	Bröcker, Anja	Wien	TW25		2	01:24:14	0:13:54(60)	0:42:06(98)	0:56:00(83)	0:28:14(87)	00:19:43	
88	84		289	Stoppe Dr., Heiko	A3K Berlin	TM40	19		01:24:19	0:11:39(13)	0:43:19(115)	0:54:58(74)	0:29:21(102)	00:19:48	
89		5	373	Sterling, Claudia	EP:Sterling	TW35		2	01:24:27	0:15:32(98)	00:00:00	00:00:00	00:00:00	00:19:56	
90	85		343	Schlimme, Rolf	SC Poseidon Berlin	TM50	8		01:24:31	0:13:49(57)	0:40:17(72)	0:54:06(61)	0:30:25(118)	00:20:00	
91	86		322	Theiler, Bernd	HSV Neubrandenburg	TM45	12		01:24:36	0:15:07(88)	0:43:14(114)	0:58:21(104)	0:26:15(54)	00:20:05	

92	87		280	Zill, Mirko	Team Erdinger Alkoholfrei	TM35	16		01:24:37	0:13:20(35)	0:42:51(113)	0:56:11(85)	0:28:26(89)	00:20:06
93		6	409	Schnabel, Christine	Berlin	TW40		1	01:24:54	0:14:25(73)	0:39:59(68)	0:54:24(65)	0:30:30(120)	00:20:23
94	88		336	Grund, Andreas	WSV Neustrelitz	TM45	13		01:25:24	0:16:07(122)	0:40:45(77)	0:56:52(96)	0:28:32(91)	00:20:53
95	89		341	Ludwig, Günther	Müritzsportclub Waren	TM50	9		01:25:40	0:15:10(90)	0:39:57(66)	0:55:07(77)	0:30:33(122)	00:21:09
96		7	363	Prahl, Anne	Trisport Schwerin	TW25		3	01:25:53	0:13:48(55)	0:42:16(101)	0:56:04(84)	0:29:49(111)	00:21:22
97		8	378	Kankel, Antje	1.TCO Die Bären	TW40		2	01:25:55	0:13:43(50)	0:42:36(111)	0:56:19(90)	0:29:36(107)	00:21:24
98		9	395	Lindow, Margitta	SV Turbine Neubrandenburg	TW45		1	01:25:58	0:16:51(140)	0:42:19(102)	0:59:10(115)	0:26:48(59)	00:21:27
99		10	370	Voigtländer, Katja	Wien	TW25		4	01:26:06	0:13:53(59)	0:42:28(106)	0:56:21(92)	0:29:45(109)	00:21:35
100	90		435	Vibrans, Markus	Waren	TM25	10		01:26:09	0:14:33(78)	0:44:08(124)	0:58:41(106)	0:27:28(72)	00:21:38
101		11	360	Pustolla, Nicole	Göttingen	TW20		2	01:26:51	0:15:20(93)	0:43:33(120)	0:58:53(108)	0:27:58(84)	00:22:20
102	91		268	Skibitzki, Dirk	BSV Nordost Berlin	TM40	20		01:26:54	0:13:12(34)	0:41:49(95)	0:55:01(75)	0:31:53(135)	00:22:23
103	92		346	Knörger, Wolfgang	SV Halle / Rudern	TM50	10		01:27:12	0:15:14(92)	0:40:58(81)	0:56:12(86)	0:31:00(128)	00:22:41
104	93		434	Lippert, Sebastian	Waren	TM25	11		01:27:51	0:14:28(75)	0:44:42(130)	0:59:10(115)	0:28:41(93)	00:23:20
105	94		447	Jendersie, Jens	Neubrandenburg	TM35	17		01:27:57	0:16:37(136)	0:42:20(103)	0:58:57(110)	0:29:00(98)	00:23:26
106	95		419	Becher, Lars	Altenhof	TM25	12		01:28:17	0:17:14(146)	0:43:25(117)	1:00:39(124)	0:27:38(75)	00:23:46
107	96		256	Bergemann, Mike	Wolgast	TM30	12		01:28:19	0:15:27(94)	0:43:53(122)	0:59:20(117)	0:28:59(97)	00:23:48
108	97		337	Putz, Volker	Berlin	TM50	11		01:28:24	0:14:59(87)	0:42:25(105)	0:57:24(98)	0:31:00(129)	00:23:53
109		12	374	Söhnel, Silvia	HSG Uni Greifswald	TW30		1	01:28:31	0:14:13(70)	0:40:55(79)	0:55:08(78)	0:33:23(145)	00:24:00
110	98		271	Kleinschmidt, Sven	Hinter Mailand	TM40	21		01:28:46	0:13:48(55)	0:46:10(146)	0:59:58(122)	0:28:48(94)	00:24:15
111		13	368	Ludwig, Jana	PSb 24	TW25		5	01:28:51	0:14:21(71)	0:44:48(131)	0:59:09(114)	0:29:42(108)	00:24:20
112	99		416	Heiselbetz, Daniel	Trisport Schwerin	TM25	13		01:29:06	0:16:53(142)	0:41:07(85)	0:58:00(100)	0:31:06(130)	00:24:35
113	100		442	Goldade, Eduard	Erdinger Freibier	TM30	13		01:29:11	0:16:23(131)	0:44:19(126)	1:00:42(125)	0:28:29(90)	00:24:40
114	101		443	Grduszak, Andreas	FFW Waren	TM30	14		01:29:26	0:17:58(158)	0:41:03(83)	0:59:01(113)	0:30:25(118)	00:24:55
115	102		358	Behrend, Jürgen	Müritzsportclub Waren	TM70	1		01:29:40	0:16:17(126)	0:42:32(110)	0:58:49(107)	0:30:51(126)	00:25:09
116		14	394	Janke, Kerstin	Potsdam	TW45		2	01:30:10	0:15:49(110)	0:45:32(140)	1:01:21(132)	0:28:49(95)	00:25:39
117	103		300	Möhrke, Detlef	Löwenberger Land	TM40	22		01:30:26	0:16:34(134)	0:41:32(91)	0:58:06(103)	0:32:20(138)	00:25:55
118	104		272	Dartsch, Andreas	JFF	TM35	18		01:30:38	0:19:30(166)	0:41:55(96)	1:01:25(133)	0:29:13(99)	00:26:07
119		15	375	Bernau, Ulrike	SC Berlin Fechten	TW30		2	01:30:52	0:17:19(148)	0:45:41(141)	1:03:00(152)	0:27:52(80)	00:26:21
120	105		436	Rous, Oliver	Wien	TM30	15		01:30:58	0:17:23(151)	0:43:47(121)	1:01:10(129)	0:29:48(110)	00:26:27
121	106		383	Müller, Dirk	Röbel	TM35	19		01:31:02	0:15:35(103)	0:45:58(143)	1:01:33(136)	0:29:29(103)	00:26:31
122	107		319	Zimmermann, Wolfram	Berlin	TM50	12		01:31:03	0:14:23(72)	0:47:05(154)	1:01:28(134)	0:29:35(105)	00:26:32
123	108		339	Werth, Joachim	Möllner sv	TM50	13		01:31:05	0:14:57(86)	0:41:27(89)	0:56:24(93)	0:34:41(158)	00:26:34
124		16	381	Hein, Claudia	Fiko Rostock	TW35		3	01:31:09	0:13:58(61)	0:47:04(153)	1:01:02(128)	0:30:07(114)	00:26:38
125		17	377	Nuttelmann, Sandra	SV Wilhelmsburg	TW30		3	01:31:10	0:15:56(113)	0:42:04(97)	0:58:00(100)	0:33:10(143)	00:26:39
126	109		420	Hatscher, Christoph	Gielow	TM25	14		01:31:26	0:16:52(141)	0:45:03(135)	1:01:55(139)	0:29:31(104)	00:26:55
127		18	367	Zierow, Katja	Lupus-Team	TW25		6	01:31:47	0:16:36(135)	0:45:05(136)	1:01:41(138)	0:30:06(113)	00:27:16
128		19	392	Jantzen, Maria	Hinter Mailand	TW45		3	01:31:50	0:18:08(159)	0:43:21(116)	1:01:29(135)	0:30:21(117)	00:27:19
129		20	389	Bromund, Bianka	SV Turbine Neubrandenburg	TW40		3	01:31:55	0:16:43(139)	0:42:45(112)	0:59:28(119)	0:32:27(139)	00:27:24
130	110		287	Sengebusch, Uwe	Waren	TM35	20		01:32:09	0:15:56(113)	0:46:01(144)	1:01:57(140)	0:30:12(115)	00:27:38
131	111		427	Mahler, Maximilian	Partisan Canow	TM25	15		01:32:43	0:15:55(112)	0:44:59(133)	1:00:54(126)	0:31:49(134)	00:28:12
132		21	365	Lietze, Cynthia	Hamburg	TW25		7	01:32:48	0:17:17(147)	0:44:53(132)	1:02:10(145)	0:30:38(124)	00:28:17
133		22	400	Eichhorst, Simone	HSG UNI Greifswald	TW40		4	01:33:10	0:16:56(143)	0:44:03(123)	1:00:59(127)	0:32:11(137)	00:28:39
134	112		281	Holzfuß, Hans- Magnus	Team OrthoMan GZG 2007	TM35	21		01:33:14	0:17:31(153)	0:41:24(88)	0:58:55(109)	0:34:19(154)	00:28:43
135	113		260	Zwick, Volker	Berlin	TM40	23		01:33:22	0:16:30(132)	0:42:28(106)	0:58:58(111)	0:34:24(155)	00:28:51
136	114		350	Zobirei, Ralf	SWV-Goldlauter	TM55	1		01:33:28	0:17:24(152)	0:45:31(139)	1:02:55(151)	0:30:33(123)	00:28:57
137	115		303	Renke, Frank	Neustrelitz	TM40	24		01:33:32	0:17:45(155)	0:42:09(99)	0:59:54(121)	0:33:38(148)	00:29:01
137		23	405	Renke, Julia	WSV-Neustrelitz	wJun		1	01:33:32	0:17:44(154)	0:41:40(94)	0:59:24(118)	0:34:08(151)	00:29:01
139	116		338	Dr.Treu, Thomas	EW Neubrandenburg	TM50	14		01:33:37	0:15:59(116)	0:43:32(119)	0:59:31(120)	0:34:06(150)	00:29:06
139	116		349	Tietze, Ullrich	Potsdamer Laufclub	TM55	2		01:33:37	0:19:47(168)	0:46:43(150)	1:06:30(158)	0:27:07(65)	00:29:06
141	118		355	Czarnetzki, Joachim	TriFun Güstrow	TM60	2		01:33:46	0:16:04(121)	0:44:30(127)	1:00:34(123)	0:33:12(144)	00:29:15
142		24	372	Schulze, Eva	Wiesbaden	TW30		4	01:34:43	0:15:53(111)	0:45:27(138)	1:01:20(131)	0:33:23(145)	00:30:12
143		25	390	Bowitzky, Haryth	Wassersport PCK Schwedt e.V	TW40		5	01:34:46	0:16:13(124)	0:45:06(137)	1:01:19(130)	0:33:27(147)	00:30:15

144	119		325	Hesselbarth, Jürgen	Müritzsportclub Waren	TM45	14		01:34:53	0:18:21(160)	0:44:32(128)	1:02:53(150)	0:32:00(136)	00:30:22	
145		26	396	Heiden, Liane	TC Fiko Rostock	TW45		4	01:34:56	0:13:27(39)	0:45:01(134)	0:58:28(105)	0:36:28(162)	00:30:25	
146		27	425	Wurziger, Carina	Oelsnitz	TW25		8	01:35:06	0:15:33(100)	0:48:01(156)	1:03:34(155)	0:31:32(133)	00:30:35	
147		28	385	Sievers, Elke	Berlin	TW40		6	01:35:11	0:15:42(105)	0:46:51(151)	1:02:33(148)	0:32:38(141)	00:30:40	
148		29	388	Saure, Kerstin	Hamburg	TW40		7	01:35:40	0:16:18(127)	0:46:19(148)	1:02:37(149)	0:33:03(142)	00:31:09	
149		30	376	Voigt, Pamela	Senningerberg	TW30		5	01:36:05	0:16:02(120)	0:46:13(147)	1:02:15(146)	0:33:50(149)	00:31:34	
150		31	398	Bittner, Gisela	CSCM e.V.	TW50		1	01:36:09	0:16:22(129)	0:47:10(155)	1:03:32(154)	0:32:37(140)	00:31:38	
151	120		438	Adam, Stefan	Berlin	TM35	22		01:36:14	0:18:32(162)	0:43:27(118)	1:01:59(142)	0:34:15(153)	00:31:43	
152	121		265	Scarlett, Danny	Berlin	TM35	23		01:36:15	0:15:30(97)	0:50:14(162)	1:05:44(157)	0:30:31(121)	00:31:44	
153	122		449	Eltzholtz, Mario	Schortens	TM35	24		01:36:31	0:15:59(116)	0:46:06(145)	1:02:05(143)	0:34:26(156)	00:32:00	
154		32	397	Bröcker, Sylvia	Waren	TW45		5	01:36:34	0:15:33(100)	0:46:51(152)	1:02:24(147)	0:34:10(152)	00:32:03	
155	123		295	Plohmman, Jan	FSV Friedrichsholm	TM40	25		01:36:51	0:18:25(161)	00:00:00	00:00:00	00:00:00	00:32:20	
156	124		331	Keller, Gerald	Stove	TM45	15		01:37:01	0:17:55(157)	0:44:11(125)	1:02:06(144)	0:34:55(159)	00:32:30	
157	125		352	Bargel, Dieter	LSV Teterow	TM60	3		01:37:41	0:21:17(172)	0:45:42(142)	1:06:59(159)	0:30:42(125)	00:33:10	
158	126		345	Gärtner, Michael	SKC BUNA Schkopau	TM50	15		01:38:21	0:17:20(149)	0:44:38(129)	1:01:58(141)	0:36:23(161)	00:33:50	
159	127		340	Jürß, Bernhard	Müritzsportclub Waren	TM50	16		01:38:43	0:18:35(163)	0:48:52(158)	1:07:27(160)	0:31:16(131)	00:34:12	
160	128		307	Kühne, Manfred	shotokan karate Verein	TM40	26		01:41:12	0:15:45(108)	0:49:22(160)	1:05:07(156)	0:36:05(160)	00:36:41	
161	129		327	Weyland, Karsten	Neustrelitz	TM45	16		01:41:13	0:12:24(21)	1:04:16(169)	1:16:40(169)	0:24:33(28)	00:36:42	
162		33	393	Tiegel, Gabriela	Lupus-Team Zehdenick	TW45		6	01:43:11	0:20:40(170)	0:51:02(164)	1:11:42(165)	0:31:29(132)	00:38:40	
163		34	382	Helbig, Cordula	Nauen	TW35		4	01:43:38	0:16:40(137)	0:46:29(149)	1:03:09(153)	0:40:29(165)	00:39:07	
164	130		293	Schuster, Ulrich	DLRG Stralsund	TM40	27		01:44:47	0:13:33(43)	0:48:02(157)	1:01:35(137)	0:43:12(169)	00:40:16	
165		35	380	Buchwald, Simone	Currimus e.V.	TW35		5	01:44:55	0:22:00(173)	0:52:02(165)	1:14:02(167)	0:30:53(127)	00:40:24	
166	131		359	Langschwager, Wolfgang	Rostock	TM65	2		01:45:13	0:20:26(169)	0:50:15(163)	1:10:41(164)	0:34:32(157)	00:40:42	
167		36	404	Ehme, Eika	SC 80 Porta	wJun		2	01:46:35	0:19:40(167)	00:00:00	00:00:00	00:00:00	00:42:04	
168	132		285	Wegner, Rene	Waren	TM35	25		01:48:00	0:16:00(119)	0:53:05(166)	1:09:05(163)	0:38:55(164)	00:43:29	
169	133		422	Jürß, Marko	HSV Supporters	TM25	16		01:48:21	0:17:48(156)	0:49:47(161)	1:07:35(161)	0:40:46(166)	00:43:50	
170		37	391	Trentzsch, Gabriele	Dresden	TW50		2	01:50:13	0:18:39(165)	0:49:02(159)	1:07:41(162)	0:42:32(168)	00:45:42	
171		38	384	Böhler, Olga	TSG-Bergedorf	TW35		6	01:52:46	0:21:00(171)	0:53:28(167)	1:14:28(168)	0:38:18(163)	00:48:15	
172		39	361	Winkler, Carolin	Michendorf	TW20		3	01:54:45	0:17:00(145)	0:55:47(168)	1:12:47(166)	0:41:58(167)	00:50:14	
			259	Becher, Sven	Altenhof	TM35			00:00:00	0:14:12(69)	00:00:00	00:00:00	00:00:00	00:00:00	